

# TEAM TRUE SPIRIT

England & Wales · Charity number 1196486

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2021-11-09

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 28 Moor Road  
Melsonby  
Richmond  
DL10 5PB

**Phone** 07725551071

**Email** [teamtruespirituk@gmail.com](mailto:teamtruespirituk@gmail.com)

**Website** [teamtruespirit.com](http://teamtruespirit.com)

## Activities

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**Objects:** TO PROMOTE THE HEALTH, RECOVERY AND REHABILITATION OF VETERANS, WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE, INCLUDING BY ENCOURAGING AND FACILITATING THEIR PARTICIPATION IN SPORTING ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE FULLY AND EQUALLY IN SOCIETY.FOR THE PURPOSE OF THIS CLAUSE A "VETERAN" MEANS ANY PERSON THAT HAS AN ARMED FORCES SERVICE ATTRIBUTABLE DISABILITY OR INJURY, EITHER PHYSICAL OR PSYCHOLOGICAL.

**Activities:** To promote the health, recovery and rehabilitation of veterans, with the object of improving their conditions of life, including by encouraging and facilitating their participation in sporting activities which develop their skills, capacities and capabilities to enable them to participate fully and equally in society.Monies raised will cover entry fees, accommodation and training facilities

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Amateur Sport
- **Who:** People With Disabilities, Other Defined Groups

## Geography

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- Northern Ireland
- Scotland
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-05	£15,429	£11,096	-	-
2024-04-05	£3,878	£13,349	-	-
2023-04-05	£25,275	£12,254	-	-

## Trustees

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Name	Role	Appointed
<b>Robert Cromey Hawke</b>	Chair	2020-11-04
Anthony Lees		2024-11-06
Hilary Margaret Conway		2024-11-06
James Ryan		2024-11-06
Mark Peter Airey BEM		2021-09-10
Robert James Healey		2024-11-06
Roger Anthony Maurice Coates MBE		2024-11-06
Simon Harmer		2020-11-04

**TEAM TRUE SPIRIT**

England & Wales - Charity number 1196486

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# Accounts

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# Chair's Report – 2025

**Presented by:** Rob Cromey-Hawke, Chair

2025 has been a year of consolidation, reflection and transition for Team True Spirit.

The charity has now been operating independently for just over three years, following its transition from being the endurance sports arm of Help for Heroes. The early period of independence necessarily focused on compliance, continuity and ensuring that the charity could continue to deliver meaningful opportunities for Wounded, Injured and Sick (WIS) UK military veterans. In that respect, 2025 has seen the charity continue to fulfil its core purpose: enabling beneficiaries to take part in physical and endurance-based challenges that promote confidence, connection and wellbeing.

During the year, the charity has delivered a programme of events and funded places broadly consistent with previous years. These activities continue to be valued by participants, and the quality of individual events has not been in question.

However, 2025 has also highlighted that the charity is at an important point in its development. A recent review of engagement data, financial trends, delivery patterns and trustee working practices has shown that while the charity has supported a large number of beneficiaries over its lifetime, active engagement, visibility and participation have not grown in line with that history. Delivery has also continued to rely heavily on a very small number of individuals.

In parallel, feedback from external grant funders has made clear that future support is increasingly dependent on our ability to demonstrate widening reach, improved engagement, and clearer evidence of impact. These are not criticisms of the charity's values or intentions, but indicators of where it must now evolve if it is to remain sustainable and effective.

As Chair, I take responsibility for acknowledging that the Board has not always operated as actively or strategically as it could have during the year. While commitment to the charity remains strong, we must collectively ensure that trustee engagement, accountability and strategic oversight match the charity's ambitions and responsibilities.

Looking ahead, the priority for the coming year is to use this period of reflection to strengthen the charity's foundations: clarifying strategy, improving engagement with beneficiaries and supporters, and ensuring that our governance and operating model are fit for the next phase of the charity's life.

I would like to thank all our trustees and volunteers who have continued to give significant time and energy to the charity during 2025, and to all beneficiaries and supporters who have placed their trust in Team True Spirit. The charity's purpose remains as important as ever, and the work done this year provides a platform for thoughtful and responsible decisions about the future.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Team True Spirit

1196486

**Receipts and payments accounts**

CC16a

For the period from	06/04/2024	To	05/04/2025
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	15,429	-	-	15,429	3,378
Fundraising	-	-	-	-	-
Other receipts	-	-	-	-	500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
AR)	15,429	-	-	15,429	3,878
<b>(see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	15,429	-	-	15,429	3,878
<b>A3 Payments</b>					
Promotions	200	-	-	200	-
Sundries	519	-	-	519	475
Subscriptions	232	-	-	232	-
Event Costs	9,495	-	-	9,495	12,874
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	10,446	-	-	10,446	13,349
<b>A4 Asset and investment</b>					
<b>Gazebo</b>	650	-	-	650	-
Go-Pro	-	-	-	-	510
<b>Sub total</b>	650	-	-	650	510
<b>Total payments</b>	11,096	-	-	11,096	13,859
<b>Net of receipts/(payments)</b>	4,333	-	-	4,333	9,981
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	3,039	-	-	3,039	13,020
<b>Cash funds this year end</b>	7,372	-	-	7,372	3,039

