

# RENEW169 WELLBEING CAFE

England & Wales - Charity number 1196631

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-11-17

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Renew169 Wellbeing Cafe  
169 Watling Street West  
Towcester  
NN12 6BX

**Phone** 07730499523

**Email** [MANAGER@RENEW169.ORG.UK](mailto:MANAGER@RENEW169.ORG.UK)

**Website** <https://www.renew169.org.uk/>

## Activities

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**Objects:** THE OBJECTS OF THE CIO, FOR THE PUBLIC BENEFIT, AND IN ACCORDANCE WITH THE CHRISTIAN FAITH, ARE: 1. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PART OF SOCIETY, AS A RESULT OF ILL-HEALTH (PHYSICAL OR MENTAL). 2. TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

**Activities:** The cafe is open for people to drop in for a chat or to partake in an activity. Additionally, we have a drop in service on a Monday evening, where people can come along, play table tennis, do a board game with others or learn a new skill. We also have groups such as tai chi, meditation, craft groups and carer's groups/bereavement group.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

## Geography

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- Northamptonshire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£89,261	£61,828	-	-
2023-12-31	£40,828	£62,389	-	-
2022-12-31	£72,668	£65,781	-	-

## Trustees

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Name	Role	Appointed
Lynn Suter	Chair	2025-03-01
Emily Mashiter		2024-11-10
Jacqueline Ann Hunt		2021-11-09
James Mullin		2025-11-03
Jane Jakes		2025-11-03
Mary Coleman		2025-10-01
Paul Saxton		2025-02-01

**RENEW169 WELLBEING CAFE**

England & Wales - Charity number 1196631

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# Accounts

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CHARITY REGISTERED NUMBER : 1196631

# **RENEW169 WELLBEING CAFÉ**

**ANNUAL REPORT AND**

**STATEMENT OF ACCOUNTS**

**FOR THE YEAR ENDED 31ST DECEMBER 2024**

Tove Accountancy Ltd  
Office 6, Town Hall  
86 Watling Street East  
Towcester  
Northants  
NN12 6BS

## RENEW169 WELLBEING CAFÉ

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Registered Charity No.</b>	1196631
<b>Trustees</b>	L Patterson (Chair) D Reynolds C Hammett                      Resigned    24.06.24 C Booth                           Resigned    24.06.24 J Hunt E Thompson L Suter                           Appointed   10.11.24 Rev J Evans                      Appointed   10.11.24 E Mashiter                       Appointed   10.11.24 L Langley                         Appointed   22.09.24 S Manning                        Appointed   24.06.24
<b>Correspondence Address</b>	Renew169 Wellbeing Café 169 Watling Street West Towcester, Northants NN12 6BX
<b>Registration</b>	17th November 2021 CIO
<b>Statement of Financial Activities</b>	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
<b>Independent Examiner</b>	Tove Accountancy Ltd Office 6, Town Hall 86 Watling Street East Towcester Northants NN12 6BS

**RENEW169 WELLBEING CAFÉ  
REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31ST DECEMBER 2024**

### Objectives

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by
    - . preventing people from becoming socially excluded
    - . relieving the needs of those people who are socially excluded, and
    - . assisting them to integrate into society.
- For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society, as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

### Activities

**Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.**

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell,
- Help those with pre-existing conditions from getting worse,
- Provide activities based on the NHS Five-Ways-to-Wellbeing (Get Active, Connect, Give, Take Notice and Keep Learning),
- Provide Peer to Peer Support groups.

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises; Renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

### Financial Review

The net result for the year was a surplus of	£ 31,846
At the end of the year, Renew169 held cash of	£ 81,056
Representing unrestricted reserves of	£ 73,306
And restricted reserves of	£ 7,750

Renew169 is supported by a range of funders. We take care to ensure they receive maximum value for their generous donations. We would like to thank all the organisations, partners and individuals who have funded Renew169 during the year and we look forward to working with them in the future. We are grateful for their ongoing support, generosity and passion for the work that we do.

### Reserves Policy

The charity aims to maintain sufficient reserves to allow it to continue its activities in the next calendar year. This is primarily to meet rent and salary commitments, and to smooth out fluctuations in its cash flow.

