

BLOSSOM - HEALTH THROUGH ACTIVITY

England & Wales · Charity number 1196575

Details

Other names BLOSSOM, BLOSSOM HEALTH THROUGH ACTIVITY

Status Registered

Legal form CIO

Registered 2021-11-15

Register [View on the Charity Commission register](#)

Contact

Address Horticulture Centre
Wythenshawe Park
Wythenshawe Road
Manchester
M23 0AB

Phone 07468309111

Email info@blossom-mcr.co.uk

Website www.blossom-mcr.co.uk

Activities

Objects: "TO ADVANCE EDUCATION IN THE MANCHESTER AREA MAINLY BUT NOT EXCLUSIVELY BY PROVIDING YEAR-ROUND EDUCATION, WORKSHOPS, LEARNING AND PROVIDE A DROP IN TO TEACH THE PUBLIC HOW TO GROW THEIR OWN FOOD, CARE FOR PLANTS, GARDEN MAINTENANCE, ENJOYMENT OF NATURE AND BEING OUTSIDE AND HAVE A POSITIVE IMPACT ON HEALTH AND OUR CARBON FOOTPRINT BY VALUING LOCAL SEASONAL PRODUCE TO CONNECT PEOPLE WITH FOOD IN THE GROUND AND DEMONSTRATE HOW TO PRODUCE CHEAP NUTRITIOUS MEALS TO ALLEVIATE FOOD AND FUEL POVERTY."

Activities: TO ADVANCE EDUCATION IN THE MANCHESTER AREA MAINLY BUT NOT EXCLUSIVELY BY PROVIDING YEAR-ROUND EDUCATION, WORKSHOPS, LEARNING AND PROVIDE A DROP IN TO TEACH THE PUBLIC HOW TO GROW THEIR OWN FOOD, CARE FOR PLANTS, GARDEN MAINTENANCE, ENJOYMENT OF NATURE AND BEING OUTSIDE AND HAVE A POSITIVE IMPACT ON HEALTH AND OUR CARBON FOOTPRINT BY VALUING LOCAL SEASONAL PRODUCE TO CONNECT PEOPLE WITH FOOD IN TH

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Manchester City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£102,016	£73,788	-	-
2024-03-31	£77,246	£89,018	-	-
2023-03-31	£163,166	£115,904	-	-

Trustees

Name	Role	Appointed
Anna Lorimer		2024-12-17
Frederick Leatherbarrow		2024-11-04
Sandra McNicholls		2021-06-30

BLOSSOM - HEALTH THROUGH ACTIVITY

England & Wales - Charity number 1196575

Accounts



Trustees' Annual Report for the period

Period start date: From 01 April 2024 **to Period end date:** 31 March 2025

Charity name: Blossom – Health Through Activity

Charity registration number: 1196575

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	S	To advance education in the Manchester area mainly but not exclusively by providing year-round education, workshops, learning and provide a drop in to teach the public how to grow their own food, care for plants, garden maintenance, enjoyment of nature and being outside and have a positive impact on health and our carbon footprint by valuing local seasonal produce to connect people with food in the ground and demonstrate how to produce cheap nutritious meals to alleviate food and fuel poverty.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none"> • A grant from the Post Code Lottery for core funding has enabled the charity to continue to offer well-being, growing and cooking activities in the Horticultural Centre year-round. • 3 x Green Doctor sessions offered weekly. • Various activities delivered to children during school holidays on behalf of MCC (Manchester City Council) in the park. • Growing workshops delivered on behalf of We Love Manchester in the Horticultural Centre. • Wythenshawe Games – Blossom stand delivered growing activities. • Weekly Walking Group supported. <p>Cooking</p> <ul style="list-style-type: none"> • Fuel Reducing cooking workshops were delivered in the community and in the Horticultural Centre. Food growing opportunities, including opportunities to grow the food used

in the cooking sessions were offered in the Horticultural Centre. The cooking and growing activities were delivered on behalf of MCC to support residents experiencing difficulties due to the cost-of-living crisis. Fuel reducing appliances were used during the cooking sessions.

