

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

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UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

ORGANISATIONAL PROFILE **FOR THE YEAR ENDED 31 MARCH 2023**

TRUSTEES

Chair	Hafsa Muhammad		
Member	Patience Nyaika		
Member	Rossa Debebe	Resigned on	13/07/2023
Member	Elizabeth Agerrimyth		
Member	Khadidia Camara	Appointed on	24/11/2023
Member	Amy Seidi	Appointed on	24/11/2023

REGISTERED OFFICE:

The Greenwood Centre
37 Greenwood Place
2nd Floor
London
NW5 1LB

BANKERS:

NatWest Bank Plc
Holloway Road Branch
490 Holloway Road
N7 6JB

ACCOUNTANTS:

Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way, Deptford London
SE8 4LY

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

FOR THE YEAR ENDED 31 MARCH 2023

Chair's annual report

Umoja Health Forum overview: The preservation and protection of good health within the African and Caribbean communities, their carers and their families in particular, but not exclusively by providing education, health advice, signposting on health issues and raising awareness of health issues that affect the Caribbean and African communities

2023 was another excellent year for us. We hit some key milestones by increasing our board and staff. A good welcome to them. We'd like you to join us in welcoming them and thanking them for their contributions so far. We also said goodbye to those that left this year who, we can all agree, had a big impact during their time here.

Some of my personal highlights from our activity this year include:

- Collaborative and partnership working with other organisations to reach wider
- Raising over £30,000 with the team with various initiatives to extend our work and to employ people to deliver.
- Increasing our membership.
- Supporting more people and making referrals for further services.
- Our networking and publicity initiative has helped us profile the organisation better, which means we are more visible.

As always, we must extend our gratitude to all our funders for the financial support, as well as their constant and continued support.

Our success is also directly linked to the hard work of our team. We have made extraordinary progress this year, and I'd like to personally thank every team member for their energy, commitment and consistency in achieving goals.

A very big thank you to all our members and all those who attend our activities and engage in all our programmes, we cannot achieve our goals without you, we appreciate your feedback which has helped us improve our services.

Thank you all for another excellent year. I look forward to continuing to break barriers in 2024 with you all.



Date: 01/12/2023

Hafsa Muhammad

Chairperson

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

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INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS TO THE TRUSTEES OF THE UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)

I report on the financial statements for the year ended 31 March 2023 set out on pages 5 - 11.

This report is made solely to the Trustees of Umoja Health Forum as a body, in accordance with regulations made under section 145 of the Charities Act 2011 and Charity SORP. My work has been undertaken so that I might state to the Trustees matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and Charity's trustees for my independent examination work, for this report, or for the statement I have given below.

Respective responsibilities of Trustees and independent examiner

As charity trustees of the company (and also its directors for the purposes of the company law) and for the purposes of charity law, are responsible for the preparation of the financial statements, in accordance with requirements of the companies Act 2006 ("the 2006 Act"), the Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and under Part 16 of the 2006 Act, and that an independent examination is needed.

I report in respect of my examination of the Charity's accounts carried out:-

- a) examine the accounts under section 145 of the 2011 Act;
- b) follow the procedures laid down in the general Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act; and
- c) state whether particular matters have come to my attention.

Basis of independent examiner's statement

Since the Charity's gross income does not exceed £250,000, your examiner must be a member of Association of Charity Independent Examiners. I confirm that I am qualified to undertake the examination because I am a full member of Association of Charity Independent Examiners.

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity, and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the reports limited to those matters set out in the statement on the next page.

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

**INDEPENDENT EXAMINER'S REPORT ON THE FINANCIAL STATEMENTS
TO THE TRUSTEES OF UMOJA HEALTH FORUM (FORMERLY AFRICAN HEALTH FORUM)**

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - a) to keep accounting records in accordance with Section 130 of the Charities Act; and
and section 386 of the Company Act 2006; and
 - b) to prepare accounts which accord with the accounting records and comply with the accounting
requirements of the Charities Act and of section 396 of the 2006 Act;have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the
accounts to be reached.



Charles Osei, BSc (Hons), MSc, ACIE, AFA, ATA, MCIPP
Flat 3, 11 Rochdale Way Deptford London SE8 4LY

Date 12/12/23

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

BALANCE SHEET
AS AT 31 MARCH 2023

	Notes	2022/23	2021/22
		£	£
Fixed Assets		-	-
Current Assets			
Debtors and prepayments		-	-
Cash at Bank and in hand		41,699	14,455
Creditors: Amount due within One Year			
Other Creditors	2	(800)	(650)
Net Assets/Liabilities		40,899	13,805
Reserves			
Restricted Funds		40,899	13,805
Unrestricted Funds - General		-	-
		40,899	13,805

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities.

For the year ended 31 March 2023 the Company was entitled to exemption under section 477 of the Companies Act 2006. Furthermore, no notice has been deposited under section 476 by members of the Company requiring it to obtain an audit of its accounts for the year in question.

The Directors acknowledge their responsibility for:

- (i) ensuring the Company keeps accounting records which comply with section 386, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the Company as at the end of its financial year, and of its profit and loss for the financial year in accordance with section 396, and which otherwise comply with the requirements of the Companies Act relating to accounts as far as applicable to the Company.