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES (continued)**  
**FOR THE YEAR ENDED 31ST DECEMBER 2024**

**Governing document** Charitable Incorporated Organisation (CIO)

**Constitution** CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature *H Manning*

Name Sheila Hazel Manning ACMA

Date 14th May 2025

**INDEPENDENT EXAMINER'S REPORT TO THE  
TRUSTEES OF RENEW 169 WELLBEING CAFÉ**

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (The Trust) for the year ending 31st December 2024.

**Responsibilities and basis of report**

As the charity of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with Section 130 of the Act; or
- 2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Donna Rowan Gold*

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Donna Rowan Gold

For and on behalf of

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants NN12 6BS

Dated 14th May 2025

**RENEW 169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Receipts and payments account**

	<b>Note</b>	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total 2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>RECEIPTS</b>					
Voluntary receipts					
Grants received	3	79,389	7,500	86,889	29,547
Donations	4	8,694	-	8,694	6,844
		<u>88,083</u>	<u>7,500</u>	<u>95,583</u>	<u>36,391</u>
Activities for generating funds					
Events	5	722	-	722	2,214
				-	
Investment income	6	456	-	456	2,223
				-	
Other		-	-	-	-
				-	
Total receipts (A)		<u>89,261</u>	<u>7,500</u>	<u>96,761</u>	<u>40,828</u>
<b>PAYMENTS</b>					
Raising funds	7	249	-	249	1,042
Charitable activities	8	16,077	3,087	19,164	20,911
Management and administration	9	45,502	-	45,502	40,436
Total payments (B)		<u>61,828</u>	<u>3,087</u>	<u>64,915</u>	<u>62,389</u>
Net receipts (A minus B)				31,846	21,561
Opening cash				48,170	69,458
Movement on client account				1,040	273
Cash at 31 December				<u>81,056</u>	<u>48,170</u>

**RENEW169 WELLBEING CAFÉ**

**Statement of assets and liabilities  
at 31st December 2024**

	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>
<b>Cash funds</b>		
Bank current account	27,529	47,168
Bank deposit account	16,927	1,003
Bank deposit account	35,332	-
Cash on hand	228	-
	<hr/>	<hr/>
	80,016	48,171
 <b>Other monetary assets</b>		
Debtors - Tove client account	1,040	771
	<hr/>	<hr/>
<b>Total</b>	<b>81,056</b>	<b>48,942</b>
	<hr/>	<hr/>
<b>Represented by</b>		
Unrestricted funds	73,306	45,605
Restricted funds	7,750	3,337
	<hr/>	<hr/>
Total funds	81,056	48,942
	<hr/>	<hr/>
 <b>Liabilities</b>		
Accountants fees	480	600
Other	-	662
	<hr/>	<hr/>
	480	1,262
	<hr/>	<hr/>

**Signed on behalf on the Trustees**

Signature *H Manning*

Name Sheila Hazel Manning ACMA

Date 14th May 2025

**RENEW169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Notes to the accounts**

**1** These financial statements have been prepared on the receipts and payments basis.

**2** The movements on unrestricted and restricted funds during the year are:

	Brought forward at 01.01.24	Received	Paid	Transfers	Carried forward at 31.12.24
	£	£	£	£	£
Unrestricted	44,833	89,261	(61,828)	-	72,266
Restricted - unspent grants	3,337	7,500	(3,087)	-	7,750
	<u>48,170</u>	<u>96,761</u>	<u>(64,915)</u>	<u>-</u>	<u>80,016</u>

Other monetary assets - Tove client account (Unrestricted funds)	<u>1,040</u>
Total unrestricted funds	<u>73,306</u>

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
<b>3 Grants received</b>				
The National Lottery	79,139	-	79,139	-
West Northants Council	-	1,500	1,500	18,670
The Sudborough Foundation	-	-	-	3,000
Cecil Petit Foundation	-	-	-	2,990
Winter Wellbeing Fund	-	-	-	2,000
Albert Hunt	-	4,000	4,000	-
Constance Travis	-	2,000	2,000	-
Other grants	250	-	250	2,887
	<u>79,389</u>	<u>7,500</u>	<u>86,889</u>	<u>29,547</u>
<b>4 Donations received</b>				
Donations	4,687	-	4,687	5,302
Café sales	2,806	-	2,806	1,542
Gift Aid	525	-	525	-
Other	676	-	676	-
	<u>8,694</u>	<u>-</u>	<u>8,694</u>	<u>6,844</u>
<b>5 Events</b>				
Summer Fun Day	-	-	-	848
Coronation Tea	-	-	-	448
Other events	722	-	722	918
	<u>722</u>	<u>-</u>	<u>722</u>	<u>2,214</u>
<b>6 Investment income</b>				
Rental income	-	-	-	2,219
Bank interest	456	-	456	4
	<u>456</u>	<u>-</u>	<u>456</u>	<u>2,223</u>

