Family Support Link

Support for families across
Northamptonshire affected
by someone else's drug or alcohol use.

Charity No:- 1196808









Annual Report 2022 -2023

FAMILY SUPPORT LINK FINANCIAL STATEMENTS

12 MONTHS ENDED 31 MARCH 2023

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FAMILY SUPPORT LINK

TRUSTEES ANNUAL REPORT
12 MONTHS ENDED 31 MARCH 2023

The Trustees of the Charity have pleasure in presenting their report and the financial statements of the Charity for the year ended 31st March 2023.

LEGAL & ADMINISTRATIVE DETAILS

Registered Charity Name	Family Support Link
Registered Charity Number	1196808
Registered Office	1 St John's Street Wellingborough Northants NN8 4LG
Board of Trustees	Ray Farrow - Chair Jo Johnson - Secretary Elaine Brooker - Treasurer Samantha Gipson - Trustee Suzanne Whatling - Trustee
Independent Examiner	Peter Strong 16 Sapphire Close Kettering Northants
Financial Consultant	Dean Middleton DM Accounting Services 5 Bush Hill Northampton NN3 2PD
Bankers	NatWest Bank PLC 40, Market St, Wellingborough

FAMILY SUPPORT LINK

TRUSTEES ANNUAL REPORT
12 MONTHS ENDED 31 MARCH 2023

GOVERNING DOCUMENT

The charity became registered on 23rd May 2007 had its constitution adopted on 27th April 2007. The charity subsequently became a Charitable Incorporated Organisation (CIO), registered with the Charity Commission on 29th November 2021 and the balance of funds were transferred to the new charity.

PUBLIC BENEFIT

The Trustees are satisfied that the Charity meets the definition of a public benefit entity under FRS102 and acknowledge that the Charity complies with Section 4 of the Charities Act 2006 regarding providing a public benefit.

They have referred to the guidance in the Charity Commission's general guidance on Public Benefit when reviewing aims and objects and in planning future activities. In particular, the Trustees consider how planned activities will contribute to the aims and objectives they have set. The Trustees ensure that these activities are carried out for the public benefit by delivering services that are valued by the people we support and enable those with responsibility in the sector to develop and adopt best practice, thereby promoting a transparent and efficiently managed Charity that engenders public confidence and trust.

RISK MANAGEMENT

The trustees have considered the major business and operational risks which the charity faces and confirm that systems have been established so that necessary steps can be taken to lessen these risks.

RECRUITMENT AND APPOINTMENT OF TRUSTEES

The charity has a proactive policy in recruiting new trustees, to add to the diversity of current trustees, which include individuals from business, politics and practice.

TRUSTEE INDUCTION AND TRAINING

Trustees are invited and encouraged to attend in-house induction and training sessions, to familiarise themselves with the charity and the context within it operates.

RESERVES POLICY

The charity needs reserves to ensure expenditure commitments can be met as they fall due. The trustees aim is to retain reserves equal to approximately 3 months expenditure.

THE TRUSTEES & REPRESENTATIVES

The trustees & representatives who served the charity during the period were as follows:

Ray Farrow - Chair
Jo Johnson - Secretary
Elaine Brooker - Treasurer
Lee Hopton - Trustee
Samantha Gipson - Trustee
Suzanne Whatling - Trustee

Signed on behalf of the trustees

Ray Farrow
Chair
Approved by the trustees on 18/10/2023

CHARITABLE OBJECTIVES

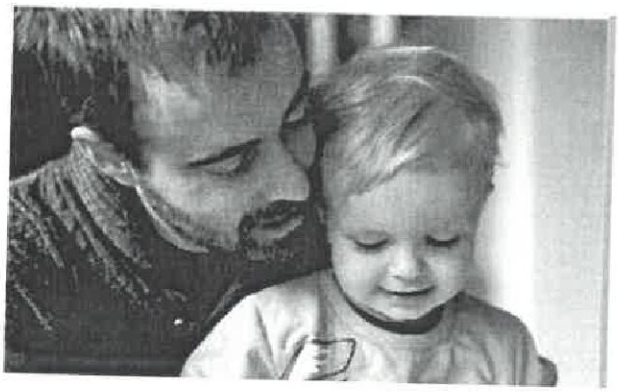
Family Support Link

Support for families across Northamptonshire affected by someone else's drug or alcohol use.

