



LISVANE MEN'S SHED

CHARITY NUMBER 1196824

ANNUAL REPORT

2023/24



When small children think they don't have enough money for a bird box and then find out that they do.

INTRODUCTION

1. Lisvane Men's Shed's third year has seen the Shed grow in strength and community feedback has been very supportive of how Lisvane Men's Shed has quickly become regarded as an integral part of the local community.
2. This Annual Report is extremely positive in recounting some achievements of our third year as a Men's Shed and a charity registered with the Charity Commission UK. Going forward, it addresses some aims of the charity in ensuring it develops its business continuity plan and its future resilience to continue providing a charitable facility that serves the mental health and wellbeing of local men.
3. Lisvane Men's Shed strives to combat depression, isolation, loneliness and male suicide, as well as providing respite and support for partners and families. The Shed is a happy place and has witnessed extended friendships, camaraderie and support provided by members, while standing *"Shoulder to Shoulder."*
4. As a Charitable Incorporated Organisation (CIO), the trustees commend the 3rd Annual Report of Lisvane Men's Shed to the membership.

QUOTATIONS

"Thank you. The shed has given him (husband) his life back."
"When I joined the Shed, I didn't think I needed it...Now, I know I need the shed."
"There is a need for more sheds."
"... lovely atmosphere of warmth and friendship ..." (Visitor)
"When my wife died, I spent a year in the wilderness ... The shed saved me."
"If it wasn't for the shed, I would be stuck without being able to do anything."
"I laugh so much in the shed that it hurts ..."
"Long live Lisvane Men's Shed and long live its members."
"We're indispensable!" – (laughing response) "No we're not! There's a waiting list."

TRUSTEE APPOINTMENTS

5. *"At every ... annual general meeting of the members of the Charitable Incorporated Organisation (CIO), one third of the elected charity trustees shall retire from office."* *"The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment."* (Constitution, Clause 13 (b), (c)). They are eligible for reappointment (Constitution, Clause 16 T&Cs apply).
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7. James Stagg and Desmond Whittle were elected as new trustees.

8. The trustees for 2023/24 were:

- Colin Passmore
- Christopher Griffiths
- Michael Knight
- Stephen Coles
- Philip Evans
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- James Stagg
- Desmond Whittle

9. Colin Passmore, Michael Knight and Stephen Coles have intimated they will stand down as trustees and stand for re-election at the forthcoming AGM. In addition, another Shed member, Roger Marshall has indicated a preparedness to stand for election as a trustee.

10. To have progressed as strongly as Lisvane Men's Shed, it has been essential to have had the support and oversight provided by the trustees. The trustees are viewed as an experienced and knowledgeable group, creating a strong team to take the Shed forward in the coming year. The commitment of the volunteer charity trustees in overseeing and managing ongoing progress and growth is appreciated by all the Shed members.

OFFICE BEARERS

11. The trustee nominated office bearers are:

- Chris Griffiths – Chair
- Stephen Coles – Secretary
- Philip Evans – Treasurer

HONORARY MEMBERSHIP

12. Lisvane Men's Shed has three Honorary Members:

- Philip Husband
- Matt McCormack
- Rebecca Boucher



Shoulder to Shoulder

MEMBERSHIP

13. Lisvane Men's Shed's membership increased from 22 to 25 and there is currently a waiting list of around 15. The continued success of the Shed and the number of shedders on the waiting list demonstrates a greater local need. The new members have reported that they are enjoying the camaraderie, fun and laughter that comes with being a member of Lisvane Men's Shed.

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15. To increase opportunities to involve Shed members and occupy their time, Lisvane Men's Shed has supported other community activities aimed at alleviating community need, including participating in the Lisvane Wellbeing afternoon, Lisvane Christmas Fair, Lisvane Summer Fete, Low Intensity Functional Training (LIFT) classes at the Old School Community Centre, the Village Cinema night and a presentation to St Denys' Church Community Lunch. The chair visited the Dusty Shed in Ely and also attended Pontypridd Shedfest and the UK Men's Sheds Association Shedfest in Worcester.



