

MEG'S ARM OF LOVE

England & Wales · Charity number 1196348

Details

Status Registered

Legal form CIO

Registered 2021-11-01

Register [View on the Charity Commission register](#)

Contact

Address 45 Walker Avenue
Fyfield
Ongar
Essex
CM5 0RG

Phone 01279975033

Email admin@megsarmoflove.org

Activities

Objects: (1) THE PREVENTION OR RELIEF OF POVERTY IN PARTICULAR BUT NOT EXCLUSIVELY OF SINGLE MOTHERS AND THEIR CHILDREN, AND PERSONS AFFECTED BY HOMELESSNESS, IN SUCH WAYS AS THE TRUSTEES THINK FIT, SUCH AS: A. EMPOWERING PERSONS THROUGH THE PROVISION OF EDUCATION TO ASSIST PERSONS IN SELF-HELP TO IMPROVE AND ATTAIN A BETTER QUALITY OF LIFE. B. ADVANCING THE COMMUNITY THROUGH THE PROVISION OF OUTREACH PROJECTS TO OFFER GUIDANCE AND PROVIDE INFORMATION, PRACTICAL ADVICE AND EMOTIONAL SUPPORT.

Activities: The Prevention Or Relief Of Poverty through training programs, advice, donations and physical and emotional support. This service is available to members of the community especially women and their children. Economic/community Development/employment

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£1,653	£1,635	-	-
2023-12-31	£1,643	£1,519	-	-
2022-12-31	£960	£881	-	-

Trustees

Name	Role	Appointed
David Onyesoh	Chair	2021-09-22
Emmanuel Erikume		2021-09-22
Gideon Onyesoh		2021-09-22
Jete Ugen		2025-11-14
Victoria Erikume		2021-09-22

MEG'S ARM OF LOVE

England & Wales - Charity number 1196348

Accounts



MEG'S ARM OF LOVE

REGISTERED CHARITY NO. 1196348

Trustees' Annual Report & Statement of Financial Activity
for the Year Ended 31st December 2024

Trustees

David Onyesoh (Chair)

Victoria Erikume

Gideon Onyesoh

Emmanuel Erikume

MEG'S ARM OF LOVE

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31st December 2024

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Balance sheet	8
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MEG'S ARM OF LOVE

Charity information

Registered Charity Name MEG'S ARM OF LOVE

Charity Number 1196348

Registered Address 61 Bridge Street,
Kington,
HR5 3DJ

Trustees David Onyesoh (Chair)
Victoria Erikume
Gideon Onyesoh
Emmanuel Erikume

Banker APS Financial-CASH PLUS BANK

Accountant E&E Accounting and Tax Services Ltd
Suite 213 Spirella Building, Bridge Road,
Letchworth Garden City, England,
SG6 4ET

**TRUSTEES ANNUAL REPORT & STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED
DECEMBER 31st, 2024.**

Structure, Governance & Management

Type of Governing Document

Meg's Arm of Loves' Constitution is drafted in accordance with the model governing document by the Charity Commission for Charitable Incorporated Organisations (CIOs)

Charitable Objectives

As defined in the Charities Constitution (Governing Document)

The Charities Objects are: "The Meg's Arm of Love is a charity used for the interest of the public. It is for the prevention or relief of poverty in particular but not exclusively of single mothers and their children, and persons affected by homelessness, in such ways as the trustees think fit, such as:

a) Empowering persons Through the provision of education to assist persons in self-help to improve and attain a better quality of life.

b) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support."

Trustee Appointment Methods

Recruitment and Selection of new trustees is in obedience with the charity's constitution and with the Trustees acknowledgement and consent. The criteria set for the suitable candidate would be someone who is of legal age and is committed to the needs and stipulations of the organisation.

Charity Activities

Meg's Arm of Love was officially registered during the COVID-19 pandemic. Despite the challenges posed by this period, the charity commenced raising awareness of its mission and objectives, primarily among friends, family, and close associate, through various online platforms. These included the use of WhatsApp, the distribution of a PayPal Giving Fund donation link, and the circulation of branded charity business cards and pamphlets.

