

# LISVANE MEN'S SHED

England & Wales · Charity number 1196824

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-11-29

**Register** [View on the Charity Commission register](#)

## Contact

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**Website** [www.lisvanemensshed.co.uk](http://www.lisvanemensshed.co.uk)

## Activities

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**Objects:** TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE (PARTICULARLY BUT NOT EXCLUSIVELY MEN AGED OVER 18), IN LISVANE AND THE SURROUNDING AREA, FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES, LEARN OR PASS ON SKILLS AND KNOWLEDGE AND SUPPORT EACH OTHER SOCIALLY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; SOCIAL ISOLATION, BEREAVEMENT, YOUTH OR OLD AGE OR ILL HEALTH (PHYSICAL OR MENTAL).'

**Activities:** Lisvane Men's Shed is a community group with the aim of promoting men's health and wellbeing throughsocial interaction and practical activity. Men's Sheds are independent social groups helping men to shareskills, learn something new & make new friends. Lisvane Men's Shed aims to assist local men tocounter feelings of isolation and combat loneliness through woodcraft, friendship, chat and tea

## Classification

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- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, Disability, Other Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

## Geography

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- Cardiff

## Finances

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| Period end | Income  | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-08-31 | £6,238  | £2,562      | -      | -         |
| 2024-09-01 | £9,072  | £3,684      | -      | -         |
| 2023-09-01 | £21,236 | £21,374     | -      | -         |
| 2022-09-01 | £29,426 | £20,962     | -      | -         |

## Trustees

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| Name                               | Role  | Appointed  |
|------------------------------------|-------|------------|
| Ivor Christopher Ambrose Griffiths | Chair | 2021-11-26 |
| Arthur Colin Passmore              |       | 2021-11-26 |
| Desmond Whittle                    |       | 2023-10-30 |
| James Stagg                        |       | 2023-10-30 |
| MICHAEL KNIGHT                     |       | 2021-11-26 |
| Philip Evans                       |       | 2022-09-26 |
| Stephen Coles                      |       | 2022-09-26 |
| Stephen Evans                      |       | 2022-09-26 |

**LISVANE MEN'S SHED**

England & Wales - Charity number 1196824

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# Accounts

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**LISVANE MEN'S SHED**

**CHARITY NUMBER 1196824**

**ANNUAL REPORT**

**2024/25**



**Lisvane Men's Shed – "Not just a shed."**

## INTRODUCTION

1. Lisvane Men's Shed's fourth year has been a year of stability with a small growth in membership and continued commitment to community integration, participation in community events as well as making opportunities to give back.
2. This Annual Report serves to meet the requirements of the constitution and the statutory requirements of the Charity Commission UK. The report also aims to remind the members of Lisvane Men's Shed of what has been undertaken during the 12 months of 2024-2025 and to inform supporters, funders, local community representatives, interested parties and members of the local community, of the activities, achievements, plans and direction for the long-term future of the Shed.
3. While the Annual Report outlines the events and community involvement during the last year and, while it positively records the strengthening of Men's Shed, it also highlights the critical need to develop a resilient business continuity plan. Work and negotiations have been ongoing during the last 15 months to ensure a resilient future and a long-term home so that the Lisvane Men's Shed will become a legacy for the community of Lisvane and the people of North Cardiff.
4. Lisvane Men's Shed, a charity registered with the Charity Commission UK, provides a charitable facility that serves the mental health and wellbeing of local men. It strives to combat depression, isolation, loneliness and male suicide. In addition, for some, Lisvane Men's Shed may provide some respite and support for partners and families.
5. The Shed is a happy place and has witnessed extended friendships, camaraderie and support provided by members for each other, while standing *"Shoulder to Shoulder."*
6. As a Charitable Incorporated Organisation (CIO), the trustees commend the 4th Annual Report of Lisvane Men's Shed to the membership.

***"I just love the Shed."***

## TRUSTEE APPOINTMENTS

7. *"At every ... annual general meeting of the members of the Charitable Incorporated Organisation (CIO), one third of the elected charity trustees shall retire from office." "The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment."* (Constitution, Clause 13 (b), (c)). They are eligible for reappointment (Constitution, Clause 16 T&Cs apply).
8. At the AGM held on 7th October 2024, Michael Knight, Colin Passmore and Stephen Coles were re-elected as trustees, by the members. Roger Marshall was elected as a new trustee.
9. The trustees for 2024/25 were:

Christopher Griffiths  
Colin Passmore  
James Stagg

Stephen Coles  
Michael Knight  
Desmond Whittle

Philip Evans  
Stephen Evans  
Roger Marshall

10. Philip Evans, Stephen Evans and Desmond Whittle have intimated they will stand down as trustees and stand for re-election at the forthcoming AGM.

11. The Chair wishes to acknowledge the support and commitment of the strong team of trustees in striving to enable progress of the programme of support for shedders.

#### **OFFICE BEARERS**

12. The current trustee nominated office bearers are:

|           |                       |
|-----------|-----------------------|
| Chair     | Christopher Griffiths |
| Secretary | Stephen Coles         |
| Treasurer | Philip Evans          |

#### **HONORARY MEMBERSHIP**

13. Lisvane Men's Shed has two Honorary Members:

|                |                |
|----------------|----------------|
| Philip Husband | Matt McCormack |
|----------------|----------------|

#### **MEMBERSHIP**

14. Lisvane Men's Shed's membership has increased again in the last year, from 25 to 27, but accommodation and lease restrictions limiting access to one day per week, means it is not feasible to increase the membership further. There is currently a waiting list of around 8, demonstrating a continued greater local need; a need that the community has come to understand.

15. Lisvane Men's Shed is striving to establish greater opportunities for more people to benefit from what the Shed offers. The longer-term focus lies within the aims of the Business Continuity Plan and the establishment of a permanent site facilitating greater membership and opening times. In addition, the Shed has extended its activities by being involved in community events, community classes, social activities and excursions to places of interest.

#### **BUSINESS CONTINUITY PLAN**

16. The longevity and resilience of Lisvane Men's Shed is dependent on three core elements of its Business Continuity Plan:

- Risk pertaining to termination of tenancy
- Risk of major incident or disaster
- Long term future

17. *The relationship with the landlord, Marston's Ltd and the Ty Mawr Inn, is viewed as being very positive.* In spite of the Ty Mawr Inn having three changes in manager in the last two years, along with changes at regional and area management levels, the Chair of the Shed has been consistently reassured that its position as the local community charity based at the Ty Mawr site is safe and enjoyed.



18. The trustees must adopt a pragmatic approach towards its current location in order to secure the operational continuity of the Shed. The tenancy is based on a five-year term and the tenancy entered its third year in June 2025. Consideration of the tenancy agreement requires cognisance of any risk that may impact the ability of Lisvane Men's Shed to function. The tenancy agreement carries the clause that the landlord may give notice of one month of cessation of the lease. Although reassured by the management of the Ty Mawr Inn, the trustees must be prepared for any change in circumstances that might influence a cessation of the tenancy.
19. There is a need to identify temporary and possibly permanent venues that might be available to ensure the security of Lisvane Men's Shed, including any related removal and ancillary costs. This forms part of the Business Continuity Plan.
20. Every business operation needs to plan for the rare risk of some catastrophe that negatively impacts its operation, if it is to survive such an event. Although Lisvane Men's Shed carries insurance policies for such incidents, the Business Continuity Plan needs to lay out preparations to carry on operations. Considerations include the consequences of fire, major damage to the container through unforeseen incidents, etc.
21. Finally, the long-term future of the Shed needs to be planned if Lisvane Men's Shed is to be able to operate on more than one day per week. This could lead to doubling its membership and to leaving a lasting legacy to the community. *The trustees wish to retain the existing container cabin at the Ty Mawr Inn but would also like to acquire a second site, which would introduce permanency. This model of operation is practised by a number of Men's Sheds, which operate different functions on different sites.*



Lisvane Men's Shed

22. A number of places have been investigated to look at an additional site. Lisvane Men's Shed established a working group to pursue options and for over a year have been negotiating the feasibility of acquiring the former changing rooms on Heol Y Delyn, Lisvane. In July 2025, a formal case was submitted to the owner of the former changing rooms, Cardiff Council. Lisvane Men's Shed has recently been advised that the bid was successful and the Council are in the process of drafting a legal contract for consideration.
23. The former changing rooms are condemned and so will require to be demolished with a purpose-built Men's Shed being put in its place. These are early days in the process but this is a project currently being followed to achieve a permanent home for Lisvane Men's Shed and the further development of the ethos of Men's Sheds. Work has already begun towards raising the considerable funding required for this major "New Building" project.



Former Changing Rooms Heol Y Delyn

## COMMUNITY PARTICIPATION

24. It is considered essential that Shed members have the opportunity to be involved in community activities, external events or visit the activities of other groups, as part of the aims to develop camaraderie, and avoid isolation. It also provides the satisfaction of giving back to people that have supported the Shed and encourages the feelings of belonging and being part of the wider social interests.

25. Lisvane Men's Shed, as a community organisation, is experiencing tremendous community support. The Shed is fortunate to enjoy an excellent relationship with Lisvane Community Council, Lisvane Community Association, elected representatives, the Lisvane Link and numerous groups and individuals in the village. In return, there is a drive to continue to raise public awareness of the true value of men's sheds in combating male loneliness, isolation and depression.



*Talk to Lisvane Over-Fifties*

26. Lisvane Men's Shed continues to support other community groups including the Lisvane Christmas Fair, Lisvane Summer Fete, Low Intensity Functional Training (LIFT) classes, the Village Cinema night, Lisvane Coffee Ladies' charity coffee mornings and a talk to the Lisvane Over Fifties Club. Some of the shedders have been rejuvenated and joined the newly created group playing Walking Football at Lisvane Primary School field.



*Lisvane Village Walking Football*



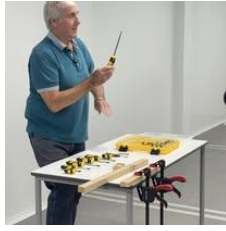
*Lisvane Coffee Ladies*

27. The Lisvane Coffee Ladies were nominated, by Lisvane Men's Shed, for a Cardiff 3<sup>rd</sup> Sector Council (C3SC) Award for volunteers. Shedders recognise the years of fundraising by the ladies and the continued work they undertake in raising thousands of pounds for a wide range of charities. Lisvane Men's Shed is humbled by being allowed to work with the Lisvane Coffee Ladies, on a few occasions, and congratulates them on being finalists for the award.