Charity No:- 1196808

To relieve sickness, preserve and protect the good mental and emotional health of families of persons who are suffering from addiction to drugs and other substances, in particular by the provision of a helpline and centre, proving information, advice, and support.

To advance the education of the public in issues faced by the families of persons who are suffering from addiction to drugs and other substances.



Chair of Trustees report 2022-2023

In last year's Annual Report, I talked about us all trying to strive for a sense of normality post COVID, so I am sorry to say that the cost of living and rising energy costs has culminated in placing many people in both economic and social hardship. This in turn makes the services that Family Support Link provides so important to many adults and children.

In this year's Annual Report, we are pleased to be able not only have contributions from the CEO and Treasurer but also other members of the management team. As you will be able to see it has yet again been a phenomenally busy year for FSL.

For the last sixteen years FSL has been proving support to many families in Northamptonshire where an adult or child has been suffering from addiction to drugs or other substances. We again have been awarded the contract to continue doing this important work up to April 2024. It is interesting to note that in England there are 317 Councils where their main focus is primarily on treatment of individuals and there are only a few organisations like FSL that are funded by their Councils to help and support families. The initiative taken by the then Northamptonshire County Council (NCC) with FSL sixteen years ago has proven to be a great success and has and still does have a positive effect on many people and families in Northamptonshire. The feedback we receive from our clients is both heartwarming and moving.

As with the initiative taken with NCC sixteen years ago we have again looked to innovate the way support can be given to families and have been able to introduce two new programmes, these are Parents under Pressure (PUP) and Moving Parents and Children Together (MPACT) and we are indebted to the Tudor Trust and The Lottery respectively for funding these programmes. Both PUP and MPACT will enable FSL to provide a more inclusive type of support and from the initial feedback we are getting this is really exciting and has massive potential going forward.

Over many years FSL has maintained a link with Professor Alex Capello from Birmingham University. Professor Capello is Honorary Professor of Addiction Research/Consultant Clinical Psychologist and FSL uses the 5-Step family intervention work developed by Professor Capello to support affected family members. His 5-Step family intervention work in primary care and specialist NHS services with colleagues in the UK has been recommended in the NICE guidelines for drug problems and also in the recent guidelines for commissioning services for carers. The continuous training, support and development given by Professor Capello to all FSL members of staff is the foundation of how families can be and are supported.

As I said last year the landscape for funding is somewhat challenging and subsequently this places pressure on the control of a Charities cashflow. At every Trustees Meeting the forensic analysis of both these areas are fundamentally important and as can be seen in this year's Annual Report we have an enthusiasm for looking at funding streams going forward as well as being in a relatively robust and healthy financial position. However, we will never want to be complacent and we need to keep our eye on the ball.

Can I conclude in saying that for this year's Annual Report I have steered away from thanking individual people. I have done this deliberately because when you start the list becomes endless. So can I therefore thank every member of staff in FSL as well as the numerous volunteers. What you do is truly amazing and has changed many people's lives in a really positive way. Every single one of you should be so proud in the way you are transforming so many families lives' in the County.

To the people outside of FSL that provide a number of services to us thank you. You are part of the team, and our organisation could not survive without you.

Lastly but not least to my fellow Trustees. As a Board of Trustees our ability to govern is enhanced by our diversity of backgrounds and common objective to do our best for FSL, thank you for helping me and your commitment to what is a fantastic Charity to be associated with.

Ray Farrow
Chair of Trustees - Family Support Link

CEOs Report 2022-2023

Throughout this year, we've encountered both new challenges and opportunities, and the lasting effects of the Covid-19 pandemic continue to influence our work. We've observed a growing demand for our services from clients and their families, highlighting the increasing needs within our communities. Factors such as the cost-of-living crisis, rising energy costs, and the escalating prices of necessities have exacerbated multiple disadvantages across these communities. In response, our dedicated team at Family Support Link has tirelessly worked to secure funding and establish partnerships to better address these evolving needs.

Our commitment to placing our clients at the heart of everything we do remains unwavering. We understand that their needs have grown, and we are determined to meet these needs effectively. Our staff, trustees, and volunteers have gone above and beyond to ensure we not only meet these needs but also raise awareness about the challenges our clients face daily. Stigma and discrimination continue to affect our clients, often preventing them from seeking support until they reach a breaking point. To combat this, our staff have conducted awareness sessions with professional and third-sector agencies to challenge misconceptions and prejudices.

