



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report

For the period: 1 December 2022 to 30 November 2023

Charity name: Gambling Harm UK

Charity registration number: 1196538

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Gambling Harm UK is a national charity that utilises lived experience of gambling-harm to help guide impactful and meaningful gambling-harm prevention strategies across research, education, and treatment.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Our main activities include:</p> <ul style="list-style-type: none">-through all our activities, advocating for a desperately needed and industry independent public health approach to gambling harm that calls for<ol style="list-style-type: none">1. gambling harm to be challenged meaningfully in line with the significance of harm on the population2. gambling harm to be challenged meaningfully in line with the safeguarding concerns on children and vulnerable adults3. gambling harm to be given a similar level of consideration in public health measures as smoking, drinking, diet, and physical activity- upskilling practicing and student health care professionals about gambling harm as a public health concern and upskilling on screening and brief interventions- delivering lived experience presentations and workshops to diverse communities of 14-24 year olds in Greater London and the Home Counties- raising the profile of gambling harm as a public health issue to key stakeholders including the Society of Occupational Medicine (SOM), Imperial College London, and Anglia Ruskin University- worked with organisations within Essex and the Mid and South Essex Integrated Care System (M&SE ICS) to raise awareness of gambling harm and to support access to treatment and sustainable recovery- supported GamLEARN in developing their CPD certified training course "Understanding gambling related harm and its links to crime"- engaging with professional bodies such as The Advisory, Conciliation and Arbitration Service (ACAS) and The Chartered Institute of Personnel and Development (CIPD)- engaged with Professor Sharon Collard at Bristol University to help run a workshop looking at how FinTechs can help reduce gambling harm- broadly engaging a cross-section of organisations to help understand more about gambling harm as a public health

		<p>issue, tackling prevailing industry narratives and framing, and working to eliminate stigma;</p> <ul style="list-style-type: none"> - publishing articles and our research on our media forums - contributed to calls for evidence
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

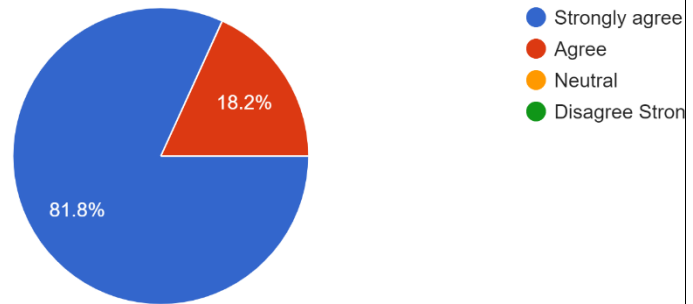
Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to	Para 1.20	<p>a. Review of the main achievements and activities of the Charity</p> <p>1. Education</p> <p><u>Upskilling Medical Professionals</u></p> <p>As a clinician, understanding gambling disorder and having the right skills and competences to help someone suffering from gambling harm is essential.</p> <p>In support of increasing gambling harm awareness of medical professionals as part of GHUK's work undertaken within the Mid and South Essex Integrated Care System (M&SE ICS), Gambling Harm UK (GHUK), delivered three "time to learn" training sessions, covering three of the four NHS Alliance's within the ICS. This resulted in a reach to over 150 practitioners.</p> <p>Feedback from these one-hour sessions were all very positive. Based on the evaluation feedback received from two of the sessions, over 80% of those who attended indicated that they would change their clinical practice because of the training given.</p> <p>Following one of the awareness sessions, GHUK was approached by the Basildon GP Training Scheme within Essex with a request to run the same session for there GP trainees. This training was delivered on the 8th November 2023, resulting in thirty three GP trainee's providing the following post training evaluation feedback:</p>

society as a whole.

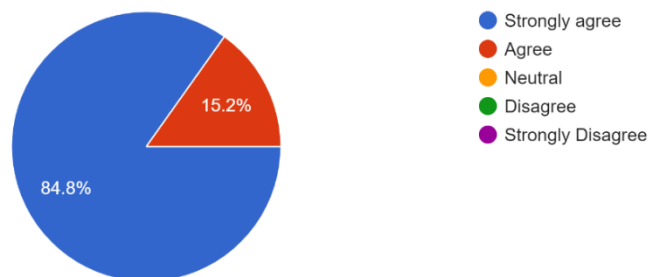
The training was helpful

33 responses



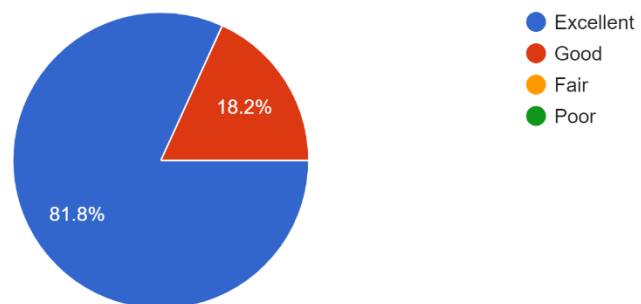
The content was relevant

33 responses



The skills of the trainers/facilitators

33 responses



2. Upskilling Medical Students – Real Patient Simulated Based Medical Education Programme

Following the successful delivery of GHUK's Real Patient Simulated Based Medical Education Programme delivered to year three medical students at the Anglia Ruskin University School of Medicine on the 28th October 2022, GHUK were asked to run the same programme again at ARU on the 10th November 2023.

The programme as last years, involved students experiencing two, eighty-minute training sessions, one with a focus on gambling disorder harm and the other with a focus on affected other gambling harm. Except for a change to two people,

Gambling Harm UK used the same lived experienced individuals to act as either the patient or facilitator as last year.

In total sixteen eighty-minute sessions were delivered during the day. Eight to the morning group of students and eight to the afternoon group.

Each session followed four distinct stages in addition to facilitator-led introductions and conclusions. These stages were:

- i. Facilitator led information dissemination,
- ii. Taking a gambling harm medical history,
- iii. Evaluating triggers, risk factors and the significance of gambling harm, and
- iv. Providing health promotion and support to an individual affected by gambling harm.

Each of the three simulation-based stages was followed by feedback using the Pendleton model. GHUK facilitators and patients are trained in building a safe and supportive environment for learning with a focus on positive feedback to build confidence in communication skills and reduced anxiety levels.

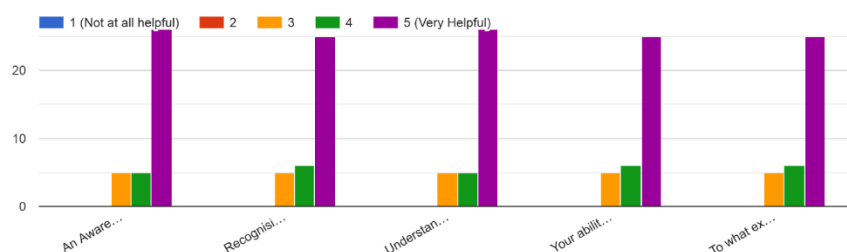
Prior to beginning the first sessions students are advised about the sensitive nature of the training and are provided with safeguarding advice which was in line with the university's local arrangements.

To assess students' evaluation of the value of their training sessions they are asked to complete an evaluation questionnaire following completion of their second session. It was explained that these were voluntary. The questionnaire asked students: "To what extent have the sessions helped build your understanding, skills, and confidence towards?"

- An awareness of gambling related harm.
- Recognising the signs of gambling-related harm.
- Understanding of how gambling-harm can be initially assessed with empathy and sensitivity.
- Your ability to assess the need for, organise and deliver health promotion to patients affected by gambling-harm.

They were also asked "To what extent do you think the lived experience delivery of the sessions helped you to learn?"

To what extent have the sessions helped build your understanding, skills and confidence towards (rate between 1-5 where 1 is not at all helpful and 5 is very helpful):



The scores returned resulted in following average scores for each aspect: Q1 4.58; Q2 4.46; Q3 4.58; Q4 4.46; Q5 4.46 out of a maximum average score of 5.

