



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 1<sup>st</sup> January 2024 To 31<sup>st</sup> December 2024

Charity name: AUTISTIC GIRLS NETWORK

Charity registration number: 1196655

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO ADVANCE THE EDUCATION OF AND RELIEVE NEED AMONGST AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS IN THE UNITED KINGDOM AND IN PARTICULAR: (1) TO PROVIDE INFORMATION, ADVICE AND SERVICES TO SUPPORT AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS; (2) TO INCREASE AWARENESS OF AND PROMOTE EDUCATION ABOUT THE PROBLEMS AND NEEDS, INCLUDING MENTAL HEALTH NEEDS, OF AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS AMONGST EDUCATION, HEALTH AND SOCIAL CARE PROFESSIONALS AND THE GENERAL PUBLIC, INCLUDING PARTICIPATION IN RESEARCH STUDIES; (3) TO FOSTER MUTUAL HELP, CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS, FAMILIES, CARERS, HELPERS AND THOSE ENTRUSTED WITH THE CARE OF AUTISTIC GIRLS. THE EXPRESSION "AUTISTIC GIRLS" IN THIS DOCUMENT SHALL INCLUDE GIRLS WITH AUTISM AND RELATED CONDITIONS, DIAGNOSED AND UNDIAGNOSED, AND INCLUSIVE OF TRANS AND GENDER NON-BINARY CHILDREN.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Public benefit is at the heart of everything we do. Our mission is to support and improve the lives of autistic girls and their families and the people supporting them. The charity promotes an affirmative attitude to neurodiversity and campaigns both to ensure autistic people get the support they need and to promote positive identities for autistic people. This is critical given the unacceptably low rates of diagnosis, inadequacies in support mechanisms and

		<p>poor life outcomes faced by autistic females.</p> <p>A major part of our activities consists in operating a closed Facebook Group and social media platform. This provides public benefit in the form of support, information, signposting to relevant sources of help and opportunities for community and mutual support amongst our members.</p> <p>The charity also serves the public benefit through developing support materials, offering training and workshops, speaking at conferences, organising webinars and participating in autism research.</p> <p>The charity offers face to face autistic groups for girls across the United Kingdom to help develop invaluable opportunities to meet up and develop important life skills. There is a severe lack of such groups and research has indicated autistic people can find it easier to build community with their autistic peers. The charity also commenced in 2024 Peer Support and Post-diagnostic Mentoring Support services.</p> <p>The charity also benefits autistic people by involving autistic people in positions of leadership. Over half the board of trustees and executives are neurodivergent themselves and AGN actively seeks to give opportunities to autistic people to volunteer for the organisations.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
	Para 1.38	

Contribution made by volunteers		
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Introduction from our CEO</b></p> <p>Each year seems bigger than the last and 2024 is no exception. There's so much we've started and expanded upon this year, and our evaluation has shown us just how much of a difference our mentoring and groups are making. Involvement in the PINS (Partnership for Neurodiversity in Schools) pilot in Autumn 2024 started to show what we already knew – that education of everyone is needed just as much as interventions for autistic people so that stigma can lessen and attitudes can change. It has been refreshing to be able to get that work into schools at last, after being available on our website for two years!</p> <p>We have big ambitions for 2025 and beyond, and with our team set to grow to 3 in 2025 anything could happen!</p> <p><b>A Word from our Chair</b></p> <p>As I reflect upon 2024 and what this has meant for AGN, I am reminded of the overwhelming pride I feel to be Chair of Trustees for our extraordinary charity.</p> <p>The sheer number of neurodivergent folk who have been able to access the output of our team has been incredible, and the work done by our CEO Cathy, trustees, staff and volunteers is humbling.</p> <p>This report shows how impactful AGN is, and how much we have grown in 4 short years. The numbers and words are quite phenomenal, especially when placed in context of our size and maturity as an organisation.</p> <p>We have now reached a position where we can employ salaried team members, and have recently recruited a fundraising lead with post</p>

