

# SUNRISE AFTER CANCER

England & Wales · Charity number 1196557

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2021-11-12

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 278 Craven Park Road  
London  
N15 6AE

**Phone** 07815885329

**Email** [sunriseaftercancer@gmail.com](mailto:sunriseaftercancer@gmail.com)

## Activities

---

**Objects:** TO SUPPORT PRESERVE AND PROTECT THE HEALTH OF CANCER SURVIVORS AND THEIR FAMILIES AND THE HEALTH OF FAMILIES BEREAVED BY CANCER BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES, PRACTICAL AND EMOTIONAL SUPPORT, GUIDANCE AND THERAPY TO ENABLE SUCH PERSONS TO REBUILD THEIR LIVES WHILST RECOVERING FROM THE EFFECTS AND TRAUMAS THAT ILLNESS BRINGS.

**Activities:** Sunrise After Cancer supports Jewish cancer survivors, their families, and those bereaved by cancer. We provide practical, financial, and emotional support to help people rebuild their lives after illness and loss, offering guidance, therapy, and day-to-day assistance that reduce isolation and strengthen wellbeing.

## Classification

---

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

## Geography

---

- Throughout England And Wales

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£105,348	£173,175	-	-
2023-12-31	£27,480	£16,494	-	-
2022-12-31	£0	£0	-	-

## Trustees

---

Name	Role	Appointed
Mirjam Sharf	Chair	2021-11-16
Moses Schreiber		2020-11-05
Schraga Schapira		2020-11-09

**SUNRISE AFTER CANCER**

England & Wales - Charity number 1196557

---

# Accounts

---

**Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 December 2024  
for  
SUNRISE AFTER CANCER**

London Accounting Group Ltd  
5 North End Road  
London  
NW11 7RJ

**SUNRISE AFTER CANCER**

**Contents of the Financial Statements  
for the Year Ended 31 December 2024**

---

	<b>Page</b>
<b>Report of the Trustees</b>	1 to 2
<b>Independent Examiner's Report</b>	3
<b>Statement of Financial Activities</b>	4
<b>Balance Sheet</b>	5
<b>Notes to the Financial Statements</b>	6 to 9
<b>Detailed Statement of Financial Activities</b>	10

## SUNRISE AFTER CANCER

### Report of the Trustees for the Year Ended 31 December 2024

---

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

Sunrise is to support both cancer survivors and their families as well as those who unfortunately experienced a bereavement of a loved one due to cancer. Through the provision of practical financial needs and emotional support that help them continue onwards in life.

We were also delighted to launch our book library, allowing those affected by cancer to benefit from therapeutic books that offer them healing.

##### **Public benefit**

The trustees confirm their compliance with the duty to have regard to the Public Benefit guidance published by the Charity Commission when reviewing the Charity's aims and objectives in planning future activities.

#### **ACHIEVEMENT AND PERFORMANCE**

The charity has achieved significant progress in developing the services and welcoming the new cancer survivors in a safe environment for their needs. The incorporation of our excellent services provides a supportive and accessible place where those that have been affected by cancer can reach the emotional and physical care whilst being able to reach and socialize with others who have been through their experience. Through this year's development of the charity, we have provided opportunities for the users to engage in sport activities that promote their physical, cognitive, and emotional well-being. The accessible bike riding gave these vulnerable adults time to engage in physical activity, and fresh air, while the support worker directed and signposted the beneficiaries to their individual relief and care plan needed for their wellbeing. We set up support sessions that provides a safe and stimulating environment for healing and socialization. The charity's efforts in developing have helped to address the barriers for people coming out of a cancer crisis. They often face hardships in accessing appropriate support and activities. By creating our support that is tailored to their needs, the charity has made a significant contribution to the health, happiness, and development of these people. Overall, the charity's achievements in developing the emotional and physical wellbeing of cancer survivors have had a positive impact on their lives and their families, providing them with supportive and inclusive services where they can thrive.

#### **FINANCIAL REVIEW**

##### **Financial position**

The charity is financially stable in paying for the costs of running and maintaining the services provided. We have a running project funded from Sport England for bike riding.

##### **Principal funding sources**

The charity receives funds from grant applications and community donations.

##### **Reserves policy**

The reserves are kept in the charities bank account and monitored by the trustees and the treasurer.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

##### **Risk management**

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures manage any perceived risks.

