

DIGNITATE

England & Wales · Charity number 1196886

Details

Status Registered

Legal form CIO

Registered 2021-12-02

Register [View on the Charity Commission register](#)

Contact

Address 45 Albemarle Street
3rd Floor
Mayfair
London
W1S 4JL

Phone 0793960924

Email support@dignitate.co.uk

Website www.dignitate.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF PEOPLE AFFECTED BY DEMENTIA, THEIR FAMILIES AND CARERS IN THE UK AND THE SURROUNDING AREA FOR THE PUBLIC BENEFIT BY:A. PROVIDING PRACTICAL SUPPORT AND SERVICES TO PEOPLE WITH DEMENTIA;B. SHARING BEST PRACTICE IN THE CARE OF PEOPLE WITH DEMENTIA;C. PROVIDING A PLATFORM WHERE CARERS AND FAMILIES MAY CONNECT TO SHARE EXPERIENCES AND PROVIDE MUTUAL SUPPORT;D. RAISING PUBLIC AWARENESS OF DEMENTIA AND THE CHALLENGES IT PRESENTS WITH THE AIM OF CREATING DEMENTIA-FRIENDLY COMMUNITIES.

Activities: The trustees feel it is a subject which is brushed under the carpet and the elderly are needing to be moreactive and pro-active physical and cognitively. The trustees want give back dignity to the elders theydeserve on the last part of their journey. Also, they want to help the loved ones to cope with this andcreate a community and platform for carers to share experiences and pass on knowled

Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£6,403	£1,650	-	-
2024-03-31	£980	£850	-	-
2023-03-31	£433	£0	-	-

Trustees

Name	Role	Appointed
Amalia Basile	Chair	2021-12-02
Ben Clarke		2023-03-14
Malcolm Gill		2024-08-03

DIGNITATE

England & Wales - Charity number 1196886

Accounts



Trustees' Annual Report for the period

From April 2025

Period start date To

Period

March 2025 end date

Charity name: Dignitate

Charity registration number: 1196886

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Dignitate's purpose is to improve the lives of unpaid carers, particularly those from culturally diverse and marginalised communities, who are supporting loved ones living with dementia and other long-term conditions. The charity exists to reduce isolation, stigma, and health inequalities experienced by carers who are often invisible within statutory systems, by providing culturally competent, community-led support that centres dignity, prevention, and early intervention.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the reporting period, Dignitate delivered a range of community-based activities designed to empower carers and strengthen culturally competent support pathways. Key activities included: <ul style="list-style-type: none">• Delivery of Cultural Carers Circle peer-to-peer support sessions, providing safe spaces for carers to share experiences, reduce isolation, and access practical guidance.• Cultural dementia awareness and education sessions, aimed at reducing stigma and increasing understanding of dementia within families and communities.• Intergenerational and creative wellbeing projects, using storytelling, food, arts, and facilitated conversation to promote connection, dignity, and emotional resilience.• Partnership working with voluntary, statutory, and faith-based organisations to improve early engagement, prevention, and

		<p>signposting for carers.</p> <p>These activities delivered clear public benefit by improving carers' wellbeing, confidence, and access to support, while contributing to reduced pressure on statutory health and social care services through early intervention.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Dignitate's activities are delivered for the benefit of the public, with particular focus on unpaid carers who experience cultural, structural, or systemic barriers to accessing support. The charity's work promotes wellbeing, social inclusion, and health equity, and addresses recognised unmet need within dementia and long-term condition care.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Volunteers, including carers with lived experience, played a vital role in the delivery of Dignitate's activities. Their contribution included peer support, facilitation, community outreach, and co-design of sessions, ensuring services remained grounded in real lived experience and cultural understanding.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a	Para 1.20	During the reporting period, Dignitate made significant progress in addressing the unmet needs of unpaid carers from culturally diverse communities, particularly those supporting loved ones living with dementia and long-term conditions. The charity's work focused on creating culturally safe, community-led spaces where carers could be seen, heard, and supported without judgement. Through