		<p>for volunteer coordinator about to be filled. It's so exciting to see how these roles will help deliver our strategic vision.</p> <p>2025 will undoubtedly bring new opportunities for AGN and I am honoured to be part of the future of our charity.</p> <p>With special thanks to our CEO Cathy, our wonderful Trustees and our amazing community.</p> <h2>Why are we needed?</h2> <p>Autism in girls may present differently and there is widespread misunderstanding about exactly how. This is a huge issue because autistic girls (and those who present in the same way) are often being missed and outcomes for autistic females are particularly poor.</p> <p>Girls in the UK are still being diagnosed autistic up to 6 years later than boys or missed entirely (80% of autistic girls remain undiagnosed at 18: McCrossin, 2022). Late diagnosis and subsequent camouflaging of autistic traits can be very damaging to an autistic person's mental health, self-confidence and self-esteem.</p> <p>Autistic traits in girls are frequently missed, overlooked, ignored, or their behaviour put down to "just being a girl". An autistic girl having a meltdown is said to be emotional and hysterical (a word historically only demeaning to women), because that's how girls are stereotyped to be. An example of this may be an autistic girl who struggles with dirt because of the texture and the idea of it, yet may be praised because historically girls were expected to be clean and tidy, and not messy. This is where societal expectations of women and girls can create barriers to recognising, understanding and supporting autistic girls.</p> <p>Research shows that autistic people are far more likely than the general population to have seriously poor mental health, and autistic young people are also far more likely to be under CAMHS than their peers too. Up to 71% of autistic young people meet criteria for at least one mental health condition. Autistic girls are highly vulnerable and the rate of teenage suicide amongst this group is four times higher than boys of the same age. But depression is</p>
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		<p>NOT part of the diagnostic criteria of autism and it is not inevitable that an autistic person will have poor mental health. The Royal College of Psychiatrists 2024 report Autism and Mental Health sums up the external factors leading to poor wellbeing:</p> <p><i>“Almost all mental health problems and mental illnesses are more common in autistic people than in the general population. In fact, between 3 and 5 in every 100 people who use mental health services are autistic. And about 1 in 10 people who are admitted to psychiatric inpatient wards are autistic. There are a few different reasons for this, including: A lack of appropriate support – Not getting timely or appropriate support and care can lead to poor mental health. Over time this can lead to someone developing a mental illness. Sometimes when autistic people are given support, this isn’t adapted to their needs and doesn’t recognise how mental health and autism work together. This can also mean these treatments aren’t as effective as they should be, and can be counter-productive. An unsuitable environment – Our society and culture is not always designed for autistic people. For some autistic people, navigating this environment can be incredibly difficult, and can also lead to poor mental health. Poor treatment – Autistic people are also more likely to experience bullying or victimisation. This can of course have a negative effect on their self-esteem and sense of identity.”</i></p> <p>All of these factors are ‘fixable’.</p> <p>A 2021 survey reported that 26% of parents waited over three years to receive support for their autistic children. There are a few regional offerings of mentor groups but this is limited, and not reflective of the demand. Many existing schemes cost up to £160 per session and during a cost of living crisis this is out of reach for many families. Time waiting is time that could have been spent coming to terms with a new self-identity – so important for autistic young people’s mental health.</p> <p>Negative experiences in formative years can have a huge impact on adult lives not only in making girls at risk of suicide as teenagers but as the statistics reveal as adults. We believe a more positive experience of diagnosis and becoming part of an affirmative autistic-lead community is crucial. There is an increased demand for our support, in the last year alone</p>
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		<p>our Facebook community grew to 29,000 members and this is expanding daily. We have built a trusted position in the autistic community and offer a diverse range of support including building awareness, creating safe space and campaigning for earlier diagnosis.</p> <p><b>What difference are we making?</b></p> <p>Through our face to face groups our young people make connections in their community – for some it will be the first connections they have made with other autistic young people and this can be life-changing. Being diagnosed autistic as a teen, as many girls are, can cause havoc with self-esteem when you know that you have always been different to your peers. Many girls report feeling as if they were ‘going mad’ and as if they were broken. We will be assuring them they are not broken, but just have a different ‘operating system’ and introducing them to others who experience the world in the same way.</p> <p>Our autistic facilitators will also be building connections, for many it will be the first time of working with other autistic people. Both young people and facilitators may well have felt lonely – research shows loneliness is more widely reported by autistic people than in the general population, just as autistic people are statistically more likely to be bullied and to suffer from depression. Groups will empower young people to make connections outside of the group venue, through regular social events. Through groups we will improve financial capability: as part of our group sessions, we will be teaching some life skills and money management is an important one of those topics. Autistic young people can be vulnerable and so it is particularly important to teach them good financial management, the pitfalls of credit availability and how to spot potential scams.</p> <p>Through our knowledge hub, our webinars and conversations with families, they will be informed and empowered to make small changes to the home environment, particularly around sensory aspects and preparation for change which will benefit everyone. The constant need for girls to mask autism due to concern about stigma has been highlighted frequently in research in recent years as</p>
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	<p>extremely detrimental to mental health, so it's important to provide an environment outside the home where young people can feel free to be themselves with their peers.</p> <p><b>What we did in 2024: the numbers</b></p> <ul style="list-style-type: none"><li>• Trained 10 neurodivergent adults as qualified Autism Peer Support Workers</li><li>• Created paid opportunities for 20 qualified and experienced neurodivergent adults to facilitate groups, mentor teens, deliver assemblies and train school staff</li><li>• Ran 377 mentoring sessions for 104 teenage autistic young people with neurodivergent mentors</li><li>• 94% of our mentees said they felt more positive about being autistic after their mentoring</li><li>• Ran 180 sessions of Face 2 Face groups for 221 autistic young people aged between 9-25</li><li>• 96% of our group attendees said they felt happier after sessions</li><li>• Ran 60 sessions of autism peer support groups for 58 autistic adults</li><li>• 92% of group attendees said they understood themselves better after sessions</li><li>• Ran 22 free webinars from Cathy &amp; guests with over 11000 signups</li><li>• Delivered 14 Difference Not Deficit assemblies in primary schools to promote Whole School Neurodiversity Understanding</li><li>• Delivered training sessions in 28 schools to 480 staff</li><li>• Welcomed 9,457 new members to our Facebook group</li><li>• Supported 6,462 requests for help and advice in our Facebook group</li><li>• Reached 2,939,837 social media accounts with our content</li></ul> <p><b>What we did in 2024: the words</b></p> <p><b>Our Facebook Support Group</b></p> <p>In 2024 we reviewed 11905 membership requests for the Facebook group and declined</p>
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		<p>2443, welcoming 9457 new members, bringing the total to 29,100 people. There were ,6462 posts throughout the year and over 20,000 active members.</p> <p>Here’s how the top membership varies by country in the Facebook group: United Kingdom 24,903 United States 1,996 Australia 718 Canada 326 Ireland 317 New Zealand 107 Germany 41 Netherlands 38 South Africa 37 Sweden 36</p> <p><b>Our social media</b></p> <p>Our Facebook page reached 815,836 accounts. Our Facebook page followers increased to 35,200 people.</p> <p>Our Instagram followers increased to 28,600 people.</p> <p>Our Instagram posts were viewed 1,242,000 times. Our LinkedIn page posts were viewed 852,482 times.</p> <p>Our LinkedIn followers increased to 17,185 people.</p> <p>Our YouTube channel subscribers increased to 2,640 people.</p> <p>We ran 12 webinars in 2024 which were viewed 7500 times.</p> <p>Our full range of webinars were viewed 29,519 times in total over the year.</p> <p>We added an additional 865 subscribers over 2024, and Autism &amp; Anxiety with Dr Luke Beardon is still our biggest draw with 4,822 views.</p> <p><b>Our Training</b></p> <p>We created and delivered training for:</p> <ul style="list-style-type: none"> <li>• Health and social care professionals – Speech and Language Therapists, Educational Psychologists, Targeted Support and Early Help</li> <li>• Parent Carer Forums</li> </ul>
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		<ul style="list-style-type: none"> <li>• Neurodiversity in the Workplace Corporate Training</li> <li>• Neurodiversity in the Workplace Training for Charities – 3 charities</li> <li>• Neurodiversity in the Workplace Training for Universities – with a bespoke offering developed for the University of Wolverhampton including a neurodiversity workshop for all students in a department, a sensory audit of the department and training for staff.</li> <li>• PINS (Partnership for Neurodiversity in Schools programme) – we were commissioned in Essex and Coventry and Warwickshire on this Department for Education funded programme and have already delivered some training and assemblies from October 2024. In 2025 we have another 55 training sessions booked in schools (including Autism &amp; Girls, Masking, Intersectionality, Identifying and Regulating Emotions and Whole School Neurodiversity) in January – March, with a further 32 assemblies in Coventry &amp; Warwickshire primary schools on the PINS programme. We now have a tested virtual model for these assemblies, both Primary &amp; Secondary stage, so we can start rolling them out everywhere in 2025!</li> </ul> <p><b>Our Peer Support Groups</b></p> <p>We started new 10 week adult starter groups in Autumn 2024 with 10 trained neurodivergent Autism Peer Support Workers.</p> <p>We ran 10 new groups with 16 neurodivergent group facilitators for young people aged 9 – 25 in 2024 – each group costs around £5k to run a year. As well as craft or cooking sessions we covered first aid, bird and bee-friendly environments in the garden, energy saving, we held open afternoons, and in 2025 we will be creating employability resources and visiting the RSC in Stratford upon Avon.</p> <p><b>Mentoring</b></p> <p>We welcomed 5 neurodivergent adult mentors to our team in 2024, all experienced in working with autistic young people and either education, therapy or mentoring. In 2024 we mentored 104 autistic teens in 377 sessions. Along with our funded mentoring and our</p>
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		<p>school mentoring we also began to offer private mentoring sessions in sets of 3 – available to purchase on our website.</p> <p><b>Parent Workshops</b></p> <p>We ran 10 workshops for parents in 2024 and we will be creating more workshops, trainings and resources for parents in 2024.</p> <p>Cathy’s book Nurturing Your Autistic Young Person sold over 10,000 copies and 50% of royalties were donated to AGN in the first half of 2024.</p> <p><b>Fundraising</b></p> <p>We ran our Million Steps Challenge again in 2024, along with obtaining charity places in various half marathons and 10K races, all of which contributed to our fundraising pot as well as the runners’ fantastic achievements! (Picture of LLHM 2024). There will be even more challenges and races available in 2025 – great to get your work colleagues involved.</p> <p><b>Merchandise</b></p> <p>We started to sell our own lines of t-shirts, hoodies, mugs and bags in 2024, all of which raise money for our work. Here’s our latest design – Weird Snail!</p> <p><b>Media</b></p> <p>In March we appeared on Channel 4 News as part of a special report into the very long autism assessment waiting lists, and they filmed at our Stratford upon Avon 9-12s group – the young people were all amazingly articulate and not at all phased by a large camera filming their every word! You can watch the report here: <a href="https://www.channel4.com/news/autism-assessments-quarter-of-families-wait-at-least-four-years-survey-shows">https://www.channel4.com/news/autism-assessments-quarter-of-families-wait-at-least-four-years-survey-shows</a></p> <p>Our CEO Cathy also chatted with Naga Munchetty on Radio 5 Live in March to talk about the mental health crisis in schools for autistic young people.</p> <p><b>Volunteers</b></p> <p>Over 300 people completed our online volunteer registration form but with only Cathy</p>
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		<p>running the charity for almost the whole of 2024 there was no capacity to onboard, train and organise them. That will change in 2025 as we have have two year funding from The Fore to employ a part-time Volunteer Coordinator and we hope this will be transformational! If you have asked to volunteer for us, expect to hear from us fairly soon.</p> <p><b>Our Team</b></p> <p>In December 2024 we welcomed our new part time Fundraising Lead Charlie Hamilton so we are currently a team of 2 ready to expand in 2025!</p>
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#### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		N/A