16. Lisvane Men's Shed is established as a community organisation and is experiencing tremendous community support. The Shed is fortunate to enjoy an excellent relationship with Lisvane Community Council, Lisvane Community Association, elected representatives, the Lisvane Link and numerous groups in the village. In return, there is a drive to continue to raise public awareness of the true value of men's sheds in combating male loneliness, isolation and depression.



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Swapping a marrow for chutney

LISVANE MEN'S SHED SONG



34. One of our talented shedders includes singer and songwriter, Ian Shopland, who composed our own "Men's Shed Song." The song is available to download and listen on YouTube, Spotify, Amazon Music and other media sites.

<https://youtu.be/GFws2UPmtAk?feature=shared>

<https://open.spotify.com/artist/0cVCPWCXK6wiDdJGTfe46i>

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C3SC – CARDIFF THIRD SECTOR COUNCIL NOMINATION

36. Chris Griffiths, Chair and founding member of Lisvane Men's Shed, was nominated for a C3SC Award for volunteers. Shortlisted in recognition of his services and dedication to the Shed and its members, he said that he was *"... more pleased that Lisvane Men's Shed has been highlighted for its growth and success in meeting the needs of local men."*

UK MEN'S SHEDS ASSOCIATION

37. Lisvane Men's Shed has renewed its membership of the national association, UKMSA. The association aims to promote the shed movement, nationally, and lobby groups and the government on male health. The chair of UKMSA, Rob Lloyd, visited Lisvane Men's Shed and enjoyed meeting members.

TRUSTEE OF UK MEN'S SHEDS ASSOCIATION

38. With the approval of the members of Lisvane Men's Shed, Chris Griffiths accepted his appointment to the Board of UKMSA. He hopes to focus on the interests of Welsh men's sheds.

LANDLORD

39. Lisvane Men's Shed are pleased to express its gratitude to the landlord, Marston's Limited, for continuing to provide a home for the charity. A site for the Shed's container cabin at the south end of the car park of the Ty Mawr Inn has proven to be a remarkable success. Indeed, shed members and their families frequently return the favour by using the Ty Mawr Inn for family meals and social occasions.

40. The management and staff have made it clear that they and Marston's Limited are happy to continue to provide its support for the Lisvane Men's Shed charity and the local community.



41. Lisvane Men's Shed has welcomed the new manager, Mike Harmon, who has reiterated his support for the Shed and the continuation of the allotment facility for the Shed and other locals.

FAREWELL TO MATT & REBECCA



42. It has been sad to see Matt McCormack and Rebecca Boucher move on to pastures new from the Ty Mawr Inn. They have been great friends of Lisvane Men's Shed and if it wasn't for their belief in the Men's Shed and their determination to give back to the community, the Shed would have continued to struggle to find a home or to grow. Lisvane Men's Shed will always be grateful to them and will always hold a place in their hearts for Matt and Rebecca, who are Honorary Members of the Shed.

BUSINESS CONTINUITY AND DEVELOPMENT

43. A very successful year has seen the membership and the waiting list grow. It is obvious that the waiting list would grow further if there was a reasonable chance of the size of the shed growing. It is both disappointing and frustrating that growth and numbers are severely limited by the size of the accommodation and the terms of the lease only permitting the shed to be opened one day a week. The landlord has been flexible in allowing shedders access to undertake maintenance and some woodwork on additional ad hoc days. However, the waiting list is revealing that the demand is much bigger and there are so many more local men and their families with the need to be supported.
44. Sound management of the charity requires a Business Continuity Plan to prepare contingencies to be undertaken in the event of any serious issue that might impose risk on the running and future of Lisvane Men's Shed. Risk Assessments are being undertaken to counter threats of such things as fire, vandalism, lease cessation, loss of office bearers, etc.
45. In addition, a Business Development Plan also needs to be established, alongside the Business Continuity Plan, which examines the opportunity to expand the shed and its service to the community. In this regard, to overcome the limitations on facilities, the trustees have established a working group to identify an "additional" site that would ensure continuation in the event of any disaster and to facilitate expansion of opportunities, services and membership. It must be stressed that Lisvane Men's Shed wishes to retain its place at the Ty Mawr Inn, in the long term and beyond the term of the current 5-year lease, which has less than 4 years to run. Additional premises are aimed at expansion and not replacing the current premises.
46. The Trustees have agreed to build a reserve of funds, restricted for funding any business continuity essential that may arise and to be utilised towards acquiring or building a second location for an expansion of the Shed. For the sake of clarity, the trustees decided this reserve should be a "New Building Fund."