28. Along with the Lisvane Coffee Ladies, Lisvane Men's Shed raised £1,000 for the Grace Kelly Childhood Cancer Trust, a charity close to the heart of many local families.

29. Shedders undertook a personal collection and donated £151 to the Noah's Ark Children's Hospital Charity for their devotion to families and children who are victims of cancer.





30. A group of shedders were asked to assist in the making of a series of online community training videos by Sacyr, at the new Velindre Cancer Centre development, and consequently were invited to the launch of Sacyr's Community Platform and Tool Lending Programme, at the Senedd.



31. Following an approach by A Level student of Llanishen High School, Sophie Milner, Lisvane Men's Shed agreed to assist in mentoring her with her Welsh Baccalaureate project, "Impacting Society and the Environment." Sophie successfully submitted her written work, aided by the bug hotels she created utilising craft tools at the Shed.



32. A child's play kitchen was recovered by a shedder and after some renovation work, it was saved from heading to the dump. A great piece of recycling led to the toy kitchen being donated by Lisvane Men's Shed to Thornhill Primary School.



*Gwenno 1900*

33. When shedder, Dave Evans, recounted the history of a family heirloom, and how after 125 years it needed some repair, it was cleaned and lovingly restored while retaining its original character. The little stool had been given as a gift to commemorate the birth of baby Gwenno, in 1900. A small, discreet plaque was added to act as a family memorial for the little girl who was sadly taken by cholera at the age of 12 years.





34. A local lady asked a shedder if we could repair a 100-year-old mandolin. It seemed beyond us until one shedder called a friend, Richard Cross from Caerphilly. Richard is amazing. He repaired the mother of pearl inlay, cleaned the beautiful shell inlaid bird and renovated the whole instrument. The result was the saving of a beautiful instrument and heirloom. Evidence that the friendship of the Shed goes further than our shed walls.



35. Lisvane Men's Shed's integration in the community is further demonstrated by its now annual stand at the Lisvane Village Summer Fair. An extremely successful event saw a huge amount of interest by visitors to the stall, who kindly supported fund raising by purchasing some of the Shed's woodcraft sales. More importantly, it facilitated a great deal of face-to-face chat and more people learned about what the Men's Shed is.



Lisvane Summer Fete 2025

36. Friends of Coed Y Felin are facing a challenge with some of the signs that have marked access points to the loved woodland walks. A shedder had the privilege of restoring a sign on a piece of solid oak that has faced the weather and lichen over more than twenty years.



Before



After

37. The City Hospice was given a large, printed tapestry to be sewn by patients and their families in the Day Hospice. Shedder Mike Bloomfield was asked to make a wooden stretcher frame for the tapestry. Using reclaimed timber, he worked at home and at Cardiff & District Woodcraft Club to complete the frame before presenting it to Daycare Organiser, Deborah Ho.



## VISTS TO SHEDS



38. It is important for members and Lisvane Men's Shed, that shedders visit other Welsh, Men's Sheds. Such meetings expand friendships but also facilitate development by learning from the experiences of other men's sheds. It has been extremely worthwhile to study other sheds and see how they were created, how they have developed and how they have improved on the services they provide to shedders and local communities.

39. Members of Lisvane Men's Shed have visited the Dusty Shed in Ely, Caerau Men's Shed, near Maesteg, and The Good Shed in Splott.



## UK MEN'S SHED ASSOCIATION

40. Chris Griffiths was re-elected as a trustee of the UKMSA in July 2025 and attended the AGM and UKMSA Shedfest, in Worcester. As a trustee, he also attended the UKMSA Shed of the Year Awards at the Palace of Westminster and witnessed other Welsh Sheds, Caerau, Pontypridd and Rhyl, receive highly deserved awards. The highly commendable Lanfyllin and Blaenau Gwent sheds were both proud finalists.



UKMSA Shed of the Year Awards

41. Lisvane Men's Shed has renewed its annual membership of the national association, UKMSA.

## SHED ACTIVITIES

42. In addition to the events and contributions referred to elsewhere in this report, members of Lisvane Men's Shed have continued to contribute and participate to activities through the course of the year. For many, the most important thing is the social meetings, drinking tea or coffee around a table, while taking part in the chat and banter, enjoying hilarious laughter. A small number make things for fundraising at village fairs, etc, while some help with the raised beds at the allotment. Trips and outings call for planning and effort, which have led to several shedders stepping up to organise events.



43. The continued dedication of shedder Des Whittle in maintaining and running the Shed's allotment as well as ensuring a beautiful display of flowers in the planters at the front of the Shed. The planters have drawn numerous compliments from patrons of the Ty Mawr Inn.

44. The sharing of potatoes and other vegetables from the raised beds at the allotment has spread to members who, from their own gardens and allotments, distributed beans, courgettes, marrows, plumbs and other items to be shared among members.

45. Lisvane Men's Shed have displayed ornamental poppies at the Shed to remember those who lost their lives in world conflicts. In November 2024, Chris Griffiths and Phil Evans were invited to join representatives of other Welsh Sheds at the Royal British Legion Wales Festival of Remembrance at International Convention Centre in Newport. The evening was a very touching and moving experience.



RBL Wales Festival of Remembrance

46. The annual Shed Christmas Dinner at the landlord's Ty Mawr Inn, was a fantastic success again, with a spirit lifting evening, demonstrating what "shoulder to shoulder" is about. Shedders just want to have fun. A great turnout is anticipated at the next Christmas night out.





47. For some time, the tradition of birthday cakes being shared at Shed meetings has been welcomed by everyone. Some Shedders have shown their personal skills, with Mike Dean making a “Shed Cake” and Roger Marshall making the best Bara Brith in the country.



Toast Tuesday

48. A recent introduction to the Shed has been “Toast Tuesday.” This has proven to be successful with a great turnout for toast and jam or cheese. Proof that the way to a man’s heart is through his stomach.

49. Shedder Ian Philpot organised another annual Graig Walk. This hike to the top of the Caerphilly Mountain to appreciate the views over the Bristol Channel to the Somerset Coast, and the views North over Caerphilly, are uplifting.



Top of the Graig



Skittles

50. Shedders Jim Stagg and Gareth Owen arranged Skittles evenings at the Halfway Inn and the Birch Grove Inn, with between 16 and 19 shedders attending each occasion. Even though there were no “strikes” bowled, further nights are aimed to attack the nine pins.

## VISITORS TO THE SHED



Visit of Julie Morgan MS



51. From the outset of the establishment of the Lisvane Men's Shed, the support of elected representatives has been very evident.

52. The Shed has enjoyed frequent visits by Julie Morgan MS, and this year, the Shed was also able to welcome Anna McMorrin MP. We are grateful to them and look forward to the opportunity of receiving them again.



Visit of Anna McMorrin MP



53. Shedder, Mike Knight, organised a Sunday lunch at Llanishen Golf Club again this year, and it allowed shedders and partners to enjoy another opportunity of great company.

54. Representatives from the Royal British Legion (RBL) in Wales and the UK visited Lisvane Men's Shed. Members of the Shed, including veterans, learned a great deal about the support offered to ex-service men and women, as well as their families. The future should see the development of more supportive relationships between the UKMSA and the RBL.



55. A fascinating presentation, at the Shed, by John Evans of Cardiff University on brain research and MRI/CT scans. Members enjoyed an incredibly interesting session. An exceptional afternoon, John is the son of proud shedder, Dave Evans.



## LISVANE MEN'S SHED SONG

56. Lisvane Men's Shed's "Men's Shed Song," composed by singer and songwriter, Ian Shopland, is available to download and listen on YouTube, Spotify, Amazon Music and other media sites.

<https://youtu.be/GFws2UPmtAk?feature=shared>

<https://open.spotify.com/artist/0cVCPWCXK6wiDdJGTfe46i>



## WOODCRAFT

57. Steve Coles and Chris Griffiths made a number of birdhouses, flowerpot men, bug hotels and bat boxes, among other things, in aid of Shed funds during the course of the year.



## ANNUAL SUBSCRIPTIONS

58. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remain at £50/year.

## DONATIONS

59. Without the kindness of people and organisations looking to support Lisvane Men's Shed, the Shed would be unable to survive. The Shed is very grateful to Chris Counsell and the Matthew Good Foundation for supporting with a donation again this year that helped to cover running costs such as the annual insurance bill.

60. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.



Matthew Good Foundation

61. It is not only monetary donations that demonstrate people's belief in the ethos of Lisvane Men's Shed and recognition of what it is achieving for the community. Lisvane Men's Shed was so pleased to receive gifts from friends, of tea, coffee and biscuits, critical to our social get togethers at the shed.



## **GIFT AID**

62. Lisvane Men's Shed benefits from being registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations.

## **ANNUAL ACCOUNTS**

63. The Annual Accounts have been formalised and, although not required, the trustees have again agreed to have them independently examined as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

64. The Trustees continue to build a reserve of funds, restricted for funding any business continuity essential that may arise and to be utilised towards acquiring or building a second location for an expansion of the Shed. This reserve is referred to as the "New Building Fund."

65. The accounts are detailed below and the trustees record their gratitude for the extensive work undertaken by the treasurer.