**SUNRISE AFTER CANCER**

**Report of the Trustees  
for the Year Ended 31 December 2024**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Charity number**

1196557

**Principal address**

278 Craven Park Road  
London  
N15 6AE

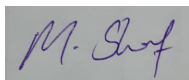
**Trustees**

Mirjam Sharf  
Schrage Schapira  
Moses Schreiber

**Independent Examiner**

Samuel Feigenblatt FCCA  
London Accounting Group Ltd  
5 North End Road  
London  
NW11 7RJ

Approved by order of the board of trustees on .....30/09/2025..... and signed on its behalf by:



.....  
Mirjam Sharf - Trustee

**Independent Examiner's Report to the Trustees of  
SUNRISE AFTER CANCER**

---

**Independent examiner's report to the trustees of SUNRISE AFTER CANCER**

I report to the charity trustees on my examination of the accounts of SUNRISE AFTER CANCER (the Trust) for the year ended 31 December 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Samuel Feigenblatt FCCA

London Accounting Group Ltd  
5 North End Road  
London  
NW11 7RJ

Date: .....

**SUNRISE AFTER CANCER**

**Statement of Financial Activities  
for the Year Ended 31 December 2024**

	Notes	Unrestricted fund £	Restricted fund £	31.12.24 Total funds £	31.12.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		94,848	10,500	105,348	27,480
<b>EXPENDITURE ON</b>					
Raising funds		31,739	-	31,739	-
<b>Charitable activities</b>					
Charitable activity expenses		129,644	10,500	140,144	16,494
Other		1,292	-	1,292	-
<b>Total</b>		<u>162,675</u>	<u>10,500</u>	<u>173,175</u>	<u>16,494</u>
<b>NET INCOME/(EXPENDITURE)</b>		(67,827)	-	(67,827)	10,986
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		10,986	-	10,986	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>(56,841)</u></u>	<u><u>-</u></u>	<u><u>(56,841)</u></u>	<u><u>10,986</u></u>

The notes form part of these financial statements

**SUNRISE AFTER CANCER**

**Balance Sheet  
31 December 2024**

	Notes	Unrestricted fund £	Restricted fund £	31.12.24 Total funds £	31.12.23 Total funds £
<b>CURRENT ASSETS</b>					
Cash at bank		12,709	-	12,709	10,986
<b>CREDITORS</b>					
Amounts falling due within one year	4	(69,550)	-	(69,550)	-
<b>NET CURRENT ASSETS/(LIABILITIES)</b>		<u>(56,841)</u>	<u>-</u>	<u>(56,841)</u>	<u>10,986</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		(56,841)	-	(56,841)	10,986
<b>NET ASSETS</b>		<u>(56,841)</u>	<u>-</u>	<u>(56,841)</u>	<u>10,986</u>
<b>FUNDS</b>	5				
Unrestricted funds				<u>(56,841)</u>	<u>10,986</u>
<b>TOTAL FUNDS</b>				<u>(56,841)</u>	<u>10,986</u>

The financial statements were approved by the Board of Trustees and authorised for issue on ..... and were signed on its behalf by:

.....  
Mirjam Sharf - Trustee

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

**SUNRISE AFTER CANCER**

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2024**

**3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	11,100	16,380	27,480
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activity expenses	114	16,380	16,494
<b>NET INCOME</b>	10,986	-	10,986
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>10,986</u>	<u>-</u>	<u>10,986</u>

**4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.12.24 £	31.12.23 £
Other creditors	69,550	-

**5. MOVEMENT IN FUNDS**

	At 1/1/24 £	Net movement in funds £	At 31/12/24 £
<b>Unrestricted funds</b>			
General fund	10,986	(67,827)	(56,841)
<b>TOTAL FUNDS</b>	<u>10,986</u>	<u>(67,827)</u>	<u>(56,841)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	94,848	(162,675)	(67,827)
<b>Restricted funds</b>			
Restricted funds	10,500	(10,500)	-
<b>TOTAL FUNDS</b>	<u>105,348</u>	<u>(173,175)</u>	<u>(67,827)</u>

**SUNRISE AFTER CANCER**

**Notes to the Financial Statements - continued  
for the Year Ended 31 December 2024**

**5. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	Net movement in funds £	At 31/12/23 £
<b>Unrestricted funds</b>		
General fund	10,986	10,986
	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>10,986</u>	<u>10,986</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	11,100	(114)	10,986
<b>Restricted funds</b>			
Restricted funds	16,380	(16,380)	-
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>27,480</u>	<u>(16,494)</u>	<u>10,986</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1/1/23 £	Net movement in funds £	At 31/12/24 £
<b>Unrestricted funds</b>			
General fund	-	(56,841)	(56,841)
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>-</u>	<u>(56,841)</u>	<u>(56,841)</u>

## SUNRISE AFTER CANCER

### Notes to the Financial Statements - continued for the Year Ended 31 December 2024

---

#### 5. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	105,948	(162,789)	(56,841)
<b>Restricted funds</b>			
Restricted funds	26,880	(26,880)	-
<b>TOTAL FUNDS</b>	<u>132,828</u>	<u>(189,669)</u>	<u>(56,841)</u>