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>This was a year of significant growth for the charity.</p> <p>The charity achieved income of £216,773 in the year, representing 173% growth on prior year. Growth was across all income streams with significant growth in grant income as well as unrestricted donations and training income in particular.</p> <p>Expenditure for the year was £133,355 more than three times prior year levels. Key areas of additional spend relate to expansion of our Girls groups, introduction of new services such as Peer Support and Post-Diagnostic Mentoring Support and investment in our first paid positions to build the infrastructure and capacity to support the service growth.</p> <p>The charity made a surplus of income over expenditure of £83,418 for the year. Total funds were £152,071 as at 31 December 2024 (2023: £68,653), predominantly in the form of cash. The Charity is in a strong early growth phase and the surplus represents grant income due to be spent on 2025 project and build-up of funds to support higher operational costs expected in 2025 and expected introduction of new products. During 2024 the CEO was only paid on a part time basis and our Fundraising Lead taken on in December 2024 – 2025 is expected to include a full year of costs and the CEO has moved to a fully paid basis.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity requires reserves to cover operating fluctuations, contingency plan for income shortfalls and support the charity as it builds its fundraising. The charity's policy is to hold at least three months cover for expenditure in free cash reserves. Given the growth profile of the charity the reserves are assessed based on looking forward to expected increased expenditure. The charity complied with this policy.
Amount of reserves held	Para 1.22	The charity had free cash balances of £93,616 as at 31 December 2024.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	There were no funds materially in deficit.
Explanation of any uncertainties about the	Para 1.23	N/A