- Additional cooking and growing sessions were delivered in the park and the community on behalf of MCC to support their food insecurity initiatives/targets.
- Cooking workshops and food growing workshops were delivered to tenants of WCHG (Wythenshawe Community Housing Group) and residents of the wider community on behalf of WCHG in the park and in community venues.
- How to cook courses were delivered in the community on behalf of MAES (Manchester Adult Education Services).
- Cooking workshop delivered at Wythenshawe Forum on behalf of Age Concern. The session covered fuel reducing appliances and the benefits of batch cooking.
- Eat Well Move More sessions were delivered weekly to parents of children attending Pioneer House SEND school in collaboration with the NHS.
- Healthy cooking sessions were delivered to children aged 8 and above on behalf of Crossacres Family Hub at their venue in the community.
- Healthy eating cooking sessions were delivered for parents on behalf of Woodhouse Park Family Centre at their venue in the community.

Individual Workshops

Growing workshops: -

- Tomato care
- Chilli Growing
- Orchid care
- Cactus & succulent plant care
- Plant Hospital
- Wreath Making
- Growing in small spaces
- Introduction to Food Growing

Wellbeing workshops: -

		<ul style="list-style-type: none"> • Forest Bathing • Natures Medicine Chest • Meditation and Herbal Tea • Foraging • In the Night Garden <p>Cooking workshops: -</p> <ul style="list-style-type: none"> • Age Friendly Network • Fuel reducing • Cost of Living • Food insecurity • Healthy Eating
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have quarterly meetings to make sure they are up to date with all activities and to ensure they are being carried out for the benefit of the public.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/A
Policy on social investment including program related investment	Para 1.38	N/A
Contribution made by volunteers	Para 1.38	Blossom has a huge contribution from its regular volunteers and corporate volunteers; we wouldn't be able to deliver all we offer without their support.
Other		

Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>4,528 volunteer hours completed</p> <p>1854 corporate volunteer hours completed</p> <p>13,264 visitors to the Horticultural Centre</p> <p>509 walkers supported</p> <p>RHS Northwest in Bloom - Achieved Level 5 Outstanding.</p> <p>Blossom asks for feedback from its volunteers and participants who attend cooking and growing workshops to ensure we are meeting their expectations and providing activities that can help to improve their financial circumstances, their mental health and diet.</p> <p>Feedback has shown that the charity's work has had a positive impact on the circumstances of many of its beneficiaries.</p> <p>The Wider Benefits of Getting Involved with Blossom:-</p> <p>For individuals who join us as a volunteer or take part in our activities, the impact can be life changing.</p> <p>Volunteering helps with:</p> <p>Pathways to Employment</p> <ul style="list-style-type: none"> • Build transferable skills in food growing, cooking, and horticulture • Gain hands-on experience for CVs and job interviews • Meet new people and access local opportunities <p>Grow in Confidence</p> <ul style="list-style-type: none"> • Learn new things in a supportive, inclusive environment • Achieve small wins that boost self-esteem • Take pride in helping your community thrive <p>Save Money, Improve Health</p> <ul style="list-style-type: none"> • Learn how to grow your own food and cook affordable, healthy meals • Discover ways to stretch your family budget • Reduce reliance on processed or

expensive supermarket food

Feel Better, Sleep Better

- Spend time outdoors and connect with nature
- Reduce stress and anxiety
- Improve mood and sleep through physical activity and purposeful work

Evaluation has shown several volunteers have gained valuable skills, improved their self-confidence and have moved on to paid employment.

Feedback from participants at cooking sessions has been very positive; those attending cooking courses of 6 weeks or more have shared photos of newfound confidence in cooking sharing photos of their home cooked meals on social media and with other participants on the course. They have reported cooking with their children at home, enjoying mealtimes and saving money by cooking from scratch.

Cactus Society

3 members of the Cactus Society volunteer in the Horticultural Centre each week; they have willingly shared their expert knowledge with volunteers and the public.

Weekly Green Doctor sessions

Wednesday, Thursday and Saturday
1 to 4pm.

These sessions give volunteers a place to come and relax with some gardening and food growing but also to talk about their lives and any problems / anxieties they may have.

We have 58 different regular volunteers coming to the centre across the 3 sessions.

Holiday Activity

On behalf of MCC, Blossom delivered drop in workshops with activities for children in the Horticultural Centre.

Big Spring Clean-up

Blossom hosted MCC staff volunteers who donated 20 hours of their time to clean up

activities. Positive action, pride in the community!

Wednesday Walking Group

Wednesday Walking Group – approx. 12 walkers each week. Gentle exercise, enjoying green spaces, social time and new friendships. Always followed by a lovely cup of tea and biscuits from Liz, Blossom’s volunteer coordinator.