whole.		<p>peer connection, culturally competent education, and partnership working, Dignitate helped reduce isolation, increase confidence, and improve emotional wellbeing among carers who often do not identify themselves as such or engage with formal services.</p> <p>A key achievement was the continued development and delivery of the Cultural Carers Circle, which became a trusted entry point for carers seeking support. These sessions enabled carers to share experiences, normalise challenges such as anticipatory grief and burnout, and access guidance in a way that respected cultural values around family responsibility, honour, and stigma.</p> <p>Dignitate also delivered dementia awareness and engagement activities that helped families better understand the condition, challenge misconceptions, and seek support earlier. This contributed to improved conversations within families and communities and supported carers to feel less alone in navigating complex care systems.</p> <p>Through intergenerational and creative wellbeing projects, the charity supported connection across age groups, promoted dignity, and strengthened community resilience. These approaches were particularly effective in engaging individuals who may not respond to traditional service models.</p> <p>Collectively, these activities delivered wider public benefit by strengthening informal support networks, improving carers' wellbeing, and contributing to preventative, community-based approaches that help reduce pressure on statutory health and social care services.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>During the year, Dignitate successfully progressed its objectives to:</p> <ul style="list-style-type: none"> • Increase access to culturally competent support for unpaid carers • Reduce isolation and stigma associated with dementia and caring • Embed lived experience at the heart of service design and delivery • Strengthen partnerships across voluntary, community, and statutory sectors <p>These objectives were met through consistent delivery of peer-led sessions,</p>
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		community engagement activity, and collaborative working, with positive informal feedback from participants highlighting increased confidence, emotional relief, and a greater sense of belonging.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		An important outcome of the charity's work during the period was the growing recognition of carers themselves as individuals with needs, rather than solely as extensions of the person they support. Many participants reported that Dignitate was the first space in which they felt acknowledged in their own right. This shift is particularly significant within cultural communities where caring is often viewed solely as a family duty, and where carers may delay seeking support until crisis point.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the end of the reporting period, the charity was in a stable financial position, with income and expenditure managed carefully in line with its charitable objectives.</p> <p>Dignitate's finances were primarily directed towards the delivery of community-based activities, including peer support sessions, engagement work, and partnership-led projects. Expenditure remained focused on direct charitable activity, ensuring funds were used efficiently to maximise public benefit.</p> <p>The trustees are satisfied that the charity managed its resources responsibly during the period and maintained appropriate financial oversight.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The trustees have considered the need for reserves in line with the Charity Commission's guidance. Dignitate's reserves policy is to hold a modest level of unrestricted funds where possible to ensure financial resilience, support continuity of core activities, and manage short-term cash flow.</p> <p>Given the charity's size and its reliance on project-based funding, the trustees review the reserves position regularly to ensure it remains appropriate and proportionate.</p>
Amount of reserves held	Para 1.22	On 31 March 2025, the charity held unrestricted reserves of approximately £500.00
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	There were no funds materially in deficit during the reporting period.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<p>The trustees have assessed the charity's position as a going concern and have a reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future.</p> <p>This assessment is based on current funding arrangements, active partnership working, and ongoing plans to secure future funding.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income during the period was primarily derived from grants, commissioned project funding, and partnership-based funding, with a focus on supporting community-led and preventative approaches to carer support.
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<p>Investment policy and objectives including any social investment policy adopted</p>	<p>Para 1.46</p>	
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>The principal risks facing the charity include reliance on short-term project funding and increasing demand for culturally competent carer support.</p> <p>The trustees mitigate these risks through active partnership development, prudent financial management, and ongoing efforts to diversify funding sources.</p>
<p>Other</p>		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The charity is governed by its constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Dignitate is constituted as a Charitable Incorporated Organisation (CIO).
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed in accordance with the charity's constitution. New trustees are selected based on the skills, experience, and values required to support the charity's objectives, with particular emphasis on lived experience, cultural competence, and community insight.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees receive an induction appropriate to their role, including information on the charity's purposes, activities, governance responsibilities, and financial oversight. Ongoing support and informal training are provided as required.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is trustee-led and operates with a small delivery team and volunteers. Dignitate works in partnership with voluntary, community, and statutory organisations to deliver its activities and maximise public benefit.
Relationship with any related parties	Para 1.51	There were no related party transactions during the reporting period that required disclosure.
Other		

