

AUTISTIC GIRLS NETWORK

England & Wales · Charity number 1196655

Details

Status Registered

Legal form CIO

Registered 2021-11-18

Register [View on the Charity Commission register](#)

Contact

Address 68 South Green Drive
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Website <https://autisticgirlsnetwork.org/>

Activities

Objects: TO ADVANCE THE EDUCATION OF AND RELIEVE NEED AMONGST AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS IN THE UNITED KINGDOM AND IN PARTICULAR: (1) TO PROVIDE INFORMATION, ADVICE AND SERVICES TO SUPPORT AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS; (2) TO INCREASE AWARENESS OF AND PROMOTE EDUCATION ABOUT THE PROBLEMS AND NEEDS, INCLUDING MENTAL HEALTH NEEDS, OF AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS AMONGST EDUCATION, HEALTH AND SOCIAL CARE PROFESSIONALS AND THE GENERAL PUBLIC, INCLUDING PARTICIPATION IN RESEARCH STUDIES; (3) TO FOSTER MUTUAL HELP, CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS, FAMILIES, CARERS, HELPERS AND THOSE ENTRUSTED WITH THE CARE OF AUTISTIC GIRLS. THE EXPRESSION "AUTISTIC GIRLS" IN THIS DOCUMENT SHALL INCLUDE GIRLS WITH AUTISM AND RELATED CONDITIONS, DIAGNOSED AND UNDIAGNOSED, AND INCLUSIVE OF TRANS AND GENDER NON-BINARY CHILDREN.

Activities: Improving the lives of autistic girls

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£397,886	£296,543	-	-
2024-12-31	£216,773	£133,355	-	-
2023-12-31	£79,263	£32,550	-	-
2022-12-31	£30,650	£8,710	-	-

Trustees

Name	Role	Appointed
Victoria Jane May	Chair	2021-11-18
Claire Lesley Farmer		2021-11-18
Clare Jane McDonald		2021-11-18
Elliot George Wassell		2021-11-18
Emily Katharine Burke		2021-11-18
Laura Riach		2024-04-04
Warda Ahmed Farah		2021-11-18

AUTISTIC GIRLS NETWORK

England & Wales - Charity number 1196655

Accounts



autistic
girls network

Annual Report & Impact Report 2025

For the year ended 31 December 2025

Autistic Girls Network · Registered Charity No. 1196655 (England & Wales) and SC054837 (Scotland)



A year of growth, community and proof that it did not have to be this way.

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Reference and administrative information

Detail	Information
Charity name	Autistic Girls Network
Other name used	AGN
Registered charity number	1196655 (England and Wales)
Scottish charity number	SC054837 (registered December 2025)
Legal structure	Charitable Incorporated Organisation (CIO), Foundation Model
Governing document	CIO Constitution adopted 18 November 2021
Principal address	68 South Green Drive, Stratford-upon-Avon, CV37 9HP
Independent examiner	HSL Accountancy Solutions Ltd, Enterprise House, 4-6 Thorne Road, Doncaster, DN1 2HS
Chief Executive Officer	Cathy Wassell

Trustees

The trustees who served during the year and up to the date of approval of this report were:

Trustee	Office	Notes
Victoria Jane May	Chair	
Elliot George Wassell	Treasurer	
Clare Jane McDonald	Secretary	
Claire Lesley Farmer		
Warda Ahmed Farah		
Andrew James McDonald		Resigned 27 Jan 2026
Emily Katharine Burke		
Laura Riach		
Ayo Sokale		Resigned 5 June 2026

Foreword

Introduction from our CEO

Last year I wrote that “each year seems bigger than the last, and 2025 is no exception.” When I was writing that report at the end of 2024, I still did not imagine everything we would go on to achieve.

The biggest change of all, and certainly the biggest impact on my own working hours, was the launch of The Haven, our online provision for neurodivergent girls and non-binary young people aged 12 to 17. Interest and demand have been off the scale, and I have to keep reminding myself that we must grow slowly and sustainably to protect our current cohort. The need was never in doubt, with so many neurodivergent young people crashed out of the education system, and that is exactly why we felt we had to launch. It tripled our number of employees, and in our very first term we had interest from Scotland, Wales, Ireland, Denmark, South Africa, Dubai, the US, Canada and Australia. We have onboarded learners who had been out of school for five years and they are now happily attending, so we are delighted with the results in such a short time.

Our involvement in the PINS programme (Partnership for Neurodiversity in Schools) also grew, from 3 Local Authorities in 2024 to 10 in 2025. This year we had schools who actively wanted to be involved, which was heartwarming to see. Demand for our non-PINS training across education, health and social care grew considerably too, and we will need to expand our team of neurodivergent trainers in 2026.

We significantly grew our face to face support group presence around the UK, opened our first group in Wales, and a few days before Christmas became a registered charity in Scotland, with plans to open groups there in 2026.

We have big ambitions for 2026 and beyond and, judging by 2025, anything could happen. We are fully aware of the very difficult conditions surrounding trust and foundation grants for small charities, set against a cost of living crisis, and we are sad for the fellow small charities who did not survive 2025.

Cathy Wassell, CEO

A word from our Chair

2025 was a year of extraordinary achievements for Autistic Girls Network, including the birth of The Haven, which was merely a dream at this point in 2024. Our communities are extensive and ever-growing.

A community of volunteers, managed by Gina (a role funded for two years by The Fore), has been transformational in what we can deliver and how broad our reach is, as well as a reservoir of talent and ideas for graphics, design and written pieces. Gina onboarded as many people as she could, with a robust strategy to maintain our safeguarding, training and support.

Fundraising, overseen by our colleague Charlie, is ever challenging in the current financial landscape but continues at pace. We are always thrilled by the creative ideas our community uses to raise money and awareness. Spring and summer bring the marathons and half marathons, and I am

always delighted by how many places we fill. We have increased our direct donations, and we continue to honour the memory of those for whom we have received donations in memorial.

We have a bank of highly skilled mentors and trainers who deliver our work into schools, peer to peer groups, face to face groups, conferences and businesses. They are entirely wonderful, embodying AGN to the core, and it has been a privilege to sit alongside many of them on recruitment panels and at conferences. Thank you for the insight and passion you bring.

The biggest achievement of the year has been The Haven. It has been a labour of love, guts and commitment, driven by a need we saw within our community. Having an online learning provision already up and running has exceeded all expectations. We have appointed a Head Teacher, a SENCO, three subject leads in Maths, English and Science, and have two more cross-curricular teachers about to join this spring. The learners are thriving and their work is inspirational. Watch this space as we move towards full Ofsted Accreditation for The Haven.

It is an absolute joy to work with the Board of Trustees at AGN. Everyone is an expert by experience, either of being neurodivergent or of supporting a child who is, and at least four board members have published books or research papers on the autistic experience, with our CEO also a best-selling author. The board is hugely committed, hard-working and stable, with room to grow as we expand our reach.

The numbers in this report speak for themselves. Our tiny charity is punching well above its weight, our voice is being heard in all the right spaces, and none of it could be done without our brilliant CEO Cathy, who has been the driving force behind our progress. I would like to thank her personally, and on behalf of the whole board and our wider community.

I believe we are truly living the words of our mission: “to support autistic women, girls and their families by providing education, resources and community, helping them develop a positive sense of self.” Thank you to everyone who contributes to the work we do.

Vicki May, Chair · March 2026

Objectives and activities

Our charitable purposes

Autistic Girls Network exists to advance the education of, and relieve need amongst, autistic girls and their families and carers in the United Kingdom. In particular, our objects are:

- to provide information, advice and services to support autistic girls and their families and carers;
- to increase awareness of, and promote education about, the problems and needs, including mental health needs, of autistic girls and their families and carers amongst education, health and social care professionals and the general public, including participation in research studies;
- to foster mutual help, co-operation and friendship between parents, families, carers, helpers and those entrusted with the care of autistic girls.

In our governing document the expression “autistic girls” includes girls with autism and related conditions, diagnosed and undiagnosed, and is inclusive of trans and gender non-binary children.

Public benefit

Public benefit is at the heart of everything we do. Our mission is to support and improve the lives of autistic girls and their families and the people supporting them. The charity promotes an affirmative attitude to neurodiversity and campaigns both to ensure autistic people get the support they need and to promote positive identities for autistic people. This is critical given the unacceptably low rates of diagnosis, inadequacies in support mechanisms and poor life outcomes faced by autistic females.

A major part of our activities consists of operating a closed Facebook group and social media platform. This provides public benefit in the form of support, information, signposting to relevant sources of help, and opportunities for community and mutual support amongst our members.

The charity also serves the public benefit through developing support materials, offering training and workshops, speaking at conferences, organising webinars and participating in autism research. We offer face to face autistic groups for girls across the United Kingdom, creating invaluable opportunities to meet up and develop important life skills. There is a severe lack of such groups, and research indicates that autistic people can find it easier to build community with their autistic peers. The charity also continues its peer support and post-diagnostic mentoring services.

In September 2025 the charity launched The Haven, its online school, providing structured, autism-affirming online education for autistic young people. The charity also benefits autistic people by involving autistic people in positions of leadership: over half of the board of trustees and executives are neurodivergent themselves, and AGN actively seeks to give opportunities to autistic people to volunteer.

In setting our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission’s public benefit guidance.

Volunteers

The charity continues to benefit enormously from the contribution of volunteers, particularly in group facilitation, peer support, administrative support and community engagement. In 2025 we collaborated with over 100 volunteers. In accordance with the Charities SORP (FRS 102), the value of this contribution is not included in the financial statements.

Why this work matters

In the year we launched The Haven, the picture has not changed enough. Autistic girls and gender-diverse young people in the UK are still diagnosed years later than boys, still misread as anxious, manipulative or “just sensitive” for most of their childhood, and still arriving at our door in crisis. The clinical evidence has moved on. The system that meets them has not.

The diagnostic gap is real and well documented. Girls are diagnosed on average 1.5 to 3 years later than boys, and an estimated 80 per cent of autistic girls remain undiagnosed at 18 (McCrossin, 2022). Behind that figure sits a much longer waiting list: around 224,000 people in England were waiting for an autism assessment as of 2025, with women and girls heavily over-represented among the adults still trying to get one. Late or missed diagnosis is not a clerical problem. It is a mental health crisis with a long fuse.

When a girl spends her childhood being told she is anxious, attention-seeking, manipulative or simply hysterical (a word still reserved almost exclusively for women), she learns to mask. She mirrors the children around her, suppresses her sensory needs, performs the version of herself adults seem to want, and pays for it later. An autistic girl having a meltdown gets labelled emotional. A girl who avoids messy play because the texture is unbearable is praised for being neat and tidy. The autistic traits are there. The framework to recognise them is not.

The cost shows up in mental health data that gets harder to read every year. Around 70 per cent of autistic children and young people meet the criteria for at least one mental health condition, and 41 per cent for two or more, compared with around one in five children in the general population (NHS Mental Health of Children and Young People in England, 2023). Autistic young people are up to 28 times more likely to think about or attempt suicide than their non-autistic peers. New research from the University of Cambridge and Bournemouth University, published in *Autism in Adulthood* (2025) and the largest UK study of its kind, found that nearly one in four autistic people had attempted suicide, that women and gender minorities were disproportionately over-represented among those who could not access support, and that being overlooked for diagnosis in childhood was one of the strongest predictors of suicidal feelings in adulthood. Women without a co-occurring learning disability, the exact cohort AGN exists to serve, remain the group most at risk.

None of this is inherent to being autistic. Depression is not part of the autism diagnostic criteria. The Royal College of Psychiatrists has been consistent on the point: the drivers are external. A lack of timely, appropriate support. Environments not designed for autistic nervous systems. Bullying, victimisation and the slow erosion of self-worth that comes from being misread for years on end. These are fixable factors, which is also why it is so painful to watch policy move in the wrong direction.

As we write, the Children’s Wellbeing and Schools Act 2026 has just become law, and the Schools White Paper, “Every Child Achieving and Thriving”, was published in February. The proposals introduce a new tiered system of Targeted, Targeted Plus and Specialist support, statutory Individual Support Plans for an estimated 1.4 million pupils with SEND who do not currently hold an EHCP, with full implementation pushed back to 2029, and EHCP reform not before September 2030. Some of this we welcome. Much of it concerns us. EHCPs are being explicitly narrowed to “the most complex needs”, while the families we support are already being told their daughter’s needs are not complex

enough, even when she has not been in school for a year. We will be reading the detail, training around it and campaigning throughout the implementation phase, because the gap between policy intent and the lived experience of an autistic 13-year-old in 2030 is exactly the gap our work exists to close.

Demand for what we do is growing fast. Our Facebook community is now over 35,000 strong and still expanding daily. Our training is being commissioned across Local Authorities, NHS services, schools, parent carer forums and corporates. The Haven launched in September 2025 and has onboarded young people who had not been in education for up to five years, some of whom had not left their bedrooms for months. Our position has not changed. We are neurodivergent-led, neuro-affirming, on the side of families rather than systems, and committed to earlier recognition, better support and the kind of community where an autistic girl can stop pretending to be someone else.

Achievements and performance

What difference are we making?

The clearest measure is the change we see in young people themselves. Through our face to face groups, young people make connections in their own communities, often for the first time with peers who experience the world the way they do. Many arrive convinced they are broken. They leave understanding that they simply have a different operating system, and that there is nothing wrong with that. We have watched girls who could not turn on a camera at their first Haven session become the loudest voice in a group six months later. We have seen non-speaking learners become expressive. We have seen young people who were entirely disengaged from learning re-engage within weeks of starting our Back to Balance course.

“The AGN Facebook group is an online lifeline on a human scale, for myself, my two autistic teens and my whole family. I don’t know what we would have done without it.”

Parent, AGN Facebook group

Our autistic facilitators and educators are part of that change, and they benefit from it too. For many it is the first time they have worked alongside other autistic people, and the impact is mutual. Loneliness, bullying and depression are all reported by autistic people at significantly higher rates than in the general population. Our groups are a small, deliberate antidote to all three, and we extend them through social events that encourage young people to build friendships beyond the venue itself.