Eat Well Move More -

In partnership with Manchester Local Care Organisation, we delivered 1 x 10-week program working with families from Pioneer House Special Educational Needs School. Cooking with the parents and physical activity sessions for the children.

Manchester Adult Education Services - MAES

Blossom has delivered 2 x 6 weeks ‘How to cook’ courses in the community. 14 Attendees, all of whom were offered the option of a free online Level 2 Food Hygiene course.

Cooking

Cooking sessions were delivered using fuel reducing appliances and costed recipes to help participants to budget better and demonstrate how small changes in their diet can improve their health.

Workshops –

Spaces for 10 participants are offered for all cooking workshops.

Spaces for 15 participants are offered for all growing workshops.

Spaces for 10 participants are offered for all well-being workshops.

Spaces for 25 participants are offered for all children workshops.

Blossom staff delivered most workshops in the park, when required specialist practitioners were engaged. The workshops were advertised on social media, on Eventbrite and in the park; the local residents were encouraged to come along and join in. We have had really good feedback regarding all the workshops.

Blossom regularly attends Community Connector events in the community to forge relationships and promote the work we do here in the park and in the community.

Corporate Volunteering

Corporate volunteering helps companies to give their employees the opportunity to help out in the community whilst helping their own mental health. They have helped with all aspects of the park and not just the Horticulture Centre.

Growing in the Community workshops

Workshops have been delivered on behalf of MCC and WCHG in the community to residents free of charge in the spring and summer which were well attended.

Cooking in the Community Workshops

- Cooking sessions using fuel reducing appliances delivered at community venues across Wythenshawe. 10 attendees per session
- 50 attendees received free larder bags with basic store cupboard ingredients.

The Firs Manchester University Plant Science Department.

Blossom continues to collaborate with senior staff from the Firs to work together to improve facilities at both sites. Manchester University are planning on pursuing Botanical Garden Status. Discussions are ongoing.

Social media engagement –

770 followers on x (formerly Twitter)
621 followers on Facebook
853 followers on Instagram
55 subscribers on YouTube
557 TikTok

We use Eventbrite to facilitate workshops and events.

We have made great progress in reaching our audience over social media and have clear plans on how to continue growing our

		digital presence.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	Blossom continues to apply for funding monthly. £102,030 was brought in from grants, donations, fundraising and other.
Investment performance against objectives	Para 1.41	N/A
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Barclays Bank £1,384 Co-op Bank £62,335 Petty Cash £2
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have reserves so we can carry forward our activities in the next financial year.
Amount of reserves held	Para 1.22	£63,719
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants, Corporate Donations, public donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee selection method is by invitation only.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Blossom - Health through Activity
Other name the charity uses	
Registered charity number	1196575
Charity's principal address	The Pavilion, Wythenshawe Park, Wythenshawe Rd, M23 0AB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Fred Leatherbarrow	Chair		
2	Sandra McNicholls	Treasurer		
3	Anna Lorimer	Trustee		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sandra McNicholls	Fred Leatherbarrow
Position (eg Secretary, Chair, etc)	Treasurer	Chair
Date	31 July 2025	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Blossom Health Through Activity

1196575

Receipts and payments accounts

CC16a

For the period from	1-Apr-24	To	31-Mar-25
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	76,209		-	76,209	56,314
Donations	23,349		-	23,349	17,390
Fundraising + Other	2,458		-	2,458	3,542
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	102,016	-	-	102,016	77,246
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	102,016	-	-	102,016	77,246
A3 Payments					
Salaries	52,321		-	52,321	45,943
NI & PAYE	5,629		-	5,629	3,828
Direct Costs	13,760		-	13,760	36,451
Pension contributions	2,078		-	2,078	1,454
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	73,788	-	-	73,788	87,676
A4 Asset and investment purchases, (see table)					
Computer equipment		-	-	-	-
Other Equipment		-	-	-	1,342
Sub total	-	-	-	-	1,342
Total payments	-	-	-	73,788	89,018
Net of receipts/(payments)	28,228	-	-	28,228	11,772
A5 Transfers between funds		-	-	-	-
A6 Cash funds last year end		-	-	-	-
Cash funds this year end	63,719	-	-	63,719	35,490

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Donation	2	-	-
		-	-	-
		-	-	-
	Total cash funds	2	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None		-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None			
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	2023 Computer Equipment		2,808	1,000
	2023 Other Equipment		5,023	2,500
	2023 Mobile Sink - Correction		407	
	2024 Display Panels		864	-
	2024 Mobile Sink		478	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

	Print Name	Date of approval
	Sandra McNicholls	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/ members of

Charity Name

Blossom – Health Through Activity

On accounts for the year ended

31st March 2025

Charity no (if any)

1196575

Set out on pages

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed:

Tyler Lappage

Date:

25/07/2025

Name:

Tyler Lappage

Relevant professional qualification(s) or body (if any):

Fellow of Association of Certified Chartered Accountants
IER

Address:

Nabarro Poole Ltd.

