



MEG'S ARM OF LOVE

REGISTERED CHARITY NO. 1196348

Trustees' Annual Report & Statement of Financial Activity
for the Year Ended 31st December 2024

Trustees

David Onyesoh (Chair)

Victoria Erikume

Gideon Onyesoh

Emmanuel Erikume

MEG'S ARM OF LOVE

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31st December 2024

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MEG'S ARM OF LOVE

Charity information

Registered Charity Name MEG'S ARM OF LOVE

Charity Number 1196348

Registered Address 61 Bridge Street,
Kington,
HR5 3DJ

Trustees David Onyesoh (Chair)
Victoria Erikume
Gideon Onyesoh
Emmanuel Erikume

Banker APS Financial-CASH PLUS BANK

Accountant E&E Accounting and Tax Services Ltd
Suite 213 Spirella Building, Bridge Road,
Letchworth Garden City, England,
SG6 4ET

**TRUSTEES ANNUAL REPORT & STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED
DECEMBER 31st, 2024.**

Structure, Governance & Management

Type of Governing Document

Meg's Arm of Loves' Constitution is drafted in accordance with the model governing document by the Charity Commission for Charitable Incorporated Organisations (CIOs)

Charitable Objectives

As defined in the Charities Constitution (Governing Document)

The Charities Objects are: "The Meg's Arm of Love is a charity used for the interest of the public. It is for the prevention or relief of poverty in particular but not exclusively of single mothers and their children, and persons affected by homelessness, in such ways as the trustees think fit, such as:

a) Empowering persons Through the provision of education to assist persons in self-help to improve and attain a better quality of life.

b) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support."

Trustee Appointment Methods

Recruitment and Selection of new trustees is in obedience with the charity's constitution and with the Trustees acknowledgement and consent. The criteria set for the suitable candidate would be someone who is of legal age and is committed to the needs and stipulations of the organisation.

Charity Activities

Meg's Arm of Love was officially registered during the COVID-19 pandemic. Despite the challenges posed by this period, the charity commenced raising awareness of its mission and objectives, primarily among friends, family, and close associate, through various online platforms. These included the use of WhatsApp, the distribution of a PayPal Giving Fund donation link, and the circulation of branded charity business cards and pamphlets.

Operating on a modest scale, Meg's Arm of Love has undertaken several projects with the strategic aim of progressively expanding its operational capacity and extending its reach. The charity delivers both individual and community-focused services and projects, at times in collaboration with other organisations and professionals that share similar values and objectives.

In its third year, Meg's Arm of Love has further strengthened its online presence and now operates an active donation page via PayPal:

https://www.paypal.com/donate/?hosted_button_id=PZ29BXQ4Q9L92 with an official website currently under

construction. Our donation page is voluntarily hosted on some of our partners and donor's website and platforms.

The organisation has also conducted several educative meetings and forums on a monthly basis, online and onsite. These meetings are usually targeted at aiding attendees to grow in financial and economic knowledge so as to help improve their quality of life. In addition, food packs and other donations are distributed during these meetings to those most in need of them as priority. The Charities activities is for the publics benefit and the Trustees uphold that they have acted in accordance with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Charity's Accomplishments & Achievements

Goals of the Charity, Main Activities and Administration of our Projects

When executing our projects in England – Essex and other parts of the United Kingdom, the trustees are conscious of the charity commission guidelines on Public aid and believe that the Charity has acted in accordance with the duty in

Section 17 (S) of the charity Act 2011. The charity's main goals are summarised as follows:

- 1) The Prevention or Relief of Poverty
- 2) Empowering persons through the provision of education to assist persons in self-help to improve and attain a better quality of life.
- 3) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support.
- 4) Granting supporting for the cohesiveness of the family structure as a building block of the community/society.

Meg's Arm of Love Projects, Activities and Achievements

The Feed My Sheep Project: No human being, especially a child should have to go hungry. The Feed My Sheep project aims at feeding the community not just on a physical scale but mentally/emotionally and spiritually.

The Agora Forum: This is an assembly (online and/or Onsite) where members of the community come together and reflect on current events/issues and how to stay on top of things and continue to thrive regardless of their circumstances.

What Do You Know? Quiz Night: A monthly activity. General Knowledge quizzes with prizes given at the end to top performers. This is a fun way to educate and inform while having fun.

The Mercy Table: Regular Donation of Food and preloved items to all in need of them.

The Christmas Family Bash: No one should be alone during the festivities. A fun filled program where all attendees talk, dance, laugh, learn, and dine together.

In the United Kingdom

1. 12 families were supported across Essex.
2. Over 100 food parcels were distributed during the Christmas family Bash, December of 2024
3. 69 persons including women and their children were given Christmas presents and gift cards.

We believe our greatest achievement is the emotional support we give to members of the community aside from the donation of food and other essentials. In the aftermath of the pandemic, there appears to be a noticeable decline in motivation and engagement with everyday life and work. This general sense of apathy has been accompanied by a rise in mental health challenges, including increased levels of anxiety, depression, and emotional fatigue across various segments of the population. This highlights the vital role of community in encouraging and supporting one another to re-engage with life. Through our work within the community, we have come to deeply understand the value of giving, and that love, empathy and human connection lies at the heart of it all. We are so pleased to have continued a sure and steady march to transforming lives for the better. Meg's Arm of Love hopes to continue growing as we enter our fourth year of operation.