## Lisvane Men's Shed

### Accounts for the Year Ended 31<sup>st</sup> August 2025

#### Receipts and Payments Account

|                                     | <u>Unrestricted</u>     | <u>Restricted</u>      | <u>Total</u>            | <u>Total</u>            |
|-------------------------------------|-------------------------|------------------------|-------------------------|-------------------------|
|                                     | <u>Funds</u>            | <u>Funds</u>           | <u>2024/25</u>          | <u>2023/24</u>          |
|                                     | <u>£</u>                | <u>£</u>               | <u>£</u>                | <u>£</u>                |
| <b><u>Receipts</u></b>              |                         |                        |                         |                         |
| Member subscriptions                | 1,350.00                | 0.00                   | 1,350.00                | 1,250.00                |
| Member donations                    | 803.50                  | 0.00                   | 803.50                  | 500.00                  |
| Other donations                     | 805.00                  | 0.00                   | 805.00                  | 800.00                  |
| Grants                              | 0.00                    | 0.00                   | 0.00                    | 1,000.00                |
| Craft sales and miscellaneous       | 711.84                  | 0.00                   | 711.84                  | 1,094.40                |
| Events                              | 0.00                    | 0.00                   | 0.00                    | 1,213.41                |
| Interest                            | 449.87                  | 0.00                   | 449.87                  | 249.41                  |
| Gift Aid                            | 305.08                  | 0.00                   | 305.08                  | 0.00                    |
| Social Fund                         | 0.00                    | 1,813.00               | 1,813.00                | 1,875.40                |
|                                     | <u>4,425.29</u>         | <u>1,813.00</u>        | <u>6,238.29</u>         | <u>7,982.62</u>         |
| <b><u>Payments</u></b>              |                         |                        |                         |                         |
| Shed supplies                       | 268.37                  | 0.00                   | 268.37                  | 378.05                  |
| Insurance                           | 603.41                  | 0.00                   | 603.41                  | 462.96                  |
| Web Hosting                         | 192.81                  | 0.00                   | 192.81                  | 134.27                  |
| Subscriptions                       | 40.00                   | 0.00                   | 40.00                   | 40.00                   |
| Social Fund                         | 0.00                    | 1,457.40               | 1,457.40                | 1,578.55                |
|                                     | <u>1,104.59</u>         | <u>1,457.40</u>        | <u>2,561.99</u>         | <u>2,593.83</u>         |
| <b>Net receipts /(payments)</b>     | <b>3,320.70</b>         | <b>355.60</b>          | <b>3,676.30</b>         | <b>5,388.79</b>         |
| Transfers between funds             | 246.60                  | -246.60                | 0.00                    | 0.00                    |
| Shed funds last year end            | 12,765.54               | 1,000.00               | 13,765.54               | 8,376.75                |
| <b>Shed funds at 31 August 2025</b> | <b><u>16,332.84</u></b> | <b><u>1,109.00</u></b> | <b><u>17,441.84</u></b> | <b><u>13,765.54</u></b> |

# Lisvane Men's Shed

## Accounts for the Year Ended 31<sup>st</sup> August 2025 (continued)

### Statement of Assets and Liabilities

|                              | <u>31.08.2025</u> | <u>01.09.2024</u> |
|------------------------------|-------------------|-------------------|
| <b>Assets</b>                | <u>£</u>          | <u>£</u>          |
| Bank current account         | 674.06            | 1,559.13          |
| Bank Deposit (35 day notice) | 6,394.09          | 12,206.41         |
| Bank Deposit (95 day notice) | 10,262.19         | 0.00              |
| Petty cash                   | 111.50            | 0.00              |
|                              | <u>17,441.84</u>  | <u>13,765.54</u>  |
| <br><i>Represented by:</i>   |                   |                   |
| <b>Restricted funds</b>      |                   |                   |
| Grants and Donations         | 1,000.00          | 1,000.00          |
| Social Fund                  | 109.00            | 0.00              |
| <b>Unrestricted funds</b>    |                   |                   |
| General Reserve              | 1,332.84          | 765.54            |
| New Building Fund            | 15,000.00         | 12,000.00         |
|                              | <u>17,441.84</u>  | <u>13,765.54</u>  |

The financial statements were approved by the Trustees on 4<sup>th</sup> September 2025 and are signed on their behalf by:



P Evans  
Treasurer



C Griffiths  
Chairman

### Independent Examiner's Statement

I have reviewed these accounts and found them in accordance with the records kept.

Signed

David L. Jones  
C.A.

Date

7<sup>th</sup> September  
2025

# Lisvane Men's Shed

## Accounts for the Year Ended 31<sup>st</sup> August 2025 (continued)

### Notes to the Accounts

1. Year end. Prior to the current year, accounts were made up to the 1<sup>st</sup> September each year. This has been changed for the current year to 31<sup>st</sup> August.

2. Accounting Policies

a. Basis of accounting. The accounts are prepared on a cash basis (receipts and payments) as permitted for small charities by The Charity Commission. Hence income raised in the past to purchase assets, including the shed containers, has been recognised in full in the year it was raised, along with the associated costs.

b. Fund accounting.

Unrestricted funds: These may be used at the discretion of the Trustees in furtherance of the objectives of the charity. The Trustees maintain a General Fund for day to day expenses and a New Building Fund in support of the longer term objective of acquiring a permanent home for the Shed.

Restricted funds: These are for specific purposes, as specified by a donor.

3. Movement on Shed Funds

|                                     | Total            | Unrestricted    |                   | Restricted         |             |
|-------------------------------------|------------------|-----------------|-------------------|--------------------|-------------|
|                                     |                  | General Reserve | New Building Fund | Donations & Grants | Social Fund |
|                                     | £                | £               | £                 | £                  | £           |
| <b>Balances at 2 September 2024</b> | <b>13,765.54</b> | 765.54          | 12,000.00         | 1,000.00           | 0.00        |
| Receipts & Payments Account         | <b>3,676.30</b>  | 3,320.70        | 0.00              | 0.00               | 355.60      |
| Transfer 1                          | -                | 246.60          | -                 | -                  | -246.60     |
| Transfer 2                          | -                | -3,000.00       | 3,000.00          | -                  | -           |
| <b>Balances at 31 August 2025</b>   | <b>17,441.84</b> | 1,332.84        | 15,000.00         | 1,000.00           | 109.00      |

**Transfer 1.** Social Fund to General Reserve. Shed social activities which involve participating members paying additional amounts (Christmas dinner, excursions etc) are accounted for through the Social Fund. Members have agreed that any surplus at year end may be transferred to the General Fund. At 31<sup>st</sup> August 2025 a transfer of £246.60 was made, leaving £109.00 to cover expenses for an event in September.

**Transfer 2.** General Reserve to New Building Fund (both unrestricted). Two transfers totalling £3,000 were approved at the Trustee meetings on 5<sup>th</sup> June and 4<sup>th</sup> September 2025. The Trustees review these reserves each quarter.

## CONCLUSION

66. This Annual Report is provided on behalf of the Trustees.

**Chris Griffiths**  
**Chair**  
**Lisvane Men's Shed**

Date 11<sup>th</sup> September 2025

***"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..."***

(Men's Sheds Cymru)

Useful references:

Email: [info@lisvanemensshed.co.uk](mailto:info@lisvanemensshed.co.uk)  
Website: <https://www.lisvanemensshed.co.uk>  
Facebook: [Facebook](#)  
Lisvane Men's Shed Song [The Men's Shed Song - YouTube](#)  
UKMSA: [www.menssheds.org.uk](http://www.menssheds.org.uk)  
Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)

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## TRIBUTES



It is with great sadness that we record the passing of a loyal shedder and dear friend, Dave Williams.  
Dave's passing was sudden and a great loss to his wife Catherine and their family.  
Loved by everyone, his humour, friendship and insistence on doing everything for everyone, has meant he will  
be forever missed by all who knew him.

Rest in Peace Dave. ❤️



It's with great sadness that we acknowledge the passing of our shedder and dear friend, Mike Adams.  
A quiet and reserved gentleman who never missed anything that was going on.  
He sat with a wry smile at the cheeky banter shared in the Shed.  
A genuinely lovely man for whom we will always hold a place in our hearts.

Rest in Peace Mike. ❤️

.....

## QUOTATIONS

*"Thank you. The shed has given him (husband) his life back."*

*"When I joined the Shed, I didn't think I needed it...Now, I know I need the shed."*

*"There is a need for more sheds."*

*"... lovely atmosphere of warmth and friendship ..." (Visitor)*

*"When my wife died, I spent a year in the wilderness ... The shed saved me."*

*"If it wasn't for the shed, I would be stuck without being able to do anything."*

*"I laugh so much in the shed that it hurts ..."*

*"Long live Lisvane Men's Shed and long live its members."*

*"We're indispensable!" – (laughing response) "No we're not! There's a waiting list."*

**LISVANE MEN'S SHED**

England & Wales - Charity number 1196824

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# Accounts

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LISVANE MEN'S SHED

CHARITY NUMBER 1196824

ANNUAL REPORT

2023/24



When small children think they don't have enough money for a bird box and then find out that they do.

## INTRODUCTION

1. Lisvane Men's Shed's third year has seen the Shed grow in strength and community feedback has been very supportive of how Lisvane Men's Shed has quickly become regarded as an integral part of the local community.
2. This Annual Report is extremely positive in recounting some achievements of our third year as a Men's Shed and a charity registered with the Charity Commission UK. Going forward, it addresses some aims of the charity in ensuring it develops its business continuity plan and its future resilience to continue providing a charitable facility that serves the mental health and wellbeing of local men.
3. Lisvane Men's Shed strives to combat depression, isolation, loneliness and male suicide, as well as providing respite and support for partners and families. The Shed is a happy place and has witnessed extended friendships, camaraderie and support provided by members, while standing *"Shoulder to Shoulder."*
4. As a Charitable Incorporated Organisation (CIO), the trustees commend the 3<sup>rd</sup> Annual Report of Lisvane Men's Shed to the membership.

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5. *"At every ... annual general meeting of the members of the Charitable Incorporated Organisation (CIO), one third of the elected charity trustees shall retire from office." "The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment."* (Constitution, Clause 13 (b), (c)). They are eligible for reappointment (Constitution, Clause 16 T&Cs apply).
6. At the AGM held on 30 October 2023, Graham Canning and Ian Philpot retired as trustees. Their commitment and support as founder members of Lisvane Men's Shed were recorded and their efforts acknowledged with considerable gratitude. Chris Griffiths was re-elected by the membership to continue as a trustee and appointed by the trustees as the Chair.
7. James Stagg and Desmond Whittle were elected as new trustees.

8. The trustees for 2023/24 were:

- Colin Passmore
- Christopher Griffiths
- Michael Knight
- Stephen Coles
- Philip Evans
- Stephen Evans
- James Stagg
- Desmond Whittle

9. Colin Passmore, Michael Knight and Stephen Coles have intimated they will stand down as trustees and stand for re-election at the forthcoming AGM. In addition, another Shed member, Roger Marshall has indicated a preparedness to stand for election as a trustee.