Operating on a modest scale, Meg's Arm of Love has undertaken several projects with the strategic aim of progressively expanding its operational capacity and extending its reach. The charity delivers both individual and community-focused services and projects, at times in collaboration with other organisations and professionals that share similar values and objectives.

In its third year, Meg's Arm of Love has further strengthened its online presence and now operates an active donation page via PayPal:

https://www.paypal.com/donate/?hosted_button_id=PZ29BXQ4Q9L92 with an official website currently under

construction. Our donation page is voluntarily hosted on some of our partners and donor's website and platforms.

The organisation has also conducted several educative meetings and forums on a monthly basis, online and onsite. These meetings are usually targeted at aiding attendees to grow in financial and economic knowledge so as to help improve their quality of life. In addition, food packs and other donations are distributed during these meetings to those most in need of them as priority. The Charities activities is for the publics benefit and the Trustees uphold that they have acted in accordance with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Charity's Accomplishments & Achievements

Goals of the Charity, Main Activities and Administration of our Projects

When executing our projects in England – Essex and other parts of the United Kingdom, the trustees are conscious of the charity commission guidelines on Public aid and believe that the Charity has acted in accordance with the duty in

Section 17 (S) of the charity Act 2011. The charity's main goals are summarised as follows:

- 1) The Prevention or Relief of Poverty
- 2) Empowering persons through the provision of education to assist persons in self-help to improve and attain a better quality of life.
- 3) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support.
- 4) Granting supporting for the cohesiveness of the family structure as a building block of the community/society.

Meg's Arm of Love Projects, Activities and Achievements

The Feed My Sheep Project: No human being, especially a child should have to go hungry. The Feed My Sheep project aims at feeding the community not just on a physical scale but mentally/emotionally and spiritually.

The Agora Forum: This is an assembly (online and/or Onsite) where members of the community come together and reflect on current events/issues and how to stay on top of things and continue to thrive regardless of their circumstances.

What Do You Know? Quiz Night: A monthly activity. General Knowledge quizzes with prizes given at the end to top performers. This is a fun way to educate and inform while having fun.

The Mercy Table: Regular Donation of Food and preloved items to all in need of them.

The Christmas Family Bash: No one should be alone during the festivities. A fun filled program where all attendees talk, dance, laugh, learn, and dine together.

In the United Kingdom

1. 12 families were supported across Essex.
2. Over 100 food parcels were distributed during the Christmas family Bash, December of 2024
3. 69 persons including women and their children were given Christmas presents and gift cards.

We believe our greatest achievement is the emotional support we give to members of the community aside from the donation of food and other essentials. In the aftermath of the pandemic, there appears to be a noticeable decline in motivation and engagement with everyday life and work. This general sense of apathy has been accompanied by a rise in mental health challenges, including increased levels of anxiety, depression, and emotional fatigue across various segments of the population. This highlights the vital role of community in encouraging and supporting one another to re-engage with life. Through our work within the community, we have come to deeply understand the value of giving, and that love, empathy and human connection lies at the heart of it all. We are so pleased to have continued a sure and steady march to transforming lives for the better. Meg's Arm of Love hopes to continue growing as we enter our fourth year of operation.

We want to continue helping more people.

Declaration

The Trustees declare that they have approved the trustees report above.

Signed on Behalf of the Charity's Board of Trustees

Victoria Erikume

14th June 2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MEG'S ARM OF LOVE

We report on the accounts of the Trust for the year ended 31 December 2024, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- To state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements,

- to keep accounting records in accordance with section 41 of the 1993 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act as amended.