When compared to the scores on the same questions recorded by the previous year's students at the first ever event on the 28th October 2022 which were: Q1 4.97; Q2 4.68; Q3 4.78; Q4 4.67; Q5 4.94, results were very slightly lower but all still indicated a high positive value as assessed by the students for each part.

		<p>In addition to the quantitative feedback, students were also asked to provide qualitative feedback on what they liked most about the session. This feedback was overwhelmingly favourable. Some examples being:</p> <ul style="list-style-type: none"> • The personal stories really helped to quantify the impact gambling has both on individuals and their loved ones. • Hearing true stories to open our eyes on how to speak and deal with these difficult situations which are hard to talk about. Very informative and needs to be addressed to make us better doctors. Please do come back this session has been amazing. • Time given to a subject that has often been neglected in medical training. A massive thanks to everyone who gave their time and shared their incredibly difficult experiences as it has been a very helpful training experience and will hopefully serve to make us better and more compassionate healthcare professionals. • Speaking to people with real experiences, made consultations feel more real and sensitive allowing us to practise empathy. <p>3. <u>Upskilling Medical Students: New training programme</u></p> <p>Following the success of GHUK's - Real Patient Simulated Based Medical Education (RPSMBE) Upskilling programme developed in 2022, GHUK developed a new training programme for medical students in May 2023. This was in response to a request from Imperial College London to deliver gambling harm awareness training to their year one medical students.</p> <p>The feedback on the new programme which was delivered to 51-year one medical students at Imperial college on the 5th June 2023 was excellent and GHUK will be now looking to offer this programme to medical schools along with its RPSMBE programme.</p> <p>The new programme has been designed to achieve two learning objectives for the students:</p> <ul style="list-style-type: none"> · The first is to help them achieve an understanding of gambling harm as a public health issue. · The second is to increase their understanding from a clinician's perspective. <p>A short summary of the evaluation feedback from those students who attended these new workshops, along with testimonials from Doctors Donovan and Thakerar who GHUK worked with to plan the new programme are shown below:</p> <p>"The workshop by Gambling Harm UK for Imperial medical students was really impactful. It broke down the complexities of gambling harm and provided unique insight through lived experience which set it apart from conventional teaching methods. Students gained both practical skills to identify and address gambling harm, and a wider awareness of the need for a multi-faceted, population level approach in tackling the harm from gambling. I strongly believe that all medical students should have the opportunity to attend a workshop like this. Thank you, John, and Ben!" <i>Dr Molly Donovan</i></p> <p>"The session delivered by John and Ben for our medical students was a powerful call to action. The blend of neuroscience, data on harms from gambling including on affected others, film clips, lived experience and discussing what clinicians and wider society should do, seemed to resonate with our students. There were plenty of thought-provoking questions and responses throughout the session". <i>Dr Viral Thakerar</i></p>
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Student feedback:

At the end of each of the one hour and fifty-minute sessions, students were asked: "Would you prefer more, less, or the same amount of learning on gambling harm at the Undergraduate level?"

Responses given by group attendees were as follows:

Group 1: 27 attendees (17 responses submitted via Menti)

Less	More	The Same
0	3	14

Group 2: 24 attendees (13 responses submitted via Menti)

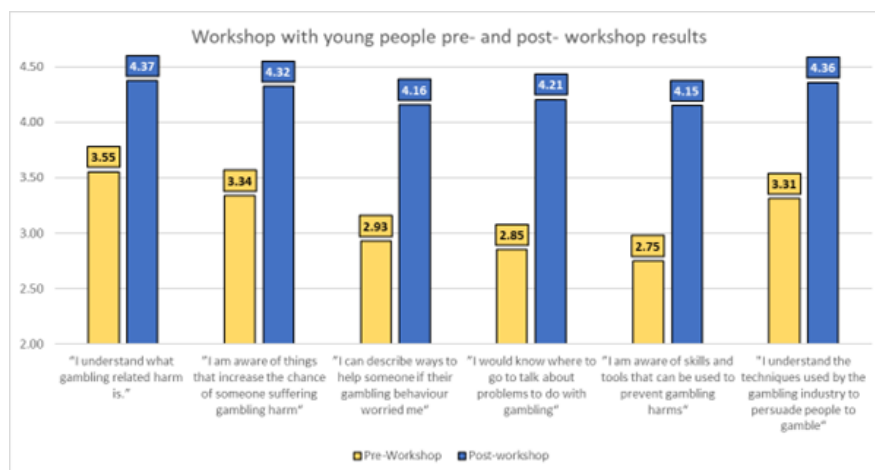
Less	More	The Same
0	1	12

4. Preventing Gambling Harms in Diverse Communities Programme (PGHDC)

As part of our agreement with Young Gamers and Gamblers Education Trust (YGAM), GHUK continued to deliver its awareness training to young people as part of the PGHDC pilot programme. This pilot programme concluded on the 31st July 2023.

As part this programme, GHUK was required to deliver training to 8000 young people over the full period of the pilot. Between 1st December 2022 and the 31st July 2023 GHUK delivered to a further 2835 young people resulting in GHUK reaching 8366 young people in total during the pilot period, exceeding its target by 366.

In all six outcome measures established for evaluating the value of the programme for young people, there was a significant increase in knowledge and understanding about gambling and gaming harms when comparing pre-and post- workshop results. The highest point increase was in young people stating that they are aware of the skills and tools that can be used to prevent gambling harms.



Following the success of the pilot programme, GHUK sought funding from the system stabilisation funds allocated via GambleAware to continue its ability to offer free PGHDC training to young people across London and the Home Counties.

System stabilisation funding was awarded to GHUK in November 2023 to support delivery through to end of March 2024. This has enabled GHUK to restart its free training sessions.