charity continuing as a going concern		
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### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	CIO Constitution (Foundation Model) adopted 18 November 2021
How is the charity constituted? (e.g. <a href="#">unincorporated association</a> , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The current trustees are the initial trustees appointed in the Constitution. Further trustees may be appointed by the trustee body in session. New trustees must meet the eligibility criteria in the constitution and the charity must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		N/A

## Reference and Administrative details

Charity name	AUTISTIC GIRLS NETWORK
Other name the charity uses	AGN
Registered charity number	1196655
Charity's principal address	68 South Green Drive Stratford-upon-Avon CV37 9HP

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Lesley Farmer			n/a
2	Victoria Jane May	Chair		n/a
3	Warda Ahmed Farah			n/a
4	Andrew James McDonald			n/a
5	Emily Katharine Burke			n/a
6	Elliot George Wassell	Treasurer		n/a
7	Clare Jane McDonald	Secretary		n/a
8	Gemma Louise Windham		Resigned 13 June 2024	n/a
9	Laura Riach		Appointed 4 April 2024	n/a
10	Ayo Sokale		Appointed 4 April 2024	n/a
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12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	The charity has not acted as custodian trustee.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Independent Examiner	HSL Accountancy Solutions Ltd	Enterprise House, 61a Carr House Road, Doncaster, DN1 2BY.

**Name of chief executive or names of senior staff members (Optional information)**

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

## Other optional information


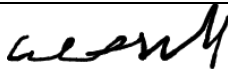
N/A



## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clare McDonald	Elliot Wassell
Position (eg Secretary, Chair, etc)	Secretary	Treasurer
Date	18 March 2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

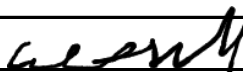
AUTISTIC GIRLS NETWORK			Charity No (if any)	1196655	
Annual accounts for the period					
Period start date	1/1/2024	To	Period end date	12/31/2024	

## Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
<b>Incoming resources (Note 3)</b>						
Income and endowments from:						
Donations and voluntary income	S01	50,442	18,300	-	68,742	27,620
Grants	S02	4,000	117,996	-	121,996	43,744
Other income	S06	26,035	-	-	26,035	7,899
<b>Total</b>	S07	80,477	136,296	-	216,773	79,263
<b>Resources expended (Note 6)</b>						
Expenditure on:						
Raising funds	S08	9,436	983	-	10,419	5,319
Groups	S09	-	49,269	-	49,269	7,349
Development and training delivery	S10	1,539	17,528	-	19,067	13,098
Other	S11	8,100	46,500	-	54,600	6,784
<b>Total</b>	S12	19,075	114,280	-	133,355	32,550
<b>Net income/(expenditure) before investment gains/(losses)</b>						
Net gains/(losses) on investments	S13	61,402	22,016	-	83,418	46,713
<b>Net income/(expenditure)</b>	S14	-	-	-	-	-
<b>Extraordinary items</b>	S15	61,402	22,016	-	83,418	46,713
<b>Transfers between funds</b>	S16	-	-	-	-	-
<b>Other recognised gains/(losses):</b>	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
<b>Net movement in funds</b>	S20	61,402	22,016	-	83,418	46,713
<b>Reconciliation of funds:</b>						
Total funds brought forward	S21	32,214	36,439	-	68,653	21,940
<b>Total funds carried forward</b>	S22	93,616	58,455	-	152,071	68,653

Section B

Balance sheet

		Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year	
			£	£	£	£	£	
			F01	F02	F03	F04	F05	
<b>Fixed assets</b>								
Intangible assets		B01	-	-	-	-	-	
Tangible assets		B02	-	-	-	-	-	
Heritage assets		B03	-	-	-	-	-	
Investments		B04	-	-	-	-	-	
<b>Total fixed assets</b>		B05	-	-	-	-	-	
<b>Current assets</b>								
Stocks		B06	-	-	-	-	-	
Debtors	(Note 10)	B07	34,164	-	-	34,164	115	
Investments		B08	-	-	-	-	-	
Cash at bank and in hand	(Note 12)	B09	74,653	58,455	-	133,108	69,114	
<b>Total current assets</b>		B10	108,817	58,455	-	167,272	69,229	
<b>Creditors: amounts falling due within one year</b>								
	(Note 11)	B11	15,201	-	-	15,201	576	
<b>Net current assets/(liabilities)</b>		B12	93,616	58,455	-	152,071	68,653	
<b>Total assets less current liabilities</b>		B13	93,616	58,455	-	152,071	68,653	
<b>Creditors: amounts falling due after one year</b>								
	(Note 11)	B14	-	-	-	-	-	
Provisions for liabilities		B15	-	-	-	-	-	
<b>Total net assets or liabilities</b>		B16	93,616	58,455	-	152,071	68,653	
<b>Funds of the Charity</b>								
Endowment funds	(Note 13)	B17	-		-	-	-	
Restricted income funds	(Note 13)	B18		58,455		58,455	36,439	
Unrestricted funds		B19	93,616			93,616	32,214	
Revaluation reserve		B20				-	-	
<b>Total funds</b>		B21	93,616	58,455	-	152,071	68,653	
Signed by one or two trustees on behalf of all the trustees		Signature		Print Name		Date of approval dd/mm/yyyy		
				Elliot Wassell		18/03/2025		

Section C		Notes to the accounts	
Note 1    Basis of preparation			
This section should be completed by all charities.			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	<div><div>✓</div></div>	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	<div><div>✓</div></div>	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		<div><div>✓</div></div>	
* -Tick as appropriate			
1.2 Going concern			
If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:			
An explanation as to those factors that support the conclusion that the charity is a going concern;	<div>Not applicable</div>		
Disclosure of any uncertainties that make the going concern assumption doubtful;	<div>Not applicable</div>		
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	<div>Not applicable</div>		
1.3 Change of accounting policy			
The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.			
Yes*	<div><div>✓</div></div>	* -Tick as appropriate	
No*	<div><div>✓</div></div>		
Please disclose:			
(i) the nature of the change in accounting policy;			
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and			
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.			
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).			
Yes*	<div><div>✓</div></div>	* -Tick as appropriate	
No*	<div><div>✓</div></div>		
Please disclose:			
(i) the nature of any changes;			
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and			
(iii) where practicable, the effect of the change in one or more future periods.			
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).			
Yes*	<div><div>✓</div></div>	* -Tick as appropriate	
No*	<div><div>✓</div></div>		
Please disclose:			
(i) the nature of the prior period error;			
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and			
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.			

## Note 2 Accounting policies

### 2.1 INCOME

*This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.*

<b>Recognition of income</b>	<p>These are included in the Statement of Financial Activities (SoFA) when:</p> <ul style="list-style-type: none"> <li>the charity becomes entitled to the resources;</li> <li>it is more likely than not that the trustees will receive the resources; and</li> <li>the monetary value can be measured with sufficient reliability.</li> </ul>	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Offsetting</b>	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Grants and donations</b>	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Legacies</b>	<p>In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).</p> <p>Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.</p>	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Government grants</b>	The charity has received government grants in the reporting period	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Tax reclaims on donations and gifts</b>	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Contractual income and performance related grants</b>	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Donated goods</b>	<p>Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.</p> <p>The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.</p> <p>Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.</p> <p>Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.</p> <p>Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.</p>	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Donated services and facilities</b>	<p>Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.</p> <p>Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.</p>	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Support costs</b>	The charity has incurred expenditure on support costs.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Volunteer help</b>	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Income from interest, royalties and dividends</b>	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
<b>Income from membership subscriptions</b>	<p>Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.</p> <p>Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.</p>	<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>
		<div>Yes</div> <div>✓</div>	<div>No</div> <div>✓</div>	<div>N/a</div> <div>✓</div>

