

THE SARAH HUGHES TRUST

England & Wales · Charity number 1196948

Details

Status Registered

Legal form CIO

Registered 2021-12-06

Register [View on the Charity Commission register](#)

Contact

Address 11 Hatfield Road
London
E15 1RA

Phone 07941794537

Email info@sarahhughesmemorial.com

Website www.sarahhughestrust.org

Activities

Objects: TO ADVANCE SUCH CHARITABLE PURPOSES (ACCORDING TO THE LAW OF ENGLAND AND WALES) FOR THE PUBLIC BENEFIT AS THE CHARITY TRUSTEES SEE FIT FROM TIME TO TIME IN PARTICULAR BUT NOT LIMITED TO: (A) THE ADVANCEMENT OF EDUCATION AND RESEARCH IN HUMANITIES AND THE HISTORY OF MEDICINE TO INCLUDE THE PROVISION OF AN ANNUAL LECTURE CALLED THE SARAH HUGHES MEMORIAL LECTURE AT THE ROYAL SOCIETY OF MEDICINE; AND(B) THE PROMOTION AND ADVANCEMENT OF EDUCATION AND SOCIAL DIVERSITY IN JOURNALISM.

Activities: We provide financial support for aspiring and talented journalists, and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine

Classification

- **How:** Makes Grants To Individuals
- **What:** General Charitable Purposes, Education/training, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£385	£7,191	-	-
2023-12-31	£10,756	£9,116	-	-
2022-12-31	£28,918	£5,491	-	-

Trustees

Name	Role	Appointed
ADRIAN CHRISTOPHER BERRY	Chair	2022-01-18
Alexa Baracaia		2023-01-10
Emily Hills		2023-01-10
John Patrick Hughes		2022-01-18
Philippa Rae		2024-01-01
Richard Paul Neate		2022-01-18

THE SARAH HUGHES TRUST

England & Wales - Charity number 1196948

Accounts



Trustees' Annual Report for the period

From 01/01/2024 Period start date
To 31/12/2024 Period end date

Charity name: The Sarah Hughes Trust

Charity registration number: 1196948

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>(1) The advancement of education and research in humanities and the History of Medicine to include the provision of an annual lecture called the Sarah Hughes Memorial Lecture at the Royal Society of Medicine; and</p> <p>(2) (2) the promotion and advancement of education and social diversity in journalism.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We provide financial support for aspiring and talented journalists and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine. In addition, we provide funding to support the accommodation and needs costs of people from low-income backgrounds to undertake journalism internships in London.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I can confirm that the Trustees of the Sarah Hughes Trust have all read the guidance provided by the Charity Commission.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>2024 was a successful year for the Trust. In the summer we supported 3 aspiring journalists through the Guardian and Observer Newspaper Positive Action work placement scheme.</p> <p>In November the trust awarded its annual journalism prize to Jacklin Kwan for her article in the British Medical Journal exposing the practices of some biobanks in deceiving expectant parents about the value of banking their children's umbilical cord blood by using misleading statements to market the procedure.</p> <p>And then finally in December we held our annual lecture and we were extremely fortunate to have Lady Hale, Baroness of Richmond, as our main speaker. Her lecture, "<i>Press freedom and personal privacy – a clash of rights?</i>" was full of wonderful insights across her career and enjoyed by many on and offline attendees.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In 2024 voluntary income totalled £385. Total expenditure for the period was £7,191, with the biggest expense being the annual lecture at £4,600.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Trust principal source of funds are voluntary donations from members of the public.
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Trust is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of five years by a properly convened meeting of the charity trustees. Trustees are chosen with regard to their skills, knowledge and experience in order to deliver effective administration of the Trust.

Reference and Administrative details

Charity name	The Sarah Hughes Trust
Other name the charity uses	
Registered charity number	1196948
Charity's principal address	11 Hatfield Road London E15 1RA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	
3	John Hughes			
4	Adrian Berry	Chair		
5	Richard Neate	Secretary		
6	Emily Hills			
7	Alexa Baracaia			
8	Philippa Rae			

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Richard Neate (signed electronically)	
Full name(s)	Richard Paul Neate	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	26/10/2025	

Receipts and Payments Accounts for The Sarah Hughes Trust

For the period from	01/01/2024
to	31/12/2024

Section A : Receipts and payments

	Total Funds (*)	Last Year
<u>A1 Receipts</u>		
Donations	£10.00	£10,755.93
Event income	£375.00	
Sub total	£385.00	£10,755.93
<u>A2 Asset sales</u>	£0.00	£0.00
Total Receipts	£385.00	£10,755.93
<u>A3 Payments</u>		
Events	£4,585.78	£8,000.00
Internship grants	£1,605.00	£967.28
Prize awards	£1,000.00	£0.00
Website	£0.00	£148.93
Sub total	£7,190.78	£9,116.21
<u>A4 Asset purchases</u>	£0.00	£0.00
Total Payments	£7,190.78	£9,116.21
Net receipts/(payments)	£6,805.78	£1,639.72
A6 Cash funds last YE	£25,066.28	£23,426.56
Cash funds at YE	£18,260.50	£25,066.28