10. To have progressed as strongly as Lisvane Men's Shed, it has been essential to have had the support and oversight provided by the trustees. The trustees are viewed as an experienced and knowledgeable group, creating a strong team to take the Shed forward in the coming year. The commitment of the volunteer charity trustees in overseeing and managing ongoing progress and growth is appreciated by all the Shed members.

#### **OFFICE BEARERS**

11. The trustee nominated office bearers are:

- Chris Griffiths – Chair
- Stephen Coles – Secretary
- Philip Evans – Treasurer

#### **HONORARY MEMBERSHIP**

12. Lisvane Men's Shed has three Honorary Members:

- Philip Husband
- Matt McCormack
- Rebecca Boucher



*Shoulder to Shoulder*

#### **MEMBERSHIP**

13. Lisvane Men's Shed's membership increased from 22 to 25 and there is currently a waiting list of around 15. The continued success of the Shed and the number of shedders on the waiting list demonstrates a greater local need. The new members have reported that they are enjoying the camaraderie, fun and laughter that comes with being a member of Lisvane Men's Shed.

14. The limited accommodation and the one-day a week meeting restriction continues to be a limiting factor on the feasibility of further increasing the membership. Lisvane Men's Shed is striving to develop the opportunities for more people by developing its Business Continuity Plan and extending its activities by being involved in community events, community classes, social activities and excursions to places of interest.

## COMMUNITY PARTICIPATION

15. To increase opportunities to involve Shed members and occupy their time, Lisvane Men's Shed has supported other community activities aimed at alleviating community need, including participating in the Lisvane Wellbeing afternoon, Lisvane Christmas Fair, Lisvane Summer Fete, Low Intensity Functional Training (LIFT) classes at the Old School Community Centre, the Village Cinema night and a presentation to St Denys' Church Community Lunch. The chair visited the Dusty Shed in Ely and also attended Pontypridd Shedfest and the UK Men's Sheds Association Shedfest in Worcester.



16. Lisvane Men's Shed is established as a community organisation and is experiencing tremendous community support. The Shed is fortunate to enjoy an excellent relationship with Lisvane Community Council, Lisvane Community Association, elected representatives, the Lisvane Link and numerous groups in the village. In return, there is a drive to continue to raise public awareness of the true value of men's sheds in combating male loneliness, isolation and depression.



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## NIGHT AT THE OPERA



18. An incredible night was held at the Memorial Hall with Lisvane Men's Shed hosting the outstanding performance of "Shoulder to Shoulder" by Swansea City Opera. The sellout show saw the audience experience beautifully scripted narratives around the challenges relating to loss, depression, isolation and the value of men's sheds in combating these difficulties. A sometimes-humorous act but overall, a very moving evening. One local audience member said,

***"I cried, I laughed and I cried. Exactly what I (as a man) was not supposed to do."***

19. Lisvane Men's Shed not only facilitated a different medium to explain the ethos of the Men's Shed movement to the community but it also aided Swansea City Opera in its aim to bring the experience of opera to people who had not previously had such an opportunity. Over 100 people were in attendance and the performance was supported by the village's choir, Llysfan Singers.



## SHED EVENTS

20. The list of many things going on around shedders is just too much to report but here is a taster:



*Clock repaired*



*Bench repair in progress*



*Schoolboy 75 yr- old project repaired*



21. The Shed is lucky to have a Volunteer First Responder among its members, Roger Marshall. Roger provided Resuscitation and Defibrillator training at the shed. This valuable input was extended to a training session for wives and partners.

22. A guided tour of Lisvane and Llanishen Reservoirs not only brought home the great facility on our doorstep but was educational with Shedders learning about the rare Waxcap fungi and understanding the absolute need to keep off the grass and keep to the footpaths.



23. An excursion to the Morgan Factory ticked a bucket list item for many shedders. Enjoyed by all, no one came back with a Morgan car but Dave Williams could not resist putting his years in engineering to design and build his own model.



24. A tour of the Cardiff Model Engineering Society at Heath Park saw the Shed's former engineers relish the mechanical side while some shedders were there "for the ride."

25. Visitors to the Shed included RNIB Cymru & Guide Dogs Cymru. Shedders not only enjoyed meeting guide dogs, Uri and Toby, but also learned about fostering and met "apprentice," Yolanda.

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27. Steve Jones of ICE Engineering Works gave a presentation on the Brunel Bridge, Pontypridd Bridge and some famous engineering feats.
28. Following a demo session in Low Impact Fitness Training, 8 shedders regularly attend Sharlene's Wednesday afternoon class at the Old School Community Centre.
29. Susanna Tee provided a session on Mindfulness with techniques on relaxation and coping with stress.



30. Shedders enjoy its annual Christmas Meal, social evenings and the Christmas Quiz at the Ty Mawr Inn, as part of its fundraising. Shedders contributed personally and a donation was made to Guide Dogs Cymru.



31. Presentations were given at the shed by members, based on their personal experiences. Roger Marshall gave an interesting presentation on his trip to the "Amazon" and Mike Bloomfield spoke on the development of the "City Hospice" and gave a craftwork session on "Lino Printing."



*Tuition on lathe at Axminster's Store*

32. Some woodworkers in the Shed attended training sessions at Axminster Tools Cardiff Store and also received machine use training at the Shed.

33. Despite a wet year, some shedders made the allotment work for them, growing carrots, potatoes, marrows etc.



*Swapping a marrow for chutney*

### LISVANE MEN'S SHED SONG



34. One of our talented shedders includes singer and songwriter, Ian Shopland, who composed our own "Men's Shed Song." The song is available to download and listen on YouTube, Spotify, Amazon Music and other media sites.

<https://youtu.be/GFws2UPmtAk?feature=shared>

<https://open.spotify.com/artist/0cVCPWCXK6wiDdJGTfe46i>

35. Shedders have enjoyed the chance of singing our story and were fortunate to be supported by the Llysfaen Singers at the Lisvane Village Fete and honoured to be invited to sing at the Llysfaen Singers annual concert. People have found it to be very uplifting.

### **C3SC – CARDIFF THIRD SECTOR COUNCIL NOMINATION**

36. Chris Griffiths, Chair and founding member of Lisvane Men’s Shed, was nominated for a C3SC Award for volunteers. Shortlisted in recognition of his services and dedication to the Shed and its members, he said that he was “... more pleased that Lisvane Men’s Shed has been highlighted for its growth and success in meeting the needs of local men.”

### **UK MEN’S SHEDS ASSOCIATION**

37. Lisvane Men’s Shed has renewed its membership of the national association, UKMSA. The association aims to promote the shed movement, nationally, and lobby groups and the government on male health. The chair of UKMSA, Rob Lloyd, visited Lisvane Men’s Shed and enjoyed meeting members.

### **TRUSTEE OF UK MEN’S SHEDS ASSOCIATION**

38. With the approval of the members of Lisvane Men’s Shed, Chris Griffiths accepted his appointment to the Board of UKMSA. He hopes to focus on the interests of Welsh men’s sheds.

### **LANDLORD**

39. Lisvane Men’s Shed are pleased to express its gratitude to the landlord, Marston’s Limited, for continuing to provide a home for the charity. A site for the Shed’s container cabin at the south end of the car park of the Ty Mawr Inn has proven to be a remarkable success. Indeed, shed members and their families frequently return the favour by using the Ty Mawr Inn for family meals and social occasions.



40. The management and staff have made it clear that they and Marston’s Limited are happy to continue to provide its support for the Lisvane Men’s Shed charity and the local community.

41. Lisvane Men’s Shed has welcomed the new manager, Mike Harmon, who has reiterated his support for the Shed and the continuation of the allotment facility for the Shed and other locals.

### **FAREWELL TO MATT & REBECCA**



42. It has been sad to see Matt McCormack and Rebecca Boucher move on to pastures new from the Ty Mawr Inn. They have been great friends of Lisvane Men’s Shed and if it wasn’t for their belief in the Men’s Shed and their determination to give back to the community, the Shed would have continued to struggle to find a home or to grow. Lisvane Men’s Shed will always be grateful to them and will always hold a place in their hearts for Matt and Rebecca, who are Honorary Members of the Shed.

## **BUSINESS CONTINUITY AND DEVELOPMENT**

43. A very successful year has seen the membership and the waiting list grow. It is obvious that the waiting list would grow further if there was a reasonable chance of the size of the shed growing. It is both disappointing and frustrating that growth and numbers are severely limited by the size of the accommodation and the terms of the lease only permitting the shed to be opened one day a week. The landlord has been flexible in allowing shedders access to undertake maintenance and some woodwork on additional ad hoc days. However, the waiting list is revealing that the demand is much bigger and there are so many more local men and their families with the need to be supported.
44. Sound management of the charity requires a Business Continuity Plan to prepare contingencies to be undertaken in the event of any serious issue that might impose risk on the running and future of Lisvane Men's Shed. Risk Assessments are being undertaken to counter threats of such things as fire, vandalism, lease cessation, loss of office bearers, etc.
45. In addition, a Business Development Plan also needs to be established, alongside the Business Continuity Plan, which examines the opportunity to expand the shed and its service to the community. In this regard, to overcome the limitations on facilities, the trustees have established a working group to identify an "additional" site that would ensure continuation in the event of any disaster and to facilitate expansion of opportunities, services and membership. It must be stressed that Lisvane Men's Shed wishes to retain its place at the Ty Mawr Inn, in the long term and beyond the term of the current 5-year lease, which has less than 4 years to run. Additional premises are aimed at expansion and not replacing the current premises.
46. The Trustees have agreed to build a reserve of funds, restricted for funding any business continuity essential that may arise and to be utilised towards acquiring or building a second location for an expansion of the Shed. For the sake of clarity, the trustees decided this reserve should be a "New Building Fund."

## **ANNUAL SUBSCRIPTIONS**

47. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remain at £50/year.

## **DONATIONS**

48. Acknowledgement is made of Lisvane Community Council and Lisvane Community Association's continued support through grant applications in favour of purchasing woodworking routers and accessories, as well as transport for excursions. These grants are restricted funds and will be expenditures in the new financial year.
49. Further thanks are recorded to Bay Shipping and Matthew Goode Foundation, as well as St Denys' Church, for their donations.
50. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.

## GIFT AID

51. Lisvane Men's Shed has registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations. This continues to benefit the shed.