Approved by the trustees on 01/12/2023 and signed on their behalf by:



Hafsa Muhammad
Chair

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)**Registered Charity No. 1196718****Registered Company No. 07032566****STATEMENT OF FINANCIAL ACTIVITIES**
FOR THE YEAR ENDED 31 MARCH 2023

				2022/23	2021/22
	Notes	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		£	£	£	£
Resources Arising					
Income from Charitable Activities	3	-	65,880	65,880	10,427
Total Income		0	65,880	65,880	10,427
Direct Charitable Expenditure	4	-	38,786	38,786	12,294
Total Expenditure		-	38,786	38,786	12,294
Resources retained for further use		-	27,094	27,094	(1,867)
Transfer between Funds		-	-	-	-
Net Movement in Funds		0	0	0	0
Reconciliations of Funds					
Brought forward 01/04/2022		0	13,805	13,805	15,672
Carried forward 31/03/2023		0	40,899	40,899	13,805

Movements in reserves and all recognised and losses are shown above.

The charity's incoming resources and resources expended all relate to continuing activities.

The notes on pages 7 - 11 form part of these financial statements.

Registered Charity No. 1196718

Registered Company No. 07032566

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

1. Accounting Policies

Basis of Preparation.

These accounts have been prepared on an accrual basis and include income and expenditure as they are earned or incurred, rather than as cash received or paid. Reference to the "Charities SORP" refers to the Charities SORP (FRS 102): Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland. 2nd edition effective 1 January 2019, and in accordance with the Companies Act 2006.

1a. Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

1b. Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is possible that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

1c. Government grants

Government grants are credited to the Statement of financial activities as the related expenditure is incurred.

1d. Fund accounting

Unrestricted Funds are receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted Funds are subjected to restrictions on their expenditure imposed by the donor.

Designated Funds are unrestricted funds but earmarked by the trustees for particular purposes.

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 07032566

NOTES TO THE ACCOUNTS **FOR THE YEAR ENDED 31 MARCH 2023**

1e. Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

1f. Debtors

Trade and other debtors are recognised at the settlement amount. Prepayments are valued at amount prepaid.

1g. Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1h. Liabilities and provisions

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

1i. Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1j. Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Charity does not currently have any significant accounting estimates or areas of judgement.

1k. Tangible Fixed Assets

Equipment and other tangible fixed assets are capitalised when the cost is £500 or more

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NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

2 Creditors

	Amounts Due within One Year	2022/23 £	2021/22 £
Sundry Creditors		-	-
Total Current Liabilities		800	650

3 Incoming Resources

	Unrestricted	Restricted	2022/23	2021/22
	£	£	£	£
Hopscotch	-	-	-	1,563
Hopscotch/Big Lottery	-	22,992	22,992	4,689
Camden Giving	-	-	-	2,000
Health Watch	-	625	625	200
Health Hands/ London Catalyst	-	-	-	1,900
The Advocacy Project	-	-	-	75
London Borough of Camden	-	-	-	-
Camden & NHS Partnership HIV Project	-	-	-	-
Research & Workshop	-	9,948	9,948	-
Greater Manchester	-	125	125	-
Voluntary Action Camden	-	13,690	13,690	-
City of London	-	14,500	14,500	-
Health Watch Camden Workshop	-	-	-	-
UCLH NHS -Breast & Bowel Cancer Project	-	4,000	4,000	-
	-	-	-	-
Total Capital Project Income	-	65,880	65,880	10,427

4 Resources Expended

	Unrestricted	Restricted	2022/23	2021/22
	£	£	£	£
Salaries	-	9,780	9,780	3,396
Volunteer Expenses & training	-	996	996	2,418
Room Hire	-	-	-	600
Office Rent	-	7,500	7,500	-
Office and General Expenses	-	925	925	1,575
Sessional Worker	-	-	-	3,275
Insurance	-	157	157	100
Travelling	-	229	229	280
Accountancy fess	-	-	-	650
Accounting services	-	2,125	2,125	-
HMRC	-	627	627	-
Pension	-	1,015	1,015	-
Project/Workshop Activities	-	15,432	15,432	-
Total resources expended	-	38,786	38,786	12,294

Registered Charity No. 1196718

Registered Company No. 07032566

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2023

5 RESTRICTED GRANTS

	Year Ended	
	£	£
HIV Project Research & Workshop Camden & NHS Partnership	9,948	9,948
Hopscotch Women CEPIA Project BIG Lottery	22,992	22,992
C Oduka Presentation Greater Manchester	125	125
Workshop Funding on High Blood Health Watch Camden	625	625
Breast & Bowel Cancer Project UCLH NHS	4,000	4,000
Programme of Physical Wellbeing Activities City of London	14,500	14,500
Project Supporting Open Conversations with Local Communities Voluntary Action Camden	13,690	13,690
TOTAL RESTRICTED GRANTS		65,880

UMOJA HEALTH FORUM (FOMERLY AFRICA HEALTH FORUM)

Registered Charity No. 1196718

Registered Company No. 7032566

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

6 STAFF COST AND NUMBERS

	2023	2022
	£	£
Salary cost	10,030	-
	-	-
	<u>10,030</u>	<u>-</u>

7 No employee received emoluments of more than £60,000 in this or the previous year.

The average weekly number of staff employed during the year, calculated on the basis of full-time equivalents, was:

No.	No.
<u>1</u>	<u>0</u>

8 RELATED PARTIES, INCLUDING KEY MANAGEMENT PERSONNEL

There were no related party transactions in either this year or preevious year except those for key management personel as noted below.

The key management personnel of the Charity were the Trustees and the Principal Officers who held the posts of Centre Managers.

None of the Directors recedived any remuneration or reimbursed expenses during this or previous year.

	2023	2022
	£	£
The Principal Officers' salary benefits were	<u>0</u>	<u>0</u>