We've also empowered our clients to have their voices heard by those in positions of power, helping break down misconceptions surrounding drug and alcohol use. Our efforts resulted in securing funding from Northampton Town Council to support our Northampton Office's rent, making our services more accessible to those seeking support.

This year, we achieved some exciting milestones. We introduced our Parents Under Pressure (PUP) Program in February 2022 and launched the Moving Parents and Children Together (MPACT) program in April 2022. These initiatives have allowed us to offer comprehensive support services, both proactively and reactively, as we continue our mission to aid families affected by drug and/or alcohol use.

Our collaborations with statutory and third-sector agencies, local councillors, and other stakeholders have remained strong and fruitful. We are pleased to have secured the "Supporting Families Impacted by Substance Use" grant from the council, which will enable us to sustain our core adult support service in 2023/24.

Our ability to expand our support services has been greatly enhanced by the generous contributions from local grant-giving bodies, including The Faraway Charity, NCF, OPFCC, Glenvale Park, the High Sheriff, CO-OP, and numerous in-kind donations. We are deeply grateful for this support, which has allowed us to make a more significant impact.

I would like to express my heartfelt gratitude to our dedicated staff and volunteers, whose unwavering commitment enables us to provide exceptional services to our clients and communities. The feedback and expressions of gratitude we receive from our clients are a testament to the positive difference our support makes in people's lives.

Lastly, I want to extend my sincere thanks to all our funders, supporters, and partner agencies, whose invaluable contributions ensure we can continue delivering excellent services. These partnerships are essential, and we are truly appreciative of the value they bring to Family Support Link's mission.

Julia Feazey
CEO - Family Support Link

Office and Volunteer Manager - Nicky Fulton

In April 2022, Family Support Link embarked on a significant undertaking: the development of our own database on Charitylog to enhance our support for our children's support work and the Pup, and MPACT projects. The primary motivation behind this initiative was to improve our ability to collect and maintain accurate records of the support we provide and to efficiently provide data to our funders as needed. The process began with comprehensive training for all our managers on the Charitylog system, working closely with our Charitylog trainer to customise the system according to our needs and workflow. Once the system was established, and our managers were proficient, I took the lead in conducting staff training on the system in May, and by June, the system was officially launched. As with any new endeavour, we encountered a few challenges along the way, but we have found that Charitylog is a valuable addition to our service.

Throughout 2022, we dedicated significant efforts to raise our public profile through various channels, primarily utilising social media, and by actively participating in numerous community events. In total, we atended 18 events during this period. These events ranged from wellbeing gatherings at Northants libraries to a carer's partnership event at the Castle Theatre in Wellingborough, Co-op-sponsored events, gatherings at The Doddridge Centre, St. Mark's Church, and Co-Production Queensway. We also engaged in S2S partnership events throughout Northamptonshire, participated in activities at The Bridge Northampton, and were present at Festivol at St. Andrews Northampton. These community events have proven to be excellent platforms for promoting our services to both the public and professionals. As a result, we have seen a notable increase in followers on our social media platforms and an uptake in referrals, which indicates that more individuals across Northamptonshire are becoming acquainted with our charity and the vital work we do.

Volunteers have always been an indispensable part of our support structure at FSL, and this period was no exception. Our dedicated volunteers continued to provide invaluable assistance at our adult groups, events, and within our main office. However, one persistent challenge we faced, not just during this year but in previous years as well, is the recruitment of new volunteers. Several factors contribute to this challenge, including the demanding nature of the work, especially for individuals who have personally experienced similar situations. Additionally, the stigma associated with addiction and its impact on family members can be a barrier to recruiting volunteers. We are also mindful of the broader trend of declining volunteer numbers in the charity sector, which began during the COVID-19 pandemic. Addressing this issue and actively recruiting new volunteers will remain a top priority for us as we move forward.

This year has witnessed significant changes within our service, all of which have been highly positive and have contributed to advancing the mission of our charity: to support as many families as possible. We remain dedicated to our purpose and commited to making a meaningful difference in the lives of those we serve.

I'd like to take this opportunity to express my gratitude to all of our volunteers who have generously devoted their time and support to us throughout this year.

Calm Boxes





Salt Jars





Basic understanding of addiction and habits.

What could you not live without e.g mobile phone, make up, favourite toy, family?

Books Family

Why do you do think you are unable to live without this?

Family because there always there for you

How does that make you feel ?

Happy, safe, not lonely.

If taken away how would this make you feel?

Sad. scared, lonely. anxious

What other types of things could someone be dependant on (could become a habit)?

