



Trustees' Annual Report for the period

ToPeriod end date

Period start date

From

1ST

APRIL

2024

31ST

MARCH 2025

n A and administration details

Reference

Charity nameGROW NURSES & MIDWIVES FOUNDATION

Other names charity is known by

GROWNMRRegistered charity

1196497

number (if any)

Charity's principal address

381 St. Albans Road

Postcode

AL10 9RU

ames of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person body entitled to appoint trustee (
1	Dr Gloria Rowland	Chair		Board of Trustees
2	Mr Alexander Adesope	Treasurer		Board of Trustees
3	Mrs Ines Sunday	Secretary		Board of Trustees
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
TAR		1		March

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO Foundation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
 - the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
 - trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE FROM DISADVANTAGED FAMILIES IN DEVELOPING COUNTRIES BY THE PROVISION OF FUNDS TO TRAIN AS NURSES AND MIDWIVES IN AFRICA AND THE CARIBBEAN

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

THE PROVISION OF FUNDS TO TRAIN YOUNG PEOPLE AS NURSES AND MIDWIVES IN AFRICA AND ETHNIC MINORITY NURSES IN UK.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

RISK MANAGEMENT

Trustees have assessed all the major risks to which the charity maybe exposed to, in particular those related to operations and finances of the charity, and are satisfied that policies and procedures are in place to mitigate exposure to such risks.

The following policies are in place to balance benefits against any detriment or harm:

- Quality Policy,
- Investment policy
- Conflict of Interest Policy
- Equality & Diversity Policy,
- Complaint procedure

Summary of the main achievements of the charity during the year	<p>During this financial year 01 April 2024 – 31 March 25 Amount of grant paid out for supporting nursing student in Nigeria in the total of £7483.82. We are working in collaboration with Cosmopolitan University in Abuja, Nigeria.</p>
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Brief statement of the charity's policy on reserves

Over the last year the founder and chair of trustees sponsored the payment of grant. Henceforth, the trustees will seeking to raise funds by applying for grants to support future projects of the charity.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our main source of funds is from donations made by trustees, supporters and members of the public.

Our Conflict of Interest Policy.

The main focus of this policy is the transparency with which trustees account for the activities of;

- Investment of funds and resources
- Private benefit
- Covering legal requirements.
- developing good record-keeping and reporting practice.

Trustees have and must accept ultimate responsibility for directing the affairs of the charity, and ensuring:

- that it is solvent, well-run, and delivering the charitable outcomes for the benefit of the public for which it has been set up.
- Ensure that the charity complies with charity law, and with the requirements of the Charity Commission as regulator; in particular ensure that the charity prepares reports on what it has achieved and Annual Returns and accounts as required by law.
- Ensure that the charity does not breach any of the requirements or rules set out in its governing document and that it remains true to the charitable purpose and objects set out therein.
- Comply with the requirements of other legislation and other regulators (if any) which govern the activities of the charity.
- Act with integrity, and avoid any personal conflicts of interest or misuse of charity funds or assets.
- Ensure that the charity is and will remain solvent.
- Use charitable funds and assets reasonably, and only in furtherance of the charity's objects.
- Avoid undertaking activities that might place the charity's endowment, funds, assets or reputation at undue risk.


- Take special care when investing the funds of the charity, or borrowing funds for the charity to use.
 - Use reasonable care and skill in their work as trustees, using their personal skills and experience as needed to ensure that the charity is well-run and efficient.
 - Consider getting external professional advice on all matters where there may be material risk to the charity, or where the trustees may be in breach of their duties.
- All trustees, however appointed, must act in the charity's interests, and must not represent the interests of any outside organisation or their own personal interests.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' above. report Signed on behalf of the charity's trustees

Signature(s) F name(s)

	Alexander Adesope
Ull Gloria Rowland 	
Dr Gloria Rowland	Mr Alexander Adesope
Position (eg Secretary, Chair, e	
tc)	
Date	Chair/trustee
	Trustee
	20/01/2026



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
GROWN NURSES & MIDWIVES FOUNDATION

No (if any) 1196497

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	1/4/202		31/03/2025

Receipts and payments

		Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
		to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts						
DONATIONS	7,500	-	-	7,525	6500	
Brought Forward from 2023/24	25	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total (Gross income for AR)	7,525	-	-	7,525	6500	
A2 Asset and investment sales, (see table).						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total receipts		7,525	-	-	7,525	6500
A3 Payments						
GRANTS	2068	-	-	2068	3375	
ACCOUNTANT FEE	100	-	-	100	100	
Staff Salary	5315	-	-	5315	3,000	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	7483	-	-	7483	6,475	
A4 Asset and investment purchases, (see table)						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total payments Net of receipts/(payments)		7483	-	-	7483	6,475
A5 Transfers between funds		42	-	-	42	25
A6 Cash funds last year end		-	-	-	-	-
Cash funds this year end		42	-	-	42	25

Section B Statement of assets and liabilities at the end of the period

to nearest £

B1 Cash funds

Categories

Details

Unrestricted
funds

Restricted
funds
to nearest £

Endowment
funds
to nearest £

	-	-	-
	-	-	-
	-	-	-
Total cash funds	-	-	-
(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

B2 Other monetary assets

Details

Unrestricted
funds
to nearest £

Restricted
funds
to nearest £ -

Endowment funds
to nearest £ -

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details

Fund to which asset
belongs

Cost (optional)

Current value
(optional)

		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details

Fund to which asset
belongs

Cost (optional)

Current value
(optional)

		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details

Fund to which liability relates

Amount due
(optional)

When due
(optional)

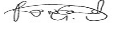
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		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

	DR GLORIA ROWLAND