

CHARITY REGISTERED NUMBER : 1196631

# **RENEW169 WELLBEING CAFÉ**

**ANNUAL REPORT AND**

**STATEMENT OF ACCOUNTS**

**FOR THE YEAR ENDED 31ST DECEMBER 2023**

Tove Accountancy Ltd  
Office 6, Town Hall  
86 Watling Street East  
Towcester  
Northants  
NN12 6BS

## RENEW169 WELLBEING CAFÉ

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Registered Charity No.</b>	1196631
<b>Trustees</b>	L Patterson (Chair) D Reynolds C Hammett C Booth J Hunt E Thompson
<b>Correspondence Address</b>	Renew169 Wellbeing Café 169 Watling Street West Towcester, Northants NN12 6BX
<b>Registration</b>	17th November 2021 CIO
<b>Statement of Financial Activities</b>	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
<b>Independent Examiner</b>	Tove Accountancy Ltd Office 6, Town Hall 86 Watling Street East Towcester Northants NN12 6BS

**RENEW169 WELLBEING CAFÉ  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31ST DECEMBER 2023**

## **Objectives**

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by
  - . preventing people from becoming socially excluded
  - . relieving the needs of those people who are socially excluded, and
  - . assisting them to integrate into society.For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society, as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

## **Activities**

**Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.**

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell,
- Help those with pre-existing conditions from getting worse,
- Provide activities based on the NHS Five-Ways-to-Wellbeing (Get Active, Connect, Give, Take Notice and Keep Learning),
- Provide Peer to Peer Support groups.

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises; Renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

## **Financial Review**

The net result for the year was a deficit of	£ 21,288
At the end of the year, Renew169 held cash of	£ 48,170
Representing unrestricted reserves of	£ 44,833
And restricted reserves of	£ 3,337

Renew169 is supported by a range of funders. We take care to ensure they receive maximum value for their generous donations. We would like to thank all the organisations, partners and individuals who have funded Renew169 during the year and we look forward to working with them in the future. We are grateful for their ongoing support, generosity and passion for the work that we do.

## **Reserves Policy**

The charity aims to maintain sufficient reserves to allow it to continue its activities in the next calendar year. This is primarily to meet rent and salary commitments, and to smooth out fluctuations in its cash flow.

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES (continued)**  
**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

**Governing document** Charitable Incorporated Organisation (CIO)

**Constitution** CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature C Hammett

Name Christopher Hammett

Date 27th March 2024

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RENEW 169 WELLBEING CAFÉ

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (The Trust) for the year ending 31st December 2023.

### Responsibilities and basis of report

As the charity of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

### Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with Section 130 of the Act; or
- 2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Donna Rowan Gold*

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Donna Rowan Gold

Dated 9th April 2024

For and on behalf of

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants NN12 6BS

**RENEW 169 WELLBEING CAFÉ****Receipts and payments account**

	<b>Note</b>	<b>Unrestricted £</b>	<b>Restricted £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
<b>RECEIPTS</b>					
Voluntary receipts					
Grants received	3	15,750	13,797	29,547	50,959
Donations	4	6,844		6,844	13,189
		22,594	13,797	36,391	64,148
Activities for generating funds					
Events	5	2,214	-	2,214	3,200
Investment income	6	2,223	-	2,223	5,320
Other		-	-	-	-
Total receipts (A)		27,030	13,797	40,828	72,668
<b>PAYMENTS</b>					
Raising funds	7	1,042	-	1,042	1,554
Charitable activities	8	8,251	12,660	20,911	30,845
Management and administration	9	40,435	-	40,435	33,382
Total payments (B)		49,729	12,660	62,389	65,781
Net receipts (A minus B)				(21,561)	6,887
Opening cash				69,458	62,571
Movement on client account				273	-
Cash at 31 December				48,170	69,458