- reading TV
- learning
- excersing
- eating
- drinking
- bitting nails
- picking nose
- drawing on yourself
- coluring on the wall
- gaming 24/7

Family Support Link

Operational Manager - Trina Breedon

Throughout the period spanning from 2022 to 2023, our organization made significant strides in serving our community. We supported 563 families and provided a total of 1867 1.1 appointments, demonstrating our commitment to individualised support. We introduced the Family Support Link Social Club, rejuvenating our in-person group meetings, which have proven highly successful. This club now travels throughout the entire county, ensuring greater accessibility for our clients and fostering peer support. Concurrently, we maintained our weekly Online group, which witnessed increased participation, mirroring the growth in attendance at our social club meetings. Our dedication to inclusivity means that our groups remain accessible to all clients even after their 1.1 support concludes.

We revamped our approach to supporting children and young people (CYP) by offering holiday activities such as bowling, trampolining, and laser tag. These initiatives provided respite and an opportunity for CYP to connect with peers facing similar circumstances, thus nurturing peer support and friendships. The results were outstanding, with over 100 CYP attending these events.

The launch of Moving Parents and Children (M-PACT) allowed us to collaborate with eight families, including those with drug/alcohol-related issues. This initiative ensured that the voices of the children were heard and offered psychological interventions to enhance relationships and communication within these families.

Our client satisfaction surveys have yielded highly positive outcomes. Clients expressed substantial satisfaction levels and a willingness to recommend our services. Their feedback provided valuable insights into the positive impact our support had on their confidence, ability to cope with daily challenges, reduction of isolation, personal safety, self-esteem, stress management, understanding of substance misuse, and overall well-being. Our team received overwhelmingly positive feedback for their approach and the support provided, whether through 1.1 sessions or group activities. Here's an example of the feedback we received: ""I have benefited greatly from these regular supportive chats, I wish I had known about this marvellous service much much sooner along my journey. Thank you."
In an effort to promote well-being, we hosted a "Time to Take 5" event and a Wellbeing Day for our adult clients. These events emphasized the importance of considering one's own well-being while managing external factors that impact daily lives.

To raise awareness, we conducted 15 sessions for educational institutions, social services, professional bodies, statutory agencies, and third-sector organizations. These sessions shed light on our clients' experiences and educated stakeholders about the effects of drug and alcohol misuse on families.

This year, we were fortunate to secure external funding, enabling us to offer additional well-being sessions. These sessions included equine therapy for both adults and children, reiki, hot stone therapy, reflexology, and special events for CYP that incorporated art therapy and yoga.

Our active participation in Harm Reduction and Combatting Drug Partnerships events amplified our clients' voices and provided a platform to address the numerous daily challenges they face.

We remain dedicated to developing the support we offer to ensure that we are meeting the needs of both our clients and the wider communitites



We delivered 15 Awarenes raising training sessions

We supported 563 families





We provided 1867, 1:1 support sessions

Kate Peake Grants and Development Manager– Grants 2022-2023

It has been an eventful year for grants within Family Support Link. Despite facing challenges, including a temporary hold on grant writing due to the tender situation, we have still achieved great success. We secured grants for a number of programs, continued to consolidate existing initiatives, and are now actively preparing for the upcoming year with renewed enthusiasm.

OPFCC Grant for the PuP Programme:

We successfully secured a grant from the Office of the Police, Fire and Crime Commissioner (OPFCC) to fund part of our PuP (Parents under Pressure) programme, alongside the Tudor Trust. We are seeing incredible stories of change and transformation through the programme and we are excited to be able to continue this work for another year.

Grocer's Memorial Fund Grant for M-PACT Celebrations:

We received funding from the Grocer's Memorial Fund to host celebrations with our clients at the conclusion of the M-PACT programmes. This support allows us to recognize the successes of our clients and foster a sense of community and achievement.

The Household Support Fund for food vouchers:

We successfully secured funding to provide 30 food vouchers to clients across the county from both the West Northants and North Northants Household Support Funds. This initiative not only addressed immediate needs but also helped strengthen our ties with the community.

High Sheriff's Initiative Fund for Co-Designed Youth Projects:

The High Sheriff's Initiative Fund awarded us funding to develop co-designed projects that are run by young people, for young people. This initiative empowers youth and fosters leadership and responsibility within our children and young people.

The Tudor Trust for staff development:

We were granted some additional money from The Tudor Trust in recognition of the difficult job that our staff do, and the need to ensure we are prioritising their development and wellbeing.

