

EALING ANCHOR FOUNDATION

England & Wales - Charity number 1196311

Details

Status Registered

Legal form CIO

Registered 2021-10-28

Register [View on the Charity Commission register](#)

Contact

Address Windmill Childrens Centre
135 Windmill Lane
Greenford
UB6 9DZ

Phone 02085719954

Email info@ealinganchor.org.uk

Website <https://ealinganchor.org.uk/>

Activities

Objects: THE OBJECT[S] OF THE CIO IS:THE RELIEF OF CHILDREN AGED 0-5 YEARS LIVING IN THE LONDON BOROUGH OF EALING WHO HAVE A DISABILITY, ADDITIONAL NEED OR COMPLEX MEDICAL NEED, IN PARTICULAR BUT NOT EXCLUSIVELY BY:A) PROVIDING SUPPORT FOR PARENTS OF SPECIAL NEEDS CHILDREN AGED 0-5 YEARS.B) BEING A SOURCE OF ADVICE AND INFORMATION FOR PARENTS ON HOW TO HELP THEIR CHILD'S DEVELOPMENT.C) PROVIDING A STIMULATING PLAY ENVIRONMENT WITH CAREFULLY STRUCTURED ACTIVITIES ACCORDING TO EACH CHILD'S NEEDS AND STAGE OF DEVELOPMENT AND PROVIDE SOCIAL OPPORTUNITIES TO ENCOURAGE AND DEVELOP PHYSICAL AND SOCIAL WELLBEING.

Activities: Supporting Parents and Carers of Children with Disabilities

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Ealing

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£123,979	£124,429	-	-
2024-03-31	£118,513	£105,008	-	-
2023-03-31	£187,363	£189,556	-	-

Trustees

Name	Role	Appointed
Aisha Tabani Chowdhry	Chair	2021-11-05
Anna Rixon		2025-01-20
Beckie Shuttleworth		2021-11-05
KATERINA PUPOVIC		2021-11-05
Lynne Kauffman		2022-12-02
Nadiya Shvets		2021-11-05
Shadaan Tabani		2025-01-20

EALING ANCHOR FOUNDATION

England & Wales - Charity number 1196311

Accounts



2024-2025

**Ealing
Anchor
Foundation**

Annual Report

April 2024-March 2025

Report of the Trustees and
Financial Statement

*Moving out of isolation and
making long lasting friendships*

020 8571 9954
info@ealinganchor.org.uk
www.ealinganchor.org.uk

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Our Vision

A future where all children thrive in communities that understand and support their unique needs.



Our Mission

We believe every child deserves a safe, happy childhood and the best possible start in life. Our mission is to ensure families receive timely, culturally sensitive support that improves long-term outcomes and fosters community cohesion.

Message from the Chair

Dear friends and supporters,

As another year draws to a close, I would like to thank you all for your continued support and dedication to a cause that becomes more and more relevant with every day.

We are incredibly fortunate to have long term staff, volunteers, trustees and supporters that drive the charity and enable it to continue to show up for the local community in ways that are meaningful and impactful. You are the heart of this charity and all it does and I am so grateful for each and every one of you.

We continue to provide a wide range of support to the children and family we support, developing and growing our offering based on feedback and emerging needs. Our trips and outings remain popular as do the play sessions. We are always looking to ensure our workshops remain relevant to what parents and families need so please do keep the feedback coming! We love to hear from those we serve- knowing we had an impact, no matter how small, is literally the fuel that keeps us going.

It is an honour and a privilege to work with all of you and for all you. We try to mirror the resilience that we see our families display every day in everything we do and we will continue to strive to bring to our work the same dignity, grace and perseverance that they bring to their respective journeys.

Much love and power to you all.

Best,
Aisha



2024 - 2025 Highlights

1

WON Disability Project of the Year 2024

2

WON Tesco Golden Grant

3

2nd Place – Smiley Charity Film People's Choice Awards 2025

In a year marked by growth and recognition, Ealing Anchor was honoured with the **Disability Project of the Year award**, voted **winners of the Tesco Golden Grant**, and was shortlisted for the **Smiley Charity Film Awards** coming 2nd place.

These accolades reflect the charity's unwavering commitment to supporting families of children with disabilities and affirms the impact of its work within the community.

The increased visibility and credibility gained through these recognitions have enabled Ealing Anchor to reach more families, strengthen partnerships, and secure vital resources to expand its services.

These milestones not only celebrate past achievements but also pave the way for deeper engagement and broader outreach in the year ahead.



24 25 Our Impact

*Empowering Change,
One Step at a Time*



166

New Family Registrations



28

Information Training Workshops
and Legal Advice Clinics



17

Languages Spoken
by Volunteers

Early Years



686

Attendances at Play &
Support Sessions

132

Music Therapy
Sessions

160 Play Sessions

77 Toy Library
Members

Community

80

Food Surplus Collections

968

Volunteer Hours

Wellbeing & Groups

72hrs

1:1 counselling

166

Outreach
Consultations

59

Attendances at 3x Parent
Evenings

74

Dad's Attendance

9

Time to Talk Coffee
Mornings

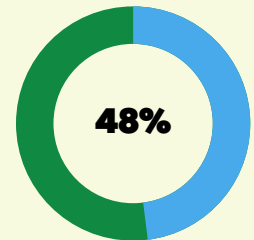
4

Tots 21 Group Sessions

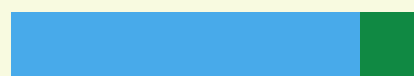
Family Social Events

436

Attendances at 8
Family Events



Used door to Door Transport



84%

BAME & Ethnic Minorities



Achievements & Performance

As we reflect on the past year, we celebrate the resilience of our community and the impact of our collective efforts. This report outlines our achievements, financial health, and the continued journey toward a more inclusive and supportive future for all the families we serve.

Led by parent carers with lived experience, our team of trustees, staff, and volunteers brought unparalleled understanding and compassion to the services offered. Throughout the past year, we provided a nurturing environment where families, often facing social and economic vulnerabilities, connected, shared, and grew together.

Our work spanned a wide range of initiatives and we also continued to advocate for systemic improvements by participating in local panels aimed at enhancing services for children with disabilities and their families.

We continued to be a vital source of support and empowerment for families raising differently abled children in the London Borough of Ealing and remained deeply rooted in its founding values of mutual support, inclusion, and community-led care.





Supporting Families & Reducing Isolation

The growing demand for our service reflected the value placed on fostering a welcoming and inclusive environment where families connected, shared experiences, and supported one another. Parents and carers benefitted from a safe space to express concerns, build friendships, and feel reassured knowing their children were thriving.

Our workshops and training sessions have empowered families with knowledge, confidence, and practical tools to support their children more effectively.

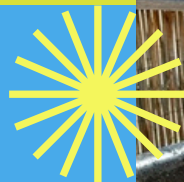
“ In moments of deep frustration and stress, when I felt like giving up, your team and their tireless encouragement kept me going”

Expanding Participation & Community Engagement

Our work is rooted in empathy, inclusion, and empowerment—values that guide every play & support session, training workshop, or outreach telephone call. As a vital hub for families providing a safe, inclusive environment where children thrive and parents feel seen, supported, and empowered, our inclusive ethos and culturally sensitive approach has created a community where families feel understood, empowered, and less isolated.

Peer Support & Befriending

Our befriending initiatives brought parent carers together to share lived experiences and offer mutual support. This peer-led approach helped improve wellbeing and resilience among families, reinforcing the power of community.



Early Intervention

Ealing Anchor, through its partnership with local statutory & voluntary organisations, delivered an early intervention programme designed to support children who are differently abled and their families. The programme focused on inclusive, developmentally enriching activities that fostered growth, confidence, and community connections.



Play & Support Sessions

Held five times weekly across multiple children's centres in Ealing, our play and support sessions offered structured, inclusive activities for children aged 0-5, including those awaiting diagnosis or excluded from nursery and their siblings. These sessions promoted emotional well-being, developmental progress, and social interaction,

while also providing parent carers with peer support and respite.

Pilot sessions were extended to Maples, Acton and Grange, Ealing to reach underserved areas, ensuring more families could benefit from this vital early intervention service.



Music Therapy

Our inclusive music sessions fostered communication, emotional regulation, and social interaction, using Makaton signing and sensory engagement to create a safe and expressive environment. Families consistently reported improvements in their children's confidence, connection, and overall well-being as a result of this therapeutic approach.

Portage Pals

Delivered in partnership with the Ealing Early Start SEND team, we offered structured, play-based learning for preschool children with special educational needs.

These sessions followed a family-centred approach, working closely with parents to prepare children for school.



Transport



Sensory Room



Sensory Play



Social Interaction

Toy Library

Carrie's Toy Library offered a space for families to access a wide range of developmental and sensory toys.

The library provides specialist resources such as light projectors, tactile discs, and fidget toys as well as many others.

Sensory Play

The sessions promoted emotional regulation, motor skills, and communication. Led by experienced play leaders, sensory play not only enhanced the children's learning through exploration but also provided a nurturing space for families to connect and share experiences.

Nurturing Potential from the Start

Our holistic approach ensured that children are not only prepared for later life but also valued and supported from the very beginning of their disabled journey.

Case Study: Aiden's Story

Aiden, a two-year-old boy diagnosed with global developmental delay, was referred to Ealing Anchor Foundation by a local health visitor.

His parents were overwhelmed and unsure how to support his communication and motor skills. Through our early intervention programme, Aiden

attended weekly play & support sessions tailored to his needs, including multi-sensory activities, music therapy and portage.

His parents also participated in Makaton Signing workshops and received emotional support through our outreach and counselling services. Over six months, Aiden showed marked improvement in his ability to engage socially and communicate basic needs.

His parents reported feeling more confident and less isolated, crediting the Foundation's early support with transforming their family's outlook and helping them navigate the challenges ahead.

From a Parent.....

"All the team are really kind and supportive and help us, as parents, to get our head above water. Less worries make better parenting! A special thank you for your generosity, creativity, and knowledge in navigating the system with our children."



