

CHARITY REGISTERED NUMBER : 1196631

RENEW169 WELLBEING CAFÉ

ANNUAL REPORT AND

STATEMENT OF ACCOUNTS

FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022

Tove Accountancy Ltd
Office 6, Town Hall
86 Watling Street East
Towcester
Northants
NN12 6BS

RENEW169 WELLBEING CAFÉ

LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity No.	1196631
Trustees	L Patterson (Chair) D Reynolds C Hammett C Booth J Hunt E Thompson
Correspondence Address	Renew169 Wellbeing Café 169 Watling Street West Towcester, Northants NN12 6BX
Registration	17th November 2021 CIO
Statement of Financial Activities	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
Independent Examiner	Tove Accountancy Ltd Office 6, Town Hall 86 Watling Street East Towcester Northants NN12 6BS

**RENEW169 WELLBEING CAFÉ
REPORT OF THE TRUSTEES
FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

Objectives and activities

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.
For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell
- Help those with pre-existing conditions from getting worse
- Provide activities based on the NHS Five-ways-to-wellbeing (get active, connect, give, take notice and keep learning)
- Provide peer to peer support groups

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises - renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The number of people, with very different needs, accessing our service continues to grow. This has been influential in decision making as to where to expand and diversify our services and resources. For example, in 2022 we responded to Ukrainian refugees and their hosts by offering twice weekly sessions with a Ukrainian psychotherapist who had experience of trauma therapy. This service is continuing in 2023.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

**RENEW169 WELLBEING CAFÉ
REPORT OF THE TRUSTEES (continued)
FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

Governing document Charitable Incorporated Organisation (CIO)

Constitution CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature C Hammett

Name Christopher Hammett

Date 27th March 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RENEW169 WELLBEING CAFÉ

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (the Trust) for the period 17th November 2021 to 31st December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with section 130 of the Act; or
- 2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nadine Pickworth

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Nadine Pickworth (ACMA) (CGMA)

Dated 28/03/2023

For and on behalf of:

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants, NN12 6BS

RENEW169 WELLBEING CAFE
RECEIPTS AND PAYMENTS ACCOUNTS
FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Receipts				
Donations	6,977	4,000	10,977	0
Grants	50,959	0	50,959	0
Events	3,200	0	3,200	0
Café sales	2,212	0	2,212	0
Rental income	5,320	0	5,320	0
Other	0	0	0	0
Total	68,668	4,000	72,668	0
Payments (note 2)				
Raising funds	1,554	0	1,554	0
Charitable activities	29,295	1,550	30,845	0
Managing and administering the Charity	31,932	1,450	33,382	0
Other	0	0	0	0
Total	62,781	3,000	65,781	0
Net receipts	5,887	1,000	6,887	0
Transfers between funds	0	0	0	0
Funds brought forward	63,615	0	63,615	0
Cash funds this year end	69,502	1,000	70,502	0

**RENEW169 WELLBEING CAFE
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST DECEMBER 2022**

	2022	2021
	£	£
Cash funds		
Debtors	1,044	0
Bank	69,458	0
Total	<u>70,502</u>	<u>0</u>
Represented by:		
Unrestricted funds	69,502	0
Restricted Funds	1,000	0
Total funds	<u>70,502</u>	<u>0</u>
Assets retained for the Charity's use		
Equipment	0	0
Other	0	0
Total	<u>0</u>	<u>0</u>
Liabilities		
Accountant's fees	600	0
Other	662	0
Total	<u>1,262</u>	<u>0</u>

C Hammett

C Hammett

27/03/2023

Signature

Name

Date of approval

Signed on behalf of all the trustees

RENEW169 WELLBEING CAFE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022

1. Basis of accounting

These accounts have been prepared under the "Receipts and Payments" basis in accordance with Charity Commission guidelines and legal requirements. These accounts have been prepared under the going concern concept.

2. Payments

	2022	2022	2021
	Unrestricted	Restricted	Total
	Funds	Funds	Funds
	£	£	£
Raising funds			
Advertising and Promotion	215	0	0
Venue hire	1,339	0	0
Other	0	0	0
	1,554	0	0
Charitable activities			
Rent	12,345	0	0
Materials/equipment	1,798	0	0
Schools work	1,250	0	0
Sessions	7,560	0	0
Premises expenses	1,181	1,550	0
Utilities	3,212	0	0
Training and Seminars	740	0	0
Other	1,209	0	0
	29,295	1,550	0
Managing and administering the Charity			
Office Telephone, postage and stationery	1,207	0	0
Staff costs	27,412	1,450	0
Accountancy fees	346	0	0
Insurance	1,420	0	0
Other	1,547	0	0
	31,932	1,450	0
Total payments	62,781	3,000	0