ANNUAL SUBSCRIPTIONS

47. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remain at £50/year.

DONATIONS

48. Acknowledgement is made of Lisvane Community Council and Lisvane Community Association's continued support through grant applications in favour of purchasing woodworking routers and accessories, as well as transport for excursions. These grants are restricted funds and will be expenditures in the new financial year.
49. Further thanks are recorded to Bay Shipping and Matthew Goode Foundation, as well as St Denys' Church, for their donations.
50. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.

GIFT AID

51. Lisvane Men's Shed has registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations. This continues to benefit the shed.

ANNUAL ACCOUNTS

52. The Annual Accounts have been formalised and, although not required, the trustees have decided to have them audited as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

Accounts for the Year Ended 1st September 2024

Receipts and Payments - Year Ended 1 September 2024

Payments	£	Receipts	£
Shed Running Costs	1,015.28	Member Subscriptions	1,250.00
Shed Social Events	106.75	Donations & Grants - Restricted	1,000.00
		Donations & Grants - Unrestricted	1,703.60
Surplus of Receipts over Payments	5,388.79	Other Income Generating Activities	2,307.81
		Interest	249.41
	<u>6,510.82</u>		<u>6,510.82</u>

Financial Position as at 1st September 2024

Assets	£	Funds and Reserves	£
Bank Current Account	1,559.13	<u>Restricted Funds</u>	1,000.00
Bank Deposit Account	12,206.41		
		<u>Unrestricted Funds</u>	
		New Building Fund	12,000.00
		General Reserve	765.54
	<u>13,765.54</u>		<u>13,765.54</u>

Statement of Movement on Shed Funds - Year Ended 1st September 2024

	<u>Total</u>	<u>Restricted</u>	<u>Unrestricted</u>	<u>Unrestricted</u>
			New Building	General
			Fund	Reserve
	£	£	£	£
Shed Funds at 2 Sep 2023 b/fwd	8,376.75	0.00	7,190.43	1,186.32
Movement in Year	5,388.79	1,000.00	4,809.57	-420.78
Shed Funds at 1 Sep 2024 c/fwd	13,765.54	1,000.00	12,000.00	765.54

CONCLUSION

53. This Annual Report is provided on behalf of the Trustees.

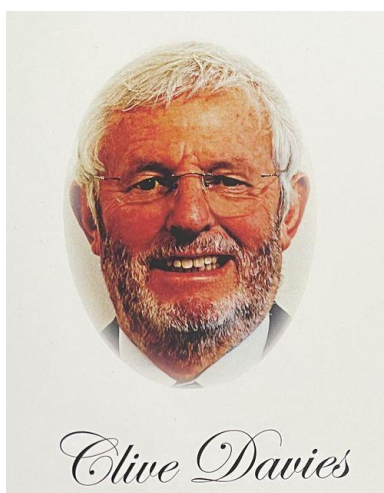
Chris Griffiths
Chair
Lisvane Men's Shed

Date 21st September 2024

"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..."

(Men's Sheds Cymru)

TRIBUTE



It is with great sadness that we record the passing of a loyal Shedder and friend, Clive Davies.
Clive succumbed to a lengthy illness, a great loss to his sister, extended family
and to his friends at Lisvane Men's Shed.
Clive's humour, camaraderie and loyal support is greatly missed.