Reference and Administrative details

Charity name	Dignitate
Other name the charity uses	
Registered charity number	1196886
Charity's principal address	13 Rossetti Apartments 4 Saffron Sq CR0 2FS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amalia Basile	Chair		
2	Ben Clarke	Trustee		
3	Malcolm Gill	Trustee		
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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Interim Statement of Account

DIGNITATE
FLT 13 ROSSETTI APARTMENTS 4
CROYDON
CR0 2FS
GB

Account Summary

Date : 29 Jan 2026

Account No : 47535840

Sort Code : 23 - 05 - 80

Currency : GBP

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
	Balance at Period Start		368.13
01 MAY 24	FT24122R4NXG Inward Payment BYROO JS PLF J. BYROO DONATION	20.00	388.13
02 JUN 24	FT24152DVNZR Inward Payment BYROO JS PLF DONATION	20.00	408.13
02 JUL 24	FT241848J140 Inward Payment BYROO JS PLF DONATION	25.00	433.13
03 OCT 24	FT242771N5KD Inward Payment BYROO JS PLF DONATION	20.00	453.13
01 NOV 24	FT24306W434F Inward Payment BYROO JS PLF DONATION	20.00	473.13
03 DEC 24	FT243387MVVH Inward Payment BYROO JS PLF DONATION	25.00	498.13

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
13 DEC 24	FT24348W6NB8 Inward Payment KINGSTON VOL ACT C KVA CEGGRANT	850.00	1,348.13
18 DEC 24	FT243531JN12 Outward Faster Payment Community Alliance Broxbourne and E Dignitate	-87.50	1,260.63
18 DEC 24	FT243530QD6Y Outward Faster Payment verity smith Dignitate	-50.00	1,210.63
18 DEC 24	FT24353374WL Outward Faster Payment Caroline Townsend Dignitate	-400.00	810.63
20 DEC 24	Card Purchase GBR 18 DEC 24 1387 LIDL GB CROYDON LIDL GB CROYD GBR 18 DEC 24 1387 LIDL GB CROYDON	-22.28	788.35
20 DEC 24	Card Purchase GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN CROYDON GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN	-90.00	698.35
20 DEC 24	Card Purchase GBR 18 DEC 24 MARKS SPENCER PLC CROYDON GBR 18 DEC 24	-200.00	498.35

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
20 JAN 25	MARKS SPENCER PLC CHG475350840 Duplicate Statement Fee	-5.00	493.35
04 FEB 25	FT25035WDS19 Inward Payment BYROO JS PLF DONATION	25.00	518.35
17 FEB 25	FT2504884HFS Account to Account Transfer KINGSTON RACE AND EQUALITIES KREC	700.00	1,218.35
19 FEB 25	FT25050454V3 Outward Faster Payment Natasha Punia KREC	-560.00	658.35
05 MAR 25	FT250647J7XF Inward Payment BYROO JS PLF DONATION	30.00	688.35
14 MAR 25	FT250732B64D Inward Payment NATIONAL VOICES NATIONAL VOICES	25.00	713.35
17 MAR 25	FT250763MCW0 Inward Payment CLEARCOMMUNITYWEB CIC intergen	5,000.00	5,713.35
21 MAR 25	FT25080SJ8DG Outward Faster Payment Natasha Punia KREC Invoice	-240.00	5,473.35
	Balance at Period End		5,473.35

DIGNITATE

England & Wales - Charity number 1196886

Accounts

Trustees' Annual Report for the period

From April 24

Period start date: April 24 – Jan 25

Charity name: Dignitate

Charity registration number: 1196886

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ul style="list-style-type: none"> - Dignitate exists to relieve the needs of people with dementia and their carers, particularly within the South Asian community. Our goals are to build awareness of dementia's challenges and provide a platform for carers to share experiences, support each other, and access the best resources provided by local councils, social services, and community organisations.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Summary of the Main Activities in Relation to the Charity's Purposes for Public Benefit</p> <p>Dignitate's activities in the past year have been instrumental in advancing our mission to relieve the needs of people with dementia and their carers, particularly within South Asian communities. Our work has focused on providing culturally tailored support, raising awareness, and fostering community resilience. Key activities include:</p> <p><i>Culturally Tailored Support Programs</i></p> <ul style="list-style-type: none"> • Adaptation of the WHO's iSupport Program: In collaboration with UCL and the World Health Organisation, we adapted the iSupport program to cater to South Asian carers. This program, available in English, Bengali, Punjabi, and Urdu, equips carers with practical tools and culturally relevant guidance to support their caregiving journey while prioritizing their well-being. • Cultural Bereavement Focus