31 Church Road

Manchester, M22 4NN

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

BLOSSOM - HEALTH THROUGH ACTIVITY

England & Wales - Charity number 1196575

Accounts



Trustees' Annual Report for the period

Period start date: From 01 April 2023 **To Period end date:** 31 March 2024

Charity name: Blossom – Health Through Activity

Charity registration number: 1196575

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education in the Manchester area mainly but not exclusively by providing year-round education, workshops, learning and provide a drop in to teach the public how to grow their own food, care for plants, garden maintenance, enjoyment of nature and being outside and have a positive impact on health and our carbon footprint by valuing local seasonal produce to connect people with food in the ground and demonstrate how to produce cheap nutritious meals to alleviate food and fuel poverty.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ul style="list-style-type: none"> • RHS Northwest in Bloom • Weekly Green Doctor sessions • Holiday Activity Fund (HAF) 2023 on behalf of MCC • Hosting weekly Walking Group • Eat Well Move More • Manchester Adult Education Services MAES - How to cook courses. • Growing workshop at Factory International <p>Workshops -</p> <ul style="list-style-type: none"> • Tomato Care • Orchid Care • Growing in small spaces • Forest Bathing • Gong Spa • Meditation and Herbal Tea • Foraging • Aroma Stones • Chilli Growing Workshop • Age Friendly Network cooking workshop
Statement confirming	Para 1.18	The trustees have quarterly meetings to

whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit		make sure they are up to date with all activities that are being done is in the public benefit.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Blossom has a huge contribution from volunteers listed below; we wouldn't be able to deliver all we offer without their support.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Volunteer Hours 4206</p> <p>Visitors to Horticultural Centre 12,724</p> <p>RHS Northwest in Bloom - Achieved Level 5 Outstanding</p> <p>Weekly Green Doctor sessions Wednesday, Thursday and Saturday 1 to 4pm. These sessions give volunteers a place to come and relax with some gardening but also to talk about their lives and any problems / anxieties they may have. We have 58 different volunteers coming to the centre across the 3 sessions.</p> <p>Holiday Activity Fund (HAF) 2023 On behalf of Manchester City Council Blossom delivered 4 workshops with activities for 100 children in the Horticultural Centre. The children were provided with a healthy lunch.</p>

Big Spring Clean-up

Blossom hosted Manchester City Council staff volunteers who donated 20 hours of their time to clean up activities. Positive action, pride in the community!

Wednesday Walking Group

Wednesday Walking Group – approx. 12 attendances each from the walking group. Gentle exercise, enjoying green spaces, social time and new friendships. Always followed by a lovely cup of tea and biscuits from Liz, Blossom's volunteer coordinator.

Eat Well Move More -

In partnership with Manchester Local Care Organisation, we delivered 2 x 10-week programs working with families from Haveley Hey School and The Willows. Cooking with the parents and physical activity sessions for the children.

Manchester Adult Education Services - MAES

Blossom has delivered 2 x 6 weeks 'How to cook' courses in the community. 14 Attendees, all of whom were offered the option of a free online Level 2 Food Hygiene course.

Cooking with Fuel Reducing Appliances

12 Cooking on a budget workshops using fuel saving appliances were delivered in the community, each participant was given either an air fryer or a slow cooker and a larger bag containing store cupboard ingredients. 120 families benefitted from this programme.

Workshops –

Tomato Care - 15 attendees.

Orchid Care - 15 attendees

Tropical Plant Care – 10 attendees

Forest Bathing - 10 attendees.

Growing in small spaces - 18 attendees

Gong Spa - 30 attendees

Meditation and Herbal Tea - 9 attendees

Foraging - 15 attendees

Herbal First Aid - 10 attendees

Aroma Stones - 5 attendees

Introduction to food growing - 15 attendees.

