

2024

Annual Report



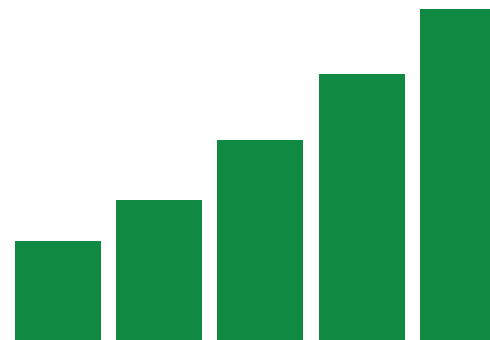
Prepared by
Ealing Anchor Foundation

Presented by
The Trustees



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Vision And Mission

Vision

Ealing Anchor Foundation works towards a future in which all differently abled children and young people realise their aspirations and their right to an inclusive community which supports them and their families.



Mission

Our Mission is to assist children with disabilities, complex health and additional needs aged 0-5 years living in the London Borough of Ealing and their families for as long as they need us by:-

- Supporting parent/carers
- Being a source of advice and information for parents on how to help their child's development.
- Providing a stimulating play environment with carefully structured activities according to each child's needs and stage of development and provide social opportunities to encourage and develop physical and social wellbeing.

Introduction

We are now in our 43rd year of supporting parent carers of children who are differently abled. We have come across many challenges amidst situations that has seen us battle many storms.

Securing grant funding has always been a major challenge, along with finding a new space to run our play & support sessions or to store our toy library equipment. The Covid 19 Pandemic came and went and we are now facing the cost of living crisis.

Throughout these challenges, we have stood strong, advocating for our families and providing a space to support the many number of vulnerable families we know, are facing their own daily problems and who come to us at a difficult time in their lives for targeted information, guidance and advice that will give them a new confidence to make their own informed choices.

We offer a holistic approach at Ealing Anchor Foundation focused around inclusion of the “Whole Family,” helping bring families together to reduce their isolation and encourage community cohesion.

We know there are many more challenges to come but we plan to face them head on to be here for as long as our families need us.



Highlights



NEW LOG CABIN A HOME AT LAST!

Working out of a Children's Centre and with so much going on, there's always a lack of storage space. The charity was lucky enough to receive part funding from Screwfix Foundation to purchase and erect a gorgeous new log cabin on the Windmill Children Centre site, which is now home to our toy library equipment and music therapy items.



NEW FATHER'S GROUP PUTTING FATHERS FIRST!

Joining with Aaron, a local teacher, who's brainchild it was to form the Fathers First group, we have been working with the Learning Zone team at Wembley Stadium to organise group sessions on their site for fathers. The group has gone from strength to strength and another exciting programme is planned for late 2024 and 2025.



PROMOTIONAL SHORT FILM A PARENT'S VOICE

As part of our funding from John Lyon's Charity, we worked with Media Trust to produce a short promotional film about the services we offer and ways we help and support parent carers and their families. The film highlighted the struggles a parent faces when trying to navigate the world of special needs and the isolation felt when struggling to access services. The film serves as a stark reminder for those with little knowledge of the lives of families living with a disabled child as a powerful glimpse into the world of special needs <https://youtu.be/JYZwC8mkffA>



What We Do

The charity are members of Ealing Advice Service, a 10-member consortium funded by London Borough of Ealing. We deliver a specialist service of information, support and advice to families of children with a disability.

Members of the consortium have been selected based on their experience in delivering high quality advice services in the borough of Ealing, their local knowledge and partnership working.

Play & Support Sessions	Portage Group Sessions	Intensive Interaction
Sing, Sign & Play	Toy Library	Music Therapy
Outreach Telephone Support	Information, Support & Advice	Family Social Events
Door to Door Transport	Fathers Group	Online Counselling
Information Training Workshops	Coffee Mornings	Free Legal Advice
Newsletters	Down Syndrome Group Tots 21	Parent Carer Evenings



Message From The Chair

In an economy where businesses and charities are struggling to survive, I am incredibly proud of our Foundation's resilience in continuing to deliver a high quality service that continues to evolve, innovate and grow in response to the changing needs of our local community.

Funding remains an insurmountable obstacle for the SEN community, limiting access to services, educational support and respite. In a world where our families face 'no' wherever they turn, we continue to offer a lifeline, a beacon of hope. Our outreach service goes above and beyond in supporting those we serve in facing all sorts of challenges and obstacles. Our workshops continue to be thoughtfully planned and delivered in order to target what is needed the most from year to year. We never give up on our mission to support the most hard to reach, the most vulnerable of families.

