



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From March 2024 **Period start date To** March 2025 **Period end date**

Charity name: Dementia Prevention UK

Charity registration number: 1196521

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Dementia Prevention UK is a registered charity providing education to the public on dementia risk factors and practical tools to delay or prevent dementia through lifestyle modification
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Non-Pharmacologic Interventions delivered on community level to prevent or delay dementia. Our range of services if from 1 hour talk to long projects. Our long projects are a few weeks long working with communities on modification of lifestyle behaviour
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Three trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We are a grant making Charity- N/A
Policy on social investment including program related investment	Para 1.38	We do not have social investment - N/A
Contribution made by volunteers	Para 1.38	We didn't get any Contribution made by volunteers - N/A
Other		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year, we have significantly increased our reach, both in the number of workshops delivered and in our geographic coverage. We have deepened our relationships with communities, enabling us to better understand and respond to their needs. Our workshops have supported beneficiaries to gain confidence regarding their health and improve mental wellbeing. We have also strengthened our relationships with donors, ensuring the sustainability of our programmes. Through our activities, we have contributed to wider societal benefits by [add a line on wider impact: reducing isolation, promoting inclusion, enhancing community cohesion and overall improving access to health services</p> <p>Overall, our work this year has empowered individuals and strengthened communities, reflecting our mission to reduce the risk of developing dementia.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<ul style="list-style-type: none"> • Total income- £35197 • Total payments- £32738 • Cash funds end of year 2024- £8890
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The policy allocates money from unrestricted fund balances, which are not invested in fixed assets, to several designated funds. These funds are:</p> <ol style="list-style-type: none"> 1. Continuity Fund This fund is to be used to bridge any possible delays in receiving promised grants or managing payment in arrears contracts. This has been defined as a minimum of a two months budgeted trading activity. 2. Restructuring Fund This fund is to be used to cover essential trading/activities whilst sourcing income to a maximum of 6 months budgeted trading activity. 3. Dissolution Fund This fund provides for the costs of dissolution should the charity be unable to continue. It is only to be used in the event of the Trustees' deciding the charity should cease to exist. It will be used to pay notice periods, redundancies and the expenses

		of running Dementia Prevention UK until closure of the organisation.
Amount of reserves held	Para 1.22	£2000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Structure, Governance and Management

Description of charity's trusts:		Advancement of religion, education, health or saving of lives
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We recruit our trustees via Volunteers websites. They go through 3 rounds of interview. First round of interview with the founder Michelle Reshef, second round of interview is with Chair of Trustees and third round of interview again with the Founder.

Reference and Administrative details

Charity name	Dementia Prevention UK
Other name the charity uses	N/A
Registered charity number	1196521
Charity's principal address	39 Rossington Ave, WD64JX Borehamwood

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sofia Levine	N/A	26/1/2022	N/A
2	Francina Stobart	N/A	27/1/2022	N/A
3	Alison Carter Albert	N/A	20/05/2023	N/A

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

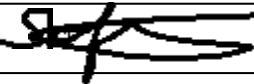
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

		
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Full name(s)

Sofia Levine	
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Position (eg Secretary,
Chair, etc)

Chair Trustee	
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Date

01/07/2025