We want to continue helping more people.

Declaration

The Trustees declare that they have approved the trustees report above.

Signed on Behalf of the Charity's Board of Trustees

Victoria Erikume

14th June 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MEG'S ARM OF LOVE

We report on the accounts of the Trust for the year ended 31 December 2024, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- To state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements,

- to keep accounting records in accordance with section 41 of the 1993 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act as amended.

Have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E&E Accounting and Tax Services
14th June 2025

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)
YEAR ENDED 31 DECEMBER 2024

	Notes	Un-restricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
INCOMING RESOURCES FROM CHARITABLE ACTIVITIES					
General Donations	2	1,653	-	1,653	1,643
Other income	3	-	-	-	-
TOTAL INCOMING RESOURCES		1,653	-	1,653	1,643
RESOURCES EXPENDED					
Cost of Generating Funds		-	-	-	-
Charitable activities	4	1,635	-	1,635	1,519
Governance	5	150	-	150	150
TOTAL RESOURCES EXPENDED		1,785	-	1,785	1,669
Net income/(outgoing) resources		(132)	-	(132)	(26)
Total funds brought forward		(37)	-	(37)	(11)
Total funds carried forward		(169)	-	(169)	(37)

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

MEG'S ARM OF LOVE
BALANCE SHEET
AS AT 31 DECEMBER 2024

	Notes	£	2024 Total £	2023 Total £
FIXED ASSETS				
Tangible Assets	6		-	-
CURRENT ASSETS				
Debtors	7		-	-
Cash at bank and in hand	8		<u>2</u>	<u>134</u>
			2	134
Current Liabilities				
Creditors: amounts falling due within one year	9		(171)	(171)
Net Current assets/(Liabilities)			<u>(169)</u>	<u>(37)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(169)</u>	<u>(37)</u>
FINANCED BY:				
Unrestricted funds	10		(169)	(37)
Restricted Funds	10		-	-
TOTAL FUNDS	11		<u>(169)</u>	<u>(37)</u>

Victoria Erikume

14th June 2025

MEG'S ARM OF LOVE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

Note 2. Incoming Resources - General Donations

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
General Donations	1,653	-	1,653	1,643
	<u>1,653</u>	<u>-</u>	<u>1,653</u>	<u>1,643</u>

Note 3. Incoming Resources - Other Income

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Other Donatons	-	-	-	-
Events income	-	-	-	-
Other income	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

Note 4. Resources Expended - Activities

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Bank charges	-	-	-	-
Events & Other related costs	412	-	412	878
Software	-	-	-	-
Printing & stationery	35	-	35	31
Rent	900	-	900	610
	<u>1,635</u>	<u>-</u>	<u>1,635</u>	<u>1,519</u>

Note 5. Resources Expended – Governance

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Accountancy	150	-	150	150
Other professional fees	-	-	-	-
	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>

		2024	2023		
	Office				
	Equipment	Total	Total		
	£	£	£		
Note 6.	TANGIBLE ASSETS				
	Cost	-	-	-	
	Additions	-	-	-	
	Revaluation	-	-	-	
	Disposal	-	-	-	
	Total Costs	-	-	-	
	Depreciation				
	Balance brought forward	-	-	-	
	Charge for the year	-	-	-	
	Disposal	-	-	-	
	Transfers	-	-	-	
	Balance carried forward	-	-	-	
	Net book value				
	At 30 November 2019	-	-	-	
	At 30 November 2018	-	-	-	
Note 7.	Debtors	2024	2023		
		£	£		
	This is made up as follows:				
	Member Loans	-	-		
		-	-		
Note 8.	Cash at bank and in hand	2024	2023		
		£	£		
	Cash at bank	2	134		
	Cash at hand	-	-		
		2	134		
Note 9.	Creditors: amounts falling due within one year	2024	2023		
		£	£		
	This is made up as follows:				
	Accountancy Fees	150	150		
	Salary Arrears	-	-		
	Other creditors	21	21		
		171	171		
Note 10.	Movement in funds	Opening balance	Incoming resources	Resources expended	
		£	£	£	£
	Unrestricted funds				
	Charity's fund	(11)	1,653	(1,785)	(143)
		(11)	1,653	(1,785)	(143)
	Restricted funds				
	Grants	-	-	-	
		-	-	-	

Note 10.1 Analysis of net assets by fund

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Cash at bank and in hand	2	-	2	134
Other net assets (liabilities)	(171)	-	(171)	(171)
	<u>(169)</u>	<u>-</u>	<u>(169)</u>	<u>(37)</u>

Note 11. TRUSTEES REMUNERATION

The Trustees did not receive any emoluments and no out of pocket expenses were paid during the year (2024: £nil)

Note 12. As a company, MEG'S ARM OF LOVE is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its objects. No tax charges have arisen in the Company.

Note 13. Control

The ultimate controlling parties are the directors' as stated on page 2.