“It went exactly as I had hoped. For the first time, she didn’t have to hide. She came away feeling like she isn’t the loneliest girl in the world.”


Parent of a 13-year-old attendee

Through groups we also build practical knowledge. Money management is a recurring focus, because autistic young people are particularly vulnerable to financial exploitation, online scams and the predatory edge of consumer credit, and most have never been taught how to spot any of it. Through our knowledge hub, webinars and family conversations, we help parents and carers make small, sensory-aware adjustments at home that benefit the whole household and reduce the daily pressure on the young person to mask. Through our Difference Not Deficit assemblies, we reach whole school communities, not just the autistic pupils within them, because the environment around the young person has to shift if the young person is going to.

“Meeting AGN was one of the most pivotal moments in my career. I have learnt more from them than in all my other experiences as a parent and teacher.”

Claire Cockroft, SENCo

And then there is The Haven. The feedback from learners, parents and our neurodivergent teachers, the children speaking after months of silence, the parents writing to say their daughter is back, has made every late night of building it worth it. The work continues.



“To say we are amazed is an understatement. The biggest thing M has said is that she trusts you all. You say something will happen and it does. You say there’s no pressure for certain things and there isn’t. It has been a great start for her.”

Parent, The Haven

2025 in numbers

A snapshot of a year in which a very small team reached a very large number of people.

34,244 members in our Facebook community	5.6M+ social media accounts reached	250,000 people reached via website resources
353 young people in face to face groups	96% felt happier after group sessions	273 face to face group sessions run
291 mentoring sessions delivered	94% felt more positive about being autistic	212 autistic adults in peer support
34 new learners onboarded at The Haven	3,000+ school staff trained, across 200+ schools	59 Difference Not Deficit assemblies

Everything we did in 2025, in full

- Trained 3 more neurodivergent adults as qualified Autism Peer Support Workers
- Created paid and volunteer opportunities for 53 qualified, experienced neurodivergent adults to facilitate groups, mentor teens, deliver assemblies and train school staff
- Ran 291 mentoring sessions for 68 autistic teenagers with neurodivergent mentors (with no dedicated funding for mentoring this year)
- 94% of mentees said they felt more positive about being autistic after their mentoring
- Ran 273 face to face group sessions for 353 autistic young people aged 9 to 25
- 96% of group attendees said they felt happier after sessions
- Ran 197 autism peer support sessions for 212 autistic adults
- 92% of those group attendees said they understood themselves better afterwards
- Onboarded 34 new learners at The Haven to re-engage with education
- Onboarded 4 new neurodivergent staff at The Haven
- Ran 15 free webinars and events with over 794 signups
- Delivered 59 Difference Not Deficit assemblies in primary schools
- Delivered training to over 200 schools and more than 3,000 staff
- Welcomed 6,827 new members to our Facebook group
- Responded to 7,899 requests for help and advice in our Facebook group
- Reached over 5.6 million social media accounts with our content
- Reached 250,000 people through our website resources

2025 in words

Our Facebook support group

In 2025 we reviewed 9,116 membership requests, declined 3,381, and welcomed 6,287 new members, bringing the total to 34,244 people. There were 7,899 posts across the year and over 25,633 active members. Our membership now spans the globe:

Country	Members
United Kingdom	29,484
United States	2,244
Australia	812
Canada	380
Ireland	361
New Zealand	137
Netherlands	47
Germany	45
South Africa	41
Sweden	40

Our social media

Beyond the support group itself, our content reached and grew audiences across every major platform:

Platform	2025
Facebook page accounts reached	3,715,806
Facebook page followers	43,796
Instagram followers	40,600
Instagram post views	1,170,000
LinkedIn post views	777,646
LinkedIn followers	25,455
YouTube subscribers	3,270

Our training

We created and delivered training for 38 organisations, including:

- Health and social care professionals: speech and language therapists, educational psychologists, targeted support and early help teams, chiropodists, dentists and mental health counsellors
- Parent carer forums
- Neurodiversity in the workplace training for corporates and for charities
- Autism and girls training for special schools and independent schools

Through PINS (the Partnership for Neurodiversity in Schools programme), we were commissioned by 10 Local Authorities on this Department for Education funded scheme for the 2025/6 academic year, delivering 66 training sessions for primary school staff and 59 whole-school neurodiversity

assemblies across England. We now have a tested virtual model for these assemblies at both primary and secondary stage, so we can begin rolling them out everywhere.

Parent workshops

We ran 11 workshops for parents in 2025, and we will be creating more workshops, training and resources for parents in 2026.

Volunteers

We collaborated with over 100 volunteers in 2025: facilitating groups, moderating our very busy Facebook group, designing our popular resources, and creating social media, blogs, articles and videos. Some volunteers also ran sessions at The Haven, from Animals in History to yoga, mentoring and flexibility training. We value our volunteers hugely. They are critically important, and we are always looking for more, both for our groups and family workshops and for The Haven, whether that is an art or cooking club, or another idea entirely. Our Volunteer Coordinator would also love to find volunteers to set up a trial of AGN Circles, our new venture to give our groups long-term sustainability.

Youth Advisory Board

One part of AGN born in 2025, and entirely volunteer-run, is our wonderful Youth Advisory Board. Its 27 members, all aged 13 to 18, are an important voice in the direction we take, and we hope they will become more important still as we grow. We always look forward to hearing what they have to say.

Our team

Having welcomed Gina, our part-time Volunteer Coordinator, we then welcomed Jane, Mehnaz and Audrey, our educators at The Haven, and Tammy, our SENCO, all before the end of 2025.

From dropping out at 15 to leading youth voice at 18

How a neuro-affirming volunteering pathway turned a young person the education system had lost into a confident advocate, project lead and future social-policy professional.

The need we address

Autistic girls and gender-diverse young people are routinely missed, misread and let down by the systems meant to support them. Many mask their distress for years, are told they are simply anxious or manipulative, and eventually reach crisis. When they fall out of education, support too often falls away with them, leaving capable young people isolated at exactly the point they most need connection and purpose.

Isla's experience is typical of the young people we exist for. She is an 18-year-old AuDHDer, a physically disabled young adult carer with lived experience of mental illness. As she puts it: "At the age of 15, I dropped out of school due to having struggled for a very long time in an environment that wasn't supportive of my neurodivergence. After leaving school and not receiving any support, I threw myself into voluntary work and it was revolutionary for me."

What we did

AGN offered Isla a genuinely neuro-affirming volunteering pathway, not a one-off task but a route to grow. We welcomed her onto our Youth Advisory Board, then into the role of Support Assistant, trusting her with real responsibility and amplifying her work through our national platform and reach.

We backed her ideas rather than slotting her into ours. Isla is now supporting a project to connect AGN's in-person groups for autistic young people aged 13 to 18, and creating a newsletter that lets groups share what they have been doing and puts youth voice at its centre. Crucially, the project is designed to be continually shaped by young people themselves.

The difference, in her words, was being met as she is: "I have felt listened to, respected and valued. I feel that my struggles are recognised and accommodated without a fight, and my strengths are celebrated. I don't feel pressure to fit myself into a neurotypical mould, and this allows me to flourish."

Outcomes

Area	Change
Confidence	Moved from leaving education without support to a paid role and a leading part in a national project.
Community	Found belonging and purpose, and is now building that same connection for other isolated young people.
Youth voice	Created a newsletter hub that amplifies marginalised young people's voices and is shaped by young people.
Progression	Starts a sociology degree this September, aiming to work in social policy and advocate for young people.
Experience	Gained meaningful work experience and skills in a supported, accommodating environment.

“Volunteering makes you more confident and gives you a community and a purpose. It has changed my life, and I know it can do the same for you.”

Isla (she/they), AGN Youth Advisory Board and Support Assistant

Why this matters for funders

Isla’s story is not a happy accident. It is what a neurodivergent-led, neuro-affirming model produces when it is properly resourced. The same approach that re-engaged Isla helps non-speaking young people find their voice, helps isolated young people make their first friendships, and helps families move from crisis to advocacy.

Investment in AGN does three things at once. It transforms the trajectory of individual young people the system has written off. It builds youth-led infrastructure, such as Isla’s newsletter, that strengthens our national network of groups and reaches more families. And it develops the next generation of neurodivergent advocates and professionals, like Isla, who will go on to change the very systems that failed them. We currently run 20 face to face groups around the country and have the demand and the model to run many more. Funding is the constraint, not capability.

This case study is drawn from Isla’s own words, shared with her consent.

Our plans for 2026 and 2027

Founding and running AGN has never been boring, and we still have big plans to make it the kind of through-life support and validation we want it to be. One important step is building connections in the local areas where we run groups, so that we can create supportive communities that last, right from the moment a child joins one of our groups and on through into employment and beyond. We will need help with this, because it is much bigger than us, but we think it is very doable and well worth doing. We would welcome yours.

Our priorities for the coming two years are:

- Pursue full Ofsted Online Accreditation for The Haven, enabling it to be named as a full-time school on an EHCP, and grow the cohort slowly and sustainably to protect our learners.
- Open new face to face groups, including in Scotland following our December 2025 charity registration there, and expand our presence in Wales.
- Trial AGN Circles, our model for giving groups long-term local sustainability, and grow our pilot Work Experience programme.
- Expand our team of neurodivergent trainers to meet growing demand for training across education, health and social care, and continue our role in the PINS programme.
- Secure mentoring funding so that pro bono mentoring can continue and grow, and develop more workshops and resources for parents.
- Read, train around and campaign on SEND reform throughout the implementation of the Children's Wellbeing and Schools Act 2026.

Financial review

Overview

2025 was a year of continued growth for the charity. Total income for the year was £397,886 (2024: £216,773), generated from donations, grants, training, group subscriptions, mentoring and the initial term of the Online School. Total expenditure was £296,543 (2024: £133,355), reflecting increased staffing, programme delivery and the development of new services.

The charity recorded a net surplus of £101,343, which reflects income received in advance of planned 2026 delivery and the early-stage growth profile of several programmes, including multi-year restricted grants that will be spent in 2026 and 2027.

Income

Unrestricted income totalled £208,538, driven by donations, training income, group subscriptions and Online School fees. Restricted income totalled £189,348, supporting our groups, peer support and mentoring programmes.

Expenditure

Expenditure increased in line with the charity's growth, including a full year of staffing costs (with the CEO moving to a full-time paid role and the Fundraising Lead in post for the full year), expansion of our face to face groups and peer support programmes, establishment and delivery of the first term of the Online School, and increased training delivery to schools and professionals.

The Online School

The Haven launched in September 2025 and therefore generated income and incurred expenditure for only part of the year. The 2025 financial results represent the initial term, with full-year delivery planned for 2026. Fees received in advance of sessions falling after the year end are treated as deferred income.

Scotland

In December 2025 we registered as a charity in Scotland, and although we did not begin any work in Scotland during 2025 we have plans to set up groups and offer school training in 2026, funded by the money donated to Eugenia's Fund in her memory.

Funds and reserves

At 31 December 2025 total funds were £253,414 (2024: £152,071), comprising unrestricted funds of £113,563 and restricted funds of £139,851. Restricted funds include multi-year grants where expenditure will fall in 2026 and 2027.

The charity is in a period of significant growth, with staffing and service delivery expected to expand materially in 2026. For this reason, the trustees base the reserves target on projected expenditure for the coming year rather than historic expenditure. Based on the 2026 budget, the minimum reserves requirement is approximately £70,000, equivalent to around three months of projected unrestricted operating costs. At 31 December 2025 the charity held unrestricted reserves of £113,563 and was therefore in line with its reserves target. There were no funds materially in deficit.

Going concern

The trustees have reviewed the charity's financial position, reserves and budget for the next 12 months. Based on this review, the trustees consider it appropriate to prepare the accounts on a going concern basis. The trustees continue to monitor financial and operational performance as part of normal oversight.

Principal funding sources and risks

The charity's principal sources of funds during the year were unrestricted donations, training income, Online School fees, and restricted grants supporting our groups, peer support and mentoring programmes. The principal risk facing the charity is the difficult funding environment for small charities; the trustees manage this through diversifying income across donations, training, grants and Online School fees, and by maintaining reserves in line with the policy above. The charity does not hold investments and so has no investment policy.

Structure, governance and management

Autistic Girls Network is a Charitable Incorporated Organisation (Foundation Model), registered with the Charity Commission for England and Wales (number 1196655) and governed by a CIO Constitution adopted on 18 November 2021. In December 2025 the charity also registered as a charity in Scotland with the Office of the Scottish Charity Regulator (OSCR), charity number SC054837. The charity is managed by its board of trustees.

The majority of the current trustees are the initial trustees appointed in the Constitution. Further trustees have been appointed by the trustee body in session. New trustees must meet the eligibility criteria in the Constitution, and the charity must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Over half of the board and executive team are neurodivergent themselves, and all are experts by experience, either of being neurodivergent or of supporting a neurodivergent child.

The trustees are responsible for the strategic direction and governance of the charity. Day-to-day management is delegated to the Chief Executive Officer, Cathy Wassell, who leads the staff team. During the year the charity grew its staff team significantly, including educators and a SENCO for The Haven, and a Volunteer Coordinator.

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources for that period. In preparing these financial statements, the trustees are required to: select suitable accounting policies and apply them consistently; observe the methods and principles in the Charities SORP (FRS 102); make judgements and estimates that are reasonable and prudent; and prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report, combining the Trustees' Annual Report and the Impact Report for the year ended 31 December 2025, was approved by the trustees and signed on their behalf:

Clare McDonald, Secretary

Date: 8 June 2026



Elliot Wassell, Treasurer

Date: 8 June 2026



Independent examiner's report

I report to the trustees on my examination of the accounts of Autistic Girls Network (the charity) for the year ended 31 December 2025.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
4-6 Thorne Road
Doncaster
DN1 2HS

Date: 10/06/2026

Statement of Financial Activities

For the year ended 31 December 2025. All amounts in £.