#### 6. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.

## SUNRISE AFTER CANCER

### Detailed Statement of Financial Activities for the Year Ended 31 December 2024

	31.12.24 £	31.12.23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	105,348	11,100
Grants	-	16,380
	<u>105,348</u>	<u>27,480</u>
<b>Total incoming resources</b>	105,348	27,480
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fund raising costs	31,739	-
<b>Charitable activities</b>		
Wages	12,163	-
Insurance	146	-
Advertising	4,182	-
Sundries	760	-
Charitable activity expenses	<u>122,893</u>	<u>16,494</u>
	140,144	16,494
<b>Support costs</b>		
<b>Governance costs</b>		
Accountancy	900	-
Bank charges	392	-
	<u>1,292</u>	<u>-</u>
Total resources expended	<u>173,175</u>	<u>16,494</u>
<b>Net (expenditure)/income</b>	<u>(67,827)</u>	<u>10,986</u>

**SUNRISE AFTER CANCER**

England & Wales - Charity number 1196557

---

# Accounts

---

# SUNRISE AFTER CANCER – Charity no 1196557

## INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 DECEMBER 2023

---

I report on the accounts of the charity for the year ended 31 December 2023.

### **Respective Responsibilities of Trustees and Independent Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Act") and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Act;
- to follow the procedures laid down in the general directions given by the Charity Commission (under Section 145(5)(b) of the Charities Act); and
- state whether particular matters have come to my attention.


### **Basis of Independent Examiner's Statement**

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### **Independent Examiner's Statement**

In connection with my examination, no matter has come to my attention:

- a) which gives me reasonable cause to believe that, in any material respect, the requirements:
- to keep accounting records in accordance with Section 130 of the Charities Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met;
- or
- b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

  
Balazs Nezmi FCCA  
Js&Co Accountant Ltd  
26 Theydon Road  
London  
E5 9NA

21<sup>st</sup> March 2024

---

Annual Account  
01 January - 31 December 2023  
Sunrise After Cancer  
1196557



For the period from 01-Jan-23		To 31-Dec-23
-------------------------------------	--	-----------------

### Income

Details	Restricted funds to the nearest £	Unrestricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Balance B/F	£ -	£ -	£ -	-
Donation	£ -	£ 11,100.00	£ 11,100.00	-
Grant	£ 16,380.00	£ -	£ 16,380.00	-
-	£ -	£ -	£ -	-
<b>A. Total Income</b>	<b>£ 16,380.00</b>	<b>£ 11,100.00</b>	<b>£ 27,480.00</b>	<b>£ -</b>

### Expenditure

Details	Restricted funds to the nearest £	Unrestricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
-	£ -	£ -	£ -	-
Governance Costs	£ -	£ 114.00	£ 114.00	-
Activity Costs	£ 16,380.00	£ -	£ 16,380.00	-
-	£ -	£ -	£ -	-
<b>B. Total Expenditure</b>	<b>£ 16,380.00</b>	<b>£ 114.00</b>	<b>£ 16,494.00</b>	<b>-</b>

### Net Incoming Resources (A-B)

Details	Restricted funds to the nearest £	Unrestricted funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A-B Total Net</b>	<b>£ -</b>	<b>£ 10,986.00</b>	<b>£ 10,986.00</b>	<b>-</b>
<b>Funds at End Of Year</b>	<b>£ -</b>	<b>£ 10,986.00</b>	<b>£ 10,986.00</b>	<b>-</b>

These Financial statements were approved by an Accountant on the ..... And Signed

These Financial statements were approved by the members of the committee on the .....  
and is signed on their behalf by:

Mrs Mirjam Sharf *M. Sharf* Chair  
27/02/24



**Trustees' Annual Report for the period**

**From** Period start date **01 January 2023**  
**To** Period end date **31 December 2023**

**Charity name: Sunrise After Cancer**

**Charity registration number:**

**Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Sunrise is to support both cancer survivors and their families as well as those who unfortunately experienced a bereavement of a loved one due to cancer. Through the provision of practical financial needs and emotional support that help them continue onwards in life.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>What the charity does:</p> <ul style="list-style-type: none"> <li>• General Charitable Purposes</li> <li>• The Advancement Of Health Or Saving Of Lives</li> <li>• Disability</li> </ul> <p>Who the charity helps:</p> <ul style="list-style-type: none"> <li>• Children/young People</li> <li>• Elderly/old People</li> <li>• People With Disabilities</li> <li>• Other Charities Or Voluntary Bodies</li> </ul> <p>How the charity helps:</p> <ul style="list-style-type: none"> <li>• Makes Grants To Individuals</li> <li>• Makes Grants To Organisations</li> <li>• Provides Services</li> <li>• Provides Advocacy/advice/information</li> <li>• Acts As An Umbrella Or Resource Body</li> </ul>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	It is a legal requirement for trustees of charities in the UK to have regard to the guidance issued by the Charity Commission on public benefit. The guidance outlines the legal requirements and expectations for charities to demonstrate public benefit in their activities and operations. Trustees have a duty to act in