Halloween - Eco craft activities for 105 children

Blossom staff delivered most workshops in the park, when required specialist practitioners were engaged. The workshops were advertised on social media, on Eventbrite and in the park; the local residents were encouraged to come along and join in. We have had really good feedback regarding all the workshops.

Horticulture Centre – new accessible path installation

The centre belongs to the people of Manchester and is maintained by Manchester City Council (MCC) Enjoyed by thousands of visitors to the park each year. We secured Green Spaces funding to install a new accessible path throughout the Horticultural Centre allowing people with mobility issues full access to this wonderful facility.

Visitors to Horticultural Centre 2344

Corporate Volunteering

Corporate volunteering helps companies to give their employees the opportunity to help out in the community whilst helping their own mental health. We have had 11 different companies delivering 1521 volunteer hours of work within the park. They have helped with all aspects of the park and not just the horticulture centre.

New defibrillator

Blossom was successful in a funding bid to install a new defibrillator sited on the pavilion building next to the tennis courts. The defibrillator is on the regional network system so that local health professionals will be aware of its existence.

Growing in the Community workshops

- 2 workshops delivered on behalf of Manchester City Council South Neighbourhood team in community spaces. 15 attendees to each.
- Factory International
- Community Connector event for Climate Change.

Bloomtown - Experience the joy of Blossom

in the City with the National Trust Bridgewater.

Blossom hosted a visit for the Bridgewater project in February to explore our parallel aims to support nature in the city. As a consequence, Wythenshawe Park is in their Bloomtown guide.

Cooking in the Community Workshops

- Diabetes event at Benchill Community Centre in collaboration with the NHS.
- 12 cooking sessions using fuel reducing appliances delivered at community venues across Wythenshawe. 10 attendees per session each receiving a free fuel reducing appliance and a larger bag with basic store cupboard ingredients.
- Cooking session delivered to Age Friendly Network using a fuel reducing appliance.

Green Space Funding event at Manchester Museum 14th March 2024

Blossom attended the celebration event with Andy Burnham and lots of other successful Green activists to celebrate achievements and share stories and test ideas for future greening and protecting biodiversity.

The Firs Manchester University Plant Science Department.

Blossom met with senior staff from the Firs, here at the Horticultural Centre to discuss the idea for a member of our horticultural staff ('cross pollinator') to work across the two sites. MU are planning on pursuing Botanical Garden Status. Discussions are ongoing.

Social Prescribing

The Big Life group (BeWell) has funded a 15 places for referrals to Blossom.

Social media engagement –

570 followers on x (formerly Twitter)
517 followers on Facebook

		<p>244 followers on Instagram 54 subscribers on YouTube</p> <p>We use Eventbrite to facilitate workshops and events.</p> <p>We have made great progress in reaching our audience over social media and have clear plans on how to continue growing our digital presence.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	Blossom continues to apply for funding monthly. £77,246 was brought in from grants, donations, fundraising and other.
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Barclays Bank £129.84 Co-Op Bank £35,360.37 Petty Cash £2.40
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have reserves so we can carry forward our activities in the next financial year.
Amount of reserves held	Para 1.22	£35,492.61
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants, Corporate Donations, public donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee selection method is by invitation only.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Blossom - Health through Activity
Other name the charity uses	
Registered charity number	1196575
Charity's principal address	The Pavilion, Wythenshawe Park, Wythenshawe Rd, M23 0AB

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

--	--

Full name(s)

Sandra McNicholls

Rachel Harding

Position (eg Secretary,
Chair, etc)

Treasurer

Chair

Date

--



CHARITY COMMISSION
FOR ENGLAND AND WALES

Blossom Health Through Activity

1196575

Receipts and payments accounts

CC16a

For the period
from

1-Apr-23

To

31-Mar-24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	56,314		-	56,314	150,769
Donations	17,390		-	17,390	12,139
Fundraising + Other	3,542		-	3,542	258
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	77,246	-	-	77,246	163,166
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	77,246	-	-	77,246	163,166
A3 Payments					
Salaries	45,943		-	45,943	22,572
NI & PAYE	3,828		-	3,828	837
Direct Costs	36,451		-	36,451	83,673
Pension contributions	1,454		-	1,454	46
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	87,676	-	-	87,676	107,128
A4 Asset and investment purchases, (see table)					
Computer equipment		-	-	-	2,808
Other Equipment	1,342	-	-	1,342	5,430
Sub total	1,342	-	-	1,342	8,238
Total payments	-	-	-	89,018	115,366
Net of receipts/(payments)	-	-	-	11,772	47,800
A5 Transfers between funds		-	-	-	-
A6 Cash funds last year end		-	-	-	-
Cash funds this year end		-	-	35,490	47,800

