

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

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UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

ORGANISATIONAL PROFILE
FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES

Chair	Hafsa Muhammad		
Member	Patience Nyaika		
Member	Rossa Debebe	Resigned on	7/13/2023
Member	Elizabeth Agerrimyth		
Member	Khadidia Camara	Appointed on	11/24/2023
Member	Amy Seidi	Appointed on	11/24/2023

REGISTERED OFFICE:

The Greenwood Centre
37 Greenwood Place
2nd Floor
London
NW5 1LB

BANKERS:

NatWest Bank Plc
Holloway Road Branch
490 Holloway Road
N7 6JB

ACCOUNTANTS:

Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way, Deptford London
SE8 4LY

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

FOR THE YEAR ENDED 31 MARCH 2024

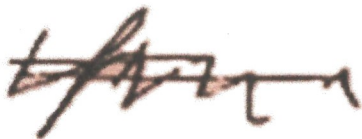
Chair's annual report

Looking back on 2023-24, we are truly proud of Umoja Health Forum accomplishments and especially inspired by the resilience and compassion of our Board/ staff/volunteers during the times of need and their focus on helping others through extraordinary circumstances. A success, I would highlight would be that; we have become more visible and are being included in important decision making in Camden & Islington. We are listened to and our input is respected as having knowledge in the cultural issues in our communities.

The year brought many high points and milestones, but also brought challenges, the struggle of fund raising is a real issue that we have to always deal with as a small Charity, which is very difficult to comprehend because we have to make the difficult decisions to limit the numbers of people we provide services to.

As an organisation that aims to provide quality services to the African and Caribbean communities in London, we have reached a lot of people in need who would not have been reached otherwise. We thank our partners and those that have supported us financially. We look forward to the opportunities that are ahead. Performance and those that give up their time to support the work, in whatever capacity, continue to remain our major assets, especially, the commitment and efforts of our volunteers who volunteer their time to support the cause. As a respected lead organisation, we are well positioned to achieve the goals that we have set forth with the support and contributions from our networks.

On behalf of the Board of Directors and all of our networks we truly thank you for your support and commitment to Umoja Health Forum.



Hafsa Muhammad

Date 1ST August 2024

Chair person

Umoja Health Forum

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS
TO THE TRUSTEES OF THE UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)**

I report on the financial statements for the year ended 31 March 2024 set out on pages 5 - 11.

This report is made solely to the Trustees of Umoja Health Forum as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP. My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

Respective responsibilities of Trustees and independent examiner

As charity trustees of the company (and also its directors for the purposes of the company law) and for the purposes of charity law, are responsible for the preparation of the financial statements, in accordance with requirements of the companies Act 2006 ("the 2006 Act"), the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and under Part 16 of the 2006 Act, and that an independent examination is needed.

I report in respect of my examination of the Charity's accounts carried out:-

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

Basis of independent examiner's statement

Since the Charity's gross income does not exceed £250,000, your examiner must be a member of Association of Charity Independent Examiners. I confirm that I am qualified to undertake the examination because I am a full member of Association of Charity Independent Examiners.

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

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**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS
TO THE TRUSTEES OF UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)**

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements

a) to keep accounting records in accordance with Section 130 of the Charities Act; and
and section 386 of the Company Act 2006; and

b) to prepare accounts which accord with the accounting records and comply with the accounting
requirements of the Charities Act and of section 396 of the 2006 Act;

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the
accounts to be reached.



Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA , MCIPP
Flat 3, 11 Rochdale Way Deptford London SE8 4LY

13/08/24
Date

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

BALANCE SHEET
AS AT 31 MARCH 2024

	Notes	2023/24	2022/23
		£	£
Fixed Assets		-	-
Current Assets			
Debtors and prepayments		-	-
Cash at Bank and in hand		38,844	41,699
Creditors: Amount due within One Year			
Other Creditors	2	(900)	(800)
Net Assets/Liabilities		37,944	40,899
Reserves			
Restricted Funds		37,944	40,899
Unrestricted Funds - General		-	-
		37,944	40,899

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year ended 31 March 2024 the Company was entitled to exemption under section 477 of the Companies Act 2006. Furthermore, no notice has been deposited under section 476 by members of the Company requiring it to obtain an audit of its accounts for the year in question.

The Directors acknowledge their responsibility for:

- (i) ensuring the Company keeps accounting records which comply with section 386, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of its financial year, and of its profit and loss for the financial year in accordance with section 396, and which otherwise comply with the requirements of the Companies Act relating to accounts as far as applicable to the Company.