<b>Settlement of insurance claims</b>	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes ✓	No ✓	N/a ✓
<b>Investment gains and losses</b>	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes ✓	No ✓	N/a ✓
<b>2.2 EXPENDITURE AND LIABILITIES</b>				
<b>Liability recognition</b>	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes ✓	No ✓	N/a ✓
<b>Governance and support costs</b>	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes ✓	No ✓	N/a ✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes ✓	No ✓	N/a ✓
<b>Grants with performance conditions</b>	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes ✓	No ✓	N/a ✓
<b>Grants payable without performance conditions</b>	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes ✓	No ✓	N/a ✓
<b>Redundancy cost</b>	The charity made no redundancy payments during the reporting period.	Yes ✓	No ✓	N/a ✓
<b>Deferred income</b>	No material item of deferred income has been included in the accounts.	Yes 	No ✓	N/a ✓
<b>Creditors</b>	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes ✓	No ✓	N/a ✓
<b>Provisions for liabilities</b>	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes ✓	No ✓	N/a ✓
<b>Basic financial instruments</b>	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes ✓	No ✓	N/a ✓
<b>2.3 ASSETS</b>				
<b>Tangible fixed assets for use by charity</b>	These are capitalised if they can be used for more than one year, and cost at least £1,000	Yes ✓		
	They are valued at cost.	Yes ✓		
	The depreciation rates and methods used are disclosed in note 9.2.	Yes ✓		
<b>Intangible fixed assets</b>	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes ✓	No ✓	N/a ✓
	They are valued at cost.	Yes ✓	No ✓	N/a ✓
<b>Heritage assets</b>	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes ✓	No ✓	N/a ✓
	They are valued at cost.	Yes ✓	No ✓	N/a ✓
<b>Investments</b>	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes ✓	No ✓	N/a ✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes ✓	No ✓	N/a ✓
<b>Stocks and work in progress</b>	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes ✓	No ✓	N/a ✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes ✓	No ✓	N/a ✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes ✓	No ✓	N/a ✓
	Debtors (including trade debtors and loans receivable) are measured on initial recognition at	Yes	No	N/a

Debtors	settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	<div><div>✓</div></div>	<div><div>✓</div></div>	<div><div>✓</div></div>
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes <div><div>✓</div></div>	No <div><div>✓</div></div>	N/a <div><div>✓</div></div>
	They are valued at fair value except where they qualify as basic financial instruments.	Yes <div><div>✓</div></div>	No <div><div>✓</div></div>	N/a <div><div>✓</div></div>

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE	Support costs have been allocated to natural categories rather than activity categories as permitted by FRS 102 SORP for smaller charities.
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Note 3

Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	43,058	-	-	43,058	20,192
	Gift Aid	4,383	-	-	4,383	2,353
	Donated goods, facilities and services	3,001	18,300	-	21,301	5,075
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	50,442	18,300	-	68,742	27,620
Grants						
	Grants	4,000	117,996	-	121,996	43,744
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	4,000	117,996	-	121,996	43,744
Other:						
	Group subscriptions	7,927	-	-	7,927	1,914
	Sales of AGN products	1,801	-	-	1,801	1,485
	Training income	15,597	-	-	15,597	4,500
	Other income	710	-	-	710	-
		-	-	-	-	-
	Total	26,035	-	-	26,035	7,899
TOTAL INCOME		80,477	136,296	-	216,773	79,263

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)	Grant income of £117,196 and related inkind income of £18,300.
Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.	N/A
Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.	N/A
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)	N/A



Note 4

Analysis of receipts of government grants

	Description	This year
		£
Coventry & Warwickshire Partnership NHS Trust Heart of England Community Foundation Fairer Futures Heart of England Community Foundation IM Community Fund	Support and training for Peer Support Mentors	31,365
	Birmingham Groups and Peer Support	14,000
	Birmingham Group	3,000
		-
	Total	48,365

	Description	Last year
		£
Warwickshire CC Councillors' Fund Coventry & Warwickshire Partnership NHS Trust	Support for Stratford-upon-Avon girls autistic girls groups	1,500
	Support and training for Peer Support Mentors	3,485
		-
		-
	Total	4,985

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	For the Heart of England Community Foundation grants the charity needs to fulfil agreed reporting requirements and spend the funds by 14 November 2027 for the Fairer Futures grant and by 5 December 2025 for the IM Community grant, or the unspent amounts would become repayable.	The remaining funds for the Warwickshire CC Councillors' Fund needed to be spent on the purpose by 17 August 2024 or would become repayable. These have been spent.

