



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2023

To 31/12/2023

Charity name: Lancaster Men's Hub

Charity registration number: 1196670

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The object of Lancaster Men's Hub is to promote social inclusion for the public benefit of men, living in Lancaster and the surrounding district, by preventing them from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of opportunities and premises in which men can meet jointly or individually undertake and share creative, physical, social and recreational activities of their choice.</p> <p>We provide social and practical activities in a safe space for clients to meet, converse and share interests, as well as providing signposting to other more specialist organisations.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Eleveneses: drop-in social every Friday with tea/coffee and modest cooked lunch; free.</p> <p>Games Night: every Thursday for board and card games etc.; free.</p> <p>Walking Football: every Sunday, free.</p> <p>Allotment: ongoing; free.</p> <p>Woodworking Projects: manufacture of items on request; materials charged to client and additional donation requested.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the guidance issued by the Charity Commission and are aware of the need to apply the test of public benefit to all relevant LMH activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
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Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The charity is entirely volunteer run. The contribution made by all members who actively volunteer is vital and amounts to a saving in costs without which the charity could not provide activities.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In the reporting period LMH: Grew its membership to 95 Maintained four regular weekly activities Acquired a second allotment to be developed Made woodwork products for donations Supported fairs and fair trade days Extended and deepened contacts with other charities Continued with Lancaster Integrated Care Community (ICC) Joined the Lancaster District Community Voluntary & Solutions (LDCVS) Directory of services and began receiving social prescription referrals Raised its profile through more extensive publicity Secured an initial three-year lease on a workshop and equipped it to a high standard Provided lunch every Friday for 20 to 45 people Provided a celebratory meal for 40 people</p> <p>2023 LMH Client Voice survey shows that an average of members feel: A friendly welcome: 61% Accepted by others: 54% Enjoy activities: 44% Tried something new: 27% Made new friends: 54% Leave in a good mood: 44% Feel less isolated: 44% Find LMH supports wellbeing: 44%</p> <p>(These numbers are lower than the previous year. Our membership has more than doubled while we have not provided additional activities: however, we have access to more space in 2024 and this is being addressed.)</p>

Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Position year end 31/12/2023 Income (inc. sales, donations and grants): £18,337 Expenses: £12,503 Net profit: £5,834
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our Strategic Plan 2023-2028 requires us to maintain financial reserves sufficient for one year of operations. In practice this means for operational costs and core activities.
Amount of reserves held	Para 1.22	Reserve assets held 31.12.2023 Virgin Money 95 Day Notice account: £5,672
Reasons for holding zero reserves	Para 1.22	Does not apply
Details of fund materially in deficit	Para 1.24	Does not apply
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Does not apply

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Period 01.01.2023 to 31.12.2023 Personal donations (inc returned Gift Aid): £5,339 Corporate donations: £2,163 Grants: £4,771 Justgiving: £1,500
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		Does not apply
Type of governing document (trust deed, royal charter)	Para 1.25	Lancaster Men's Hub Constitution 03 June 2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Association Model
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	(First Trustees were appointed by Charity Commission, 19/11/2021 and have since retired or been reappointed.) Appointment through election by members at AGM. Appointment by trustees at any time. Appointment by members at any time.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	LMH is an entirely volunteer organisation supervised by the Board of Trustees with the assistance of delegated committees. LMH is a member of Lancaster Integrated Care Community (ICC) and Lancaster District CVS. These organisations supply information, enable contacts and, in the case of LDCVS, mediate between grant providers and grant applicants, but neither organisation has any influence on LMH management.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lancaster Men's Hub
Other name the charity uses	LMH
Registered charity number	1196670
Charity's principal address	The Cornerstone Sulyard Street Lancaster LA1 1PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Keith Derrick Carman			Appointed by members by election at AGM
2	David Kendrew Mace	Chair		Appointed by members by election at AGM
3	David Neil Smith	Treasurer	Retired 31.12.2023	Appointed by members by election at AGM
4	Simon Stewart	Contact		Appointed by members by election at AGM
5	John Sydney Strivens	Secretary	Retired 23.12.2023	Appointed by members by election at AGM
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Does not apply
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Does not apply
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Does not apply

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

No exemptions have been made

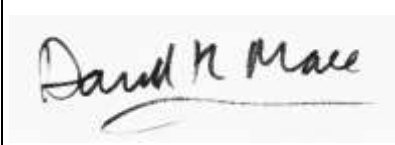
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	David Kendrew Mace	
Position (eg Secretary, Chair, etc)	Chair	
Date	16.10.2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
LANCASTER MEN'S HUB

No (if any)
1196670

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/01/2023		31/12/2023

Section A Receipts and payments

STATUS DRAFT	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Fundraising Income from events	493	-	-	493	597
Sales products manufactured	1,847	-	-	1,847	2,987
Other Income	20	-	-	20	170
Interest and Cashback	164	-	-	164	33
<i>Personal Donations</i>	520	-	-	520	
<i>Sponsored Fundraising event</i>	1,540			1,540	
Gift Aided Personal Donations	1,199	-	-	1,199	857
Small Donations	3,380	-	-	3,380	2,158
Corporate Donations	2,163	-	-	2,163	1,014
Grants	-	4,771	-	4,771	3,080
Gift Aid refunded by HMRC	740	-	-	740	-
<i>Just Giving donations</i>		1,500	-	1,500	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,066	6,271	-	18,337	10,896
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-

Total receipts	12,066	6,271	-	18,337	10,896
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A3 Payments

Workshop running costs	131	1,713	-	1,844	-
Workshop legal fees	210	750	-	960	-
Cost of materials	1,457	-	-	1,457	1,475
Member and Guest Activities	937	-	-	937	1,018
Food Costs	809	1,584	-	2,393	2,554
Marketing	51	-	-	51	58
Room Hire	1,521	1,764	-	3,285	1,498
Public Liability Insurance	942	-	-	942	921
Training	18	-	-	18	122
Software	193	-	-	193	168
Travel	294	-	-	294	-
Fundraising expenses		-	-	-	108
Office Stationery,Postage, other	129	-	-	129	265
Sub total	6,692	5,811	-	12,503	8,187

A4 Asset and investment purchases, (see table)

	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-

Total payments	6,692	5,811	-	12,503	8,187
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Net of receipts/(payments)	5,374	460	-	5,834	2,709
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A5 Transfers between funds			-	-	-
A6 Cash funds last year end	2,849	1,577	-	4,426	1,717

<i>Cash funds this year end</i>	8,223	2,037	-	10,260	4,426
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash in Hand	-	-	-
	Virgin Money Current A/c	4,588		-
	Virgin Money 95 day Saver A/c	3,635	2,037	-
	Total cash funds	8,223	2,037	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
	HMRC Gift Aid Claim	865	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Creditor Room Hire Dec 2023	Unrestricted	222	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
			15/10/2024	

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