

LIFE THROUGH SPORT

England & Wales · Charity number 1196924

Details

Status Registered

Legal form CIO

Registered 2021-12-03

Register [View on the Charity Commission register](#)

Contact

Address 22 Montana Gardens
Montana Gardens
London
London
London
SE26 5BF

Phone 07523658536

Email kehindebello@hotmail.com

Website www.lifethroughsport.co.uk

Activities

Objects: TO PROMOTE AMATEUR SPORT FOR THE PUBLIC BENEFIT IN PARTICULAR BUT NOT EXCLUSIVELY BY HELPING CHILDREN AND YOUNG PEOPLE, 19 YEARS AND YOUNGER, GAIN ACCESS AND HAVE THE OPPORTUNITY TO PLAY AMERICAN FOOTBALL.

Activities: Working to grow the sport of American football in England and Wales, using the sport to impact the lives of those who participate for the better.

Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** Children/young People

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05		£0	£0	-
2024-04-05		£0	£0	-
2023-04-05		£0	£0	-

Trustees

Name	Role	Appointed
Kehinde Bello	Chair	2021-12-03
Adeyinka Ademosu		2021-12-03
Phoebe Schecter		2021-12-03
Steve Arzoni		2021-12-06
Wayne Hill		2021-12-06

LIFE THROUGH SPORT

England & Wales - Charity number 1196924

Accounts

Trustees' Annual Report

For the year ending 05/04/2025

Charity Name: Life Through Sport

Charity Number: 1196924

Reference and Administrative Details

- **Charity Name:** Life Through Sport
- **Charity Registration Number:** 1196924
- **Principal Address:** 22 Montana Gardens, London, SE26 5BF
- **Trustees:**
 - Kehinde Bello (Chair)
 - Adeyinka Ademosu
 - Wayne Hill
 - Phoebe Schecter
 - Steve Arzoni

Structure, Governance and Management

The charity is constituted as a Charitable Incorporated Organisation. It is governed by its constitution adopted on 03/12/2021.

Objectives and Activities

The charity's objectives, as set out in its governing document, are:

“TO PROMOTE AMATEUR SPORT FOR THE PUBLIC BENEFIT IN PARTICULAR BUT NOT EXCLUSIVELY BY HELPING CHILDREN AND YOUNG PEOPLE, 19 YEARS AND YOUNGER, GAIN ACCESS AND HAVE THE OPPORTUNITY TO PLAY AMERICAN FOOTBALL.”

During the period covered by this report, the charity remained **dormant** and undertook no activities. No funds were received or spent, and no charitable work was carried out.

Achievements and Performance

The charity was dormant throughout the financial year. No activities, fundraising, or charitable projects took place during this period.

Financial Review

The charity had **no income or expenditure** during the year. The charity's bank balance remains unchanged, and no assets or liabilities were held.

Reserves Policy


As the charity is dormant, no reserves are currently held or required.

Plans for the Future

The trustees are reviewing the future strategy of the charity and will determine whether to reactivate charitable operations or continue the dormant status in the next financial year.

Declaration

The trustees declare that they have approved this Trustees' Annual Report and have authorised Kehinde Bello to sign on their behalf.

Signed:  _____

Name: Kehinde Bello

Date: 04/02/2026

Dormant Charity Accounts for the Year Ended 05 April 2024

Charity Name: Life Through Sport

Charity Number: 1196924

Statement of Financial Position (Balance Sheet) as at 05 April 2025

Note	2025 (£)	2024 (£)
Fixed Assets	0	0
Current Assets		
- Cash at bank and in hand	0	0
Total Current Assets	0	0
Liabilities		
- Creditors: amounts falling due within one year	0	0
Net Assets	0	0
Funds		
- Unrestricted funds	0	0
- Restricted funds	0	0
Total Funds	0	0

Notes:

- 1. The charity was dormant throughout the financial year.**
No transactions took place during the year, and the charity held no assets or liabilities as at the balance sheet date.
- 2. The charity has not traded and has received no income and incurred no expenditure during the financial year.**

Trustees' Declaration:

The trustees confirm that:

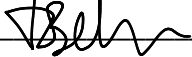
- The charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies;
- The charity did not at any time during the financial year exceed the threshold for requiring a full audit;

- The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime;
- The accounts have been prepared on a receipts and payments basis and reflect the dormant status of the charity.

Approved by the Board of Trustees on: 04/02/2026

Signed on behalf of the Trustees by:

Name: Kehinde Bello

Signature: _____ 

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England & Wales - Charity number 1196924

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Trustees' Annual Report

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Reserves Policy


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Plans for the Future

The trustees are reviewing the future strategy of the charity and will determine whether to reactivate charitable operations or continue the dormant status in the next financial year.

Declaration

The trustees declare that they have approved this Trustees' Annual Report and have authorised Kehinde Bello to sign on their behalf.

Signed:  _____

Name: Kehinde Bello

Date: 17/04/2025

Dormant Charity Accounts for the Year Ended 05 April 2024

Charity Name: Life Through Sport

Charity Number: 1196924

Statement of Financial Position (Balance Sheet) as at 05 April 2023

Note	2024 (£)	2023 (£)
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- 2. The charity has not traded and has received no income and incurred no expenditure during the financial year.**

Trustees' Declaration:

The trustees confirm that:


- The charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies;
- The charity did not at any time during the financial year exceed the threshold for requiring a full audit;

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- The accounts have been prepared on a receipts and payments basis and reflect the dormant status of the charity.

Approved by the Board of Trustees on: 16/04/2025

Signed on behalf of the Trustees by:

Name: Kehinde Bello

Signature:  _____

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Signature: _____ 