Our Purpose in Action

Parent quote

"I cannot thank Ealing Anchor enough for the support they have given my family. When my child was first diagnosed, I felt overwhelmed and alone. The playgroups, workshops, and emotional guidance have made such a difference—not just for my child, but for me as a parent. We now feel part of a community that truly understands and cares."



Services That Changed Lives



Play & Support

5x a week



Portage Pals

2x per week



Family Events

8x per year



Time to Talk

2x per term



Music Therapy

4x per week



Father's Group

1x per term



Tots 21 Group

1x per term



Carrie's Toys

Every week



Parents & Carers

Information Training Workshops

We co-hosted workshops with the Ealing Early Start SEND Team, Ealing Speech & Language and Ealing SENDIASS ensuring families received integrated support. Some regular topics included:

- Challenging Behaviour
- Speech & Language Therapy
- EHCPs
- Baby Massage
- Supporting Emotions
- Makaton
- Successful Toileting & Eating
- Legal Advice (online)

Parent Carer Evenings

To combat isolation and promote peer support, we hosted parent evenings once per term. These gatherings offered carers a chance to relax and connect in a social setting, reducing stress to recharge emotionally and mentally. Evenings featured engaging activities.

Legal Advice

We provide free legal advice to parent carers helping them navigate rights and responsibilities with confidence.”



Counselling

Delivered through confidential one-to-one sessions, the service provided a safe and empathetic space to explore emotional wellbeing, discuss challenges, and receive professional guidance. Sessions were tailored to accommodate individual schedules.

Emotional & Practical Support

Offering confidential guidance or crisis support via an 8am–8pm helpline. This holistic approach ensured families felt supported emotionally, empowering them to advocate effectively for their child and maintain their own wellbeing.

Support That Made a Difference

The sessions go beyond play, offering emotional and practical support through groups, workshops, and fostering collaboration between parent carers and professionals.

“Ealing Anchor Foundation is so helpful for our family 3th year. We are so happy to be part off the Anchor family . It feels like family”

Father's First

The group provided a dedicated space for fathers to connect, reflect, and receive tailored support. The group met regularly for events at the Wembley Stadium Learning Zone. One Dad shared, *“It's the first time I've felt truly understood as a dad. The group helped me realise I'm not alone in this journey.”* Another father noted, *“Being part of Fathers First gave me the confidence to be more involved in my child's care and development.”* These testimonials reflect the programme's growing impact in fostering emotional wellbeing, active fatherhood, and community resilience.

Parent Testimonials

“Made me feel less lonely. Gave me opportunities to make connections.”

“Provided lots of relevant training to better support my child.”

“You helped me start having a life again.”



Supported Family Events

Inclusive Family Support

We delivered eight inclusive family events throughout the year, designed to reduce stress for parents and promote independence for differently abled children. Activities included sensory and soft play, swimming, seasonal outings, and coach trips, all carefully planned to meet individual needs.

Events fostered social connections among families and ensured full participation through staff and volunteer support, including 1:1 assistance where required.

Celebrations with foods featuring cultural heritage were also part of our play & support sessions and local events with venues selected to ensure accessibility and comfort for all.



Northolt Soft Play



Acton Swim



Arts & Crafts



Heathrow Gym



Family Party



London Lights



SEND Fun Day



Hounslow Farm

Our Work in the Community

Collaborative partnerships are central to Ealing Anchor Foundation's success. By working closely with statutory services, local organisations, and professionals, we enhanced service delivery and built trust within the community.

Joint Service Delivery

We collaborated with food banks, local supermarkets, Mayor of London Food Boxes and charities to provide essential resources such as surplus food, toys, and equipment to families in need.

We partnered with Lloyds Bank, Barclays Bank, and Lidl's Toy Bank to provide gifts for children during the Christmas season.

Co-Production & Consultation

Our services are shaped through ongoing consultation with health professionals and statutory bodies, aligning our work with local needs and priorities.

Strategic Involvement

Ealing Anchor Foundation actively participates in key steering groups

Diversity

Diversity is at the heart of everything we do. We proudly serve families from a wide range of cultural, ethnic, and linguistic backgrounds, with 82% of the families we support coming from ethnic minority communities.

This diversity enriches our work and strengthens our commitment to creating an inclusive environment where every child and parent feels valued and understood. By tailoring services—such as language support we ensure that families can fully



access resources and opportunities. Our approach celebrates differences while fostering unity, helping us build a community where all families can thrive together.

The Future & Long Term Goals

Funding That Made a Difference

The funding we received from Reaching Communities, John Lyon's Charity and London Borough of Ealing via the Ealing Advice Service and Ealing HAF programme, has enabled us to expand our reach and deepen our impact.

- Funding secured this year:
 - 5-year grant from the National Lottery
 - Continued support from John Lyon's Charity for family holiday activities
 - Approval of the Ealing HAF Programme until 2026

Priorities

Expand Service Reach and build on the charity's strong reputation and track record.

Increase the number of play sessions and workshops across Ealing, ensuring accessibility for all families.

Develop Training

Extend specialist workshops for parents and carers, including communication strategies, and behavioural support.

Strengthen Partnerships

Expand our collaboration with local services, to create integrated support systems.

Sustainability & Growth

Secure long-term funding through grants, donations, and partnerships, while investing in volunteer development and governance.



Our Supporters

Acknowledgements

We extend our heartfelt gratitude to our incredible supporters, Friends of Ealing Anchor, and generous funders and donors.



Our play and support sessions, and activities, delivered from Windmill Children's Centre, Greenford, created meaningful opportunities for engagement. This partnership has enhanced our visibility and resource-sharing, strengthening outcomes for not only families but also for volunteers and students to learn about differently abled children.

Their time, resources, and unwavering commitment have been the backbone of our work, enabling us to deliver vital services and create inclusive spaces for families of differently abled children.

Every hour volunteered, every donation made, and every act of kindness has helped us strengthen our community and make a lasting impact.





EALING SEND IASS
Ealing Special Educational Needs and Disability Information,
Advice and Support Service



The Team

Trustees:

- Aisha Tabani Chowdhry (Chair)
- Shadaan Tabani (Treasurer)
- Nadiya Shvets (Secretary)
- Katerina Pupovic
- Beckie Shuttleworth
- Lynne Kaufmann
- Anna Rixon

Staff:

- Joy Barton (Project Manager)
- Natalie Stone (Outreach Worker)
- Magdalena Rutkowska (Senior Play Leader)
- Gladys Bennett (Senior Play Leader)
- Erica Giles (Administrative Worker)
- Yasmin Hussein
- Ruwaida Abdelrahman

Volunteers: Leila Malahmir, Meera Dasani, Ashakiran Thirumalai, Ruwaida Abdelrahman, Grace Raw, Tracey, Raifeh, Narges, Kajani, Miriam, Janice, Fatima.



Office Telephone Number

020 8571 9954



Email Address

info@ealinganchor.org.uk



Website

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Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2025

EALING ANCHOR FOUNDATION
Accounts for the Year to 31 March 2025

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EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2025

	<u>2025</u>			<u>2024</u>
	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	
Opening Balance			105368.00	91863.23
INCOME				
LBE/MENCAP		£ 36,475.50	£ 36,475.50	£ 35,052.75
John Lyon's Charity Main Grant		£ 30,000.00	£ 30,000.00	£ 30,000.00
John Lyon's Charity SHAF Grant		£ 5,000.00	£ 5,000.00	
Reaching Communities		£ 37,942.00	£ 37,942.00	£ 40,745.17
TESCO Groundwork Golden Grant		£ 5,000.00	£ 5,000.00	
Neighbourly Project Grant		£ 730.00	£ 730.00	
Pears Foundation	£ 5,000.00		£ 5,000.00	
LB Ealing HAF Programme				£ 6,860.40
Fundraising	£ 1,005.70		£ 1,005.70	£ 948.75
Donations	£ -		£ -	£ 2,230.00
Membership/Subscriptions	£ 1,632.01		£ 1,632.01	£ 1,741.20
Interest	£ 1,193.82		£ 1,193.82	£ 934.94
Total Income	£ 8,831.53	£ 115,147.50	£ 123,979.03	£ 118,513.21
EXPENDITURE				
Salaries and Taxes		£ 79,617.50	£ 79,617.50	£ 67,933.48
Volunteer expenses		£ 168.03	£ 168.03	£ 570.06
Transport		£ 7,757.80	£ 7,757.80	£ 6,479.04
Toys & Equipment		£ 535.51	£ 535.51	£ 1,582.73
Social, Parties & Outings	£ 2,154.77	£ 7,836.04	£ 9,990.81	£ 2,567.52
Admin/Misc.		£ 395.04	£ 395.04	£ 303.60
Telecommunications		£ 2,746.48	£ 2,746.48	£ 1,877.16
Heating/Lighting/Office cost	£ 2,250.00	£ 3,156.90	£ 5,406.90	£ 3,321.92
Stationary, Publicity & Postage		£ 2,054.27	£ 2,054.27	£ 1,209.71
Training/Activities		£ 13,021.20	£ 13,021.20	£ 9,881.89
HAF Programme				£ 6,860.40
Legal/Subs/Insurance	£ 295.00	£ 1,000.60	£ 1,295.60	£ 980.93
Accounts & Bookkeeping fee		£ 1,440.00	£ 1,440.00	£ 1,440.00
Total Expenditure	£ 4,699.77	£ 119,729.37	£ 124,429.14	£ 105,008.44
Surplus/(Deficit) for the 12 Months	£ 4,131.76	£ (4,581.87)	£ (450.11)	£ 13,504.77
Closing Funds			£ 104,917.89	£ 105,368.00

EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2025

	Notes	<u>2025</u> £	<u>2024</u> £
Assets:			
Bank Balance 31/03/2025			
Petty Cash			£ -
Barclays Current account	1	£ 21,323.52	£ 32,752.28
Barclays Business Premium a/c	2	£ 88,655.29	£ 77,461.47
		<u>£ 109,978.81</u>	<u>£ 110,213.75</u>
Liabilities:			
Creditors	3	£ 5,060.92	£ 4,845.75
		<u>£ 5,060.92</u>	<u>£ 4,845.75</u>
		<u>£ 104,917.89</u>	<u>£ 105,368.00</u>
Financed by:			
Private Fund Account:			
Restricted Funds		£72,786.21	£ 76,497.31
Unrestricted Funds		£32,131.68	£ 28,870.69
		<u>£104,917.89</u>	<u>£ 105,368.00</u>

EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2025

We have examined Income and Expenditure Account and the supporting information from the records.