2.0 Improving the Health and well-being of those suffering from Gambling Harm

2.1 Working within Essex and the Mid & South Essex Integrated Care System (ICS)

	<p>Throughout the year GHUK continued to build upon the work it had started within Essex and the Mid & South Essex Integrated System (M&SEICS) during the previous year.</p> <p>This was partly supported by a small grant awarded from the Essex Community Foundation.</p> <p>2.1.1: <u>Creating Connectivity, Developing Capability and Maximising Capacity</u></p> <p>The focus of the work delivered by GHUK was informed by an outline strategic model that it has developed to respond to gambling harm as an integrated approach across a health and care system.</p> <p>At its simplest level it consists of three linked strands which are, creating connectivity within a system, whilst simultaneously helping to develop capability and maximise capacity. What this means is briefly described below:</p> <p><u>Creating Connectivity</u> <i>Bring the right people and organisations together, with the purpose of focusing on gambling harm as an important public health issue, and gain recognition that an integrated joined up approach is essential for delivering the required response.</i></p> <p><u>Developing Capability</u> <i>Help to support the development of capability through increasing awareness of gambling harms and their impact on local population health. Thus, enabling the right people and organisations to assess how they can best bring their knowledge, skills, and other resources to help to respond to the issue in question and</i></p> <p><u>Maximising Capacity.</u> <i>Help to maximise system capacity by:</i> <i>- providing support to address any access barriers and to help reduce avoidable demand through assisting with prevention measures such as educating young people around risks of gambling.</i> <i>- engaging the voluntary sector to assist with signposting of individuals with gambling harm to relevant support or treatment services and where relevant offer their own services to help with achieving sustainable recovery from gambling harm and</i> <i>- developing a clearer understanding of need for services so that appropriate support can be commissioned.</i></p> <p>It is also based on creating system ownership of the issue and not dependency on one organisation or GHUK as a charity. This is important to achieve sustainable service delivery.</p> <p>2.2.2 <u>Activities delivered.</u></p> <p>The work GHUK has progressed during the last year involved the following:</p> <p>Running awareness sessions for primary care practitioners at the Alliance Level. Within the Mid & South Essex ICS there are four of these. (This work has already been referenced earlier in this report under GHUK's educational work and the training delivered to GP's and other clinical practitioners within the M&SICS).</p> <p>Engaging with key system organisations such as the Mid & South Essex NHS Foundation Trust and Provide CIC.</p> <p>Engaging with the Community and Voluntary Sector (CVS) via the various CVS district council organisations which exist across the ICS.</p> <p>and</p> <p>Providing access to free preventing gambling harm training to a group of schools</p>
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	<p>within Braintree, Chelmsford, and Maldon. Also, to young people aged 17-24 years old at both the Anglia Ruskin University and Writtle College, all of whom form part of the Mid Essex Alliance.</p> <p>In general terms the work GHUK has delivered has involved running awareness sessions for these various groups designed specific to their area of focus.</p> <p>Examples of testimonials received confirming the value of GHUK's contribution towards responding to gambling harm and the public benefit focus of the charity's efforts are shown below:</p> <p>1. Mid and South Essex NHS Foundation Trust</p> <p><i>"John Gilham, Chief Executive of Gambling Harm UK, attended the Mid and South Essex NHS Trust's monthly "5pm Improvement Club" on 6 September 2023, providing a virtual session to Trust and broader health care system staff about gambling harm, what it is, some of the drivers and consequences, as well as some signs of harm, and why and how to support people affected.</i></p> <p><i>John gave a passionate, informative, and insightful talk which was hugely valued by the audience, and feedback during and following from attendees was that the topic was very important, and they had learned a lot from the presentation.</i></p> <p><i>Colleagues from clinical, corporate, and operational teams posed questions to John to better understand how we could improve both as a care system and an employer in raising awareness of gambling harm and reducing stigma.</i></p> <p><i>As a result of this talk, a number of links and materials have been shared with the Trust and we will examine our current practice to identify where we can improve. We very much appreciated John's contribution and are keen to support Gambling Harm UK in their vital work to help our population in this area".</i></p> <p>Charlotte Williams Chief Strategy & Improvement Officer</p> <p>2. Maldon and District CVS</p> <p><i>"John speaks openly and informatively about his experience of gambling harm which resonates effectively with professionals in the voluntary sector. Often these professionals are well placed to understand the impact gambling can have on individuals and families.</i></p> <p><i>He is a compelling advocate for driving change and through Gambling Harm UK is able to effect that change.</i></p> <p><i>John has spoken at a community forum to the local sector which has led to opportunities to inform local asset mapping and signposting work, connections into mental health and men's health work and he is also able offer bespoke training.</i></p> <p><i>Gambling harm is often hidden and resources to help people affected not as easy to come by as other addictions so the work being undertaken by John and the team at Gambling Harm UK has the potential to be vitally important".</i></p> <p>Sarah Troop Director</p> <p>3. Castle Point Association of Voluntary Services (CAVs)</p> <p><i>Gambling Harm UK's endeavours are dedicated to the prevention and reduction of gambling harm. John Gilham, Chief Executive presented to an audience of over 100 people from local community organisations, health and social care, the Leader of Castle Point Council and the Mayor of Castle Point at CAVS Community event on the 25th October 2023.</i></p>
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	<p><i>John’s presentation was compelling as he transparently spoke about the impact that gambling has not only on the person with the addiction but their family members, and others associated with them. The statistical detail that was presented, evidenced the scale of the challenge that faces our nation. Accessibility to on-line platforms, sophisticated and appealing marketing features strongly with not only the mature target audience but unfortunately with the rapidly growing younger population.</i></p> <p><i>CAVS membership groups are influential in their community and provide assistance and support to so many. As enablers the learning from John’s presentation of further educating and influencing on the subject of gambling harm, will be invaluable”.</i></p> <p>Janis Gibson Chief Executive Officer Castle Point Association of Voluntary Services (CAVs)</p> <p><u>2.2.3 Working with the East of England (EoE) NHS Gambling Treatment Service</u></p> <p>In support of increasing access to NHS treatment services for those experiencing gambling harm, GHUK has worked with the new EoE NHS Gambling Treatment Service to promote the availability of this new service across Essex and the M&SE ICS.</p> <p>This has involved sharing details of this new service as part of GHUK awareness sessions.</p> <p>The value of GHUK’s contribution to the new treatment service provider is indicated in the testimonial received from them below: <i>“Gambling is impacting so many lives across all of our communities and it will be critical, as with other public health matters that we work together to raise awareness, learn together and ensure support is as easy to access as possible should it be needed.</i></p> <p><i>By working together with Gambling Harm UK and through the connections they are creating and opening, we can contribute more widely together in preventing the harm experienced and reducing any blocks that may exists for people who want to reach out for support”.</i></p> <p>Andrew Ryan Operational Team</p> <p><u>2.4 Providing a focus to Gambling Harm in Thurrock,Essex.</u></p> <p><u>2.4.1. Thurrock CVS</u></p> <p>Through contacting Thurrock CVS to discuss how GHUK may be able to help in raising awareness in this unitary council area about gambling harm, a strong partnership relationship has been established with them.</p> <p>The initial outcome of this relationship led to GHUK working with Thurrock CVS to bring together Healthwatch Thurrock and the EoE NHS Gambling Treatment Service to help organise and run a half day gambling harm awareness workshop for voluntary, community and statutory partners across Thurrock on the 13th November 2023.</p> <p>As part of the workshop, Dr Kishan Patel (Chair of Trustee’s) delivered a presentation on “Gambling Harm as a Public Health Issue” and John Gilham CEO shared his lived experience of gambling harm as an affected other.</p> <p>Feedback from participants at the event included the following comments:</p>
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"It highlighted and made me more aware of how much gambling is a problem in so many lives and the impact it has on the family. Support is vital to those affected by this. I really enjoyed it and took a lot away from the event".

"An excellent event and well presented, the lived experience was so valuable and gave the audience the opportunity to think about the bigger picture and how they may be in touch with someone with gambling problems".

"I am glad I joined the event today. Really useful and eventful. I will be more confident in recognising issues and helping and signposting people in the right direction".



GHUK was also invited to a Thurrock CVS – Let's Talk Session on the 21st November to deliver a further presentation on Gambling Harm to further voluntary and community sector members including the Thurrock Recovery College.

GHUK looks forward to building on this partnership with Thurrock CVS during the next year to improve support for those experiencing gambling harm in this area of Essex.

2.4.2: Thurrock Government - Public Health

As with the Thurrock CVS contact was also made by GHUK with the Head of Public Health (Public Mental Health and Vulnerable Populations) within Thurrock Council.

This link has enabled GHUK to initiate further discussions about gambling harm within the Thurrock area.

In addition to the Head of Public Health joining the half day workshop event referenced above, they also arranged for GHUK to be invited to present to the Southend, Essex, and Thurrock Suicide Prevention Board on the topic of gambling harm on the 29th November 2023.

One outcome from this has been that GHUK was contacted by the Southend Safeguarding Partnership (SSP), and this has led on to support being given by GHUK for the development of an e-learning module by SSP.

2.5 Provide CIC

Following a request from Provide CIC, GHUK ran a two-hour gambling harm awareness session for a group of their staff. As the organisation within Essex who has been commissioned to run the Essex

Wellbeing Service, following the presentation, GHUK was asked if they would work with them to develop a “Let’s Talk Gambling Harm” training package for mental health first aiders across Essex.

Details of this were released during November 23.

<https://essexworkingwell.co.uk/whats-on-at-essex-working-well/working-well-launching-gambling-harm-awareness-training-for-your-workplace>

GHUK looks forward to progressing this work during the next year and helping to make a further difference for those experience gambling harm in Essex.

2.6 Gambling Harm Prevention – Awareness Training for young people 17-24 within Braintree, Chelmsford, and Maldon in Essex

Supported through the grant from the Essex Community Foundation, GHUK was able to offer access to free gambling harm awareness workshops for year 13 (upper sixth form) students in schools and for young adults up to 24 years of age in colleges and universities within the areas of Braintree, Chelmsford, and Maldon.