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	N/A	N/A

Note 5	Donated goods, facilities and services
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	This year £	Last year £
Seconded staff	-	-
Use of property	4,600	3,015
Other	16,501	2,060
	21,101	5,075

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.	Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category.	Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category.
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.	n/a	n/a
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	The Charity benefits from the services of volunteers. In accordance with FRS 102 SORP such amounts are not recognised in the accounts.	The Charity benefits from the services of volunteers including its CEO. In accordance with FRS 102 SORP such amounts are not recognised in the accounts.

Section C

Notes to the accounts

(cont)

Note 6

Analysis of expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
				£				£
<b>Expenditure on raising funds:</b>								
Platform processing fees	527	-	-	527	816	-	-	816
Advertising and marketing	7,909	983	-	8,892	2,918	-	-	2,918
Bidwriting (freelance)	1,000	-	-	1,000	1,585	-	-	1,585
	-	-	-	-	-	-	-	-
<b>Total expenditure on raising funds</b>	<b>9,436</b>	<b>983</b>	<b>-</b>	<b>10,419</b>	<b>5,319</b>	<b>-</b>	<b>-</b>	<b>5,319</b>
<b>Expenditure on groups:</b>								
Roomhire	-	7,026	-	7,026	473	3,150	-	3,623
Facilitators and Mentors	-	36,243	-	36,243	-	2,260	-	2,260
Group consumables	-	970	-	970	207	875	-	1,082
Sundry group expenses	-	5,030	-	5,030	-	384	-	384
	-	-	-	-	-	-	-	-
<b>Total expenditure on groups</b>	<b>-</b>	<b>49,269</b>	<b>-</b>	<b>49,269</b>	<b>680</b>	<b>6,669</b>	<b>-</b>	<b>7,349</b>
<b>Expenditure on development and training</b>								
Development of content	105	-	-	105	4,138	1,500	-	5,638
Training delivery	105	695	-	800	3,000	-	-	3,000
External training courses	217	16,628	-	16,845	-	2,000	-	2,000
Website development	1,112	205	-	1,317	-	2,460	-	2,460
	-	-	-	-	-	-	-	-
<b>Total expenditure on development and training delivery</b>	<b>1,539</b>	<b>17,528</b>	<b>-</b>	<b>19,067</b>	<b>7,138</b>	<b>5,960</b>	<b>-</b>	<b>13,098</b>
<b>Expenditure on other:</b>								
Cost of products sold, printing and	207	-	-	207	1,855	357	-	2,212
Other consumables	-	-	-	-	-	1,834	-	1,834
Accountancy	600	-	-	600	889	-	-	889
Insurance	-	413	-	413	297	-	-	297
Other general charity costs	2,756	2,069	-	4,825	1,552	-	-	1,552
IT software and consumables	2,978	6,453	-	9,431	-	-	-	-
Staff costs	1,559	37,565	-	39,124	-	-	-	-
<b>Total expenditure on other</b>	<b>8,100</b>	<b>46,500</b>	<b>-</b>	<b>54,600</b>	<b>4,593</b>	<b>2,191</b>	<b>-</b>	<b>6,784</b>
<b>TOTAL EXPENDITURE</b>	<b>19,075</b>	<b>114,280</b>	<b>-</b>	<b>133,355</b>	<b>17,730</b>	<b>14,820</b>	<b>-</b>	<b>32,550</b>

|

Section C

Notes to the accounts

Note 7

Details of certain items of expenditure

7.1 Fees for examination of the accounts

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

Independent examiner’s fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
600	800
-	-
-	-
-	-

Note 8

Paid employees

Please complete this note if the charity has any employees.

8.1 Staff Costs

	This year £	Last year £
Salaries and wages	37,315	-
Social security costs	-	-
Pension costs (defined contribution scheme)	1,809	-
Other employee benefits	-	-
Total staff costs	39,124	-

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 14.

This year £	Last year £
37,565	-

8.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	1	-
Other	-	-
Total	1	-

8.3 Ex-gratia payments to employees and others (excluding trustees)  
*Please complete if an ex-gratia payment is made.*

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

8.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£ -	£ -

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£ -	£ -

Please state the accounting policy for any redundancy or termination payments

--	--

Section C	Notes to the accounts	(cont)
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**Note 9**                      **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

**9.1** *Please complete this note if a defined contribution pension scheme is operated.*

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	1,809	-

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	The liability and expense are allocated to unrestricted funds unless they are specifically covered by a grant budget in which case they are allocated to the corresponding restricted fund	N/A - there was no defined contribution scheme in this period.
--	--	--

**9.2** *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	N/A
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	N/A

**9.3** *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	N/A
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	N/A



Section C

Notes to the accounts

(cont)

Note 10

Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

10.1

Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
34,100	-
64	114
-	-
34,164	114

Section C

Notes to the accounts

(cont)

Note 11

Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	12,073	576	-	-
Taxation and social security	2,991	-	-	-
Other creditors	137	-	-	-
Total	15,201	576	-	-

11.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year
Training income received in advance relating to services provided in the subsequent financial year	N/A

Movement in deferred income account

Balance at the start of the reporting period

Amounts added in current period

Amounts released to income from previous periods

Balance at the end of the reporting period

This year £	Last year £
-	-
11,473	-
-	-
11,473	-

Section C

Notes to the accounts

(cont)