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Account	7,372	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,372</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	
		-	-	
		-	-	
		-	-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



Section A

Independent Examiner's Report

Report to the trustees

Charity Name: TEAM TRUE SPIRIT

On accounts for the year ended

5th APRIL 2025 Charity no (if any) 1196486

Set out on pages

1-2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05/04/2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
• the accounts did not accord with the accounting records; or
• the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 19/1/2026

Name: DARREN GEE

Relevant professional qualification(s) or body

B.A. (DONS) ACCOUNTANCY.

(if any):

Address: 7 NEWCASTLE, BARNARD CASTLE  
COUNTY DURHAM, DL12 8NQ

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

**TEAM TRUE SPIRIT**

England & Wales - Charity number 1196486

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# Accounts

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CHARITY COMMISSION  
FOR ENGLAND AND WALES

**Team True Spirit** 1196486

CC16a

**Receipts and payments accounts**  
For the period from **06/04/2023** To **05/04/2024**

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	3,378	-	-	3,378	10,000
Fundraising	-	-	-	-	14,775
Other receipts	500	-	-	500	500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>3,878</b>	<b>-</b>	<b>-</b>	<b>3,878</b>	<b>25,275</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,878</b>	<b>-</b>	<b>-</b>	<b>3,878</b>	<b>25,275</b>
<b>A3 Payments</b>					
Web and Apps	-	-	-	-	301
Sundries	475	-	-	475	53
Subscriptions	-	-	-	-	400
Event Costs	12,874	-	-	12,874	8,571
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>13,349</b>	<b>-</b>	<b>-</b>	<b>13,349</b>	<b>9,325</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Gazebo	-	-	-	-	2,930
Go-Pro	510	-	-	510	-
<b>Sub total</b>	<b>510</b>	<b>-</b>	<b>-</b>	<b>510</b>	<b>2,930</b>
<b>Total payments</b>	<b>13,859</b>	<b>-</b>	<b>-</b>	<b>13,859</b>	<b>12,255</b>
<b>Net of receipts/(payments)</b>	<b>- 9,981</b>	<b>-</b>	<b>-</b>	<b>- 9,981</b>	<b>13,020</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>13,020</b>	<b>-</b>	<b>-</b>	<b>13,020</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>3,039</b>	<b>-</b>	<b>-</b>	<b>3,039</b>	<b>13,020</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Account	3,039	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>3,039</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	

**TEAM TRUE SPIRIT**

England & Wales - Charity number 1196486

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# Accounts

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Section A Independent Examiner's Report

Report to the trustees/ members of

Charity Name: TEAM TRUE SPIRIT

On accounts for the year ended

5th APRIL 2023

Charity no (if any)

1196486

Set out on pages

1 - 2 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 05/04/2023

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below\*) in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed: [Signature]

Date: 20/3/2024

Name: DARREN GOS

Relevant professional qualification(s) or body (if any):

B. A. (WAS) ACCOUNTANCY

Address:

BUTLER & COE ACCOUNTANTS

7 NEWGATE, BARNARD CASTLE, COUNTY.

DURHAM, DL12 8NQ

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here details of any items that the examiner wishes to disclose.**

[Empty disclosure box]



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Team True Spirit

1196486

**Receipts and payments accounts**

CC16a

For the period  
from

09/11/2021

To

05/04/2023

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	10,000	-	-	10,000	-
Fundraising	14,775	-	-	14,775	-
Other receipts	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AF)</b>	<b>25,275</b>	<b>-</b>	<b>-</b>	<b>25,275</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>25,275</b>	<b>-</b>	<b>-</b>	<b>25,275</b>	<b>-</b>
<b>A3 Payments</b>					
Web and Apps	301	-	-	301	-
Sundries	53	-	-	53	-
Subscriptions	400	-	-	400	-
Event Costs	8,571	-	-	8,571	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>9,325</b>	<b>-</b>	<b>-</b>	<b>9,325</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Gazebo	2,930	-	-	2,930	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,930</b>	<b>-</b>	<b>-</b>	<b>2,930</b>	<b>-</b>
<b>Total payments</b>	<b>12,255</b>	<b>-</b>	<b>-</b>	<b>12,255</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>13,020</b>	<b>-</b>	<b>-</b>	<b>13,020</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>13,020</b>	<b>-</b>	<b>-</b>	<b>13,020</b>	<b>-</b>

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Bank Account	13,020	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	13,020	-	-

(agree balances with receipts and payments account(s))

OK OK OK

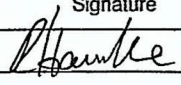
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ROBERT CROMEY-HAWKE	21/03/2024