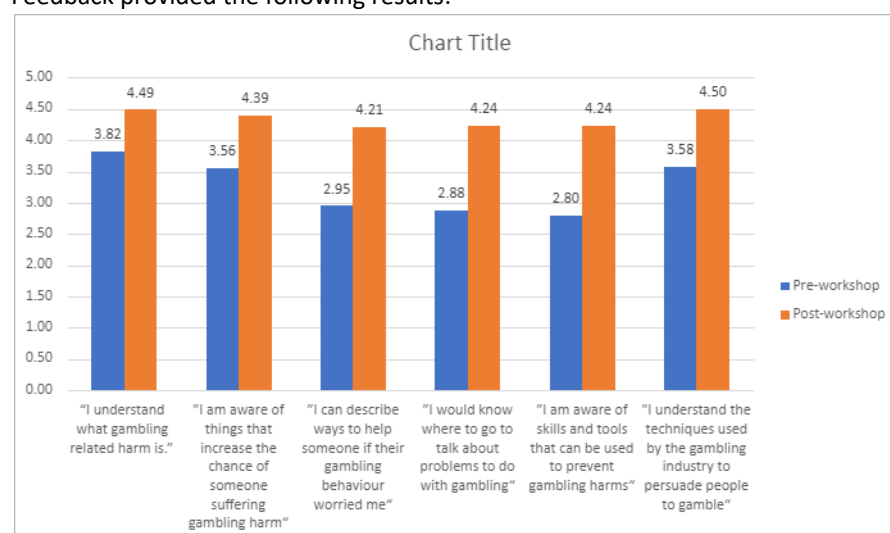
As part of this GHUK developed a new gambling harm awareness programme which has been called “Mental Health Matters”.

As at the end of November 2023, this has been delivered to four schools, to nursing students in their first year at Anglia Ruskin University and to residential students at Writtle College.

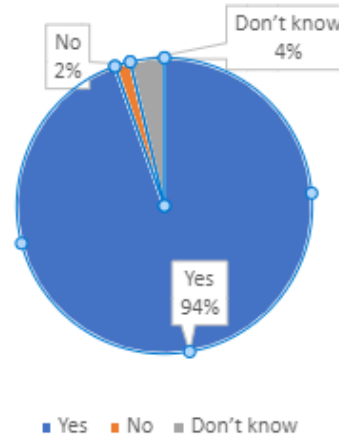
Those attending are asked to complete a voluntary feedback questionnaire. Of those who had attended by the 30th November 2023 a total of 388 evaluation questionnaires have been returned.

Like GHUK’s PGHDC awareness sessions for young people, six outcome measures are evaluated along with asking students for their views as to whether they feel more informed about the risks of gambling harm and whether after attending the workshop they feel it would be helpful to other young people their age.

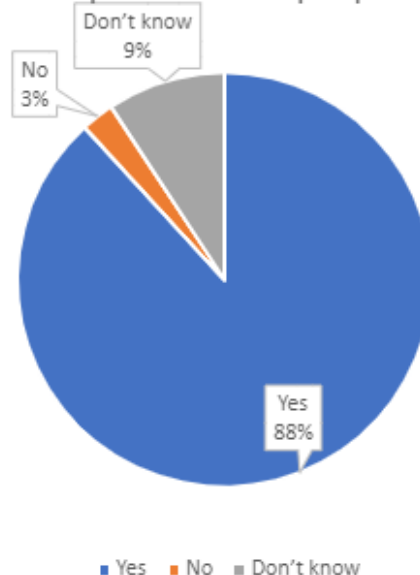
Feedback provided the following results:



After attending this workshop, I feel more informed about the risks of gambling harm?



After attending this workshop, I feel it would also be helpful for other people my age?



As with results from the GHUK PGHDC sessions, GHUK's new awareness programme for young people is equally receiving positive feedback from those attending the sessions.

Similarly, testimonials from senior teaching staff at the schools confirm the value of the sessions for their students:

Braintree Sixth Form

We had a visit from John and Darren on 7th November which was both informative and engaging. John was really proactive at getting this organised - meeting me on Teams to go through the format and content of the talk and sending materials for presentation and to distribute to students in plenty of time. The presentation was powerful, and the first-hand accounts made the students really take note and engage which led to some interesting conversations after the session and a clear awareness of the way gambling habits can start and develop. We would definitely book this session again.

Catherine Dunton
Head of Sixth Form
Notley High School & Braintree Sixth Form

The Boswells School

Students found the session engaging and informative. The impact of Ben's story was what students talked about following the session and many of them hadn't thought about the wider impact of gambling. This session has importantly raised student awareness of issues surrounding gambling.

Mrs A. Whitehead.
Head of Sixth Form
The Boswells School

3.0 Supporting Wider Conversations around Gambling Harm

3.1 How FinTechs can reduce harm from gambling.

GHUK was approached by Professor Sharon Collard who is the Research Director at the University of Bristol's Personal Finance Research Centre in early 2023 to ask if the charity could provide lived experience input into an event, she was organising looking at how FinTechs can reduce harm from gambling.

The event was planned and then held in July 2023 and brought together a team from the Personal Finance Research Centre at Bristol University, FinTech West and GHUK who together delivered a workshop to consider how those organisations who represent the FinTech industry can help reduce harm from gambling.

As Professor Collard referenced in her blog following the event, " This was a great example of "grounded innovation": bringing FinTechs together with people who have lived experience of gambling harms to focus on real-life issues and how to solve them".

The workshop looked at difference examples of how Fintech's can help reduce gambling harm which covered:

- Data-driven intervention
- Enhanced friction and control measures
- Joint Accounts
- Help to rebuild financial recovery and
- Make gambling harms a normal thing to talk about

Two of the comments received back from participants provided an insight to the value of this event that GHUK had contributed to:

"Thank you so much for speaking to us in Bristol today. You really brought home how important it is for financial service providers to engage and to think bigger and better about how we can prevent and reduce harm and aid recovery. And for me most importantly, some immediately actionable insights which we can do something to address now in our own lending practices. Every step in the right direction, however, small, is very valuable in making change."

James Berry CEO, Great Western Credit Union.

"Thank you for organising such a fascinating yet poignant discussion. Matthew Barr, John Dyer, and I left energised planning how we at Moneyhub can do more to support those affected by gambling harm and how financial institutions can position themselves as a first line of defence to protect those who are vulnerable."
Jonathan Bell, Sales Director (Decisioning), Moneyhub.

