

Reporting period:
06 April 2023 to 05 April 2024

ADHD Aware

**"The peer support group has helped me to live positively with ADHD.
The group helped me to understand me."**

Trustees' Annual Report for the period 06 April 2023
to 05 April 2024

Charity name: ADHD Aware

Charity registration number: 1196688

Reporting period:
06 April 2023 to 05 April 2024

We would like to sincerely thank all of our volunteers, partners and supporters for helping us to serve our community of adults impacted by ADHD since our inception as a charity.

Reporting period:
06 April 2023 to 05 April 2024

Table of Contents

Trustees' Annual Report for the period 06 April 2023 to 05 April 2024	1
Objectives and Activities	4
Summary of the purposes of the charity as set out in its governing document	4
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	4
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	6
Policy on grant making	6
Policy on social investment including program related investment	6
Contribution made by volunteers	6
Achievements and Performance	7
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	7
Additional Information	8
Achievements against objectives set	8
Performance of fundraising activities against objectives set	10
Financial Review	11
Accounts 6th April 2023 to 5 th April 2024	11
Additional Information	17
The charity's principal sources of funds (including any fundraising)	17
Investment policy and objectives including any social investment policy adopted	17
A description of the principal risks facing the charity	18
Structure, Governance, and Management	19
Reference and Administrative Details	22
Declarations	24

Reporting period:
06 April 2023 to 05 April 2024

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document

Our objective is the relief of adults nationally, (particularly but not exclusively in Brighton and Hove and in Sussex) who are affected with ADHD (Attention Deficit Hyperactivity Disorder), their family, friends, and partners, in particular, but not exclusively by:

- A. Providing peer advice and support services
- B. Raising awareness by campaigning for greater recognition of the challenges for adults living with ADHD and also of their unique qualities
- C. Developing accessible information about diagnosis, treatment and service provision

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

ADHD Aware is member-led and supports adults affected by ADHD. We run monthly drop-ins; facilitated discussions; sessions for partners, parents, family, and carers; and have piloted closed support groups – both in-person in Brighton & Hove, as well as online across the United Kingdom.

Our online support also includes emails, website, and social media. We have continued to expand user-requested services, including digital services, which have significantly increased the number of individuals that we can impact.

We combat social isolation, engaging and connecting with vulnerable and highly isolated users - many of whom have mental and physical health conditions, suffer anxiety and depression, and have lost routines, worsening quality of life and health outcomes. We help users re-establish routines and access support, as social and health services have reduced drastically.

Our regular activities have included:

1. Producing materials on isolation, anxiety, access, and benefits
2. Creating videos about various groups impacted by ADHD, often in collaboration with other organisations
3. Signposting information via email, website, Twitter, and Facebook

Reporting period:
06 April 2023 to 05 April 2024

4. Enabling further training for volunteers through expert supervision
5. Offering Zoom training to volunteer facilitators, which has helped us in turn run more sessions for our members to share knowledge, information, and experience

This year, we also continued a psycho-educational course, with guidance and tools for partners focused on new anxieties users may be coping with, and ADHD-centred awareness for couples (where one or both have ADHD).

We ran themes from this psycho-educational course alongside our existing 'group discussion' sessions to review formats to deliver the best outcomes.

The closed courses were run by expert facilitators in psycho-education and couples counselling for adults with ADHD and autism: Karen Doherty of Reframe Counselling has already been supervising the first closed support group pilot over recent months, run by Yvonne Rivers, our long-standing group session facilitator. There is no other service for targeted support and relationship building like either of the closed groups. This has supported user resilience, recovery, and ongoing capacity development post-COVID.

These groups have been developed in direct response to feedback from users who sometimes require a more private and focused approach to provide real support. We also intend to continue all current services, and to expand our ADHD awareness campaigns.

We have also been liaising with the NHS Brighton and Hove CCG | NHS East Sussex CCG | NHS West Sussex CCG and consulting on the Neurodevelopmental Pathway Target Operating Model.

In this period, we were fortunate to have received the first batch of funding from our local Primary Care Network (PCN) in East Brighton & Hove, as we had extensive evidence that the local NHS was referring patients to us before and after diagnosis.

