

# SAM BUAH FOUNDATION

England & Wales · Charity number 1196823

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-11-29

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 17 Grindlow Street  
Manchester  
M13 0LA

**Phone** 07956421030

**Email** [admin@sambuahfoundation.org](mailto:admin@sambuahfoundation.org)

**Website** [www.sambuah.com](http://www.sambuah.com)

## Activities

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**Objects:** THE OBJECTS ARE:TO ADVANCE IN LIFE AND ACT AS A RESOURCE TO RELIEVE THE NEEDS OF YOUNG PEOPLE BY PROVIDING EDUCATIONAL TRAINING PROGRAMMES, MENTORING AND COACHING FOR THE PUBLIC BENEFIT, MAINLY BUT NOT EXCLUSIVELY THE BAME COMMUNITY ACROSS THE UK AND OVERSEAS.

**Activities:** The Foundation provides mentoring, coaching, and work experience opportunities to the less privileged young people in the community especially those from minority ethnic backgrounds

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** People Of A Particular Ethnic Or Racial Origin

## Geography

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- Ghana
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£3,000	£5,444	-	-
2024-03-31	£3,651	£8,138	-	-
2023-03-31	£16,473	£9,146	-	-

## Trustees

Name	Role	Appointed
<b>Samuel Buah</b>	Chair	2021-06-01
Ernestina Thompson		2022-08-01
John Bedson		2021-06-01
Victoria Buah		2021-06-01

**SAM BUAH FOUNDATION**

England & Wales - Charity number 1196823

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# Accounts

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## Trustees' Annual Report for the period

**From Period start date: 01 April 2024**

**To Period end date: 31 March 2025**

**Charity name: Sam Buah Foundation**

**Charity registration number: 1196823**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The foundation's primary objective is to enhance the development of young individuals by offering educational training programmes, mentoring, and coaching for the benefit of the public, with a particular focus on the BAME community in the UK and abroad. Additionally, we serve as a support system for young people.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	From April 1, 2024, to March 31, 2025, the Foundation continued to prioritise initiatives, including career mentoring for youth from BAME backgrounds. We pioneered the project management mentorship and facilitated professional development sessions for young individuals.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We can confirm that the Trustees have had full regard to the guidance issued by the Charity Commission on public benefit. This is also captured in the Foundation's constitution

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not applicable</b>
	Para 1.38	<b>Not applicable</b>

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	<b>Not applicable</b>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>From April 2024 to March 31, 2025, the Foundation continued its mentoring programme, focusing on Project Management Mentorship and Project Management training for young BAMEs. This initiative is great in providing professional and career guidance to mentees. The mentorship programme led to work experience and full-time employment for some mentees.</p> <p>The Foundation remains committed to its mission to empower young individuals and provide support through mentorship. Our efforts have led to significant achievements, including building confidence and empowering young people.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>Project Management Mentorship programme continues to be the focus of the Foundation.</p> <p>Work experience opportunities have been created and organised for mentees. Some mentees have secured full-time employment through the foundation</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>The Foundation continued to face challenges in raising funds during the current financial year, due in part to unsuccessful grant applications. Despite this setback, the Foundation did receive approximately £3,000 in donations over the past 12 months.</p>
	Para 1.41	<b>Not applicable</b>

Investment performance against objectives		
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Foundation is pleased to report that we are in an ok financial position at the conclusion of the reporting period. We currently have no recurring expenses, and the account balance is approximately £142
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Foundation has not yet established any policy for holding any reserves. As a minimum, we will hold a contingency of around 10% of our turnover
Amount of reserves held	Para 1.22	£100
Reasons for holding zero reserves	Para 1.22	We will always hold a reserve to cover the Foundation in the event of an emergency
Details of the fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grant application and donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	One of the primary risks currently facing the Foundation is its cash flow management. Adequate cash flow is essential for covering operational expenses, including services utilised, salaries, and programme costs.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The name of the Charitable Incorporated Organisation ("the CIO") is  Sam Buah Foundation
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(1) Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.  (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The charity trustees will make available to each new charity trustee, on or before his or her first appointment:  (a) a copy of the current version of this constitution; and  (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sam Buah Foundation
Other name the charity uses	
Registered charity number	<b>1196823</b>
Charity's principal address	17 Grindlow Street Manchester M13 0LA

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Samuel Buah		Since inception	
2	John Bedson		Since inception	
3	Victoria Buah		Since inception	
4	Edward Asong		Since October 2022	
5	Ernestina Thompson		Since October 2022	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Samuel Ernest Buah	
<b>Position (eg Secretary, Chair, etc)</b>	Director	
<b>Date</b>	31 Jan 2026	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

SAM BUAH FOUNDATION 1196823

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## Receipts and payments accounts