Group (Kingston Voluntary Action and Healthwatch Partnership):

As part of the South West London Bereavement Support and Services initiative, we facilitated a focus group to explore the unique needs of culturally diverse communities experiencing bereavement, particularly dementia carers. The session provided:

- o Insights into the role of cultural practices like Jamaican "Nine Nights" and Southeast Asian rituals in processing grief.
- o Recommendations for developing culturally competent bereavement support services.
- o A platform for carers to share experiences, fostering a sense of community and resilience.

Awareness and Engagement Initiatives

• **Dementia Action Week:**

- o **Online Event - Dementia Dialogues:**
This national and international event featured expert speakers who addressed diverse topics in dementia care, drawing participants from a wide range of cultural backgrounds.
- o **In-Person Event - Cultural Dementia:**
Held in collaboration with the BME Forum Croydon, this event included:
 - A panel discussion with the dementia lead nurse from Croydon University Hospital.
 - An arts session, "DementiaEase," by Saba Khan Arts, promoting creativity and self-expression.
 - A Tai Chi session to encourage physical and mental well-being.

		<p><i>Carer Support and Community Resilience</i></p> <ul style="list-style-type: none"> • Monthly Carers Hub: Our Carers Hub provides a consistent and supportive environment where carers can share experiences, access resources, and receive guidance. Attendance has steadily increased, and plans are in place to establish a permanent venue for the Hub. <p>Public Benefit:</p> <p>These activities directly align with Dignitate's purpose of providing culturally sensitive and accessible support to dementia carers and their families. By addressing the unique challenges faced by South Asian and other diverse communities, Dignitate has:</p> <ul style="list-style-type: none"> • Empowered carers to navigate their roles more effectively. • Fostered greater awareness and understanding of dementia within the broader community. • Provided holistic support that encompasses emotional, physical, and cultural dimensions. <p>Through these initiatives, Dignitate has made a significant and measurable difference in the lives of its beneficiaries, promoting equity and compassion in dementia care.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>The trustees have duly considered and adhered to the guidance issued by the Charity Commission on public benefit. They have ensured that all activities and initiatives undertaken by the charity align with these guidelines, with the aim of delivering significant and tangible benefits to the public and our beneficiaries.</p>

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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have not recruited any volunteers so far.
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

Summary of the Main Achievements of the Charity

Dignitate has made considerable progress this year in supporting dementia carers, particularly those from South Asian and culturally diverse communities. Our initiatives have directly addressed cultural and systemic barriers, empowering carers and promoting societal understanding of dementia care. These achievements have significantly improved the circumstances of our beneficiaries while contributing to wider social benefits.

Empowering South Asian Carers

- **Adaptation of WHO's iSupport Program:**
In partnership with UCL and the World Health Organisation, we adapted the iSupport program for South Asian carers, ensuring accessibility through translations in English, Bengali, Punjabi, and Urdu. This culturally sensitive tool has empowered carers by providing practical guidance, emotional support strategies, and resources tailored to their unique needs.

Raising Awareness and Fostering Engagement

- **Dementia Action Week Initiatives:**
 - **Online Event - Dementia Dialogues:**
This international event brought together diverse experts who covered a broad range of dementia-related topics. Participants praised the event for its inclusivity and the quality of insights shared, with significant national and international reach.
 - **In-Person Event - Cultural Dementia:**
Collaborating with the BME Forum Croydon, this event included:
 - A panel discussion

featuring healthcare professionals.

- Creative arts sessions, such as "DementiaEase" by Saba Khan Arts.
- A Tai Chi session promoting holistic well-being. These events enhanced local engagement, reduced stigma around dementia, and encouraged open dialogue within communities.

Culturally Attuned Bereavement Support

- **Kingston Voluntary Action and Healthwatch Partnership:**

As part of the South West London Bereavement Support and Services initiative, we conducted a cultural bereavement focus group to address the grief experiences of diverse communities, particularly dementia carers. Key outcomes included:

- o Recognition of anticipatory grief as a significant aspect of the dementia caregiving journey.
- o Recommendations for culturally competent bereavement services that honor traditions like "Nine Nights" and Southeast Asian mourning rituals.
- o A strengthened sense of community among participants, fostering resilience and shared understanding.