Section B: Statement of assets and liabilities at the end of the period

<u>B1 Cash funds</u>		
Cash on deposit	£18,260.50	£25,066.28
Total cash funds	£18,260.50	£25,066.28

<u>B2 Other monetary assets</u>	£0.00	£0.00
<u>B3 Investment assets</u>	£0.00	£0.00
<u>B4 Assets for charity's own use</u>	£0.00	£0.00
Total Assets	£18,260.50	£25,066.28
<u>B5 Liabilities</u>	£0.00	£0.00

Notes

(*) All funds are unrestricted funds

THE SARAH HUGHES TRUST

England & Wales - Charity number 1196948

Accounts



Trustees' Annual Report for the period

From 01/01/2023 Period start date
To 31/12/2023 Period end date

Charity name: The Sarah Hughes Trust

Charity registration number: 1196948

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>(1) The advancement of education and research in humanities and the History of Medicine to include the provision of an annual lecture called the Sarah Hughes Memorial Lecture at the Royal Society of Medicine; and</p> <p>(2) (2) the promotion and advancement of education and social diversity in journalism.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We provide financial support for aspiring and talented journalists and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine. In addition, we provide funding to support the accommodation and needs costs of people from low-income backgrounds to undertake journalism internships in London.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I can confirm that the Trustees of the Sarah Hughes Trust have all read the guidance provided by the Charity.

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>2023 was a successful year for the Trust. We held the annual lecture took place on in December of that year, with the lecture given by Professor Nicholas Roe. He spoke passionately about John Keats (Romantic Memoirs and Romantic Remains). The event was attended by over 100 people in person and many more online.</p> <p>The Sarah Hughes Trust prize, an annual prize which recognises exceptional journalism that exposes false or misleading information – so-called 'fake news' – in health or medicine, was awarded to Helen Puttick, a specialist reporter for The Times in Scotland. Helen's successful submission, published in the Scottish edition of The Times, ran across three articles and challenged the Scottish government's claims on NHS waiting times.</p> <p>Finally, the Trust continued to work with the Guardian and Observer Newspaper on their Positive Action work placement scheme, supporting 2 aspiring journalists with their accommodation during their internship.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In 2023 voluntary income totalled £10,756, including a significant single donation of £5,000. The remaining income was raised at the annual lecture. Total expenditure for the period was £9,116, with the biggest expense being the annual lecture at £8,000.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Trust principal source of funds are voluntary donations from members of the public.
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Trust is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of five years by a properly convened meeting of the charity trustees. Trustees are chosen with regard to their skills, knowledge and experience in order to deliver effective administration of the Trust.

Reference and Administrative details

Charity name	The Sarah Hughes Trust
Other name the charity uses	
Registered charity number	1196948
Charity's principal address	11 Hatfield Road London E15 1RA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	
3	John Hughes			
4	Adrian Berry	Chair	(from10 January 2023)	
5	Richard Neate	Treasurer		
6	Emily Hills		(from10 January 2023)	
7	Alexa Baracaia		(from10 January 2023)	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Richard Neate (signed electronically)

Full name(s) Richard Paul Neate

Position (eg Secretary, Chair, etc) Treasurer

Date 9/10/2024

Receipts and Payments Accounts for The Sarah Hughes Trust

For the period from
to

01/01/2023
31/12/2023

Section A : Receipts and payments

	Total Funds (*)	Last Year
<u>A1 Receipts</u>		
Donations	£10,755.93	£28,917. 57
Sub total	£10,755.93	£28,917. 57
<u>A2 Asset sales</u>		
	£0.00	£0.00
Total Receipts	£10,755.93	£28,917. 57
<u>A3 Payments</u>		
Events	£8,000.00	£839.90 £2,694.5
Internship grants	£967.28	0 £1,000.0
Prize awards	£0.00	0
Website	£148.93	£956.61
Sub total	£9,116.21	£5,491.0 1
<u>A4 Asset purchases</u>		
	£0.00	£0.00
Total Payments	£9,116.21	£5,491.0 1
Net receipts/(payments)	£1,639.72	£23,426. 56
A6 Cash funds last YE	£23,426.56	£0.00
Cash funds at YE	£25,066.28	£23,426. 56

Section B: Statement of assets and liabilities at the end of the period

B1 Cash funds

Cash on deposit	£25,066.28	£23,426.56
Total cash funds	£25,066.28	£23,426.56

B2 Other monetary assets

£0.00 £0.00

B3 Investment assets

£0.00 £0.00

B4 Assets for charity's own use

£0.00 £0.00

Total Assets

£25,066.28 £23,426.56

B5 Liabilities

£0.00 £0.00

Notes

(*) All funds are unrestricted funds

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

The Sarah Hughes Trust

On accounts for the period ended

31 December 2022

**Charity
no (if
any)**

1196948

Set out on pages

6 &7

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the accounting period ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Helen Hodge (signed electronically)	Date:	8/10/23
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Name:	Helen Hodge
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Relevant professional qualification(s) or body (if any):	ICAEW
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Address:	2 Cedar Park Gardens, London, SW19 4TE

