



Trustees' Annual Report for the period

From 1 Jan 2024 Period start date to 31 Dec 2024 Period end date

Charity name: Plymouth Mayflower Specials

Charity registration number: 1196439

Objectives and Activities

| | SORP reference | |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document | Para 1.17 | <p>To promote social inclusion for the public benefit by working with people in the City of Plymouth and surrounding areas who are socially excluded on the grounds of their intellectual disability, to relieve the needs of such people and assist them to integrate into society, in particular by:</p> <ol style="list-style-type: none">1. Providing or assisting in providing sports and recreational facilities for people with intellectual disabilities and to organise, support and promote Olympic style games events and competitions for such people and to encourage them to participate in sporting activities at all levels to assist in their integration into society and to improve their quality of life, their self-esteem. Health, and mental wellbeing, and2. Raising public awareness of the issues affecting people with intellectual disabilities (and their families) both generally and in relation to their social exclusion. |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <p>People with Intellectual Disabilities are at risk of exclusion from mainstream society and from opportunities of employment, ill health, lack of friendship and not achieving their potential or developing confidence in themselves. Plymouth Mayflower Specials uses activity and sport as the platform to give young people and adults with an Intellectual Disability the opportunity to achieve their personal best in an inclusive, supportive and safe environment which encourages every individual to become more self-confident, while improving their fitness, health & wellbeing, and promoting inclusion in wider society at the same time.</p> <p>Plymouth Mayflower Specials is committed to increasing the availability of our programmes and competitions, with the ultimate aim of ensuring anyone in the Plymouth area with an Intellectual Disability has the opportunity to take part in activities or sport and all the benefits this brings, both for themselves and for the public benefit.</p> |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit | Para 1.18 | <p>The trustees, to the best of their ability, have had regard to the Charity Commission guidance on public benefit in all the various activities carried out by the charity.</p> |

Additional information (optional)

You may choose to include further statements where relevant about:

| | SORP reference | |
|--|----------------|---|
| Policy on grant making | Para 1.38 | The charity does not make grants, but consideration may be given by the trustees to assisting beneficiaries who are experiencing financial hardship at any given time. |
| Policy on social investment including program related investment | Para 1.38 | Not applicable |
| Contribution made by volunteers | Para 1.38 | The charity was founded by volunteers, is run by volunteers and could not exist without the dedication and hard work of its volunteers, both regular and occasional. It is indicative of the value placed on the contribution made by volunteers that the charity now has two trustees who began their journey with the charity as members of the University of Plymouth student led volunteering scheme. |

Achievements and Performance

| | | |
|---|-----------|--|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p>We have instituted a constitutional change to a Foundation Charity which will enable greater efficiency in the strategic running of the charity. The charity has further increased participation in sport and activity for people with Intellectual Disabilities (ID) by widening the range of competitions available to them, and through partnerships with several other organisations that support people with ID.</p> <p>In February we had a visit from the Prime Minister Rishi Sunack which we hope the PR from his visit will help the charity to increase the diversity of our membership and ensure every person with ID in the Plymouth area has access to our programme and have engaged with local higher education providers who will use our activities as practical training for their students and provide opportunities for the charity to increase the impact of its social media output.</p> <p>The charity continues to empower every associate member to fulfil their potential, both sporting and personal, by listening to them and in setting sports and activity goals that are right for them. Associate members are also now involved directly in the running of the charity by having an associate member on the board of trustees and forming a fundraising committee, chaired by a Trustee and linked with the operational group tasked with overseeing the charity's weekly sports club activities. This all results in improving their health, wellbeing and employability skills which benefits both our associate members and society in general. We provide clear pathways for all sports and all ability levels and provide better access to coach training and qualifications. We continue to place associate members at the heart of what we do by involving our associate members in our decision making processes.</p> |
|---|-----------|--|