## ANNUAL ACCOUNTS

52. The Annual Accounts have been formalised and, although not required, the trustees have decided to have them audited as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

## Accounts for the Year Ended 1<sup>st</sup> September 2024

### Receipts and Payments - Year Ended 1 September 2024

| <b>Payments</b>                   | £               | <b>Receipts</b>                    | £               |
|-----------------------------------|-----------------|------------------------------------|-----------------|
| Shed Running Costs                | 1,015.28        | Member Subscriptions               | 1,250.00        |
| Shed Social Events                | 106.75          | Donations & Grants - Restricted    | 1,000.00        |
|                                   |                 | Donations & Grants - Unrestricted  | 1,703.60        |
| Surplus of Receipts over Payments | 5,388.79        | Other Income Generating Activities | 2,307.81        |
|                                   |                 | Interest                           | 249.41          |
|                                   | <u>6,510.82</u> |                                    | <u>6,510.82</u> |

### Financial Position as at 1st September 2024

| <b>Assets</b>        | £                | <b>Funds and Reserves</b> | £                |
|----------------------|------------------|---------------------------|------------------|
| Bank Current Account | 1,559.13         | <u>Restricted Funds</u>   | 1,000.00         |
| Bank Deposit Account | 12,206.41        |                           |                  |
|                      |                  | <u>Unrestricted Funds</u> |                  |
|                      |                  | New Building Fund         | 12,000.00        |
|                      |                  | General Reserve           | 765.54           |
|                      | <u>13,765.54</u> |                           | <u>13,765.54</u> |

### Statement of Movement on Shed Funds - Year Ended 1st September 2024

|                                | <u>Total</u>     | <u>Restricted</u> | <u>Unrestricted</u> | <u>Unrestricted</u> |
|--------------------------------|------------------|-------------------|---------------------|---------------------|
|                                |                  |                   | New Building        | General             |
|                                | £                | £                 | Fund                | Reserve             |
|                                |                  |                   | £                   | £                   |
| Shed Funds at 2 Sep 2023 b/fwd | <b>8,376.75</b>  | 0.00              | 7,190.43            | 1,186.32            |
| Movement in Year               | <b>5,388.79</b>  | 1,000.00          | 4,809.57            | -420.78             |
| Shed Funds at 1 Sep 2024 c/fwd | <b>13,765.54</b> | 1,000.00          | 12,000.00           | 765.54              |

## CONCLUSION

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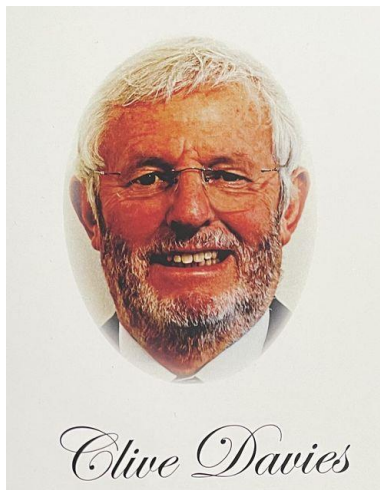
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## TRIBUTE



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Useful references:

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<https://youtu.be/GFws2UPmtAk?feature=shared>

<https://open.spotify.com/artist/0cVCPWCXK6wiDdJGTfe46i>

35. Shedders have enjoyed the chance of singing our story and were fortunate to be supported by the Llysfaen Singers at the Lisvane Village Fete and honoured to be invited to sing at the Llysfaen Singers annual concert. People have found it to be very uplifting.

### **C3SC – CARDIFF THIRD SECTOR COUNCIL NOMINATION**

36. Chris Griffiths, Chair and founding member of Lisvane Men’s Shed, was nominated for a C3SC Award for volunteers. Shortlisted in recognition of his services and dedication to the Shed and its members, he said that he was “... more pleased that Lisvane Men’s Shed has been highlighted for its growth and success in meeting the needs of local men.”

### **UK MEN’S SHEDS ASSOCIATION**

37. Lisvane Men’s Shed has renewed its membership of the national association, UKMSA. The association aims to promote the shed movement, nationally, and lobby groups and the government on male health. The chair of UKMSA, Rob Lloyd, visited Lisvane Men’s Shed and enjoyed meeting members.

### **TRUSTEE OF UK MEN’S SHEDS ASSOCIATION**

38. With the approval of the members of Lisvane Men’s Shed, Chris Griffiths accepted his appointment to the Board of UKMSA. He hopes to focus on the interests of Welsh men’s sheds.

### **LANDLORD**

39. Lisvane Men’s Shed are pleased to express its gratitude to the landlord, Marston’s Limited, for continuing to provide a home for the charity. A site for the Shed’s container cabin at the south end of the car park of the Ty Mawr Inn has proven to be a remarkable success. Indeed, shed members and their families frequently return the favour by using the Ty Mawr Inn for family meals and social occasions.



40. The management and staff have made it clear that they and Marston’s Limited are happy to continue to provide its support for the Lisvane Men’s Shed charity and the local community.

41. Lisvane Men’s Shed has welcomed the new manager, Mike Harmon, who has reiterated his support for the Shed and the continuation of the allotment facility for the Shed and other locals.

### **FAREWELL TO MATT & REBECCA**



42. It has been sad to see Matt McCormack and Rebecca Boucher move on to pastures new from the Ty Mawr Inn. They have been great friends of Lisvane Men’s Shed and if it wasn’t for their belief in the Men’s Shed and their determination to give back to the community, the Shed would have continued to struggle to find a home or to grow. Lisvane Men’s Shed will always be grateful to them and will always hold a place in their hearts for Matt and Rebecca, who are Honorary Members of the Shed.

## **BUSINESS CONTINUITY AND DEVELOPMENT**

43. A very successful year has seen the membership and the waiting list grow. It is obvious that the waiting list would grow further if there was a reasonable chance of the size of the shed growing. It is both disappointing and frustrating that growth and numbers are severely limited by the size of the accommodation and the terms of the lease only permitting the shed to be opened one day a week. The landlord has been flexible in allowing shedders access to undertake maintenance and some woodwork on additional ad hoc days. However, the waiting list is revealing that the demand is much bigger and there are so many more local men and their families with the need to be supported.
44. Sound management of the charity requires a Business Continuity Plan to prepare contingencies to be undertaken in the event of any serious issue that might impose risk on the running and future of Lisvane Men's Shed. Risk Assessments are being undertaken to counter threats of such things as fire, vandalism, lease cessation, loss of office bearers, etc.
45. In addition, a Business Development Plan also needs to be established, alongside the Business Continuity Plan, which examines the opportunity to expand the shed and its service to the community. In this regard, to overcome the limitations on facilities, the trustees have established a working group to identify an "additional" site that would ensure continuation in the event of any disaster and to facilitate expansion of opportunities, services and membership. It must be stressed that Lisvane Men's Shed wishes to retain its place at the Ty Mawr Inn, in the long term and beyond the term of the current 5-year lease, which has less than 4 years to run. Additional premises are aimed at expansion and not replacing the current premises.
46. The Trustees have agreed to build a reserve of funds, restricted for funding any business continuity essential that may arise and to be utilised towards acquiring or building a second location for an expansion of the Shed. For the sake of clarity, the trustees decided this reserve should be a "New Building Fund."

## **ANNUAL SUBSCRIPTIONS**

47. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remain at £50/year.

## **DONATIONS**

48. Acknowledgement is made of Lisvane Community Council and Lisvane Community Association's continued support through grant applications in favour of purchasing woodworking routers and accessories, as well as transport for excursions. These grants are restricted funds and will be expenditures in the new financial year.
49. Further thanks are recorded to Bay Shipping and Matthew Goode Foundation, as well as St Denys' Church, for their donations.
50. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.

## GIFT AID

51. Lisvane Men's Shed has registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations. This continues to benefit the shed.

## ANNUAL ACCOUNTS

52. The Annual Accounts have been formalised and, although not required, the trustees have decided to have them audited as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

## Accounts for the Year Ended 1<sup>st</sup> September 2024

### Receipts and Payments - Year Ended 1 September 2024

| <b>Payments</b>                   | £               | <b>Receipts</b>                    | £               |
|-----------------------------------|-----------------|------------------------------------|-----------------|
| Shed Running Costs                | 1,015.28        | Member Subscriptions               | 1,250.00        |
| Shed Social Events                | 106.75          | Donations & Grants - Restricted    | 1,000.00        |
|                                   |                 | Donations & Grants - Unrestricted  | 1,703.60        |
| Surplus of Receipts over Payments | 5,388.79        | Other Income Generating Activities | 2,307.81        |
|                                   |                 | Interest                           | 249.41          |
|                                   | <u>6,510.82</u> |                                    | <u>6,510.82</u> |

### Financial Position as at 1st September 2024

| <b>Assets</b>        | £                | <b>Funds and Reserves</b> | £                |
|----------------------|------------------|---------------------------|------------------|
| Bank Current Account | 1,559.13         | <u>Restricted Funds</u>   | 1,000.00         |
| Bank Deposit Account | 12,206.41        |                           |                  |
|                      |                  | <u>Unrestricted Funds</u> |                  |
|                      |                  | New Building Fund         | 12,000.00        |
|                      |                  | General Reserve           | 765.54           |
|                      | <u>13,765.54</u> |                           | <u>13,765.54</u> |

### Statement of Movement on Shed Funds - Year Ended 1st September 2024

|                                | <u>Total</u>     | <u>Restricted</u> | <u>Unrestricted</u> | <u>Unrestricted</u> |
|--------------------------------|------------------|-------------------|---------------------|---------------------|
|                                |                  |                   | New Building        | General             |
|                                | £                | £                 | Fund                | Reserve             |
|                                |                  |                   | £                   | £                   |
| Shed Funds at 2 Sep 2023 b/fwd | <b>8,376.75</b>  | 0.00              | 7,190.43            | 1,186.32            |
| Movement in Year               | <b>5,388.79</b>  | 1,000.00          | 4,809.57            | -420.78             |
| Shed Funds at 1 Sep 2024 c/fwd | <b>13,765.54</b> | 1,000.00          | 12,000.00           | 765.54              |

## CONCLUSION

53. This Annual Report is provided on behalf of the Trustees.

**Chris Griffiths**  
**Chair**  
**Lisvane Men's Shed**

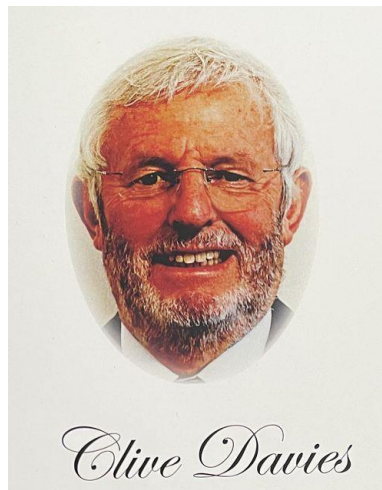
Date 21<sup>st</sup> September 2024

***"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..."***

(Men's Sheds Cymru)

\*\*\*\*\*

## TRIBUTE



It is with great sadness that we record the passing of a loyal Shedder and friend, Clive Davies. Clive succumbed to a lengthy illness, a great loss to his sister, extended family and to his friends at Lisvane Men's Shed. Clive's humour, camaraderie and loyal support is greatly missed.

