



Trustees' Annual Report for the period

From 5 Nov 2021 Period start date To 31 Dec 2022 Period end date

Charity name: PLYMOUTH MAYFLOWER SPECIALS

Charity registration number: 1196439

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To promote social inclusion for the public benefit by working with people in the City of Plymouth and surrounding areas who are socially excluded on the grounds of their intellectual disability, to relieve the needs of such people and assist them to integrate into society, in particular by:</p> <ol style="list-style-type: none">1. Providing or assisting in providing sports and recreational facilities for people with intellectual disabilities and to organise, support and promote Olympic style games events and competitions for such people and to encourage them to participate in sporting activities at all levels to assist in their integration into society and to improve their quality of life, their self-esteem. Health, and mental wellbeing, and2. Raising public awareness of the issues affecting people with intellectual disabilities (and their families) both generally and in relation to their social exclusion.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>People with Intellectual Disabilities are at risk of exclusion from mainstream society and from opportunities of employment, ill health, lack of friendship and not achieving their potential or developing confidence in themselves.</p> <p>Plymouth Mayflower Specials uses activity and sport as the platform to give young people and adults with an Intellectual Disability the opportunity to achieve their personal best in an inclusive, supportive environment which encourages every individual to become more self-confident, while improving their fitness, health & wellbeing, and promoting inclusion in wider society at the same time.</p> <p>Plymouth Mayflower Specials is committed to increasing the availability of our programmes and competitions, with the ultimate aim of ensuring anyone in the Plymouth area with an Intellectual Disability has the opportunity to take part in activities or sport and all the benefits this brings, both for themselves and for the public benefit.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees, to the best of their ability, have had regard to the Charity Commission guidance on public benefit in all the activities carried out by the charity.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Plymouth Mayflower Specials does not make grants, although minor support for Members in financial hardship is always available if needed.
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	The charity was formed by volunteers, is inspired and run by volunteers and could not have been formed without the dedication and hard work of all our volunteers.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have increased participation in sport and activity for people with Intellectual Disabilities (ID) by increasing the number of competitions available to them, and through partnerships with other organisations supporting people with ID.</p> <p>We seek to increase the diversity of our membership and ensure every person with ID in the Plymouth area has access to our programme and have increased the opportunities for Members to take part in local, national and international competitions.</p> <p>The charity has empowered every member to fulfil their potential, both sporting and personal, by listening to them to set and achieve goals that are right for them, in sport, activity and in improving their health, wellbeing and employability skills which benefits our Members and society in general.</p> <p>We provide clear pathways for all sports and all ability levels and provide better access to coaching training programmes and qualifications. We place Members at the heart of what we do by involving our Members in decision making.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Being a newly formed charity, just over a year on from registration, our objectives during 2021-22 have been to put down firm foundations upon which the charity can grow in future years, both for the benefit of our Members and for the public benefit. The trustees believe that these objectives have largely been met and are determined to continue building and improving the charity and its governance mechanisms during 2023.
Performance of fundraising activities against objectives set	Para 1.41	As the charity was formed during the latter stages of the effects of Covid-19 on the UK economy and the beginnings of recovery, expectations for fundraising were relatively low during the reporting period. We have been awarded just one restricted grant to assist in building our badminton offer and the few fundraising events we managed to operate have been disappointing, yet encouraging at the same time, with low yields but growing interest in our aims for the growth of the charity and its work with Plymouth's intellectual disability community.
Investment performance against objectives	Para 1.41	Not applicable as the charity currently has no investments.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>In our first 14 months of existence we have achieved much in creating our charity and its branding and getting word to interested parties about our aims and objectives. This has been achieved by much hard work from our volunteers in fundraising to pay the costs of the start-up, and has laid a good foundation for further growth without going into debt. There is more to do, but the coming year is looking better as the country begins to return to "normal" with the Covid-19 restrictions having been lifted.</p> <p>The charity has sufficient restricted funds to finance our intended annual disability games for several years and a small cash balance to cope with minor expenditure while we build attendance and membership to sustain our income to finance daily operations.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees are firmly committed to achieving financial stability and sustainability. The charity's operations vary from month to month and income streams are not regular. Attendance at our activity evenings varies, and thus our weekly

