



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 15th November 2021 Period start date To Period end date 31st March 2023

Charity name: Blossom – Health Through Activity

Charity registration number: 1196575

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education in the Manchester area mainly but not exclusively by providing year-round education, workshops, learning and provide a drop in to teach the public how to grow their own food, care for plants, garden maintenance, enjoyment of nature and being outside and have a positive impact on health and our carbon footprint by valuing local seasonal produce to connect people with food in the ground and demonstrate how to produce cheap nutritious meals to alleviate food and fuel poverty.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>RHS Northwest in Bloom Weekly Green Doctor sessions Holiday Activity Fund (HAF) 2021 HAF 2022 Weed and Feed Eat Well Move More YouTube cooking videos</p> <p>Workshops - Tomato Care Growing in small spaces Macrame Forest Bathing Gong Spa Meditation and Herbal Tea Foraging Horticulture Centre Opening Green Boxes Corporate Volunteering Social media engagement</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	The trustees have quarterly meetings to make sure they are up to date with all activities that are being done is in the public benefit.

Commission on public benefit		
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Blossom has a huge contribution from volunteers listed below. Which we wouldn't be able to function without them.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>RHS Northwest in Bloom - Achieved Level 4 Thriving</p> <p>Weekly Green Doctor sessions (Wednesday 1-4pm, Thursday 1-4pm, Saturday 10am-1pm) These sessions give volunteers a place to come and relax with some gardening but also to talk about their lives and any problems / anxieties they may have. We also had a night session to give people who can't come during the day to attend. This was on a Wednesday evening 5pm - 7pm. We have 58 different volunteers coming to the centre across the 4 sessions.</p> <p>Holiday Activity Fund (HAF) 2021 - Blossom designed recipe books given out, 8400, each containing 16 clear and simple to cook, one pot recipes. These were given</p>

		<p>to HAF attendees to help people to understand about eating healthier and cooking simple recipes.</p> <p>HAF 2022 - Little Green Boxes - 750 of these were given out to children attending the summer activity at the Horticulture Centre, Wythenshawe Park. The boxes contained everything they needed to take part in the green trails across the parks.</p> <p>Scheme Support Guide - We created and designed a guide to Eating Healthy Food. We provided and delivered resources to 98 HAF schemes across Manchester. Information and advice were given at the same time as delivery.</p> <p>Level 2 Food Hygiene Certificate - 47 staff members from Manchester schemes have requested to undertake the Level 2 Food Hygiene Certificate</p> <p>Weed and Feed We invited 25 students from Manchester University to come along and help with weeding the horticulture centre. We gave them lunch and a chance to talk and be themselves. These were overseas students who weren't able to go home for half term.</p> <p>Eat Well Move More - In partnership with Manchester Local Care Organisation, 10 week program working with 5 families from Benchill School. Cooking with parents with physical activity sessions for the children.</p> <p>YouTube cooking videos - We worked with a professional film maker to provide 28 cooking videos. These are easy to follow, simple recipes. These videos were to help those with poor reading skills or people who English is not their first language.</p> <p>Workshops - Train the trainer - 24 attendees over 2 days Tomato Care - 10 attendees Forest Bathing - 5 attendees Growing in small spaces - 18 attendees Macrame - 10 attendees Gong Spa - 13 attendees Meditation and Herbal Tea - 9 attendees Foraging - 15 attendees We put on the above workshops and invited the local residents to come along and join in. We have had really good</p>
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		<p>feedback regarding all the workshops.</p> <p>Horticulture Centre Opening The centre belongs to Manchester City Council (MCC) and was closed for 3 years due to pandemic. Local residents were keen to see it reopen but MCC did not have the resources. We secured funding from One Manchester to employ 5 local people to open the centre to allow residents access to this wonderful resource again. Since reopening we have had 3328 visitors to the centre.</p> <p>Halloween - As part of our commitment to the Horticulture Centre we held a Halloween event with activities, face painting with soup brownies available. We provided 120 children with their face painted, 190 portions of soup and 90 brownies.</p> <p>Corporate Volunteering Corporate volunteering helps companies to give their employees the opportunity to help out in the community whilst helping their own mental health. We have had 13 different companies bringing 305 volunteers to work within the park. They have helped with all aspects of the park and not just the horticulture centre.</p> <p>Social media engagement - 570 followers on Twitter, 198 followers on Facebook, 244 followers on Instagram and 33 subscribers on YouTube. On average we gain a 5% engagement rate on Twitter, this is great as an engagement rate above 1% is considered good for small organisations. Our Facebook page has gained over 11,000 page views within the last year with 54% being from Manchester. On Instagram we have an average engagement rate of 10% per post, (a good engagement rate for Instagram is at about 3%). We have recently started using Eventbrite to facilitate workshops and events, from September we have gained 45 followers. We have made great progress in reaching our audience over social media and have clear plans on how to continue growing our digital presence.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Barclays Bank £50,642.40 Co-Op Bank £7335.10 Petty Cash £2.40
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have reserves so we can carry forward our activities in the next financial year.
Amount of reserves held	Para 1.22	£57,977
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants, Corporate Donations, public donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee selection method is by invitation only.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Blossom - Health through Activity
Other name the charity uses	
Registered charity number	1196575
Charity's principal address	The Pavillion, Wythenshawe Park, Wythenshawe Road, M23 0AB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rachel Harding	Chair		
2	Sandra McNicholls	Treasurer		
3	Mary Monaghan			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information


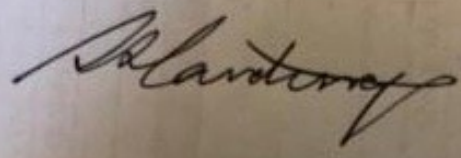
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Sandra McNicholls	Rachel Harding
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Position (eg Secretary,
Chair, etc)

Treasurer	Chair
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Date

9/11/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Blossom Health Through Activity

1196575

Receipts and payments accounts

CC16a

For the period
from

15-Nov-21

To

31-Mar-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	39,442	111,327	-	150,769	-
Donations	5,722	6,417	-	12,139	-
Fundraising + Other	6	252	-	258	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	45,170	117,996	-	163,166	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	45,170	117,996	-	163,166	-
A3 Payments					
Salaries	-	22,572	-	22,572	-
NI & PAYE	-	837	-	837	-
Direct Costs	4,143	79,530	-	83,673	-
Nest Pension	-	46	-	46	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,143	102,985	-	107,128	-
A4 Asset and investment purchases, (see table)					
Computer Equipment	2,808	-	-	2,808	-
Other Equipment	5,430	-	-	5,430	-
	-	-	-	-	-
Sub total	8,238	-	-	8,238	-
Total payments	12,381	102,985	-	115,366	-
Net of receipts/(payments)	32,789	15,011	-	47,800	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	32,789	15,011	-	47,800	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Donation	2	-	-
		-	-	-
		-	-	-
	Total cash funds	2	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Computer Equipment		2,808	-
	Other Equipment		5,023	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sandra McNicholls	11/3/2023



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Blossom – Health Through Activity

On accounts for the year
ended

31st March 2023

Charity no
(if any)

1196575

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Tyler Lappage

Date:

02/11/2023

Name:

Tyler Lappage

Relevant professional
qualification(s) or body
(if any):

Association of Certified Chartered Accountants

Address:

Nabarro Poole Ltd.

31 Church Road

Manchester, M22 4NN

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.