For the period from 01/04/2024 To 31/03/2025

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	2,718	-	-	2,718	3,651
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>2,718</b>	<b>-</b>	<b>-</b>	<b>2,718</b>	<b>3,651</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>2,718</b>	<b>-</b>	<b>-</b>	<b>2,718</b>	<b>3,651</b>
<b>A3 Payments</b>					
Administrative and Events costs	5,444	-	-	5,444	6,408
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5,444</b>	<b>-</b>	<b>-</b>	<b>5,444</b>	<b>6,408</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Computer equipment	-	-	-	-	1,730
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,730</b>
<b>Total payments</b>	<b>5,444</b>	<b>-</b>	<b>-</b>	<b>5,444</b>	<b>8,138</b>
<b>Net of receipts/(payments)</b>	<b>- 2,726</b>	<b>-</b>	<b>-</b>	<b>- 2,726</b>	<b>- 4,487</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>2,840</b>	<b>-</b>	<b>-</b>	<b>2,840</b>	<b>7,327</b>
<b>Cash funds this year end</b>	<b>114</b>	<b>-</b>	<b>-</b>	<b>114</b>	<b>2,840</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		114	-	-
		-	-	-

	-	-	-
<b>Total cash funds</b>	<b>114</b>	-	-
(agree balances with receipts and payments account(s))	OK	OK	OK

<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
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**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
S E Buah	S E BUAH	22/01/2026

**SAM BUAH FOUNDATION**

England & Wales - Charity number 1196823

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# Accounts

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## Trustees' Annual Report for the period

**From Period start date: 01 April 2023**

**To Period end date: 31 March 2024**

**Charity name: Sam Buah Foundation**

**Charity registration number: 1196823**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The foundation's primary objective is to enhance the development of young individuals by offering educational training programmes, mentoring, and coaching for the benefit of the public, with a particular focus on the BAME community in the UK and abroad. Additionally, we serve as a support system to address the needs of young people.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	From April 1, 2023, to March 31, 2024, the Foundation prioritised initiatives such as career mentoring for youth from BAME backgrounds, as well as hosting a Spelling Bee competition for BAME youths aged 7-12. We provided project management training and facilitated professional development sessions for young individuals.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We can confirm that the Trustees have had full regard to the guidance issued by the Charity Commission on public benefit. This is also captured in the Foundation's constitution

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not applicable</b>
	Para 1.38	<b>Not applicable</b>

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	<b>Not applicable</b>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the period of April 2023 to March 31, 2024, the Foundation successfully continued its mentoring programme by pairing mentees with industry professionals to act as their mentors. This initiative is great in providing professional and career guidance to mentees. The result of the mentoring included work experiences and full-time employment opportunities for some of the mentees.</p> <p>The Foundation remains committed to its mission of empowering young individuals and providing support through mentorship. Our efforts have led to significant achievements, including building the confidence and empowering young people.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>Mentoring programme launched and organised. So far over 30 young people have been mentored through our mentorship programme.</p> <p>Work experience opportunities have been created and organised for mentees.</p> <p>Some mentees have secured full time employment through the foundation</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>The Foundation faced challenges in raising funds during the current financial year, due in part to various factors including an unsuccessful grant application. Despite this setback, the Foundation did receive approximately £4,000 in donations over the past 12 months.</p>
		<b>Not applicable</b>

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Foundation is pleased to report that we are in a strong financial position at the conclusion of the reporting period. We currently have no recurring expenses, and the account balance is approximately £2,840
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Foundation has not yet established any policy for holding any reserves. As a minimum we will hold a contingency which is around 10% of our turnover
Amount of reserves held	Para 1.22	£2,840
Reasons for holding zero reserves	Para 1.22	We will always hold a reserve to cover the Foundation in the event of emergency
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grant application and donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	One of the primary risks currently facing the Foundation is its cash flow management. Adequate cash flow is essential for covering operational expenses, including services utilised, salaries, and programme costs.
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The name of the Charitable Incorporated Organisation ("the CIO") is  Sam Buah Foundation
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(1) Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.  (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The charity trustees will make available to each new charity trustee, on or before his or her first appointment:  (a) a copy of the current version of this constitution; and  (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sam Buah Foundation
Other name the charity uses	
Registered charity number	<b>1196823</b>
Charity's principal address	17 Grindlow Street Manchester M13 0LA



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Samuel Ernest Buah	
<b>Position (eg Secretary, Chair, etc)</b>	Director	
<b>Date</b>	22 Jan 2025	



## Receipts and payments accounts

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For the period from	01/04/2023	To	31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	1,651	2,000	-	3,651	16,473
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>1,651</b>	<b>2,000</b>	<b>-</b>	<b>3,651</b>	<b>16,473</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>1,651</b>	<b>2,000</b>	<b>-</b>	<b>3,651</b>	<b>16,473</b>
<b>A3 Payments</b>					
Administrative and Events costs	4,408	2,000	-	6,408	9,146
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>4,408</b>	<b>2,000</b>	<b>-</b>	<b>6,408</b>	<b>9,146</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Computer equipment	1,730	-	-	1,730	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,730</b>	<b>-</b>	<b>-</b>	<b>1,730</b>	<b>-</b>
<b>Total payments</b>	<b>6,138</b>	<b>2,000</b>	<b>-</b>	<b>8,138</b>	<b>9,146</b>
<b>Net of receipts/(payments)</b>	<b>- 4,487</b>	<b>-</b>	<b>-</b>	<b>- 4,487</b>	<b>7,327</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>7,327</b>	<b>-</b>	<b>-</b>	<b>7,327</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>2,840</b>	<b>-</b>	<b>-</b>	<b>2,840</b>	<b>7,327</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		2,840	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>2,840</b>	<b>-</b>	<b>-</b>

