



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From March 2023 **Period start date To** March 2024 **Period end date**

Charity name: Dementia Prevention UK

Charity registration number: 1196521

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Dementia Prevention UK is a registered charity providing education to the public on dementia risk factors and practical tools to delay or prevent dementia through lifestyle modification
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Non-Pharmacologic Interventions delivered on community level to prevent or delay dementia. Our range of services if from 1 hour talk to long projects. Our long projects are a few weeks long working with communities on modification of lifestyle behaviour
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Three trustees confirm that they have had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	We are a grant making Charity- N/A
Policy on social investment including program related investment	Para 1.38	We do not have social investment - N/A
Contribution made by volunteers	Para 1.38	We didn't get any Contribution made by volunteers - N/A
Other		

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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The first year of operation delivery: 56 Brain health talks to the general public delivering an impact on 1000 individuals 3 Brain coach workshops- delivering an impact on 15 individuals 1 Brain health talk to a commercial organisation- delivering an impact on 400 individuals 4 brain health awareness talks- delivering an impact on 150 individuals 1 brain health workshop for volunteersdelivering an impact on 50 individuals</p> <p>Second year of operation delivery: 3 Brain health talks to the general public delivering an impact on 50 individuals 56 Brain health talks to public health professionals- delivering an impact on 40 individuals 10 brain health workshops delivering an impact on 400 individuals. Our impact is by delivering information about modifiable lifestyle behaviours that can lower the risk of developing dementia. Before and after each intervention we provide a questionnaire to measure our impact. After completing our workshops participants reported: 92% - "I feel empowered to take control of my health" 98% - "I understand how to keep my brain healthy" 95% - "I know how to maintain a positive mental health" 92% - "I plan to incorporate ideas from the course into my life" 96% - "I started implementing changes to my lifestyle" We encourage our participants to share the knowledge they receive at the workshops with the wider community.</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<ul style="list-style-type: none"> • Total income- £33236 • Total payments- £24346 • Cash funds end of year 2022- £18281 <ul style="list-style-type: none"> • Cash funds end of 2024- £27140
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<p>The policy allocates money from unrestricted fund balances, which are not invested in fixed assets, to several designated funds. These funds are:</p> <p>1. Continuity Fund This fund is to be used to bridge any possible delays in receiving promised grants or managing payment in arrears contracts. This has been defined as a minimum of a two months budgeted trading activity.</p>

		<p>2. Restructuring Fund This fund is to be used to cover essential trading/activities whilst sourcing income to a maximum of 6 months budgeted trading activity.</p> <p>3. Dissolution Fund This fund provides for the costs of dissolution should the charity be unable to continue. It is only to be used in the event of the Trustees' deciding the charity should cease to exist. It will be used to pay notice periods, redundancies and the expenses of running Dementia Prevention UK until closure of the organisation.</p>
Amount of reserves held	Para 1.22	£2000
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Structure, Governance and Management

Description of charity's trusts:		Advancement of religion, education, health or saving of lives
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	We recruit our trustees via Volunteers websites. They go through 3 rounds of interview. First round of interview with the founder Michelle Reshef, second round of interview is with Chair of Trustees and third round of interview again with the Founder.

Reference and Administrative details

Charity name	Dementia Prevention UK
Other name the charity uses	N/A
Registered charity number	1196521
Charity's principal address	39 Rossington Ave, WD64JX Borehamwood

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sofia Levine	N/A	26/1/2022	N/A
2	Francina Stobart	N/A	27/1/2022	N/A
3	Alison Carter Albert	N/A	20/05/2023	N/A

Corporate trustees – names of the directors at the date the report was approved

Director name		
Sofia Levine		
Alison Carter Albert		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

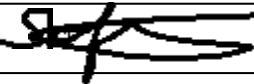
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

		
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Full name(s)

Sofia Levine

Position (eg Secretary,
Chair, etc)

Chair Trustee

Date

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Dementia Prevention UK

1196521

No (if any)

Receipts and payments accounts

CC16a

For the period
from

Period start date
April 2023

To

Period end date
31 March 2024

Section A Receipts and payments

	Unrestricted to the nearest £	Restricted to the nearest £	Endowment to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,841	-	-	1,841	9,481
Grants	30,656	-	-	30,656	18,046
Services	739	-	-	739	840
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for	33,236	-	-	33,236	28,367
A2 Asset and investment sales,					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	33,236	-	-	33,236	28,367
A3 Payments					
Website	180	-	-	180	453
Hall hire	1,406	-	-	1,406	395
Fundraising costs	-	-	-	-	312
Subscriptions	130	-	-	130	129
Project costs	1,501	-	-	1,501	1,650
Consultancy	19,655	-	-	19,655	6,811
Postage and stationery	-	-	-	-	8
Accountancy	900	-	-	900	-
Membership	-	-	-	-	181
Training	356	-	-	356	-
Insurance	218	-	-	218	147
Sub total	24,346	-	-	24,346	10,086
A4 Asset and investment					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	24,346	-	-	24,346	10,086
Net of receipts/(payments)	8,890	-	-	8,890	18,281
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	8,890	-	-	8,890	18,281

Section B Statement of assets and liabilities at the end of the period


Categories	Details	Unrestricted to nearest £	Restricted to nearest £	Endowment to nearest £
B1 Cash funds	Cash at bank	27,170	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	27,170	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which	Amount due	When due
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on	Signature	Print Name	Date of
		Sofia Levine	10/04/2024



Section A Independent Examiner's Report

Report to the trustees

Charity Name

Dementia Prevention UK

On accounts for the year ended

31 March 2024

Charity no (if any)

1196521

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 03 / 2024
As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

Name:

Relevant professional qualification(s) or body

(if any):

Address:

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.