Sustained Support for Carers

- **Monthly Carers Hub:**

The Hub has continued to grow, providing a safe, supportive space for carers to access

		<p>resources, share experiences, and build community. This year's increased attendance reflects its growing importance and impact on the community.</p> <p>Impact on Beneficiaries and Society</p> <ul style="list-style-type: none"> • For Beneficiaries: Dignitate's work has provided carers with essential tools, emotional support, and a culturally safe environment to address the challenges of caregiving and bereavement. Participants in our programs reported increased confidence, reduced isolation, and a stronger sense of community. • For Society: By addressing cultural stigma and systemic gaps in dementia care, our initiatives have fostered greater empathy and understanding within communities. Events like Dementia Dialogues and our focus groups have created awareness that can influence more inclusive policies and practices in dementia and bereavement support. <p>Through these achievements, Dignitate continues to create a meaningful and lasting difference in the lives of carers and their communities, while advancing broader societal understanding of dementia and caregiving.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Achievements Against Objectives Set</p> <p>Dignitate has made significant progress in achieving its objectives this year, with impactful activities and initiatives directly addressing the needs of dementia carers, particularly within South Asian and culturally diverse communities. Here is a summary of how our achievements align</p>
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with the objectives set at the start of the year:

Objective 1: Provide culturally tailored support for dementia carers

Achievement:

- **Adaptation of WHO's iSupport Program:**

We successfully collaborated with UCL and the World Health Organisation to adapt the iSupport program for South Asian carers. This resource, now available in English, Bengali, Punjabi, and Urdu, provides culturally relevant tools to empower carers.

Impact:

- o Carers are better equipped with practical knowledge and emotional support tailored to their cultural contexts.
- o Barriers to accessing effective support have been reduced, enhancing carers' confidence and capability.

Objective 2: Raise awareness and reduce stigma around dementia in diverse communities

Achievement:

- **Dementia Dialogues (Online Event):**

This international event brought together leading experts to discuss diverse topics in dementia care, fostering dialogue and inclusivity.

- **Cultural Dementia (In-Person Event):**

Collaborating with the BME Forum Croydon, we hosted an event that combined professional insights, creative arts, and holistic wellness practices.

Impact:

- o Increased public awareness of dementia, particularly within culturally diverse communities.
- o Reduction in stigma

through education and open dialogue, empowering carers and community members.

Objective 3: Enhance support for carers through regular community-driven initiatives

Achievement:

- **Monthly Carers Hub:**
Our Carers Hub has steadily grown in attendance and engagement, providing carers with resources, peer support, and a sense of community. Plans are underway to secure a permanent venue to enhance the Hub's impact further.

Impact:

- Carers have access to consistent support and resources, reducing isolation and improving their overall well-being.

Objective 4: Address bereavement challenges, including anticipatory grief

Achievement:

- **Cultural Bereavement Focus Group (Kingston Voluntary Action and Healthwatch):**
This focus group explored the unique bereavement needs of diverse communities, particularly carers of people with dementia. Key outcomes included actionable recommendations for culturally competent support services.

Impact:

- Enhanced understanding of anticipatory grief and cultural nuances in bereavement.
- Development of insights to inform equitable bereavement policies and services.

Objective 5: Foster community resilience and engagement

Achievement:

- Through collaborations with partners like the BME Forum, Kingston Voluntary Action, and

		<p>Healthwatch, Dignitate has strengthened its role as a trusted community resource. Events and focus groups have engaged diverse participants, encouraging shared learning and collective action.</p> <p>Impact:</p> <ul style="list-style-type: none"> o Increased community participation in dementia-related initiatives. o Strengthened networks of carers and stakeholders, building resilience and mutual support. <p>Conclusion</p> <p>Dignitate has effectively delivered on its objectives for the year, creating meaningful impact for carers and their communities while setting a strong foundation for future growth. By addressing cultural, emotional, and systemic challenges, we continue to fulfill our mission of empowering carers and raising awareness about dementia in an inclusive and compassionate way.</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Please see attached PDF statements
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our charity's policy on reserves is designed to safeguard our financial health, ensure the sustainability of our operations, and uphold our commitment to effective stewardship and transparency. By maintaining reserves, we strive to balance prudent financial management with our overarching mission to make a positive impact in the lives of those we serve.
Amount of reserves held	Para 1.22	Please see attached PDF statements
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	No deficits
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	We have been receiving donations. The past year has been about raising awareness of the charity and our cause.
Investment policy and objectives including any social investment policy adopted	Para 1.46	