In our opinion the financial statements give a true and fair view of the state of affairs of the private fund of Ealing Anchor Foundation as at 31 March 2025, and of its surplus for the year ended on that date.



Anil Bhanot
Bhanot & Co.
Chartered Accountants

Date: 31 October 2025
First Floor
126-128 Uxbridge Road
London W13 8QS

**Notes to Income and Expenditure Accounts
for the year ended 31 March 2025**

Bank reconciliation

1	Barclays Current A/C No 83547256 Balance as per statement	£ 21,323.52
	Bank balance as per cash book on 31/03/2025	<u><u>£ 21,323.52</u></u>
2	Barclays Business Premium A/C No 13927628 Balance as per statement	£ 88,655.29
	Bank balance as per cash book on 31/03/2025	<u><u>£ 88,655.29</u></u>
3	Creditors Salaries and taxes NEST pension	£ 4,837.75 £ 223.17
		<u><u>£ 5,060.92</u></u>

Reg. Charity No. 1196311

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ACCOUNTS

YEAR ENDED 31 MARCH 2025

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	Bank balance as per cash book on 31/03/2025	<u><u>£ 21,323.52</u></u>
2	Barclays Business Premium A/C No 13927628 Balance as per statement	£ 88,655.29
	Bank balance as per cash book on 31/03/2025	<u><u>£ 88,655.29</u></u>
3	Creditors Salaries and taxes NEST pension	£ 4,837.75 £ 223.17
		<u><u>£ 5,060.92</u></u>

EALING ANCHOR FOUNDATION

England & Wales - Charity number 1196311

Accounts

2024 Annual Report



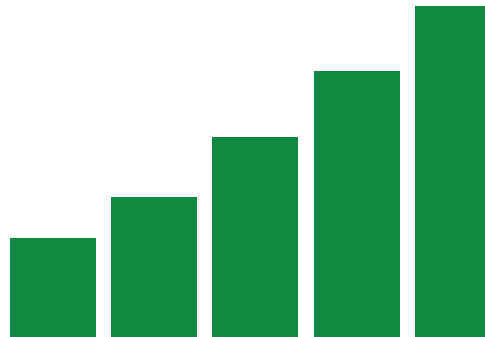
Prepared by
Ealing Anchor Foundation

Presented by
The Trustees



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- 7. What We Do**
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- 11. The Year In View**
- 13. Our Work in the Community**
- 14. Financial Statement**
- 19. The Future & Long Term Goals**
- 20. The Team**



Vision And Mission

Vision

Ealing Anchor Foundation works towards a future in which all differently abled children and young people realise their aspirations and their right to an inclusive community which supports them and their families.



Mission

Our Mission is to assist children with disabilities, complex health and additional needs aged 0-5 years living in the London Borough of Ealing and their families for as long as they need us by:-

- Supporting parent/carers
- Being a source of advice and information for parents on how to help their child's development.
- Providing a stimulating play environment with carefully structured activities according to each child's needs and stage of development and provide social opportunities to encourage and develop physical and social wellbeing.

Introduction

We are now in our 43rd year of supporting parent carers of children who are differently abled. We have come across many challenges amidst situations that has seen us battle many storms.

Securing grant funding has always been a major challenge, along with finding a new space to run our play & support sessions or to store our toy library equipment. The Covid 19 Pandemic came and went and we are now facing the cost of living crisis.

Throughout these challenges, we have stood strong, advocating for our families and providing a space to support the many number of vulnerable families we know, are facing their own daily problems and who come to us at a difficult time in their lives for targeted information, guidance and advice that will give them a new confidence to make their own informed choices.

We offer a holistic approach at Ealing Anchor Foundation focused around inclusion of the “Whole Family,” helping bring families together to reduce their isolation and encourage community cohesion.

We know there are many more challenges to come but we plan to face them head on to be here for as long as our families need us.



Highlights



NEW LOG CABIN A HOME AT LAST!

Working out of a Children's Centre and with so much going on, there's always a lack of storage space. The charity was lucky enough to receive part funding from Screwfix Foundation to purchase and erect a gorgeous new log cabin on the Windmill Children Centre site, which is now home to our toy library equipment and music therapy items.



NEW FATHER'S GROUP PUTTING FATHERS FIRST!

Joining with Aaron, a local teacher, who's brainchild it was to form the Fathers First group, we have been working with the Learning Zone team at Wembley Stadium to organise group sessions on their site for fathers. The group has gone from strength to strength and another exciting programme is planned for late 2024 and 2025.



PROMOTIONAL SHORT FILM A PARENT'S VOICE

As part of our funding from John Lyon's Charity, we worked with Media Trust to produce a short promotional film about the services we offer and ways we help and support parent carers and their families. The film highlighted the struggles a parent faces when trying to navigate the world of special needs and the isolation felt when struggling to access services. The film serves as a stark reminder for those with little knowledge of the lives of families living with a disabled child as a powerful glimpse into the world of special needs <https://youtu.be/JYZwC8mkffA>

What We Do

The charity are members of Ealing Advice Service, a 10-member consortium funded by London Borough of Ealing. We deliver a specialist service of information, support and advice to families of children with a disability.

Members of the consortium have been selected based on their experience in delivering high quality advice services in the borough of Ealing, their local knowledge and partnership working.

Play & Support Sessions	Portage Group Sessions	Intensive Interaction
Sing, Sign & Play	Toy Library	Music Therapy
Outreach Telephone Support	Information, Support & Advice	Family Social Events
Door to Door Transport	Fathers Group	Online Counselling
Information Training Workshops	Coffee Mornings	Free Legal Advice
Newsletters	Down Syndrome Group Tots 21	Parent Carer Evenings

Message From The Chair

In an economy where businesses and charities are struggling to survive, I am incredibly proud of our Foundation's resilience in continuing to deliver a high quality service that continues to evolve, innovate and grow in response to the changing needs of our local community.

Funding remains an insurmountable obstacle for the SEN community, limiting access to services, educational support and respite. In a world where our families face 'no' wherever they turn, we continue to offer a lifeline, a beacon of hope. Our outreach service goes above and beyond in supporting those we serve in facing all sorts of challenges and obstacles. Our workshops continue to be thoughtfully planned and delivered in order to target what is needed the most from year to year. We never give up on our mission to support the most hard to reach, the most vulnerable of families.

It is truly heartening to hear how much our service means to those we serve, that we make a difference, that we offer open minds and open hearts. I am so grateful to our incredible project manager Joy for her stellar leadership, vision and dedication and to our amazing staff who deliver with so much heart and passion. I would also like to thank our merry band of volunteers for their continued support and commitment and our long standing trustees for their faithful allegiance to this cause.

Here's to continuing to go from strength to strength!

Aisha Tabani Chowdhry, Chair to the Trustees

Achievements & Performance

NAVIGATING THROUGH A SEA OF TURBULENCE

Finding out your child is differently abled can be a very traumatic time in a parent carers life.

We supported families, so they were not alone on their journey. We sought to offer advice and guidance at the time when they needed us rather than later on, when the struggles already have had a negative effect over time.

The range of services provided families with access to information support, advice and guidance suited to their particular needs. Parent carers welcomed these opportunities for befriending and sharing to hear about what worked for others with a view to trying out suggestions themselves whilst supporting each other.

Our services and activities, which included door to door transport, were made available to some of the most vulnerable and isolated families living in our community.

We began introducing face to face workshops again whilst continuing our online activities and increased the number of coffee mornings focussing on particular themes as a topic for discussion.

Play & support sessions, training workshops and counselling sessions were run from Windmill Children's Centre, Greenford. Being based there not only meant our services were promoted via the centre's own mailing list but enabled us to share our collective resources and develop an excellent working relationship for the benefit of families.



Encouraging Children's Development Through The Early Years

Play & Support Sessions

The play & support sessions were in huge demand and sessions remained actively busy throughout the year with families attending regularly.

We know early intervention is more likely to improve education and overall wellbeing in later years and Sessions provided a great opportunity for stimulating, interactive and multi-sensory play, using musical activities and equipment for the children, carefully chosen by our experienced staff to help them learn and develop their social skills.



The play & support sessions also provided placements opportunities for 4 students on work experience throughout the year from school and for 3 students studying occupational therapy at Brunel University.

We provided volunteering opportunities for adults with learning disabilities, to help them develop their own learning and gain valuable experience in the workplace and working with children.

Sing, Sign & Play Session

Two sessions running jointly with the music therapist every other week, families are able to improve their Makaton signing, learn ways to help improve speech and communication and for parents and carers to learn how to encourage their child's overall development in the home.

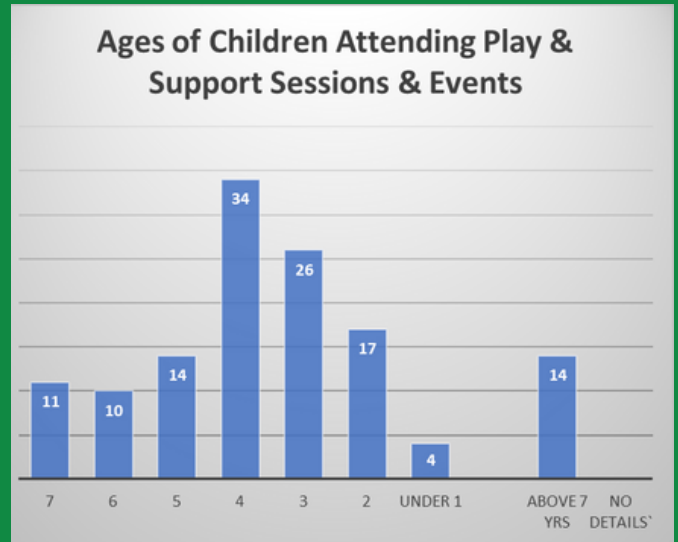
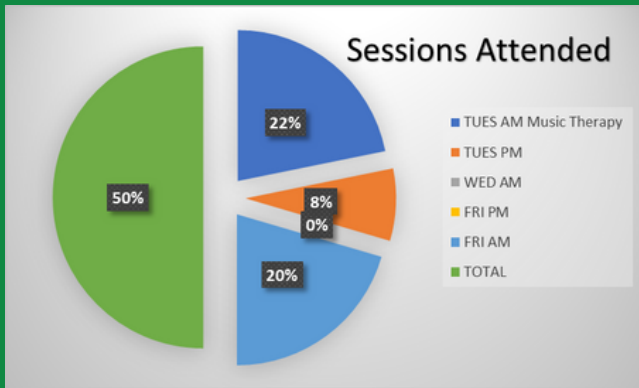
Family Social Events

Children gained greater emotional well-being and improved social development throughout the year. There was less isolation and children gained more independence, increased social skills and they were able to access mainstream social activities with their families.