	Unrestricted	Restricted	Total 2025	Total 2024
Income and endowments from:				
Donations and voluntary income	67,447	56,145	123,592	68,742
Grants	4,000	133,203	137,203	121,996
Online School fee income	63,642	–	63,642	–
Other income	73,449	–	73,449	26,035
Total income	208,538	189,348	397,886	216,773
Expenditure on:				
Raising funds	6,763	967	7,730	10,419
Groups	–	58,905	58,905	49,269
Development and training delivery	15,761	4,618	20,379	19,067
Online School	85,258	–	85,258	–
Other charitable activities	80,809	43,462	124,271	54,600
Total expenditure	188,591	107,952	296,543	133,355
Net income / movement in funds	19,947	81,396	101,343	83,418
Total funds brought forward	93,616	58,455	152,071	68,653
Total funds carried forward	113,563	139,851	253,414	152,071

All income and expenditure derives from continuing operations. The charity has no recognised gains or losses other than the net movement in funds, no endowment funds, and no transfers between funds in the year.

Balance Sheet

As at 31 December 2025. All amounts in £.

	Note	Unrestricted	Restricted	Total 2025	Total 2024
Current assets					
Debtors	10	13,544	–	13,544	34,164
Cash at bank and in hand	12	163,274	139,851	303,125	133,108
Total current assets		176,818	139,851	316,669	167,272
Creditors: amounts falling due within one year	11	(63,255)	–	(63,255)	(15,201)
Net current assets		113,563	139,851	253,414	152,071
Total net assets		113,563	139,851	253,414	152,071
Funds of the charity					
Restricted income funds	13	–	139,851	139,851	58,455
Unrestricted funds	13	113,563	–	113,563	93,616
Total funds		113,563	139,851	253,414	152,071

The charity held no fixed assets at the year end. Cash at bank and in hand is presented as £303,125.

Approved by the trustees and signed on their behalf:

Elliot Wassell, Treasurer Date: 8 June 2026



Notes to the financial statements

1. Basis of preparation

The accounts have been prepared under the historical cost convention, with items recognised at cost or transaction value unless otherwise stated. They have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), issued on 16 July 2014, with FRS 102, and with the Charities Act 2011. The charity constitutes a public benefit entity as defined by FRS 102. The accounts are prepared on a going concern basis; there are no material uncertainties about the charity's ability to continue. No changes to accounting policies or estimates, and no material prior-year errors, were identified in the period.

2. Accounting policies

Income. Income is recognised in the Statement of Financial Activities when the charity becomes entitled to the resources, it is more likely than not that the resources will be received, and the monetary value can be measured reliably. Grants and donations are recognised when the income recognition criteria are met; performance-related grants are recognised only to the extent that the charity has provided the specified goods or services. Gift Aid is recognised when there is a valid declaration from the donor.

Online School income. Online School income represents fees charged for the delivery of structured online educational sessions. Income is recognised as the service is delivered. Fees received in advance are treated as deferred income until the related sessions take place.

Expenditure and support costs. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation, and the amount can be measured with reasonable certainty. Support costs have been allocated to natural categories rather than activity categories, as permitted by the FRS 102 SORP for smaller charities. Governance costs comprise the costs of public accountability and compliance.

Volunteers. The value of voluntary help received is not included in the accounts but is described in this report. Donated goods, facilities and services are recognised at fair value where this can be measured reliably.

Assets and liabilities. Tangible fixed assets are capitalised where they can be used for more than one year and cost at least £1,000, and are valued at cost. Debtors and creditors are measured at settlement amount. Basic financial instruments are accounted for in accordance with the FRS 102 SORP. The charity holds no investments.

Other policies. Government grants are recognised when the income recognition criteria are met. Legacies are recognised when receipt is probable and the amount can be measured reliably; the charity received no legacies in the year. Membership and group subscriptions are recognised as income from charitable activities where they give a right to services. Donated goods, facilities and services are recognised at fair value where this can be measured reliably. There were no changes to accounting policies or estimates, and no material prior-year errors, in the period.

3. Analysis of income

	Unrestricted	Restricted	Total 2025	Total 2024
Donations and gifts	56,816	47,358	104,174	43,058
Gift Aid	10,631	2,487	13,118	4,383
Donated goods, facilities and services	–	6,300	6,300	21,301
Donations and voluntary income	67,447	56,145	123,592	68,742
Grants	4,000	133,203	137,203	121,996
Online School – registration	6,526	–	6,526	–
Online School – fees	57,116	–	57,116	–
Group subscriptions	5,063	–	5,063	7,927
Sales of AGN products	5,288	–	5,288	1,801
Training income	52,798	–	52,798	15,597
Other income	10,300	–	10,300	710
Total income	208,538	189,348	397,886	216,773

All income in the prior year was unrestricted except for Grant income of £117,196 and related inkind income of £18,300.

4. Government grants

Income from government sources during the year was £24,926 (2024: £48,365), comprising: Coventry & Warwickshire Partnership NHS Trust £3,626; Heart of England Community Foundation Fairer Futures £14,400; PCC West Midlands £4,000; Ramsgate Town Council £1,500; Suffolk County Council Locality Grant £900; and Warwickshire County Council £500. The Heart of England Community Foundation Fairer Futures grant carries a condition that the funds are spent, and agreed reporting requirements met, by 14 November 2027. The Heart of England Community Foundation IM Community grant was required to be spent by 5 December 2025 and was fully spent in the year.

5. Donated goods, facilities and services

	2025	2024
Use of property	4,800	4,600
Other	1,500	16,501
Total	6,300	21,101

Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category. The charity also benefits from the services of volunteers, which in accordance with the FRS 102 SORP are not recognised in the accounts.

6. Analysis of expenditure

	Unrestricted	Restricted	Total 2025	Total 2024
Raising funds:				
Platform processing fees	–	–	–	527
Advertising and marketing	12,796	967	13,763	8,892
Bidwriting (freelance)	990	–	990	1,000
Allocation to Online School	(7,023)	–	(7,023)	–
Total raising funds	6,763	967	7,730	10,419

	Unrestricted	Restricted	Total 2025	Total 2024
Groups:				
Room hire	–	10,857	10,857	7,026
Facilitators and mentors	2,150	40,458	42,608	36,243
Other group expenses	978	7,590	8,568	6,000
Allocation to Online School	(3,128)	–	(3,128)	–
Total groups	–	58,905	58,905	49,269
Development and training delivery:				
Development of content	724	–	724	105
Training delivery	14,047	2,980	17,027	800
External training courses	1,355	1,638	2,993	16,845
Website development	4,289	–	4,289	1,317
Allocation to Online School	(4,654)	–	(4,654)	–
Total development and training delivery	15,761	4,618	20,379	19,067
Online School:				
School staff costs	45,161	–	45,161	–
Freelance tutors	4,220	–	4,220	–
Consultancy	19,240	–	19,240	–
Allocation of central costs	16,637	–	16,637	–
Total Online School	85,258	–	85,258	–
Other:				
Cost of products sold, printing and postage	2,634	165	2,799	207
Accountancy	800	–	800	600
Insurance	2,498	–	2,498	413
Other general charity costs	23,789	1,460	25,249	4,825
IT software and consumables	9,534	308	9,842	9,431
Other staff costs	43,386	41,529	84,915	39,124
Allocation to Online School	(1,832)	–	(1,832)	–
Total other	80,809	43,462	124,271	54,600
TOTAL EXPENDITURE	188,591	107,952	296,543	133,355

The Online School was established part-way through the year. Costs initially recorded in other categories have been reallocated to the Online School line (shown as “Allocation to Online School”), together with a share of central support costs, so that the full cost of the Online School is reflected in its total.

7. Net income and independent examination

Net income for the year is stated after charging the independent examiner’s fee of £800 (2024: £600). No other fees were paid to the independent examiner.

8. Staff costs

	2025	2024
Salaries and wages	122,633	37,315
Social security costs	2,748	–
Pension costs (defined contribution)	4,694	1,809

	2025	2024
Total staff costs	130,075	39,124

The average head count during the year was 4 (2024: 1), across fundraising, charitable activities, governance and other. No employee received total benefits (excluding employer pension costs) of more than £60,000. The total amount paid to key management personnel was £61,409 (2024: £37,565).

9. Pension costs

The charity operates a defined contribution pension scheme. Contributions recognised in the Statement of Financial Activities as an expense were £4,694 (2024: £1,809). The liability and expense are allocated to unrestricted funds unless specifically covered by a restricted fund.

10. Debtors and prepayments

	2025	2024
Trade debtors	13,544	34,100
Prepayments and accrued income	–	64
Total	13,544	34,164

11. Creditors and deferred income

Amounts falling due within one year	2025	2024
Accruals and deferred income	48,025	12,073
Taxation and social security	13,595	2,991
Other creditors	1,635	137
Total	63,255	15,201

Deferred income relates to training income and Online School fees received in advance of services to be provided in the following year. The deferred income balance moved from £11,473 at the start of the year to £47,225 at the year end (£47,225 added in the period and £11,473 released to income).

12. Cash at bank and in hand

	2025	2024
Short term deposits	121,522	–
Cash at bank and on hand	181,603	133,108
Total	303,125	133,108

13. Charity funds

Movements on material funds are set out below. Transfers between funds and gains and losses were nil for all funds. Restricted funds are held for the specific purposes shown; unrestricted funds are available for the general purposes of the charity.

Movements in the current reporting period (2025)

Fund	Purpose	b/fwd	Income	Expend.	c/fwd
Lifeways support	Stratford groups	3,585	16,425	(12,879)	7,131
CWPT	Peer support mentoring	11,047	5,126	(11,652)	4,521
Awards for All	3 new girls groups	930	–	(930)	–
Rethink Mental Illness	Talking Therapies project	1,257	1,250	(2,507)	–

Fund	Purpose	b/fwd	Income	Expend.	c/fwd
Tesco	Stratford groups	501	–	(501)	–
John Coates Charitable Trust	Post-diagnostic mentoring	7,905	–	(7,905)	–
National Grid Fund 2	Stratford employability	2,790	–	(2,790)	–
Birmingham Fairer Futures	Birmingham groups & peer support	10,940	14,400	(12,691)	12,649
Birmingham IM Community Fund	Birmingham group	3,000	–	(3,000)	–
United Way Local Giving	Chester group	1,500	–	(1,500)	–
The Fore	Volunteer coordinator	15,000	15,000	(10,790)	19,210
Belstead Ganzoni	Lowestoft group	–	2,500	(875)	1,625
Skipton Charitable Foundation	Starter kits for girls groups	–	5,600	(3,343)	2,257
HOE CF – S Birmingham Friends Institute	Facilitators, S Birmingham 9–12	–	1,820	(595)	1,225
Baron Davenport's	Birmingham groups employability	–	500	(125)	375
Charles & Elsie Sykes	Pontefract group	–	5,000	(3,102)	1,898
E F Bulmer	2 Hereford groups	–	10,000	(4,361)	5,639
William A Cadbury Charitable Trust	Birmingham peer support	–	8,000	(2,336)	5,664
Women in Business Two Ridings	Scarborough group	–	5,000	(2,334)	2,666
Young Futures Fund (ASDA)	Chester group	–	993	(993)	–
Hereford Community Foundation	Hereford group 9–12	–	5,000	(2,094)	2,906
Ashworth Charitable Trust	Stratford groups	–	3,000	(859)	2,141
Simon Gibson Charitable Trust	Lowestoft group	–	5,000	(1,853)	3,147
National Lottery Community Fund	Hereford groups (two years)	–	15,989	(4,163)	11,826
Warwickshire CC	Stratford groups	–	500	(125)	375
Ramsgate Town Council	Thanet group	–	1,500	(1,122)	378
Forvis Mazars	Abergavenny group	–	5,000	(1,717)	3,283
PCC West Midlands	S Birmingham 13–18 group	–	4,000	(2,463)	1,537
Eugenia's Fund	Scotland	–	39,943	–	39,943
Kent CF – Albert Burns Trust	Thanet peer support	–	3,000	(846)	2,154
Sheldon Trust	Stratford peer support	–	4,000	(4,000)	–
Suffolk CC Locality Grant	Lowestoft group	–	900	(900)	–
Big Give Match Fund	Cornwall group	–	9,902	(2,601)	7,301
Total restricted funds		58,455	189,348	(107,952)	139,851
General (unrestricted) fund	Operations and reserves	93,616	208,538	(188,591)	113,563
Total funds		152,071	397,886	(296,543)	253,414

Movements in the prior reporting period (2024)

Fund	Purpose	b/fwd	Income	Expend.	c/fwd
Fat Beehive Grant	Website development	40	–	(40)	–
Lifeways support	Stratford groups	2,912	13,561	(12,888)	3,585
Warwickshire CC	Stratford groups	968	–	(968)	–
CWPT	Peer support mentoring	3,485	44,865	(37,303)	11,047

Fund	Purpose	b/fwd	Income	Expend.	c/fwd
National Grid	Keeping Warm project	6,406	–	(6,406)	–
Boshier Grant	Post-diagnostic mentoring	21,628	–	(21,628)	–
Awards for All	3 new girls groups	–	20,000	(19,070)	930
Access	Post-diagnostic mentoring	–	5,000	(5,000)	–
Rethink Mental Illness	Talking Therapies project	–	5,000	(3,743)	1,257
Tesco	Stratford groups	–	1,000	(499)	501
John Coates Charitable Trust	Post-diagnostic mentoring	–	10,000	(2,095)	7,905
National Grid Fund 2	Stratford employability	–	3,370	(580)	2,790
Birmingham Fairer Futures	Birmingham groups & peer support	–	14,000	(3,060)	10,940
Birmingham IM Community Fund	Birmingham group	–	3,000	–	3,000
United Way Local Giving	Chester group	–	1,500	–	1,500
The Fore	Volunteer coordinator	–	15,000	–	15,000
Total restricted funds		36,439	136,296	(114,280)	58,455
General (unrestricted) fund	Operations and reserves	32,214	80,477	(19,075)	93,616
Total funds		68,653	216,773	(133,355)	152,071

14. Trustee remuneration and related party transactions

Trustee remuneration. No trustee received any remuneration or other benefits from an employment with the charity, or with a related entity, in respect of their role as a trustee during the year (2024: none).

