

MINEHEAD DEMENTIA ACTION

England & Wales · Charity number 1196795

Details

Other names	MINEHEAD DEMENTIA ACTION ALLIANCE, Minehead Dementia Action
Status	Registered
Legal form	CIO
Registered	2021-11-26
Register	View on the Charity Commission register

Contact

Address	50 Lower Park Minehead Somerset TA24 8AY
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Website	MineheadDA.org.uk

Activities

Objects: TO PROMOTE, FOR THE PUBLIC BENEFIT, THE HEALTH AND WELL-BEING OF PEOPLE LIVING WITH DEMENTIA, AND THEIR FAMILIES AND CARERS, IN MINEHEAD AND THE SURROUNDING AREA, BY:PROVIDING ACTIVITIES FOR PEOPLE WITH DEMENTIA TO IMPROVE THEIR PHYSICAL AND MENTAL WELL-BEING , AND TO IMPROVE THEIR QUALITY OF LIFE;PROVIDING OPPORTUNITIES FOR SOCIAL INTERACTION AND MUTUAL SUPPORT FOR PEOPLE WITH DEMENTIA AND THEIR CARERS;GIVING PEOPLE WITH DEMENTIA AND THEIR CARERS A VOICE, AND ENABLING THEM TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY;RAISING AWARENESS IN THE COMMUNITY OF DEMENTIA BY GIVING TALKS, USING MEDIA COVERAGE AND BY OTHER MEANS OF COMMUNICATION.ENGAGING WITH BUSINESSES AND OTHER ORGANISATIONS IN AND AROUND MINEHEAD TO RAISE AWARENESS OF DEMENTIA AND TO SEEK THEIR SUPPORT.LIAISING WITH LOCAL HEALTH AND SOCIAL CARE PROVIDERS, TO SUPPORT PEOPLE WITH DEMENTIA AND THEIR CARERS, AND ENCOURAGING THOSE PROVIDERS TO ADAPT SERVICES TO BETTER MEET THE NEEDS OF PEOPLE WITH DEMENTIA;HELPING PEOPLE WITH DEMENTIA AND THEIR CARERS TO ENGAGE EFFECTIVELY WITH SERVICE PROVIDERS;LIAISING WITH REGIONAL AND NATIONAL DEMENTIA CHARITIES TO ENSURE THE NEEDS OF PEOPLE WITH DEMENTIA, AND THEIR CARERS, IN THE MINEHEAD AREA ARE MET.

Activities: Aims: To support people with memory loss and their carers in the Minehead area. To maintain community involvement by providing a range of activities. To raise awareness of dementia by working with local businesses, organisations and the general public.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- Somerset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-11-30	£12,401	£9,423	-	-
2024-11-30	£11,866	£5,545	-	-
2023-11-30	£18,872	£7,626	-	-
2022-11-30	£3,089	£4,110	-	-

Trustees

Name	Role	Appointed
Christine Lehegarat	Chair	2025-04-15
Barbara Elizabeth Kim Berkhauer		2024-08-19
Della Paine		2023-02-14
Emily J Feldberg		2021-01-18
Susan Mew		2021-01-18

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Minehead Dementia Action Annual Report 2026

The good news is that the organisation of Minehead Dementia Action is increasingly effective. Under the secretary this year we have made sure all the policies are fit for purpose and tweaked where they were not. Our treasurer has ensured that the monies are all accounted for and that the way we apply for them is transparent and clear. Big thanks as always go to all the trustees, for all the unpaid work they put in to make things run smoothly.

I said last year that I was going to step down this year, and I'm glad to say that another trustee has agreed to put herself forward for election. She has been shadowing me for a year, and I can recommend her without reservation. Not only is she well qualified to take up the post of chair, but she is very nice as well and will make an excellent chairperson.

The biggest challenge this year will be to find and appoint new trustees. Our wonderful secretary Barbara is going to become Service Co-Ordinator and therefore she rightly thinks she should not be a trustee. Also, our Treasurer, Debbie, is happy to continue as Treasurer but does not wish to be a trustee. We will also be losing our previous Treasurer, David, who is stepping down as a Trustee.

So, we will be looking for at least three new trustees.

Now, looking at the time since the last chair's report:

We provide social support and a meeting place for people and their carers living with dementia through activities.

It is incredible that we have done so much within the year. It is easy to just take it as normal that every week there is one if not two or three activities specially tailored for people living with dementia and their carers. Except that it is not normal, it is a huge achievement. After all Taunton doesn't to my knowledge have all these activities happening and Taunton is BIG!

All our activities have run well throughout the year powered by the continuously cheerful input of volunteers. All the different activities rely on the volunteers who are unceasingly enthusiastic and efficient. THANKYOU VOLUNTEERS.