Have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E&E Accounting and Tax Services
14th June 2025

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)
YEAR ENDED 31 DECEMBER 2024

	Notes	Un-restricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
INCOMING RESOURCES FROM CHARITABLE ACTIVITIES					
General Donations	2	1,653	-	1,653	1,643
Other income	3	-	-	-	-
TOTAL INCOMING RESOURCES		1,653	-	1,653	1,643
RESOURCES EXPENDED					
Cost of Generating Funds		-	-	-	-
Charitable activities	4	1,635	-	1,635	1,519
Governance	5	150	-	150	150
TOTAL RESOURCES EXPENDED		1,785	-	1,785	1,669
Net income/(outgoing) resources		(132)	-	(132)	(26)
Total funds brought forward		(37)	-	(37)	(11)
Total funds carried forward		(169)	-	(169)	(37)

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

MEG'S ARM OF LOVE
BALANCE SHEET
AS AT 31 DECEMBER 2024

	Notes	£	2024 Total £	2023 Total £
FIXED ASSETS				
Tangible Assets	6		-	-
CURRENT ASSETS				
Debtors	7		-	-
Cash at bank and in hand	8		<u>2</u>	<u>134</u>
			2	134
Current Liabilities				
Creditors: amounts falling due within one year	9		(171)	(171)
Net Current assets/(Liabilities)			<u>(169)</u>	<u>(37)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(169)</u>	<u>(37)</u>
FINANCED BY:				
Unrestricted funds	10		(169)	(37)
Restricted Funds	10		-	-
TOTAL FUNDS	11		<u>(169)</u>	<u>(37)</u>

Victoria Erikume

14th June 2025

MEG'S ARM OF LOVE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024

Note 2. Incoming Resources - General Donations

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
General Donations	1,653	-	1,653	1,643
	<u>1,653</u>	<u>-</u>	<u>1,653</u>	<u>1,643</u>

Note 3. Incoming Resources - Other Income

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Other Donatons	-	-	-	-
Events income	-	-	-	-
Other income	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

Note 4. Resources Expended - Activities

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Bank charges	-	-	-	-
Events & Other related costs	412	-	412	878
Software	-	-	-	-
Printing & stationery	35	-	35	31
Rent	900	-	900	610
	<u>1,635</u>	<u>-</u>	<u>1,635</u>	<u>1,519</u>

Note 5. Resources Expended – Governance

	Unrestricted Funds £	Restricted Funds £	2024 Total Funds £	2023 Total Funds £
Accountancy	150	-	150	150
Other professional fees	-	-	-	-
	<u>150</u>	<u>-</u>	<u>150</u>	<u>150</u>

		2024	2023	
Note 6.	TANGIBLE ASSETS	Office Equipment £	Total £	Total £
	Cost	-	-	-
	Additions	-	-	-
	Revaluation	-	-	-
	Disposal	-	-	-
	Total Costs	-	-	-
	Depreciation			
	Balance brought forward	-	-	-
	Charge for the year	-	-	-
	Disposal	-	-	-
	Transfers	-	-	-
	Balance carried forward	-	-	-
	Net book value			
	At 30 November 2019	-	-	-
	At 30 November 2018	-	-	-
Note 7.	Debtors	2024	2023	
	This is made up as follows:	£	£	
	Member Loans	-	-	
		-	-	
Note 8.	Cash at bank and in hand	2024	2023	
		£	£	
	Cash at bank	2	134	
	Cash at hand	-	-	
		2	134	
Note 9.	Creditors: amounts falling due within one year	2024	2023	
	This is made up as follows:	£	£	
	Accountancy Fees	150	150	
	Salary Arrears	-	-	
	Other creditors	21	21	
		171	171	
Note 10.	Movement in funds	Opening balance £	Incoming resources £	Resources expended £
	Unrestricted funds			
	Charity's fund	(11)	1,653	(1,785)
		(11)	1,653	(1,785)
	Restricted funds			
	Grants	-	-	-
		-	-	-

Note 10.1 Analysis of net assets by fund

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Cash at bank and in hand	2	-	2	134
Other net assets (liabilities)	(171)	-	(171)	(171)
	<u>(169)</u>	<u>-</u>	<u>(169)</u>	<u>(37)</u>

Note 11. TRUSTEES REMUNERATION

The Trustees did not receive any emoluments and no out of pocket expenses were paid during the year (2024: £nil)

Note 12. As a company, MEG'S ARM OF LOVE is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its objects. No tax charges have arisen in the Company.

