



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 19/11/2021 To

31/12/2022

Charity name: Lancaster Men's Hub

Charity registration number: 1196670

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The object of Lancaster Men's Hub is to promote social inclusion for the public benefit of men, living in Lancaster and the surrounding district, by preventing them from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society through the provision of opportunities and premises in which men can meet jointly or individually undertake and share creative, physical, social and recreational activities of their choice.</p> <p>We provide social and practical activities in a safe space for clients to meet, converse and share interests, as well as providing signposting to other more specialist organisations.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Eleveneses: drop-in social every Friday with tea/coffee and modest cooked lunch; free.</p> <p>Games Night: every Thursday for board and card games etc.; free.</p> <p>Walking Football: every Sunday, free.</p> <p>Crown Green Bowling: weekly during spring/summer; free</p> <p>Allotment: ongoing; free.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the guidance issued by the Charity Commission and are aware of the need to apply the test of public benefit to all relevant LMH activities.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In the reporting period LMH: Grew its membership to 45 Began four regular weekly activities Tried two further activities Acquired an allotment to be developed Made woodwork products for donations Supported fairs and fair trade days Established contacts with other charities Joined Lancaster Integrated Care Community (ICC) Provided lunch every Friday for 20 to 30 people Provided two celebratory meals for 40 people</p> <p>2022 LMH Client Voice survey shows that an average of 31 respondents feel: A friendly welcome: 86% Accepted by others: 89% Enjoy activities: 79% Tried something new: 73% Made new friends: 89% Leave in a good mood: 83% Feel less isolated: 69% Find LMH supports wellbeing: 83%</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Balance 31.12.2022 Fixed assets: £41.99 Bank account: £1,876.14 Cash: £30.20 Virgin Money 95 Day Notice: £2,520.11 Total assets: £4,468.44 Current liabilities: £460.38 Future liabilities: £0.00 Total liabilities £460.38 TOTAL NET ASSETS: £4,008.06 Income & expenditure 01.06.21 to 31.12.22 Total income: £13,251.21 Total expenditure: £9,243.15 Net income: £4,008.06
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our Strategic Plan 2021-2024, since reviewed and updated to 2023-2028, requires us to build and maintain financial reserves for one year of operations. In practice this means for operational costs and core activities.
Amount of reserves held	Para 1.22	Assets held in reserve on 31.12.2022: £2,520.11
Reasons for holding zero reserves	Para 1.22	Does not apply
Details of fund materially in deficit	Para 1.24	Does not apply
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Does not apply

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Period 01.06.2021 to 31.12.2022: Grants: £4.830.00 Sale of products: £3.853.42 Donations: £4.500.02
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Lancaster Men's Hub Constitution 03 June 2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO – ASSOCIATION MODEL
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	First Trustees appointed by Charity Commission, 19/11/2021. Appointment by trustees at any time. Appointment by members at AGM. Appointment by members at any time.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	LMH is a member of Lancaster Integrated Care Community (ICC) and Lancaster District CVS. These organisations supply information, enable contacts and, in the case of LDCVS, mediate between grant providers and grant applicants, but neither organisation has any influence on LMH management.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lancaster Men's Hub
Other name the charity uses	LMH
Registered charity number	1196670
Charity's principal address	The Cornerstone Sulyard Street Lancaster LA1 1PX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Keith Derrick Carman		Appointed 10/01/2022	Lancaster Men's Hub trustees
2	David Kendrew Mace	Chair		Appointed by Charity Commission 19.11.2021
3	David Neil Smith	Treasurer		Appointed by Charity Commission 19.11.2021
4	Simon Stewart	Contact		Appointed by Charity Commission 19.11.2021
5	John Sydney Strivens	Secretary		Appointed by Charity Commission 19.11.2021
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Does not apply
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Does not apply
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Does not apply

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

No exemptions have been made

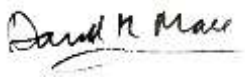
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	David Kendrew Mace	
Position (eg Secretary, Chair, etc)	Chair	
Date	11.05.2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Lancaster Men's Hub

No (if any)
1196670

Receipts and payments accounts


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For the period from	Period start date	To	Period end date
	19/11/2021		31/12/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last Year (prior to registration)
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Sales products manufactured	3,722	-	-	3,722	131
Other income	30	-	-	30	
Interest/Cashback	34	-	-	34	7
Personal Donations	857	-	-	857	237
Small/Plate donations	2,158	-	-	2,158	135
Corporate Donations	1,014	-	-	1,014	100
Grants	3,080	-	-	3,080	1,750
	-	-	-	-	-
Sub total (Gross income for AR)	10,895	-	-	10,895	2,360
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,895	-	-	10,895	2,360
A3 Payments					
Cost of materials	1,479	-	-	1,479	297
Member & Guest Activities	1,218	-	-	1,218	-
Food Costs	2,721	-	-	2,721	45
Marketing	58	-	-	58	96
Room Hire	1,825	-	-	1,825	113
Public Liability Insurance	524	-	-	524	32
Training	122	-	-	122	
Software	173	-	-	173	-
Office Stationery, Postage, other	123	-	-	123	3
Sub total	8,243	-	-	8,243	586
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,243	-	-	8,243	586
Net of receipts/(payments)	2,652	-	-	2,652	1,774
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,774	-	-	1,774	-
Cash funds this year end	4,426	-	-	4,426	1,774

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash	30	-	-
	Virgin Money Current Account	1,876	-	-
	Virgin Money 95 day Saver Account	2,520	-	-
	Total cash funds	4,426	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trade Creditors	460	-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		David N Smith	09/06/2023	
			13/06/2023	