

Krishna Bath

Trustees' Report

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is registered as a charity with the Charity Commission.

The body responsible for the management of the Charity is the Board of Trustees.

OPERATION

The Charity is organised so that the trustees meet regularly to manage its affairs. There are a number of full time and part time employees and we are also very grateful for the help provided by the many volunteers all year round.

BOARD OF TRUSTEES

The Board of trustees who served during the year 2022 are shown below. Trustees are appointed or removed by the Members. Trustees serve for a period of 3 years. The board of trustees for 2022 were as follows:

Terence Anderson
Ross Jones
Stephen Wells
Adam El Tagoury

New trustees are provided with training on their legal obligations under charity and company law, Charity Commission guidance on public benefit, the aims and objectives of the Charity, and the governance and decision making processes of the Charity. Continuing training for trustees is undertaken through regular meetings, attending relevant seminars, specific discussions with individuals and organisations and briefing papers in the areas supported by the charity.

THE CHAIRMAN'S STATEMENT

In the wake of the Covid-19 pandemic, we have seen a new wave of difficulties overcome the public, of all generations and backgrounds. These difficulties include stress, anxiety, depression, as well as poverty resulting from unemployment or career disruption. More and more people are justifiably concerned with wellness; on the lookout for ways to improve their physical, mental and spiritual condition. This marked shift in the collective heart of the community has increased the demand for the kind of services Krishna Bath offers, including food relief, yoga classes, Meditation Classes, mindfulness workshops and so on.

2022 was an important year for Krishna Bath in many ways, filled with activity for our full and part time volunteers

We Have seen the increase in interest in the above activities and also the need for community based activities which led us to add a community allotment to our projects

OBJECTIVES AND ACTIVITIES

The charity is a Charitable Incorporated Organisation and as such is governed by its Constitution.

In pursuance of our charity's aims and objectives, the trustees have considered the Charity Commission's guidance on public benefit and in particular, the specific guidance on charities for the advancement of religion. Our aims, objectives and activities are reviewed annually to ensure our focus remains fixed on our charity's purposes.

The charity's aims and objectives continue to be:

- (a) Educate the public generally in the philosophical message of the Vedic tradition and to develop the proposition that each individual exists as the combination of body,

mind and spirit and each of us has the potential for discovering a relationship with the ultimate source of our existence (Krishna).

- (b) Educate members of the CIO and the public in general in the sociology psychology and spiritual and material philosophy and practical applications of the Vedic tradition by all means.
- (c) Extol the virtues and benefits of a simpler way of life to relieve stress anxiety and depression and to strengthen individuals with self-esteem purpose and well-being as well as detachment from preoccupations and addictions leading to physical and mental ill-health social isolation and poverty.
- (d) Relieve suffering and poverty through the inspiration of the Vedic tradition and the practical application of its techniques of bhakti-yoga meditation lifestyle and outlook.
- (e) Teach and encourage the methods of Sankirtan and the benefits of the group recitation of sacred mantras and sound vibration as revealed by the teachings of Sri Chaitanya Mahaprabhu.
- (f) Prepare and distribute vegetarian foods prepared with gratitude and sanctified as a blessing of Krishna, prasadam.
- (g) Establish maintain develop and operate facilities of all kinds in connection with and for the advancement of the objects of the CIO.
- (h) Print publish sell etc for the purpose of communicating information in regard to the tenets and work of the CIO.

The charity seeks to provide services of spiritual excellence in education, lifestyle and culture as revealed in the teachings of the Vedic scriptures of India, Bhagavad Gita, Srimad Bhagavatam and according to the teachings of His Divine Grace A.C. Bhaktivedanta Swami Prabhupada, Founder-Acharya of the International Society for Krishna Consciousness.

Through extensive educational services in our meditation centre, distribution of books and presentations from its various publications and through the numerous largely attended monthly events, the charity offers a cultural presentation for the re-spiritualisation of the entire human society. It seeks to offer a clue as to how humanity can become one in peace, friendship and prosperity with a common cause.

THE CHARITY'S STRATEGY

The key elements of our medium to long term strategy are:

1. Meditation Classes
2. Literature distribution
3. Workshops
4. Fundraising
5. Pastoral Care
6. Education
7. Food relief

Registered Charity No: 1196659

Krishna Bath CIO

**Financial Statements For Period 18th November
2021 to 31st December 2022**

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Charity Information

Trustees.

Ross Jones
Terence Anderson
Stephen Wells
Adam El Tagoury

Registered Charity Number. 1196659

Address. 23 Crescent Lane, Bath. BA1 2PX

Bankers. Virgin Money

Statement of Financial Activities

Nov 18th 2021 - Dec 31st 2022

| Income From | Unrestricted Funds £ | Total £ |
|--|---------------------------------|----------------------|
| Donations | 1530.65 | 1530.65 |
| Classes from Bhakti Centre | <u>6812.25</u> | <u>6812.25</u> |
| Total Income | 8342.9 | 8342.9 |
| Expenditure On: | | |
| Charities activities | <u>7598.45</u> | <u>7598.45</u> |
| Total Expenditure | 7598.45 | 7598.45 |
| Net Income and Movement in funds for the Period | <u>744.45</u> | <u>744.45</u> |
| Total Funds Carried Forward | <u>744.45</u> | <u>744.45</u> |

Balance Sheet As At 31st Dec 2022

| Current Assets | £ | £ |
|--|----------------|--------------------------|
| Cash in bank at hand | <u>8342.9</u> | |
| | 8342.9 | |
| Creditors: | | |
| Amounts falling due within one year | <u>7598.45</u> | |
| Net Current Assets | | <u>744.45</u> |
| Total Assets Less Current Liabilities | | 744.45 |
| Unrestricted Funds | | <u>744.45</u> |
| Total Charities Funds | | <u>744.45</u> |

Income & Expenditure Account For The Period 18th November 2021 - 31st December 2022

| Income. | £ | £ |
|---------------------|---------------|----------------------|
| Donations | | 1530.65 |
| Classes | | 6812.25 |
| Expenditure: | | |
| Food | 3273.35 | |
| Utility Bills | 585.50 | |
| IT | 166.96 | |
| Travel | 578.83 | |
| Rent | 1201.00 | |
| Equipment | 1249.40 | |
| General Expenses | <u>543.41</u> | |
| | | <u>7598.45</u> |
| NET SURPLUS | | <u>744.45</u> |