Useful references:

Email: [info@lisvanemensshed.co.uk](mailto:info@lisvanemensshed.co.uk)  
Website: <https://www.lisvanemensshed.co.uk>  
Facebook: [Facebook](#)  
Lisvane Men's Shed Song: [The Men's Shed Song - YouTube](#)  
UKMSA: [www.menssheds.org.uk](http://www.menssheds.org.uk)  
Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)

**LISVANE MEN'S SHED**

England & Wales - Charity number 1196824

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# Accounts

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**LISVANE MEN'S SHED**

**CHARITY NUMBER 1196824**

**ANNUAL REPORT 2022/23**

## **INTRODUCTION**

1. Lisvane Men's Shed enjoyed a very successful second year as a Charitable Incorporated Organisation (CIO) and has entered its third year in a very strong position. This is Lisvane Men's Shed's second Annual Report and is commended by the trustees to the membership.



2. Lisvane Men's Shed has rapidly become an established group and has consolidated its position in the community, attracting considerable support from local people and other community groups. The trustees and members of Lisvane Men's Shed can look forward to a bright and solid future.

***"Thank you. The shed has given him (husband) his life back."***

## **MEMBERSHIP AND COMMUNITY NEED**

3. Lisvane Men's Shed's membership grew quickly, from the 6 founding members to 22 with a waiting list. This is a sign of the success of the Shed and, importantly, demonstrates a greater local need to combat social isolation, loneliness and depression. Member feedback is repeatedly complimentary and supportive of the progress of the Shed in providing emotional support, companionship, mental wellbeing and meaningful occupation. All this is met through tea, chat and laughter.

***“When I joined the Shed, I didn’t think I needed it...Now, I know I need the shed.”***

4. The trustees and members are acutely aware of the limited accommodation and the one-day a week meeting restriction has on membership. To counter this, Lisvane Men’s Shed has supported other community activities aimed at alleviating community need, including participating in Cardiff Council’s Independent Living event at Llanishen Recreation Centre and the Community Council Wellbeing Day at Lisvane Old School Community Centre. Every opportunity is taken to encourage representatives of surrounding areas to consider the need for sheds in every community.



5. The trustees have recently decided to increase the membership by a further 3, to 25 members, and encourage other opportunities to develop the Shed involvement, out with its current location.

***“There is a need for more sheds.”***

## **TRUSTEE APPOINTMENTS**

6. The last AGM, being the first, saw the required retiral of all 6 of the founding trustees and the re-election by the members of the following charity trustees:
- Colin Passmore (First appointment 21 June 2021. Last appointment 26 September 2022)
  - Christopher Griffiths (First appointment 21 June 2021. Last appointment 26 September 2022)
  - Michael Knight (First appointment 21 June 2021. Last appointment 26 September 2022)
  - Graham Canning (First appointment 21 June 2021. Last appointment 26 September 2022)
  - Ian Philpot (First appointment 21 June 2021. Last appointment 26 September 2022)
7. In addition, the following charity trustees were elected:
- Stephen Coles (First appointment 26 September 2022)
  - Philip Evans (First appointment 26 September 2022)
  - Stephen Evans (First appointment 26 September 2022)
8. *“At every ... annual general meeting of the members of the Charitable Incorporated Organisation (CIO), one third of the elected charity trustees shall retire from office.” “The charity trustees to retire by rotation shall be those who have been longest in office since their last appointment or reappointment.”* (Constitution, Clause 13 (b), (c)). They are eligible for reappointment (Constitution, Clause 16 T&Cs apply).
9. For any organisation to be created and developed to a self-sustaining entity, it requires the support and oversight provided by trustees. The continued perseverance of the volunteer charity

trustees in overseeing and managing ongoing development of the Shed is appreciated by all the Shed members.

10. The gratitude of members is particularly extended to Graham Canning and Ian Philpot, two founding members who, after adding to the strength of the shed management, have elected to retire as trustees and to continue to enjoy being “shedders.”
11. The third trustee to stand down is Chris Griffiths, who has played a major part in the establishing of Lisvane Men’s Shed. He has intimated that he will stand for re-election as a trustee, by the membership at the next AGM (see Para 14).

## **OFFICE BEARERS**

12. Thanks are extended to Colin Passmore who is standing down as the Chair. Colin, a founding member, accepted the position of Chair and has fulfilled the position for the last two years, with a determination to support the organisational structure of the shed in moving forward. The Shed will benefit further from his support as he continues as a trustee.
13. Thanks are also extended to Michael Knight who is standing down as Treasurer. Mike, a founding member, took on the role of Treasurer and developed the financial structure essential to the efficiency of the charity, leading to a solid foundation for the future of the shed. The Shed will benefit further from his support as he continues as a trustee.
14. At the trustees’ meetings of 3<sup>rd</sup> August 2023, Chris Griffiths was elected as Chair, depending on his re-election as a trustee (as reported in Para. 11) at the forthcoming Annual General Meeting. Stephen Coles was elected as Secretary, as of the forthcoming AGM.
15. At the trustees’ meetings of 19<sup>th</sup> October 2023, Philip Evans was elected as Treasurer, as of the forthcoming AGM.

## **HONORARY MEMBERSHIP**

16. Trustees and members were delighted to present honorary membership to three people who have been so supportive and instrumental in assisting the establishment of Lisvane Men’s Shed’s.
17. At the Official Opening Ceremony of the Shed (See Para 18 below), the Chair, Colin Passmore, presented Certificates of Honorary Membership to Matt McCormack and Rebecca Boucher, of the Ty Mawr Inn, in recognition of the continued warm welcome, support and hosting of the Shed. In addition, a Certificate of Honorary Membership was awarded to Philip Husband, who has repeatedly volunteered support and contributed significantly to the creation and rapid development of the Shed, accessibility ramp and allotment raised beds.



## OFFICIAL OPENING

18. Monday 20<sup>th</sup> March saw the Official Opening of Lisvane Men's Shed and gave members the opportunity to acknowledge those that have contributed and supported the creation and development of the Shed. The event was a great success with some 30 community guests and drew complimentary feedback.



*"... lovely atmosphere of warmth and friendship ..."*



## UKMSA AWARD



19. Chris Griffiths, Secretary and founding member of Lisvane Men's Shed, was shortlisted for the UK Men's Shed Association (UKMSA) Award as the Volunteer of the Year. He attended a ceremony at The Palace of Westminster on 23<sup>rd</sup> May 2023. Although he did not win the award, he was presented with the UKMSA Chairman's Award in recognition of his services and dedication.

*"I'm only here for the sandwiches."*

## MEMBERSHIP OF UK MEN'S SHEDS ASSOCIATION

20. Lisvane Men's Shed, like most men's sheds in the UK, is a completely independent organisation, accountable to its members. It adopted a voluntary and condition-less affiliation to Men's Sheds Cymru, a "project" of the housing association Hafan Cymru. Hafan Cymru changed its name to Stori before terminating the project supporting men's sheds in Wales. Their subsequent negotiations with UK Men's Shed Association led to the UKMSA acquiring the branding of Men's Shed Cymru.

21. Lisvane Men's Shed is a member of the UKMSA and hopes to enjoy benefits from the association, including the sharing of information, guidance and being affiliated to a UK wide fraternity of men's sheds.

## TRUSTEE OF UK MEN'S SHEDS ASSOCIATION

22. Following an approach to Chris Griffiths, of Lisvane Men's Shed, to consider being nominated as a trustee of UKMSA, the members of Lisvane Men's Shed supported his name being put forwarded. The Board of UKMSA appointed Chris Griffiths and the position was ratified at the AGM of the UKMSA. He hopes to focus on the interests of Welsh men's sheds.

## PROGRESS AND DEVELOPMENT

23. Year two has been very successful for Lisvane Men's Shed. A sustained membership of 22 and a waiting list of local men wishing to join the Shed, along with an improvement of facilities.

*"When my wife died, I spent a year in the wilderness ... The shed saved me."*

24. The new raised beds in the allotment provide a gardening facility for those who have physical challenges. The quality of the raised beds should provide years of low maintained service for Shedders. Potting benches, built by shedders, were placed in the polytunnel for use by the wider allotment community.



25. Shed members have enthusiastically grown potatoes, carrots, tomatoes, courgettes, marrows and herbs.



26. The purpose-built ramp installed at the rear of the shed provides an essential emergency exit and access for less able people, including wheelchair users.



27. One of the shedders, Ian Shopland, or Shoppo to his friends, composed a song to celebrate the creation of Lisvane Men's Shed with lyrics based on "**friendship and laughter.**" It can be found at the following link [The Men's Shed Song - YouTube](#) or by searching "**The Men's Shed Song**" on YouTube. The song captures the whole spirit of the Men's Shed along with the story of Lisvane Men's Shed.
28. The landlord, Marston's PLC, have issued a 5-year lease to Lisvane Men's Shed providing terms of tenancy. Trustees are developing a Business Continuity Strategy to ensure the long-term functioning of the Shed.