3.2 Hammersmith, Fulham, Ealing, and Hounslow (HFEH) MIND

	<p>Following GHUK being approached by HFEH MIND, Julie Martin (Associate) and John Gilham CEO participated in an event they were organising to highlight mental health matters in men and links with gambling harm.</p> <p>GHUK were pleased to be able to support this event and deliver two presentations on the day. GHUK were also grateful to receive the following feedback from them following the event.</p> <p><i>"I wanted to take a moment to express my heartfelt gratitude for your exceptional keynote presentations at our above event on 17th Nov 2023. Your insights, expertise and lived experience made a significant impact on everyone in attendance.</i></p> <p><i>The depth of knowledge you shared, created an inspiring and memorable experience for all of us. You seamlessly connected with the audience, leaving us feeling motivated and empowered to act.</i></p> <p><i>Moreover, I greatly appreciate your willingness to share personal anecdotes and real-world examples.</i></p> <p><i>This added a relatable and human element to your talk, making the content even more accessible and relatable. Your presence truly elevated the quality of the event, and I believe your keynote presentations will have a lasting impact on the attendees. I have already received numerous positive comments and feedback from participants who found your presentations both enlightening, overwhelming and thought provoking".</i></p> <p>Yvonne Jones Interim/Acting Director Adult Services & Safeguarding Adults Lead</p> <p>3.3 <u>Supporting GamLEARN</u></p> <p>GHUK was pleased to be able to support GamLEARN when approached by them to assist with their plans to develop a new training programme.</p> <p>Over a period of three months GHUK worked closely with GamLEARN to design and then develop the training product that they now offer as part of their training portfolio "Understanding gambling related harm and its links to crime".</p> <p>Being able to support other charities who operate within the gambling harm sector is important to GHUK and we were pleased that we were able to contribute to the work GamLEARN are delivering.</p> <p>4.0 <u>Research and Publishing Activities.</u></p> <p>4.1 <u>Research</u></p> <p>GHUK published the following two papers during the last year:</p> <ul style="list-style-type: none"> • Upskilling student doctors on gambling harm through real-patient simulated-based medical education (RPSBME) and • Do gambling games have a particular appeal to children. <p>The conclusions from these two papers were:</p> <p>1. Our charity's RPSBME medical education course on gambling harm was an important step in preparing medical students to tackle this growing public health concern. By using a simulation-based format with individuals with lived experience, the course provided a hands-on and immersive learning experience that helped the medical students to develop their skills, knowledge, and attitudes in a practical and impactful way. We believe that this type of education is crucial for healthcare</p>
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	<p>professionals, and we will continue to advocate for its importance in undergraduate education.</p> <p>As shown earlier in this report. GHUK has re-run this same programme at the Anglia Ruskin University School of Medicine this year and again students reported finding that this course is seen of value by them in preparing for helping those they will come into contact with gambling harm as their careers progress.</p> <p>2. Whilst the survey was limited in scope and the participants were non-representative of the national population, its results indicated that the gambling games in the survey have a particular appeal to children. Indeed, across eleven of the fifteen ads in our survey, a majority of respondents identified at least two of the three ASA's themes as being causative towards particular appeal to children and young people.</p> <p>While GHUK welcomes the strengthening of ASA guidelines which took place in October of 2022, the guidance based on a 'strong appeal' rather than a 'particular appeal' does not appear to have yielded a marked reduction in the availability of games selected in our survey.</p> <p>Following the survey GHUK wrote a letter of complaint to the ASA. The response we received, maintained that the ASA was not failing to enforce standards. However, they committed to contacting each company in our report to 'remind them of their responsibilities and highlighting any particular areas of concern'. They also committed to conducting a monitoring exercise this October (one year after the new guidance was published) to assess 'whether there still remain any concerns about gaming tiles and strong appeal to under-18s'.</p> <p>GHUK look forward to seeing the results of this exercise once completed by the ASA.</p> <p><u>4.2 Reviews of practices and procedures to reduce risk of gambling harm.</u></p> <p>In support of reducing gambling harm, GHUK carried out two reviews of existing systems with the aims to assess their effectiveness. These looked at:</p> <ul style="list-style-type: none"> • Processes used by London Boroughs to reduce risk of under-age gambling in betting shops and • The robustness and effectiveness of MOSES (Multi-operator self-exclusion scheme) <p><u>4.2.1 Processes used by London Boroughs to reduce risk of under-age gambling in betting shops.</u></p> <p>GHUK sought information on measures to prevent underage gambling in betting shops by sending freedom of information requests to all 32 London Borough Councils requesting information on current or past 'test purchasing' exercises they have carried out in betting shops.</p> <p>Of the 32, 31 complied with the request, only Hounslow council did not provide the information in the required time for FOI requests. Of those 31, only two, Redbridge, and Waltham Forest currently advised that they undertake test purchasing. Redbridge having tested 12 locations in April 2023 as part of its yearly testing (all passed), and Waltham Forest having conducted 77 of which 69 passed and 8 failed to prevent a bet being placed by the minor (a failure rate just over 10%).</p> <p>None of the other councils reported having carried out any test purchasing for at least 5 years and whilst varying reasons were given for this, the overwhelming response from councils was that they undertook testing based on intelligence</p>
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	<p>reports and no complaints had been received. Many councils also mentioned a lack of resources and the need to prioritise other issues.</p> <p>Protecting young people from the risk of gambling harm is a high priority. One part in achieving this is to restrict access to betting shops, process exists to achieve this, however without a comprehensive system of testing we believe risk remains. Whilst most councils reported a lack of intelligence reports, we believe that testing should be proactive and not reactive. Of the two boroughs which did undertake testing whilst one reported a 100% success rate, the other had a failure rate of just over 10%, indicating that some young people are not prevented from gambling, which is illegal below the age of 18 thus opening them up to risk of gambling harm.</p> <p>As part of the London Mayors call for evidence on “Health impacts of gambling in London” referred to later in our report, GHUK has submitted the results of its study as part of its evidence to assist with the Mayors review.</p> <p><u>4.2.2 The robustness and effectiveness of MOSES (Multi-operator self-exclusion scheme)</u></p> <p>Following reports from our community detailing failures by betting shops to enforce self-exclusion via the Multi-Operator Self-Exclusion Scheme (also known as MOSES). GHUK launched an investigation to document the effectiveness of MOSES from start to finish. Whilst we found some strengths in the scheme's initial process, particularly the staff member dealt with, in the actual tests, all 15 Betting Shops and five operators failed to enforce self-exclusion.</p> <p>Our investigation could only be a limited one, involving a single member of the charity's research team signing up to MOSES to be excluded from betting shops in their local area in London, as such, it should not be used to assess the overall effectiveness of MOSES nationwide.</p> <p>Following the review GHUK sent its results through to MOSES. GHUK received an almost immediate response from the Head of Marketing and Communications at GAMSTOP, who had recently taken over the operational management of MOSES.</p> <p>This subsequently resulted in a constructive meeting between GHUK and GAMSTOP representatives, which looked at the learning which could be taken from GHUK's review and how this could be used to help support the work that GAMSTOP was already undertaking to strengthen the MOSES system.</p> <p>GAMSTOP advised they valued GHUK's review and its lived experience input and have requested GHUK's support going forward.</p> <p>The CEO of GHUK, decided not to publish our report on this work as he felt it could undermine the work that GAMSTOP were undertaking to strengthen systems and it could also represent a risk to those who currently sign up for the service, for example it may reduce some of the psychological benefits of the barrier effects of committing to the system if individuals felt they were unlikely to be challenged and prevented from entering a betting shop.</p> <p><u>4.3 Articles:</u></p> <p>In support of the work GHUK is undertaking to raise awareness of gambling harm. A short article was published titled “Addressing Gambling Harm in the Workplace- A business priority or not”.</p> <p>Copies of this were sent to a number of organisations for their information.</p> <p><u>4.4. Calls for evidence.</u></p> <p>During the last year, GHUK submitted responses to two calls for evidence. These had been issued by:</p>
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		<ul style="list-style-type: none"> • The APG Northern Ireland, who were seeking evidence as part of assessing “Public health approaches to gambling related harms in Northern Ireland and • The Mayor of London who was seeking evidence as part of assessing “The health impacts of gambling in London.” <p>4.5 <u>Lived Experience Access Fund:</u></p> <p>Gambling Harm UK has been selected to co-administer LEAF, alongside Thrive Recovery. LEAF is a pilot aiming to increase involvement of individuals with lived experience to research.</p> <p>With funds from the Academic Forum for the Study of Gambling, the LEAF panel is tasked to establish a Lived Experience Access Fund to support, upskill, and empower people with lived experience (LE) of gambling harm to actively participate in the research process to reduce gambling harm. Specifically, the Lived Experience Access Fund will be used:</p> <p>for upskilling and personal development of those with LE by providing funds that will assist access to training opportunities that will better enable people with LE to participate in the research process.</p> <p>to remove access barriers that may prevent those with LE from attending, contributing, and participating in the research process/creation of projects, and conferences by providing funds to reimburse registration fees, travel, and accommodation expenses, etc.</p> <p>to empower people with LE to actively participate in the research process to reduce gambling harm in other unanticipated ways.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	<p>All funds received are from personal donations and awareness raising.</p> <p>During the year GHUK launched its “Lifesaving opportunity appeal”. Despite this generating interest in the charity’s activities, the level of donations received were small.</p> <p>This remains an area that GHUK would be looking to develop in the future.</p>
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has total funds at 30 November 2023 of £126,832 of which £107,683 is held in the Charity's bank account. The Trustees are satisfied that the Charity is in good financial health.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees aim to maintain reserves at a level which would cover any future commitments or expenditure.
Amount of reserves held	Para 1.22	The Charity has total reserves at 30 November 2023 of £126,832.
Reasons for holding zero reserves	Para 1.22	The Charity has no intention to ever have zero reserves other than should it be decided to end the Charity and transfer any remaining reserves to another Charity with compatible objectives.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>As of the 21st September 2023, Gambling Harm UK was removed from the RET list as per our trustees request. This was following an unsolicited approach by a gambling operator offering a £25,000 donation from their 'dormant balances' which the trustees decided to reject per the perceived implications.</p> <p>We note that while being on the RET list from 23rd June 2021 to 21st September 2023, our organisation received less than £500 from one single unsolicited donation from the industry.</p>
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	<p>Our co-founders have been keenly involved in building a sustainable organisation and have donated significantly in time and incomes to the organisation since inception in 2020. Their altruistic efforts have inspired a wider team to help build up an organisation from scratch with a meaningful portfolio of work. This has culminated in a financial reserve that has been built uniquely largely from the teams' altruistic efforts.</p> <p>We are a relatively newly started lived experience organisation created with a purpose around a desperately needed public health approach.</p> <p>As a newly started organisation without significant industry funding, we have been eagerly awaiting proposed changes in control and size of RET funding. We note and reflect on the Gambling Act Review being finally announced in December 2020, relatively soon after our inception, only to be followed by a series of delays.</p>