(agree balances with receipts and payments account(s))

OK OK OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
S E Buah	S E BUAH	22/01/2025

**SAM BUAH FOUNDATION**

England & Wales - Charity number 1196823

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# Accounts

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## Trustees' Annual Report for the period

From Period start date: 29 November 2021

To Period end date: 31 March 2023

Charity name: Sam Buah Foundation

Charity registration number: 1196823

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and act as a resource to relieve the needs of young people by providing educational training programmes, mentoring and coaching for the public benefit, mainly but not exclusively the BAME community across the UK and overseas.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>In the last 12 months, the Foundation has embarked on the following activities in relation to our founding objectives;</b> <b>1. Career mentoring for young people from BAME backgrounds</b> <b>2. Spelling Bee competition for young BAME between 7 and 12</b> <b>3. Debating and public speaking training and upskilling for young BAME between the ages of 18-25</b> <b>4. Work experience opportunities for young BAMES</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>We can confirm that the Trustees have had full regard to the guidance issued by the Charity Commission on public benefit. This is also captured in the Foundation's constitution</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>Not applicable</b>
Policy on social investment	Para 1.38	<b>Not applicable</b>

including program related investment		
Contribution made by volunteers	Para 1.38	<b>Not applicable</b>
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ol style="list-style-type: none"> <li>1. From Sep 2022 the Foundation inducted the first cohort of 10 mentees. All mentees were paired with industry professionals. The mentoring programme was very successful because some of the mentees through, the programme found work experiences and full time employment.</li> <li>2. The foundation also organised spelling bee competitions over the 2023 summer for young BAMEs between ages 7 and 12.</li> <li>3. Provided free word spelling tuition for over 30 kids who took part in the spelling bee competition.</li> </ol>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<ol style="list-style-type: none"> <li><b>1. Mentoring programme launched and organised for the first 10 mentees</b></li> <li><b>2. Work experience opportunities organised for mentees</b></li> <li><b>3. Full time employment secured for a mentee of the Foundation</b></li> <li><b>4. Spelling Bee competition organised for kids</b></li> <li><b>5.</b></li> </ol>
Performance of fundraising activities against objectives set	Para 1.41	<p><b>The Foundation secured a £10k funding from the National Lotteries Community fund to support with our activities.</b></p> <p><b>In addition the foundation received donation of £2000 from an individual and funding the official Foundation launch</b></p>
		<b>Not applicable</b>

Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>The Foundation is in good financial position at the end of the period. The current balance in the account is circa £7,327</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>The Foundation has not yet established any policy for holding any reserves. As a minimum we will hold a contingency which is around 10% of our turnover</b>
Amount of reserves held	Para 1.22	<b>£7,327</b>
Reasons for holding zero reserves	Para 1.22	<b>We will always hold a reserve to cover the Foundation in the event of emergency</b>
Details of fund materially in deficit	Para 1.24	<b>Not applicable</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Not applicable</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>Grant application and donations</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>Not applicable</b>
A description of the principal risks facing the charity	Para 1.46	<b>The principal risk facing the Foundation is cashflow. The Foundation requires regular cash flow to be able to pay for services we use and also pay salaries and run our programmes</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>The name of the Charitable Incorporated Organisation ("the CIO") is</b>  <b>Sam Buah Foundation</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>(1) Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.</b>  <b>(2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<b>The charity trustees will make available to each new charity trustee, on or before his or her first appointment:</b>  <b>(a) a copy of the current version of this constitution; and</b>  <b>(b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts.</b>
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sam Buah Foundation
Other name the charity uses	
Registered charity number	<b>1196823</b>
Charity's principal address	17 Grindlow Street Manchester M13 0LA

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Samuel Buah		Since inception	
2	John Bedson		Since inception	
3	Ernestina Thompson		Since October 2022	
4	Victoria Buah		Since inception	
5	Edward Asong		Since October 2022	
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information


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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Samuel Ernest Buah

Position (eg Secretary,  
Chair, etc)

Director

Date

29 Feb 2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

SAM BUAH FOUNDATIONS

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

11/29/2021

To

3/31/2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
	16,473	-	-	16,473	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>16,473</b>	<b>-</b>	<b>-</b>	<b>16,473</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,473</b>	<b>-</b>	<b>-</b>	<b>16,473</b>	<b>-</b>
<b>A3 Payments</b>					
Administrative and Event cost	9,146	-	-	9,146	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>9,146</b>	<b>-</b>	<b>-</b>	<b>9,146</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>9,146</b>	<b>-</b>	<b>-</b>	<b>9,146</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>7,327</b>	<b>-</b>	<b>-</b>	<b>7,327</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>7,327</b>	<b>-</b>	<b>-</b>	<b>7,327</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		7,327	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,327</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	SAM BUAH	SAM BUAH	3/31/2023	