To date the charity, MDA has run weekly activities, Memory Cafe, Singing for the Brain (in conjunction with Alzheimer's society) and monthly Amble not Ramble. The twice a week Della's Diners has recently been run by Marie due to Della's illness.

Provide one off trips to people living with dementia and their carers, at reduced prices. E.g. Christmas trip and to Monkton Elm Garden Centre

Sign posted people with information about activities, resources, people and places to go, equipment, etc. This is hugely helped by the now fully updated website, and maintained by our wonderful administrator, Sarah.

Held Fundraiser – Very successful Ball with MDA benefiting from the resulting profit.

Received many generous donations both from individuals and organizations. We thank them all and will constantly endeavour to spend the money wisely.

MDA has also successfully applied for grants from the Co-op, again! And Tesco's. Thanks are due to our administrator, Sarah.

Receipt of many donations from funerals. See the financial report for specifics

All Funds raised are all used to give information about, or provide activities, to help local people live well with dementia, engage and educate both the general public and carers about the nature of dementia,

We would like to thank all our valuable volunteers who work so hard to provide the services we offer. We are all volunteers and we rely on volunteers' help completely, so a huge thank you is due to all of us.

(New) Chair's report.

I would like to start my first report by saying thank you to Emily. She has chaired with gentleness and humility. She will be a tough act to follow. Heartfelt thanks also go to David, our former treasurer, following his resignation. His input will be greatly missed, but I'm sure we will keep in close contact.

Barbara is resigning as our secretary. She is doing this so she can concentrate on her new role as Service Co-ordinator in which she can focus on delivering services and volunteer management.

I'm very pleased to welcome Debbie as our treasurer and to give thanks to Sarah for her continued support as our administrator.

A little bit about me- I am bringing many years' experience as a nurse, a volunteer co-ordinator and a relative of a person with dementia. I am particularly hopeful that we will make stronger links with health services, and I will be working on my contacts. I am passionate about wildlife and nature and would love to share this passion in any way I can.

Our greatest strength comes from our committed and passionate volunteers. We all share the same purpose of delivering meaningful and enjoyable activities. We are all volunteers, trustees, officers and those leading the activities. Many of us have two roles, and I hope there will be

more opportunities for us to work more closely together. I really hope some of our activity's volunteers will consider becoming trustees- you are most welcome. Personally, I am looking forward to being involved with the Ball this year, as I didn't have the opportunity last year. I am also looking forward to helping run the proposed new gardening group which we hope to have soon in Blenheim gardens. Feedback from our participants demonstrate how much they enjoy the activities. All respondents replied positively.

Upcoming plans for the next year include a talk for the Minehead and district Lions club, numerous awareness raising activities for Dementia awareness week, and involvement in the new Dementia insights HUB being developed by Spark. From this we hope to raise our profile, have better access to funding sources, and work more closely with other organisations.

MINEHEAD DEMENTIA ACTION

Income over Expenditure 1st December 2024 to 30th November 2025

	INCOME	EXPENDITURE
Activities Phone		£72.00
Admin		£4,824.00
Advertising		£144.59
Krystal Hosting Ltd		£9.59
Word Gets Around Advert		£120.00
Volunteer Recruitment		£15.00
Amble not Ramble	£30.00	
Donations	£30.00	
Card Charges		£11.45
Cream Tea		£0.04
Charity Ball		£11.41
Charity Ball	£3,838.02	£734.73
Venue Hire		£80.00
Raffle Prizes		£225.71
Catering		£229.02
DJ		£200.00
Funds Raised	£3,838.02	
DBS Checks		£36.00
Della's Dinner	£642.56	£334.89
Raffle	£453.06	
Xmas Meals		£97.89
Cream Tea	£135.50	
Tombola Event	£54.00	
Volunteer Lunches		£237.00
Equipment		£497.38
Printer - Sarah		£359.99
Printer - Della		£137.39
First Aid Training		£500.60
Venue Hire		£47.00
Training		£453.60
Insurance		£379.64
Memory Café	£154.05	£803.40
Equipment		£190.30
Memory Café		£100.00
Refreshments		£13.10
Singer		£25.00
Venue Hire		£475.00
Donations	£154.05	
Monkton Elm		£405.00
Della's Dinner Coach		£330.00
Della's Dinner Meals		£75.00
Outside Donations	£6,562.48	
Co-op Food Fund	£2,825.85	
Eat Festival	£22.65	