		the best interests of the charity, and this includes ensuring that the charity is operating in accordance with its charitable purposes and providing public benefit. Therefore, it is expected that trustees have taken the Charity Commission guidance on public benefit into account when making decisions and carrying out their duties. All current trustees of the charity agree to and understand the above in acting in the charities, best interests.
--	--	---

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

**Achievements and Performance**

	SORP reference	

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The charity has achieved significant progress in developing the services and welcoming the new cancer survivors in a safe environment for their needs. The incorporation of our excellent services provides a supportive and accessible place where those that have been affected by cancer can reach the emotional and physical care whilst being able to reach and socialize with others who have been through their experience. Through this year's development of the charity, we have provided opportunities for the users to engage in sport activities that promote their physical, cognitive, and emotional well-being. The accessible bike riding gave these vulnerable adults time to engage in physical activity, and fresh air, while the support worker directed and signposted the beneficiaries to their individual relief and care plan needed for their wellbeing. We set up support sessions that provides a safe and stimulating environment for healing and socialization. The charity's efforts in developing have helped to address the barriers for people coming out of a cancer crisis. They often face hardships in accessing appropriate support and activities. By creating our support that is tailored to their needs, the charity has made a significant contribution to the health, happiness, and development of these people. Overall, the charity's achievements in developing the emotional and physical wellbeing of cancer survivors have had a positive impact on their lives and their families, providing them with supportive and inclusive services where they can thrive.</p>
--	------------------	--

**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is financially stable in paying for the costs of running and maintaining the services provided. We have a running project funded from Sport England for bike riding.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves are kept in the charities bank account and monitored by the trustees and the treasurer.
Amount of reserves held	Para 1.22	£10,986
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity receives funds from grant applications and community donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		Unrestricted Trust: An unrestricted trust is a trust in which the funds can be used by the charity for any purpose, subject to the charity's governing document.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointment by existing trustees: This method involves existing trustees appointing new trustees to fill vacancies on the board. This could be done through an interview process or by nomination.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Procedures are in place for recruitment of trustees, DBS completed, induction and responsibilities.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee: (a) to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO; and Page 6 (b) to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to: (i) any special knowledge or experience that he or she has or holds himself or herself out as having; and, (ii) if he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Sunrise After Cancer
Other name the charity uses	
Registered charity number	1196557
Charity's principal address	278 CRAVEN PARK ROAD LONDON N15 6AE



## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>M Sharf</i>	
Full name(s)	Mirjam Sharf	
Position (eg Secretary, Chair, etc)	Chair	
Date	18 January 2024	

**SUNRISE AFTER CANCER**

England & Wales - Charity number 1196557

---

# Accounts

---



# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day	Month	Year		Day	Month	Year

## Section A Reference and administration details

<b>Charity name</b>	Sunrise after Cancer
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1196557
<b>Charity's principal address</b>	278 Craven Park Rd
	London
	<b>Postcode</b> N15 6AE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mirjam Sharf			
2	Schraga Schapira			
3	Moses Schreiber			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

--	--	--

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

--

**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	elected

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

The objects of the CIO being for the public benefit to support preserve and protect the health of cancer survivors and their families and the health of families bereaved by cancer by providing and assisting in the provision of facilities, practical and emotional support, guidance and therapy to enable such persons to rebuild their lives whilst recovering from the effects and traumas that illness

brings.

This year we had meetings and set up the charity and spread out the charity objectives to the community. We were available to listen to the needs of the community and prepare for future services. We did not do any activities and had no income or expenditure. We took guidance from the charity commission who helped us with all templates and information needed to start the charity. We also opened a bank account.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

We wrote up policies on equal rights and safety.

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

The start of this charity all set up to use has been the greatest achievement this year.

**Section E Financial review**

**Brief statement of the charity's policy on reserves**

We hope to always have £500 free reserves in the bank.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F Other optional information**

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M Sharf	
<b>Full name(s)</b>	Mirjam	Sharf
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	10/10/23	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
--------------	-------------

<b>CC16a</b>
--------------

## Receipts and payments accounts

For the period from	Period start date	To	Period end date
------------------------	-------------------	----	-----------------

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	-	-	-	-	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	-
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	-	-	-	-	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	-	-	-	-	-

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
M Sharf	Mirjam Sharf	10/10/2023