***"If it wasn't for the shed, I would be stuck without being able to do anything."***

## EVENTS

29. In addition to social evenings attended by shed members, excursions saw many shedders participating in a tour of BBC Cymru Wales New Broadcasting House, a day trip on the Paddle Steamer Waverley and a hike over the Graig. Several further excursions are in the planning.
30. Almost all members attended a Christmas Meal at the Ty Mawr Inn, and after what was an enjoyable fun night, it is now part of the annual calendar of events.
31. Presentations were given at the shed by members, based on their personal experiences. Ian Philpot spoke on "*Family History*" outlining genealogical research and Neil McBroom delivered a presentation on "*Responding to a Heritage: A Sailing Adventure.*"
32. Visitor presentations included Care and Repair Cardiff & Vale, Professor John Staffurth on Prostate Cancer and Chair Yoga with Mo from Yogamo.



## COMMUNITY PARTICIPATION



33. Lisvane Men's Shed is established as a community organisation and experiencing tremendous community support. In return, and in an endeavour to raise public awareness of the ethos of men's sheds in combating male loneliness, isolation and depression, Lisvane Men's Shed has participated in local events, including Cardiff Council Independent Living Wellbeing Day, Lisvane Community Council's Wellbeing Day, Lisvane Christmas Fair and Lisvane Summer Fair.

*"I laugh so much in the shed that it hurts ..."*



34. Some members attended the Green Wood Working Course and volunteered with the Down To Earth Project to build picnic benches and a Round House in the grounds of the Velindre Cancer Centre.



35. One member has attended several free courses with Axminster Tools Cardiff, to develop his skills in woodturning, wood carving, scroll saw work and other techniques.

36. Plans are in hand to arrange in-shed training and familiarisation to facilitate working with shed woodworking equipment.

37. Lisvane Men's Shed were commissioned to make 6 bird boxes for St Denys Church, in Lisvane. In addition, a bug hotel and bird boxes were donated for fund raising events run by other community groups, including Latch Welsh Children's Cancer Charity, Lisvane Community Association, Llysfaen Singers and Cardiff Breakfast Rotary Club.



## FIRST AID

38. Three members have been certified as First Aiders following training with the British Red Cross.

## ANNUAL SUBSCRIPTIONS

39. Lisvane Men's Shed individual subscriptions, to meet running costs like insurance etc., remained at £50/year.

## DONATIONS

40. Donors are recorded in the Register of Donors. Further details are recorded in the Annual Financial Statement and Annual Return submitted to the Charity Commission UK.

## GIFT AID

41. Lisvane Men's Shed has registered for Gift Aid with HMRC, which applies to subscriptions and individual taxpayer's donations. This has benefited the shed significantly.

## ANNUAL ACCOUNTS

42. The Annual Accounts have been formalised and, although not required, the trustees have decided to have them audited as a matter of good practice. Following the presentation of the Annual Accounts to the AGM, they will be submitted to the Charity Commission UK, as statutorily required, along with the Annual Report.

### Lisvane Men's Shed Expenditure Summary 2022/23

|                        |             |
|------------------------|-------------|
| Ramp & Gate            | £ 10,672.45 |
| Allotment Raised Beds  | £ 3,740.00  |
| Tools & Equipment      | £ 4,038.89  |
| Insurance              | £ 505.76    |
| Building & Maintenance | £ 372.79    |
| Stationary Supplies    | £ 73.79     |
| Training               | £ 594.00    |
| Promotional            | £ 179.10    |
| Social Events          | £ 100.00    |
| Refreshments           | £ 337.86    |
| Travel                 | £ 412.79    |
| Opera                  | £ 250.00    |
| Sub Refund             | £ 50.00     |
| Other                  | £ 46.57     |

|                          |                    |
|--------------------------|--------------------|
| <b>Total Expenditure</b> | <b>£ 21,374.00</b> |
|--------------------------|--------------------|

### Lisvane Men's Shed - Income Summary 2022/23

|                            |                            |
|----------------------------|----------------------------|
| Subscriptions              | £ 850.00                   |
| Refunded sub (Expenditure) | £ 50.00                    |
| Interest                   | £ 57.40                    |
| Donations                  | £ 15,587.26                |
| Shed Fundraisers           | Woodcraft Sales £ 568.00   |
|                            | Other Fundraisers £ 207.00 |
| HMRC Gift Aid              | £ 3,916.23                 |

|                     |                    |
|---------------------|--------------------|
| <b>Total Income</b> | <b>£ 21,235.89</b> |
|---------------------|--------------------|

| <u>Lisvane Men's Shed Accounts</u> | <u>2021/22</u> | <u>2022/23</u>    | <u>FINANCIAL SUMMARY 2022/2023</u> |                   |
|------------------------------------|----------------|-------------------|------------------------------------|-------------------|
| Business Current                   | £ 4,319.48     | £ 666.01          | Balance CFwd 01/09/2022            | £ 8,514.86        |
| Business Reserve                   | £ 4,195.38     | £ 520.31          | Total Income 2022/23               | £ 21,235.89       |
| Restricted Funds                   | £ -            | £ -               | Total Expenditure 2022/23          | £ 21,374.00       |
| Business Continuity                | £ -            | £ 7,190.43        | <b>Balance CFwd 01/09/2023</b>     | <b>£ 8,376.75</b> |
| <b>Balance Carried Forward</b>     |                | <b>£ 8,514.86</b> | <b>£ 8,376.75</b>                  |                   |

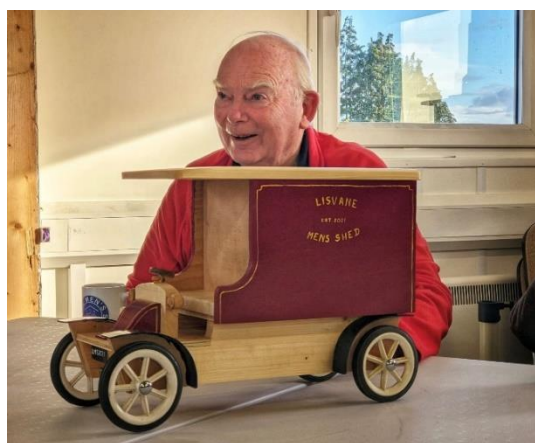
**43.** This Annual Report is provided on behalf of the Trustees.

Chris Griffiths  
Secretary  
Lisvane Men's Shed

Colin Passmore  
Chair  
Lisvane Men's Shed

Date 30<sup>th</sup> October 2023

***"Long live Lisvane Men's Shed and long live its members."***



***"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..."***

Men's Sheds Cymru



Useful references:

Facebook: [@LisvaneMensShed](#)

Lisvane Men's Shed Song [The Men's Shed Song - YouTube](#)

UKMSA: [www.menssheds.org.uk](http://www.menssheds.org.uk)

Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)

YouTube: [https://www.youtube.com/watch?v=1Ttk8LkuBPw&feature=emb\\_imp\\_woyt](https://www.youtube.com/watch?v=1Ttk8LkuBPw&feature=emb_imp_woyt)

**LISVANE MEN'S SHED**

England & Wales - Charity number 1196824

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# Accounts

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**LISVANE MEN'S SHED**  
**ANNUAL REPORT 2021/22**

**INTRODUCTION**

1. Lisvane Men's Shed is a newly formed charity, following the inaugural meeting of its 6 founding members at Rhydyppennau Library on Saturday 12<sup>th</sup> June 2021. This report to the first Annual General Meeting of Lisvane Men's Shed is submitted to the now 21 members by the 6 trustees.
2. The trustees and members of Lisvane Men's Shed can be proud of their achievements in a single year.



**BACKGROUND**

3. Lisvane Men's Shed was set up, independently, by 6 local men to combat social isolation and loneliness; and to provide emotional support, companionship, mental wellbeing and meaningful occupation. In a word, it's about friendship.
4. Discussion began prior to Covid and continued post lockdown. Its relevance rang out during a post covid coffee meeting between a group of men when one spoke out on the care and passing of his elderly mother, which in turn allowed another man to open-up, for the first time in 20 years, on the passing of his wife.
5. The group of 6 trustees include widowers, retirees, men simply in search of friendship and men trying to avoid the depressive states of isolation. There are numerous stories among Men's Shed members, which include the use of an apt phrase, "lifesaving." One man became redundant at a late stage in life and felt worthless and friendless while another has said that membership of a Men's Shed had saved him, following the loss of his wife and "a year in the wilderness."
6. This report acknowledges with gratitude, the perseverance of the trustees who accepted the overseeing and management role the new shed with the sole aim of making it work:
  - Colin Passmore - Chair
  - Christopher Griffiths – Secretary
  - Michael Knight – Treasurer
  - Graham Canning
  - Ian Philpot
  - John Couzens

7. Lisvane Men's Shed was registered with the Charity Commission UK, No. 1196824, on 29 November 2021. It remains a completely independent organisation, accountable to its members. It has adopted a voluntary and condition-less affiliation with Men's Sheds Cymru (a "project" of the housing association Hafan Cymru) and, similarly, to Lisvane Community Association with the aim of developing strong links with our local community.

8. Initially, Lisvane Men's Shed met at the Rhydypennau Hub and are grateful for their support and kindness. However, Cardiff Council's Covid Risk Assessments restricted accommodation numbers to 6. This was an impossible position in the long-term and it was recognised that there was a need to increase capacity and facilities. The search for a home for the shed involved 43 enquiries until 25<sup>th</sup> October 2021, when through the kindness of Matthew & Rebecca McCormack, Lisvane Men's Shed moved to Ty Mawr Inn, Graig Road, Lisvane.



9. On 2 & 3 February 2022, Lisvane Men's Shed took delivery of the double container unit from Conarken Group Ltd, Clay Cross, Derbyshire, and positioned it in the car park of the Ty Mawr Inn. Lisvane Men's Shed's new home was created.

10. After a long wait for the electricity supply to be established for the shed, the assistance of the pub's owners, Marston's, and CJS Electrical, Lisvane, who installed the supply connection without charge saw Power was set up on 23 August 2022. On the following Monday, the first meeting took place in the shed.

11. In the preceding weeks, the shed's own maintenance team, consisting of a few shed members, repaired the floor join, replaced carpet tiles, painted the exterior green to be in keeping with the country environment, fitted workbenches, tables and chairs, front path and planters.

12. Tools and other essentials continue to be obtained but the ethos of the men's shed is now fully established.

13. The opportunity exists to take advantage of a small allotment, provided again by the kindness of Matthew and Rebecca McCormack of the Ty Mawr Inn. It is the intention to establish raised beds and to take full advantage of the allotment by the new year.