Exmoor Motor Club	£150.00	
Glenmore Bakery	£25.20	
In Memory	£334.75	
Minehead Male Voice Choir	£84.00	
Tesco	£480.77	
Williton Window	£1,230.00	
Easy Fundraising	£21.26	
Cream Tea	£2.00	
Groundwork UK Tesco	£1,125.00	
Donations	£61.00	
Hodges Plumbing	£200.00	
Printing		£131.99
Booklets x 150		£106.49
Gift Aid Envelopes x 120		£25.50
Promotional Items		£362.45
Banners		£243.95
T-Shirts		£118.50
Rural and Coastal Project	£100.00	
Rural and Coastal Project	£100.00	
Social Club Bingo Night	£931.85	
Social Club Bingo Night	£931.85	
Stationery		£43.41
Name Badges x 20		£13.99
Printer Paper		£24.92
Volunteer Recruitment Pad and Pens		£4.50
Error	£142.00	£142.00
Grand Total	£12,400.96	£9,423.53

Income	£12,400.96
Expenditure	£9,423.53
	£2,977.43

Opening Bank Balance	£20,958.94
Closeing Bank Balance	£23,936.37
	£2,977.43

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Minehead Dementia Action Alliance

Trustee annual report for Charity Commission

9th April 2024

01/12/2022 - 30/11/2023

Regular activities:

Della's Diners, Memory Cafe, Singing for the Brain (in conjunction with the Alzheimer's Society) and Amble nor Ramble are the backbone of Minehead Dementia Action Alliance (MDAA). The effect of a Covid shocked population was felt by lower attendance numbers initially but these increased steadily over the year.

Fundraising:

We have had a very successful fundraising year and large sums were raised at a grand Charity Ball, a sponsored Sky Dive and a sponsored 20 mile walk. Other successful events included a 60th birthday party where donations were given instead of presents, We also held Cream Teas and concerts.

Donations:

We are extremely grateful for the money that has been donated to us in memory of loved ones.

Grants:

We were fortunate to receive a grant from Somerset Community Foundation and these funds are ring fenced to pay for our Administrator. We were also fortunate to receive a grant from Minehead Town Council and funding from the Co-op Local Community Fund.

Raising awareness of dementia in the local community:

This is an important part of MDAA and in the Autumn of 2022 we were pleased to have a display at the West Somerset conference in Watchet entitled 'Travelling the Dementia Journey'. The event was very successful with many local providers of services represented along with National organisations.

Following on from the above conference MDAA helped to organise a Roadshow in Minehead in April to launch the newly formed 'Somerset Dementia Wellbeing Service'. Once again many local organisations and professionals were in attendance and were able to offer support and information for people with dementia and their carers.

Other forms of raising awareness included holding activities during the Alzheimer's Society Dementia Action Week in May; having a presence at the Minehead Steam Punk Festival; having information stands in the Co-op & Tescos and also at Westerley Care home.

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MINEHEAD DEMENTIA ACTION ALLIANCE

TRUSTEES ANNUAL REPORT FOR THE PERIOD: 01/12/2021 - 30/11/22

We have slowly been recovering from the cessation of our activities during the Covid lockdowns and have restarted the following activities:

Della's Diners lunch club.

Forget-me-not support group for people with dementia and their carers.

Singing for the Brain group - in conjunction with the Alzheimer's Society.

Amble not Ramble group.

We have a continual flow of new people at all activities.

Apart from providing activities we also work towards raising awareness in our local community especially during the Alzheimer's Society Dementia Action Week in May.

We continue to liaise and network with health and social care providers and regional and national dementia charities.



Receipts and payments accounts

For the period from	Period start date 01/12/2021	To	Period end date 30/11/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Members Donations	330	-	-	330	-
Outside Donations	1,857	-	-	1,857	500
In Memory Donations	826	-	-	826	228
HMRC Gift Aid	51	-	-	51	-
Activities	-	-	-	-	-
Misc.	25	-	-	25	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,089	-	-	3,089	728
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,089	-	-	3,089	728
A3 Payments					
Venue Hire	469	-	-	469	20
Activities Phone	72	-	-	72	40
Misc.	470	-	-	470	291
Secretary Expenses	58	-	-	58	-
Activities Expenses	592	-	-	592	144
Administrator	3,075	-	-	3,075	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,736	-	-	4,736	495
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,736	-	-	4,736	495
Net of receipts/(payments)	- 1,647	-	-	- 1,647	232
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,063	-	-	5,063	5,253
Cash funds this year end	3,416	-	-	3,416	5,485

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	TSB Bank Current Account	3,391	-	-
CCXX R1 accounts (SS)	Petty Cash 1	25	-	-

	-	-	-
Total cash funds	3,416	-	-
(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Details	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets	Fund to which asset belongs	Cost (optional)	Current value (optional)
Details		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use	Fund to which asset belongs	Cost (optional)	Current value (optional)
Details		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities	Fund to which liability relates	Amount due (optional)	When due (optional)
Details		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval