



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From April 2025  
March 2025 end date**

**Period start date To**

**Period**

**Charity name: Dignitate**

**Charity registration number: 1196886**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Dignitate's purpose is to improve the lives of unpaid carers, particularly those from culturally diverse and marginalised communities, who are supporting loved ones living with dementia and other long-term conditions. The charity exists to reduce isolation, stigma, and health inequalities experienced by carers who are often invisible within statutory systems, by providing culturally competent, community-led support that centres dignity, prevention, and early intervention.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the reporting period, Dignitate delivered a range of community-based activities designed to empower carers and strengthen culturally competent support pathways. Key activities included: <ul style="list-style-type: none"><li>• Delivery of Cultural Carers Circle peer-to-peer support sessions, providing safe spaces for carers to share experiences, reduce isolation, and access practical guidance.</li><li>• Cultural dementia awareness and education sessions, aimed at reducing stigma and increasing understanding of dementia within families and communities.</li><li>• Intergenerational and creative wellbeing projects, using storytelling, food, arts, and facilitated conversation to promote connection, dignity, and emotional resilience.</li><li>• Partnership working with voluntary, statutory, and faith-based organisations to improve early engagement, prevention, and</li></ul>

		<p>signposting for carers.</p> <p>These activities delivered clear public benefit by improving carers' wellbeing, confidence, and access to support, while contributing to reduced pressure on statutory health and social care services through early intervention.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Dignitate's activities are delivered for the benefit of the public, with particular focus on unpaid carers who experience cultural, structural, or systemic barriers to accessing support. The charity's work promotes wellbeing, social inclusion, and health equity, and addresses recognised unmet need within dementia and long-term condition care.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>Volunteers, including carers with lived experience, played a vital role in the delivery of Dignitate's activities. Their contribution included peer support, facilitation, community outreach, and co-design of sessions, ensuring services remained grounded in real lived experience and cultural understanding.</p>
Other		

### Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a	Para 1.20	<p>During the reporting period, Dignitate made significant progress in addressing the unmet needs of unpaid carers from culturally diverse communities, particularly those supporting loved ones living with dementia and long-term conditions. The charity's work focused on creating culturally safe, community-led spaces where carers could be seen, heard, and supported without judgement. Through</p>

whole.		<p>peer connection, culturally competent education, and partnership working, Dignitate helped reduce isolation, increase confidence, and improve emotional wellbeing among carers who often do not identify themselves as such or engage with formal services.</p> <p>A key achievement was the continued development and delivery of the Cultural Carers Circle, which became a trusted entry point for carers seeking support. These sessions enabled carers to share experiences, normalise challenges such as anticipatory grief and burnout, and access guidance in a way that respected cultural values around family responsibility, honour, and stigma.</p> <p>Dignitate also delivered dementia awareness and engagement activities that helped families better understand the condition, challenge misconceptions, and seek support earlier. This contributed to improved conversations within families and communities and supported carers to feel less alone in navigating complex care systems.</p> <p>Through intergenerational and creative wellbeing projects, the charity supported connection across age groups, promoted dignity, and strengthened community resilience. These approaches were particularly effective in engaging individuals who may not respond to traditional service models.</p> <p>Collectively, these activities delivered wider public benefit by strengthening informal support networks, improving carers' wellbeing, and contributing to preventative, community-based approaches that help reduce pressure on statutory health and social care services.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>During the year, Dignitate successfully progressed its objectives to:</p> <ul style="list-style-type: none"> <li>• Increase access to culturally competent support for unpaid carers</li> <li>• Reduce isolation and stigma associated with dementia and caring</li> <li>• Embed lived experience at the heart of service design and delivery</li> <li>• Strengthen partnerships across voluntary, community, and statutory sectors</li> </ul> <p>These objectives were met through consistent delivery of peer-led sessions,</p>
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		community engagement activity, and collaborative working, with positive informal feedback from participants highlighting increased confidence, emotional relief, and a greater sense of belonging.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		<p>An important outcome of the charity's work during the period was the growing recognition of carers themselves as individuals with needs, rather than solely as extensions of the person they support. Many participants reported that Dignitate was the first space in which they felt acknowledged in their own right.</p> <p>This shift is particularly significant within cultural communities where caring is often viewed solely as a family duty, and where carers may delay seeking support until crisis point.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the end of the reporting period, the charity was in a stable financial position, with income and expenditure managed carefully in line with its charitable objectives.</p> <p>Dignitate's finances were primarily directed towards the delivery of community-based activities, including peer support sessions, engagement work, and partnership-led projects. Expenditure remained focused on direct charitable activity, ensuring funds were used efficiently to maximise public benefit.</p> <p>The trustees are satisfied that the charity managed its resources responsibly during the period and maintained appropriate financial oversight.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees have considered the need for reserves in line with the Charity Commission's guidance. Dignitate's reserves policy is to hold a modest level of unrestricted funds where possible to ensure financial resilience, support continuity of core activities, and manage short-term cash flow.</p> <p>Given the charity's size and its reliance on project-based funding, the trustees review the reserves position regularly to ensure it remains appropriate and proportionate.</p>
Amount of reserves held	Para 1.22	On 31 March 2025, the charity held unrestricted reserves of approximately £500.00
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	There were no funds materially in deficit during the reporting period.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The trustees have assessed the charity's position as a going concern and have a reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future.</p> <p>This assessment is based on current funding arrangements, active partnership working, and ongoing plans to secure future funding.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>The charity's income during the period was primarily derived from grants, commissioned project funding, and partnership-based funding, with a focus on supporting community-led and preventative approaches to carer support.</p>
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Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	<p>The principal risks facing the charity include reliance on short-term project funding and increasing demand for culturally competent carer support.</p> <p>The trustees mitigate these risks through active partnership development, prudent financial management, and ongoing efforts to diversify funding sources.</p>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	The charity is governed by its constitution.
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	Dignitate is constituted as a Charitable Incorporated Organisation (CIO).
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed in accordance with the charity's constitution. New trustees are selected based on the skills, experience, and values required to support the charity's objectives, with particular emphasis on lived experience, cultural competence, and community insight.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees receive an induction appropriate to their role, including information on the charity's purposes, activities, governance responsibilities, and financial oversight. Ongoing support and informal training are provided as required.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is trustee-led and operates with a small delivery team and volunteers. Dignitate works in partnership with voluntary, community, and statutory organisations to deliver its activities and maximise public benefit.
Relationship with any related parties	Para 1.51	There were no related party transactions during the reporting period that required disclosure.
Other		