Northampton Town Council Councillor Fund for CYP Fun Day:

With the support of Cllr Daniel Soan, we received funding to enable us to take our children and young people clients on a fun day out. It will give them a chance to focus on themselves and forget the stresses in their home environment, whilst gaining vital peer support and making friends with other children and young people who understand.

Tender Confirmation:

One of the most significant accomplishments of the year was the confirmation of the tender. This development validates our hard work and perseverance throughout a challenging period. It opens up new opportunities for us to serve the community and fulfill our mission effectively.

Consolidation of Programs:

Recognising the importance of stability and focus, we dedicated time to consolidate the various programs we had initiated. This ensures that our initiatives are integrated into the organization seamlessly, creating a stronger foundation for future growth and impact.

This year has been a rollercoaster ride, marked by challenges and triumphs. Our success in securing grants for key programs, the confirmation of the tender, and the consolidation of existing initiatives were all important steps forward for us. With the tender now confirmed, we are making up for lost time and actively pursuing new grant applications for the upcoming year. We are excited about the opportunities that lie ahead and remain committed to making a lasting impact in the coming year.

Treasurer's Report 2022-23

This set of financial statements for Family Support Link represents the first as a Charitable Incorporated Organisation, before that we were a registered charity for 15 years. The charity's finances remain in a healthy position with total funds covering approximately 4 months of ongoing expenditure at the end of March 2023. There continues to be an increased demand for our services, which has, and continues to be a challenge on our staff resources We have embraced new technology, improved our ways of working and used skilled services to help us to meet this demand.

Our core funding still comes from North Northamptonshire Council and is paramount to the effective delivery of our core service. The contract expires in March 2023 however, we are hopeful that a new contract will be awarded to us later this year. We also received new funding from The Lottery 'Community Fund', which started in April 2022 for 3 years. This will give us some stability as we seek to find new funding and opportunities to increase our income.

Income for the year 2022-23 was £401,879 compared to £313,329 in 2021-22, a 28% increase. This was mainly from the one off OHID funding from North Northamptonshire Council of £37,146, used for additional expenditure relating to health improvements and disparities. We also had significant funding from Garfield Weston, Grocers, High Sheriff Initiative, People's Postcode and a Police & Crime grant.

Expenditure in 2022-23 also increased by 17% to £383,333 from £330,248 in the previous year. The cost of living crisis added to inflationary pressures which pushed up prices, in some instances by more than 10%. As mentioned above the OHID monies received were spent in full as a condition of the grant. To deliver our services we invested in more I.T. and software, upgraded equipment, printing of new leaflets, provided more activities for our client groups and spending a significant amount on training. Staffing costs remained stable, increasing by only 8.5% with an extra member of staff employed during the year. These figures resulted in the charity having a surplus of £18,546 for the year, increasing fund reserves to £127,153. These funds are important, enabling the charity to continue with existing projects and have sufficient levels for any short term downturn.

Family Support Link continues to receive an unqualified independent examination, which reflects the robust financial systems and procedures in place, which gives our stakeholders peace of mind. The charity has regular finance meetings and identifies areas to spend monies prudently, in line with the grant givers guidance and to identify new sources and methods of funding. Key financial issues are discussed, and relevant decisions made are communicated to the board of trustees.

As mentioned above, inflation is causing significant challenges to individuals and organisations. This has already resulted in cost pressures pushing up prices for our running costs and pay rises. This will continue to have an impact on our expenditure during 2023-24 and beyond. Staffing is our key asset, delivering important services to clients, it is also our largest cost. We will continue to ensure new contracts and funding bids include appropriate uplifts to reflect these inflationary pressures.

Our finances continue to remain robust. With the funding obtained by the Lottery until March 2025, the anticipated award of a new contract from North Northamptonshire Council and new funding applications made for 2023-24, we are confident of sustaining the high level of service delivery to our clients and communities. The Charity has healthy cash-flow, reserves and a supportive base of management, staff, trustees, and volunteers to focus on key priorities.

Finally, I thank my fellow trustees, staff, and volunteers of Family Support Link for their continued support and hard work over the last 12 months.

Signed ....Elaine Brooker.....

Name (Printed) ..ELAINE BROOKER.....

Date ....18/10/2023.....

Treasurer - Family Support Link

INDEPENDENT EXAMINER'S REPORT 2022-23

To: **The members of Family Support Link** Registered Charity Number: **1196808**
I have examined the accounts of the Charity set out on pages 15 to 21, which have been prepared on the accruals concept for the financial year ending 31st March 2023.

