CARY CARES

England & Wales · Charity number 1196363

Details

Status	Registered
Legal form	Other
Registered	2021-11-02
Register	View on the Charity Commission register

Contact

Address	45 Victoria Park Castle Cary Somerset BA7 7DG
Phone	07737283722
Email	carycares1@gmail.com
Website	www.carycares.org.uk

Activities

Objects: TO RELIEVE, EITHER GENERALLY OR INDIVIDUALLY, PERSONS RESIDENT IN THE PARISHES OF CASTLE CARY AND ANSFORD, WHO ARE IN CONDITIONS OF NEED, HARDSHIP, OR DISTRESS, BY MAKING GRANTS OF MONEY OR PROVIDING OR PAYING FOR ITEMS, SERVICES, OR FACILITIES, CALCULATED TO REDUCE THE NEED, HARDSHIP OR DISTRESS OF SUCH PERSONS OR GROUPS, OR TO ADVANCE THE EDUCATIONAL OR RECREATIONAL ACTIVITIES OF SUCH PERSONS OR GROUPS FOR THE BENEFIT OF THE PUBLIC.

Activities: We support residents and organisations local to the parishes of Castle Cary and Ansford through the provision of food, essentials and grants, both material and monetary, in order to offset financial hardship and emotional distress.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

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Geography

- Somerset

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£15,611	£16,893	-	-
2024-03-31	£12,834	£15,689	-	-
2023-03-31	£26,054	£13,030	-	-

Trustees

Name	Role	Appointed
Stephen John Baker	Chair	2024-03-06
DAVID KNIGHT		2021-05-18
David Goodenough		2023-07-05
Denise Cater		2025-07-09
Dr Richard Needle		2022-04-21
GEOFFREY WOOLSTON		2021-05-18
MARK HUTTON		2021-05-18
ROSEMARY ANN RYMER		2022-04-21
SUSAN MCKENZIE		2021-05-18
Sara Shepherd		2023-07-05

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CARY CARES

England & Wales - Charity number 1196363

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/22 Period start date
To 31/03/23 Period end date

Charity name: Cary Cares

Charity registration number: 1196363

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	*To relieve either generally or individually persons resident in the Parishes of Castle Cary and Ansford who are in conditions of need, hardship, or distress by making grants of money or providing or paying for items, services or facilities calculated to reduce the need, hardship, or distress of such persons or to advance the educational or recreational activities of such persons or groups for the benefit of the public.*
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	*Our constitution and objectives limit the main services we provide to any residents and organisations within the parishes of Castle Cary and Ansford. The main activities carried out this year were as follows:* • *The free provision of emergency food and essentials to residents in need* • *The free provision of a community larder, reducing food waste within the community.* • *The free provision of a signposting service to provide help with benefit applications etc.* • *The provision of grants to organisations and individuals in particular to offset financial hardship arising as a result in unforeseen changes of circumstances.*
Statement confirming whether the trustees have had regard to the	*The trustees confirm that they have referred to the guidance contained in the Charity*

guidance issued by the Charity Commission on public benefit	Commission's guidance on public benefit when agreeing Cary Cares' aims and objectives, in planning services & activities and when setting the grant making policy for the year.

Policy on grant making.	The Charity has established its grant making policy to achieve its objectives to relieve conditions of need, hardship or distress to any persons or organisations in need within the parishes of Castle Cary and Ansford. In the past year, we have focussed our provision to assisting families, individuals or organisations suffering hardship arising because of an unforeseen change of circumstances. We have actively promoted the availability of our grants through social media, newsletters, the town website and through a telephone campaign specifically reaching out to local organisations. Many of our referrals for individual grants come from the health professionals, local schools, and churches, in addition to the CAB and other 'signposting' services. When considering grant applications, the trustees carry out appropriate due diligence and ensure that the application meets with both our charitable purposes and our current priorities. Our policy allows us to respond very quickly to hardship requests when needed. All 'group' beneficiaries are asked to provide a report giving evidence to show that the grant has been used appropriately.
Contribution made by volunteers.	Cary Cares currently has 25 volunteers, and we are hugely grateful to the many hours they spend in running the Community Food Bank and larder and providing emergency help and support. Without this valuable contribution of time, energy and expertise we would not be able to operate. All our volunteers and trustees provide their time free of charge.

Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	*Our Main Services:* • *The on-going provision of an emergency food and essentials service has ensured that residents experiencing financial hardship have had free local access to food and essentials alleviating the requirement for beneficiaries to travel to Food banks in neighbouring towns, saving both time, cost and fuel consumption. During the past year we provided 135 food and essentials boxes which equates to about 420 days of food support. In addition, as part of our 'signposting' service users of this scheme are invited to have discussions with one of our trustees who has up to date knowledge of the benefits system to assess whether other support may also be available to them. Through this initiative we have successfully assisted residents with applications for various benefits.* • *In conjunction with Castle Cary Town Council, we have established a Food Bank and Community Larder in the Millbrook Hub in the town. This facility ensures we have a secure base from which to provide our emergency food and essentials service whilst at the same time ensuring that food waste within the town is minimised. The larder currently has 75 registered local families who are using the service on a regular basis, equating to about 225 individual beneficiaries. On average we see around 50 visitors per week and distribute around 165kg of food in total. We have established relationships with local supermarkets and organisations which has assisted us in significantly reducing the cost of this service.* • *This year, following discussions with staff at Ansford Academy, we established a 'Community cupboard' within the school. The purpose of the cupboard is to ensure that all students regardless of their home situation have access to certain essentials, including emergency snacks. The contents of the cupboard are available to any student in need as*

	identified by the staff. Items include toiletries, 'breakfast bars', essential stationery items, washing detergent, underwear etc. • This year we have assisted many individuals and families in dire financial need thus reducing their hardship and distress. We have awarded 7 specific financial grants to individuals and families, totalling £1449 and numerous grants of goods or services, including for example the sourcing of furniture, and providing blankets for families experiencing fuel poverty. • In the past year we have issued 9 grants to local organisations totalling £1727. This included assistance towards a 'warm space' initiative in the scout hut and a well-being initiative being run by Cary moor Environmental Trust. • In December, for the third successive year, we coordinated our very successful Christmas Gift Box scheme; collecting festive donations and distributing them to over 100 residents who would be spending Christmas alone and providing 80 bags of festive food to families experiencing financial hardship. This seasonal initiative is very well received and helps to alleviate feelings of isolation and loneliness that are often heightened during the festive season

Financial Review

Review of the charity's financial position at the end of the period	*Cash at bank at 31/03/2023 was £20101 which includes restricted funds of £5 to cover specific requests to offset fuel poverty, £9875 to cover costs associated with provision of the Food Bank, larder and emergency food and essentials*
Statement explaining the policy for holding reserves stating why they are held	*The trustees have examined the charity's requirements for reserves in the light of the main risks to our organisation. It has established a policy whereby the unrestricted funds held by the charity should be between 6 & 9months of the essential expenditure, to allow time to seek external funding if necessary. As we are currently in our first full year of operation for the larder, we have had to estimate this amount and the trustees review the funds available at the monthly meetings.*
Amount of reserves held	*Currently our 'free' cash reserves stand at £10222 (Cash at bank less restricted funds)*

Additional information

The charity's principal sources of funds (including any fundraising)	*Our main sources of funds this year have been donations from the community, in particular a large donation of £4230 resulting from a Community Cookbook project. In addition, we received two grants of £3000 from both Somerset District Council and from HUBBUB towards the cost of provision of the larder and emergency food & essentials*
A description of the principal risks facing the charity	*In the current financial climate, the trustees are aware that there may well be increased demand for emergency food and essentials. We are closely monitoring the demand to ensure that we have funding in place to meet it.*

Structure, Governance and Management

Description of charity's trusts:	
Type of governing document	Constitution
How is the charity constituted?	Unincorporated Association
Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees	Trustees are appointed or re-appointed annually at the Annual General Meeting. In addition, a further two trustees may be appointed during the year who will stand down at the end of the year.