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|--|-----------|---|
| Achievements against objectives set | Para 1.41 | Our objectives during 2024 have not changed since 2023. The constitution change to a Foundation Charity has been done to consolidate the work done in previous years and strengthen the foundations on which the charity can grow in future years, and to add new pathways towards integration into society both for the benefit of our associate members and for the public benefit. The trustees consider that these objectives have been met and are determined to continue improving the charity and its governance mechanisms. Plymouth Sound is now a National Marine Park and the charity has partnered with local organisations to provide the opportunity to learn sailing and kayak for any of our associate members who wish to partake. This project has been achieved with a grant from Sport England. |
| Performance of fundraising activities against objectives set | Para 1.41 | We have received a grant from Sport England in 2024 for sailing and kayaking. The fundraising events we have held have been successful which bodes well for the coming year and points to growing interest in our aims for the growth of the charity and its work with Plymouth's intellectual disability community. |
| Investment performance against objectives | Para 1.41 | Not applicable as the charity currently has no investments, although some of the restricted funds held by the charity is held in business savings accounts to earn some interest rather than lying dormant for most of the year as it may only be used to finance the charity's annual Mayflower Games, held each summer. |

Financial Review

| | | |
|--|-----------|---|
| Review of the charity's financial position at the end of the period | Para 1.21 | An objective of the trustees over the past two years has been to achieve financial stability. Despite the ongoing economic uncertainty brought about by Covid-19 and wars in Ukraine and the middle east, which is still affecting the ability of individuals to donate as freely to charities, this has largely been achieved. |
| Statement explaining the policy for holding reserves stating why they are held | Para 1.22 | The reserves policy, which is reviewed annually, requires that reserves are held equal to the known and predicted expenditure on the operations of the charity for one year. This gives the certainty that basic operations can and will continue to help our beneficiaries regardless of the current financial climate, while the charity continues to build relationships with the commercial enterprises that have supported and continue to support our work. |
| Amount of reserves held | Para 1.22 | As of 31 December 2024, the charity held an unrestricted funds balance of £23,206 which, based on the budget for 2025, should support operations of the charity for one year with minimal income or none, in accordance with the reserves policy, most recently reviewed in November 2024. |
| Reasons for holding zero reserves | Para 1.22 | Not applicable |
| Details of fund materially in deficit | Para 1.24 | None |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | The trustees continue to have no uncertainties about the charity continuing as a going concern. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising) | Para 1.47 | The charity is funded by associate member subscriptions, various fundraising events through the year, sport and activity-related grant funding and commercial sponsorship |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | It was planned to develop and introduce an investment policy during 2024 but due to several changes in the make-up of the board of trustees, this has been postponed until later in 2025. |
| A description of the principal risks facing the charity | Para 1.46 | A resurgence of the Covid-19 pandemic and changes in bank charges would further affect our income and make it even more difficult to realise our plans to expand our reach and offer regular competitions and social events for our associate members. |

Structure, Governance and Management

| | | |
|--|-----------|--------------------------------------|
| Description of charity's trusts: | | |
| Type of governing document (trust deed, royal charter) | Para 1.25 | Foundation Constitution |
| How is the charity constituted? | Para 1.25 | Charitable Incorporated Organisation |

| | | |
|---|-----------|---|
| (e.g unincorporated association, CIO) | | |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | The board of YMCA Plymouth is empowered to appoint one trustee to the charity for a 3-year term. All other trustees are appointed by the current board of trustees for a three year term and may only serve for three consecutive terms, at which time they must stand down, but may be re-appointed after an interval of at least 3 years. |

Additional information (optional)

You may choose to include further statements where relevant about:

| | | |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees | Para 1.51 | |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 | |
| Relationship with any related parties | Para 1.51 | |
| Other | | |

