

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No.            1196718**

**Registered Company No.        07032566**

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

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**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 07032566**

**ORGANISATIONAL PROFILE**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**TRUSTEES**

<b>Chair</b>	Hafsa Muhammad
<b>Member</b>	Patricia Babra Murphy
<b>Member</b>	Elizabeth Agerrimyth
<b>Member</b>	Khadidia Camara
<b>Member</b>	Amy Seidi

**REGISTERED OFFICE:**

The Greenwood Centre  
37 Greenwood Place  
2nd Floor  
London  
NW5 1LB

**BANKERS:**

NatWest Bank Plc  
Holloway Road Branch  
490 Holloway Road  
N7 6JB

**ACCOUNTANTS:**

Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA, MCIPP  
Flat 3, 11 Rochdale Way, Deptford London  
SE8 4LY

## **TRUSTEES:**

**Chair Hafsa Muhammad - Chair**

**Member Elizabeth Agerrimyth - Member**

**Member Khadidia Camara- Member**

**Member Amy Seidi - Member**

**Patricia Babra Murphy - Member**

## **Chair's report:**

2024 was an excellent year for us. We hit some key milestones. We'd like you to join us in thanking the team for their contributions. Some of my personal highlights from our activity this year include:

- Creating new partnerships and new collaborative working initiatives.
- Raising more funds with the team with various innovations for the charity.
- Increasing our customer base by 67%.
- Our mentions in the Council newsletter for the contributions and impact of the work we do.

As always, we must extend our gratitude to our funders for their financial support, as well as our strategic networks for their constant and continued support.

Our success is also directly linked to the hard work of our team. We have made extraordinary progress this year, and I'd like to personally thank every team member for their energy, commitment and consistency in driving our work forward.

This year, our plans for expansion include:

- New outreach network initiatives.
- Further training on technology.
- Sourcing a creative initiative to support our marketing/publicity/networking plans.

There are also some plans that are in their very early stages, but I look forward to sharing them with you all soon.

Thank you all for another excellent year. I look forward to continuing to break barriers in 2025 with you all.



Hafsa Muhammad 20<sup>th</sup> June, 2025

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 07032566**

**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS  
TO THE TRUSTEES OF THE UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)**

I report on the financial statements for the year ended 31 March 2025 set out on pages 5 - 11.

This report is made solely to the Trustees of Umoja Health Forum as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP . My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

**Respective responsibilities of Trustees and independent examiner**

As charity trustees of the company (and also its directors for the purposes of the company law) and for the purposes of charity law, are responsible for the preparation of the financial statements, in accordance with requirements of the companies Act 2006 ("the 2006 Act"), the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and under Part 16 of the 2006 Act, and that an independent examination is needed.

I report in respect of my examination of the Charity's accounts carried out:-

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 07032566**

**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS  
TO THE TRUSTEES OF UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)**

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
  - a) to keep accounting records in accordance with Section 130 of the Charities Act; and  
and section 386 of the Company Act 2006; and
  - b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act and of section 396 of the 2006 Act;have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Charles Osei, BSc (Hons), MSc, FCIE, AFA, ATA, MCIPP  
Flat 3, 11 Rochdale Way Deptford London SE8 4LY

Date: 23rd June 2025

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)****Registered Charity No. 1196718****Registered Company No. 07032566****BALANCE SHEET**  
**AS AT 31 MARCH 2025**

	<b>Notes</b>	<b>2024/25</b>	<b>2023/24</b>
		<b>£</b>	<b>£</b>
Fixed Assets		-	-
Current Assets			
Debtors and prepayments		-	-
Cash at Bank and in hand		43,413	38,844
Creditors: Amount due within One Year			
Other Creditors	2	(950)	(900)
Net Assets/Liabilities		<b>42,463</b>	<b>37,944</b>
Reserves			
Restricted Funds		38,163	37,944
Unrestricted Funds - General		4,300	-
		<b>42,463</b>	<b>37,944</b>

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year ended 31 March 2025 the Company was entitled to exemption under section 477 of the Companies Act 2006. Furthermore, no notice has been deposited under section 476 by members of the Company requiring it to obtain an audit of its accounts for the year in question.

The Directors acknowledge their responsibility for:

- (i) ensuring the Company keeps accounting records which comply with section 386, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of its financial year, and of its profit and loss for the financial year in accordance with section 396, and which otherwise comply with the requirements of the Companies Act relating to accounts as far as applicable to the Company.

Approved by the trustees on 20th June 2025 and signed on their behalf by:



.....  
Hafsa Muhammad  
Chair



**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

Registered Charity No. 1196718

Registered Company No. 07032566

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2025**

				2024/25	2023/24
	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
<b>Resources Arising</b>					
Income from Charitable Activities	3	4,300	68,449	72,749	53,828
<b>Total Income</b>		4,300	68,449	72,749	53,828
<b>Direct Charitable Expenditure</b>	4	-	68,230	68,230	56,784
<b>Total Expenditure</b>		-	68,230	68,230	56,784
<b>Resources retained for further use</b>		4,300	219	4,519	(2,955)
<b>Transfer between Funds</b>		-	-	-	-
<b>Net Movement in Funds</b>		0	0	0	0
<b>Reconciliations of Funds</b>					
Brought forward 01/04/2024		0	37,944	37,944	40,899
<b>Carried forward 31/03/2025</b>		<b>4,300</b>	<b>38,163</b>	<b>42,463</b>	<b>37,944</b>

Movements in reserves and all recognised and losses are shown above.