Note 13. Control

The ultimate controlling parties are the directors' as stated on page 2.

Accounts



MEG'S ARM OF LOVE

REGISTERED CHARITY NO. 1196348

Trustees' Annual Report & Statement of Financial Activity
for the Year Ended 31st December 2023

Trustees

David Onyesoh (Chair)

Victoria Erikume

Gideon Onyesoh

Emmanuel Erikume

MEG'S ARM OF LOVE

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31st December 2023

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MEG'S ARM OF LOVE

Charity information

Registered Charity Name MEG'S ARM OF LOVE

Charity Number 1196348

Registered Address 61 Bridge Street,
Kington,
HR5 3DJ

Trustees David Onyesoh (Chair)
Victoria Erikume
Gideon Onyesoh
Emmanuel Erikume

Banker APS Financial-CASH PLUS BANK

Accountant E&E Accounting and Tax Services Ltd
19 Cedar Corner,
Stotfold
SG5 4SS

**TRUSTEES ANNUAL REPORT & STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED
DECEMBER 31st, 2023.**

Structure, Governance & Management

Type of Governing Document

Constitution- based on the Charity Commission's model governing document for Charitable Incorporated Organisations.

Charitable Objectives

As defined in the Charities Constitution (Governing Document)

The Charities Objects are: "The Meg's Arm of Love is a charity used for the interest of the public. It is for the prevention or relief of poverty in particular but not exclusively of single mothers and their children, and persons affected by homelessness, in such ways as the trustees think fit, such as:

- a) Empowering persons Through the provision of education to assist persons in self-help to improve and attain a better quality of life.*
- b) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support."*

Trustee Appointment Methods

Recruitment and Selection of new trustees is in obedience with the charity's constitution and with the Trustees acknowledgement and consent. The criteria set for the suitable candidate would be someone who is of legal age and is committed to the needs and stipulations of the organisation.

Charity Activities

The Charities registration took place during the pandemic. In spite of this, Meg's Arm of Love was able to open a bank account and also raise awareness of the Charities existence (mostly to friends, family, associates) and goals through online activities. i.e., WhatsApp, circulation of PayPal Giving Fund donation link, Charity Business cards etc.

On a small-scale Meg's Arm of Love was able to execute projects with the target to continue to expand in capacity so as to have a larger reach. The charity has persons and societal-based projects and services in affiliation with other organisations with related goals.

A year later Meg's Arm of Love has been able to build more online presence and currently has a donation page with PayPal:

https://www.paypal.com/donate/?hosted_button_id=PZ29BXQ4Q9L92

Our donation page is voluntarily hosted on some of our partners and donor's website and platforms.

The organisation has also conducted several educative meetings and forums on a monthly basis, online and onsite. These meetings are usually targeted at aiding attendees to grow in financial and economic knowledge so as to help improve their quality of life. In addition, food packs and other donations are distributed during these meetings to those most in need of them being priority.

The Charities activities is for the publics benefit and the Trustees uphold that they have acted in accordance with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Charity's Accomplishments & Achievements

Goals of the Charity, Main Activities and Administration of our Projects

When executing our projects in England – Essex and other parts of the United Kingdom, the trustees are conscious of the charity commission guidelines on Public aid and believe that the Charity has acted in accordance with the duty in

Section 17 (S) of the charity Act 2011. The charity's main goals are summarised as follows:

- 1) The Prevention or Relief of Poverty
- 2) Empowering persons through the provision of education to assist persons in self-help to improve and attain a better quality of life.
- 3) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support.
- 4) Granting supporting for the cohesiveness of the family structure as a building block of the community/society.

Meg's Arm of Love Projects, Activities and Achievements

The Feed My Sheep Project: No human being, especially a child should have to go hungry. Thus, this project aims at feeding the community not just on a physical scale but mentally/emotionally and spiritually.

The Agora Forum: This is an assembly (online and/or Onsite) where members of the community come together and reflect on current events/issues and how to stay on top of things and continue to thrive regardless of their circumstances.