Note 12

Cash at bank and in hand

Short term cash investments (less than 3 months maturity date)

Short term deposits

Cash at bank and on hand

Other

Total

This year £	Last year £
-	-
-	-
133,108	69,114
-	-
133,108	69,114

<b>Section C</b>	<b>Notes to the accounts</b>	<b>(cont)</b>
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**Note 13**                      **Charity funds**

**13.1 Details of material funds held and movements during the CURRENT reporting period**

*Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.*

*\* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Fat Beehive Grant	R	Website development	40	-	- 40	-	-	-
Lifeways support	R	Stratford Groups	2,912	13,561	- 12,888	-	-	3,585
Warwickshire CC Grant	R	Stratford Groups	968	-	- 968	-	-	-
CWPT	R	Peer Support Mentoring Programme	3,485	44,865	- 37,303	-	-	11,047
National Grid	R	Keeping Warm project	6,406	-	- 6,406	-	-	-
Boshier Grant	R	Post-diagnostic mentoring support	21,628	-	- 21,628	-	-	-
British Science Association	R	Bees and butterflies project	1,000	-	- 1,000	-	-	-
Awards for All	R	3 New Girls Groups	-	20,000	- 19,070	-	-	930
Access	R	Post-diagnostic mentoring support	-	5,000	- 5,000	-	-	-
Rethink Mental Illness	R	Talking Therapies Project	-	5,000	- 3,743	-	-	1,257
Tesco	R	Stratford Groups	-	1,000	- 499	-	-	501
John Coates Charitable Trust	R	Post-diagnostic mentoring support	-	10,000	- 2,095	-	-	7,905
National Grid Fund 2	R	Stratford employability project	-	3,370	- 580	-	-	2,790
Birmingham Fairer Futures	R	Birmingham Groups and Peer Support	-	14,000	- 3,060	-	-	10,940
Birmingham Fairer Futures Fund	R	Birmingham Group	-	3,000	-	-	-	3,000
United Way Local Giving	R	Chester Group	-	1,500	-	-	-	1,500
The Fore	R	Volunteer coordinator	-	15,000	-	-	-	15,000
General Fund	UR	Operations and general reserves	32,214	80,477	- 19,075	-	-	93,616

			-	-	-	-	-	-
			-	-	-	-	-	-
<i>Other funds</i>	N/a	N/a	-	-	-	-	-	-
Total Funds			68,653	216,773	-	133,355	-	152,071

<b>Section C</b>	<b>Notes to the accounts</b>	<b>(cont)</b>
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**Note 13**                      **Charity funds (cont)**

**13.2 Details of material funds held and movements during the PREVIOUS reporting period**

*Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.*

*\* Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Fat Beehive Grant	R	Website development	2,500	-	2,460	-	-	40
Lifeways support	R	Stratford Groups	-	9,049	6,137	-	-	2,912
Warwickshire CC Grant	R	Stratford Groups	-	1,500	532	-	-	968
CWPT	R	Peer Support Mentoring Programme	-	5,485	2,000	-	-	3,485
National Grid	R	Keeping Warm project	-	8,240	1,834	-	-	6,406
Boshier Grant	R	Post-diagnostic mentoring support	-	23,485	1,857	-	-	21,628
British Science Association	R	Bees and butterflies project	-	1,000	-	-	-	1,000
General Fund	UR	Operations and general reserves	19,440	30,504	17,730	-	-	32,214
			-	-	-	-	-	-
			-	-	-	-	-	-
<b>Other funds</b>	<b>N/a</b>	<b>N/a</b>	-	-	-	-	-	-
<b>Total Funds</b>			<b>21,940</b>	<b>79,263</b>	<b>32,550</b>	<b>-</b>	<b>-</b>	<b>68,653</b>

Note 14Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter “True” in the box or “False” if there are transactions to report.

14.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

14.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter “True” in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

FALSE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify): leaving token of gratitude	24	-
	-	-
TOTAL	24	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

1

0

14.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

FALSE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Cathy Wassell	CEO and spouse of Trustee	Salary	37,565	0	0	0
		Reimbursement of Charity expenditure	5,156	0	0	0

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

NONE

For any related party, please provide details of any guarantees given or received.

NONE



**Last year**

There have been no related party transactions in the reporting period (True or False) 

FALSE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Cathy Wassell	CEO and spouse of Trustee	Frelance design and delivery of training materials	8,638	0	0	0
		Reimbursement of Charity expenditure	2,374	0	0	0

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

NONE

*For any related party, please provide details of any guarantees given or received.*

NONE

**Independent examiners report to the trustees of  
AUTISTIC GIRLS NETWORK  
for the year ended 31st December 2024**

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I report on the financial statements of the charity for the year ended 31st December 2024.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31<sup>st</sup> March 2025

Heera Singh FMAAT  
HSL Accountancy Solutions Ltd  
Enterprise House  
61A Carr House Road  
Doncaster  
DN1 2BY