The charity's incoming resources and resources expended all relate to continuing activities.

The notes on pages 7 - 11 form part of these financial statements.

## **UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 07032566**

### **NOTES TO THE ACCOUNTS** **FOR THE YEAR ENDED 31 MARCH 2025**

#### **1. Accounting Policies**

##### **Basis of Preparation.**

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. Reference to the "Charities SORP" refers to the Charities SORP (FRS 102): Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. 2nd edition effective 1 January 2019, and in accordance with the Companies Act 2006.

##### **1a. Income**

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

##### **1b. Expenditure**

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

##### **1c. Government grants**

Government grants are credited to the Statement of financial activities as the related expenditure is incurred.

##### **1d. Fund accounting**

Unrestricted Funds are receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted Funds are subjected to restrictions on their expenditure imposed by the donor.

Designated Funds are unrestricted funds but earmarked by the trustees for particular purposes.



## **UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 07032566**

### **NOTES TO THE ACCOUNTS** **FOR THE YEAR ENDED 31 MARCH 2025**

#### **1e. Taxation**

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **1f. Debtors**

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at amount prepaid.

#### **1g. Cash at bank and in hand**

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

#### **1h. Liabilities and provisions**

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

#### **1i. Financial Instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

#### **1j. Critical accounting estimates and areas of judgement**

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity does not currently have any significant accounting estimates or areas of judgement.

#### **1k. Tangible Fixed Assets**

Equipment and other tangible fixed assets are capitalised when the cost is £500 or more

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

Registered Charity No. 1196718

Registered Company No. 07032566

**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**2 Creditors**

	2024/25	2023/24
Amounts Due within One Year	£	£
Sundry Creditors	900	900
<b>Total Current Liabilities</b>	<b>900</b>	<b>900</b>

**3 Incoming Resources**

	Unrestricted	Restricted	2024/25	2023/24
	£	£	£	£
Hopscotch/Big Lottery	-	22,992	22,992	30,656
Health Watch	-	800	800	-
London Borough of Camden	-	-	-	5,381
Camden & NHS Partnership HIV Project	-	-	-	-
Research & Workshop	4,300	5,700	10,000	-
UCLH NHS -Breast & Bowel Cancer Project	-	-	-	10,000
HWCT-Hampstead Wells Camden Trust Grant	-	38,957	38,957	7,791
<b>Total Capital Project Income</b>	<b>4,300</b>	<b>68,449</b>	<b>72,749</b>	<b>53,828</b>

**4 Resources Expended**

	Unrestricted	Restricted	2024/25	2023/24
	£	£	£	£
Salaries	-	25,047	25,047	18,752
Volunteer Expenses & Training	-	1,659	1,659	934
Room Hire	-	344	344	438
Office Rent	-	8,000	8,000	9,000
Office and General Expenses	-	4,253	4,253	1,732
Insurance	-	321	321	157
Travelling	-	500	500	156
Accounting services	-	1,300	1,300	1,450
HMRC	-	1,505	1,505	424
Pension	-	700	700	1,240
Monitoring & Evaluation	-	943	943	1,050
Project/Workshop Activities	-	23,658	23,658	21,451
<b>Total resources expended</b>	<b>-</b>	<b>68,230</b>	<b>68,230</b>	<b>56,784</b>

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

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**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**5 RESTRICTED GRANTS**

		Year Ended	
		£	£
<b>Hopscotch Women CEPIA (Older People) Project</b>		<b>22,992</b>	
BIG Lottery		<u>22,992</u>	
	<b>sub-total</b>		<b>22,992</b>
<b>Outreach Work/Workshops</b>		<b>38,957</b>	
HWCT		<u>38,957</u>	
	<b>sub-total</b>		<b>38,957</b>
<b>Cost of Living Project/Workshops</b>		<b>800</b>	
L B Camden		<u>800</u>	
	<b>sub-total</b>		<b>800</b>
<b>Research Programme - Questionnaires</b>		<b>10,000</b>	
NHS Funding		<u>10,000</u>	
	<b>sub-total</b>		<b>10,000</b>
<b>TOTAL RESTRICTED GRANTS</b>			<b><u><u>72,749</u></u></b>

**UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**

**Registered Charity No. 1196718**

**Registered Company No. 7032566**

**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**6 STAFF COST AND NUMBERS**

	<b>2024/25</b>	<b>2023/24</b>
	<b>£</b>	<b>£</b>
Salary cost	25,047	18,752
	<u>25,047</u>	<u>18,752</u>

**7** No employee received emoluments of more than £60,000 in this or the previous year.

The average weekly number of staff employed during the year, calculated on the basis of full-time equivalents, was:

No.	No.
<u>1</u>	<u>1</u>

**8 RELATED PARTIES, INCLUDING KEY MANAGEMENT PERSONNEL**

There were no related party transactions in either this year or preevious year except those for key management personel as noted below.

The key management personnel of the Charity were the Trustees and the Principal Officers who held the posts of Centre Managers.

None of the Directors recedived any remuneration or reimbursed expenses during this or previous year.

	<b>2024/25</b>	<b>2023/24</b>
	<b>£</b>	<b>£</b>
The Principal Officers' salary benefits were	<u>0</u>	<u>0</u>