14. Marston's are in the process of drafting a five-year lease based on a "peppercorn amount" for consideration of the trustees, which should offer some protection for both sides in terms of business continuity.

15. Members, or Shedders, have been able to enjoy several social evenings, a tour of the Lisvane Old School project, Defibrillator and Resuscitation training. Visits were made to Llanrumney Hall, Caerau Men's Shed and a very popular excursion to Flat Holm Island. An important community event was the Lisvane Village Fete where Lisvane Men's Shed were represented with its own stall.



16. Lisvane also hosted a very successful meeting of several other sheds.
17. Lisvane Men's Shed individual subscriptions, to meet costs like insurance etc., remains at £50/year.
18. Little could have been achieved without significant funding being provided by the National Lottery Community Fund, The Moon Dance Foundation and a local benefactor. In addition, grants and donations were kindly made by Lisvane Community Association, Lisvane Community Council, Dwr Cymru/ Welsh Water, CJS Electrical, Llysfen Singers, Tennant Lodge and Wednesday Coffee Morning Ladies. It is with great thanks that we acknowledge the support of these generous donors.
19. Donors are recorded in the Register of Donors and further details recorded in the Annual Financial Statement.
20. Lockdown exacerbated the need for men to engage in activities that add to the feelings of self-worth and the need has never been greater to counter the negative impact of isolation. The creation and ongoing development of our own community Men's Shed, post covid lockdown, is already having a positive impact in promoting the health and well-being of local men in Lisvane and the surrounding area. This is evident in the rapid rise in membership from 6 to 21 in a matter of months. While one vacancy remains, further interest has been expressed and a waiting list is developing.



21. The logo was designed by a member of Lisvane Men's Shed, Steve Coles. It portrays the ethos of men's sheds with three people supporting each other with arm on each other's shoulders, while standing shoulder to shoulder and carrying a tool and kettle, under the sheltering roof of the shed.

22. Local people recognise its value and believe in what Lisvane Men's Shed has been set up to achieve. It's not just having a home for the "Shed" that makes you feel that your group is part of the community. What makes a group strong is its members coming together to develop the shed, to build on the site and to grow our friendship. Local men now meet regularly, chat, drink tea and laugh over various stories, inside the shed at the Ty Mawr. It beats being stuck in the house and many have said that it is working for them. Lisvane Men's Shed is benefitting local men and demonstrates a need for many more sheds in every area, town and village.



23. This Annual Report is submitted on behalf of the Trustees.

Chris Griffiths  
Secretary  
Lisvane Men's Shed

Useful references:

Facebook: [@LisvaneMensShed](#)

Men's Sheds Cymru: [About Us - Mens Sheds Cymru](#)

YouTube: [https://www.youtube.com/watch?v=1Ttk8LkuBPw&feature=emb\\_imp\\_woyt](https://www.youtube.com/watch?v=1Ttk8LkuBPw&feature=emb_imp_woyt)

*"A Man's shed has, for generations, been a place for him to escape the stress and strains of life; a safe haven to gain much needed sanity; to be surrounded by his own, useful things; a place to think, to make things, to mend things, to invent and be at one with the world..." - Men's Sheds Cymru*

**Lisvane Mens Shed - AGM**

**Income**  
**2021/22**

| <b>INCOME</b>                    | <b>2021/22</b>  | <b>Notes</b>                              |
|----------------------------------|-----------------|---|
| <b>Grant - National</b>          | <b>£10,000</b>  | <b>National Lottery</b>                   |
| <b>Local Grant and Donations</b> | <b>£18,043</b>  |   |
| Membership Fees/Subs             | <b>£1,025</b>   | <b>21 Members</b>                         |
| LMS Stall                        | <b>£356</b>     | <b>Lisvane Festival</b>                   |
| Bank interest                    | <b>£2</b>       | <b>Accrued in Natwest Reserve Account</b> |
| <b>Total Income</b>              | <b>29425.65</b> |   |

**LisvanMens Shed -  
AGM**

**Expenditure 2021/22**

| <b>Capital Costs</b>                        | <b>£</b>      |  |
|---|---------------|--|
| <b>Modular Container/Shed</b>               | <b>13367</b>  | <b>Purchase, Delivery and Erection Of Shed and Fixtures</b>  |
| <b>Tools and Equipment</b>                  | <b>4494</b>   |  |
| <b>Power Supply</b>                         | <b>846</b>    | <b>Power Supply to Shed by Western Power</b>   |
| <b>Shed / Facility Costs</b>                | <b>£</b>      |  |
| <b>Insurance</b>                            | <b>472</b>    | <b>To cover - as appropriate: Public Liability / Contents / Accidents in the Shed / Product Liability / Trustees Indemnity / Legal Expenses.</b> |
| <b>Materials / Consumables</b>              | <b>£</b>      |  |
| <b>External Application</b>                 | <b>974</b>    | <b>Paint, Painting Equipment, Compost and Flowers, Power Washing Shed.</b>   |
| <b>Office Costs</b>                         | <b>£</b>      |  |
| <b>Stationery / Supplies</b>                | <b>310</b>    | <b>Photocopy Paper, Shed Keys, Roller Blinds &amp; Banners</b>   |
| <b>Publicity</b>                            | <b>£</b>      |  |
| <b>Promotional Items</b>                    | <b>60</b>     | <b>Coffee Mugs for Sponsors.</b>   |
| <b>Personnel Expenses</b>                   | <b>£</b>      |  |
| <b>Transfer to ' Social Events' Account</b> | <b>100</b>    | <b>Float for this new account</b>  |
| <b>Refreshments</b>                         | <b>183</b>    | <b>Welcome meeting, Annual Celebration, Defib. Training Coffee, Joint Sheds Meeting</b>  |
| <b>Travel Costs</b>                         | <b>£</b>      |  |
| <b>Van Hire and Fuel</b>                    | <b>156</b>    | <b>To pick up Units from FMC Bridgend</b>  |
| <b>Total Costs</b>                          | <b>20,962</b> |  |

| Date                       | Purpose                         | Supplier                        | Amount     | 01/09/2022 | (05/09/22) |
|----------------------------|---------------------------------|---------------------------------|------------|------------|------------|
| 15-Nov-21                  | Welcome Meeting                 | Refreshments/CG                 | £9.15      |            |            |
| 24-Jan-22                  | 32'X20' Blue AV Cabin           | Conarken Group Ltd/CG           | £9,600.00  |            |            |
| 28-Jan-22                  | Cabin Transport & Erection      | Conarken Group Ltd/CG           | £2,640     |            |            |
| 21-Jan-22                  | Concrete paving slabs           | Leckwith Concrete Blocks/GC     | £330.98    |            |            |
| 24-Jan-22                  | DRIVER & MATERIALS              | TY MAWR/CG                      | £12.30     |            |            |
| 08-Feb-22                  | Insurance                       | Greenwood Ins/JC                | £472.42    |            |            |
| 14-Feb-22                  | Coffee Mugs. Sponser Gifts      | M. Partridge/SE                 | £60        |            |            |
| 24-Feb-22                  | Insulation/ICG                  | Insulation South Wales/CG       | £60        |            |            |
| 24-Feb-22                  | Mtce Supplies                   | Screwfix/CG                     | £66.83     |            |            |
| 24-Feb-22                  | Mtce Supplies                   | Screwfix/SC                     | £116       |            |            |
| 08-Mar-22                  | Electrical Power Supply         | Western Power Distribution      | £846.01    |            |            |
| 11-Mar-22                  | Paint                           | Triumph Paints                  | £607.20    |            |            |
| 11-Mar-22                  | Shed Keys & A4 copy paper       | Tesco/CG                        | £18.81     |            |            |
| 14-Mar-22                  | Shed Vents                      | Bloxwhich Container Products/SC | £13.75     |            |            |
| 14-Mar-22                  | Extra Wide Floormat             | Floormat/CG                     | £64.85     |            |            |
| 29-Mar-22                  | Painting Equipment              | B&Q/SC                          | £115.40    |            |            |
| 29-Mar-22                  | Paint Items                     | Screwfix/SC                     | £22.69     |            |            |
| 30-Mar-22                  | Power Washing Cabin             | M. Gelsomin/CG                  | £150       |            |            |
| 05-Apr-22                  | Bosch Tools                     | Amazon/CG                       | £374       |            |            |
| 09-Apr-22                  | Folding Tables                  | Equip4Wor/CG                    | £658       |            |            |
| 09-Apr-22                  | TOOLS & Equipment               | Axminster Tools/CG              | £3,610     |            |            |
| 29-Apr-22                  | Reclaimed Wood                  | Rescued Wood/SC                 | £15        |            |            |
| 16-May-22                  | Van Hire/Pick up Ford Equpt     | Enterprise/CG                   | £140       |            |            |
| 16-May-22                  | Diesel fuel for van             | Morrisons/CG                    | £16        |            |            |
| 28-May-22                  | Tools                           | Axminster Tools/CG              | £167       |            |            |
| 28-May-22                  | Tools                           | Axminster Tools/CG              | £34        |            |            |
| 31-May-22                  | tools                           | Travis Perkins/CG               | £127       |            |            |
| 12-Jun-22                  | First Annual Celebration        | Sainsbury's/CG                  | £25        |            |            |
| 18-Jun-22                  | Compost & Flowers               | Trade Point/GC                  | £64        |            |            |
| 27-Jun-22                  | 2 roller Banners                | Vistaprint/CG                   | £202       |            |            |
| 27-Jun-22                  | Roller Blind                    | Vegaprint/CG                    | £89        |            |            |
| 07-Jul-22                  | Defibrillation Training. Coffee | Café 1913/CG                    | £32        |            |            |
| 27-Jul-22                  | Joint Mens Shed Meeting         | Refreshments/CG                 | £105       |            |            |
| 29-Jul-22                  | LMS funds Transfer              | LMS Social Events account/MK    | £100       |            |            |
| Total Spent                |                                 |                                 | £20,961.67 |            |            |
| Total Income               |                                 |                                 | £29,426    |            |            |
| Balance Available to Spend |                                 |                                 | £8,464.33  |            |            |

Of the charity. I have reviewed the income and expenditure statement and confirm that it is in line with the BODG + records signed. David C. Jones CA. 18/11/22

for the purposes of submission to the Churchin Commission

I have reviewed the income and expenditure

statement and confirm that it is in line with the BODG + records