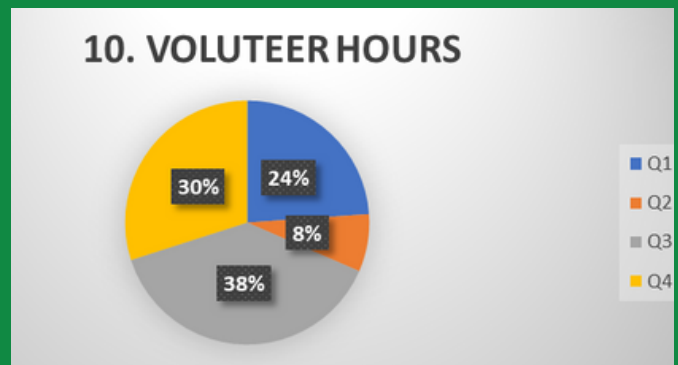
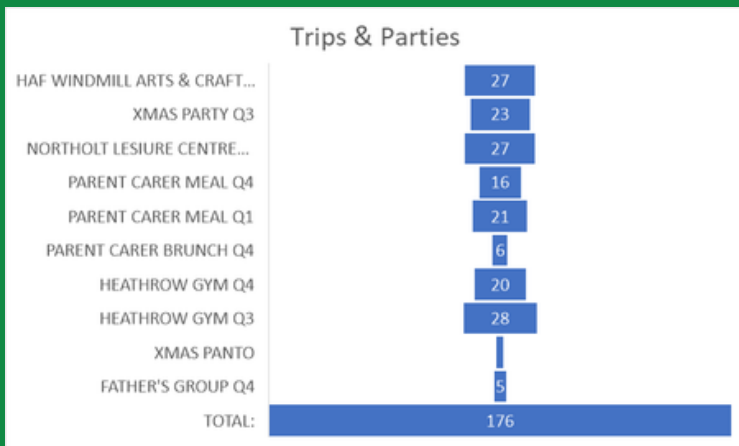
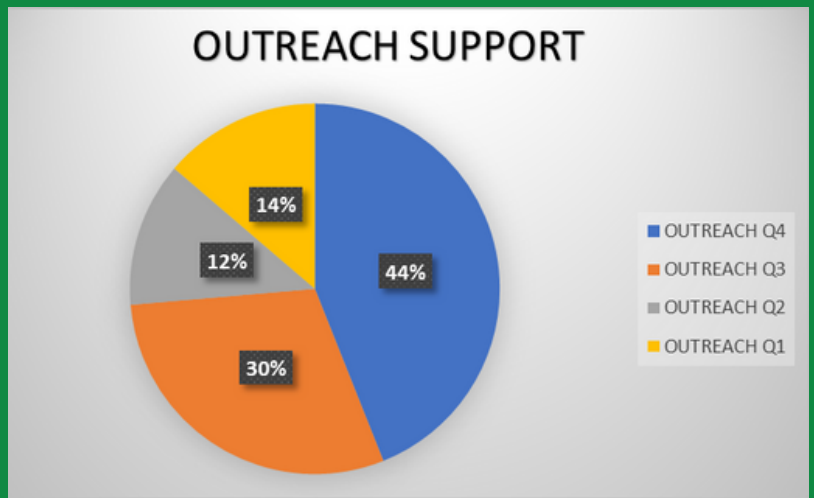
Portage Group Sessions,

The Early Start SEND Portage Worker, assisted families to help support their children's developmental progress by learning techniques in which they play together with confidence to achieve small steps.

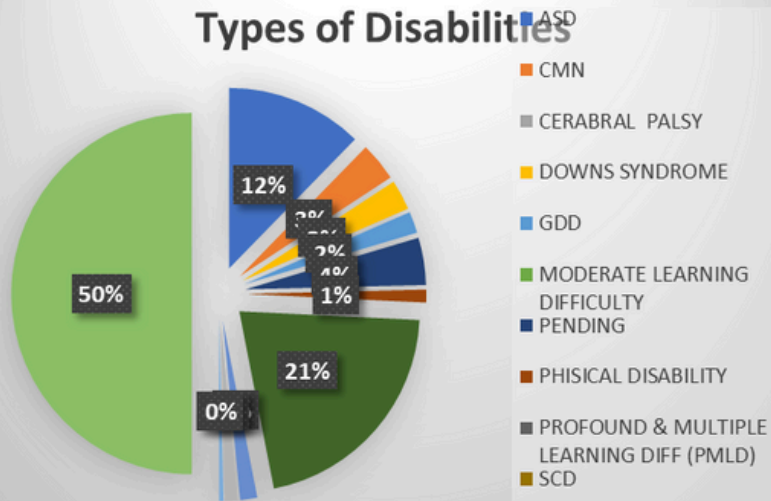
The Year in View



**STAFF
LANGUAGES
SPOKEN - 10**



Types of Disabilities

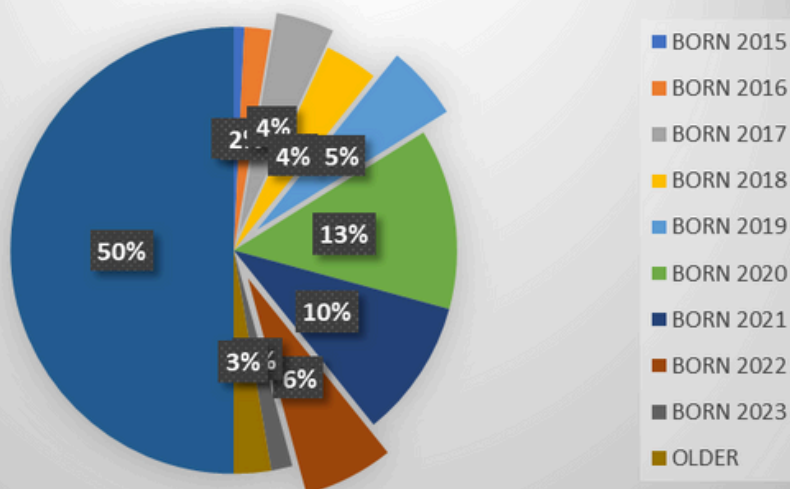


Workshops



- MUSIC THERAPY
- Play & Support group (Tuesday pm)
- Soft Play (Wednesday am)
- Play & Support group (Friday)
- (Friday pm)
- FUSSY EATING Q4

Ages of Children Attending Sessions



Our Work in the Community

Since it started, Ealing Anchor Foundation has worked collaboratively with London Borough of Ealing, ESCAN and Ealing NHS.

Our range of services are aimed at bringing families from different communities together, regardless of whether their child has a diagnosis, so we can support them on their journey and make a real difference in their lives.

The charity brought together a range of practitioners from local sources including the Ealing Speech & Language team, Early Start SEND Team and Ealing SENDIASS team to offer introductory training workshops for parent carers on topics run by professionals relating to health, early intervention programmes, special needs education and counselling. Workshops include behaviour that challenges, successful eating/toileting, Messy play, social stories and our well established EHCPs Made Easy Series.



Financial Statement

This report highlights the year's funding, which has enabled the charity to improve and maintain a quality service that has shown an increase in demand for the specialist support it offers, as well as information & advice to parents and carers at the beginning of their disabled journey.

Funding came mainly from three main grants received from our consortium with MENCAP under the Ealing Advice Service and funded by the London Borough of Ealing. We also receive funding from John Lyon's Charity and Reaching Communities Fund, which has ensured we can continue to deliver a quality service and expand on new projects.

We are thrilled to have the support of the many Friends of Ealing Anchor Foundation . who have donated to the charity throughout the past year in so many different ways including fundraising, admin and donations. They have truly made a lasting difference and we are extremely grateful!