What Do You Know? Quiz Night: A monthly activity. General Knowledge quizzes with prizes given at the end to top performers. This is a fun way to educate and inform while having fun.

The Mercy Table: Regular Donation of Food and preloved items to all in need of them.

The Christmas Family Bash: No one should be alone during the festivities. A fun filled program where all attendees talk, dance, laugh, learn, and dine together.

In the United Kingdom

1. 15 families were supported across Essex.
2. 110 food parcels were distributed during the Christmas family Bash, December of 2023
3. 78 persons including women and their children were given Christmas presents and gift cards.

We believe our greatest achievement has been the emotional support we have given to members of the community aside from the donation of food and other essentials. The aftermath of the pandemic appears to have created a level of apathy to life and work in general. Hence, the importance of community and motivating one another to get back into the groove of things. The work we do in the community has thought us the importance of giving and that love, and empathy are at the core of it. We are so pleased to have continued on sure and steady march to transforming lives for the better. Meg's Arm of Love hopes to continue growing in vigour and stability as we enter our third year of operation. We want to help more people.

Declaration

The Trustees declare that they have approved the trustees report above.

Signed on Behalf of the Charity's Board of Trustees

Victoria Erikume

V. Onyiah 

16th June 2024

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MEG'S ARM OF LOVE

We report on the accounts of the Trust for the year ended 31 December 2023, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- To state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements,

- to keep accounting records in accordance with section 41 of the 1993 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act as amended.

Have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



E&E Accounting and Tax Services
19 Cedar Corner,
Stotfold
SG5 4SS

E&E Accounting and Tax Services
19 Cedar Corner, Stotfold
Hertfordshire
SG5 4SS
info@eandeaccountants.co.uk

16th June 2024

STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)
YEAR ENDED 31 DECEMBER 2023

	Notes	Un-restricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
INCOMING RESOURCES FROM CHARITABLE ACTIVITIES					
General Donations	2	1,643	-	1,643	980
Other income	3	-	-	-	-
TOTAL INCOMING RESOURCES		1,643	-	1,643	980
RESOURCES EXPENDED					
Cost of Generating Funds		-	-	-	-
Charitable activities	4	1,519	-	1,519	891
Governance	5	150	-	150	100
TOTAL RESOURCES EXPENDED		1,669	-	1,669	991
Net income/(outgoing) resources		(26)	-	(26)	(11)
Total funds brought forward		(11)	-	(11)	0
Total funds carried forward		(37)	-	(37)	(11)

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

MEG'S ARM OF LOVE
BALANCE SHEET
AS AT 31 DECEMBER 2023

	Notes	£	2023 Total £	2022 Total £
FIXED ASSETS				
Tangible Assets	6		-	-
CURRENT ASSETS				
Debtors	7		-	-
Cash at bank and in hand	8		134	89
			<u>134</u>	<u>89</u>
Current Liabilities				
Creditors: amounts falling due within one year	9		(171)	(100)
Net Current assets/(Liabilities)			<u>(37)</u>	<u>(11)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(37)</u>	<u>(11)</u>
FINANCED BY:				
Unrestricted funds	10		(37)	(11)
Restricted Funds	10		-	-
TOTAL FUNDS	11		<u>(37)</u>	<u>(11)</u>

Victoria Erikume

V. Onyiah 

16th June 2024

MEG'S ARM OF LOVE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023

Note 2. Incoming Resources - General Donations

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
General Donations	1,643	-	1,643	980
	<u>1,643</u>	<u>-</u>	<u>1,643</u>	<u>980</u>

Note 3. Incoming Resources - Other Income

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Other Donatons	-	-	-	-
Events income	-	-	-	-
Other income	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>

Note 4. Resources Expended - Activities

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Bank charges	-	-	-	10
Events & Other related costs	878	-	878	817
Software	-	-	-	41
Printing & stationery	31	-	31	-
Rent	610	-	610	23
	<u>1,519</u>	<u>-</u>	<u>1,519</u>	<u>891</u>