A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		Our charity's trust is governed by a board of trustees who are responsible for overseeing its management and ensuring compliance with the trust deed and regulatory requirements. The trustees are committed to upholding the highest standards of governance and financial stewardship
Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum and articles of association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our trustee selection process is designed to ensure effective governance, transparency, and alignment with our charitable objectives. We strive to build a board that embodies a broad range of skills and experiences to support the charity's mission and enhance our impact.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	

Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Dignitate
Other name the charity uses	
Registered charity number	1196886
Charity's principal address	13 Rossetti Apartments 4 Saffron Sq Croydon CR0 2FS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amalia Basile	Chair	2/10/2021	
2	Ben Clarke	Trustee	14/03/2023	
3	Malcolm Gill	Trustee	3/08/2024	
4	Brett Garcia	Trustee	18/10/2024	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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Interim Statement of Account

DIGNITATE
FLT 13 ROSSETTI APARTMENTS 4
CROYDON
CR0 2FS
GB

Account Summary

Date : 20 Jan 2025
Account No : 47535840
Sort Code : 23 - 05 - 80
Currency : GBP

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
	Balance at Period Start		368.13
01 MAY 24	FT24122R4NXG Inward Payment BYROO JS PLF J. BYROO DONATION	20.00	388.13
02 JUN 24	FT24152DVNZR Inward Payment BYROO JS PLF DONATION	20.00	408.13
02 JUL 24	FT241848J140 Inward Payment BYROO JS PLF DONATION	25.00	433.13
03 OCT 24	FT242771N5KD Inward Payment BYROO JS PLF DONATION	20.00	453.13
01 NOV 24	FT24306W434F Inward Payment BYROO JS PLF DONATION	20.00	473.13
03 DEC 24	FT243387MVVH Inward Payment BYROO JS PLF DONATION	25.00	498.13

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
13 DEC 24	FT24348W6NB8 Inward Payment KINGSTON VOL ACT C KVA CEGGRANT	850.00	1,348.13
18 DEC 24	FT243531JN12 Outward Faster Payment Community Alliance Broxbourne and E Dignitate	-87.50	1,260.63
18 DEC 24	FT243530QD6Y Outward Faster Payment verity smith Dignitate	-50.00	1,210.63
18 DEC 24	FT24353374WL Outward Faster Payment Caroline Townsend Dignitate	-400.00	810.63
20 DEC 24	Card Purchase GBR 18 DEC 24 1387 LIDL GB CROYDON LIDL GB CROYD GBR 18 DEC 24 1387 LIDL GB CROYDON	-22.28	788.35
20 DEC 24	Card Purchase GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN CROYDON GBR 18 DEC 24 REAL FLAVOUR CARIBBEAN	-90.00	698.35
20 DEC 24	Card Purchase GBR 18 DEC 24 MARKS SPENCER PLC CROYDON GBR 18 DEC 24	-200.00	498.35

Your Transactions

Date	Transaction	Transaction Amount	Running Balance
	MARKS SPENCER PLC		
	Balance at Period End		498.35

DIGNITATE

England & Wales - Charity number 1196886

Accounts



Trustees' Annual Report for the period

From April 23

Period start date: April 23 – April 24

Charity name: Dignitate

Charity registration number: 1196886

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>For the public benefit to relieve the needs of people with dementia and their carers and family, of the south Asian community by;</p> <ul style="list-style-type: none">(a) building awareness of the nature and challenge of dementia and(b) create a community and platform for carers to share experiences and pass on knowledge so support can be shared.help families with a loved one who has dementia to access all the best support that is available and provided by local boroughs, adult social services, hospitals and local enterprises.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have successfully organised public events aimed at raising awareness about cultural dementia and its challenges, providing education, and offering valuable advice. Our robust online presence, including social media posts and virtual events, has significantly contributed to these efforts. Additionally, we have collaborated with various council boroughs to offer guidance and support to their employees who are family caregivers. Our community continues to thrive, with Dignitate serving as a vital platform for sharing experiences and offering mutual support. Our collaborations with anchor and key voluntary sector stakeholders have also helped us</p>