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2024

			<u>2024</u>	<u>2023</u>
	Unrestricted	Restricted	£ Total	£
Opening Balance			<u>£91,863.23</u>	<u>£ 98,763.02</u>
INCOME				
LBE/MENCAP		35052.75	35052.75	20802.75
John Lyons Charity		30000.00	30000.00	30000.00
Reaching Communities		40745.17	40745.17	26142.50
LB Ealing HAF Programme		6860.40	6860.40	8391.72
Screwfix Foundation			0.00	5000.00
Grand Duo Charitable Trust			0.00	4000.00
LB Ealing HIVI Project			0.00	825.00
Refund/Credit			0.00	281.27
Fundraising	948.75		948.75	143.10
Donations	2230.00		2230.00	1700.00
Membership/Subscriptions	1741.20		1741.20	1291.17
Yorkshire Building Society			0.00	1000.00
Interest	934.94		934.94	197.51
Total Income	£ 5,854.89	£112,658.32	£ 118,513.21	£ 99,775.02
EXPENDITURE				
Salaries and Taxes	3487.00	64446.48	67933.48	59631.40
Volunteer expenses	46.06	524.00	570.06	152.19
Transport		6479.04	6479.04	4911.98
Toys & Equipment		1582.73	1582.73	16187.43
Social, Parties & Outings	1111.00	1456.52	2567.52	1317.92
Admin/Misc.		303.60	303.60	311.53
Telephone		1877.16	1877.16	971.86
Heating/Lighting/Office cost		3321.92	3321.92	1418.04
Stationary, Publicity & Postage		1209.71	1209.71	878.25
Training/Activities	120.05	9761.84	9881.89	10123.70
HAF Programme		6860.40	6860.40	8391.72
Legal/Subs/Insurance		980.93	980.93	938.79
Accounts & Bookkeeping fee		1440.00	1440.00	1440.00
Total Expenditure	£ 4,764.11	£100,244.33	£ 105,008.44	£106,674.81
Surplus/(Deficit) for the 12 Months	£ 1,090.78	£ 12,413.99	£ 13,504.77	-£ 6,899.79
Closing Funds			<u>£105,368.00</u>	<u>£ 91,863.23</u>

EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2024

	Notes	<u>2024</u> £	<u>2023</u> £
Assets:			
Bank Balance 31/03/2023			
Petty Cash			£ -
Barclays Current account	1	£ 32,752.28	£ 7,116.70
Barclays Savings account	2	£ 77,461.47	£ 84,746.53
		<u>£ 110,213.75</u>	<u>£ 91,863.23</u>
Liabilities:			
Creditors		£ 4,845.75	£ 500.00
		<u>£ 4,845.75</u>	<u>£ 500.00</u>
		<u>£105,368.00</u>	<u>£91,363.23</u>
Financed by:			
Private Fund Account:			
Restricted Funds		£76,497.31	£ 64,083.32
Unrestricted Funds		£28,870.69	£ 27,779.91
		<u>£105,368.00</u>	<u>£91,863.23</u>

**EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2024**

We have examined Income and Expenditure Account and the supporting information from the records.

In our opinion the financial statements give a true and fair view of the state of affairs of the private fund of Ealing Anchor Foundation as at 31 March 2024, and of its surplus for the year ended on that date.



Anil Bhanot
Bhanot & Co.
Chartered Accountants

Date: 15 November 2024
First Floor
126-128 Uxbridge Road
London W13 8QS



The Future-Ambitions & Long Term Goals

We will continue

- working towards reducing barriers to key health, social and educational services
- reviewing and evaluating our outcomes regularly to ensure we are financially stable to continue delivering our service and activities.
- providing volunteering opportunities
- Subject to funding, delivering activities to reach even more families
- evaluating finances to ensure we meet our families' needs
- establishing support services whilst further developing existing links

Meet The Team



TRUSTEES

LED BY PARENTS FOR PARENTS

Chair to the Trustees
Treasurer
Secretary
Trustee
Trustee
Trustee

Aisha Tabani Chowdhry
Dennis Frederick Burley
Nadiya Shvets
Beckie Shuttleworth
Katerina Pupovic
Lynne Kaufmann



STAFF

SUPPORT FROM THE HEART

Project Manager
Outreach Worker
SPL/Early Years Coordinator
Senior Play Worker
Administrative Worker

Joy Barton
Natalie Stone
Magdalena Rutkowska
Gladys Bennett
Erica Giles



VOLUNTEERS

GIVING BACK

Ashakiran Thirumalai, Ruwaida Abdelrahman, Grace Raw, Leila Malahmir, Raifeh Hussein, Meera Dasani, Mikaela Banbury, Reem Hussein, Jai Janki, Tracey, Nakisa Malahmir, Abha Aryal, Manija Aruja, Richard Burton, Brunel OT Volunteers

Contact Us



020 8571 9954



info@ealinganchor.org.uk



www.ealinganchor.org.uk

Correspondence Address:

**Office 3, 1st Floor, Grove House,
77 North Road, Southall UB1 2JL**

Registered Address:

**Windmill Children's Centre, 135 Windmill
Lane, Greenford, Middx UB6 9DZ
Registered Charity No: 1196311**

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Accounts for the Year to 31 March 2024

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Independent Examiner Report	3

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EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2024

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Accounts for the Year to 31 March 2024

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EALING ANCHOR FOUNDATION

England & Wales - Charity number 1196311

Accounts

Ealing Anchor Foundation

Formerly known as Parents of Ealing Self
Help Training Scheme (P.E.S.T.S)

ANNUAL REPORT

APRIL 2021-MARCH 2022

**EALING
ANCHOR
FOUNDATION**



Supporting Parents & Carers in Ealing

**Report of the Trustees
and Financial Statement**

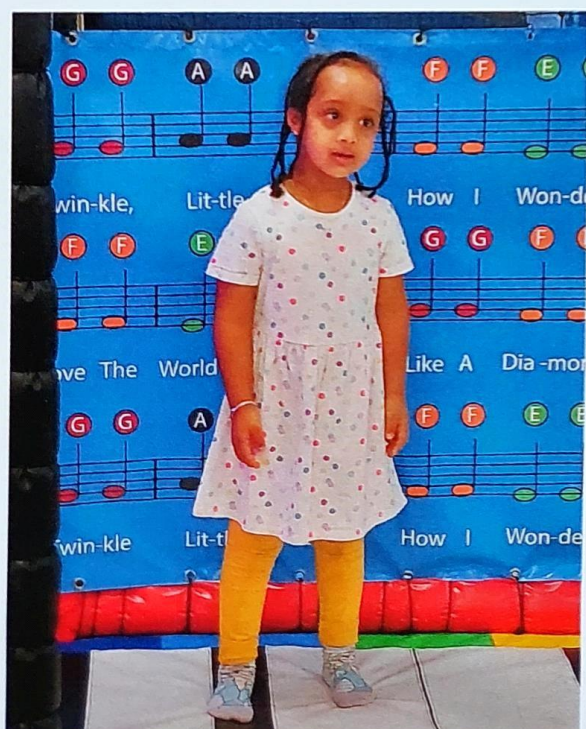
Moving out of isolation and making long lasting friendships



OUR MISSION STATEMENT

We believe that every child should have a safe and happy childhood and given the best start in life.

Ealing Anchor Foundation works towards a future in which all differently abled children and young people realise their aspirations and their right to an inclusive community which supports both them and their families.



OUR AIMS

The aim of Ealing Anchor Foundation (formerly known as P.E.S.T.S) is the assistance of children aged 0 – 5yrs, living in the Borough of Ealing, who are differently abled. Our aim is to also provide support & information for parents and carers, reaching families at the right time for them.

In this way, children can benefit from early intervention, leading to improved outcomes not only for themselves but for each family member, reducing their worries and the isolation experienced when caring for a differently abled child.

INTRODUCTION

We returned to face-to-face play & support sessions after the May half term, opening to begin with, on just one day per week, running a morning and an afternoon session.

Families enjoyed the long-awaited interaction with each other. Some children were at first struggling after the previous year of lockdown and it took a while to adjust back to everyday living.

We decided that this was the year to make a huge change in the life of the charity and rebranded with a new name and logo, which incorporated a more modern, fresh look.

The charity celebrated its 40th Birthday on Sat 18th Sep with a Fun Day at Castlebar school to tie in with the big reveal of our new name. The event was attended by 197 people, many of whom were our families and VIPs from the local community. Our guest of honour was Sue Humphries, Founder of the original charity P.E.S.T.S.

We ensured that the day was completely accessible for our families, by providing transport for those in need, offering free and very reasonably priced tickets for activities and food, so every child could access any activity or ride they wanted.

The recent name change from **Parents of Ealing Self-Help training Scheme (P.E.S.T.S)**, to **Ealing Anchor Foundation** saw a smooth and straight forward transition. The new name was borne from

one parent's testimonial when she said, *"P.E.S.T.S. for me was the anchor to support and stabilise me in a vast sea of turbulence and distress"*.

Based around the original principles of parent carer support and befriending that it began with and its continued growth, we are hopeful the charity will go on to continue meeting the needs of many more families.

The charity has achieved so much over the past 40 years and in our founder's own words, she says, *"It's heartening to hear from parents and children about the role the charity has played in their lives. Although the name has changed, the core principles remain the same. I'm pleased that the charity's legacy is to be a friend and helping hand to families when they most need support"*.

Every day, it's a pleasure and a privilege to work with our volunteers and partners to help all of our children and their families. We hope our new name will encourage even more families to get involved and take advantage of the services on offer.



PHOTO
BOOTH

2020-2021 HIGHLIGHTS

- Ealing Anchor Foundation celebrated its 40th birthday
- Changed our name from Parents of Ealing Self-Help training Scheme (P.E.S.T.S), to Ealing Anchor Foundation
- The charity joined the Ealing Holiday & Food Activities (HAF) Programme to provide activities for school age children and their families during summer and Christmas.
- We began a successful EHCP Made Easy workshop with Ealing ISAID
- Our new online Toy Library was launched with families now able to access a wide range of sensory toys, books and equipment.
- An afternoon play session was added to our service of activities
- New online counselling service for parents and carers

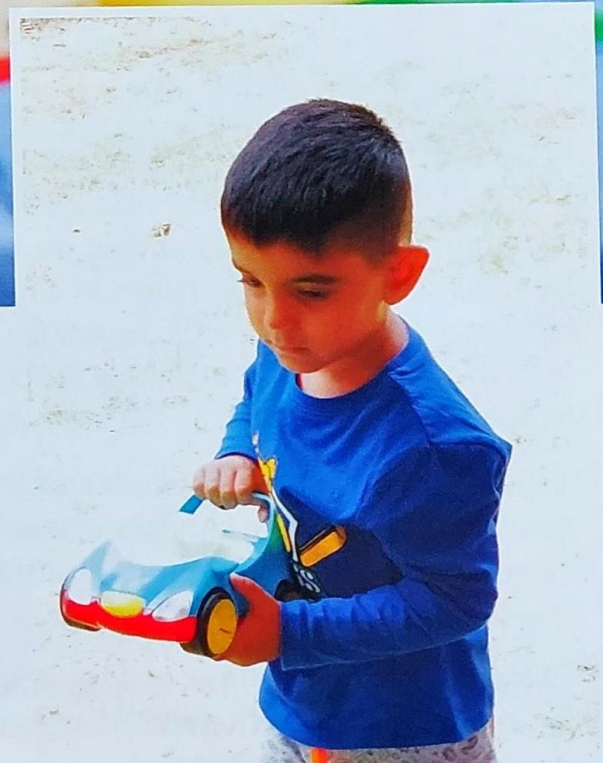


FUN DAY

Families enjoyed lots of activities such as a teacup ride, sensory tent, dancing. For parents, there was a pamper tent to enjoy nail art treats and a relaxing head and neck massage.