Note 5. Resources Expended – Governance

	Unrestricted Funds £	Restricted Funds £	2023 Total Funds £	2022 Total Funds £
Accountancy	150	-	150	100
Other professional fees	-	-	-	-
	<u>150</u>	<u>-</u>	<u>150</u>	<u>100</u>

		2023	2022		
Note 6.	TANGIBLE ASSETS	Office Equipment £	Total £	Total £	
	Cost	-	-	-	
	Additions	-	-	-	
	Revaluation	-	-	-	
	Disposal	-	-	-	
	Total Costs	-	-	-	
	Depreciation				
	Balance brought forward	-	-	-	
	Charge for the year	-	-	-	
	Disposal	-	-	-	
	Transfers	-	-	-	
	Balance carried forward	-	-	-	
	Net book value				
	At 30 November 2019	-	-	-	
	At 30 November 2018	-	-	-	
Note 7.	Debtors	2023	2022		
		£	£		
	This is made up as follows:				
	Member Loans	-	-		
		-	-		
Note 8.	Cash at bank and in hand	2023	2022		
		£	£		
	Cash at bank	134	10		
	Cash at hand	-	79		
		134	89		
Note 9.	Creditors: amounts falling due within one year	2023	2022		
		£	£		
	This is made up as follows:				
	Accountancy Fees	150	-		
	Salary Arrears	-	-		
	Other creditors	21	100		
		171	100		
Note 10.	Movement in funds	Opening balance £	Incoming resources £	Resources expended £	£
	Unrestricted funds				
	Charity's fund	(11)	1,643	(1,669)	(37)
		(11)	1,643	(1,669)	(37)
	Restricted funds				
	Grants	-	-	-	
		-	-	-	

Note 10.1 Analysis of net assets by fund

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Cash at bank and in hand	134	-	134	89
Other net assets (liabilities)	(171)	-	(171)	(100)
	<u>(37)</u>	<u>-</u>	<u>(37)</u>	<u>(11)</u>

Note 11. TRUSTEES REMUNERATION

The Trustees did not receive any emoluments and no out of pocket expenses were paid during the year (2023: £nil)

Note 12. As a company, MEG'S ARM OF LOVE is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its objects. No tax charges have arisen in the Company.

Note 13. Control

The ultimate controlling parties are the directors' as stated on page 2.

MEG'S ARM OF LOVE

England & Wales - Charity number 1196348

Accounts



MEG'S ARM OF LOVE

REGISTERED CHARITY NO. 1196348

Trustees' Annual Report & Statement of Financial Activity
for the Year Ended 31st December 2022

Trustees

David Onyesoh (Chair)

Victoria Erikume

Gideon Onyesoh

Emmanuel Erikume

MEG'S ARM OF LOVE

Trustees' Annual Report & Statement of Financial Activity for the Year Ended 31st December 2022

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Trustee's annual report	3
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Statement of financial activities (incorporating the income and expenditure account)	7
Balance sheet	8
Notes to the account	9

MEG'S ARM OF LOVE

Charity information

Registered Charity Name MEG'S ARM OF LOVE

Charity Number 1196348

Registered Address 61 Bridge Street,
Kington,
HR5 3DJ

Trustees David Onyesoh (Chair)
Victoria Erikume
Gideon Onyesoh
Emmanuel Erikume

Banker APS Financial-CASH PLUS BANK

Accountant E&E Accounting and Tax Services
19 Cedar Corner,
Stotfold
SG5 4SS

**TRUSTEES ANNUAL REPORT & STATEMENT OF FINANCIAL ACTIVITY FOR THE YEAR ENDED
DECEMBER 31st, 2022.**

Structure, Governance & Management

Type of Governing Document

Constitution- based on the Charity Commission's model governing document for Charitable Incorporated Organisations.