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Donation	2	-	-
		-	-	-
		-	-	-
	Total cash funds	2	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None		-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None			
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)	
B4 Assets retained for the charity's own use	2023 Computer Equipment		2,808	1,800	
	2023 Other Equipment		5,023	3,000	
	2023 Mobile Sink - Correction		407	-	
	2024 Display Panels		864	-	
	2024 Mobile Sink		478	-	
				-	-
				-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

	Print Name Sandra McNicholls	Date of approval 7/15/2024
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Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Blossom – Health Through Activity

**On accounts for the year
ended**

31st March 2024

**Charity no
(if any)**

1196575

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Tyler Lappage

Date:

15/07/2024

Name:

Tyler Lappage

**Relevant professional
qualification(s) or body
(if any):**

Association of Certified Chartered Accountants

Address:

Nabarro Poole Ltd.

31 Church Road

Manchester, M22 4NN

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

BLOSSOM - HEALTH THROUGH ACTIVITY

England & Wales - Charity number 1196575

Accounts



Trustees' Annual Report for the period

From 15th November 2021 Period start date To Period end date 31st March 2023

Charity name: Blossom – Health Through Activity

Charity registration number: 1196575

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance education in the Manchester area mainly but not exclusively by providing year-round education, workshops, learning and provide a drop in to teach the public how to grow their own food, care for plants, garden maintenance, enjoyment of nature and being outside and have a positive impact on health and our carbon footprint by valuing local seasonal produce to connect people with food in the ground and demonstrate how to produce cheap nutritious meals to alleviate food and fuel poverty.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	RHS Northwest in Bloom Weekly Green Doctor sessions Holiday Activity Fund (HAF) 2021 HAF 2022 Weed and Feed Eat Well Move More YouTube cooking videos Workshops - Tomato Care Growing in small spaces Macrame Forest Bathing Gong Spa Meditation and Herbal Tea Foraging Horticulture Centre Opening Green Boxes Corporate Volunteering Social media engagement
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	The trustees have quarterly meetings to make sure they are up to date with all activities that are being done in the public benefit.

Commission on public benefit		
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Blossom has a huge contribution from volunteers listed below. Which we wouldn't be able to function without them.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>RHS Northwest in Bloom - Achieved Level 4 Thriving</p> <p>Weekly Green Doctor sessions (Wednesday 1-4pm, Thursday 1-4pm, Saturday 10am-1pm) These sessions give volunteers a place to come and relax with some gardening but also to talk about their lives and any problems / anxieties they may have. We also had a night session to give people who can't come during the day to attend. This was on a Wednesday evening 5pm - 7pm. We have 58 different volunteers coming to the centre across the 4 sessions.</p> <p>Holiday Activity Fund (HAF) 2021 - Blossom designed recipe books given out, 8400, each containing 16 clear and simple to cook, one pot recipes. These were given</p>

to HAF attendees to help people to understand about eating healthier and cooking simple recipes.

HAF 2022 -

Little Green Boxes - 750 of these were given out to children attending the summer activity at the Horticulture Centre, Wythenshawe Park. The boxes contained everything they needed to take part in the green trails across the parks.

Scheme Support Guide -

We created and designed a guide to Eating Healthy Food. We provided and delivered resources to 98 HAF schemes across Manchester. Information and advice were given at the same time as delivery.

Level 2 Food Hygiene Certificate -

47 staff members from Manchester schemes have requested to undertake the Level 2 Food Hygiene Certificate

Weed and Feed

We invited 25 students from Manchester University to come along and help with weeding the horticulture centre. We gave them lunch and a chance to talk and be themselves. These were overseas students who weren't able to go home for half term.

Eat Well Move More -

In partnership with Manchester Local Care Organisation, 10 week program working with 5 families from Benchill School. Cooking with parents with physical activity sessions for the children.

YouTube cooking videos -

We worked with a professional film maker to provide 28 cooking videos. These are easy to follow, simple recipes. These videos were to help those with poor reading skills or people who English is not their first language.