Respective responsibilities of trustees and examiner
The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.
It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

Basis of the independent examiner's statement
My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement
In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:
   - to keep accounting records in accordance with section 130 of the Charities Act; and
   - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....

Peter Strong – Independent Examiner
16 Sapphire Close
Kettering
Northants

Date: 2nd August 2023

Family Support Link

Support for families across
Northamptonshire affected
by someone else's drug or alcohol use.

Charity No:- 1196808

FINANCIAL STATEMENTS

FOR THE 12 MONTHS ENDED 31ST MARCH 2023

Financial Statements prepared by
DM Accounting Services

Independently examined by
Peter Strong

FAMILY SUPPORT LINK

STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME & EXPENDITURE ACCOUNT)
FOR YEAR ENDED 31ST MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Total 2021/22 £
INCOME					
Income and Endowments:					
Donations & Legacies	2	3,610.35	-	3,610.35	4,286.27
Charitable Activities	3	1,780.00	395,258.41	397,038.41	306,839.56
Investments	4	51.37	-	51.37	-
Other	5	1,178.55	-	1,178.55	2,203.91
TOTAL INCOME		**6,620.27**	**395,258.41**	**401,878.68**	**313,329.74**
EXPENDITURE					
Expenditure On:					
Raising Funds	6	214.93	209.58	424.51	216.00
Charitable Activities	7	4,898.21	372,196.70	377,094.91	322,936.17
Governance Costs	8	75.00	5,738.00	5,813.00	7,096.50
TOTAL EXPENDITURE		**5,188.14**	**378,144.28**	**383,332.42**	**330,248.67**
NET INCOME/-EXPENDITURE		**1,432.13**	**17,114.13**	**18,546.26**	**-16,918.93**
TRANSFER BETWEEN FUNDS		**-0.66**	**0.66**	**-**	**-**
NET MOVEMENT IN FUNDS		**1,431.47**	**17,114.79**	**18,546.26**	**-16,918.93**
RECONCILICATION OF FUNDS					
Total Funds Brought Forward		87,372.53	21,234.62	108,607.15	125,526.08
TOTAL FUNDS CARRIED FORWARD	14 & 15	**88,804.00**	**38,349.41**	**127,153.41**	**108,607.15**

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.
All of the above amounts relate to continuing activities.

The notes on pages 17 to 21 form part of these financial statements.

FAMILY SUPPORT LINK

BALANCE SHEET - AS AT 31ST MARCH 2023

	Notes	31/03/2023 £	31/03/2022 £
ASSETS			
Fixed Assets		-	-
Total Fixed Assets		-	-
Current Assets			
Prepayments	10	4,871.11	2,051.80
Debtors	11	4,095.00	4,795.00
Cash at Bank and In Hand			
Natwest Current a/c		89,743.78	179,304.01
Natwest Reserve a/c		75,051.37	-
Petty Cash a/c		20.36	20.31
Total Current Assets		173,781.62	186,171.12
Current Liabilities			
Creditors: Amounts Falling Due Within One Year			
Sundry Creditors	12	1,032.76	802.97
Provisions for Liabilities	13	45,595.45	76,761.00
Total Current Liabilites		46,628.21	77,563.97
NET CURRENT ASSETS		127,153.41	108,607.15
TOTAL ASSETS LESS CURRENT LIABILITIES		127,153.41	108,607.15
NET ASSETS		**127,153.41**	**108,607.15**
FUNDS OF THE CHARITY			
Unrestricted Funds:			
General Funds	14	88,804.00	87,372.53
Restricted Funds	15	38,349.41	21,234.62
TOTAL FUNDS		**127,153.41**	**108,607.15**

I approve these accounts on behalf of all the Trustees.

Signed .....

Name (Printed) RAY FARROW

Date 18/10/2023

FAMILY SUPPORT LINK - NOTES TO THE FINANCIAL STATEMENTS 2022-23

1. Accounting Policies

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities", preparing their accounts in accordance with the Financial Reporting Standard applica

Going Concern - There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

a) Voluntary income is received by way of donation and gifts and is included in full in the Statement of Financial Activities when received.

b) Grants, including grants for the purchase of equipment, are recognised in full in the Statement of Financial Activities in the year in which they are received.

c) Resources expended that can be wholly attributed to a fund are allocated as such. Other resources expended are divided between each fund depending on activity of the fund at the time of expenditure.

d) Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund.

e) Unrestricted funds are donations and other income received or generated for the objects of the Charity without further specified purpose and are available as general funds.

f) Designated funds are funds set aside out of unrestricted funds by the trustees for specific purposes.

g) The charity operates a non-capitalisation policy for items purchased under £1,000.