Charitable Objectives

As defined in the Charities Constitution (Governing Document)

The Charities Objects are: "The Meg's Arm of Love is a charity used for the interest of the public. It is for the prevention or relief of poverty in particular but not exclusively of single mothers and their children, and persons affected by homelessness, in such ways as the trustees think fit, such as:

- a) Empowering persons Through the provision of education to assist persons in self-help to improve and attain a better quality of life.*
- b) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support."*

Trustee Appointment Methods

Recruitment and Selection of new trustees is in obedience with the charity's constitution and with the Trustees acknowledgement and consent. The criteria set for the suitable candidate would be someone who is of legal age and is committed to the needs and stipulations of the organisation.

Charity Activities

The Charities registration took place during the pandemic. In spite of this, Meg's Arm of Love was able to open a bank account and also raise awareness of the Charities existence (mostly to friends, family, associates) and goals through online activities. i.e., WhatsApp, circulation of PayPal Giving Fund donation link, Charity Business cards etc.

On a small-scale Meg's Arm of Love was able to execute projects with the target to continue to expand in capacity so as to have a larger reach. The charity has persons and societal-based projects and services in affiliation with other organisations with related goals.

The Charities activities is for the publics benefit and the Trustees uphold that they have acted in accordance with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.

Charity's Accomplishments & Achievements

Goals of the Charity, Main Activities and Administration of our Projects

When executing our projects in England – Essex and other parts of the United Kingdom, the trustees are conscious of the charity commission guidelines on Public aid and believe that the Charity has acted in accordance with the duty in

Section 17 (S) of the charity Act 2011. The charity's main goals are summarised as follows:

- 1) The Prevention or Relief of Poverty
- 2) Empowering persons through the provision of education to assist persons in self-help to improve and attain a better quality of life.
- 3) Advancing the community through the provision of outreach projects to offer guidance and provide information, practical advice, and emotional support.
- 4) Granting supporting for the cohesiveness of the family structure as a building block of the community/society.

Meg's Arm of Love Projects, Activities and Achievements

The Feed My Sheep Project: No human being, especially a child should have to go hungry. Thus, this project aims at feeding the community not just on a physical scale but mentally/emotionally and spiritually.

The Agora Forum: This is an assembly (online and/or Onsite) where members of the community come together and reflect on current events/issues and how to stay on top of things and continue to thrive regardless of their circumstances.

What Do You Know? Quiz Night: A monthly activity. General Knowledge quizzes with prizes given at the end to top performers. This is a fun way to educate and inform while having fun.

The Mercy Table: Regular Donation of Food and preloved items to all in need of them.

The Christmas Family Bash: No one should be alone during the festivities. A fun filled program where all attendees talk, dance, laugh, learn, and dine together.

In the United Kingdom

1. 8 families were supported across Essex.
2. 88 food parcels were distributed during the Christmas family Bash, December of 2022
3. 70 persons including women and their children were given Christmas presents and gift cards.

We believe our greatest achievement has been the emotional support we have given to members of the community aside from the donation of food and other essentials. The pandemic was a very lonely and difficult time for many, and we came to realise that giving is not at its best without love and empathy from the donor to the recipient. We are so pleased to have started off on this platform and hope that we continue to grow in vigour and stability in order to help more people.

Declaration

The Trustees declare that they have approved the trustees report above.

Signed on Behalf of the Charity's Board of Trustees

Victoria Erikume

V. Onyesoh  - .

14th May 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MEG'S ARM OF LOVE

We report on the accounts of the Trust for the year ended 31 December 2022, which are set out on pages 9 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts (under section 43(3)(a) of the 1993 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 43(7)(b) of the 1993 Act); and
- To state whether particular matters have come to our attention.

Basis of independent examiner's report

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the requirements,

- to keep accounting records in accordance with section 41 of the 1993 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act as amended.