We offer:

- 3 x Play & Support Sessions with music therapy every week
- Sing, Sign & Play sessions every other week, led by our Speech & Language Therapist and joined by the music therapist
- Online Counselling
- Toy Library
- Information, Support & Advice to Parents & Carers of Children aged 0-5 yrs for as long as they are members
- Regular information & training workshops for parents and carers, hosted jointly with our partner organisations (Ealing Speech & Language Team, CAMHS, Ealing ISAID and more)
- Outreach Support and out of hours telephone support line
- Social Events, including parties, trips and outings
- Parent Carer Evenings
- Door to door transport for those in need
- Befriending / regular social contact and well-being 'check-ins.'



WHAT WE DO

Ealing Anchor Foundation welcomes any child with a developmental concern or who is awaiting a diagnosis. We are there to support them on their disabled journey and assist in making a real difference in their lives, supporting them at the right time.



ACHIEVEMENTS & PERFORMANCE

Working In The Community To Create Engaging Opportunities For Participation

Ealing Anchor Foundation works closely with London borough of Ealing's statutory services, community groups and other local organisation. We are members of Ealing Parent Carer Forum and together play an effective role in helping shape policy, plan and develop children's and community services.

We are also members of the Ealing Advice Service (EAS); a consortium of 10 local charities led by Ealing Mencap, working in partnership with Age UK Ealing.

We provide a specialist service to families of children who are differently abled and being part of Ealing's Local Offer, are reaching some of the most vulnerable and isolated families in our community. The charity continues to play a major role in assisting families to understand, develop and increase their knowledge of the support available through health, education and care.

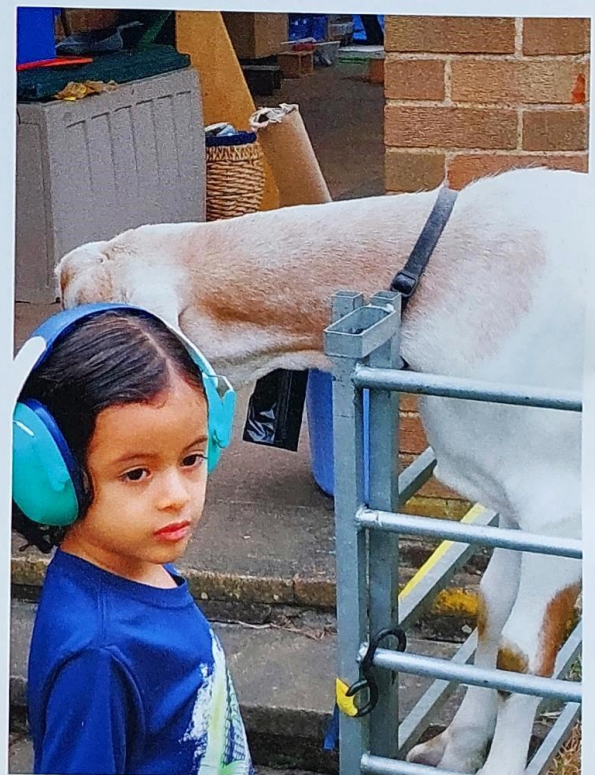
PARENTS & CARERS

Information, Support & Advice

Ealing Anchor Foundation provided free, confidential and impartial advice to families via the delivery of regular services and activities in a number of ways, via website & social media, telephone messaging, newsletter, training workshops for parents, volunteers & students.

Mainly parents at the beginning of their disabled journey accessed the services and activities, with language support from our dedicated volunteers, to enable those with little or no English to benefit.

Parent carers gained improved confidence and self-esteem giving them the opportunity to learn more about their child's needs.



Emotional & Practical Support

Using an online platform has meant we are able to reach more parents and carers. The charity will continue to deliver services both online and face to face, for the foreseeable future.

Parent Support Group

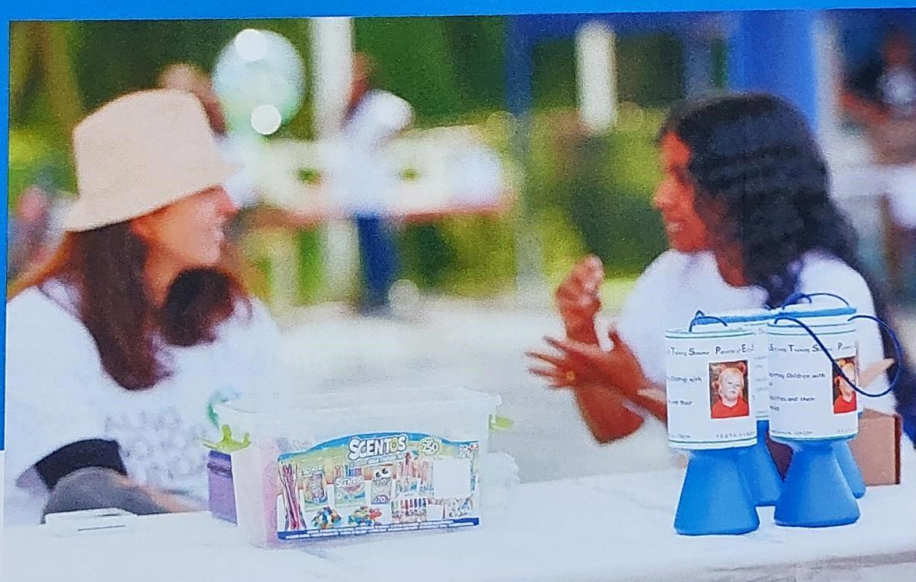
Online group sessions continued every other week with a designated topic to provoke discussion. Parents attending found these sessions of huge benefit and found being able to talk about their worries helped others to open up.

Evening Relaxation took place every week online, before beginning face to face at the play & support sessions.

Information Training Workshops

Working closely with the Ealing Speech & Language Team and hosting regular information training workshops for parent carers, jointly with our partner organisations included CAMHS, Family Information Service, the Ealing Early Start SEND Inclusion team and Ealing ISAID, helped to provide a service that benefitted the overall well-being of parent carers, enabling them to learn about their differently abled child and improve their own personal development by working on coping strategies to reduce the stress and anxiety levels of the difficulties they were experiencing. Some of the workshops we hosted included, Intensive Interaction, siblings of disabled children, Introduction to Down Syndrome, EHCP Made Easy series, How to navigate the Ealing Local Offer, Colourful Semantics, Makaton, Lego Therapy, Social Stories and even a Makeup Masterclass!

Other professionals were available to offer guidance to parents concerned about their child's development, including the Early Start Team who visited the sessions.



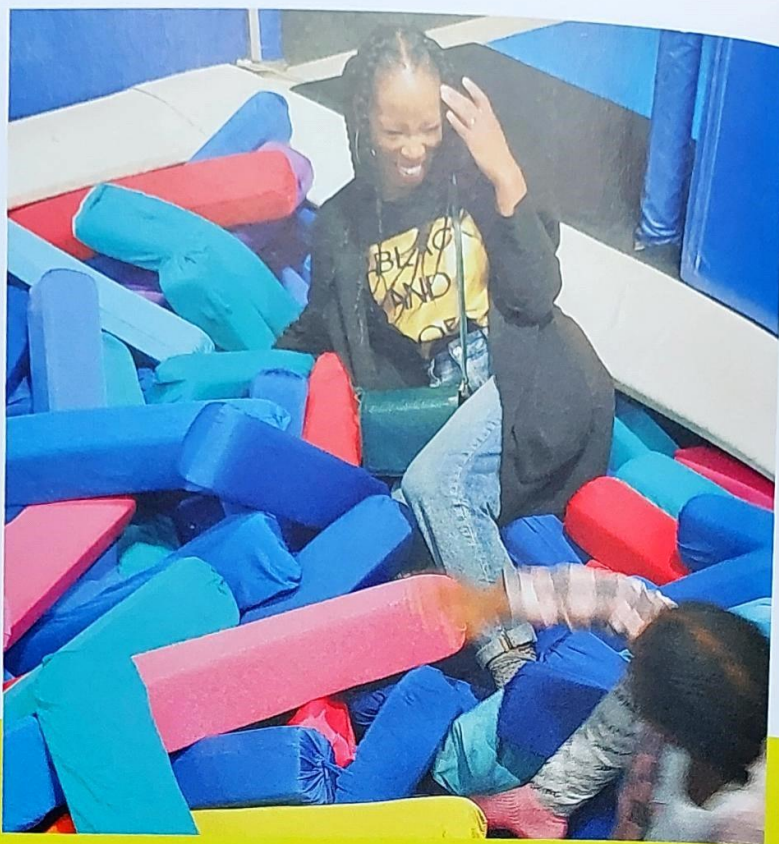
Counselling

We began 1:1 counselling as an extension to our Parent Support Group, after noticing that some of our parents would benefit from a more individual approach rather than a group setting.

Parent Carer Evenings

These events, which are organised each term, are opportunities to socialise with other adults and take a break from their caring role.

These evenings provide a fun, relaxing and interactive environment, allowing friendships to develop and mutual support to share experiences.



Social Events

We organised supported family activities and outings for the whole family, providing transport for those in need and those at risk of isolation, which enabled families to receive the support they needed to access local community services and assistance with language support. We completed the first Ealing HAF Summer Programme which was very successful for our families. This took place at Northolt Leisure Centre's Soft Play Centre every Tuesday for 4 weeks, then we hosted a Sensory Pantomime at Christmas. We plan to work with Ealing and other local providers to offer this service in the future.

The events enabled the children to gain greater emotional well-being and improved their social development. There was less isolation for families as they were able to access mainstream social activities.