2. Donations and Legacies	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Elizabeth Church	-	-	-	50.00
Glenvale Park	-	-	-	117.00
Happy To Help	-	-	-	300.00
Just Giving	398.76	-	398.76	68.27
HMRC Gift Aid	340.64	-	340.64	-
Heart England C Wesleyan	2,290.95	-	2,290.95	-
Northants LLP	-	-	-	750.00
Raunds Town Council	-	-	-	2,751.00
R Farrow	200.00	-	200.00	-
Rotary Club	-	-	-	150.00
Other Donations	380.00	-	380.00	100.00
Total	**3,610.35**	**-**	**3,610.35**	**4,286.27**

FAMILY SUPPORT LINK - NOTES TO THE FINANCIAL STATEMENTS 2022-23

3. Charitable Activities	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Big Lottery Fund - Reaching Communities	-	-	-	100,312.00
Children In Need	-	10,105.50	10,105.50	4,891.00
Constance Travis	-	-	-	2,989.76
Co-op wellbeing		1,773.27	1,773.27	-
Family Food Aid - NCF	-	-	-	2,000.00
Faraway Charity	500.00	-	500.00	700.00
Forward Trust	800.00		800.00	-
Garfield Weston		16,667.00	16,667.00	8,333.00
Grocers		5,000.00	5,000.00	-
Hedley Foundation	-	-	-	415.00
High Sheriff		4,992.64	4,992.64	-
National Lottery - Community Fund		90,838.00	90,838.00	-
North Northans Council	-	160,000.00	160,000.00	160,000.00
North Northans Council - OHID		37,146.00	37,146.00	-
Northampton Town Council		4,500.00	4,500.00	-
CYP - N T C	480.00		480.00	-
Peoples Postcode	-	11,653.00	11,653.00	8,323.00
Police & Crime - OPFCC		10,000.00	10,000.00	-
Queens Institute	-	-	-	11,625.80
Tudor Trust	-	42,583.00	42,583.00	7,250.00
Total	**1,780.00**	**395,258.41**	**397,038.41**	**306,839.56**

Includes all contractual income and performance related grants towards charitable activities

4. Investments	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Interest Earned	51.37	-	51.37	-
Total	**51.37**	**-**	**51.37**	**-**

5. Other Income	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Campaign Income	468.10	-	468.10	1,406.15
Training/Reimbursed Expenses	710.45	-	710.45	797.76
Total	**1,178.55**	**-**	**1,178.55**	**2,203.91**

6. Raising Funds	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Fundraising Costs	214.93	209.58	424.51	216.00
Total	**214.93**	**209.58**	**424.51**	**216.00**

7. Charitable Activities Expense	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Bank Charges	182.75	-	182.75	22.75
Books & Publications	-	660.00	660.00	-
Catering & Hospitality	92.50	281.81	374.31	1,951.99
Cleaning	-	1,410.84	1,410.84	437.92
Equipment Rental	138.24	1,424.00	1,562.24	1,382.24
Expensed Equipment	-	3,398.90	3,398.90	1,571.87
Gifts & Donations	57.00	-	57.00	-
Insurance	-	1,637.72	1,637.72	1,262.28
Licenses and Permits	20.00	224.00	244.00	425.00
Minibus Hire	-	-	-	860.00
Miscellaneous	1,453.49	65.13	1,518.62	993.59
Office Supplies	321.70	279.60	601.30	356.33
Payroll Costs	457.92	283,021.15	283,479.07	261,151.68
Postage and Delivery	-	-	-	211.06
Printing and Reproduction	621.60	5,202.67	5,824.27	135.14
Professional Fees	50.00	4,920.54	4,970.54	5,285.18
Programme Expense	1,456.14	4,060.84	5,516.98	3,707.31
Recruitment	-	-	-	825.00
Rent	-	22,406.00	22,406.00	19,156.00
Room Hire	-	704.00	704.00	2,039.50
Software & Website	-	8,142.67	8,142.67	4,359.04
Subscriptions	-	701.80	701.80	420.00
Mobile	-	4,380.44	4,380.44	4,091.76
Telephone & Internet	-	1,887.33	1,887.33	2,006.76
Training	11.37	21,801.58	21,812.95	5,344.92
Travel & Subsistence	35.50	5,585.68	5,621.18	4,938.85
Total	**4,898.21**	**372,196.70**	**377,094.91**	**322,936.17**