		<p>Sadly, industry efforts to portray gambling harm as a minimal public health issue seem to prevail across key decision makers and organisations.</p> <p>The delays to meaningful progress have further encouraged our resolve to continue to call for consideration of the health burden of gambling harm (instead of only referencing prevalence numbers – which have not been ‘small numbers’ for well over a decade).</p> <p>Obtaining funding for many of our effort areas has been extraordinarily challenging. Unfortunately, there has been and continues to be a lack of funding opportunities that could further our areas of interest in more directly enacting a public health approach and in medical education.</p> <p>Our principal source of funds has been the Gambling Commission’s regulatory settlement fund, indirectly through agreements with YGAM and more recently, GambleAware. These have been restricted towards our activities around our awareness workshops to 14-24 year olds in Greater London and the Home Counties.</p> <p>At the end of our agreement with YGAM, we no longer had any significant expected revenues due to the closure of the Gambling Commission’s regulatory settlement fund. This led to us being unable to retain our full-time staff and therefore has set us back significantly.</p> <p>Towards the end of the charity year, the Chair secured funding from the System Stabilisation Fund from GambleAware which has allowed us to continue our lived experience awareness workshops in Greater London and the Home Counties for a further six months. The chair has agreed with the funder to work on donated time principles as the project manager in the interim to help stabilise and strengthen the charity’s financial position.</p> <p>Due to these changes along with the current CEO’s planned retirement at the end of the year, we expect a reduced level of activity in the next charity year while we await legislative and regulatory changes to funding. However, we will continue to be open and innovative to meaningful and impactful ways to bring about a public health approach to gambling harm.</p>
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	Trust deed
How is the charity constituted?	Para 1.25	CIO - Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed. New trustees are appointed where they have the necessary skills to contribute to the charity's management and development. When new trustees are appointed, they are given an introduction to the work of the trustees and provided with the information to fulfil their roles, with professional training to be provided if the individual requires it.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>The Board of Trustees consists of 5 members, each of whom bring a particular strength to the governing and oversight of the charity.</p> <p>The membership of the Board of Trustees and their skills and experience are detailed below:</p> <p><u>Dr Kishan Patel</u> Kishan is a practising NHS doctor and a recent graduate of Imperial College London.</p> <p>He passionately spearheaded the organisation's founding and start-up. Kishan has and continues to voluntarily lead the organisation in several areas, including entrepreneurially as the founding CEO of the CIC, strategically as the founding chair of trustees of the CIO and operationally across multiple areas.</p> <p>Since the organisation's inception, Kishan has yet to take any financial or material compensation. Furthermore, he donates all income related to his work around gambling harm to the charity. Towards his ambition of developing an independent charity that is sustainable and to minimise any apparent or actual conflicts of interest, Kishan has also yet to take any funds from the charity for the costs he has personally incurred in travel, accommodation, equipment, or otherwise.</p> <p>Kishan is powerfully motivated by his childhood experience of gambling harm, which he continues to feel the impacts and effects of today. Kishan lost his dad at age 15 and consequently struggled with bereavement for several years, which disrupted his</p>

	<p>studies and ambition towards helping others through medicine.</p> <p>Despite presenting to healthcare professionals for a range of physical and mental health issues throughout his childhood and adolescence, Kishan had never been asked if gambling harm could be underlying these presentations. It was in his fourth year of medical school that he first came across gambling as a 'hidden epidemic' while undertaking extracurricular research into neglected health issues.</p> <p>Upon confronting his repressed experiences of gambling harm, Kishan knew he had to do something to change the status quo and challenge the prevailing industry narratives that minimise, deflect and prevent gambling harm from being recognised and tackled as a significant public health and safeguarding issue.</p> <p>Kishan is one of the NHS Clinical Entrepreneur Fellows and benefits from experiences in strategy consulting, health-based research, health tech, start-ups, and financial services.</p> <p><u>Christopher Gilham</u> Chris is the other co-founder of the charity. He has a MSc in Strategic Procurement Management, and he currently works as a Commercial Manager for Transport for London.</p> <p>He has personally experienced gambling harm, as well as alcohol dependence. He has been gambling free and sober since October 2017.</p> <p>In his Trustee role, Chris provides commercial advice to the charity plus he also uses his lived experience to provide advice to the charity and its employees on the design and content of the charity's training and awareness materials.</p> <p>His wide network of contacts across both the gambling support charity sector, together with his links with both politicians and people within the healthcare sector also enables him to provide support to Trustees and the Chief Executive on the development of the charity's strategy.</p> <p><u>Lesley Buckland</u> Lesley's professional background is in Human Resource Management. Lesley held senior management roles in Industry and within the NHS. In the latter part of her career, she was Head of an Academic Department and the Director of the Institute of Vocational Learning, Faculty of Health and Social Care, based at London Southbank University.</p> <p>Lesley also held non-executive roles in the NHS for over twenty years. Lesley most recently was the Deputy Chair and Chair of the Audit Committee at a CCG, she also had the lead Lay Member Governance role, which included working across the Health System with the creation of Integrated Boards and Care Systems.</p> <p>Structure, governance, and management (continued)</p>
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	<p>Lesley was Chair and continues as a Trustee of a Charity /Social Enterprise, focusing on the Care of the Elderly with an emphasis on supporting the well-being of clients with Dementia.</p> <p>In her Trustee role Lesley takes an overarching view on the charity's governance and human resources processes.</p> <p><u>Marie-Claire Conlin</u> Marie-Claire was born and raised in Newcastle-upon-Tyne and now lives in Toronto, Canada.</p> <p>She holds a Master's degree in Psychology and currently works as an Education Specialist, specialising in providing training to mental health and addictions professionals about gambling, gaming and problem technology use.</p> <p>Before this, she worked for many years supporting and teaching young people experiencing social, emotional and mental issues and learning difficulties/exceptionalities in the United Kingdom.</p> <p>She has a passion for research, knowledge translation and providing accessible education.</p> <p>Marie-Claire identifies as an individual with lived experience of affected other harms, including alcohol use, gambling behaviour and mental health concerns.</p> <p>As a Trustee she is able to bring both her professional knowledge and experience as well as the learning from Canada in the fields of gambling harm. This enables her to offer advice and support to the charity and its employees on the design of its training and awareness materials. Her awareness and interest in addressing the stigma around gambling also allows her to help drive and inform the charity's work in this area.</p> <p><u>Craig Spencer</u> Craig is an experienced policy professional who has worked on policy spanning across both central and local Government. He currently works within the Police Integrity Unit at the Home Office developing and maintaining the framework for a police complaints and discipline systems and providing oversight for high profile misconduct and corruption cases. He previously worked for the City of London Corporation as part of their Police Authority leading on custody and vulnerability, where he was also a Director for the Independent Custody Visitor Association. He was also the Chair of City Pride, the LGBT+ Network for the Corporation.</p> <p>As somebody himself who stopped gambling 5 years ago and has witnessed gambling harm, he is passionate about helping others.</p> <p>As a Trustee, Craig provides support around policy development as well using his lived experience to help develop the charity's strategy and some of its awareness and training materials.</p> <p><u>John Gilham - Chief Executive Officer (CEO)</u></p>
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		<p>With regards to executive leadership John brings a breadth of knowledge and experience to the charity. He has significant previous experience as both a chief executive for nine years within the NHS and then as a non-executive director where in his last role he was the Deputy Chair of the Mid Essex Clinical Commissioning Group.</p> <p>John was appointed to the CEO role in September 2022 and during the last year has been able to firmly establish GHUK as a recognised charity within the gambling harm charity sector.</p> <p>He has overseen the development of the charity's strategic model for responding to gambling harm at a system level and how enabled the charity to successfully deliver its priorities.</p> <p>John is also an affected other as the consequence of his son having suffered with gambling disorder.</p> <p>Most of the charity's workforce whether as employee's or consultants are individuals with lived experience.</p> <p>This will continue to be the aim of the charity's workforce strategy going forward where such individuals can be found with or trained to acquire the competencies and skills needed to fulfil our purpose.</p> <p>The Trustees make all strategic decisions and support the CEO and staff to carry out these decisions.</p> <p>The Board appoints the CEO, and a Board member will attend interviews of senior management. All other staff appointments are made internally.</p> <p>The day to day running of the organisation is delegated to the CEO and senior management. However, any invoice or payment exceeding £10,000 has to be approved by a Trustee and expense claims or invoices from any Trustee or the CEO requires authority from two other Trustees before it can be paid.</p>
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Gambling Harm UK
Other name the charity uses	Gambling Education Network
Registered charity number	1196538
Charity's principal address	Gambling Harm UK 86-90 Paul Street London EC20 4NE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Kishan Patel	Chair		
2	Christopher Gilham			
3	Marie-Claire Conlin			
4	Lesley Buckland			
5	Craig Spencer			
6	Andrew Nicol	Treasurer	From 18 December 2023	

