



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**Period start date: 19/02/23**

**Period end date: 18/02/24**

**Charity name: Flower Power Book**

**Charity registration number: 1196754**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none"><li>1. For the public benefit, to advance the education of primary school pupils in the UK by providing educational materials which promote mental health.</li><li>2. To advance the education of the public in the subject of mental health.</li><li>3. To advance such charitable purposes (according to the law of England &amp; Wales) as the trustees see fit from time to time but not limited to advancing the education of children and young people for the public benefit by making donations to charities which support these aims.</li></ol>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ol style="list-style-type: none"><li>1. Retail of books and resources to primary schools, libraries and the general public.</li><li>2. Workshops &amp; talks in primary schools to children, and in libraries for the general public.</li><li>3. Participation in community events which promote mental health and wellbeing for the benefit of the public.</li><li>4. Provision of free resources from our website for the benefit of the public.</li><li>5. Provision of books for the benefit of cared for children</li></ol>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Flower Power Book confirms that its trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Contribution made by volunteers	Para 1.38	We have had one volunteer who created a sensory knitted garden experience which was used for a school workshop.
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<ul style="list-style-type: none"> <li>- Work experience project with a local college to create a rap song &amp; other resources for Flower Power Book. Students performed Flower Power! to primary school children at a local library and at a local school as part of the school's wellness week. Students completed their rap song and published it on the website.</li> <li>- Workshops were held at a local library, and talks were given as part of as school assemblies at 6 primary schools as part of Flower Power! themed whole school community project weeks. A talk was given at a local WI about the book and mental health awareness.</li> <li>- Books were given to Staffordshire "cared for children", also to "cared for children" in Derbyshire and parts of Stoke-on-Trent.</li> <li>- An additional resources package for "cared for children" was added to the website Resources Hub.</li> <li>- Our volunteer ran a storytelling workshop using the sensory knitted garden that she had created.</li> </ul> <p>We can confirm the following achievements where our resources have been taken up by schools and libraries:</p> <ol style="list-style-type: none"> <li>1. The mental, and, particularly, the emotional health of children in primary schools who have engaged with our resources has been positively enhanced.</li> <li>2. The mental health and wellbeing of teachers in school has likewise been supported by working with our resources.</li> <li>3. Feedback from our workshops confirms that the mental health of children and the public who took part has overwhelmingly been nurtured and improved.</li> <li>4. Children and adults who have engaged with our book and resources are empowered to report and share what they have learnt within their families and communities; in this way, our work benefits wider society as a whole.</li> </ol>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period, the charity's financial status showed a cash balance of £ £2335.86.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity policy is to set a minimum reserve bank balance of £500. This is assessed by routinely reviewing the balance (this is the only account for the charity). The reserve is set at this level to allow for the charity to operate for a minimum of one year without any income if the level is reached. This covers all operation costs such as insurance, web-site domain registration etc.
Amount of reserves held	Para 1.22	£500
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>The key sources of funds during the year were donations, and sales of a book ("Flower Power!") and associated teaching/learning resources.</p> <p>Expenditure during the year covered the printing costs of books, and basic expenses to provide insurance and web-site related costs.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity has no investment policy.

## Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document	Para 1.25	Charity Commission 'Foundation' model Constitution
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	At present there are three first charity trustees who are appointed for life. Since we are a small charity, we have no plans to appoint additional trustees. Any subsequent trustees would be appointed for a term of three years by a resolution passed at a properly convened meeting of the current charity trustees. The selection of individuals for appointment as charity trustees would have regard to the skills, knowledge and experience needed for the effective administration of our CIO; applicants would need to provide a detailed CV, and attend an interview, after which a unanimous decision from the first three charity trustees would be required before any appointment can be made.

## Reference and Administrative details

Charity name	Flower Power Book
Other name the charity uses	N/A
Registered charity number	1196754
Charity's principal address	12 Narrow Lane, Denstone, Uttoxeter, Staffordshire, ST14 5DR

## Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Caroline Ann Hodges	Founder/Chair		
Timothy Hodges	Secretary		
Wendy Jane Leiter			

Corporate trustees – names of the directors at the date the report was approved

<b>Director name</b>		
<b>N/A</b>		

Name of trustees holding title to property belonging to the charity

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	
<b>N/A</b>		

### **Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### **Additional information (optional)**

#### **Names and addresses of advisers (Optional information)**

<b>Type of adviser</b>	<b>Name</b>	<b>Address</b>
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<b>N/A</b>		
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#### **Name of chief executive or names of senior staff members (Optional information)**

<b>N/A</b>
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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A, all information disclosed

## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Caroline Ann Hodges

Timothy Hodges

Position

Chair

Secretary

Date

14/09/2024



Receipts and payments accounts

CC16a

For the period  
from

19/2/23

To

18/2/24

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	1,354	-	-	1,354	2,108
Book & resource sales	747	-	-	747	255
Fundraising Activities	- 0	-	-	-	-
Workshop payments	- 0	-	-	-	20
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
<b>Sub total</b> (Gross income for AR)	2,101	-	-	2,101	2,383
<b>A2 Asset and investment sales, (see table).</b>					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	- 0
<b>Sub total</b>	- 0	- 0	- 0	-	- 0
<b>Total receipts</b>	2,101	- 0	- 0	2,101	2,383
<b>A3 Payments</b>					
Book production costs	150	-	-	150	1,429
Insurance	96	-	-	96	96
Website costs	240	-	-	240	5
Other operational costs	134	-	-	134	10
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
	- 0	-	-	-	-
<b>Sub total</b>	620	-	-	620	1,540
<b>A4 Asset and investment purchases, (see table)</b>					
	- 0	- 0	- 0	-	
	- 0	- 0	- 0	-	
<b>Sub total</b>	- 0	- 0	- 0	-	- 0
<b>Total payments</b>	620	- 0	- 0	620	1,540
<b>Net of receipts/(payments)</b>	1,481	-	-	1,481	843
<b>A5 Transfers between funds</b>	- 0	-	-	-	-
<b>A6 Cash funds last year end</b>	843	-	-	843	-
<b>Cash funds this year end</b>	2,324	-	-	2,324	843

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds	Endowment funds
		to nearest £	to nearest £	to nearest £
<b>B1 Cash funds</b>	Bank Account	2,324	-	-
		-	-	-
		-	-	-



	<b>Total cash funds</b>	2,324	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds	Restricted funds	Endowment funds
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	£	Print Name	Date of approval	
	C. A. Hodges	Caroline Ann Hodges	15/09/2024	
	T. Hodges	Timothy Hodges	15/09/2024	