

SUNRISE AFTER CANCER – Charity no 1196557

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 DECEMBER 2023

I report on the accounts of the charity for the year ended 31 December 2023.

Respective Responsibilities of Trustees and Independent Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.

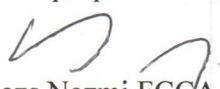
Basis of Independent Examiner's Statement

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met;
- or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Balazs Nezmi FCCA
Js&Co Accountant Ltd
26 Theydon Road
London
E5 9NA

21st March 2024

Annual Account
01 January - 31 December 2023
Sunrise After Cancer
1196557



For the period from 01-Jan-23		To 31-Dec-23
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Income

Details	Restricted funds	Unrestricted funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
Balance B/F	£ -	£ -	£ -	-
Donation	£ -	£ 11,100.00	£ 11,100.00	-
Grant	£ 16,380.00	£ -	£ 16,380.00	-
-	£ -	£ -	£ -	-
A. Total Income	£ 16,380.00	£ 11,100.00	£ 27,480.00	£ -

Expenditure

Details	Restricted funds	Unrestricted funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
-	£ -	£ -	£ -	-
Governance Costs	£ -	£ 114.00	£ 114.00	-
Activity Costs	£ 16,380.00	£ -	£ 16,380.00	-
-	£ -	£ -	£ -	-
B. Total Expenditure	£ 16,380.00	£ 114.00	£ 16,494.00	-

Net Incoming Resources (A-B)

Details	Restricted funds	Unrestricted funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A-B Total Net	£ -	£ 10,986.00	£ 10,986.00	-
Funds at End Of Year	£ -	£ 10,986.00	£ 10,986.00	-

These Financial statements were approved by an Accountant on the And Signed

These Financial statements were approved by the members of the committee on the
and is signed on their behalf by:

Mrs Mirjam Sharf *M. Sharf* Chair
27/02/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 01 January 2023
To Period end date 31 December 2023

Charity name: Sunrise After Cancer

Charity registration number:

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Sunrise is to support both cancer survivors and their families as well as those who unfortunately experienced a bereavement of a loved one due to cancer. Through the provision of practical financial needs and emotional support that help them continue onwards in life.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>What the charity does:</p> <ul style="list-style-type: none">• General Charitable Purposes• The Advancement Of Health Or Saving Of Lives• Disability <p>Who the charity helps:</p> <ul style="list-style-type: none">• Children/young People• Elderly/old People• People With Disabilities• Other Charities Or Voluntary Bodies <p>How the charity helps:</p> <ul style="list-style-type: none">• Makes Grants To Individuals• Makes Grants To Organisations• Provides Services• Provides Advocacy/advice/information• Acts As An Umbrella Or Resource Body
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	It is a legal requirement for trustees of charities in the UK to have regard to the guidance issued by the Charity Commission on public benefit. The guidance outlines the legal requirements and expectations for charities to demonstrate public benefit in their activities and operations. Trustees have a duty to act in

		the best interests of the charity, and this includes ensuring that the charity is operating in accordance with its charitable purposes and providing public benefit. Therefore, it is expected that trustees have taken the Charity Commission guidance on public benefit into account when making decisions and carrying out their duties. All current trustees of the charity agree to and understand the above in acting in the charities, best interests.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity has achieved significant progress in developing the services and welcoming the new cancer survivors in a safe environment for their needs. The incorporation of our excellent services provides a supportive and accessible place where those that have been affected by cancer can reach the emotional and physical care whilst being able to reach and socialize with others who have been through their experience. Through this year's development of the charity, we have provided opportunities for the users to engage in sport activities that promote their physical, cognitive, and emotional well-being. The accessible bike riding gave these vulnerable adults time to engage in physical activity, and fresh air, while the support worker directed and signposted the beneficiaries to their individual relief and care plan needed for their wellbeing. We set up support sessions that provides a safe and stimulating environment for healing and socialization. The charity's efforts in developing have helped to address the barriers for people coming out of a cancer crisis. They often face hardships in accessing appropriate support and activities. By creating our support that is tailored to their needs, the charity has made a significant contribution to the health, happiness, and development of these people. Overall, the charity's achievements in developing the emotional and physical wellbeing of cancer survivors have had a positive impact on their lives and their families, providing them with supportive and inclusive services where they can thrive.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is financially stable in paying for the costs of running and maintaining the services provided. We have a running project funded from Sport England for bike riding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves are kept in the charities bank account and monitored by the trustees and the treasurer.
Amount of reserves held	Para 1.22	£10,986
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity receives funds from grant applications and community donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		Unrestricted Trust: An unrestricted trust is a trust in which the funds can be used by the charity for any purpose, subject to the charity's governing document.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment by existing trustees: This method involves existing trustees appointing new trustees to fill vacancies on the board. This could be done through an interview process or by nomination.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Procedures are in place for recruitment of trustees, DBS completed, induction and responsibilities.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee: (a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and Page 6 (b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to: (i) any special knowledge or experience that he or she has or holds himself or herself out as having; and, (ii) if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Sunrise After Cancer
Other name the charity uses	
Registered charity number	1196557
Charity's principal address	278 CRAVEN PARK ROAD LONDON N15 6AE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mirjam Sharf			
2	Moses Schreiber			
3	Schraga Schapira			
4				
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7				
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9				
10				
11				
12				
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	M Sharf	
Full name(s)	Mirjam Sharf	
Position (eg Secretary, Chair, etc)	Chair	
Date	18 January 2024	