Reference and Administrative details

| | |
|-----------------------------|--|
| Charity name | Plymouth Mayflower Specials |
| Other name the charity uses | PMS |
| Registered charity number | 1196439 |
| Charity's principal address | YMCA, Honicknowle Lane, Plymouth PL5 3NG |
| | |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|----------------|----------------------|-----------------------------------|---|
| 1 | A R Stockdale | | | |
| 2 | M J Stockdale | | | |
| 3 | J A Lee-Hansen | | | |
| 4 | T Lavis | | | YMCA Plymouth |
| 5 | I K Bamforth | Safeguarding Officer | | |
| 6 | S E Dann | | | |

| | | | | |
|----|---------------|-------------------|----------------------|--|
| 7 | L M Fergusson | Treasurer | 1 Jan – 2 Sep 2024 | |
| 8 | J K Carter | Secretary | 1 Jan – 6 Sep 2024 | |
| 9 | M J Tozer | | 1 Jan – 31 Oct 2024 | |
| 10 | K Busfield | | | |
| 11 | C Baer | | 11 Nov – 31 Dec 2024 | |
| 12 | Z Sayers | Secretary | 11 Nov – 31 Dec 2024 | |
| 13 | J L Mercer | Chair of Trustees | 11 Nov – 31 Dec 2024 | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Corporate trustees – names of the directors at the date the report was approved

| Director name | | |
|---------------|--|--|
| N/A | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Name of trustees holding title to property belonging to the charity

| Trustee name | Dates acted if not for whole year | |
|--------------|-----------------------------------|--|
| None | | |
| | | |
| | | |
| | | |
| | | |
| | | |

Funds held as custodian trustees on behalf of others

| | |
|---|------|
| Description of the assets held in this capacity | None |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets | N/A |

Additional information (optional)

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

None

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

| | | |
|-------------------------------------|----------------------|----------------------|
| Signature(s) | <i>Johnny Mercer</i> | <i>A R Stockdale</i> |
| Full name(s) | John Mercer | A R Stockdale |
| Position (eg Secretary, Chair, etc) | Chairman | Trustee |
| Date | 2/9/25 | 1 September 2025 |



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Plymouth Mayflower Specials

No (if any)
1196439

CC16a

Receipts and payments accounts

| | | | |
|------------------------|---------------------------------|----|-------------------------------|
| For the period from | Period start date 01/01/2024 | To | Period end date 31/12/2024 |
|------------------------|---------------------------------|----|-------------------------------|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ | Total funds to the nearest £ | Last year to the nearest £ |
|--|---|---|--|---------------------------------|-------------------------------|
| A1 Receipts | | | | | |
| Donations and gifts | 2,475 | 1,100 | - | 3,575 | 3,901 |
| Grants | - | 15,000 | - | 15,000 | - |
| Competition entry fees | 468 | 395 | - | 863 | 245 |
| Non-sport event entry fees | 230 | - | - | 230 | - |
| Fundraising events | 4,141 | - | - | 4,141 | 2,753 |
| Member subscriptions | 6,612 | - | - | 6,612 | 4,971 |
| Merchandise sales | 145 | - | - | 145 | 951 |
| Refunds received | 361 | - | - | 361 | 116 |
| Error corrections | 158 | - | - | 158 | 328 |
| Deposit error | - | - | - | - | 328 |
| Cardnet receipts later passed on | 25 | - | - | 25 | 595 |
| Training fees received | 662 | - | - | 662 | 755 |
| Bank interest | - | 1,233 | - | 1,233 | 536 |
| Gift Aid | 105 | - | - | 105 | - |
| Sub total (Gross income for AR) | 15,382 | 17,728 | - | 33,110 | 15,479 |
| A2 Asset and investment sales, (see table). | | | | | |
| | - | - | - | - | - |
| Sub total | - | - | - | - | - |
| Total receipts | 15,382 | 17,728 | - | 33,110 | 15,479 |

