

CHARITY REGISTERED NUMBER : 1196631

# **RENEW169 WELLBEING CAFÉ**

**ANNUAL REPORT AND**

**STATEMENT OF ACCOUNTS**

**FOR THE YEAR ENDED 31ST DECEMBER 2024**

Tove Accountancy Ltd  
Office 6, Town Hall  
86 Watling Street East  
Towcester  
Northants  
NN12 6BS

## RENEW169 WELLBEING CAFÉ

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Registered Charity No.</b>	1196631
<b>Trustees</b>	<div>L Patterson (Chair)</div> <div>D Reynolds</div> <div>C Hammett                      Resigned      24.06.24</div> <div>C Booth                          Resigned      24.06.24</div> <div>J Hunt</div> <div>E Thompson</div> <div>L Suter                          Appointed      10.11.24</div> <div>Rev J Evans                      Appointed      10.11.24</div> <div>E Mashiter                      Appointed      10.11.24</div> <div>L Langley                      Appointed      22.09.24</div> <div>S Manning                      Appointed      24.06.24</div>
<b>Correspondence Address</b>	<div>Renew169 Wellbeing Café</div> <div>169 Watling Street West</div> <div>Towcester, Northants</div> <div>NN12 6BX</div>
<b>Registration</b>	17th November 2021 CIO
<b>Statement of Financial Activities</b>	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
<b>Independent Examiner</b>	<div>Tove Accountancy Ltd</div> <div>Office 6, Town Hall</div> <div>86 Watling Street East</div> <div>Towcester</div> <div>Northants</div> <div>NN12 6BS</div>

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

## Objectives

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by
  - . preventing people from becoming socially excluded
  - . relieving the needs of those people who are socially excluded, and
  - . assisting them to integrate into society.
- For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society, as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

## Activities

**Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.**

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell,
- Help those with pre-existing conditions from getting worse,
- Provide activities based on the NHS Five-Ways-to-Wellbeing (Get Active, Connect, Give, Take Notice and Keep Learning),
- Provide Peer to Peer Support groups.

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises; Renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

## Financial Review

The net result for the year was a surplus of	£ 31,846
At the end of the year, Renew169 held cash of	£ 81,056
Representing unrestricted reserves of	£ 73,306
And restricted reserves of	£ 7,750

Renew169 is supported by a range of funders. We take care to ensure they receive maximum value for their generous donations. We would like to thank all the organisations, partners and individuals who have funded Renew169 during the year and we look forward to working with them in the future. We are grateful for their ongoing support, generosity and passion for the work that we do.

## Reserves Policy

The charity aims to maintain sufficient reserves to allow it to continue its activities in the next calendar year. This is primarily to meet rent and salary commitments, and to smooth out fluctuations in its cash flow.

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES (continued)**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**Governing document** Charitable Incorporated Organisation (CIO)

**Constitution** CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature *H Manning*

Name Sheila Hazel Manning ACMA

Date 14th May 2025

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RENEW 169 WELLBEING CAFÉ

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (The Trust) for the year ending 31st December 2024.

### Responsibilities and basis of report

As the charity of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

### Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with Section 130 of the Act; or
- 2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Donna Rowan Gold*

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Donna Rowan Gold

For and on behalf of

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants NN12 6BS

Dated 14th May 2025

**RENEW 169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Receipts and payments account**

	Note	Unrestricted £	Restricted £	Total 2024 £	2023 £
<b>RECEIPTS</b>					
Voluntary receipts					
Grants received	3	79,389	7,500	86,889	29,547
Donations	4	8,694	-	8,694	6,844
		88,083	7,500	95,583	36,391
Activities for generating funds					
Events	5	722	-	722	2,214
Investment income	6	456	-	456	2,223
Other		-	-	-	-
Total receipts (A)		89,261	7,500	96,761	40,828
<b>PAYMENTS</b>					
Raising funds	7	249	-	249	1,042
Charitable activities	8	16,077	3,087	19,164	20,911
Management and administration	9	45,502	-	45,502	40,436
Total payments (B)		61,828	3,087	64,915	62,389
Net receipts (A minus B)				31,846	- 21,561
Opening cash				48,170	69,458
Movement on client account				1,040	273
Cash at 31 December				81,056	48,170

