



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 3rd Dec 2021

Period start date

To 31st March 2023

Period end date

Charity name: The Cariad Blanket Project

Charity registration number: 1196923

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects of the CIO are: For the advancement of education for the public, primarily women within the United Kingdom by providing free to attend virtual and in person workshops teaching art, craft and creative skills that can be used to further a women's skillset and provide a creative therapeutic outlet that can be used in daily life. Relief of need of babies in the United Kingdom who; are ill, have a mother who has a physical or mental illness. And for the advancement of health for by providing notes of encouragement to mothers in the United Kingdom who are suffering from mental or physical illness, disability, bereavement, poverty or isolation or any other hardship.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Cariad Blanket Project ran several workshops this year that were open to members of the public, so that people of any age or gender could learn creative skills that could be used to further their skillset and provide a creative therapeutic outlet. The Cariad Blanket Project sent out care packages, Cariad Blanket Boxes, to mothers in need of extra support, including mothers who are suffering from physical or mental illness, financial hardship, isolation or whose child is facing physical illness.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charity Commission on public benefit, and believe the work of The Cariad Blanket Project to be within public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Cariad Blanket Project ran 19 workshops during this period. 13 of these were online, 12 of these open to any adult in the UK, 1 for a university's staff as part of a wellbeing event. Of the 6 in person event, 5 were in Cardiff – 2 of these were available to any adult to attend, 2 for staff from a university as part of their wellbeing events, and 2 in West Sussex. The 19 workshops provided a variety of craft and creative skills for attendees to then be able to use for their own purposes in their daily lives. The in person workshops provided free materials for attendees to use. The project also sent out 27 Cariad Blanket Boxes (care packages) in this period, providing signposting to support for mothers, blankets and hats for babies and notes of encouragement for wellbeing of mothers.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives	Para 1.41	

set		
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity ended the year with £703 in its account. This money will be spent to provide workshops in the next financial period, and continue to send Cariad Blanket Boxes to mums across the UK – including but not limited to postage fees, cost of purchasing boxes.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity does not have a policy for holding reserves, however the trustees will be creating one in the next financial year. As the charity finished the year with £703 and it is not anticipated next financial year it will spend more than this money as we don't have regular outgoings as we have no rent, utilities or wages to pay currently, so the trustees have not set any of it as a reserve but will look to do so for next year.
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	As the charity finished the year with £703 and it is not anticipated next financial year it will spend more than this money, so the trustees have not set any of it as a reserve but will do so for next year.
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's		The Cariad Blanket Project is a CIO.
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trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution Document
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed [for a minimum term of two years] by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Any new charity trustees must not be related by blood or by law to any current charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	The Criad Blanket Project
Other name the charity uses	N/A
Registered charity number	1196923
Charity's principal address	97 Gwernrhuddi Road Cardiff CF23 6PS

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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Hannah Lowe			
2	Anna Deane			
3	Helen Rowland			
4	Rebecca Alder		19/10/22	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved - NONE

Director name		

Name of trustees holding title to property belonging to the charity - NONE

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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	None	

Name of chief executive or names of senior staff members (Optional information)

None

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)

	
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Full name(s)

Hannah Lowe	Rebecca Alder, Helen Rowland, Anna Deane
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**Position (eg
Secretary, Chair, etc)**

Chair of Trustees	Trustees
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Date

26/01/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
The Cariad Blanket Project

No (if any)
1196923

Receipts and payments accounts

CC16a

For the period
from

Period start date
12/3/2021

To

Period end date
3/31/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	695	-	-	695	-
Fundraising Sales	8	-	-	8	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	703	-	-	703	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	703	-	-	703	-
A3 Payments					
Blanket Box Costs	11	-	-	11	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	11	-	-	11	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11	-	-	11	-
Net of receipts/(payments)	692	-	-	692	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	692	-	-	692	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		692	-	-
		-	-	-
		-	-	-
	Total cash funds	692	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	None	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	None		-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	None		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	None		-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		HANNAH LOWE	1/26/2024	