It is truly heartening to hear how much our service means to those we serve, that we make a difference, that we offer open minds and open hearts. I am so grateful to our incredible project manager Joy for her stellar leadership, vision and dedication and to our amazing staff who deliver with so much heart and passion. I would also like to thank our merry band of volunteers for their continued support and commitment and our long standing trustees for their faithful allegiance to this cause.

Here's to continuing to go from strength to strength!

Aisha Tabani Chowdhry, Chair to the Trustees

Achievements & Performance

NAVIGATING THROUGH A SEA OF TURBULENCE

Finding out your child is differently abled can be a very traumatic time in a parent carers life.

We supported families, so they were not alone on their journey. We sought to offer advice and guidance at the time when they needed us rather than later on, when the struggles already have had a negative effect over time.

The range of services provided families with access to information support, advice and guidance suited to their particular needs. Parent carers welcomed these opportunities for befriending and sharing to hear about what worked for others with a view to trying out suggestions themselves whilst supporting each other.

Our services and activities, which included door to door transport, were made available to some of the most vulnerable and isolated families living in our community.

We began introducing face to face workshops again whilst continuing our online activities and increased the number of coffee mornings focussing on particular themes as a topic for discussion.

Play & support sessions, training workshops and counselling sessions were run from Windmill Children's Centre, Greenford. Being based there not only meant our services were promoted via the centre's own mailing list but enabled us to share our collective resources and develop an excellent working relationship for the benefit of families.



Encouraging Children's Development Through The Early Years

Play & Support Sessions

The play & support sessions were in huge demand and sessions remained actively busy throughout the year with families attending regularly.

We know early intervention is more likely to improve education and overall wellbeing in later years and Sessions provided a great opportunity for stimulating, interactive and multi-sensory play, using musical activities and equipment for the children, carefully chosen by our experienced staff to help them learn and develop their social skills.



The play & support sessions also provided placements opportunities for 4 students on work experience throughout the year from school and for 3 students studying occupational therapy at Brunel University.

We provided volunteering opportunities for adults with learning disabilities, to help them develop their own learning and gain valuable experience in the workplace and working with children.

Sing, Sign & Play Session

Two sessions running jointly with the music therapist every other week, families are able to improve their Makaton signing, learn ways to help improve speech and communication and for parents and carers to learn how to encourage their child's overall development in the home.

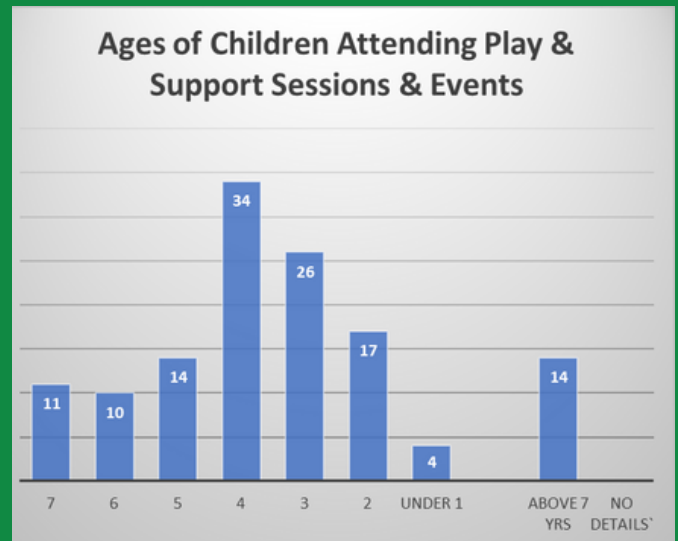
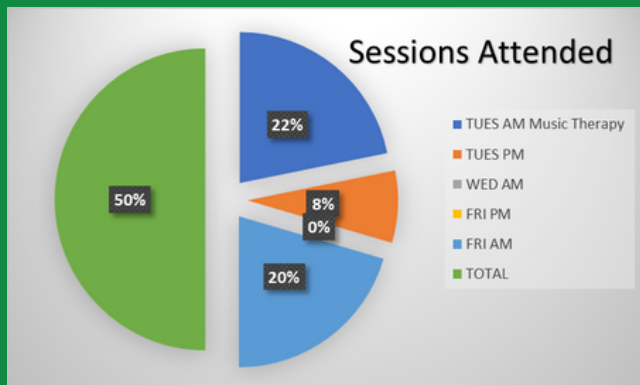
Family Social Events

Children gained greater emotional well-being and improved social development throughout the year. There was less isolation and children gained more independence, increased social skills and they were able to access mainstream social activities with their families.