Key indicators of the impact and need for our services have included the following compared to the last reporting period:

- Our mailing list was 5,000, it's now almost 8,300
- We ran 76 sessions (72 last year) for almost 2,200 people (800 last year)
- We facilitated 7 sessions per month – we remained steady on this
- 4 social media communities (inc. Facebook, Instagram, Twitter) with 2,322 active members in largest group (Insta) – we have 7,153 total social community members
- 360 people attended our webinars
- We worked with 30 volunteers who included people with ADHD and their allies
- Total people supported including website:
 - Last year: 425K v this year: 495K

As you can see, demand for our services has continued to increase dramatically and we expect this to continue into next year and beyond.

Reporting period:
06 April 2023 to 05 April 2024

Aside from our core services to members, we were also delighted to have won a funding bid with the National Lottery to support a three-year programme intended to expand our capability to deliver our charitable objectives, whilst also developing a new sustainable revenue stream for the charity: training for organisations.

Over the last year, we have been setting up this training offering, first by creating and packaging the content of the courses, and then responding to an increasing number of incoming enquiries from the NHS, social services, and businesses of all sizes all over the UK. We are only part-way through this programme, but are already on track to meet our objectives for income growth that can support charitable activities and services for our members, as well as enabling us to consider bringing in our first staff on the payroll in the near to medium term.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

In setting our programme each year, we have regard to the guidance issued by the Charity Commission on public benefit – in this case particularly for the benefit of adults impacted by ADHD. The Board of Trustees ensures that the programme of work that we undertake is in line with our charitable objects and aims.

Our first aim is to host and support activities for our beneficiaries and partners that provide user-led support, share lived experience, and signpost useful information. Our second aim is to create education and raise awareness amongst our allies and non-allies that improves inclusion and normalisation, as well as reducing discrimination and exclusion against our beneficiary communities.

Policy on grant making

We are not currently a grant making organisation with respect to granting external organisations with funding for projects.

Policy on social investment including program related investment

We invest in planning and running activities that align with our strategic objectives. This will include events, training, speaking, marketing and communications, advocacy, storytelling, corporate education, volunteer coordination, and research.

Contribution made by volunteers

Volunteers support many aspect of our activities, focused on supporting us at live in person and online events. We have also been supported by volunteers who helped us with Board governance, financial management, digital communications, strategic and succession planning,

Reporting period:
06 April 2023 to 05 April 2024

building our organisational structure and business plan as we grown and as we grow into the future.

We currently have fourteen volunteers (not including the Board) who help with the main outward activities of the charity, including the seven different meetings we run per month. Our Board of Trustees has changed in this period, going from seven to six members (including two co-opted until they can be voted in at an Extraordinary General Meeting), who have been shaping the charity as it becomes a strategic organisation with a plan of activities, clear goals, and as it will be building a sustainable volunteer programme and organisational resources into the future. We are currently in a recruitment drive for more Trustees, as we can have as many as eleven according to our Constitution, and our organisation (and demands on Trustee support) have been growing.

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

ADHD Aware started informally as a group of adults running an ADHD peer support group in Brighton & Hove in 2011. We became formally constituted in 2015, and in November 2021, we became a registered charity. Before the pandemic, we supported about 15,000 people. We now support nearly 500,000, including our national website and social media users.

Despite COVID-19, we have grown and thrived, and we've also built solid foundations of partnership with local NHS and social services, and have continued to build strong relationships with other charities.

We expanded (after pilots the previous year) two very successful new programmes are described in more detail below:

- 1) A new support group enabled participants to consider the ongoing impact of the pandemic, as well as lack of access to health and social services, design specifically to help participants to survive and thrive. The support group was a weekly closed group for 8 participants over 10 weeks, via Zoom. Themes for each week were determined by participants. The group was facilitated by Yvonne Rivers (our existing facilitator for Group Discussions) and a co-facilitator with lived experience and who learned from Yvonne to develop sustainable skills that will benefit ADHD Aware, going forward

Reporting period:
06 April 2023 to 05 April 2024

- 2) A psycho-educational course, with guidance and tools for partners focused on anxieties users may be coping with, and ADHD- centred awareness for couples (where one or both have ADHD). The course was run by expert facilitators in psycho-education and couples counselling for adults with ADHD and autism: Karen Doherty of Reframe Counselling who had already supervised the first closed support group, run by Yvonne Rivers (the other psycho-educational course facilitator).