Trustees' expenses. No trustee expenses were reimbursed in the year (2024: £24 reimbursed to one trustee in respect of a leaving token of gratitude).

Related party transactions. Cathy Wassell, the charity's Chief Executive Officer, is the spouse of Elliot Wassell, a trustee and the charity's Treasurer. During the year the charity entered into the following transactions with her:

Cathy Wassell — CEO and spouse of a trustee	2025	2024
Remuneration	61,409	37,565
Reimbursement of charity expenditure incurred on the charity's behalf	10,653	5,156

There were no outstanding balances at the year end, no provisions for bad debts and no amounts written off. No guarantees were given or received, and there were no special terms, conditions or security attaching to these transactions. The Chief Executive Officer's remuneration was determined by the trustees, excluding the connected trustee, in line with the charity's policies. There were no other related party transactions requiring disclosure.



Autistic Girls Network · Charity No. 1196655 (England & Wales) and SC054837 (Scotland) ·

AUTISTIC GIRLS NETWORK

England & Wales - Charity number 1196655

Accounts



Trustees' Annual Report for the period

From 1st January 2024 To 31st December 2024

Charity name: **AUTISTIC GIRLS NETWORK**

Charity registration number: **1196655**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO ADVANCE THE EDUCATION OF AND RELIEVE NEED AMONGST AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS IN THE UNITED KINGDOM AND IN PARTICULAR: (1) TO PROVIDE INFORMATION, ADVICE AND SERVICES TO SUPPORT AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS; (2) TO INCREASE AWARENESS OF AND PROMOTE EDUCATION ABOUT THE PROBLEMS AND NEEDS, INCLUDING MENTAL HEALTH NEEDS, OF AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS AMONGST EDUCATION, HEALTH AND SOCIAL CARE PROFESSIONALS AND THE GENERAL PUBLIC, INCLUDING PARTICIPATION IN RESEARCH STUDIES; (3) TO FOSTER MUTUAL HELP, CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS, FAMILIES, CARERS, HELPERS AND THOSE ENTRUSTED WITH THE CARE OF AUTISTIC GIRLS. THE EXPRESSION "AUTISTIC GIRLS" IN THIS DOCUMENT SHALL INCLUDE GIRLS WITH AUTISM AND RELATED CONDITIONS, DIAGNOSED AND UNDIAGNOSED, AND INCLUSIVE OF TRANS AND GENDER NON-BINARY CHILDREN.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Public benefit is at the heart of everything we do. Our mission is to support and improve the lives of autistic girls and their families and the people supporting them. The charity promotes an affirmative attitude to neurodiversity and campaigns both to ensure autistic people get the support they need and to promote positive identities for autistic people. This is critical given the unacceptably low rates of diagnosis, inadequacies in support mechanisms and

		<p>poor life outcomes faced by autistic females.</p> <p>A major part of our activities consists in operating a closed Facebook Group and social media platform. This provides public benefit in the form of support, information, signposting to relevant sources of help and opportunities for community and mutual support amongst our members.</p> <p>The charity also serves the public benefit through developing support materials, offering training and workshops, speaking at conferences, organising webinars and participating in autism research.</p> <p>The charity offers face to face autistic groups for girls across the United Kingdom to help develop invaluable opportunities to meet up and develop important life skills. There is a severe lack of such groups and research has indicated autistic people can find it easier to build community with their autistic peers. The charity also commenced in 2024 Peer Support and Post-diagnostic Mentoring Support services.</p> <p>The charity also benefits autistic people by involving autistic people in positions of leadership. Over half the board of trustees and executives are neurodivergent themselves and AGN actively seeks to give opportunities to autistic people to volunteer for the organisations.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
	Para 1.38	

Contribution made by volunteers		
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Introduction from our CEO</p> <p>Each year seems bigger than the last and 2024 is no exception. There's so much we've started and expanded upon this year, and our evaluation has shown us just how much of a difference our mentoring and groups are making. Involvement in the PINS (Partnership for Neurodiversity in Schools) pilot in Autumn 2024 started to show what we already knew – that education of everyone is needed just as much as interventions for autistic people so that stigma can lessen and attitudes can change. It has been refreshing to be able to get that work into schools at last, after being available on our website for two years!</p> <p>We have big ambitions for 2025 and beyond, and with our team set to grow to 3 in 2025 anything could happen!</p> <p>A Word from our Chair</p> <p>As I reflect upon 2024 and what this has meant for AGN, I am reminded of the overwhelming pride I feel to be Chair of Trustees for our extraordinary charity.</p> <p>The sheer number of neurodivergent folk who have been able to access the output of our team has been incredible, and the work done by our CEO Cathy, trustees, staff and volunteers is humbling.</p> <p>This report shows how impactful AGN is, and how much we have grown in 4 short years. The numbers and words are quite phenomenal, especially when placed in context of our size and maturity as an organisation.</p> <p>We have now reached a position where we can employ salaried team members, and have recently recruited a fundraising lead with post</p>

	<p>for volunteer coordinator about to be filled. It's so exciting to see how these roles will help deliver our strategic vision.</p> <p>2025 will undoubtedly bring new opportunities for AGN and I am honoured to be part of the future of our charity.</p> <p>With special thanks to our CEO Cathy, our wonderful Trustees and our amazing community.</p> <h3>Why are we needed?</h3> <p>Autism in girls may present differently and there is widespread misunderstanding about exactly how. This is a huge issue because autistic girls (and those who present in the same way) are often being missed and outcomes for autistic females are particularly poor.</p> <p>Girls in the UK are still being diagnosed autistic up to 6 years later than boys or missed entirely (80% of autistic girls remain undiagnosed at 18: McCrossin, 2022). Late diagnosis and subsequent camouflaging of autistic traits can be very damaging to an autistic person's mental health, self-confidence and self-esteem.</p> <p>Autistic traits in girls are frequently missed, overlooked, ignored, or their behaviour put down to "just being a girl". An autistic girl having a meltdown is said to be emotional and hysterical (a word historically only demeaning to women), because that's how girls are stereotyped to be. An example of this may be an autistic girl who struggles with dirt because of the texture and the idea of it, yet may be praised because historically girls were expected to be clean and tidy, and not messy. This is where societal expectations of women and girls can create barriers to recognising, understanding and supporting autistic girls.</p> <p>Research shows that autistic people are far more likely than the general population to have seriously poor mental health, and autistic young people are also far more likely to be under CAMHS than their peers too. Up to 71% of autistic young people meet criteria for at least one mental health condition. Autistic girls are highly vulnerable and the rate of teenage suicide amongst this group is four times higher than boys of the same age. But depression is</p>
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	<p>NOT part of the diagnostic criteria of autism and it is not inevitable that an autistic person will have poor mental health. The Royal College of Psychiatrists 2024 report Autism and Mental Health sums up the external factors leading to poor wellbeing:</p> <p><i>“Almost all mental health problems and mental illnesses are more common in autistic people than in the general population. In fact, between 3 and 5 in every 100 people who use mental health services are autistic. And about 1 in 10 people who are admitted to psychiatric inpatient wards are autistic. There are a few different reasons for this, including: A lack of appropriate support – Not getting timely or appropriate support and care can lead to poor mental health. Over time this can lead to someone developing a mental illness. Sometimes when autistic people are given support, this isn’t adapted to their needs and doesn’t recognise how mental health and autism work together. This can also mean these treatments aren’t as effective as they should be, and can be counter-productive. An unsuitable environment – Our society and culture is not always designed for autistic people. For some autistic people, navigating this environment can be incredibly difficult, and can also lead to poor mental health. Poor treatment – Autistic people are also more likely to experience bullying or victimisation. This can of course have a negative effect on their self-esteem and sense of identity.”</i></p> <p>All of these factors are ‘fixable’. A 2021 survey reported that 26% of parents waited over three years to receive support for their autistic children. There are a few regional offerings of mentor groups but this is limited, and not reflective of the demand. Many existing schemes cost up to £160 per session and during a cost of living crisis this is out of reach for many families. Time waiting is time that could have been spent coming to terms with a new self-identity – so important for autistic young people’s mental health.</p> <p>Negative experiences in formative years can have a huge impact on adult lives not only in making girls at risk of suicide as teenagers but as the statistics reveal as adults. We believe a more positive experience of diagnosis and becoming part of an affirmative autistic-lead community is crucial. There is an increased demand for our support, in the last year alone</p>
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our Facebook community grew to 29,000 members and this is expanding daily. We have built a trusted position in the autistic community and offer a diverse range of support including building awareness, creating safe space and campaigning for earlier diagnosis.

What difference are we making?

Through our face to face groups our young people make connections in their community – for some it will be the first connections they have made with other autistic young people and this can be life-changing. Being diagnosed autistic as a teen, as many girls are, can cause havoc with self-esteem when you know that you have always been different to your peers. Many girls report feeling as if they were ‘going mad’ and as if they were broken. We will be assuring them they are not broken, but just have a different ‘operating system’ and introducing them to others who experience the world in the same way.

Our autistic facilitators will also be building connections, for many it will be the first time of working with other autistic people. Both young people and facilitators may well have felt lonely – research shows loneliness is more widely reported by autistic people than in the general population, just as autistic people are statistically more likely to be bullied and to suffer from depression. Groups will empower young people to make connections outside of the group venue, through regular social events. Through groups we will improve financial capability: as part of our group sessions, we will be teaching some life skills and money management is an important one of those topics. Autistic young people can be vulnerable and so it is particularly important to teach them good financial management, the pitfalls of credit availability and how to spot potential scams.

Through our knowledge hub, our webinars and conversations with families, they will be informed and empowered to make small changes to the home environment, particularly around sensory aspects and preparation for change which will benefit everyone. The constant need for girls to mask autism due to concern about stigma has been highlighted frequently in research in recent years as

extremely detrimental to mental health, so it's important to provide an environment outside the home where young people can feel free to be themselves with their peers.

What we did in 2024: the numbers

- Trained 10 neurodivergent adults as qualified Autism Peer Support Workers
- Created paid opportunities for 20 qualified and experienced neurodivergent adults to facilitate groups, mentor teens, deliver assemblies and train school staff
- Ran 377 mentoring sessions for 104 teenage autistic young people with neurodivergent mentors
- 94% of our mentees said they felt more positive about being autistic after their mentoring
- Ran 180 sessions of Face 2 Face groups for 221 autistic young people aged between 9-25
- 96% of our group attendees said they felt happier after sessions
- Ran 60 sessions of autism peer support groups for 58 autistic adults
- 92% of group attendees said they understood themselves better after sessions
- Ran 22 free webinars from Cathy & guests with over 11000 signups
- Delivered 14 Difference Not Deficit assemblies in primary schools to promote Whole School Neurodiversity Understanding
- Delivered training sessions in 28 schools to 480 staff
- Welcomed 9,457 new members to our Facebook group
- Supported 6,462 requests for help and advice in our Facebook group
- Reached 2,939,837 social media accounts with our content

What we did in 2024: the words

Our Facebook Support Group

In 2024 we reviewed 11905 membership requests for the Facebook group and declined

		<p>2443, welcoming 9457 new members, bringing the total to 29,100 people. There were ,6462 posts throughout the year and over 20,000 active members.</p> <p>Here’s how the top membership varies by country in the Facebook group: United Kingdom 24,903 United States 1,996 Australia 718 Canada 326 Ireland 317 New Zealand 107 Germany 41 Netherlands 38 South Africa 37 Sweden 36</p> <p>Our social media</p> <p>Our Facebook page reached 815,836 accounts. Our Facebook page followers increased to 35,200 people.</p> <p>Our Instagram followers increased to 28,600 people.</p> <p>Our Instagram posts were viewed 1,242,000 times. Our LinkedIn page posts were viewed 852,482 times.</p> <p>Our LinkedIn followers increased to 17,185 people.</p> <p>Our YouTube channel subscribers increased to 2,640 people.</p> <p>We ran 12 webinars in 2024 which were viewed 7500 times.</p> <p>Our full range of webinars were viewed 29,519 times in total over the year.</p> <p>We added an additional 865 subscribers over 2024, and Autism & Anxiety with Dr Luke Beardon is still our biggest draw with 4,822 views.</p> <p>Our Training</p> <p>We created and delivered training for:</p> <ul style="list-style-type: none"> • Health and social care professionals – Speech and Language Therapists, Educational Psychologists, Targeted Support and Early Help • Parent Carer Forums
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- Neurodiversity in the Workplace Corporate Training
- Neurodiversity in the Workplace Training for Charities – 3 charities
- Neurodiversity in the Workplace Training for Universities – with a bespoke offering developed for the University of Wolverhampton including a neurodiversity workshop for all students in a department, a sensory audit of the department and training for staff.
- PINS (Partnership for Neurodiversity in Schools programme) – we were commissioned in Essex and Coventry and Warwickshire on this Department for Education funded programme and have already delivered some training and assemblies from October 2024. In 2025 we have another 55 training sessions booked in schools (including Autism & Girls, Masking, Intersectionality, Identifying and Regulating Emotions and Whole School Neurodiversity) in January – March, with a further 32 assemblies in Coventry & Warwickshire primary schools on the PINS programme. We now have a tested virtual model for these assemblies, both Primary & Secondary stage, so we can start rolling them out everywhere in 2025!

Our Peer Support Groups

We started new 10 week adult starter groups in Autumn 2024 with 10 trained neurodivergent Autism Peer Support Workers.

We ran 10 new groups with 16 neurodivergent group facilitators for young people aged 9 – 25 in 2024 – each group costs around £5k to run a year. As well as craft or cooking sessions we covered first aid, bird and bee-friendly environments in the garden, energy saving, we held open afternoons, and in 2025 we will be creating employability resources and visiting the RSC in Stratford upon Avon.