8. Governance Costs	Unrestricted Funds	Restricted Funds	Total 2022/23	Total 2021/22
	£	£	£	£
Professional Fees - Consulting Accounting	-	4,716.00	4,716.00	4,018.50
Professional Fees - Independent Exam	-	650.00	650.00	650.00
Professional Fees - Legal & Formation	75.00	-	75.00	2,000.00
Professional Fees - Payroll	-	372.00	372.00	428.00
Total	**75.00**	**5,738.00**	**5,813.00**	**7,096.50**

9. Staff Costs and Emoluments	Total 2022/23	Total 2021/22
	£	£
Gross Salaries & Wages	261,525.23	240,647.47
Employer's National Insurance	16,796.23	15,987.99
Employer's Pension Contributions	5,157.61	4,516.22
Total	**283,479.07**	**261,151.68**

The average number of staff employed during the period was 12 (2021-22 was 11). No employees received emoluments of more than £60,000 in 2022/23. No Trustees claimed expenses in 2022/23.

10. Prepayments	Total 2022/23 £	Total 2021/22 £
ACAS - Training	-	175.00
Northamptonshire Chamber	238.80	238.80
RN Property	1,638.00	1,638.00
Forward Trust	1,000.00	-
Ladbrook	1,843.81	-
TenPinUK	150.50	-
Total	**4,871.11**	**2,051.80**

11. Debtors	Total 2022/23 £	Total 2021/22 £
RN Property - Rent Deposit Scheme	4,095.00	4,095.00
Other	-	700.00
Total	**4,095.00**	**4,795.00**

12. Sundry Creditors	Total 2022/23 £	Total 2021/22 £
Trade Creditors (Suppliers)	1,032.76	9.98
Pension Liability	-	792.99
Total	**1,032.76**	**802.97**

13. Provisions for Liabilities	Total 2022/23 £	Total 2021/22 £
Accurals	7,213.95	2,800.00
Deferred Liabilites	38,381.50	73,961.00
Total	**45,595.45**	**76,761.00**

Deferred liabilities is made up of three grants from funders, relating to the financial year 2023-24.

14. Unrestricted Funds	Opening Balance £	Income £	Expense £	Transfer £	Closing Balance £
General Funds	86,742.65	5,640.27	4,058.26	- 0.66	88,324.00
Northampton Town Council - CYP	-	480.00	-	-	480.00
Faraway	629.88	500.00	1,129.88	-	-
Total	**87,372.53**	**6,620.27**	**5,188.14**	**- 0.66**	**88,804.00**

FAMILY SUPPORT LINK - NOTES TO THE FINANCIAL STATEMENTS 2022-23

15. Restricted Funds	Opening Balance	Income	Expense	Transfer	Closing Balance
	£	£	£	£	£
Children In Need	833.15	10,105.50	8,381.03	-	2,557.62
Co-op wellbeing	0.00	1,773.27	-	-	1,773.27
Constance Travis	2,038.55	-	2,038.55	-	0.00
Garfield Weston	8,333.00	16,667.00	25,000.45	0.45	0.00
Grocers	0.00	5,000.00	-	-	5,000.00
Hedley Foundation	186.11	-	186.29	0.18	0.00
High Sheriff	0.00	4,992.64	126.00	-	4,866.64
National Lottery - Community Fund	0.00	90,838.00	90,862.35	-	-24.35
North Northamptonshire Council	8,470.95	160,000.00	156,118.27	-	12,352.68
North Northamptonshire Council - OHID	0.00	37,146.00	37,146.00	-	0.00
Northampton Town Council - Rent	0.00	4,500.00	2,750.00	-	1,750.00
Peoples Postcode	2,548.10	11,653.00	14,201.13	0.03	0.00
Police & Crime - OPFCC	0.00	10,000.00	1,497.31	-	8,502.69
Tudor Trust	-1,175.24	42,583.00	39,836.90	-	1,570.86
Total	**21,234.62**	**395,258.41**	**378,144.28**	**0.66**	**38,349.41**

National Lottery Community Fund - is for Project 'Families Together I.D. 20168389 for 5 years from April 2022.