There is no other service for targeted support like either of these groups. This has supported user resilience, recovery, and capacity development. These groups were developed in direct response to user feedback about requiring a more private and focused approach to provide real support.

Additional Information

Achievements against objectives set

Internal activities delivered in this period included:

- ❖ Wished Linda Ashton-Saltwell well as she stepped down as Co-Chair after many years leading the charity
- ❖ Established and agreed internal policies
 - Trustee and volunteer roles and expectations
 - Job descriptions for sessional workers, as well as ways of working, expectations
 - Safeguarding updates for online meetings
- ❖ Established our Training offering
 - Proposition/product and content shaping
 - Pricing model refinement
 - Taking enquiries from new organisations
 - Setting up invoicing and other operational processes for training
 - Delivering the first courses, continuing to refine based on feedback
- ❖ Established professional internal infrastructure and processes
 - IT security
 - Inboxes and email (further development)
 - Budgets / finance (further development, inclusion of tracking for PCN and Lottery projects)
 - Activity planning and execution (member-facing and organisation/client-facing)
 - Recruitment (Operations Manager; Bookkeeper, ad hoc professional work on our website and other digital communications channels; also agreed and recruited for new role of Business Development Executive to handle the large volume of incoming enquiries)
- ❖ Fundraising and Donations

Reporting period:
06 April 2023 to 05 April 2024

- Continued success, despite the post-pandemic challenges around funding
- Won major funding from The National Lottery and our local PCN

External activities delivered in this period included:

- ❖ Community Programme
 - Revised and improved our clear value proposition for organisations helping us reach more beneficiaries (particularly now in employment context with Training)
- ❖ Amplification and Support
 - Evolution of content – both written and for training delivery
 - Inclusive and accessible events
 - Representation and lived experience embedded in our content
 - Online/social media support for our community – 600K/year on our website
- ❖ Event Programme
 - Continued wide array of sessions per month to 7 different types, serving different needs within our community impacted by ADHD
 - Continued after successful pilots - new types of closed support groups as pilots as part of plan proposed to National Lottery
- ❖ Marketing Programme
 - Continued to develop website, added richer content
 - Expanded approach to social media management
 - Further evolved newsletter and now have a structured approach to how that is produced and dedicated, skilled team members to deliver it

We have gone from strength to strength, with a continued increase in the demand for our services. The main thing limiting our progress had been the smaller lots of funding available to us to date, but since we won our significant bid to the National Lottery for a 3 year programme, we are now building towards a steady and sustainable future.

Details of activities undertaken in this period

ADHD Aware started informally as a group of adults running an ADHD peer support group in Brighton & Hove in 2011. We became formally constituted in 2015, and in November 2021, we became a registered charity.

Since our early days, we've helped people impacted by ADHD live happier lives and get access to the services and information to help them function and thrive. During COVID-19, we have grown significantly, and we've also built solid foundations of partnerships with local NHS and social services, and have continued to build strong relationships with other charities.

Reporting period:
06 April 2023 to 05 April 2024

Additionally, we continued to run two bespoke support programmes, further developing them to form part of our sustainable future vision. During this period, our local PCN awarded funding to support our operational costs.

We feel that our programmes continue to address a very serious and unaddressed societal challenge – understanding and adapting to the needs of neurodiverse adults. Knowledge is the key to addressing issues that result in discrimination, isolation, and exclusion of neurodiverse people and also helps all stakeholders to develop meaningful and transferrable skills and experience.

Performance of fundraising activities against objectives set

In the period covered by this report, from 6th April 2023 to 5th April 2024, we raised a total of **£45,316.73** from the following supporters:

Donations – JustGiving	£3,161.36
Donations – Other donations, including PayPal and Eventbrite from members	£725.39
Grant – The National Lottery	£27,132.74
Income – Training	£14,297.24
Total funds collected by ADHD Aware in this period	£45,316.73

Note, we had also received a very large pot of money (£47,543.00) from the East Brighton & Hove PCN on 31 March, 2023, just before this reporting period, so most of the benefit from this funding was not used in the previous reporting period, but rather this one.