Mentoring

We welcomed 5 neurodivergent adult mentors to our team in 2024, all experienced in working with autistic young people and either education, therapy or mentoring. In 2024 we mentored 104 autistic teens in 377 sessions. Along with our funded mentoring and our

		<p>school mentoring we also began to offer private mentoring sessions in sets of 3 – available to purchase on our website.</p> <h3>Parent Workshops</h3> <p>We ran 10 workshops for parents in 2024 and we will be creating more workshops, trainings and resources for parents in 2024.</p> <p>Cathy’s book Nurturing Your Autistic Young Person sold over 10,000 copies and 50% of royalties were donated to AGN in the first half of 2024.</p> <h3>Fundraising</h3> <p>We ran our Million Steps Challenge again in 2024, along with obtaining charity places in various half marathons and 10K races, all of which contributed to our fundraising pot as well as the runners’ fantastic achievements! (Picture of LLHM 2024). There will be even more challenges and races available in 2025 – great to get your work colleagues involved.</p> <h3>Merchandise</h3> <p>We started to sell our own lines of t-shirts, hoodies, mugs and bags in 2024, all of which raise money for our work. Here’s our latest design – Weird Snail!</p> <h3>Media</h3> <p>In March we appeared on Channel 4 News as part of a special report into the very long autism assessment waiting lists, and they filmed at our Stratford upon Avon 9-12s group – the young people were all amazingly articulate and not at all phased by a large camera filming their every word! You can watch the report here: https://www.channel4.com/news/autism-assessments-quarter-of-families-wait-at-least-four-years-survey-shows</p> <p>Our CEO Cathy also chatted with Naga Munchetty on Radio 5 Live in March to talk about the mental health crisis in schools for autistic young people.</p> <h3>Volunteers</h3> <p>Over 300 people completed our online volunteer registration form but with only Cathy</p>
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		<p>running the charity for almost the whole of 2024 there was no capacity to onboard, train and organise them. That will change in 2025 as we have two year funding from The Fore to employ a part-time Volunteer Coordinator and we hope this will be transformational! If you have asked to volunteer for us, expect to hear from us fairly soon.</p> <p>Our Team</p> <p>In December 2024 we welcomed our new part time Fundraising Lead Charlie Hamilton so we are currently a team of 2 ready to expand in 2025!</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>This was a year of significant growth for the charity.</p> <p>The charity achieved income of £216,773 in the year, representing 173% growth on prior year. Growth was across all income streams with significant growth in grant income as well as unrestricted donations and training income in particular.</p> <p>Expenditure for the year was £133,355 more than three times prior year levels. Key areas of additional spend relate to expansion of our Girls groups, introduction of new services such as Peer Support and Post-Diagnostic Mentoring Support and investment in our first paid positions to build the infrastructure and capacity to support the service growth.</p> <p>The charity made a surplus of income over expenditure of £83,418 for the year. Total funds were £152,071 as at 31 December 2024 (2023: £68,653), predominantly in the form of cash. The Charity is in a strong early growth phase and the surplus represents grant income due to be spent on 2025 project and build-up of funds to support higher operational costs expected in 2025 and expected introduction of new products. During 2024 the CEO was only paid on a part time basis and our Fundraising Lead taken on in December 2024 – 2025 is expected to include a full year of costs and the CEO has moved to a fully paid basis.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The charity requires reserves to cover operating fluctuations, contingency plan for income shortfalls and support the charity as it builds its fundraising. The charity's policy is to hold at least three months cover for expenditure in free cash reserves. Given the growth profile of the charity the reserves are assessed based on looking forward to expected increased expenditure. The charity complied with this policy.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>The charity had free cash balances of £93,616 as at 31 December 2024.</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	<p>N/A</p>
<p>Details of fund materially in deficit</p>	<p>Para 1.24</p>	<p>There were no funds materially in deficit.</p>
<p>Explanation of any uncertainties about the</p>	<p>Para 1.23</p>	<p>N/A</p>

charity continuing as a going concern		
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	CIO Constitution (Foundation Model) adopted 18 November 2021
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The current trustees are the initial trustees appointed in the Constitution. Further trustees may be appointed by the trustee body in session. New trustees must meet the eligibility criteria in the constitution and the charity must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	AUTISTIC GIRLS NETWORK
Other name the charity uses	AGN
Registered charity number	1196655
Charity's principal address	68 South Green Drive Stratford-upon-Avon CV37 9HP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Lesley Farmer			n/a
2	Victoria Jane May	Chair		n/a
3	Warda Ahmed Farah			n/a
4	Andrew James McDonald			n/a
5	Emily Katharine Burke			n/a
6	Elliot George Wassell	Treasurer		n/a
7	Clare Jane McDonald	Secretary		n/a
8	Gemma Louise Windham		Resigned 13 June 2024	n/a
9	Laura Riach		Appointed 4 April 2024	n/a
10	Ayo Sokale		Appointed 4 April 2024	n/a
11				

12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	The charity has not acted as custodian trustee.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Independent Examiner	HSL Accountancy Solutions Ltd	Enterprise House, 61a Carr House Road, Doncaster, DN1 2BY.

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


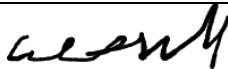
Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clare McDonald	Elliot Wassell
Position (eg Secretary, Chair, etc)	Secretary	Treasurer
Date	18 March 2025	



AUTISTIC GIRLS NETWORK			Charity No (if any)	1196655	
Annual accounts for the period					
Period start date	1/1/2024	To	Period end date	12/31/2024	

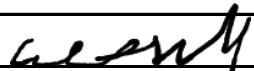
Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and voluntary income	S01	50,442	18,300	-	68,742	27,620
Grants	S02	4,000	117,996	-	121,996	43,744
Other income	S06	26,035	-	-	26,035	7,899
Total	S07	80,477	136,296	-	216,773	79,263
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	9,436	983	-	10,419	5,319
Groups	S09	-	49,269	-	49,269	7,349
Development and training delivery	S10	1,539	17,528	-	19,067	13,098
Other	S11	8,100	46,500	-	54,600	6,784
Total	S12	19,075	114,280	-	133,355	32,550
Net income/(expenditure) before investment gains/(losses)	S13	61,402	22,016	-	83,418	46,713
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	61,402	22,016	-	83,418	46,713
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	61,402	22,016	-	83,418	46,713
Reconciliation of funds:						
Total funds brought forward	S21	32,214	36,439	-	68,653	21,940
Total funds carried forward	S22	93,616	58,455	-	152,071	68,653

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets		B01	-	-	-	-	-
Tangible assets		B02	-	-	-	-	-
Heritage assets		B03	-	-	-	-	-
Investments		B04	-	-	-	-	-
	Total fixed assets	B05	-	-	-	-	-
Current assets							
Stocks		B06	-	-	-	-	-
Debtors	(Note 10)	B07	34,164	-	-	34,164	115
Investments		B08	-	-	-	-	-
Cash at bank and in hand	(Note 12)	B09	74,653	58,455	-	133,108	69,114
	Total current assets	B10	108,817	58,455	-	167,272	69,229
Creditors: amounts falling due within one year	(Note 11)	B11	15,201	-	-	15,201	576
	Net current assets/(liabilities)	B12	93,616	58,455	-	152,071	68,653
	Total assets less current liabilities	B13	93,616	58,455	-	152,071	68,653
Creditors: amounts falling due after one year	(Note 11)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
	Total net assets or liabilities	B16	93,616	58,455	-	152,071	68,653
Funds of the Charity							
Endowment funds	(Note 13)	B17	-	-	-	-	-
Restricted income funds	(Note 13)	B18	-	58,455	-	58,455	36,439
Unrestricted funds		B19	93,616	-	-	93,616	32,214
Revaluation reserve		B20	-	-	-	-	-
	Total funds	B21	93,616	58,455	-	152,071	68,653

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Elliot Wassell	18/03/2025

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	Not applicable
Disclosure of any uncertainties that make the going concern assumption doubtful;	Not applicable
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*	✓	

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies
2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Government grants	The charity has received government grants in the reporting period	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Support costs	The charity has incurred expenditure on support costs.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a
		✓	✓	✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a
		✓	✓	✓
2.2 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		✓	✓	✓
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
			✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		✓	✓	✓
2.3 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £1,000	Yes	No	N/a
	They are valued at cost.	✓	✓	✓
	The depreciation rates and methods used are disclosed in note 9.2.	Yes	No	N/a
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
		✓	✓	✓
	Debtors (including trade debtors and loans receivable) are measured on initial recognition at	Yes	No	N/a

Debtors

settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

✓	✓	✓
---	---	---

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
✓	✓	✓

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
✓	✓	✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Support costs have been allocated to natural categories rather than activity categories as permitted by FRS 102 SORP for smaller charities.

Note 3 Analysis of income

Analysis		Unrestricted	Restricted	Endowment	Total funds	Prior year
		funds	income funds	funds	£	£
Donations and legacies:	Donations and gifts	43,058	-	-	43,058	20,192
	Gift Aid	4,383	-	-	4,383	2,353
	Donated goods, facilities and services	3,001	18,300	-	21,301	5,075
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	50,442	18,300	-	68,742	27,620
Grants	Grants	4,000	117,996	-	121,996	43,744
		-	-	-	-	-
		-	-	-	-	-
	Total	4,000	117,996	-	121,996	43,744
Other:	Group subscriptions	7,927	-	-	7,927	1,914
	Sales of AGN products	1,801	-	-	1,801	1,485
	Training income	15,597	-	-	15,597	4,500
	Other income	710	-	-	710	-
	Total	26,035	-	-	26,035	7,899
TOTAL INCOME	80,477	136,296	-	216,773	79,263	

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grant income of £117,196 and related inkind income of £18,300.

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

N/A

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

N/A

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

N/A

Note 4 Analysis of receipts of government grants

	Description	This year £
Coventry & Warwickshire Partnership NHS Trust	Support and training for Peer Support Mentors	31,365
Heart of England Community Foundation Fairer Futures	Birmingham Groups and Peer Support	14,000
Heart of England Community Foundation IM Community Fund	Birmingham Group	3,000
		-
	Total	48,365

	Description	Last year £
Warwickshire CC Councillors' Fund	Support for Stratford-upon-Avon girls autistic girls groups	1,500
Coventry & Warwickshire Partnership NHS Trust	Support and training for Peer Support Mentors	3,485
		-
		-
	Total	4,985

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	For the Heart of England Community Foundation grants the charity needs to fulfil agreed reporting requirements and spend the funds by 14 November 2027 for the Fairer Futures grant and by 5 December 2025 for the IM Community grant, or the unspent amounts would become repayable.	The remaining funds for the Warwickshire CC Councillors' Fund needed to be spent on the purpose by 17 August 2024 or would become repayable. These have been spent.

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	N/A	N/A

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	4,600	3,015
Other	16,501	2,060
	21,101	5,075

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.	Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category.	Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category.
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.	n/a	n/a
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	The Charity benefits from the services of volunteers. In accordance with FRS 102 SORP such amounts are not recognised in the accounts.	The Charity benefits from the services of volunteers including its CEO. In accordance with FRS 102 SORP such amounts are not recognised in the accounts.

Section C **Notes to the accounts** **(cont)**

Note 6 **Analysis of expenditure**

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
	£				£			
Expenditure on raising funds:								
Platform processing fees	527	-	-	527	816	-	-	816
Advertising and marketing	7,909	983	-	8,892	2,918	-	-	2,918
Bidwriting (freelance)	1,000	-	-	1,000	1,585	-	-	1,585
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	9,436	983	-	10,419	5,319	-	-	5,319
Expenditure on groups:								
Roomhire	-	7,026	-	7,026	473	3,150	-	3,623
Facilitators and Mentors	-	36,243	-	36,243	-	2,260	-	2,260
Group consumables	-	970	-	970	207	875	-	1,082
Sundry group expenses	-	5,030	-	5,030	-	384	-	384
	-	-	-	-	-	-	-	-
Total expenditure on groups	-	49,269	-	49,269	680	6,669	-	7,349
Expenditure on development and training								
Development of content	105	-	-	105	4,138	1,500	-	5,638
Training delivery	105	695	-	800	3,000	-	-	3,000
External training courses	217	16,628	-	16,845	-	2,000	-	2,000
Website development	1,112	205	-	1,317	-	2,460	-	2,460
	-	-	-	-	-	-	-	-
Total expenditure on development and training delivery	1,539	17,528	-	19,067	7,138	5,960	-	13,098
Expenditure on other:								
Cost of products sold, printing and	207	-	-	207	1,855	357	-	2,212
Other consumables	-	-	-	-	-	1,834	-	1,834
Accountancy	600	-	-	600	889	-	-	889
Insurance	-	413	-	413	297	-	-	297
Other general charity costs	2,756	2,069	-	4,825	1,552	-	-	1,552
IT software and consumables	2,978	6,453	-	9,431	-	-	-	-
Staff costs	1,559	37,565	-	39,124	-	-	-	-
Total expenditure on other	8,100	46,500	-	54,600	4,593	2,191	-	6,784
TOTAL EXPENDITURE	19,075	114,280	-	133,355	17,730	14,820	-	32,550

Section C**Notes to the accounts****Note 7** **Details of certain items of expenditure****7.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees**Assurance services other than audit or independent examination****Tax advisory fees****Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner**

This year £	Last year £
600	800
-	-
-	-
-	-

Section C **Notes to the accounts** **(cont)**

Note 8 **Paid employees**
 Please complete this note if the charity has any employees.

8.1 Staff Costs

	This year £	Last year £
Salaries and wages	37,315	-
Social security costs	-	-
Pension costs (defined contribution scheme)	1,809	-
Other employee benefits	-	-
Total staff costs	39,124	-

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 14.

This year £	Last year £
37,565	-

8.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	1	-
Other	-	-
Total	1	-

8.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	
Last year	

Please state the legal authority or reason for making the payment

This year	
Last year	

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

8.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

This year	Last year
£ -	£ -

The nature of the payment (cash, asset etc.)