Additional information

Policies and procedures adopted for the induction and training of trustees.	There is a safeguarding policy in place and DBS checks are carried out prior to the commencement of trusteeship and again in line with statutory requirements. A training pack is made available to new trustees joining the team, this includes the 'Trustees Welcome Pack" provided by the charity commission.
The charity's organisational structure and any wider network with which the charity works.	The trustees oversee the day to day running of the charity supported by a team of volunteers who assist with queries and the running of the Community larder. The trustees actively seek the views of its volunteers and wider community when deciding the objectives and service priorities of the charity.
Relationship with any related parties	Castle Cary Town Council actively supports Cary Cares in the running of the Community Larder. They provide and maintain the premises where the larder is located free of charge.
Other	All trustees give their time voluntarily and receive no remuneration or other benefits.

Reference and Administrative details

Charity name	Cary Cares
Other name the charity uses	None
Registered charity number	1196363
Charity's principal address	Cavendish House Fore Street Castle Cary Somerset BA7 7BQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ainsley Creedy	Chair or Trustees		
2	David Knight	Secretary		
3	Geoffrey Woolston	Treasurer		
4	Karin Hurd			
5	Mark Hutton			
6	Susan McKenzie			
7	Richard Needle			
8	Rosemary Rymer			

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	AinsleyCreedy	Geoff Woolston
Full name(s)	Ainsley Creedy	Geoff Woolston
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	24/10/23	

CHARITY COMMISSION FOR ENGLAND AND WALES

Charity Name	No (if any)
Cary Cares	1196363

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/04/2022		31/03/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Transfer of donation held by Town Charity	-	8,535	-	8,535	1,500
SSDC Food Bank Grant	-	3,000	-	3,000	2,000
HUBBUB Grant	-	3,000	-	3,000	-
Individual Donations Food Bank	-	270	-	270	-
Donations via bank	5,732	-	-	5,732	3,266
Donations via CAF	100	-	-	100	-
Donations via Pay Pal	1,187	-	-	1,187	-
Repayment of overpaid expenses					5
Donations from Sale of Cookbook	4,230	-	-	4,230	14,369
Sub total *(Gross income for AR)*	11,249	14,805	-	26,054	21,140
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,249	14,805	-	26,054	21,140
A3 Payments					
Emergency boxes Food and Essentials	266	5,579	-	5,845	5,114
Ansford Academy Community Cupboard	172	-	-	172	167
Grants to local organisations	-	1,727	-	1,727	5,118
Grants to individuals and families	-	1,449		1,449	3,329
Administration inc volunteer expenses	912	-	-	912	109
Trustees Liability Insurance	224	-	-	224	224
Fuel Poverty	350	195	-	545	-
Larder Expenses (HUBBUB)	-	2,136	-	2,136	-
PayPal Fees	20	-	-	20	-
Sub total	1,944	11,086	-	13,030	14,061
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	1,944	11,086	-	13,030	14,061
Net of receipts/(payments)	9,305	3,719	-	13,024	7,079
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,334	1,745	-	7,079	-
Cash funds this year end	14,639	5,464	-	20,103	7,079

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
CCXX R1 accounts (SS)	1			

B1 Cash funds

NatWest Account	14,639	5,464	-
			-
	-	-	-
Total cash funds	14,639	5,464	-
(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
NONE	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
NONE		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
NONE		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
NONE		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	AINSLEY L CREEDY	24/10/2023

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Charity Name: CARY CARES
On accounts for the year ended	31 MARCH 2023
Charity no (if any)	1196363
Set out on pages	1 (remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention ~~(other than that disclosed below *)~~ in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:	[signature]
Date:	31 OCTOBER 2023
Name:	CHARLES A. SIMON
Relevant professional qualification(s) or body (if any):	ICAEW
Address:	CARY HOUSE BATTER

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

No.