**RENEW169 WELLBEING CAFÉ**  
**Year ended 31st December 2024**  
**Notes to the accounts (cont.)**

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
<b>7 Raising funds</b>				
Advertising and promotion	-	-	-	180
Event expenses	249	-	249	862
	249	-	249	1,042
<b>8 Charitable activities</b>				
Café costs				
Rent	10,000	-	10,000	10,664
Utilities	2,606	-	2,606	3,755
Premises expenses	861	-	861	573
Café sessions	526	860	1,386	531
	13,993	860	14,853	15,523
Reallocation of costs			-	-
	13,993	860	14,853	15,523
Wellbeing events	60	450	510	3,475
Signposting services	-	-	-	1,200
New equipment	-	-	-	559
Other	- 100	-	100	154
Donations made	1,748	1,137	2,886	-
Training	376	640	1,016	-
	16,077	3,087	19,164	20,911
<b>9 Management and administration</b>				
Staff costs	40,491	-	40,491	36,936
Counselling/safeguarding	-	-	-	1,142
Management	755	-	755	-
Telephone, wi-fi, stationery	1,267	-	1,267	1,379
Accountancy fees	898	-	898	1,003
Movement on Tove client account	-	-	-	(54)
Insurance	1,740	-	1,740	-
Other expenses	351	-	351	29
	45,502	-	45,502	40,435

**RENEW169 WELLBEING CAFE**

England & Wales - Charity number 1196631

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# Accounts

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CHARITY REGISTERED NUMBER : 1196631

# **RENEW169 WELLBEING CAFÉ**

**ANNUAL REPORT AND**

**STATEMENT OF ACCOUNTS**

**FOR THE YEAR ENDED 31ST DECEMBER 2023**

Tove Accountancy Ltd  
Office 6, Town Hall  
86 Watling Street East  
Towcester  
Northants  
NN12 6BS

## RENEW169 WELLBEING CAFÉ

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Registered Charity No.</b>	1196631
<b>Trustees</b>	L Patterson (Chair) D Reynolds C Hammett C Booth J Hunt E Thompson
<b>Correspondence Address</b>	Renew169 Wellbeing Café 169 Watling Street West Towcester, Northants NN12 6BX
<b>Registration</b>	17th November 2021 CIO
<b>Statement of Financial Activities</b>	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
<b>Independent Examiner</b>	Tove Accountancy Ltd Office 6, Town Hall 86 Watling Street East Towcester Northants NN12 6BS

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES**  
**FOR THE YEAR ENDED 31ST DECEMBER 2023**

### Objectives

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by
  - . preventing people from becoming socially excluded
  - . relieving the needs of those people who are socially excluded, and
  - . assisting them to integrate into society.For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society, as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

### Activities

**Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.**

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell,
- Help those with pre-existing conditions from getting worse,
- Provide activities based on the NHS Five-Ways-to-Wellbeing (Get Active, Connect, Give, Take Notice and Keep Learning),
- Provide Peer to Peer Support groups.

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises; Renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

### Financial Review

The net result for the year was a deficit of	£ 21,288
At the end of the year, Renew169 held cash of	£ 48,170
Representing unrestricted reserves of	£ 44,833
And restricted reserves of	£ 3,337

Renew169 is supported by a range of funders. We take care to ensure they receive maximum value for their generous donations. We would like to thank all the organisations, partners and individuals who have funded Renew169 during the year and we look forward to working with them in the future. We are grateful for their ongoing support, generosity and passion for the work that we do.

### Reserves Policy

The charity aims to maintain sufficient reserves to allow it to continue its activities in the next calendar year. This is primarily to meet rent and salary commitments, and to smooth out fluctuations in its cash flow.

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES (continued)**  
**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

**Governing document** Charitable Incorporated Organisation (CIO)

**Constitution** CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature C Hammett

Name Christopher Hammett

Date 27th March 2024

**INDEPENDENT EXAMINER'S REPORT TO THE  
TRUSTEES OF RENEW 169 WELLBEING CAFÉ**

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (The Trust) for the year ending 31st December 2023.