## RENEW169 WELLBEING CAFÉ

### Statement of assets and liabilities at 31st December 2024

	Total 2024	Total 2023
	£	£
<b>Cash funds</b>		
Bank current account	27,529	47,168
Bank deposit account	16,927	1,003
Bank deposit account	35,332	-
Cash on hand	228	-
	<u>80,016</u>	<u>48,171</u>
<b>Other monetary assets</b>		
Debtors - Tove client account	<u>1,040</u>	<u>771</u>
<b>Total</b>	<u>81,056</u>	<u>48,942</u>
<b>Represented by</b>		
Unrestricted funds	73,306	45,605
Restricted funds	<u>7,750</u>	<u>3,337</u>
Total funds	<u>81,056</u>	<u>48,942</u>
<b>Liabilities</b>		
Accountants fees	480	600
Other	<u>-</u>	<u>662</u>
	<u>480</u>	<u>1,262</u>

### Signed on behalf on the Trustees

Signature *H Manning*

Name Sheila Hazel Manning ACMA

Date 14th May 2025

**RENEW169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Notes to the accounts**

**1** These financial statements have been prepared on the receipts and payments basis.

**2** The movements on unrestricted and restricted funds during the year are:

	Brought forward at 01.01.24	Received	Paid	Transfers	Carried forward at 31.12.24
	£	£	£	£	£
Unrestricted	44,833	89,261	(61,828)	-	72,266
Restricted - unspent grants	3,337	7,500	(3,087)	-	7,750
	48,170	96,761	(64,915)	-	80,016

Other monetary assets - Tove client account (Unrestricted funds)	1,040
Total unrestricted funds	73,306

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
<b>3 Grants received</b>				
The National Lottery	79,139	-	79,139	-
West Northants Council	-	1,500	1,500	18,670
The Sudborough Foundation	-	-	-	3,000
Cecil Petit Foundation	-	-	-	2,990
Winter Wellbeing Fund	-	-	-	2,000
Albert Hunt	-	4,000	4,000	-
Constance Travis	-	2,000	2,000	-
Other grants	250	-	250	2,887
	79,389	7,500	86,889	29,547
<b>4 Donations received</b>				
Donations	4,687	-	4,687	5,302
Café sales	2,806	-	2,806	1,542
Gift Aid	525	-	525	-
Other	676	-	676	-
	8,694	-	8,694	6,844
<b>5 Events</b>				
Summer Fun Day	-	-	-	848
Coronation Tea	-	-	-	448
Other events	722	-	722	918
	722	-	722	2,214
<b>6 Investment income</b>				
Rental income	-	-	-	2,219
Bank interest	456	-	456	4
	456	-	456	2,223



**RENEW169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Notes to the accounts (cont.)**

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
<b>7 Raising funds</b>				
Advertising and promotion	-	-	-	180
Event expenses	249	-	249	862
	<u>249</u>	<u>-</u>	<u>249</u>	<u>1,042</u>
<b>8 Charitable activities</b>				
Café costs				
Rent	10,000	-	10,000	10,664
Utilities	2,606	-	2,606	3,755
Premises expenses	861	-	861	573
Café sessions	526	860	1,386	531
	<u>13,993</u>	<u>860</u>	<u>14,853</u>	<u>15,523</u>
Reallocation of costs			-	-
	<u>13,993</u>	<u>860</u>	<u>14,853</u>	<u>15,523</u>
Wellbeing events	60	450	510	3,475
Signposting services	-	-	-	1,200
New equipment	-	-	-	559
Other	- 100	- -	100	154
Donations made	1,748	1,137	2,886	-
Training	376	640	1,016	-
	<u>16,077</u>	<u>3,087</u>	<u>19,164</u>	<u>20,911</u>
<b>9 Management and administration</b>				
Staff costs	40,491	-	40,491	36,936
Counselling/safeguarding	-	-	-	1,142
Management	755	-	755	-
Telephone, wi-fi, stationery	1,267	-	1,267	1,379
Accountancy fees	898	-	898	1,003
Movement on Tove client account	-	-	-	(54)
Insurance	1,740	-	1,740	-
Other expenses	351	-	351	29
	<u>45,502</u>	<u>-</u>	<u>45,502</u>	<u>40,435</u>