Have not been met; or

(2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

E&E Accounting and Tax Services
19 Cedar Corner,
Stotfold
SG5 4SS

14th May 2023

MEG'S ARM OF LOVE
STATEMENT OF FINANCIAL ACTIVITIES (Incorporating an Income and Expenditure Account)
YEAR ENDED 31 DECEMBER 2022

	Notes	Un-restricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
INCOMING RESOURCES FROM CHARITABLE ACTIVITIES				
General Donations	2	980	-	980
Other income	3	-	-	-
TOTAL INCOMING RESOURCES		980	-	980
RESOURCES EXPENDED				
Cost of Generating Funds		-	-	-
Charitable activities	4	891	-	891
Governance	5	100	-	100
TOTAL RESOURCES EXPENDED		991	-	991
Net income/(outgoing) resources		(11)	-	(11)
Total funds brought forward		0	-	0
Total funds carried forward		(11)	-	(11)

All incoming resources are derived from continuing operations. The charity has no other gains or losses other than those recognised in the Statement of Financial Activities.

**MEG'S ARM OF LOVE
BALANCE SHEET
AS AT 31 DECEMBER 2022**

	Notes	£	2022 Total £
FIXED ASSETS			
Tangible Assets	6		-
CURRENT ASSETS			
Debtors	7		-
Cash at bank and in hand	8		89
			<u>89</u>
Current Liabilities			
Creditors: amounts falling due within one year	9		(100)
Net Current assets/(Liabilities)			<u>(11)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			<u>(11)</u>
FINANCED BY:			
Unrestricted funds	10		(11)
Restricted Funds	10		-
TOTAL FUNDS	11		<u>(11)</u>

Victoria Erikume

V. Onyiah  -

14th May 2023

MEG'S ARM OF LOVE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2022

Note 2. Incoming Resources - General Donations

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
General Donations	980	-	980
	<u>980</u>	<u>-</u>	<u>980</u>

Note 3. Incoming Resources - Other Income

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
Other Donatons	-	-	-
Events income	-	-	-
Other income	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>

Note 4. Resources Expended - Activities

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
Bank charges	10	-	10
Events & Other related costs	817	-	817
Software	41	-	41
Rent	23	-	23
	<u>891</u>	<u>-</u>	<u>891</u>

Note 5. Resources Expended – Governance

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
Accountancy	100	-	100
Other professional fees	-	-	-
	<u>100</u>	<u>-</u>	<u>100</u>

		2022		
Note 6.	TANGIBLE ASSETS	Office Equipment £	Total £	
	Cost	-	-	
	Additions	-	-	
	Revaluation	-	-	
	Disposal	-	-	
	Total Costs	<u>-</u>	<u>-</u>	
	Depreciation			
	Balance brought forward	-	-	
	Charge for the year	-	-	
	Disposal	-	-	
	Transfers	-	-	
	Balance carried forward	<u>-</u>	<u>-</u>	
	Net book value			
	At 30 November 2019	<u>-</u>	<u>-</u>	
	At 30 November 2018	<u>-</u>	<u>-</u>	
Note 7.	Debtors	2022		
		£		
	This is made up as follows:			
	Member Loans	-		
		<u>-</u>		
Note 8.	Cash at bank and in hand	2022		
		£		
	Cash at bank	10		
	Cash at hand	79		
		<u>89</u>		
Note 9.	Creditors: amounts falling due within one year	2022		
		£		
	This is made up as follows:			
	Accountancy Fees	-		
	Salary Arrears	-		
	Other creditors	100		
		<u>100</u>		
Note 10.	Movement in funds			
		Opening balance £	Incoming resources £	Resources expended £
	Unrestricted funds			
	Charity's fund	0	980	(991)
		<u>0</u>	<u>980</u>	<u>(991)</u>
	Restricted funds			
	Grants	-	-	-
		<u>-</u>	<u>-</u>	<u>-</u>

Note 10.1 Analysis of net assets by fund

	Unrestricted Funds £	Restricted Funds £	2022 Total Funds £
Cash at bank and in hand	89	-	89
Other net assets (liabilities)	(100)	-	(100)
	<u>(11)</u>	<u>-</u>	<u>(11)</u>

Note 11. TRUSTEES REMUNERATION

The Trustees did not receive any emoluments and no out of pocket expenses were paid during the year (2021-22: £nil)

Note 12. As a company, MEG'S ARM OF LOVE is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its objects. No tax charges have arisen in the Company.

Note 13. Control

The ultimate controlling parties are the directors' as stated on page 2.