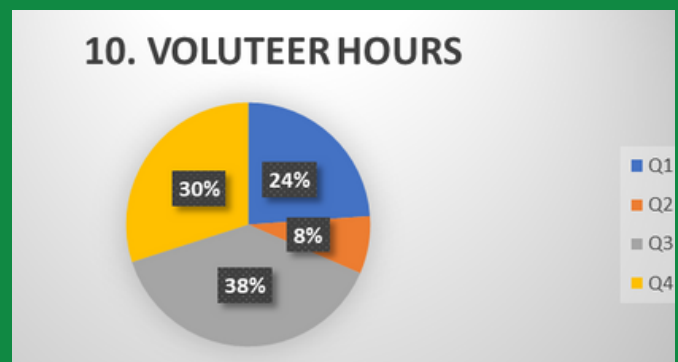
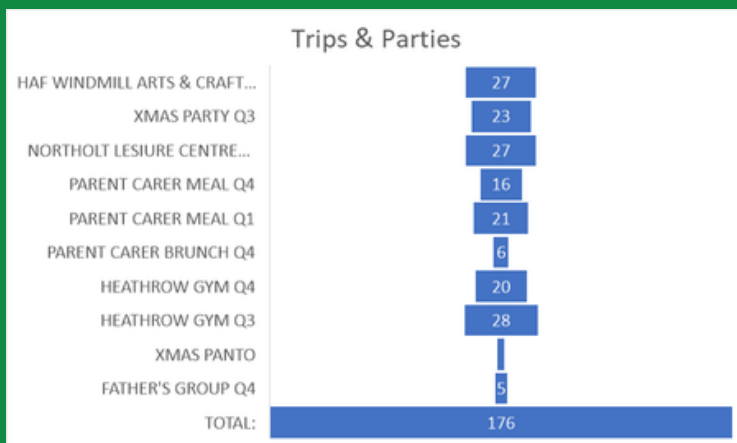
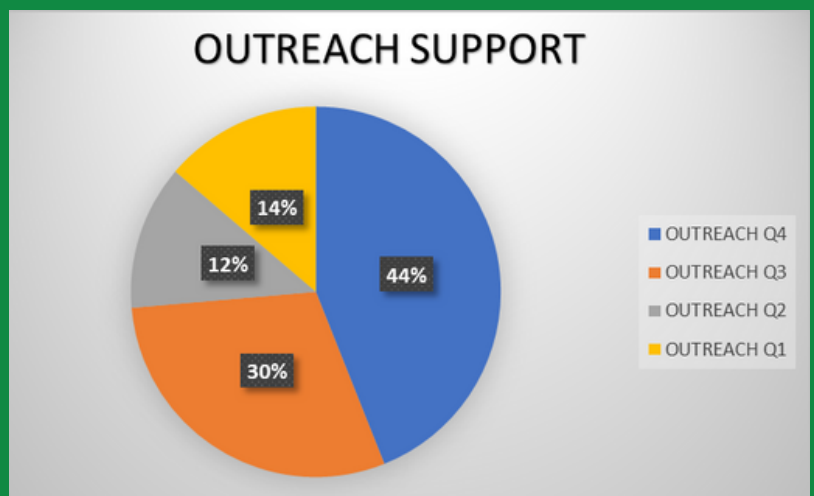
Portage Group Sessions,

The Early Start SEND Portage Worker, assisted families to help support their children's developmental progress by learning techniques in which they play together with confidence to achieve small steps.