		achieve our aims.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have duly considered and adhered to the guidance issued by the Charity Commission on public benefit. They have ensured that all activities and initiatives undertaken by the charity align with these guidelines, with the aim of delivering significant and tangible benefits to the public and our beneficiaries.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	We have not recruited any volunteers so far.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity has made significant strides in supporting carers, particularly through our efforts during Carers Week, Dementia action week and world Alzheimer's day. Our public events have raised awareness about cultural dementia, provided essential education, and offered valuable advice to both carers and the general public. Our strong online presence, bolstered by social media posts and virtual events, has further amplified

		<p>our message and reach. By collaborating with various council boroughs, we have been able to provide crucial guidance and support to employees who are family caregivers, ensuring they receive the recognition and assistance they need.</p> <p>One of our most notable achievements is the growth of our community, facilitated by Dignitate, our dedicated platform. Dignitate enables carers to share their experiences and support each other, fostering a sense of solidarity and mutual aid.</p> <p>The impact of our work is multifaceted. For our beneficiaries, the charity has provided essential resources and a supportive network, significantly improving their circumstances. On a broader scale, our efforts have raised public awareness about the challenges faced by carers, contributing to a more informed and empathetic society. This heightened awareness can lead to better policies and support systems, benefiting society as a whole.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>During the past year, our organisation has made significant strides in supporting carers and raising awareness about dementia:</p> <p>Carers Week: We successfully hosted our own dedicated event, highlighting the vital role of carers in our community.</p> <p>Strategic Partnerships: We collaborated with key voluntary organisations, including the BME Forum Croydon, to organize impactful events for Dementia Action Week and World Alzheimer's Day. These initiatives saw impressive attendance, fostering community engagement and education.</p> <p>Expert-led Webinars: Our series of webinars featured guest speakers who are renowned experts in the field of dementia, providing valuable insights and knowledge to our audience.</p>
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		<p>Ongoing Support:</p> <ul style="list-style-type: none"> - We continue to operate our regular Carers Hub, offering a consistent source of support and resources. - In addition to group activities, we've expanded our services to provide personalized one-on-one support, addressing individual needs more effectively. <p>These efforts demonstrate us achieving our objectives.</p>
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Please see attached PDF statements
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our charity's policy on reserves is designed to safeguard our financial health, ensure the sustainability of our operations, and uphold our commitment to effective stewardship and transparency. By maintaining reserves, we strive to balance prudent financial management with our overarching mission to make a positive impact in the lives of those we serve.
Amount of reserves held	Para 1.22	Please see attached PDF statements
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	No deficits
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	We have been receiving donations. The past year has been about raising awareness of the charity and our cause.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		Our charity's trust is governed by a board of trustees who are responsible for overseeing its management and ensuring compliance with the trust deed and regulatory requirements. The trustees are committed to upholding the highest standards of governance and financial stewardship
Type of governing document (trust deed, royal charter)	Para 1.25	Memorandum and articles of association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Our trustee selection process is designed to ensure effective governance, transparency, and alignment with our charitable objectives. We strive to build a board that embodies a broad range of skills and experiences to support the charity's mission and enhance our impact.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Dignitate
Other name the charity uses	
Registered charity number	1196886

Charity's principal address	13 Rossetti Apartments 4 Saffron Sq Croydon CR0 2FS

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amalia Basile	Chair	2/10/2021	
2	Ben Clarke	Trustee		
3	Francesca Savino	Trustee		
4				
5				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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Your Transactions

Date	Transaction	Transaction Amount	Running Balance
30 NOV 23	FT23334BWW1H Inward Payment BYROO JS PLF DONATION	25.00	230.01
25 DEC 23	FT23356SQMGR Inward Payment PAYPAL PPWDL548222222KDVQ	118.12	348.13
28 MAR 24	FT24088YKSBF Inward Payment BYROO JS PLF J. BYROO-DONATION	20.00	368.13
	Balance at Period End		368.13