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable


Other optional information

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Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	Dr Kishan Patel	
Position	Chair	
Date	09/06/24	



GAMBLING HARM UK			Charity No (if any)	1196538	CC17a
Annual accounts for the period					
Period start date	01/12/2022	To	Period end date	30/11/2023	

Section A Statement of financial activities

Recommended categories by activity	Details of own analysis	Note	Restricted			Total this year £	Total last year £
			Unrestricted funds £	income funds £	Endowment funds £		
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds			-	-	-	-	-
Voluntary income		S01	7,566	-	-	7,566	71,990
Activities for generating funds		S02	14,486	-	-	14,486	-
Investment income		S03	4	-	-	4	1,683
Incoming resources from charitable activities		S04	-	93,686	-	93,686	120,681
Other incoming resources		S05	-	-	-	-	-
Total incoming resources		S06	22,056	93,686	-	115,742	194,354
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs		S08	-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	23,186	61,644	-	84,830	98,434
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	-	-	-	-	-
Total resources expended		S13	23,186	61,644	-	84,830	98,434
Net incoming/(outgoing) resources before transfers		S14	- 1,130	32,042	-	30,912	95,920
Gross transfers between funds		S15	3,028	- 3,028	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		S16	1,898	29,014	-	30,912	95,920
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds		S19	1,898	29,014	-	30,912	95,920
Total funds brought forward		S20	72,108	23,812	-	95,920	-
Total funds carried forward		S21	74,006	52,826	-	126,832	95,920

Section B

Balance sheet


	Note	Restricted			Total this year	Total last year
		Unrestricted funds	income funds	Endowment funds		
		£	£	£	£	£
		F01	F02	F03	F04	F05
Fixed assets						
Tangible assets (Note 9)	B01	525	-	-	525	1,247
	B02	-	-	-	-	-
Investments (Note 10)	B03	-	-	-	-	-
Total fixed assets	B04	525	-	-	525	1,247
Current assets						
Stock and work in progress	B05	-	-	-	-	-
Debtors (Note 11)	B06	4,170	21,220	-	25,390	79
Short term investments	B07	-	-	-	-	-
Cash at bank and in hand	B08	71,341	36,342	-	107,683	102,170
Total current assets	B09	75,511	57,562	-	133,073	102,249
Creditors: amounts falling due within one year (Note 12)	B10	2,030	4,736	-	6,766	7,576
Net current assets/(liabilities)	B11	73,481	52,826	-	126,307	94,673
Total assets less current liabilities	B12	74,006	52,826	-	126,832	95,920
Creditors: amounts falling due after one year (Note 12)	B13	-	-	-	-	-
Provisions for liabilities and charges	B14	-	-	-	-	-
Net assets	B15	74,006	52,826	-	126,832	95,920
Funds of the Charity						
Unrestricted funds	B16	74,006			74,006	72,108
	B17	-			-	-
Restricted income funds (Note 13)	B18		52,826		52,826	23,812
Endowment funds (Note 13)	B19			-	-	-
Total funds	B20	74,006	52,826	-	126,832	95,920

Signed on behalf of all the trustees

Signature

Print Name

Date of approval

	Dr Kishan Patel (Chair of Trustees)	22/06/2024
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Note 1 **Basis of preparation****1.1 Basis of accounting**

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with

 Accounting Standards;
- or

✓

 Financial Reporting Standards for Smaller Enterprises (FRSSE);
- and with the Charities Act.

1.2 Change in basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3 Changes to previous accounts

No changes have been made to accounts for previous years.

Note 2

Accounting policies

INCOMING RESOURCES**Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees are virtually certain they will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Contractual income and performance related grants

This is only included in the SoFA once the related goods or services have been delivered.

Gifts in kind

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income

This is included in the accounts when receivable.

Investment gains and losses

This includes any gain or loss on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

EXPENDITURE AND LIABILITIES**Liability recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters.

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

**Grants payable without performance conditions
Support Costs**

These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS**Tangible fixed assets for use by charity**

These are capitalised if they can be used for more than one year, and cost at least £500. They are valued at cost or a reasonable value on receipt.

Investments

Investments quoted on a recognised stock exchange are valued at market value at the year end. Other investment assets are included at trustees' best estimate of market value.

Stocks and work in progress

These are valued at the lower of cost or market value.

