

Trustees' Annual Report

For the year ending 05/04/2023

Charity Name: Life Through Sport

Charity Number: 1196924

Reference and Administrative Details

- **Charity Name:** Life Through Sport
- **Charity Registration Number:** 1196924
- **Principal Address:** 22 Montana Gardens, London, SE26 5BF
- **Trustees:**
 - Kehinde Bello (Chair)
 - Adeyinka Ademosu
 - Wayne Hill
 - Phoebe Schechter
 - Steve Arzoni

Structure, Governance and Management

The charity is constituted as a Charitable Incorporated Organisation.
It is governed by its constitution adopted on 03/12/2021.

Objectives and Activities

The charity's objectives, as set out in its governing document, are:

"TO PROMOTE AMATEUR SPORT FOR THE PUBLIC BENEFIT IN PARTICULAR BUT NOT EXCLUSIVELY BY HELPING CHILDREN AND YOUNG PEOPLE, 19 YEARS AND YOUNGER, GAIN ACCESS AND HAVE THE OPPORTUNITY TO PLAY AMERICAN FOOTBALL."

During the period covered by this report, the charity remained **dormant** and undertook no activities. No funds were received or spent, and no charitable work was carried out.

Achievements and Performance

The charity was dormant throughout the financial year. No activities, fundraising, or charitable projects took place during this period.

Financial Review

The charity had **no income or expenditure** during the year. The charity's bank balance remains unchanged, and no assets or liabilities were held.

Reserves Policy


As the charity is dormant, no reserves are currently held or required.

Plans for the Future

The trustees are reviewing the future strategy of the charity and will determine whether to reactivate charitable operations or continue the dormant status in the next financial year.

Declaration

The trustees declare that they have approved this Trustees' Annual Report and have authorised Kehinde Bello to sign on their behalf.

Signed:  _____

Name: Kehinde Bello

Date: 17/04/2025

Dormant Charity Accounts for the Year Ended 05 April 2023

Charity Name: Life Through Sport

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Statement of Financial Position (Balance Sheet) as at 05 April 2023

Note	2023 (£)	2022 (£)
Fixed Assets	0	0
Current Assets		
- Cash at bank and in hand	0	0
Total Current Assets	0	0
Liabilities		
- Creditors: amounts falling due within one year	0	0
Net Assets	0	0
Funds		
- Unrestricted funds	0	0
- Restricted funds	0	0
Total Funds	0	0

Notes:

- 1. The charity was dormant throughout the financial year.**
No transactions took place during the year, and the charity held no assets or liabilities as at the balance sheet date.
- 2. The charity has not traded and has received no income and incurred no expenditure during the financial year.**

Trustees' Declaration:

The trustees confirm that:

- The charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies;
- The charity did not at any time during the financial year exceed the threshold for requiring a full audit;

- The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime;
- The accounts have been prepared on a receipts and payments basis and reflect the dormant status of the charity.

Approved by the Board of Trustees on: 16/04/2025

Signed on behalf of the Trustees by:

Name: Kehinde Bello

Signature: 