## Reference and Administrative details

Charity name	Dignitate
Other name the charity uses	
Registered charity number	1196886
Charity's principal address	13 Rossetti Apartments 4 Saffron Sq CR0 2FS

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amalia Basile	Chair		
2	Ben Clarke	Trustee		
3	Malcolm Gill	Trustee		
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,  
Chair, etc)

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Date

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## Interim Statement of Account

DIGNITATE  
FLT 13 ROSSETTI APARTMENTS 4  
CROYDON  
CR0 2FS  
GB

### Account Summary

Date : 29 Jan 2026

Account No : 47535840

Sort Code : 23 - 05 - 80

Currency : GBP

### Your Transactions

Date	Transaction	Transaction Amount	Running Balance
	<b>Balance at Period Start</b>		<b>368.13</b>
01 MAY 24	FT24122R4NXG Inward Payment BYROO JS PLF J. BYROO DONATION	20.00	388.13
02 JUN 24	FT24152DVNZR Inward Payment BYROO JS PLF DONATION	20.00	408.13
02 JUL 24	FT241848J140 Inward Payment BYROO JS PLF DONATION	25.00	433.13
03 OCT 24	FT242771N5KD Inward Payment BYROO JS PLF DONATION	20.00	453.13
01 NOV 24	FT24306W434F Inward Payment BYROO JS PLF DONATION	20.00	473.13
03 DEC 24	FT243387MVBH Inward Payment BYROO JS PLF DONATION	25.00	498.13

## Your Transactions

Date	Transaction	Transaction Amount	Running Balance
13 DEC 24	FT24348W6NB8 Inward Payment KINGSTON VOL ACT C KVA CEGGRANT	850.00	1,348.13
18 DEC 24	FT243531JN12 Outward Faster Payment Community Alliance Broxbourne and E Dignitate	-87.50	1,260.63
18 DEC 24	FT243530QD6Y Outward Faster Payment verity smith Dignitate	-50.00	1,210.63
18 DEC 24	FT24353374WL Outward Faster Payment Caroline Townsend Dignitate	-400.00	810.63
20 DEC 24	Card Purchase GBR 18 DEC 24 1387 LIDL GB CROYDON LIDL GB CROYD GBR 18 DEC 24 1387 LIDL GB CROYDON	-22.28	788.35
20 DEC 24	Card Purchase GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN CROYDON GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN	-90.00	698.35
20 DEC 24	Card Purchase GBR 18 DEC 24 MARKS SPENCER PLC CROYDON GBR 18 DEC 24	-200.00	498.35

## Your Transactions

Date	Transaction	Transaction Amount	Running Balance
20 JAN 25	MARKS SPENCER PLC CHG475350840 Duplicate Statement Fee	-5.00	493.35
04 FEB 25	FT25035WDS19 Inward Payment BYROO JS PLF DONATION	25.00	518.35
17 FEB 25	FT2504884HFS Account to Account Transfer KINGSTON RACE AND EQUALITIES KREC	700.00	1,218.35
19 FEB 25	FT25050454V3 Outward Faster Payment Natasha Punia KREC	-560.00	658.35
05 MAR 25	FT250647J7XF Inward Payment BYROO JS PLF DONATION	30.00	688.35
14 MAR 25	FT250732B64D Inward Payment NATIONAL VOICES NATIONAL VOICES	25.00	713.35
17 MAR 25	FT250763MCW0 Inward Payment CLEARCOMMUNITYWEB CIC intergen	5,000.00	5,713.35
21 MAR 25	FT25080SJ8DG Outward Faster Payment Natasha Punia KREC Invoice	-240.00	5,473.35
	<b>Balance at Period End</b>		<b>5,473.35</b>