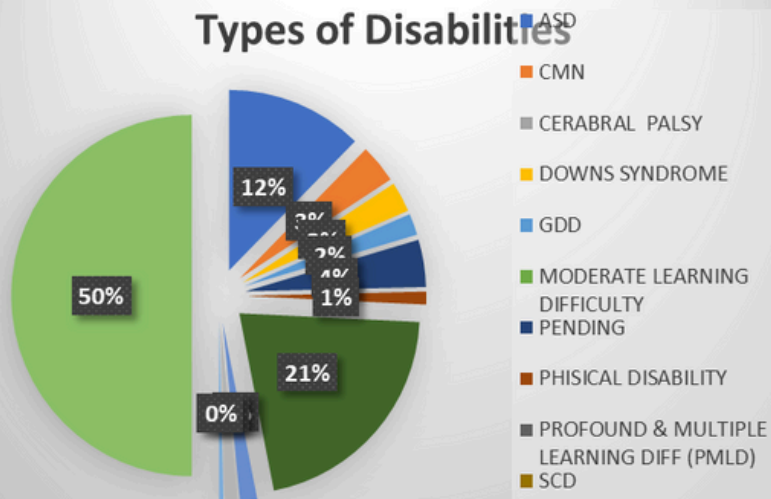
The Year in View



**STAFF
LANGUAGES
SPOKEN - 10**



Types of Disabilities

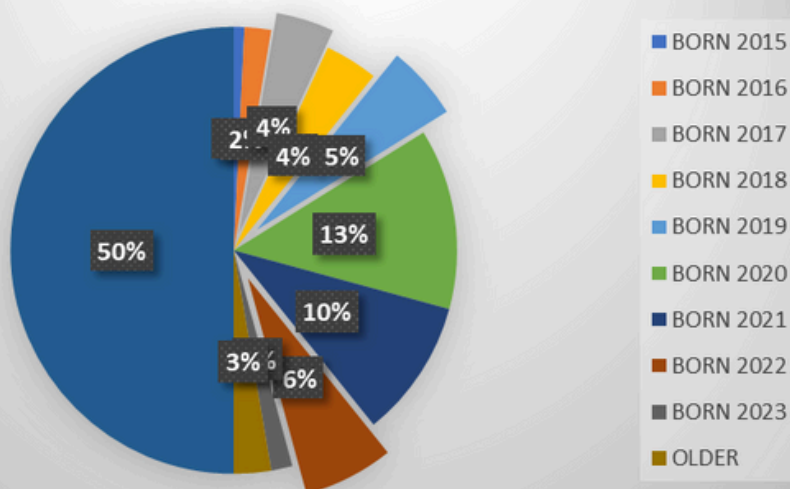


Workshops



- MUSIC THERAPY
- Play & Support group (Tuesday pm)
- Soft Play (Wednesday am)
- Play & Support group (Friday)
- (Friday pm)
- FUSSY EATING Q4

Ages of Children Attending Sessions



Our Work in the Community

Since it started, Ealing Anchor Foundation has worked collaboratively with London Borough of Ealing, ESCAN and Ealing NHS.

Our range of services are aimed at bringing families from different communities together, regardless of whether their child has a diagnosis, so we can support them on their journey and make a real difference in their lives.

The charity brought together a range of practitioners from local sources including the Ealing Speech & Language team, Early Start SEND Team and Ealing SENDIASS team to offer introductory training workshops for parent carers on topics run by professionals relating to health, early intervention programmes, special needs education and counselling. Workshops include behaviour that challenges, successful eating/toileting, Messy play, social stories and our well established EHCPs Made Easy Series.



Financial Statement

This report highlights the year's funding, which has enabled the charity to improve and maintain a quality service that has shown an increase in demand for the specialist support it offers, as well as information & advice to parents and carers at the beginning of their disabled journey.

Funding came mainly from three main grants received from our consortium with MENCAP under the Ealing Advice Service and funded by the London Borough of Ealing. We also receive funding from John Lyon's Charity and Reaching Communities Fund, which has ensured we can continue to deliver a quality service and expand on new projects.

We are thrilled to have the support of the many Friends of Ealing Anchor Foundation . who have donated to the charity throughout the past year in so many different ways including fundraising, admin and donations. They have truly made a lasting difference and we are extremely grateful!

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2024

			<u>2024</u> <u>£</u>	<u>2023</u> <u>£</u>
	Unrestricted	Restricted	Total	
Opening Balance			<u>£91,863.23</u>	<u>£ 98,763.02</u>
INCOME				
LBE/MENCAP		35052.75	35052.75	20802.75
John Lyons Charity		30000.00	30000.00	30000.00
Reaching Communities		40745.17	40745.17	26142.50
LB Ealing HAF Programme		6860.40	6860.40	8391.72
Screwfix Foundation			0.00	5000.00
Grand Duo Charitable Trust			0.00	4000.00
LB Ealing HIVI Project			0.00	825.00
Refund/Credit			0.00	281.27
Fundraising	948.75		948.75	143.10
Donations	2230.00		2230.00	1700.00
Membership/Subscriptions	1741.20		1741.20	1291.17
Yorkshire Building Society			0.00	1000.00
Interest	934.94		934.94	197.51
Total Income	£ 5,854.89	£112,658.32	£ 118,513.21	£ 99,775.02
EXPENDITURE				
Salaries and Taxes	3487.00	64446.48	67933.48	59631.40
Volunteer expenses	46.06	524.00	570.06	152.19
Transport		6479.04	6479.04	4911.98
Toys & Equipment		1582.73	1582.73	16187.43
Social, Parties & Outings	1111.00	1456.52	2567.52	1317.92
Admin/Misc.		303.60	303.60	311.53
Telephone		1877.16	1877.16	971.86
Heating/Lighting/Office cost		3321.92	3321.92	1418.04
Stationary, Publicity & Postage		1209.71	1209.71	878.25
Training/Activities	120.05	9761.84	9881.89	10123.70
HAF Programme		6860.40	6860.40	8391.72
Legal/Subs/Insurance		980.93	980.93	938.79
Accounts & Bookkeeping fee		1440.00	1440.00	1440.00
Total Expenditure	£ 4,764.11	£100,244.33	£ 105,008.44	£106,674.81
Surplus/(Deficit) for the 12 Months	£ 1,090.78	£ 12,413.99	£ 13,504.77	-£ 6,899.79
Closing Funds			<u>£105,368.00</u>	<u>£ 91,863.23</u>

EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2024

	Notes	<u>2024</u> £	<u>2023</u> £
Assets:			
Bank Balance 31/03/2023			
Petty Cash			£ -
Barclays Current account	1	£ 32,752.28	£ 7,116.70
Barclays Savings account	2	£ 77,461.47	£ 84,746.53
		<u>£ 110,213.75</u>	<u>£ 91,863.23</u>
Liabilities:			
Creditors		£ 4,845.75	£ 500.00
		<u>£ 4,845.75</u>	<u>£ 500.00</u>
		<u>£105,368.00</u>	<u>£91,363.23</u>
Financed by:			
Private Fund Account:			
Restricted Funds		£76,497.31	£ 64,083.32
Unrestricted Funds		£28,870.69	£ 27,779.91
		<u>£105,368.00</u>	<u>£91,863.23</u>

EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2024

We have examined Income and Expenditure Account and the supporting information from the records.

In our opinion the financial statements give a true and fair view of the state of affairs of the private fund of Ealing Anchor Foundation as at 31 March 2024, and of its surplus for the year ended on that date.



Anil Bhanot
Bhanot & Co.
Chartered Accountants

Date: 15 November 2024
First Floor
126-128 Uxbridge Road
London W13 8QS



The Future-Ambitions & Long Term Goals

We will continue

- working towards reducing barriers to key health, social and educational services
- reviewing and evaluating our outcomes regularly to ensure we are financially stable to continue delivering our service and activities.
- providing volunteering opportunities
- Subject to funding, delivering activities to reach even more families
- evaluating finances to ensure we meet our families' needs
- establishing support services whilst further developing existing links

Meet The Team



TRUSTEES

LED BY PARENTS FOR PARENTS

Chair to the Trustees
Treasurer
Secretary
Trustee
Trustee
Trustee

Aisha Tabani Chowdhry
Dennis Frederick Burley
Nadiya Shvets
Beckie Shuttleworth
Katerina Pupovic
Lynne Kaufmann



STAFF

SUPPORT FROM THE HEART

Project Manager
Outreach Worker
SPL/Early Years Coordinator
Senior Play Worker
Administrative Worker

Joy Barton
Natalie Stone
Magdalena Rutkowska
Gladys Bennett
Erica Giles



VOLUNTEERS

GIVING BACK

Ashakiran Thirumalai, Ruwaida Abdelrahman, Grace Raw, Leila Malahmir, Raifeh Hussein, Meera Dasani, Mikaela Banbury, Reem Hussein, Jai Janki, Tracey, Nakisa Malahmir, Abha Aryal, Manija Aruja, Richard Burton, Brunel OT Volunteers

Contact Us



020 8571 9954



info@ealinganchor.org.uk



www.ealinganchor.org.uk

Correspondence Address:

**Office 3, 1st Floor, Grove House,
77 North Road, Southall UB1 2JL**

Registered Address:

**Windmill Children's Centre, 135 Windmill
Lane, Greenford, Middx UB6 9DZ**

Registered Charity No: 1196311

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Accounts for the Year to 31 March 2024

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for the year ended 31 March 2024**

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2	Barclays Business Premium A/C No 13927628 Balance as per statement	£77,461.47
	Bank balance as per cash book on 31/03/2024	<u><u>£77,461.47</u></u>
3	Creditors	
	Salaries and taxes	£ 4,665.88
	NEST pension	£ 179.87
		<u><u>£ 4,845.75</u></u>

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
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