

Chair's Report – 2025

Presented by: Rob Cromey-Hawke, Chair

2025 has been a year of consolidation, reflection and transition for Team True Spirit.

The charity has now been operating independently for just over three years, following its transition from being the endurance sports arm of Help for Heroes. The early period of independence necessarily focused on compliance, continuity and ensuring that the charity could continue to deliver meaningful opportunities for Wounded, Injured and Sick (WIS) UK military veterans. In that respect, 2025 has seen the charity continue to fulfil its core purpose: enabling beneficiaries to take part in physical and endurance-based challenges that promote confidence, connection and wellbeing.

During the year, the charity has delivered a programme of events and funded places broadly consistent with previous years. These activities continue to be valued by participants, and the quality of individual events has not been in question.

However, 2025 has also highlighted that the charity is at an important point in its development. A recent review of engagement data, financial trends, delivery patterns and trustee working practices has shown that while the charity has supported a large number of beneficiaries over its lifetime, active engagement, visibility and participation have not grown in line with that history. Delivery has also continued to rely heavily on a very small number of individuals.

In parallel, feedback from external grant funders has made clear that future support is increasingly dependent on our ability to demonstrate widening reach, improved engagement, and clearer evidence of impact. These are not criticisms of the charity's values or intentions, but indicators of where it must now evolve if it is to remain sustainable and effective.

As Chair, I take responsibility for acknowledging that the Board has not always operated as actively or strategically as it could have during the year. While commitment to the charity remains strong, we must collectively ensure that trustee engagement, accountability and strategic oversight match the charity's ambitions and responsibilities.

Looking ahead, the priority for the coming year is to use this period of reflection to strengthen the charity's foundations: clarifying strategy, improving engagement with beneficiaries and supporters, and ensuring that our governance and operating model are fit for the next phase of the charity's life.

I would like to thank all our trustees and volunteers who have continued to give significant time and energy to the charity during 2025, and to all beneficiaries and supporters who have placed their trust in Team True Spirit. The charity's purpose remains as important as ever, and the work done this year provides a platform for thoughtful and responsible decisions about the future.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Team True Spirit

1196486

Receipts and payments accounts

CC16a

For the period from	06/04/2024	To	05/04/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	15,429	-	-	15,429	3,378
Fundraising	-	-	-	-	-
Other receipts	-	-	-	-	500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
AR)	15,429	-	-	15,429	3,878
(see table).	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	15,429	-	-	15,429	3,878
A3 Payments					
Promotions	200	-	-	200	-
Sundries	519	-	-	519	475
Subscriptions	232	-	-	232	-
Event Costs	9,495	-	-	9,495	12,874
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,446	-	-	10,446	13,349
A4 Asset and investment					
Gazebo	650	-	-	650	-
Go-Pro	-	-	-	-	510
Sub total	650	-	-	650	510
Total payments	11,096	-	-	11,096	13,859
Net of receipts/(payments)	4,333	-	-	4,333	9,981
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,039	-	-	3,039	13,020
Cash funds this year end	7,372	-	-	7,372	3,039

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	7,372	-	-
		-	-	-
		-	-	-
	Total cash funds	7,372	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
B5 Liabilities				
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
TEAM TRUE SPIRIT

**On accounts for the year
ended**

5th APRIL 2025

**Charity no
(if any)**

1196486

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05/04/2025.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

19/1/2026

Name:

DARREN GEE

**Relevant professional
qualification(s) or body**

B. A. (VONS) ACCOUNTANCY.

(if any):

Address:

7 NEWCASTLE, BARNARD CASTLE
COUNTY DURHAM, DL12 8NQ

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.