		subscriptions income, and has not stabilised yet post Covid-19. The trustees feel it is unacceptable for the charity to go into debt, incurring extra, unnecessary costs and losing the good relationships we have with our suppliers, both of goods and services, thus a modest balance should be held in unrestricted funds to cope with variations in our outgoings and income streams. Work is in hand to analyse this as part of the current budgetary control regime and is monitored monthly.
Amount of reserves held	Para 1.22	As at 31 December 2022 the charity held an unrestricted funds balance of £4,129.04 which, based on past expenditure, should sustain operations for approximately nine to ten months with little or no income, and few, if any startup costs in the coming year. Once financial and risk analysis has been completed for 2023, the trustees plan on increasing the target amount of reserves that should be held to sustain at least one year of budgeted operating costs. This will give the charity a buffer against any likely increased costs due to the current rate of inflation, reduced income due to reduced disposable income among potential donors and unexpected expenses that may arise in the coming year.
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees have no uncertainties about the charity continuing as a going concern.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity is funded by Member subscriptions, various fundraising events through the year, sport and activity-related grant funding and local authority community grants.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity has recently opened a short term savings account with some of the Mayflower Games restricted funds to earn a little interest while the money remains unused and plans to repeat this each year after the annual Mayflower Games is completed and paid for. An investment policy is currently being drafted.
A description of the principal risks facing the charity	Para 1.46	A resurgence of the Covid-19 pandemic would make a very large hole in our income streams and make it very difficult to offer regular competitions and social events for our Members for some time afterwards.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution.
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	All bar one of the trustees are appointed by the charity trustees and/or elected by the charity Members and one trustee is appointed by YMCA Plymouth in accordance with the Charity Constitution.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Currently in development.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is run by the trustees and a corps of volunteers who provide coaching, safeguarding, welfare, advocacy, administrative and safety support during regular weekly activity meetings and any competitions, social or fundraising events held by the charity.
Relationship with any related parties	Para 1.51	The charity has a working relationship with YMCA Plymouth, who provide the facilities used by the charity to hold weekly activity evenings and are one of the providers who may be used for any competitions or social events held by the charity.
Other		<p>Fundraising is vital to both the survival and growth of the charity, and much of the charity's volunteer activity is devoted to this activity.</p> <p>In April 2022 the Trustees discussed registration with the Fundraising Regulator and it was agreed that this should go ahead, so the Treasurer was tasked with investigating what was needed and to proceed with registration. Work is still ongoing to develop a robust fundraising policy based on the requirements and recommendations published by the Fundraising regulator, and to ensure that all charity fundraising is in line with the Fundraising Code of Practice. Application for registration should follow in 2023.</p> <p>The charity does not use third party fundraisers as the Trustees prefer to use the charity's own resources for this important activity. The Trustees feel that the people who manage, organise and support our activities are best placed to explain to potential donors what the charity</p>

		<p>does, why it is done and the benefits that ensue for the Members, along with answering questions about the charity and all its activities.</p> <p>Despite not yet being registered with the Fundraising Regulator or any other voluntary scheme for regulating charity fundraising, the Trustees have endeavoured to ensure that all fundraising activities meet the requirements of the Fundraising Code of Practice for the protection of the charity, its donors and potential donors.</p> <p>Being a charity whose Members are all considered to be vulnerable, the Trustees are well aware of the effect that fundraising behaviour detailed in S.13 (4) (2) of the Charities (Protection and Social Investment) Act 2016 can have on people, especially the vulnerable. The Trustees therefore insist on courtesy, respect and passive behaviour in charity fundraising, where money is never asked for other than from grant-giving organisations or when selling goods.</p> <p>The Trustees have received no complaints about the fundraising activities of the charity during the reporting period.</p>
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Reference and Administrative details