--	--

The extent of redundancy funding at the balance sheet date

This year	Last year
£ -	£ -

Please state the accounting policy for any redundancy or termination payments

--	--

Section C **Notes to the accounts** **(cont)**

Note 9 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

9.1 Please complete this note if a defined contribution pension scheme is operated.

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	1,809	-

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	The liability and expense are allocated to unrestricted funds unless they are specifically covered by a grant budget in which case they are allocated to the corresponding restricted fund	N/A - there was no defined contribution scheme in this period.
--	--	--

9.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	N/A
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different	N/A

9.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details	N/A
Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details	N/A

Section C **Notes to the accounts** **(cont)**

Note 10 **Debtors and prepayments**

Please complete this note if the charity has any debtors or prepayments.

10.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
34,100	-
64	114
-	-
34,164	114

Section C **Notes to the accounts** **(cont)**

Note 11 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

11.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	12,073	576	-	-
Taxation and social security	2,991	-	-	-
Other creditors	137	-	-	-
Total	15,201	576	-	-

11.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

	This year	Last year
<i>Training income received in advance relating to services provided in the subsequent financial year</i>		N/A

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
11,473	-
-	-
11,473	-

Section C **Notes to the accounts** **(cont)**

Note 12 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
133,108	69,114
-	-
133,108	69,114

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Fat Beehive Grant	R	Website development	40	-	40	-	-	-
Lifeways support	R	Stratford Groups	2,912	13,561	12,888	-	-	3,585
Warwickshire CC Grant	R	Stratford Groups	968	-	968	-	-	-
CWPT	R	Peer Support Mentoring Programme	3,485	44,865	37,303	-	-	11,047
National Grid	R	Keeping Warm project	6,406	-	6,406	-	-	-
Boshier Grant	R	Post-diagnostic mentoring support	21,628	-	21,628	-	-	-
British Science Association	R	Bees and butterflies project	1,000	-	1,000	-	-	-
Awards for All	R	3 New Girls Groups	-	20,000	19,070	-	-	930
Access	R	Post-diagnostic mentoring support	-	5,000	5,000	-	-	-
Rethink Mental Illness	R	Talking Therapies Project	-	5,000	3,743	-	-	1,257
Tesco	R	Stratford Groups	-	1,000	499	-	-	501
John Coates Charitable Trust	R	Post-diagnostic mentoring support	-	10,000	2,095	-	-	7,905
National Grid Fund 2	R	Stratford employability project	-	3,370	580	-	-	2,790
Birmingham Fairer Futures	R	Birmingham Groups and Peer Support	-	14,000	3,060	-	-	10,940
Birmingham Fairer Futures Fund	R	Birmingham Group	-	3,000	-	-	-	3,000
United Way Local Giving	R	Chester Group	-	1,500	-	-	-	1,500
The Fore	R	Volunteer coordinator	-	15,000	-	-	-	15,000
General Fund	UR	Operations and general reserves	32,214	80,477	19,075	-	-	93,616

			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
		Total Funds	68,653	216,773	-	133,355	-	152,071

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

--

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

--

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

--

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

--

14.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False) **FALSE**

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify): leaving token of gratitude	24	-
	-	-
TOTAL	24	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity 1 0

14.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year
There have been no related party transactions in the reporting period (True or False) **FALSE**

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Cathy Wassell	CEO and spouse of Trustee	Salary	37,565	0	0	0
		Reimbursement of Charity expenditure	5,156	0	0	0

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement. NONE

For any related party, please provide details of any guarantees given or received. NONE

Last year

There have been no related party transactions in the reporting period (True or False)

<i>FALSE</i>

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Cathy Wassell	CEO and spouse of Trustee	Frelance design and delivery of training materials	8,638	0	0	0
		Reimbursement of Charity expenditure	2,374	0	0	0

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

NONE

For any related party, please provide details of any guarantees given or received.

NONE

**Independent examiners report to the trustees of
AUTISTIC GIRLS NETWORK
for the year ended 31st December 2024**

I report on the financial statements of the charity for the year ended 31st December 2024.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 31st March 2025

Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61A Carr House Road
Doncaster
DN1 2BY

AUTISTIC GIRLS NETWORK

England & Wales - Charity number 1196655

Accounts



Trustees' Annual Report for the period

From **1 January 2023** To **31 December 2023**

Charity name: **AUTISTIC GIRLS NETWORK**

Charity registration number: **1196655**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	TO ADVANCE THE EDUCATION OF AND RELIEVE NEED AMONGST AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS IN THE UNITED KINGDOM AND IN PARTICULAR: (1) TO PROVIDE INFORMATION, ADVICE AND SERVICES TO SUPPORT AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS; (2) TO INCREASE AWARENESS OF AND PROMOTE EDUCATION ABOUT THE PROBLEMS AND NEEDS, INCLUDING MENTAL HEALTH NEEDS, OF AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS AMONGST EDUCATION, HEALTH AND SOCIAL CARE PROFESSIONALS AND THE GENERAL PUBLIC, INCLUDING PARTICIPATION IN RESEARCH STUDIES; (3) TO FOSTER MUTUAL HELP, CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS, FAMILIES, CARERS, HELPERS AND THOSE ENTRUSTED WITH THE CARE OF AUTISTIC GIRLS. THE EXPRESSION "AUTISTIC GIRLS" IN THIS DOCUMENT SHALL INCLUDE GIRLS WITH AUTISM AND RELATED CONDITIONS, DIAGNOSED AND UNDIAGNOSED, AND INCLUSIVE OF TRANS AND GENDER NON-BINARY CHILDREN.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Public benefit is at the heart of everything we do. Our mission is to support and improve the lives of autistic girls and their families and the people supporting them. The charity promotes an affirmative attitude to neurodiversity and campaigns both to ensure autistic people get the support they need and to promote positive identities for autistic people. This is critical given the unacceptably low rates of diagnosis, inadequacies in support mechanisms and

		<p>poor life outcomes faced by autistic females.</p> <p>A major part of our activities consists in operating a closed Facebook Group and social media platform. This provides public benefit in the form of support, information, signposting to relevant sources of help and opportunities for community and mutual support amongst our members.</p> <p>The charity also serves the public benefit through developing support materials, offering training and workshops, speaking at conferences, organising webinars and participating in autism research.</p> <p>The charity has commenced its strategy of expanding its offering to include face to face autistic groups for girls across the United Kingdom to help develop invaluable opportunities to meet up and develop important life skills. There is a severe lack of such groups and research has indicated autistic people can find it easier to build community with their autistic peers.</p> <p>The charity also benefits autistic people by involving autistic people in positions of leadership. Over half the board of trustees and executives are neurodivergent themselves and AGN actively seeks to give opportunities to autistic people to volunteer for the organisations.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	N/A

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Introduction</p> <p>2023 has been the busiest year yet for Autistic Girls Network.</p> <p>We would like to thank our CEO, our volunteers ,our group facilitators and our Facebook group members who unfailingly welcome new members and impart their words of wisdom every day! It goes without saying that we couldn't do it without all of you.</p> <p>2024 promises some very important firsts for us, and we hope we can continue to support even more people through our new programmes and resources.</p> <p>A word from our Co-Chairs</p> <p>We are delighted to act as co-chairs of AGN. 2023 has proved to be an extraordinary year for AGN. Interaction with social media has grown exponentially, and the website launch at the start of 2023 has resulted in (x) downloads of our White Paper alone.</p> <p>We now count 77,000 social media profiles following our IG, Facebook, and X pages, with 5,000+ on LinkedIn and 25,600 views of our videos on YouTube.</p> <p>Strong plans for 2024 will build upon successful fundraising bids won, enabling us to start offering a Post-Diagnostic Support Mentoring Service for teens, and a Peer Mentoring Service for autistic women in Warwickshire as a pilot.</p>

	<p>We are immensely proud of all trustees, our volunteers and our CEO, and the community which we serve.</p> <p>Claire Farmer & Vicki May</p> <p>Resources</p> <p>Our new website</p> <p>In Spring 2023 we launched our new website which is a vast improvement for all those we support and shows a clear website journey for our different cohorts of visitors whether they be autistic girls or women, parents, friends and family or professionals. The website was funded by a grant from Fat Beehive and created by Tanglefox.</p> <p>In 2023 we had 174,327 website visitors, an average of 14,527 per month.</p> <p>https://www.autisticgirlsnetwork.org</p> <p>Downloads</p> <p>We now have all our downloads on one page, and will be adding more in 2024.</p> <ul style="list-style-type: none">• Our white paper, Autism, Girls and Keeping it All Inside containing the Internal Profile of Autism Checklist (IPAC)• Our Reasonable Adjustments in Schools document• Our Health Passport template• Our School Passport template <p>What people had to say:</p> <p>“This paper is amazing. Condensed all the titbits I’d learned through my own personal research and then some. Many of the signs I found myself nodding my head as I could identify them in myself, someone professionally diagnosed.”</p>
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	<p>“I think your work has been some of the most important and affirming literature supporting autistic girls to have ever been published. The difference it has made to me and my family and to so many families I have shared it with, I cannot begin to thank you enough.” Holly Sprake-Hill, Occupational Therapist</p> <p>“This is a phenomenal read. If every teacher, GP, employer, parent (hell, anyone who can read) absorbs this information we could prevent women and girls having to reach breakdown point before being identified as autistic.” Katherine Kowalski</p> <p>“This is an extraordinary white paper by @AutisticGirls and I’m genuinely honoured to be included in it.” Holly Smale, author</p> <p>“This (Reasonable Adjustments doc) is brilliant, and I hope all schools have a copy up on the staffroom wall.” Emma B</p> <p>“All school staff should read this and think about how universal design for learning makes everybody more comfortable.” Katie M</p> <p>Social Media</p> <p>Our Facebook group</p> <p>2023 has brought us 3,658 new group members, bringing the total in our closed Facebook support group to 21000.</p> <p>There have been 10,992 posts in the group during 2023.</p> <p>We have group members from all over the world - the UK, the US, Australia and New Zealand, all over Europe The Philippines and South Africa.</p> <p>Here’s what people had to say:</p> <p>“What a wonderfully supportive group this is.” Louise</p> <p>“Last year, Cathy invited me to join this group after seeing my cry for help in a</p>
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	<p>group for teens with OCD, anxiety and depression.</p> <p>Yesterday, my daughter received her formal diagnosis for autism. She will be 18 next month. She was so happy she cried, because for the first time, she feels like she understands herself and believes there are tools she can learn to help herself.</p> <p>It has been a long road to this point, and while I'm so sad that it took this long to get answers, I am so proud of my girl and her continuing journey. Being parents already includes all of the normal frustrations of a growing child. Not understanding her added so many layers to it. I feel grief over my misunderstandings but so much joy over who she is.</p> <p>Thank you Cathy. Thank you to this group.” Jen Elle</p> <p>“I have learned nearly everything I know about autism in girls from Autistic Girls Network. It has been a lifeline for us and helped us make some of the best decisions we've made for our newly diagnosed teen daughter such as home schooling. I don't know how I'd have managed without it.” Caroline</p> <p>Our social media pages</p> <p>We have reached 346,382 people on our Facebook page in 2023, and 126,944 people on our Instagram page.</p> <p>Facebook saw 2,444 new followers in 2023, making a total of 28,824. Instagram has a total of 17,155 followers, while Twitter has 31,000.</p> <p>LinkedIn (our new channel) reached 155,530 people in 2023 and gained 4,572 new followers making a total of 5,074.</p> <p>TOTAL social media followers 82,053</p> <p>Here's what people had to say:</p>
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		<p>“Your website and social media posts are really helping me to better understand my daughter. So thank you.” Maddie</p> <p>Our YouTube channel</p> <p>In 2023 we ran 16 free live Webinars on topics like masking, transition to secondary, nurturing your autistic young person, barriers to school attendance, empowering autistic girls, and these webinars are freely available on our YouTube channel.</p> <p>In 2023 our YouTube channel was viewed 25,636 times, adding up to 5,300 hours watch time and attracting 1,100 new subscribers making a total of 1800 subscribers.</p> <p>Here’s what people had to say:</p> <p>“Thank you so much for the webinar today. It’s one of the most helpful and relevant webinars I’ve attended.” Karen</p> <p>Face to Face Groups</p> <p>Our neuro-affirmative teen group in Stratford upon Avon grew from strength to strength in 2023 and we were lucky enough to be funded by a wonderful local charity, Lifeways, to run two further groups for 9-12’s and 18-25’s. In total our three groups benefitted 49 children and young people in 2023, and our waiting lists are so long that we need to open another teen group very shortly.</p> <p>We’re also in talks to open some more groups in 2024 – watch this space.</p> <p>Here's what some of the parents have to say about our groups:</p> <p>"I wanted to take the opportunity of thanking you for creating this group. It is my daughter's only lifeline! It's really helping</p>
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	<p>her slowly come to terms with her diagnosis. She couldn't even say the word at first. It's like autism has hit her all of a sudden so she keeps wanting things to be as they used to be. She has also made a best friend in the group which is helping her more than you know. Her self-esteem and self-worth has been dangerously low but is slowly improving. So I just wanted to say a massive, heartfelt thanks."</p> <p>"I was able to persuade B to go to the group. It went exactly as I had hoped it would. It was eye-opening for her and for the first time she didn't have to hide. She came away feeling like she isn't the loneliest girl in the world. She was truly happy. Thank you for what you are doing."</p> <p>"I just wanted to say thank you for organising the 9-12 group. I actually unexpectedly burst into tears after dropping my daughter off at the group. It took me a minute to work out that it was happy tears of relief at seeing other mums and daughters coming into the group, and realising that E and I are not alone. That face to face contact is so powerful. Most importantly, E enjoyed the session and wants to go again. She masks a fair bit at school etc, and I think the group will be so positive for her to accept and celebrate her autism. I feel very lucky to have spotted your Facebook post and got E a place. Thank you again!"</p> <p>"Fantastic support for the girls! Lovely activities in a safe space. She looks forward to every session."</p> <p>"My daughter has made new friendships and has found increased confidence through knowing other girls that are like minded. Her overall wellbeing and ability to</p>
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	<p>self advocate has improved. She is proud of her identity and positive about being Autistic."</p> <p>Fundraising Events</p> <p>We were lucky enough to get lots of sign-ups for our Million Steps Challenge in 2023, and it was our biggest single fundraiser. We also purchased charity places for our first ever half marathon – the London Landmarks – and we will have 5 special people running it for us in 2024!</p> <p>We also became members of Run For Charity so that it's easier to get charity places for any running event – just ask!</p> <p>Here's what one of our 2023 running fundraisers had to say:</p> <p>"Would just like to say our daughter was only diagnosed in Feb 23, we had a true battle to get there. The Autistic girls network was a great help to me though. Being able to access your page and reading your book was like finding that friend that understood in a world where people thought myself, husband and daughter were going mad. Couldn't be running for a better charity." Jenny</p> <p>Speaking Events</p> <p>In 2023 our CEO Cathy Wassell spoke at:</p> <ul style="list-style-type: none">• Anxiety and Autism Conference by Autism Oxford, where we also exhibited• Together with Autism Conferences by Coventry & Warwickshire LA and Act for Autism, in Coventry and Nuneaton, where we also exhibited• London Autism Conference• North East Autism Society Conference <p>What people had to say:</p>
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		<p>“I am so inspired by being able to attend this conference. It has opened my mind and way of thinking as a neurotypical person in a way that maybe would not have occurred if I had not attended this conference.”</p> <p>“We came to your AMAZING workshop where I realised that not only my daughter aged 3 is autistic (assessment this month, but I’m pretty sure) but my 6 yr old daughter may be too, and also myself. I’ve wondered for a while, but so many things ticked boxes for me. Mind blown!” Nikki B.</p> <p>Schools, Parent Carer Forum and Corporate Training</p> <p>We ran neuro-affirmative training sessions for schools, school governors, parent carer forums, psychology practices and corporate head offices in 2023.</p> <p>Here’s what people had to say:</p> <p>“I thought the session today was just fabulous!!” Learning and Development Manager, Manolo Blahnik</p> <p>“The AGN training was enlightening. Not only were the myths exploded but there was such understanding from a lived experience perspective. Perhaps even more importantly, there were practical tips that have undoubtedly shifted my practice for the better.” Croydon teacher & senior leader</p> <p>“Meeting Cathy and working with her as an experienced SENCo to support my students has been one of the most pivotal moments in my career and life as a parent myself. Despite having an autistic daughter and us all having attended post-diagnostic meetings and workshops within CAMHS, I have learnt more from Cathy in one parental session she led for our school and through attending her mentoring workshops for young students within my</p>
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		<p>school than I have done in all my other experiences as a parent and teacher.” Claire Cockroft, SENCo, Wycombe High School</p> <p>“The Hampshire Parent Carer Network reached out to The Autistic Girls Network to help support parent carers across Hampshire to develop and build their knowledge further to help them feel less isolated. It was very important to us to not only have a neuroaffirming speaker but also someone with lived experience and Cathy delivers that in every way. Her popular workshop provided a relaxed and informative evening of how best to support our young people with real strategies that can be actioned the next day and we will be looking forward to inviting The Autistic Girls Network to do more with us in the very near future.” The Hampshire Parent Carer Network</p> <p>Autistic Pupil Mentoring</p> <p>We mentored 24 pupils at 2 different schools in 2023, helping them understand more about being autistic, emotional regulation and energy accounting and how to self-advocate.</p> <p>What people had to say:</p> <p>“As a school we have also invested in Cathy’s mentoring sessions so that students can learn more about their autistic identity, ultimately enabling them to thrive and advocate for themselves. Cathy prepares students in advance of sessions and ensures students feel comfortable to attend and communicate in any way that works for them. One of my Year 9 students told me, “I am finding the sessions helpful, and I would definitely recommend to others. I have learnt different breathing techniques that I didn’t know and when to use them.”” Claire Cockroft, SENCo, Wycombe High School</p>
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		<p>Collaborations</p> <p>In 2023 we became members of the Council for Disabled Children and Children and the Young People’s Mental Health Coalition.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/A
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