This fundraising was sufficient to cover our expenses in relation to our activities targeted as the primary focus on this period.

Reporting period:
06 April 2023 to 05 April 2024

Financial Review

Accounts 6th April 2023 to 5th April 2024

Interim Treasurer: Katie Hudson

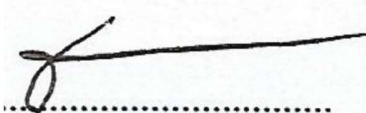
The Interim Treasurer has reviewed the financial records of ADHD Aware and prepared these accounts.

These accounts were then reviewed in draft by an Independent Examiner (the Resource Centre in Brighton and Hove) from the information and explanations supplied by ADHD Aware.

In the Board's opinion, ADHD Aware has maintained proper accounting records and these accounts are in accord with those records. As a result, the Board recommended that participants at the AGM on 8 January 2025 ratify these accounts inviting members to ask any questions about the accounts. There were no questions or objections at the AGM, so these accounts were ratified by the Board and our members at the AGM.

They were subsequently submitted to the Independent Examiner (the Resource Centre in Brighton and Hove) on finalise the accounts on 08/01/2025.

Signed by two officers/committee members:

	<i>Signatory 1</i>	<i>Signatory 2</i>
<i>Name</i>	Katherine Hudson	Bimah Khan
<i>Date</i>	08/01/2025	08/01/2025
<i>Signature</i>		

Reporting period:
06 April 2023 to 05 April 2024

ADHD Aware CIO

Accounts year ended 5th April 2024

Registered charity: 1196688

Charity correspondent:

KATIE HUDSON
ADHD AWARE C/O COMMUNITY BASE
113 QUEENS ROAD
BRIGHTON
EAST SUSSEX
BN1 3XG

These accounts have been prepared on the Receipts and Payments basis from information and explanations supplied by the charity.

A handwritten signature in black ink, appearing to read "Rebecca Luton".

Rebecca Luton
Resource Centre
6 Tilbury Place
Brighton BN2 0GY
27th November 2024

These accounts have been approved by the Trustees of the charity.

Signed by one or two Trustees on behalf of all the Trustees

1. _____

KATHERINE HUDSON

2. _____

BIMAH KHAN

Date 8 JANUARY 2025

Reporting period:
06 April 2023 to 05 April 2024

ADHD Aware CIO

Charity registration number: 1196688

Statement of Financial Activities year ended 5th April 2024

	2024 Restricted	2024 Unrestricted	2024 Total	2023 Restricted	2023 Unrestricted	2023 Total
Receipts						
Donations & grants	27,133	3,887	31,020	69,543	5,379	74,922
Other	-	14,297	14,297	-	9,300	9,300
Total Receipts	27,133	18,184	45,317	69,543	14,679	84,222
Payments						
Expenditure on charitable activities	54,670	4,388	59,058	33,394	6,338	39,734
Total Payments	54,670	4,388	59,058	33,394	6,338	39,734
Net receipts (payments) for the year	(27,537)	13,796	(13,741)	36,149	8,341	44,488
Funds at 6th April 2023	52,264	10,242	62,506	16,115	1,901	18,016
Balance of funds at April 5th 2024	24,727	24,038	48,765	52,264	10,242	62,504

NB some additions may vary by +/- £1 due to rounding

NOTE: The 2023 accounting period started when the organisation was formally registered as a CIO, on 19th November 2021, and spans just over 16 months, rather than 12 months. The 2024 accounting period is 12 months.

Reporting period:
06 April 2023 to 05 April 2024

ADHD Aware CIO

Registered Charity no. 1196688

Receipts and Payments Account year ended 5th April 2024

	2024 Restricted	2024 Unrestricted	2024 Total	2023 Restricted	2023 Unrestricted	2023 Total
Receipts						
Donations and grants						
Sussex Community Foundation 2021	-	-	-	5,000	-	5,000
Sussex Community Foundation 2022	-	-	-	5,000	-	5,000
Sussex Community Foundation 2023	-	-	-	5,000	-	5,000
Brighton & Hove City Council Communities Fund	-	-	-	7,000	-	7,000
East & Central Brighton PCN	-	-	-	47,543	-	47,543
The National Lottery Community Fund	27,133	-	27,133	-	-	-
Donations	-	3,887	3,877	-	5,379	5,379
Other						
Training delivery	-	14,297	14,297	-	9,300	9,300
Total Receipts	27,133	18,184	45,317	69,543	14,679	84,222
Payments						
Expenditure on charitable activities						
Drop-in room hire	353	-	353	158	-	158
Drop-in catering	45	-	45	28	-	28
Focus session room hire	165	-	165	525	38	563
Focus session facilitator	6,225	-	6,225	6,925	500	7,425
Digital resources (SMS, Mailchimp, etc)	3,993	132	4,125	2,367	169	2,535
Stationery, equipment, printed material	111	-	111	644	1	645
Volunteer expenses	1,286	150	1,436	364	189	554
Volunteer training	-	-	-	825	-	825
Sessional work	41,871	3,906	45,777	21,265	5,412	26,677
Insurance	111	-	111	128	-	128
AGM	61	50	111	136	-	136
Community Base postal services	-	-	-	30	30	60
Trainer fees	450	150	600	-	-	-
Total Payments	54,670	4,388	59,058	33,394	6,338	39,734
Net receipts (payments) for the year	(27,537)	13,796	(13,741)	36,149	8,341	44,488
Funds at 6th April 2023	52,264	10,242	62,506	16,115	1,901	18,016
Balance of funds at 5th April 2024	24,727	24,038	48,765	52,264	10,242	62,504

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Reporting period:
06 April 2023 to 05 April 2024

ADHD Aware CIO

Registered Charity no. 1196688

Statement of Assets and Liabilities at 5th April 2024

Monetary Assets

NatWest current account	33,448
Metro current account	15,293
Cash in hand	24
	<u>48,765</u>

Breakdown of funds at 5th April 2024

Restricted funds

East & Central Brighton PCN (rec'd 31/03/23)	23,863
The National Lottery Community Fund (rec'd 5/5/23)	863
	<u>24,727</u>

General funds

24,038

TOTAL FUNDS HELD

48,765

Non-Monetary Assets

The charity has no non-monetary assets.

Liabilities

The charity has no known liabilities.

Reporting period:
06 April 2023 to 05 April 2024

Statement explaining the policy for holding reserves stating why they are held

The charity had unrestricted reserves of £24,038.34 at the end of this period. Our reserves policy increased to three (3) months' core operating costs in this reporting period (previously two (2) months).

In calculating our reserves, we exclude funds tied up in buildings, vehicles, and equipment, as the charity does not currently hold any of these assets.

Amount of reserves held

In reviewing its reserve requirement, the trustees have decided that the charity needs to hold a small amount of reserves (£500) to cover emergency or unforeseen situations such as issues that may come up at our events. However, the main reason for holding reserves is to ensure that the charity has enough resources to fund programmes it is supporting. For planned programmes the charity may take 2-3 months to make funding decisions (or to apply for and receive a response to funding requests) and it is policy never to commit funds that it does not have. Therefore, to prevent disruption to programmes, it is felt that around 3 months reserves of unrestricted expenditure (£12,000) needs to be held.

Current reserves status

The amount of reserves held (£24,038.34) is therefore in line with the trustees view of reserves needs (£12,500) at the end of this period, as it is covered by the funds held in the bank, with the note that the other funds held in the account are generally assigned to expenditure against certain grant objectives, so are not treated as free reserves. Reserves are expected to be maintained at the planned level in subsequent periods and this will be monitored closely by the Treasurer and the Board.

Any restricted funds not intended for general operational expenditure and not time bound will, in future, not be included in the trustees' view of reserve needs because these restricted funds are held by the charity for as long as is necessary to organise and execute the relevant grant deliverables. Normally these funds are spent within 6 or 12 months of receipt (depending on the grant maker's requirements).