## RENEW 169 WELLBEING CAFÉ

### Statement of assets and liabilities at 31st December 2023

	Total 2023 £	Total 2022 £
<b>Cash funds</b>		
Bank current account	47,168	69,458
Bank deposit account	1,004	-
	<u>48,171</u>	<u>69,458</u>
<b>Other monetary assets</b>		
Debtors - Tove client account	771	1,044
	<u>771</u>	<u>1,044</u>
<b>Total</b>	<u>48,942</u>	<u>70,502</u>
<b>Represented by</b>		
Unrestricted funds	45,605	69,502
Restricted funds	3,337	1,000
Total funds	<u>48,942</u>	<u>70,502</u>
<b>Liabilities</b>		
Accountants fees	480	600
Other	512	662
	<u>992</u>	<u>1,262</u>

## RENEW 169 WELLBEING CAFÉ

### Notes to the accounts

1 These financial statements have been prepared on the receipts and payments basis.

2 The movements on unrestricted and restricted funds during the year are:

	Brought forward at 01.01.23	Received	Paid	Transfers	Carried forward at 31.12.23
	£	£	£	£	£
Unrestricted	68,458	27,358	(49,783)	1,200	44,833
Restricted - unspent grants	1,000	13,797	(12,660)	1,200	3,337
	69,458	41,155	(62,443)	-	48,170

Other monetary assets - Tove client account (Unrestricted funds)	771
Total unrestricted funds	45,604

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
<b>3 Grants received</b>				
West Northants Council	14,000	4,670	18,670	
The Sudborough Foundation	-	3,000	3,000	
Cecil Petit Foundation	-	2,990	2,990	
Winter Wellbeing Fund	-	2,000	2,000	
Other grants	1,750	1,137	2,887	50,959
	15,750	13,797	29,547	50,959
<b>4 Donations received</b>				
Donations	5,302	-	5,302	10,977
Café sales	1,542	-	1,542	2,212
	6,844	-	6,844	13,189
<b>5 Events</b>				
Summer Fun Day	848	-	848	
Coronation Tea	448	-	448	
Other events	918	-	918	3,200
	2,214	-	2,214	3,200
<b>6 Investment income</b>				
Rental income	2,219	-	2,219	5,350
Bank interest	4	-	4	-
	2,223	-	2,223	5,350



## RENEW 169 WELLBEING CAFÉ

### Notes to the accounts (cont.)

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
<b>7 Raising funds</b>				
Advertising and promotion	180	-	180	215
Event expenses	862	-	862	1,339
	<u>1,042</u>	<u>-</u>	<u>1,042</u>	<u>1,554</u>
<b>8 Charitable activities</b>				
Café costs				
Rent	10,664	-	10,664	12,345
Utilities	3,755	-	3,755	3,212
Premises expenses	573	-	573	2,731
Café sessions	531	-	531	7,560
	<u>15,523</u>	<u>-</u>	<u>15,523</u>	<u>25,848</u>
Reallocation of costs	- 8,016	8,016	-	-
	<u>7,507</u>	<u>8,016</u>	<u>15,523</u>	<u>25,848</u>
Wellbeing events	420	3,055	3,475	-
Signposting services	-	1,200	1,200	-
New equipment	170	389	559	1,798
Other	154	-	154	1,209
Schools work	-	-	-	1,250
Training	-	-	-	740
	<u>8,251</u>	<u>12,660</u>	<u>20,911</u>	<u>30,845</u>
<b>9 Management and administration</b>				
Staff costs	36,936	-	36,936	28,862
Counselling/safeguarding	1,143	-	1,143	-
Telephone, wi-fi, stationery	1,379	-	1,379	1,207
Accountancy fees	1,003	-	1,003	346
Movement on Tove client account	(54)	-	(54)	-
Insurance	-	-	-	1,420
Other expenses	29	-	29	1,547
	<u>40,435</u>	<u>-</u>	<u>40,435</u>	<u>33,382</u>