<p>Review of the charity's financial position at the end of the period</p>	<p>Para 1.21</p>	<p>This was the charity's second period of operating. Revenue grew significantly in the year ended 31 December 2023 to £79,263, an increase of 159% on prior period (2022: £30,650). The key driver of income growth was grant income, of which we received £43,744. \$23,485 was from National Autistic Society / Boshier to participate in the forthcoming post-diagnostic mentoring programme. We also received grants to support our growing face to face groups, develop a peer support monitoring programme, and to participate in National Grids 'Keeping Warm during a Cost of Living Crisis' programme. Income from donations and voluntary contributions has also contributed importantly to revenue generating £27,620, being an increase of 19% on prior period (2022: £18,501), which included our hugely popular One Million Steps fundraising campaign.</p> <p>The charity made a surplus of income over expenditure for the year ended 31 December 2023 of £46,713 (2022: 21,940). The key areas of expenditure in the year related to developing our website, the running costs for our growing face to face groups, development of a suite of training materials and purchases to fulfil grant funded projects. A key driver of the surplus has been the securing of grants income for which significant expenditure will not occur until 2024. The charity has continued to rely on significant volunteer contributions of time which are not currently paid or financially valued in the accounts.</p> <p>The charity had total funds of £68,653 as at 31 December 2023 (2022: £21,940). This comprised general funds of £32,214 (2022: £19,440) and restricted funds of £36,439 (2022 £2,500) which will be spent on project fulfilment in 2024.</p>
<p>Statement explaining the policy for holding reserves stating why they are held</p>	<p>Para 1.22</p>	<p>The charity requires reserves to cover operating fluctuations, contingency plan for income shortfalls and support the charity as it builds its fundraising. The charity's policy is to hold at least three months cover for expenditure in free cash reserves. The charity complied with this policy.</p>
<p>Amount of reserves held</p>	<p>Para 1.22</p>	<p>The charity had free cash balances of £32,214 as at 31 December 2023.</p>
<p>Reasons for holding zero reserves</p>	<p>Para 1.22</p>	<p>n/a</p>

Details of fund materially in deficit	Para 1.24	There were no funds materially in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/A
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution (Foundation Model) adopted 18 November 2021
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The current trustees are the initial trustees appointed in the Constitution. Further trustees may be appointed by the trustee body in session, New trustees must meet the eligibility criteria in the constitution and the charity must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/A
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	AUTISTIC GIRLS NETWORK
Other name the charity uses	AGN
Registered charity number	1196655
Charity's principal address	68 South Green Drive Stratford-upon-Avon CV37 9HP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Lesley Farmer	Co-Chair		n/a
2	Victoria Jane May	Co-Chair		n/a
3	Warda Ahmed Farah			n/a
4	Andrew James McDonald			n/a
5	Emily Katharine Burke			n/a
6	Elliot George Wassell	Treasurer		n/a
7	Clare Jane McDonald	Co-Secretary		n/a
8	Gemma Louise Windham	Co-Secretary		n/a
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
n/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	The charity has not acted as custodian trustee.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	HSL Accountancy Solutions Ltd	Enterprise House, 61a Carr House Road, Doncaster, DN1 2BY.

Name of chief executive or names of senior staff members (Optional information)

Catherine Wassell – Chief Executive Officer

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


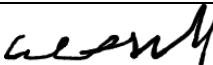
Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clare McDonald	Elliot Wassell
Position (eg Secretary, Chair, etc)	Co-Secretary	Treasurer

Date



AUTISTIC GIRLS NETWORK		Charity No (if any)	1196655
Annual accounts for the period			
Period start date	01/01/2023	To	Period end date 31/12/2023

Section A Statement of financial activities

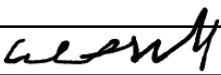
Recommended categories by activity	Unrestricted	Restricted	Endowment	Total funds	Prior year
	funds	income funds	funds	funds	funds
	£	£	£	£	£
	F01	F02	F03	F04	F05
Incoming resources (Note 3)					
Income and endowments from:					
Donations and voluntary income	22,605	5,015	-	27,620	18,501
Grants	-	43,744	-	43,744	5,500
Other income	7,899	-	-	7,899	6,649
Total	30,504	48,759	-	79,263	30,650
Resources expended (Note 6)					
Expenditure on:					
Raising funds	5,319	-	-	5,319	830
Face to face groups	680	6,669	-	7,349	1,157
Development and training delivery	7,138	5,960	-	13,098	5,200
Other	4,593	2,191	-	6,784	1,523
Total	17,730	14,820	-	32,550	8,710
Net income/(expenditure) before investment gains/(losses)	12,774	33,939	-	46,713	21,940
Net gains/(losses) on investments	-	-	-	-	-
Net income/(expenditure)	12,774	33,939	-	46,713	21,940
Extraordinary items	-	-	-	-	-
Transfers between funds	-	-	-	-	-
Other recognised gains/(losses):					
Gains and losses on revaluation of fixed assets for the charity's own use	-	-	-	-	-
Other gains/(losses)	-	-	-	-	-
Net movement in funds	12,774	33,939	-	46,713	21,940
Reconciliation of funds:					
Total funds brought forward	19,440	2,500	-	21,940	-
Total funds carried forward	32,214	36,439	-	68,653	21,940

Section B

Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets		B01	-	-	-	-	-
Tangible assets		B02	-	-	-	-	-
Heritage assets		B03	-	-	-	-	-
Investments		B04	-	-	-	-	-
	Total fixed assets	B05	-	-	-	-	-
Current assets							
Stocks		B06	-	-	-	-	-
Debtors	(Note 8)	B07	115	-	-	115	-
Investments		B08	-	-	-	-	-
Cash at bank and in hand	(Note 10)	B09	32,675	36,439	-	69,114	21,940
	Total current assets	B10	32,790	36,439	-	69,229	21,940
Creditors: amounts falling due within one year	(Note 9)	B11	576	-	-	576	-
	Net current assets/(liabilities)	B12	32,214	36,439	-	68,653	21,940
	Total assets less current liabilities	B13	32,214	36,439	-	68,653	21,940
Creditors: amounts falling due after one year		B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
	Total net assets or liabilities	B16	32,214	36,439	-	68,653	21,940
Funds of the Charity							
Endowment funds	(Note 12)	B17			-	-	-
Restricted income funds	(Note 12)	B18		36,439		36,439	2,500
Unrestricted funds		B19	32,214		-	32,214	19,440
Revaluation reserve		B20				-	
	Total funds	B21	32,214	36,439	-	68,653	21,940

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Elliot Wassell	24/01/2024

Note 1 Basis of preparation

This section should be completed by all charities .

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

<i>Not applicable</i>

Disclosure of any uncertainties that make the going concern assumption doubtful;

<i>Not applicable</i>

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

<i>Not applicable</i>

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

✓

Yes*
No*

* -Tick as appropriate

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	The Charity has adopted FRS 102 SORP for the first time. The key changes relate to the adoption of accruals rather than receipts and payments accounting, the recognition of grant income using the recognition criteria specified in FRS 102 SORP rather than as received, and the recognition of donated goods and services at fair value.
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	The charity has voluntarily adopted FRS 102 SORP as best practice. The previous financial statements were prepared on a receipts and payments basis. A key reason for adoption in the view of the Trustees is a more appropriate presentation of the in-kind donations received by the Charity.

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.

The adoption of accruals accounting has resulted in £115 additional income being booked in donations and voluntary income and £576K in other expenditure in the SOFA for the year ended 31 December 2023. Similarly there is a debtor for £115 and a creditor falling due within one year of £576K in the Balance Sheet at 31 December 2023 which would not have been recognised under receipts and payments accounting. The change in policy for in kind donations has resulted in £5,075 additional donations and voluntary income in the year, £3,075 expenditure on face to face groups and £2,000 expenditure on training and development, but no impact on equity. Although the basis of recognising grants has changed in principle there has been no financial impact in the current year from this item. There is no material impact on the prior period, which was the Charity's first accounting period, from adopting FRS 102 SORP.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

The impact of the changes previously described on equity is presented below.

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period £	End of period £
Fund balances as previously stated	21,940	69,105
Adjustments:		
Accrued expenses	- -	567
Gift aid debtor	-	115
Fund balance as restated	<u>21,940</u>	<u>68,653</u>

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	<p>These are included in the Statement of Financial Activities (SoFA) when:</p> <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Offsetting	<p>There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grants and donations	<p>Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Legacies	<p>In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).</p> <p>Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Government grants	<p>The charity has received government grants in the reporting period</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tax reclaims on donations and gifts	<p>Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Contractual income and performance related grants	<p>This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Donated goods	<p>Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.</p> <p>The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.</p> <p>Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.</p> <p>Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.</p> <p>Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Donated services and facilities	<p>Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.</p> <p>Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.</p>	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Support costs	The charity has incurred expenditure on support costs.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
		Yes	No	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
		Yes	No	N/a
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Redundancy cost	The charity made no redundancy payments during the reporting period.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Deferred income	No material item of deferred income has been included in the accounts.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Provisions for liabilities	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Basic financial instruments		<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	They are valued at cost.	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Yes	No	N/a

physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5

✓	✓	✓
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Yes No N/a

They are valued at cost.

		✓
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Yes No N/a

Heritage assets

The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.

		✓
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Yes No N/a

They are valued at cost.

		✓
--	--	---

Yes No N/a

Investments

Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

✓	✓	✓
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Yes No N/a

Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments

✓	✓	✓
---	---	---

Yes No N/a

Stocks and work in progress

Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.

✓	✓	✓
---	---	---

Yes No N/a

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

✓	✓	✓
---	---	---

Yes No N/a

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

✓	✓	✓
---	---	---

Yes No N/a

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

✓	✓	✓
---	---	---

Yes No N/a

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

		✓
--	--	---

Yes No N/a

They are valued at fair value except where they qualify as basic financial instruments.

		✓
--	--	---

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Support costs have been allocated to natural categories rather than activity categories as permitted by FRS 102 SORP for smaller charities.