THE SARAH HUGHES TRUST

England & Wales - Charity number 1196948

Accounts



Trustees' Annual Report for the period

From 06/12/21 Period start date
To 31/12/22 Period end date

Charity name: The Sarah Hughes Trust

Charity registration number: 1196948

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>(1) The advancement of education and research in humanities and the History of Medicine to include the provision of an annual lecture called the Sarah Hughes Memorial Lecture at the Royal Society of Medicine; and</p> <p>(2) (2) the promotion and advancement of education and social diversity in journalism.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We provide financial support for aspiring and talented journalists and hold an annual lecture in Sarah Hughes's name at the History of Medicine Society at the Royal Society of Medicine. This event includes the presentation of The Sarah Hughes Trust Prize, an award set up to recognise exceptional journalism that exposes false or misleading information, so-called fake news, in health or medicine. In addition, we provide funding to support the accommodation and needs costs of people from low-income backgrounds to undertake journalism internships in London.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I can confirm that the Trustees of the Sarah Hughes Trust have all read the guidance provided by the Charity.

Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>This year was the Trust's first full year, and we achieved a great deal. The second annual lecture took place on 2 December 2022. The lecture was given by Professor Dame Marina Warner and was attended by over 100 people in person and many more online.</p> <p>The Sarah Hughes Trust prize was shared by two journalists for their article "Ivermectin: How false science created a Covid 'miracle' drug" (Ivermectin: How false science created a Covid 'miracle' drug - BBC News)</p> <p>Finally, the Trust worked with the Guardian and Observer Newspaper on their Positive Action work placement scheme, supporting 3 aspiring journalists with their accommodation during their internship.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Other</p>		<p>When the work that led to the Trust was first established, funds were raised by Harriet Tyce (later to the Trust's first Chair) and a lecture was held (December 2021). The funds raised were held by Ms Tyce and she used them to pay for the costs of the first lecture and associated activities. On the constitution of the Trust and the setting up of its bank account, as well as the organisation of the second lecture (December 2022), all necessary steps were taken to account for the money spent and to transfer the balance of the funds to the Trust.</p>
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In 2022 voluntary income totalled £28,918. This was income solicited via a JustGiving crowdfunding page set up before the Trust was registered during the summer of 2021. Total expenditure for the period was £5,491, with the biggest expense being the Internships grants, at £2,695.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The Trust principal source of funds are voluntary donations from members of the public.
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The Trust is a Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed for a term of five years by a properly convened meeting of the charity trustees. Trustees are chosen with regard to their skills, knowledge and experience in order to deliver effective administration of the Trust.

Reference and Administrative details

Charity name	The Sarah Hughes Trust
Other name the charity uses	
Registered charity number	1196948
Charity's principal address	11 Hatfield Road London E15 1RA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	
1	Harriet Tyce	Chair	(to 12 December 2022)	
2	Nat Tyce	Treasurer		
3	John Hughes			
4	Adrian Berry		(from 10 January 2023)	
5	Richard Neate			
6	Emily Hills		(from 10 January 2023)	
7	Alexa Baracaia		(from 10 January 2023)	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Richard Neate (signed electronically)	
Full name(s)	Richard Paul Neate	
Position (eg Secretary, Chair, etc)	Secretary	
Date	19/10/2023	

Receipts and Payments Accounts for The Sarah Hughes Trust

For the period from
to

06/12/2021
31/12/2022

Section A : Receipts and payments

	Total Funds (*)	Last Year (**)
<u>A1 Receipts</u>		
Donations	£28,918	£0
Sub total	£28,918	£0
<u>A2 Asset sales</u>	£0	£0
Total Receipts	£28,918	£0
<u>A3 Payments</u>		
Events	£840	£0
Internship grants	£2,695	£0
Prize awards	£1,000	£0
Website	£957	£0
Sub total	£5,491	£0
<u>A4 Asset purchases</u>	£0	£0
Total Payments	£5,491	£0
Net receipts/(payments)	£23,427	£0
A6 Cash funds last YE	£0	£0
Cash funds at YE	£23,427	£0

Section B: Statement of assets and liabilities at the end of the period

<u>B1 Cash funds</u>		
Cash on deposit	£23,427	£0
Total cash funds	£23,427	£0
<u>B2 Other monetary assets</u>	£0	£0
<u>B3 Investment assets</u>	£0	£0
<u>B4 Assets for charity's own use</u>	£0	£0

Total Assets	£23,427	£0
<u>B5 Liabilities</u>	£0	£0

Notes

All funds are unrestricted funds

Registered as a CIO on 6th Dec 2021

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

Charity Name

The Sarah Hughes Trust

On accounts for the period ended

31 December 2022

**Charity no
(if any)**

1196948

Set out on pages

6 & 7

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the accounting period ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: **Date:**

Name:

Relevant professional qualification(s) or body (if any):

Address: