

**LANCASTER MEN'S HUB  
ANNUAL REPORT AND ACCOUNTS  
FOR THE YEAR ENDED 31 DECEMBER 2024**

Accounts Matters Limited

3-2-1 Storey House  
White Cross  
Lancaster  
Lancashire  
LA1 4XQ

**Lancaster Men's Hub  
Contents of the Accounts  
For The Year Ended 31 December 2024**

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## Trustees' Annual Report for the period

From 01/01/2024

To 31/12/2024

Charity name: Lancaster Men's Hub

Charity registration number: 1196670

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The object of Lancaster Men's Hub is to promote social inclusion for the public benefit of men, living in Lancaster and the surrounding district, by preventing them from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of opportunities and premises in which men can meet jointly or individually undertake and share creative, physical, social and recreational activities of their choice.</p> <p>We provide social and practical activities in a safe space for clients to meet, converse and share interests, as well as providing signposting to other more specialist organisations.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Elevenes: drop-in social every Friday with tea/coffee and modest cooked lunch - free.</p> <p>Walking Football: every Sunday - free.</p> <p>Workshop space for woodworking Projects. Monday – Thursday - free</p> <p>Studio space for 'quiet elevenes', games evening, Role playing games</p> <p>Subbuteo table soccer group, nautical group - free</p> <p>Walking cricket and bowls - free</p> <p>Donations to cover costs are welcomed.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the guidance issued by the Charity Commission and are aware of the need to apply the test of public benefit to all relevant LMH activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The charity is entirely volunteer run. The contribution made by all members who actively volunteer is vital and amounts to a saving in costs without which the charity could not provide activities.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>In the reporting period LMH:</b></p> <p>Continued to grow its membership to 156 official members, though several people benefit from our activities without official membership.</p> <p>Maintained a minimum of four regular weekly activities, as well as other seasonal activities such as 'walking cricket'</p> <p>Made woodwork products for donations</p> <p>Supported fairs and Fairtrade days, as well as events like Morecambe Bay Health Festival</p> <p>Extended and deepened contacts with other charities</p> <p>Continued with Lancaster Integrated Care Community (ICC)</p> <p>Received several social prescription referrals</p> <p>Raised its profile through more extensive publicity</p> <p>Provided lunch every Friday for 20 to 45 people</p>

		<p>Thanks to funding from the DHSC Suicide Prevention Fund the leadership team and other LMH volunteers have accessed ZSA Suicide Awareness On-line Training, next level training in Mental Health First Aid, and Orange Button training. As a result, the project team have identified new activities and ways of operating that would make it easier for men from higher risk groups to participate in LMH activities.</p> <p>For example, providing a quiet space and quiet group meetings for those with hearing loss or those with anxiety and adding activities such as digital inclusion and gardening (gardening in a yard) suitable for those with limited mobility. There has also been an increase in other activities sometimes short term or one-off, sometimes longer term and these include: cookery, art classes, craft activities, coffee mornings, music sessions, railway interest group, model building, photography, fantasy football league.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>Position year end 31/12/2024</b> Income (inc. sales, donations and grants): £26,564 Expenses: £27,803 <b>Net deficit: £1,239</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our Strategic Plan 2023-2028 requires us to maintain financial reserves sufficient for one year of operations. In practice this means for operational costs and core activities.
Amount of reserves held	Para 1.22	General Reserve assets held 31.12.2024 £7,382 held in Current and various savings accounts with Virgin Money. This is equivalent to 3 months operations. Restricted Grants Reserve of £1,639
Reasons for holding zero reserves	Para 1.22	Does not apply
Details of fund materially in deficit	Para 1.24	Does not apply
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Does not apply

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>Period 01.01.2024 to 31.12.2024</b> Personal donations (incl Gift Aid received): £7,851 Sales of woodwork items : £3,584 Corporate donations : £1,618 Grants : £12,296 Fundraising/Other income/Interest Received : £1,215
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		Does not apply
Type of governing document (trust deed, royal charter)	Para 1.25	Lancaster Men's Hub Constitution 03 June 2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Association Model
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(First Trustees were appointed by Charity Commission, 19/11/2021 and have since retired or been reappointed.) Appointment through election by members at AGM. Appointment by trustees at any time. Appointment by members at any time.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All new trustees are required to provide a CV, 2 referees and a DBS certificate.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	LMH is an entirely volunteer organisation supervised by the Board of Trustees with the assistance of delegated committees.  LMH is a member of the UK Men's Sheds Association.  LMH is a member of Lancaster Integrated Care Community (ICC) and Lancaster District CVS.  These organisations supply information, enable contacts and, in the case of LDCVS, mediate between grant providers and grant applicants, but neither organisation has any influence on LMH management.
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Lancaster Men's Hub
Other name the charity uses	LMH
Registered charity number	1196670
Charity's principal address	The Cornerstone Sulyard Street Lancaster LA1 1PX

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mark Reynolds	Acting Chair	16/04/2024 – 31/12/2024 and continuing to date	Initially co-opted by the Trustees and subsequently appointed by members by election at the 2025 AGM
2	Simon Stewart	Contact		Appointed by members by election at AGM
3	Jim Needham	Contact	04/06/2024 – 31/12/2024 and continuing to date	Initially co-opted by the Trustees and subsequently appointed by members by election at the 2025 AGM
	Other Trustees who served during the year who have subsequently resigned			
4	Keith Carman			Appointed by members by election at AGM
5	David Mace			Appointed by members by election at AGM
6	Nigel Appleton		08/01/2024 – 28/09/25	Initially co-opted by the Trustees and subsequently appointed by members by election at the 2024 AGM
7	Christopher Englefield		30/01/2024 – 19/03/25	Initially co-opted by the Trustees and subsequently appointed by members by election at the 2024 AGM



Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Does not apply
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Does not apply
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Does not apply

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

**Type of adviser      Name      Address**


#### Name of chief executive or names of senior staff members (Optional information)

Not applicable

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

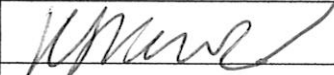
No exemptions have been made

## Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SIMON CHARLES STEWART	
Position (eg Secretary, Chair, etc)	TRUSTEE	
Date	30/10/2025	

**Lancaster Men's Hub  
Independent Examiner's Report  
For The Year Ended 31 December 2024**

Independent Examiner's Report to the Trustees of Lancaster Men's Hub

I report to the charity trustees on my examination of the accounts of the charity for the year ended (date) which are set out on pages 12 to 14.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed



Name: Christine Harwood ACMA  
Chartered Institute of Management Accountants

Dated: 30<sup>th</sup> October 2025

Accounts Matters Limited  
3-2-1 Storey House  
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Lancaster  
Lancashire  
LA1 4XQ

**Lancaster Men's Hub**  
**Year Ended 31 December 2024**

**Receipts and payments accounts**

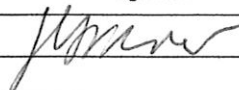
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>				2024	2023
<i>Donations from Members</i>					
Personal Donations under Gift Aid	1,348		-	1,348	1,199
Small donations	3,111	39	-	3,150	3,379
Other donations	1,888	600	-	2,488	3,561
Gift Aid Received	865		-	865	740
<i>Income From Activities</i>				-	
Woodwork sales	3,584		-	3,584	2,340
Fundraising	472		-	472	-
Bank Interest/Cashback	319		-	319	164
Other Income	424		-	424	20
External Grants/Donations				-	
Restricted Grants		12,296	-	12,296	4,771
Corporate donations	1,618		-	1,618	2,163
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>13,629</b>	<b>12,935</b>	<b>-</b>	<b>26,564</b>	<b>18,337</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>13,629</b>	<b>12,935</b>	<b>-</b>	<b>26,564</b>	<b>18,337</b>

**Lancaster Men's Hub**  
**For The Year Ended 31 December 2024**

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A3 Payments</b>				<b>2024</b>	<b>2023</b>
Premises running costs	4,807	7,660	-	12,467	1,712
Cost of materials	1,655		-	1,655	1,455
Maintenance	1,096	1,138		2,234	24
Equipment	7	2,197		2,204	123
Room Hire	2,892	321	-	3,213	3,460
Public Liability Insurance	941	842	-	1,783	942
Food Costs	1,750	94	-	1,844	2,218
Professional fees	33	240	-	273	960
Member and Guest Activities	786	623	-	1,409	1,232
Training	16	126	-	142	18
Fundraising expenses	314	40	-	354	-
Office Stationery, Postage, other	173	52	-	225	359
<b>Sub total</b>	<b>14,470</b>	<b>13,333</b>	<b>-</b>	<b>27,803</b>	<b>12,503</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>14,470</b>	<b>13,333</b>	<b>-</b>	<b>27,803</b>	<b>12,503</b>
<b>Net of receipts/(payments)</b>	<b>- 841</b>	<b>- 398</b>	<b>-</b>	<b>- 1,239</b>	<b>5,834</b>
<b>A5 Transfers between funds</b>			-	-	-
<b>A6 Cash funds last year end</b>	<b>8,223</b>	<b>2,037</b>	<b>-</b>	<b>10,260</b>	<b>4,426</b>
<b>Cash funds this year end</b>	<b>7,382</b>	<b>1,639</b>	<b>-</b>	<b>9,021</b>	<b>10,260</b>

**Lancaster Men's Hub**  
**For The Year Ended 31 December 2024**

**Statement of Assets and Liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash in Hand	38	-	-
	Virgin Money Current A/c	1,341		-
	Virgin Money various notice accounts	6,003	1,639	-
	<b>Total cash funds</b>	<b>7,382</b>	<b>1,639</b>	<b>-</b>
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Rental Deposits Workshop & Studio	-	1,950	-
	HMRC Gift Aid Claim (EST)	1,125	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	Laptops	Upping Our Game	750	-
	Table saw	Unrestricted	480	-
	Cooker	Upping Our Game	200	-
	Secure storage cabinet	Upping Our Game	394	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	Interest Free Loan from Trustee	Restricted	1,500	
	Interest Free Loan from Member	Unrestricted	500	
	Creditor Room Hire 2 months @ 31.12.24	Unrestricted	438	
	Sundry creditors @31.12.24	Unrestricted	301	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		SIMON STEWART		30/10/2025