Useful references:

Email: info@lisvanemensshed.co.uk
Website: <https://www.lisvanemensshed.co.uk>
Facebook: [Facebook](#)
Lisvane Men's Shed Song [The Men's Shed Song - YouTube](#)
UKMSA: www.menssheds.org.uk
Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)



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47. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remain at £50/year.

DONATIONS

48. Acknowledgement is made of Lisvane Community Council and Lisvane Community Association's continued support through grant applications in favour of purchasing woodworking routers and accessories, as well as transport for excursions. These grants are restricted funds and will be expenditures in the new financial year.
49. Further thanks are recorded to Bay Shipping and Matthew Goode Foundation, as well as St Denys' Church, for their donations.
50. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.

GIFT AID

51. Lisvane Men's Shed has registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations. This continues to benefit the shed.

ANNUAL ACCOUNTS

52. The Annual Accounts have been formalised and, although not required, the trustees have decided to have them audited as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

Accounts for the Year Ended 1st September 2024

Receipts and Payments - Year Ended 1 September 2024

Payments	£	Receipts	£
Shed Running Costs	1,015.28	Member Subscriptions	1,250.00
Shed Social Events	106.75	Donations & Grants - Restricted	1,000.00
		Donations & Grants - Unrestricted	1,703.60
Surplus of Receipts over Payments	5,388.79	Other Income Generating Activities	2,307.81
		Interest	249.41
	<u>6,510.82</u>		<u>6,510.82</u>

Financial Position as at 1st September 2024

Assets	£	Funds and Reserves	£
Bank Current Account	1,559.13	<u>Restricted Funds</u>	1,000.00
Bank Deposit Account	12,206.41		
		<u>Unrestricted Funds</u>	
		New Building Fund	12,000.00
		General Reserve	765.54
	<u>13,765.54</u>		<u>13,765.54</u>

Statement of Movement on Shed Funds - Year Ended 1st September 2024

	<u>Total</u>	<u>Restricted</u>	<u>Unrestricted</u>	<u>Unrestricted</u>
			New Building	General
			Fund	Reserve
	£	£	£	£
Shed Funds at 2 Sep 2023 b/fwd	8,376.75	0.00	7,190.43	1,186.32
Movement in Year	5,388.79	1,000.00	4,809.57	-420.78
Shed Funds at 1 Sep 2024 c/fwd	13,765.54	1,000.00	12,000.00	765.54

CONCLUSION

53. This Annual Report is provided on behalf of the Trustees.

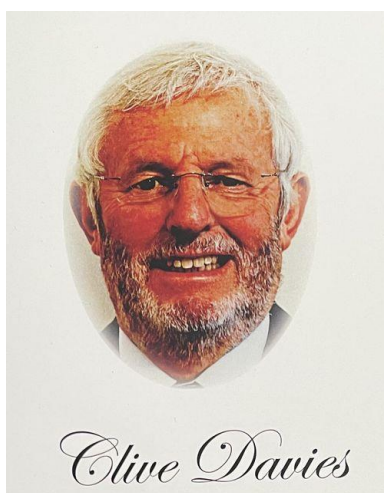
Chris Griffiths
Chair
Lisvane Men's Shed

Date 21st September 2024

"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..."

(Men's Sheds Cymru)

TRIBUTE



It is with great sadness that we record the passing of a loyal Shedder and friend, Clive Davies.
Clive succumbed to a lengthy illness, a great loss to his sister, extended family
and to his friends at Lisvane Men's Shed.
Clive's humour, camaraderie and loyal support is greatly missed.

Useful references:

Email: info@lisvanemensshed.co.uk
Website: <https://www.lisvanemensshed.co.uk>
Facebook: [Facebook](#)
Lisvane Men's Shed Song [The Men's Shed Song - YouTube](#)
UKMSA: www.menssheds.org.uk
Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)