Details of fund materially in deficit

No funds materially in deficit during or at the end of this period.

Reporting period:
06 April 2023 to 05 April 2024

Explanation of any uncertainties about the charity continuing as a going concern

The main concern historically about the charity continuing as a going concern was related to the cyclical nature of relatively minimal grant funding we had been able to access before becoming a registered charity. We have also seen a sharp increase in demand for our services throughout the pandemic, which has put pressure on budgets.

However, becoming a registered charity enabled us to raise greater sums of funding already (much larger pot of money from the National Lottery, for example), enabling the organisation not only to have more consistency and predictability in its funding, but also to begin to hire its first full time staff. This newer, larger funding will help us to build a long term, sustainable source of non-grant income that will also make us more self-sufficient.

Additional Information

The charity's principal sources of funds (including any fundraising)

Grants	£27,132.74
Donations	£3,886.75
Income (Training)	£14,297.24

Investment policy and objectives including any social investment policy adopted

The charity had no fixed asset investments during this period.

The charity had no realised or unrealised gains or losses on investments during this period.

In future, if the charity does make investments, programme related investments are made in furtherance of the charity's objectives and any investment return is secondary to the charitable purposes supported by the investment. Such investments are included at their cost. Any loss or impairment from such investments will be charted as part of charitable activities within the statement of financial activities.

Reporting period:
06 April 2023 to 05 April 2024

A description of the principal risks facing the charity

All significant activities undertaken are subject to a risk review as part of the initial activity assessment and implementation. Major risks are identified and ranked in terms of their potential impact and likelihood.

Major risks, for this purpose, are those that may have a significant effect on:

- Operational performance, including risks to our personnel, volunteers, and participants;
- Financial sustainability, including stability and security of income;
- Achievement of our aims and objectives; or
- Meeting the expectations of our beneficiaries or supporters.

The Trustees review these risks on an ongoing basis and satisfy themselves that adequate systems and procedures are in place to manage the risks identified. Where appropriate, risks are covered by insurance. The following framework is central to ensuring adequate risk assurance:

- Regular monitoring of major risk and development of action plans;
- Embedding risk identification and assessment within operating procedures;
- A clear structure of delegated authority and control;
- Review of key systems and procedures through internal audit arrangements;
- Income and profit targets for our trading and fundraising activities;
- Maintaining reserves in line with set policies; and
- Regular summary reports on risk management to the Trustee Board.

We have paid particular attention during this year to establishing the above mentioned governance framework, through the ongoing appointment of a Trustee Board with experience on the non-executive leadership team of other charities and community organisations. We have also updated a range of our policies and governing documents to reflect changes to the risk profile of our organisation based on the external environment and any new internal risks that were identified.

Reporting period:
06 April 2023 to 05 April 2024

Structure, Governance, and Management

Type of governing document

Constitution

How is the charity constituted?

CIO (Charitable Incorporated Organisation)

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees

Every charity trustee must be a natural person.

- (a) No one may be appointed as a charity trustee:
- if he or she is under the age of 16 years; or
 - if he or she would automatically cease to hold office under the provisions of clause 15(1)(f). [of our Constitution]
- (c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.

(3) Number of charity trustees

- (a) There must be at least three(3) charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- (b) The maximum number of charity trustees is eleven (11). The charity trustees may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

In selecting individuals for appointment as Trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity.

Reporting period:
06 April 2023 to 05 April 2024

Policies and procedures adopted for the induction and training of trustees

1. Information for New Trustees

The Trustees will make available to each new Trustee, on or before his or her first appointment:

- a. a copy of the current version of this constitution; and
- b. a copy of the charity's latest Trustees' Annual Report and statement of accounts.

Additionally, policies created that all Trustees must receive a copy of and agree to before appointment as a Trustee is confirmed include:

- Board Trustees Code of Conduct
- Trustees Declaration of Interests
- Trustee and Volunteer Expenses Policy
- Anti-Harassment and Bullying Policy
- Health and Safety Policy
- Volunteer Grievance Procedures
- Safeguarding Adults at Risk Policy and Procedure with COVID 19 Addendum
- Equality & Diversity Policy
- Data Protection Policy

The charity's organisational structure and any wider network with which the charity works

In the period of this report, the charity was led by a volunteer co-Chair (Katherine Anne Hudson), who has served Chairing the charity for several years as Treasurer (including since becoming a CIO in November 2021 and previously on the Management Committee of our Constituted Community Group) and took on the role of Co-Chair with Linda Ashton-Saltwell in this reporting period.