**Responsibilities and basis of report**

As the charity of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trusts's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent Examiner's Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with Section 130 of the Act; or
- 2) the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Donna Rowan Gold*

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Donna Rowan Gold

Dated 9th April 2024

For and on behalf of

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants NN12 6BS

## RENEW 169 WELLBEING CAFÉ

### Receipts and payments account

	Note	Unrestricted £	Restricted £	Total 2023 £	Total 2022 £
<b>RECEIPTS</b>					
Voluntary receipts					
Grants received	3	15,750	13,797	29,547	50,959
Donations	4	6,844		6,844	13,189
		<u>22,594</u>	<u>13,797</u>	<u>36,391</u>	<u>64,148</u>
Activities for generating funds					
Events	5	2,214	-	2,214	3,200
Investment income	6	2,223	-	2,223	5,320
Other		-	-	-	-
Total receipts (A)		<u>27,030</u>	<u>13,797</u>	<u>40,828</u>	<u>72,668</u>
<b>PAYMENTS</b>					
Raising funds	7	1,042	-	1,042	1,554
Charitable activities	8	8,251	12,660	20,911	30,845
Management and administration	9	40,435	-	40,435	33,382
Total payments (B)		<u>49,729</u>	<u>12,660</u>	<u>62,389</u>	<u>65,781</u>
Net receipts (A minus B)				(21,561)	6,887
Opening cash				69,458	62,571
Movement on client account				273	-
Cash at 31 December				48,170	69,458

## RENEW 169 WELLBEING CAFÉ

### Statement of assets and liabilities at 31st December 2023

	Total 2023	Total 2022
	£	£
<b>Cash funds</b>		
Bank current account	47,168	69,458
Bank deposit account	1,004	-
	<u>48,171</u>	<u>69,458</u>
<b>Other monetary assets</b>		
Debtors - Tove client account	771	1,044
	<u>771</u>	<u>1,044</u>
<b>Total</b>	<u>48,942</u>	<u>70,502</u>
<b>Represented by</b>		
Unrestricted funds	45,605	69,502
Restricted funds	3,337	1,000
Total funds	<u>48,942</u>	<u>70,502</u>
<b>Liabilities</b>		
Accountants fees	480	600
Other	512	662
	<u>992</u>	<u>1,262</u>

## RENEW 169 WELLBEING CAFÉ

### Notes to the accounts

1 These financial statements have been prepared on the receipts and payments basis.

2 The movements on unrestricted and restricted funds during the year are:

	Brought forward at 01.01.23	Received	Paid	Transfers	Carried forward at 31.12.23
	£	£	£	£	£
Unrestricted	68,458	27,358	(49,783)	- 1,200	44,833
Restricted - unspent grants	1,000	13,797	(12,660)	1,200	3,337
	<u>69,458</u>	<u>41,155</u>	<u>(62,443)</u>	<u>-</u>	<u>48,170</u>

Other monetary assets - Tove client account (Unrestricted funds)	<u>771</u>
Total unrestricted funds	<u>45,604</u>

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
<b>3 Grants received</b>				
West Northants Council	14,000	4,670	18,670	
The Sudborough Foundation	-	3,000	3,000	
Cecil Petit Foundation	-	2,990	2,990	
Winter Wellbeing Fund	-	2,000	2,000	
Other grants	1,750	1,137	2,887	50,959
	<u>15,750</u>	<u>13,797</u>	<u>29,547</u>	<u>50,959</u>
<b>4 Donations received</b>				
Donations	5,302	-	5,302	10,977
Café sales	1,542	-	1,542	2,212
	<u>6,844</u>	<u>-</u>	<u>6,844</u>	<u>13,189</u>
<b>5 Events</b>				
Summer Fun Day	848	-	848	
Coronation Tea	448	-	448	
Other events	918	-	918	3,200
	<u>2,214</u>	<u>-</u>	<u>2,214</u>	<u>3,200</u>
<b>6 Investment income</b>				
Rental income	2,219	-	2,219	5,350
Bank interest	4	-	4	-
	<u>2,223</u>	<u>-</u>	<u>2,223</u>	<u>5,350</u>