Approved by the trustees on 1st August 2024 and signed on their behalf by:



.....
Hafsa Muhammad
Chair

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**Registered Charity No. 1196718****Registered Company No. 07032566****STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2024

				2023/24	2022/23
	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£
Resources Arising					
Income from Charitable Activities	3	-	53,828	53,828	65,880
Total Income		0	53,828	53,828	65,880
Direct Charitable Expenditure	4	-	56,784	56,784	38,786
Total Expenditure		-	56,784	56,784	38,786
Resources retained for further use		-	(2,955)	(2,955)	27,094
Transfer between Funds		-	-	-	-
Net Movement in Funds		0	0	0	0
Reconciliations of Funds					
Brought forward 01/04/2023		0	40,899	40,899	13,805
Carried forward 31/03/2024		0	37,944	37,944	40,899

Movements in reserves and all recognised and losses are shown above.

The charity's incoming resources and resources expended all relate to continuing activities.

The notes on pages 7 - 11 form part of these financial statements.

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

NOTES TO THE ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2024**

1. Accounting Policies

Basis of Preparation.

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. Reference to the "Charities SORP" refers to the Charities SORP (FRS 102): Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. 2nd edition effective 1 January 2019, and in accordance with the Companies Act 2006.

1a. Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1b. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1c. Government grants

Government grants are credited to the Statement of financial activities as the related expenditure is incurred.

1d. Fund accounting

Unrestricted Funds are receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted Funds are subjected to restrictions on their expenditure imposed by the donor.

Designated Funds are unrestricted funds but earmarked by the trustees for particular purposes.

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

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NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

1e. Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

1f. Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at amount prepaid.

1g. Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1h. Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

1i. Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1j. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity does not currently have any significant accounting estimates or areas of judgement.

1k. Tangible Fixed Assets

Equipment and other tangible fixed assets are capitalised when the cost is £500 or more

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NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

2 Creditors

	Amounts Due within One Year	2023/24 £	2022/23 £
Sundry Creditors		900	800
Total Current Liabilities		900	800

3 Incoming Resources

	Unrestricted	Restricted	2022/23	2022/23
	£	£	£	£
Hopscotch/Big Lottery	-	30,656	30,656	22,992
Health Watch	-	-	-	625
London Borough of Camden	-	5,381	5,381	-
Camden & NHS Partnership HIV Project Research & Workshop	-	-	-	9,948
Greater Manchester	-	-	-	125
Voluntary Action Camden	-	-	-	13,690
City of London	-	-	-	14,500
UCLH NHS -Breast & Bowel Cancer Project	-	10,000	10,000	4,000
HWCT	-	7,791	7,791	-
Total Capital Project Income	-	53,828	53,828	65,880

4 Resources Expended

	Unrestricted	Restricted	2023/24	2022/23
	£	£	£	£
Salaries	-	18,752	18,752	9,780
Volunteer Expenses & training	-	934	934	996
Room Hire	-	438	438	-
Office Rent	-	9,000	9,000	7,500
Office and General Expenses	-	1,732	1,732	925
Insurance	-	157	157	157
Travelling	-	156	156	229
Accounting services	-	1,450	1,450	2,125
HMRC	-	424	424	627
Pension	-	1,240	1,240	1,015
Monitoring & Evaluation	-	1,050	1,050	-
Project/Workshop Activities	-	21,451	21,451	15,432
Total resources expended	-	56,784	56,784	38,786

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

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NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

5 RESTRICTED GRANTS

		Year Ended	
		£	£
Hopscotch Women CEPIA (Older People) Project	30,656		
BIG Lottery	<u>30,656</u>		30,656
Outreach Work/Workshops	7,791		
HWCT	<u>7,791</u>		7,791
Cost of Living Project/Workshops	5,381		
L B Camden	<u>5,381</u>		5,381
Research Programme - Questionnaires	10,000		
NHS Funding	<u>10,000</u>		10,000
TOTAL RESTRICTED GRANTS			<u><u>53,828</u></u>

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 7032566

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2024

6 STAFF COST AND NUMBERS

	2023/24	2022/23
	£	£
Salary cost	18,752	10,030
	<u>18,752</u>	<u>10,030</u>

7 No employee received emoluments of more than £60,000 in this or the previous year.

The average weekly number of staff employed during the year, calculated on the basis of full-time equivalents, was:

No.	No.
<u>1</u>	<u>1</u>

8 RELATED PARTIES, INCLUDING KEY MANAGEMENT PERSONNEL

There were no related party transactions in either this year or preevious year except those for key management personel as noted below.

The key management personnel of the Charity were the Trustees and the Principal Officers who held the posts of Centre Managers.

None of the Directors recedived any remuneration or reimbursed expenses during this or previous year.

	2023/24	2022/23
	£	£
The Principal Officers' salary benefits were	<u>0</u>	<u>0</u>