Two long-standing members of the Board stepped down in this period:

- Linda Ashton-Saltwell (Co-Chair)
- Tony Larkin (Trustee)

The charity also had a long standing member of the Board of Trustees throughout this period and since its incorporation as a CIO in November 2021:

- David Clarke - co-opted until the next AGM, intended term 3 years on the Board of Trustees, after having previously served as a long-standing member of the Constituted Community Group Management Committee

Reporting period:
06 April 2023 to 05 April 2024

The charity appointed two (2) new members of the Board:

- Amy Nalini Knowles, co-opted until being voted in at our AGM on 9 November, 2022
- Dominique Louise Gibbons (Treasurer), co-opted until being voted in at our AGM on 9 November, 2022

During this period, we have also co-opted two (2) other Trustees (Bimah Khan and Jill Hodges) who were voted in at our recent EGM in November 2024 and have now been added to our official reporting and the Charity Commission website.

Relationship with any related parties

During this period, the charity collaborated with other local charities including Assert and AMAZE, as well as working together with the Trust for Developing Communities (TDC) and the NHS. There were no explicit financial benefits to ADHD Aware from any of these relationships other than any already mentioned above.

Reporting period:
06 April 2023 to 05 April 2024

Reference and Administrative Details

Charity name

ADHD Aware

Other name the charity uses

N/A

Registered charity number

1196688

Charity's principal address

ADHD Aware
Community Base
113 Queens Road
Brighton BN1 3XG

Names of the Trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year
Linda Ashton-Saltwell	Co-Chair	Whole Year/Period – 19 January 2024
Katherine Hudson	Co-Chair	Whole Year/Period - Present
Dominique Louise Gibbons	Treasurer	Whole Year/Period - Present
David Clarke	Trustee	Whole Year/Period - Present
Tony Larkin	Trustee	Whole Year/Period – 30 November 2023
Amy Nalini Knowles	Trustee	Whole Year/Period - Present
Nadia Bunker	Co-opted Trustee nominee	01/12/2021-30/11/2023
Note, as some Trustees above have resigned during this financial period, new members proposed for positions on the Board have been co-opted in the period after the financial period reported here and are intended to be voted onto the Board at the next Annual General Meeting. These are:		
Bimah Khan	Co-opted Trustee nominee	04/23-02/24; currently serving as Advisor until rejoining the Board at next EGM

Reporting period:
06 April 2023 to 05 April 2024

Jill Hodges	Co-opted Trustee nominee	01/24-Present, to be voted in at next EGM
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Funds held as custodian Trustees on behalf of others

Description of the assets held in this capacity

N/A

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects

N/A

Details of arrangements for safe custody and segregation of such assets from the charity's own assets

N/A

Names and addresses of advisers

Type of adviser	Name	Address
Independent Examiner	Rebecca Luton	Resource Centre Prior House, 6 Tilbury Place, Brighton, BN2 0GY Tel. (01273) 606160 www.resourcecentre.org.uk

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

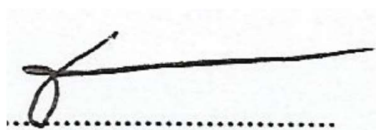
Reporting period:
06 April 2023 to 05 April 2024

Declarations

The Trustees declare that they have approved this annual report and accounts.

Signed on behalf of the charity's Trustees:

Signature(s)

A handwritten signature in black ink, appearing to be "Katherine Hudson", written over a dotted line.

Full name(s)

Katherine Hudson

Position (eg Secretary, Chair, etc)

Co-Chair

Date

08/01/2025

Signature(s)

A handwritten signature in black ink, appearing to be "Bimah Khan", written over a solid line.

Full name(s)

Bimah Khan

Position (eg Secretary, Chair, etc)

Co-Chair

Date

08/01/2025