## RENEW 169 WELLBEING CAFÉ

### Notes to the accounts (cont.)

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
<b>7 Raising funds</b>				
Advertising and promotion	180	-	180	215
Event expenses	862	-	862	1,339
	<u>1,042</u>	<u>-</u>	<u>1,042</u>	<u>1,554</u>
<b>8 Charitable activities</b>				
Café costs				
Rent	10,664	-	10,664	12,345
Utilities	3,755	-	3,755	3,212
Premises expenses	573	-	573	2,731
Café sessions	531	-	531	7,560
	<u>15,523</u>	<u>-</u>	<u>15,523</u>	<u>25,848</u>
Reallocation of costs	- 8,016	8,016	-	-
	<u>7,507</u>	<u>8,016</u>	<u>15,523</u>	<u>25,848</u>
Wellbeing events	420	3,055	3,475	-
Signposting services	-	1,200	1,200	-
New equipment	170	389	559	1,798
Other	154	-	154	1,209
Schools work	-	-	-	1,250
Training	-	-	-	740
	<u>8,251</u>	<u>12,660</u>	<u>20,911</u>	<u>30,845</u>
<b>9 Management and administration</b>				
Staff costs	36,936	-	36,936	28,862
Counselling/safeguarding	1,143	-	1,143	-
Telephone, wi-fi, stationery	1,379	-	1,379	1,207
Accountancy fees	1,003	-	1,003	346
Movement on Tove client account	(54)	-	(54)	-
Insurance	-	-	-	1,420
Other expenses	29	-	29	1,547
	<u>40,435</u>	<u>-</u>	<u>40,435</u>	<u>33,382</u>

**RENEW169 WELLBEING CAFE**

England & Wales - Charity number 1196631

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# Accounts

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CHARITY REGISTERED NUMBER : 1196631

# **RENEW169 WELLBEING CAFÉ**

**ANNUAL REPORT AND**

**STATEMENT OF ACCOUNTS**

**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

Tove Accountancy Ltd  
Office 6, Town Hall  
86 Watling Street East  
Towcester  
Northants  
NN12 6BS

## RENEW169 WELLBEING CAFÉ

### LEGAL AND ADMINISTRATIVE INFORMATION

<b>Registered Charity No.</b>	1196631
<b>Trustees</b>	L Patterson (Chair) D Reynolds C Hammett C Booth J Hunt E Thompson
<b>Correspondence Address</b>	Renew169 Wellbeing Café 169 Watling Street West Towcester, Northants NN12 6BX
<b>Registration</b>	17th November 2021 CIO
<b>Statement of Financial Activities</b>	The attached receipts and payments accounts with accompanying notes set out a true and fair view of the finances of the charity for the period.
<b>Independent Examiner</b>	Tove Accountancy Ltd Office 6, Town Hall 86 Watling Street East Towcester Northants NN12 6BS

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES**  
**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

**Objectives and activities**

The objectives of the CIO, for the public benefit and in accordance with the Christian faith are:-

- To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.  
For the purpose of this clause, 'socially excluded' means being excluded from society or parts of society as a result of ill health (physical or mental)
- To provide or assist in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the objective of improving their conditions of life.

Renew169 provides a quiet shared space in the centre of Towcester where it's ok not to be ok. It is a place where staff and volunteers are fully available for anybody struggling with their mental health.

Renew169 offers a safe, supportive and welcoming environment to:-

- Help those who are isolated or lonely from becoming mentally unwell
- Help those with pre-existing conditions from getting worse
- Provide activities based on the NHS Five-ways-to-wellbeing (get active, connect, give, take notice and keep learning)
- Provide peer to peer support groups

Renew169 supports adults who are struggling with their mental and emotional health. Many of our visitors face other issues. These include poverty, food poverty, debt, disability and stigma. We seek to support anyone who visits our premises - renew169 is open to those of no faith or any faith. Our volunteers are trained to make sure that all visitors get the same high standard of service.

The number of people, with very different needs, accessing our service continues to grow. This has been influential in decision making as to where to expand and diversify our services and resources. For example, in 2022 we responded to Ukrainian refugees and their hosts by offering twice weekly sessions with a Ukrainian psychotherapist who had experience of trauma therapy. This service is continuing in 2023.

The trustees confirm they have complied with the duty in section 17 Charities Act 2011 to have due regard to the Charity Commission's guidance on public benefit.

**RENEW169 WELLBEING CAFÉ**  
**REPORT OF THE TRUSTEES (continued)**  
**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

**Governing document** Charitable Incorporated Organisation (CIO)

**Constitution** CIO - foundation registered 17th November 2021

Renew169's constitution allows the appointment of up to 9 trustees.