Outreach

The Outreach telephone line supports parents who need to talk or going through a crisis. Issues dealt with were in relation to Education Health Care Plan (EHCP), Family Fund applications and other grants, support with housing, transport, and helping with immigration applications, providing information about and referrals to nurseries. Also, applications for self-employment grants or small business grants, applying for benefits, emergency supplies, food vouchers, resettling following domestic violence, school exclusions, benefits, housing, mental health, poverty due to struggles of having no recourse to public funds. The service also signposted and referred to other organisations as necessary.

Befriending

Ealing Anchor Foundation brings families together to talk, listen and share problems that help to bring about solutions to the daily struggles experienced in bringing up a child who is differently abled.

Legal Advice

Our legal advice workshop was busy as usual this year and parent carers were referred to ongoing support where relevant. The workshop provided a private 20 minute space to discuss any legal issues.

Advice with immigration, domestic violence, benefit claims and housing increased with many who were not only dealing with the daily tasks of caring for a child with disabilities but were also struggling with the pressures that these additional demands placed on them.

What Our Parents Say

"My son and I really enjoy coming. Staff are very friendly and it's a lovely atmosphere"

"Your service is outstanding!"

"It felt like family being there. It was a breath of fresh air. The staff were amazing the way they joined in and didn't leave anyone out and she (daughter) had the best times there. My own mum loved coming and made friends too. It's a fantastic group and everyone should know about it"

Areas We Support



ENCOURAGING DEVELOPMENT THROUGH THE EARLY YEARS

Music Therapy

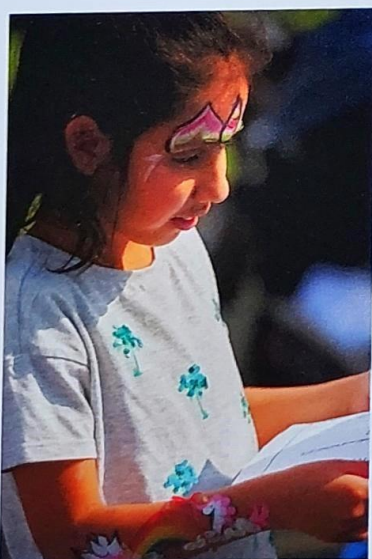
The weekly online Music Therapy and Makaton Story Telling Sessions on Tuesday mornings have provided an enriching environment and therapeutic stimuli, to help differently abled children and their siblings to develop their senses and improve communication, coordination and motor skills. We offer 3 music group sessions every week during term time on Tuesdays.



Sing Sign & Play Group Therapy

Provided joint speech & language with music therapist. The sessions are very interactive and includes Makaton signing, bucket time, singing and playing musical instruments. For children with more complex needs, these groups provided an innovative way of supporting their child's communication and developmental skills.

Later, before the end of each session, there is always a ten minute 'Top Tip's for Parents' with a different topic each week for parents to focus on, giving them a welcome opportunity to discuss any concerns and receive targeted advice. This was particularly useful to those parents who are on waiting lists and need general advice in between appointments.



Toy Library

Parents can view an online catalogue that offers specialised and often expensive toys and equipment, helping to enrich children's experiences. The benefits of using a toy library means it's much more cost effective compared to purchasing toys, so will save money. If your child doesn't like the toy, it can be returned for another one and it gives you access to toys you wouldn't normally buy.

Sensory Room

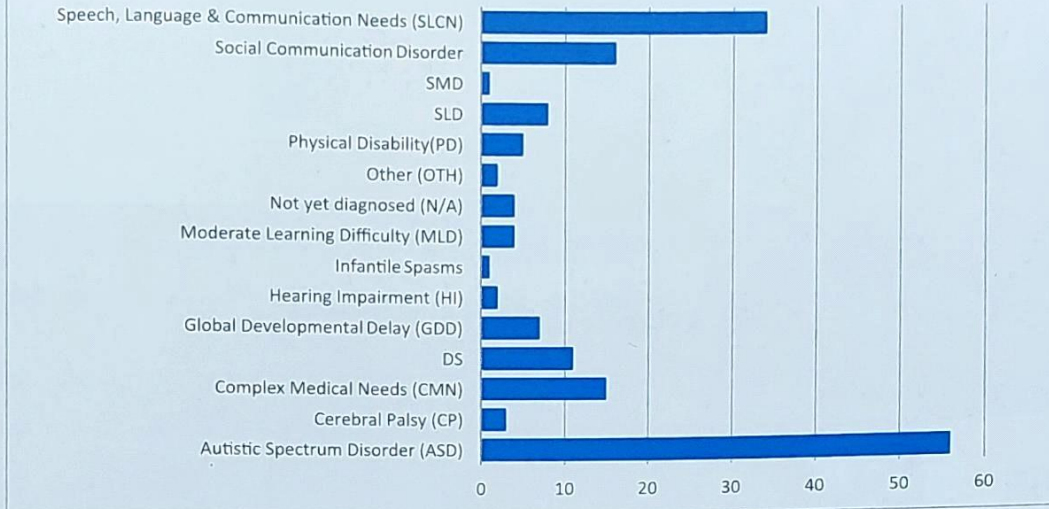
The sensory room provides a dual function in that for some children it offers a quiet space to unwind, and for others it provides sensory stimulation.

THE FUTURE – AMBITION & LONG TERM GOALS

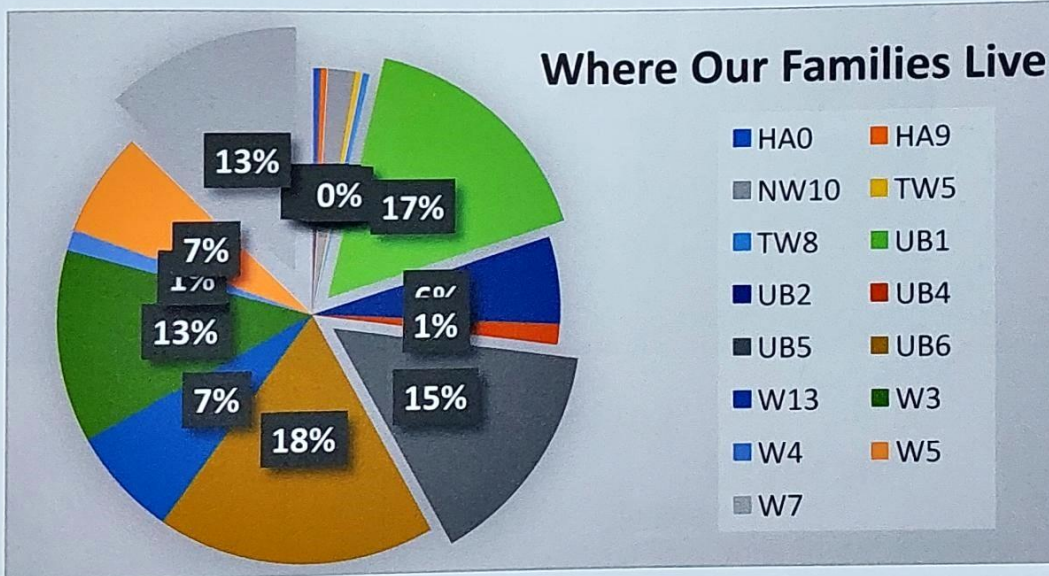
We are applying to City Bridge Trust and John Lyon's Charity for the Manager's salary and to extend the role of the outreach worker, as well as fund the music therapy session. We will hear the outcomes in June.

We plan to set up a soft play session for the under 5s and officially launch our long-awaited Dad's group.