Charity name	Plymouth Mayflower Specials
Other name the charity uses	PMS
Registered charity number	1196439
Charity's principal address	c/o YMCA, Honicknowle Lane, Plymouth PL5 3NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alan Robert Stockdale	Chair of Trustees	05/11/21 - 31/12/22	-
2	Maureen Jean Stockdale		05/11/21 - 31/12/22	-
3	Jacqueline Kay Carter	Secretary	05/11/21 - 31/12/22	-
4	Jacqueline Anne Lee-Hansen		05/11/21 - 31/12/22	-
5	Michael John Tozer		05/11/21 - 31/12/22	-
6	Lee Malcolm Fergusson	Treasurer	05/11/21 - 31/12/22	-
7	Thomas Lavis		28/01/22 - 31/12/22	YMCA Plymouth
8	Lynda Bowyer		08/04/22 - 31/12/22	-
9	Isabel Kate Bamforth	Welfare Officer	12/10/22 - 31/12/22	-
10				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
None	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Bankers	Lloyds Bank plc	PO Box 1000, Andover, Hants BX1 1LT

Name of chief executive or names of senior staff members (Optional information)

The charity has no paid staff.

Additional information (optional)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


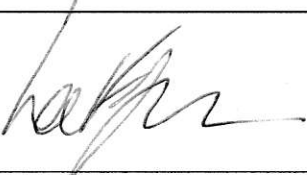
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Alan Robert Stockdale	Lee Malcolm Fergusson
Position (eg Secretary, Chair, etc)	Chair of the trustees	Treasurer

Date 12.4.23.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Plymouth Mayflower Specials	No (if any) 1196439
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Receipts and payments accounts

CC16a

For the period from	Period start date 05/11/2021	To	Period end date 31.12.22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Monies to hand on Registration	(552)	22,340	-	21,788	-
SportEd Tackling Inequalities Grant	-	500	-	500	-
PCC Community Grant	800	-	-	800	-
Donations and gifts	2,007	-	-	2,007	-
Competition entry fees	150	-	-	150	-
Non-sport event entry fees	310	-	-	310	-
Fundraising events	2,499	-	-	2,499	-
Member subscriptions	3,377	-	-	3,377	-
Merchandise sales	2,661	-	-	2,661	-
Refunds received	78	-	-	78	-
Mayflower Games Legacy	-	28,342	-	28,342	-
Sub total (Gross income for AR)	11,330	51,182	-	62,512	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,330	51,182	-	62,512	-
A3 Payments					
Insurance	540	-	-	540	-
Charity set-up costs	2,337	-	-	2,337	-
Website costs	730	-	-	730	-
Goods for resale	2,611	-	-	2,611	-
Costs of fundraising events	530	-	-	530	-
Costs of Mayflower 400 Games	-	1,035	-	1,035	-
Volunteer uniforms	241	-	-	241	-
Refunds given	60	-	-	60	-
Printing	49	-	-	49	-
Governance costs	50	-	-	50	-
Bank charges	49	-	-	49	-
Travel costs	3	-	-	3	-
Sub total	7,201	1,035	-	8,236	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,201	1,035	-	8,236	-
Net of receipts/(payments)	4,129	50,147	-	54,276	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	4,129	50,147	-	54,276	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	3,979	50,147	-
	Cash	150	-	-
		-	-	-
	Total cash funds	4,129	50,147	-
54,276	(agree balances with receipts and payments account(s))			
		OK	OK	OK

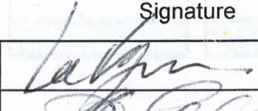

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	None		-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	None		-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	None		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	None		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	LEE M FERGUSSON	1-2-23
	ALAN R STOCKDALE	1 FEB 2023



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Plymouth Mayflower Specials

On accounts for the year
ended

31 December 2022

Charity no
(if any) 1196439

Set out on pages

1-2

(remember to include the page numbers of additional sheets)

Responsibilities and
basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/12/2022**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~ *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 31/07/23

Name:

Linda J Barraud

Relevant professional qualification(s) or body (if any):

N/A

Address:

28 Balmoral Avenue

Stoke

Plymouth PL2 1HP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.