The following organisations may appoint up to 2 trustees each:-

- Tove Valley Baptist Fellowship
- St Lawrence Church, Towcester
- St Thomas More Catholic Church, Towcester
- Towcester Methodist Church

The trustees may also appoint a maximum of 2 trustees from the local community

**Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature C Hammett

Name Christopher Hammett

Date 27th March 2023

## **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RENEW169 WELLBEING CAFÉ**

I report to the trustees on my examination of the accounts of Renew169 Wellbeing Café (the Trust) for the period 17th November 2021 to 31st December 2022.

### **Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in accordance with section 130 of the Act; or
- 2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nadine Pickworth

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Nadine Pickworth (ACMA) (CGMA)

Dated 28/03/2023

For and on behalf of:

Tove Accountancy Ltd

Office 6, Town Hall, 86 Watling Street East, Towcester, Northants, NN12 6BS

**RENEW169 WELLBEING CAFE  
RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
<b>Receipts</b>				
Donations	6,977	4,000	10,977	0
Grants	50,959	0	50,959	0
Events	3,200	0	3,200	0
Café sales	2,212	0	2,212	0
Rental income	5,320	0	5,320	0
Other	0	0	0	0
<b>Total</b>	<b>68,668</b>	<b>4,000</b>	<b>72,668</b>	<b>0</b>
<b>Payments (note 2)</b>				
Raising funds	1,554	0	1,554	0
Charitable activities	29,295	1,550	30,845	0
Managing and administering the Charity	31,932	1,450	33,382	0
Other	0	0	0	0
<b>Total</b>	<b>62,781</b>	<b>3,000</b>	<b>65,781</b>	<b>0</b>
Net receipts	5,887	1,000	6,887	0
Transfers between funds	0	0	0	0
Funds brought forward	63,615	0	63,615	0
<b>Cash funds this year end</b>	<b>69,502</b>	<b>1,000</b>	<b>70,502</b>	<b>0</b>

**RENEW169 WELLBEING CAFE  
STATEMENT OF ASSETS AND LIABILITIES  
AS AT 31ST DECEMBER 2022**

	2022 £	2021 £
<b>Cash funds</b>		
Debtors	1,044	0
Bank	69,458	0
<b>Total</b>	<u><b>70,502</b></u>	<u><b>0</b></u>
<b>Represented by:</b>		
Unrestricted funds	69,502	0
Restricted Funds	1,000	0
<b>Total funds</b>	<u><b>70,502</b></u>	<u><b>0</b></u>
<b>Assets retained for the Charity's use</b>		
Equipment	0	0
Other	0	0
<b>Total</b>	<u><b>0</b></u>	<u><b>0</b></u>
<b>Liabilities</b>		
Accountant's fees	600	0
Other	662	0
<b>Total</b>	<u><b>1,262</b></u>	<u><b>0</b></u>

C Hammett

C Hammett

27/03/2023

Signature

Name

Date of approval

Signed on behalf of all the trustees

**RENEW169 WELLBEING CAFE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE PERIOD 17TH NOVEMBER 2021 TO 31ST DECEMBER 2022**

**1. Basis of accounting**

These accounts have been prepared under the "Receipts and Payments" basis in accordance with Charity Commission guidelines and legal requirements. These accounts have been prepared under the going concern concept.

**2. Payments**

	<b>2022</b>	<b>2022</b>	<b>2021</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>
	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Raising funds</b>			
Advertising and Promotion	215	0	0
Venue hire	1,339	0	0
Other	0	0	0
	<b>1,554</b>	<b>0</b>	<b>0</b>
<b>Charitable activities</b>			
Rent	12,345	0	0
Materials/equipment	1,798	0	0
Schools work	1,250	0	0
Sessions	7,560	0	0
Premises expenses	1,181	1,550	0
Utilities	3,212	0	0
Training and Seminars	740	0	0
Other	1,209	0	0
	<b>29,295</b>	<b>1,550</b>	<b>0</b>
<b>Managing and administering the Charity</b>			
Office Telephone, postage and stationery	1,207	0	0
Staff costs	27,412	1,450	0
Accountancy fees	346	0	0
Insurance	1,420	0	0
Other	1,547	0	0
	<b>31,932</b>	<b>1,450</b>	<b>0</b>
<b>Total payments</b>	<b>62,781</b>	<b>3,000</b>	<b>0</b>