A3 Payments


| | | | | | |
|--|--------------|--------------|----------|---------------|--------------|
| Insurance | 657 | - | - | 657 | 636 |
| Charity set-up costs | - | - | - | - | 1,000 |
| Website costs | 750 | - | - | 750 | 420 |
| Goods for resale | 280 | - | - | 280 | 592 |
| Costs of fundraising events | 1,415 | - | - | 1,415 | 647 |
| Costs of Mayflower Games | - | 3,179 | - | 3,179 | 4,447 |
| Costs of other PMS sports events | 245 | 196 | - | 441 | - |
| Volunteer/Member uniforms | - | - | - | - | 33 |
| Refunds given (SOPD Cardnet Jan) | 25 | - | - | 25 | 645 |
| Printing | - | - | - | - | 122 |
| Governance costs | 50 | - | - | 50 | 50 |
| Bank charges | 8 | - | - | 8 | 16 |
| Travel costs | 227 | - | - | 227 | 43 |
| Costs of non-sports events | 738 | - | - | 738 | 387 |
| DBS Fees | - | - | - | - | 50 |
| Devon FA Costs | 216 | - | - | 216 | 214 |
| Volunteer training | 120 | - | - | 120 | 85 |
| Membership fees | - | - | - | - | 10 |
| Error corrections | 158 | - | - | 158 | 384 |
| Equipment | 77 | 135 | - | 212 | - |
| Medals & trophies | 134 | - | - | 134 | - |
| Mayflower on the Water project | - | 2,700 | - | 2,700 | - |
| Fair entry fees | 45 | - | - | 45 | - |
| Stationery (including printer consumables) | 256 | - | - | 256 | - |
| Postage | 30 | - | - | 30 | - |
| Training Expenses | 5 | - | - | 5 | - |
| Sundries | 32 | - | - | 32 | - |
| Sub total | 5,467 | 6,209 | - | 11,677 | 9,781 |

| | | | | | |
|--|--------|--------|---|--------|-------|
| A4 Asset and investment purchases, (see table) | | | | | |
| | - | - | - | - | |
| | - | - | - | - | |
| Sub total | - | - | - | - | - |
| Total payments | 5,467 | 6,209 | - | 11,677 | 9,781 |
| Net of receipts/(payments) | 9,915 | 11,519 | - | 21,433 | 5,698 |
| A5 Transfers between funds | - | - | - | - | - |
| A6 Cash funds last year end | 13,291 | 46,355 | - | 59,646 | - |
| Cash funds this year end | 23,206 | 57,874 | - | 81,079 | 5,698 |

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ | Restricted funds to nearest £ | Endowment funds to nearest £ |
|---|--|--|--|--|
| B1 Cash funds | <div>Bank</div> <div>Cash</div> <div>Total cash funds</div> <div>(agree balances with receipts and payments account(s))</div> | <div>23,056</div> <div>150</div> <div>23,206</div> <div>OK</div> | <div>57,874</div> <div>-</div> <div>57,874</div> <div>OK</div> | <div>-</div> <div>-</div> <div>-</div> <div>OK</div> |
| B2 Other monetary assets | <div>Details</div> <div>None</div> | <div>-</div> <div>-</div> | <div>-</div> <div>-</div> | <div>-</div> <div>-</div> |
| B3 Investment assets | <div>Details</div> <div>None</div> | <div>Fund to which asset belongs</div> <div></div> | <div>Cost (optional)</div> <div>-</div> | <div>Current value (optional)</div> <div>-</div> |
| B4 Assets retained for the charity's own use | <div>Details</div> <div>None</div> | <div>Fund to which asset belongs</div> <div></div> | <div>Cost (optional)</div> <div>-</div> | <div>Current value (optional)</div> <div>-</div> |
| B5 Liabilities | <div>Details</div> <div>None</div> | <div>Fund to which liability relates</div> <div></div> | <div>Amount due (optional)</div> <div>-</div> | <div>When due (optional)</div> <div></div> |

Signed by one or two trustees on behalf of all the trustees

| Signature | Print Name | Date of approval |
|---|----------------|------------------|
|  | JOHNNY WOODS | 8.10.25 |
| | ALAN STOCKDALE | 8/10/25 |



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Plymouth Mayflower Specials

On accounts for the year
ended

31 December 2024

Charity no
(if any)

1196439

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

L Barraud

Date:

15/09/2025

Name:

L J BARRAUD

Relevant professional
qualification(s) or body
(if any):

N/A

Address:

28 BALMORAL AVENUE
PLYMOUTH
PL2 1HP

Disclosure

Give here brief details of any items that the examiner wishes to disclose.