Note 3 Analysis of income

Analysis		Unrestricted	Restricted	Endowment	Total funds	Prior year
		funds	income funds	funds	£	£
Donations and legacies:	Donations and gifts	20,192	-	-	20,192	17,526
	Gift Aid	2,353	-	-	2,353	975
	Donated goods, facilities and services	60	5,015	-	5,075	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total		22,605	5,015	-	27,620	18,501
Grants	Grants	-	43,744	-	43,744	5,500
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
Total		-	43,744	-	43,744	5,500
Other:	Group subscriptions	1,914	-	-	1,914	540
	Sales of AGN products	1,485	-	-	1,485	129
	Training income	4,500	-	-	4,500	5,980
		-	-	-	-	-
		-	-	-	-	-
Total		7,899	-	-	7,899	6,649
TOTAL INCOME		30,504	48,759	-	79,263	30,650

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grant income totalling £3,500

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

n/a

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

n/a

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

n/a

Note 4 Analysis of receipts of government grants

	Description	This year £
Warwickshire CC Councillors' Fund	Support for Stratford-upon-Avon girls autistic girls groups	1,500
		-
		-
		-
	Total	1,500

	Description	Last year £
Warwickshire CC Councillors' Fund	Support for Stratford-upon-Avon girls autistic girls groups	1,000
		-
		-
		-
	Total	1,000

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	The remaining funds need to be spent on the purpose by 17 August 2024 or would become repayable.	N/A

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	N/A	N/A

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	3,015	-
Other	2,060	-
	5,075	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.	Donated goods, facilities and services are valued at fair value. The value of the donation is included in donations and voluntary income, and the equivalent cost included in the relevant expenditure category.	n/a
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.	n/a	n/a
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	The Charity benefits from the services of volunteers including its CEO. In accordance with FRS 102 SORP such amounts are not recognised in the accounts.	n/a

Note 6

Analysis of expenditure

Analysis	This year				Last year			
	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:				£				£
Platform processing fees	816	-	-	816	-	-	-	-
Advertising and marketing	2,918	-	-	2,918	830	-	-	830
Bidwriting (freelance)	1,585	-	-	1,585				-
	-	-	-	-	-	-	-	-
Total expenditure on raising funds	5,319	-	-	5,319	830	-	-	830
Expenditure on face to face groups:								
Roomhire	473	3,150	-	3,623	-	538	-	538
Facilitators	-	2,260	-	2,260	-	-	-	-
Group consumables	207	875	-	1,082	157	462	-	619
Sundry group expenses	-	384	-	384	-	-	-	-
Total expenditure on face to face groups	680	6,669	-	7,349	157	1,000	-	1,157
Expenditure on development and training delivery:								
Development of content	4,138	1,500	-	5,638	4,725	-	-	4,725
Training delivery (freelance)	3,000	-	-	3,000	475	-	-	475
External training courses	-	2,000	-	2,000	-	-	-	-
Website development	-	2,460	-	2,460	-	-	-	-
Total expenditure on development and training delivery	7,138	5,960	-	13,098	5,200	-	-	5,200
Expenditure on other:								
Cost of products sold, printing and postage	1,855	357	-	2,212	-	-	-	-
Other consumables		1,834	-	1,834	-	-	-	-
Accountancy	889	-	-	889	-	-	-	-
Insurance	297	-	-	297	297	-	-	297
Other general charity costs	1,552	-	-	1,552	1,226	-	-	1,226
Total expenditure on other	4,593	2,191	-	6,784	1,523	-	-	1,523
TOTAL EXPENDITURE	17,730	14,820	-	32,550	7,710	1,000	-	8,710

Note 7 Details of certain items of expenditure**7.1 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees - 2022

Independent examiner's fees - 2023

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
300	-
500	-
-	-
-	-
-	-

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

8 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
114	-
-	-
114	-

Note 9 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

9 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	576	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	576	-	-	-

Note 10 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
69,114	21,940
-	-
69,114	21,940

Section C **Notes to the accounts** **(cont)**

Note 11 **Charity funds**

11.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Fat Beehive Grant	R	Website development	2,500	-	2,460	-	-	40
Lifeways support	R	Stratford Groups	-	9,049	6,137	-	-	2,912
Warwickshire CC Grant	R	Stratford Groups	-	1,500	532	-	-	968
IMROC	R	Peer Support Mentoring Programme	-	5,485	2,000	-	-	3,485
National Grid	R	Keeping Warm project	-	8,240	1,834	-	-	6,406
Boshier Grant	R	Post-diagnostic mentoring support	-	23,485	1,857	-	-	21,628
British Science Association	R	Bees and butterflies project	-	1,000	-	-	-	1,000
General Fund	UR	Operations and general reserves	19,440	30,504	17,730	-	-	32,214
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
		Total Funds	21,940	79,263	32,550	-	-	68,653

Section C **Notes to the accounts** **(cont)**

Note 11 **Charity funds (cont)**

11.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Albert Hunt Grant	UR	General charitable purposes	-	2,000	- 2,000	-	-	-
Warwickshire CC Grant	R	Straford Girls Group	-	1,000	- 1,000	-	-	-
Fat Beehive Grant	R	Website development	-	2,500	-	-	-	2,500
General fund	UR	Reserves and general expenditure	-	25,150	- 5,710	-	-	19,440
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
		Total Funds	-	30,650	- 8,710	-	-	21,940

Note 12 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

12.1 Trustee remuneration and benefits**This year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

12.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

--	--

13.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

FALSE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Cathy Wassell	CEO and spouse of Trustee	Freelance design and delivery of training materials	8,638	0	0	0
		Reimbursement of charity expenditure	2,374	0	0	0

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

None

For any related party, please provide details of any guarantees given or received.

None

Last year

There have been no related party transactions in the reporting period (True or False)

FALSE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
Cathy Wassell	CEO and spouse of Trustee	Freelance design and delivery of training materials	£4,700	0	0	0
		Reimbursement of charity expenditure	£793	0	0	0
		Temporary interest free loan to Charity (repaid)	-£500	0	0	0

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

None

For any related party, please provide details of any guarantees given or received.

None

**Independent examiners report to the trustees of
AUTISTIC GIRLS NETWORK
for the year ended 31st December 2023**

I report on the financial statements of the charity for the year ended 31st December 2023.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 25th January 2024

Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61A Carr House Road
Doncaster
DN1 2BY

AUTISTIC GIRLS NETWORK

England & Wales - Charity number 1196655

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 18	Month November	Year 2021		Day 31	Month December	Year 2022

Section A Reference and administration details

Charity name AUTISTIC GIRLS NETWORK

Other names charity is known by AGN

Registered charity number (if any) 1196655

Charity's principal address
 68 South Green Drive
 STRATFORD-UPON-AVON
 Postcode CV37 9HP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Claire Lesley Farmer	Co-Chair		N/A
2	Victoria Jane May	Co-Chair		N/A
3	Warda Ahmed Farah			N/A
4	Andrew James McDonald			N/A
5	Emily Katharine Burke			N/A
6	Elliot George Wassell	Treasurer		N/A
7	Clare Jane McDonald	Co-Secretary		N/A
8	Gemma Louise Windham	Co-Secretary		N/A

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	HSL Accountancy Solutions Ltd	Enterprise House, 61a Carr House Road, Doncaster, DN1 2BY.

Name of chief executive or names of senior staff members (Optional information)

Catherine Wassell – Chief Executive Officer

Summary of the objects of the charity set out in its governing document

TO ADVANCE THE EDUCATION OF AND RELIEVE NEED AMONGST AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS IN THE UNITED KINGDOM AND IN PARTICULAR: (1) TO PROVIDE INFORMATION, ADVICE AND SERVICES TO SUPPORT AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS; (2) TO INCREASE AWARENESS OF AND PROMOTE EDUCATION ABOUT THE PROBLEMS AND NEEDS, INCLUDING MENTAL HEALTH NEEDS, OF AUTISTIC GIRLS AND THEIR FAMILIES AND CARERS AMONGST EDUCATION, HEALTH AND SOCIAL CARE PROFESSIONALS AND THE GENERAL PUBLIC, INCLUDING PARTICIPATION IN RESEARCH STUDIES; (3) TO FOSTER MUTUAL HELP, CO-OPERATION AND FRIENDSHIP BETWEEN PARENTS, FAMILIES, CARERS, HELPERS AND THOSE ENTRUSTED WITH THE CARE OF AUTISTIC GIRLS. THE EXPRESSION "AUTISTIC GIRLS" IN THIS DOCUMENT SHALL INCLUDE GIRLS WITH AUTISM AND RELATED CONDITIONS, DIAGNOSED AND UNDIAGNOSED, AND INCLUSIVE OF TRANS AND GENDER NON-BINARY CHILDREN.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's public benefit guidance.

Public benefit is at the heart of everything we do. Our mission is to support and improve the lives of autistic girls and their families and the people supporting them. The charity promotes an affirmative attitude to neurodiversity and campaigns both to ensure autistic people get the support they need and to promote positive identities for autistic people. This is critical given the unacceptably low rates of diagnosis, inadequacies in support mechanisms and poor life outcomes faced by autistic females.

A major part of our activities consists in operating a closed Facebook Group and social media platform. This provides public benefit in the form of support, information, signposting to relevant sources of help and opportunities for community and mutual support amongst our members.

The charity also serves the public benefit through developing support materials, offering training and workshops, speaking at conferences, organising webinars and participating in autism research.

The charity is looking to expand its offering to include face to face autistic groups for girls across the United Kingdom to help develop invaluable opportunities to meet up and develop important life skills. There is a severe lack of such groups and research has indicated autistic people can find it easier to build community with their autistic peers.

The charity also benefits autistic people by involving autistic people in positions of leadership. Over half the board of trustees and executives are neurodivergent themselves and AGN actively seeks to give opportunities to autistic people to volunteer for the organisations.

Summary of the main achievements of the charity during the year

The charity registered as a CIO on 18 November 2021.

The charity has grown its social media platform significantly. As at 15 January 2023 AGN had 13,100 members of its closed Facebook group and 22,400 Twitter followers.

The charity had a successful initial fundraising including our popular Million Steps challenge and our GoFundMe fundraiser. AGN generated £18,501 in donations in total over the year. We also made our first grant applications securing funds totalling £5,500 from Albert Hunt Trust, Warwickshire County Council County Fund and Fat Beehive. These are contributing to our girls group programme and website development.

A major landmark was achieved in June 2022 when AGN opened the first face-to-face group for autistic girls in Stratford-upon-Avon. This is the first in a series of face to face groups targeted across the United Kingdom.

Another important development has been the production of a suite of training packages aimed promoting awareness and support strategies for autistic girls and targeted at a range of stakeholders from schools to corporates. This new service offering was introduced late 2022.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity requires reserves to cover operating fluctuations, contingency plan for income shortfalls and support the charity as it builds its fundraising. The charity's policy is to hold at least three months cover for expenditure in free cash reserves. The charity complied with this policy and as at 31 December 2022 had free cash balances of £19,440.

Details of any funds materially in deficit


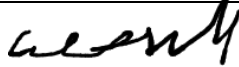
No funds were materially in deficit.

Section F

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Clare McDonald	Elliot Wassell
Position (eg Secretary, Chair, etc)	Co-Secretary	Treasurer
Date	29 January 2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name AUTISTIC GIRLS NETWORK	No (if any) 1196655
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CC16a

Receipts and payments accounts

For the period from	Period start date 18-Nov-21	To	Period end date 31-Dec-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	17,526	-	-	17,526	n/a
Gift Aid received	975	-	-	975	n/a
Grants	2,000	3,500	-	5,500	n/a
Training and workshops	5,980	-	-	5,980	n/a
Girls Group contributions	540	-	-	540	-
Other income	129	-	-	129	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	27,150	3,500	-	30,650	n/a
A2 Asset and investment sales, (see table).					
Founder Loan received	500	-	-	500	-
	-	-	-	-	-
Sub total	500	-	-	500	-
Total receipts	27,650	3,500	-	31,150	n/a
A3 Payments					
Product development	4,725	-	-	4,725	n/a
Girls Group running costs	157	1,000	-	1,157	n/a
Marketing and cost of raising funds	1,305	-	-	1,305	n/a
Other expenditure	1,523	-	-	1,523	n/a
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	7,710	1,000	-	8,710	n/a
A4 Asset and investment purchases. (see table)					
Founder Loan repaid	500	-	-	500	-
	-	-	-	-	-
Sub total	500	-	-	500	-
Total payments	8,210	1,000	-	9,210	n/a
Net of receipts/(payments)	19,440	2,500	-	21,940	n/a
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	19,440	2,500	-	21,940	n/a

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	19,440	2,500	-
		-	-	-
		-	-	-
	Total cash funds	19,440	2,500	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

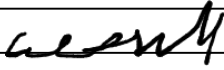
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ELLIOT WASSELL	29/01/2023

AUTISTIC GIRLS NETWORK
Notes to the Accounts
Period ended 31 December 2022

Note

- 1 Accounting period**
This is the CIO's first accounting period. The Charity was registered as a CIO with the Charity Commission for England and Wales on 18 November 2021. The accounts cover the long period of account from 18 November 2021 to 31 December 2022.
- 2 Guarantees**
As at 31 December 2022 there were no potential liabilities arising in respect of any guarantees given by the CIO.
- 3 Charges on Assets**
As at 31 December 2022 there was debt outstanding which was secured by express charge on any asset of the CIO.
- 4 Related Party Transactions**
During the period ended 31 December 2022 the CIO paid £4,700 freelance fees for training development and delivery to an individual who is the Chief Executive Officer of the Charity and a spouse of one of the Trustees. The same individual advanced a £500 interest free loan to the CIO which was fully repaid during the period. The transactions were conducted on an arms-length basis and approved by the Board of Trustees.

**Independent examiners report to the trustees of
AUTISTIC GIRLS NETWORK
for the year ended 31st December 2022**

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Respective responsibilities of trustees and examiner

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- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date: 2nd February 2023

Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
61A Carr House Road
Doncaster
DN1 2BY