Section C	Notes to the accounts	(cont)
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Note 3 **Analysis of incoming resources**

	Analysis	This year £	Last year £
Voluntary income	Donations	2,566	49,529
	Grant income	5,000	22,461
		-	-
		-	-
	Total	7,566	71,990
Activities for generating funds	Fee income for training services	14,486	-
		-	-
		-	-
		-	-
	Total	14,486	-
Investment income	Interest receivable	4	1,683
		-	-
		-	-
		-	-
	Total	4	1,683
Incoming resources from charitable activities	Grant - YGAM-GEN	39,966	107,705
	Grant - Essex Community Foundation	12,500	-
	Grant - GREO Leaf Programme	20,000	-
	Grant - Gambleware SSF1	21,220	-
	Grant - Bolton CVS	-	9,976
	Grant - Gamban	-	3,000
	Total	93,686	120,681

Section C	Notes to the accounts	(cont)
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Note 4 **Analysis of resources expended**

	Analysis	This year £	Last year £
Costs of generating voluntary income		-	-
		-	-
		-	-
		-	-
	Total	-	-
Fundraising trading costs		-	-
		-	-
		-	-
		-	-
	Total	-	-
Investment management costs		-	-
		-	-
	Total	-	-
Charitable activities	Staff costs	61,305	76,871
	Depreciation	722	492
	Other costs	22,803	21,071
		-	-
	Total	84,830	98,434
Governance costs		-	-
		-	-
	Total	-	-

Note 5

Support Costs

Support cost type	Fundraising activity £	Charitable Activity £	Governance Activity £	Total Cost £
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Total	-	-	-	-

Note 6

Details of certain items of expenditure

6.1 Trustee expenses

Number of trustees who were paid expenses

Nature of the expenses

Total amount paid

This year	Last year
1	1
Travel expenses	Travel expenses
£22	£248

6.2 Fees for examination or audit of the accounts

Independent examiner’s fee for reporting on the accounts

Preparation of the accounts

This year £	Last year £
1,000	3,600
750	Included above

Note 7

Paid employees

7.1 Staff Costs

	This year £	Last year £
Gross wages, salaries and benefits in kind	60,056	72,910
Employer's National Insurance costs	-	2,730
Pension costs	1,249	1,231
Total staff costs	61,305	76,871

7.2 Average number of full-time equivalent employees in the year

	This year Number	Last year Number
The parts of the charity in which the employees work		
Fundraising	-	-
Charitable Activities	5	3
Governance	-	-
Other	-	-
Total	5	3

7.3 Defined contribution pension scheme

Brief details of the scheme

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund.

	This year £	Last year £
The costs of the scheme to the charity for the year	1,249	1,231
The amount of any contributions outstanding at the year end	174	557
The amount of any contributions prepaid at the year end	-	-

Note 8 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

8.1 Total value of grants

Purpose for which grants made	Grants to institutions Total amount £	Grants to individuals Total amount £
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

8.1 Grantmaking costs

If the charity's accounts are prepared on the "activity basis" please give details of any support cost associated with grantmaking. Please enter "Nil" if the charity does not identify and/or allocate support costs.

Support costs of grantmaking

£

8.3 Grants made to institutions

If the charity has made grants to particular institutions that are material in the context of its grantmaking please give details of the institution supported, purpose of the grant and total paid to each institution listed. Sufficient information should be given to provide a reasonable understanding of the range of institutions supported.

Names of institutions	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions		-

Note 9

Tangible fixed assets

9.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Payments on account and assets under construction	Total
	£	£	£	£	£	£
Balance brought forward	-	-	-	1,739	-	1,739
Additions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers	-	-	-	-	-	-
Balance carried forward	-	-	-	1,739	-	1,739

9.2 Accumulated depreciation and impairment provisions

Basis	SL or RB	SL or RB	SL or RB	Straight line	SL or RB
Rate				33%	

Balance brought forward	-	-	-	492	-	492
Depreciation charge for year	-	-	-	722	-	722
Impairment provisions	-	-	-	-	-	-
Revaluations	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Transfers	-	-	-	-	-	-
Balance carried forward	-	-	-	1,214	-	1,214

9.3 Net book value

Brought forward	-	-	-	1,247	-	1,247
Carried forward	-	-	-	525	-	525

9.4 Revaluation

All fixed assets are recognised at cost.

Note 10

Investment assets

10.1 Fixed assets investments

	£
Carrying (market) value at beginning of year	-
Add: additions to investments at cost	-
Less: disposals at carrying value	-
Add/(deduct): net gain/(loss) on revaluation	-
Carrying (market) value at end of year	-

Analysis of investments

Investment properties

Investments listed on a recognised stock exchange or held in common investment funds, open ended investment companies, unit trusts or other collective investment schemes

Investments in subsidiary or connected undertakings and companies

Securities not listed on a recognised Stock Exchange

Cash held as part of the investment portfolio

Other investments

10.2 Market value at year end £	10.3 Income from investments for the year £
-	-
-	-
-	-
-	-
-	-
-	-
Total	-

10.4 Material investment holdings

If any single investment is material in terms of its value (for example represents more than 5 per cent of the value of the charity’s total investments) please provide details.

Investment held	
Market Value	

Note 11 Debtors and prepayments**Analysis of debtors**

Trade debtors

Amounts due from subsidiary and associated undertakings

Other debtors

Prepayments and accrued income

Amounts falling due within one year		Amounts falling due after more than one year	
This year £	Last year £	This year £	Last year £
24,720	-	-	-
-	-	-	-
-	-	-	-
670	79	-	-
Total	25,390	-	-

Note 12 Creditors and accruals**12.1 Analysis of creditors**

Loans and overdrafts

Trade creditors

Other taxation and social security

Other creditors

Accruals and deferred income

Amounts falling due within one year		Amounts falling due after more than one year	
This year £	Last year £	This year £	Last year £
-	-	-	-
-	-	-	-
3,052	3,419	-	-
174	557	-	-
3,539	3,600	-	-
Total	6,765	-	-

12.2 Security over assets

None

Note 13 **Endowment and restricted income funds**

13.1 Funds held

Please give a brief description of any of the following type of funds held by the charity:

- permanent endowment funds (PE);
- expendable endowment funds (EE); and
- restricted income funds, including special trusts, of the charity (R).

Fund Name	Type PE, EE or R	Purpose and Restrictions
YGAM	R	To raise awareness to diverse communities of young people aged 14-24 in Greater London and the Home Counties.
Bolton CVS	R	To raise awareness to diverse communities of young people in Bolton.
Gamban	R	To support the activity of the 'All Bets are Off' podcast.
Essex Community Foundation	R	Awareness engagement training across the ICS plus awareness training specifically for 17-24 year olds.
GREO Leaf Pogramme	R	To empower individuals who have experienced gambling harm to be maximally involved in research.
GambleAware SSF1	R	Young People in Diverse Communities Gambling Harm Prevention Workshops (14–24-year-olds in Greater London and Home Counties).

13.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Transfers £	Gains and losses £	Fund balances carried forward £
YGAM	11,901	39,966	- 53,875	2,008	-	-
Bolton CVS	9,976	-		-	-	9,976
Gamban	1,935	-	1,006	-	-	929
Essex Community Foundation	-	12,500	10,539	-	-	1,961
GREO Leaf Pogramme	-	20,000	1,211	-	-	18,789
GambleAware SSF1	-	21,220	49		-	21,171
Total Funds	23,812	93,686	- 66,680	2,008	-	52,826

13.3 Transfers between funds

From Fund (Name)	To Fund (Name)	Reason	Amount
Unrestricted	YGAM	Transfer of overspend from unrestricted fund	- 2,008
YGAM	Unrestricted	Overhead contribution	5,036
		Total from unrestricted to restricted per SOFA	3,028

Note 14

Transactions with related parties

14.1 Remuneration and benefits

Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee or other related parties by the charity or any institution or company connected with it.

Name of trustee or connected party	Legal authority (eg order, governing document)	Amounts paid or benefit value	
		This year £	Last year £
			None

14.2 Loans

	Name of trustee or connected party	Legal authority	Amount owing	
			This year £	Last year £
Due to trustees and related parties				None
Due from trustees and related parties				None

14.3 Other transaction(s) with trustees or related parties

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	This year £	Last year £
				None



Section A

Independent Examiner's Report

Report to the trustees	GAMBLING HARM UK		
On accounts for the year ended	30 NOVEMBER 2023	Charity number	1196538
Set out on pages	1 to 14 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 November 2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").


I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:		Date:	24 June 2024
Name:	Paul Dearsley FCCA		

Relevant professional qualification(s) or body (if any):	Chartered Certified Accountant
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Address:	Aston Ley Limited
	Aston Ley Barn, Hermitage Meadow
	Clare, Suffolk CO10 8QQ