Workshops -

Train the trainer - 24 attendees over 2 days
Tomato Care - 10 attendees
Forest Bathing - 5 attendees
Growing in small spaces - 18 attendees
Macrame - 10 attendees
Gong Spa - 13 attendees
Meditation and Herbal Tea - 9 attendees
Foraging - 15 attendees
We put on the above workshops and invited the local residents to come along and join in. We have had really good

		<p>feedback regarding all the workshops.</p> <p>Horticulture Centre Opening The centre belongs to Manchester City Council (MCC) and was closed for 3 years due to pandemic. Local residents were keen to see it reopen but MCC did not have the resources. We secured funding from One Manchester to employ 5 local people to open the centre to allow residents access to this wonderful resource again. Since reopening we have had 3328 visitors to the centre.</p> <p>Halloween - As part of our commitment to the Horticulture Centre we held a Halloween event with activities, face painting with soup brownies available. We provided 120 children with their face painted, 190 portions of soup and 90 brownies.</p> <p>Corporate Volunteering Corporate volunteering helps companies to give their employees the opportunity to help out in the community whilst helping their own mental health. We have had 13 different companies bringing 305 volunteers to work within the park. They have helped with all aspects of the park and not just the horticulture centre.</p> <p>Social media engagement - 570 followers on Twitter, 198 followers on Facebook, 244 followers on Instagram and 33 subscribers on YouTube. On average we gain a 5% engagement rate on Twitter, this is great as an engagement rate above 1% is considered good for small organisations. Our Facebook page has gained over 11,000 page views within the last year with 54% being from Manchester. On Instagram we have an average engagement rate of 10% per post, (a good engagement rate for Instagram is at about 3%). We have recently started using Eventbrite to facilitate workshops and events, from September we have gained 45 followers. We have made great progress in reaching our audience over social media and have clear plans on how to continue growing our digital presence.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

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Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Barclays Bank £50,642.40 Co-Op Bank £7335.10 Petty Cash £2.40
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have reserves so we can carry forward our activities in the next financial year.
Amount of reserves held	Para 1.22	£57,977
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants, Corporate Donations, public donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustee selection method is by invitation only.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Blossom - Health through Activity
Other name the charity uses	
Registered charity number	1196575
Charity's principal address	The Pavillion, Wythenshawe Park, Wythenshawe Road, M23 0AB

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information


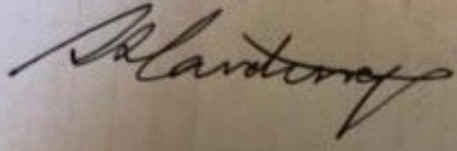
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Sandra McNicholls	Rachel Harding
-------------------	----------------

Position (eg Secretary,
Chair, etc)

Treasurer	Chair
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Date

9/11/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Blossom Health Through Activity

1196575

Receipts and payments accounts

CC16a

For the period
from

15-Nov-21

To

31-Mar-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	39,442	111,327	-	150,769	-
Donations	5,722	6,417	-	12,139	-
Fundraising + Other	6	252	-	258	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	45,170	117,996	-	163,166	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	45,170	117,996	-	163,166	-
A3 Payments					
Salaries	-	22,572	-	22,572	-
NI & PAYE	-	837	-	837	-
Direct Costs	4,143	79,530	-	83,673	-
Nest Pension	-	46	-	46	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,143	102,985	-	107,128	-
A4 Asset and investment purchases, (see table)					
Computer Equipment	2,808	-	-	2,808	-
Other Equipment	5,430	-	-	5,430	-
	-	-	-	-	-
Sub total	8,238	-	-	8,238	-
Total payments	12,381	102,985	-	115,366	-
Net of receipts/(payments)	32,789	15,011	-	47,800	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	32,789	15,011	-	47,800	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Donation	2	-	-
		-	-	-
		-	-	-
	Total cash funds	2	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Computer Equipment		2,808	-
	Other Equipment		5,023	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sandra McNicholls	11/3/2023



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Blossom – Health Through Activity

**On accounts for the year
ended**

31st March 2023

**Charity no
(if any)**

1196575

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Tyler Lappage

Date:

02/11/2023

Name:

Tyler Lappage

**Relevant professional
qualification(s) or body
(if any):**

Association of Certified Chartered Accountants

Address:

Nabarro Poole Ltd.

31 Church Road

Manchester, M22 4NN

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.