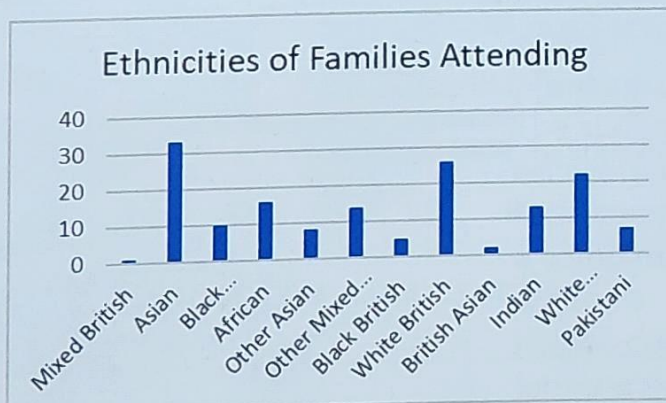
Children with Disabilities Attending



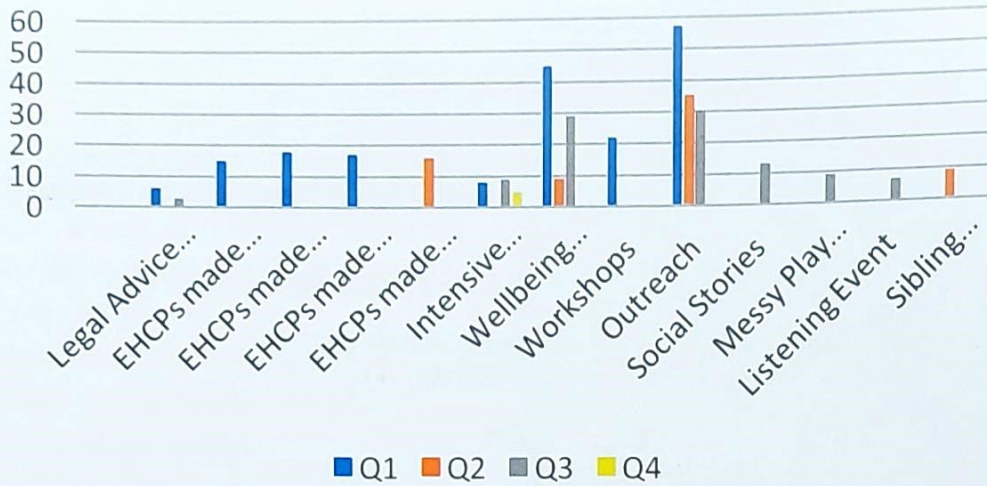
Where Our Families Live



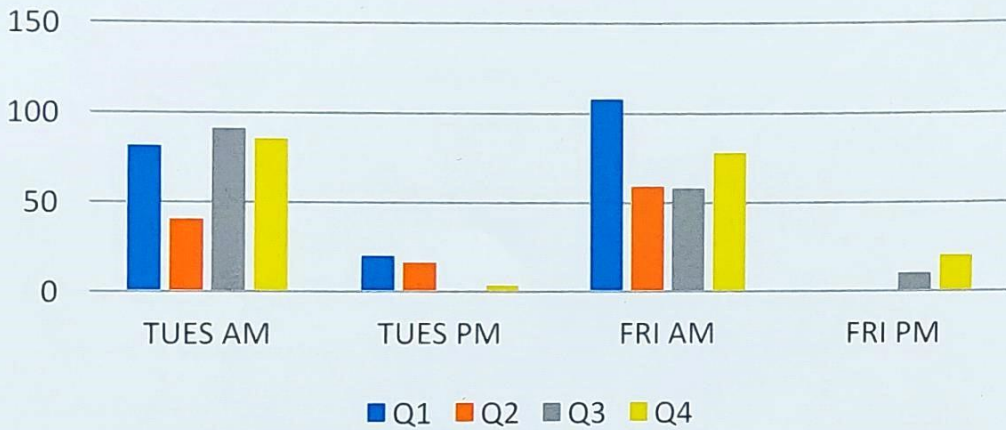
Ethnicities of Families Attending



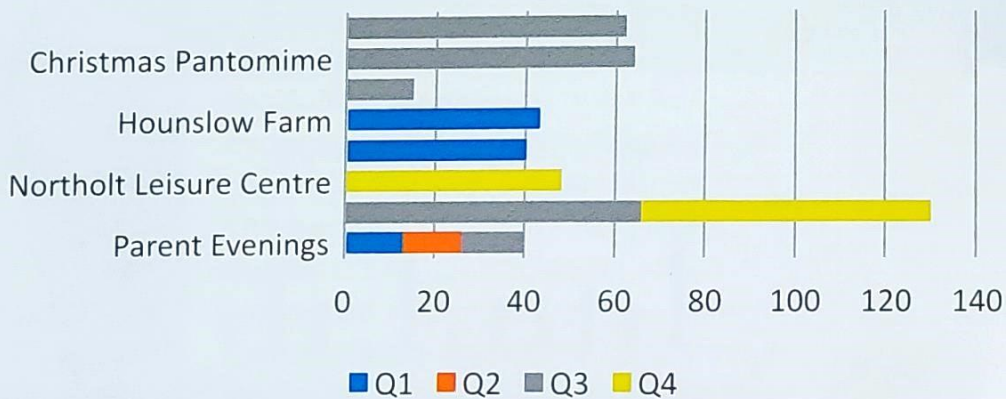
Workshops Attended



Play Session Attendances



Social Events



2022-23

Annual Report



Report of the Trustees &
Financial Statement

Moving out of isolation and making long lasting friendships



Introduction

Ealing Anchor Foundation is a small Ealing based charity founded in 1981 by Sue Humphries, herself, the parent of a differently abled son.

Today, 42 years later, the charity is more than just a space that brings parents and carers together. We welcome some of the most socially and economically vulnerable families living in the London Borough of Ealing, during the very early stages of diagnosis.

When a parent walks through our doors at Windmill Children's Centre, they enter a warm, friendly and nurturing environment, knowing no one is going to judge them. Befriending others who are in a similar situation as themselves, can be a huge bonus in helping them learn ways to improve their quality of life and reduce isolation.

We successfully found innovative ways to offer a wide range of services and activities throughout the year for parent carers, differently abled children, siblings, students and volunteers. We contributed to many others with our partner organisations, whilst constantly working towards our vision of keeping families' needs at the forefront, whilst improving our services.

During the year, numbers of referrals again increased and attendances to the play & support sessions, workshops and events have flourished.

The service has been a valuable resource for parents, carers, their children and volunteers (some of whom are quite often parents of differently abled children). Not only for the impact it has had on their lives but also on each individual family member.

“Just sending a quick email to say thank you so much for how welcoming the whole team have been. It has been so wonderful volunteering with Ealing Anchor Foundation!”





Message from the Chair

What an incredible year it has been for Ealing Anchor Foundation!

We have now completed 2 years as the newly branded and reformed Ealing Anchor Foundation and our service profile has gone from strength to strength. Our long serving and dedicated Project Manager continues to stay at the forefront of the changing landscape of needs in Ealing and maintain our strong relationships with key stakeholders in the Ealing Borough. The result is a service that continues to evolve and rise to the challenges our local community faces.

With COVID behind us the social aspect of our service has boomed with record numbers of trips, parties and outings. We have continued to deliver high quality workshops, counselling services and other development opportunities to assist parents with the key challenges they face. A pivotal achievement this year was the introduction of 1:1 intensive interaction sessions and the further play group slot created to target those children who are excluded from school or on reduced time tables due to their setting being unable to meet their needs. Whilst we cannot duplicate a school setting, providing parents this provision is key to early intervention for the children we serve and a welcome reprieve and support for the families.

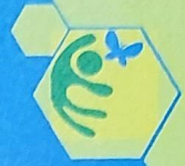


I will conclude with saying that I am immensely proud of who we are and what we do. Though we may be a small set up, I know from talking to parents and professionals in the area that what we do leaves a powerful and lasting impact on our local community. This of course only possible due to the incredible leadership we have in Joy, the emphatic and energetic attitude of our outreach worker Natalie, the skill and expertise of our senior play worker Maggie, the super organisational skills of our admin support Erica and the dedication and commitment of our devoted, incredible and loyal band of staff and volunteers. You are an incredible team and the very heart of EAF. I am so very grateful for all you are and all you do, thank you!

Aisha T Chowdhry

Chair to the Trustees

ealing anchor foundation annual report 2022-2023



Achievements & Performance

Empowering and equipping families in meeting the needs of their child

When a child is diagnosed with a disability or additional need, families can feel overwhelmed and drained by the constant uncertainty. It can be very frightening and upsetting.

To find a place where all of this is understood by others who are going through the same emotions, makes a parent or carer feel less isolated and more hopeful.

Ealing Anchor Foundation are focussed on empowering parents and carers to find their own solutions to the problems they face daily, equipping them to effectively improve their own well-being and that of each family member.

Parent carer wellbeing is supported in several ways with regular family social events, parent evenings, emotional support, befriending.

We are providing the tools and resources needed to help them overcome each hurdle and the charity has deservedly earned its reputation for supporting families in helping to make a real difference in their lives.



‘Thank you for being there for me and my family. If it wasn’t for you, we wouldn’t be where we are today without the support of EAF.’





Working With Families



Families bringing up a differently abled child are facing many challenges - including mental health issues, domestic abuse, homelessness and lack of money.

With volunteers speaking several languages and representing various local communities, we are able to work with a diverse number of families on many different issues, whilst having the sensitivity of acknowledging their cultural differences, by taking a 'whole family' approach to improving outcomes whilst decreasing social isolation.

Some parent carers needed extra support in their family lives especially around housing, benefits and debt management.

'Meeting parents and other people going through similar experiences.'

Increasing Support for Parents & Carers

Information, Support & Advice

We are working closely with parents and carers who are anxious about their child's development and their need for support amidst these difficulties are apparent.

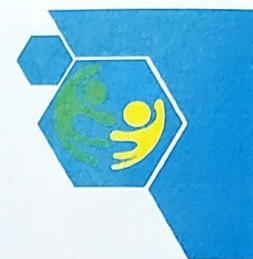
We have a major role to play in assisting families to understand, develop and increase their knowledge of the support available through health, education, care and how to navigate the system of Education Health and Care plans.

Ealing Anchor Foundation delivers a unique, outstanding service and is highly regarded by both families and professionals.

'Support mentally, support with all suggestion and giving a feeling that I'm not alone'

"I was able to meet other parents.'





Workshops & Training

We found that Parents and carers preferred the workshop approach in a group setting, more helpful and recurring issues were mainly on their own emotional wellbeing, loneliness & stigma.



We ran online and face to face activities Workshops included Makaton Signing for Babies, Behaviour that Challenges, Introduction to Safeguarding, Social Stories, Messy Play, EHCPs Made Easy, Lego Therapy, Supporting Social Communication & Play, Using Visual Aids to Support Everyday Communication, Baby Massage & Legal Advice. We also maintained good links with local schools so that parent carers were able to attend.

Our information & training workshops provided emotional and practical support on topics pertaining to health, early intervention and education, relevant to the children's various needs.



Intensive Interaction offered a therapeutic space for parents and carers to voice and explore challenges, identify strengths and locate resources available to contribute to the family's well-being.

Our workshops on Understanding the process of the Education Health Care Plan, proved popular and working with Ealing ISAID and IPSEA we could offer further help, which proved extremely valuable for many families.

Parents and carers attended to receive specialist information, support and advice for their child and gained knowledge about the services available locally to them in the borough.



We plan to continue delivering more high quality, pertinent training, ensuring services in the borough are truly reflective of what our families have asked for and need, to ensure each family member has the resources to be happy, healthy and safe.

'...made me less lonely. Gave me opportunities to make connections, provided lots of relevant training, to better support my child.'



Emotional & Practical Support



'Making me feel less alone, giving me a sense of community, belonging.'

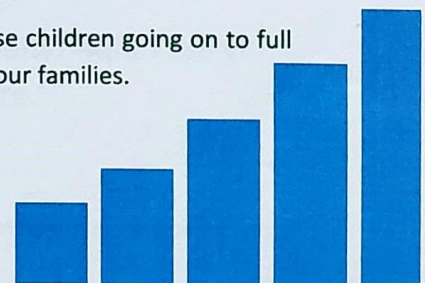
Outreach

The emotional stress experienced by parents and carers, can include insecurities about their abilities to cope. Even grieving for the future they had originally anticipated for their child. They also experience guilt about the wellbeing of other children in the family.

Our Outreach telephone line supports parents who need to talk or are going through a crisis. Support was also available at the play & support sessions, family events, on the telephone and face to face.

The Outreach Worker was available for guidance, signposting or referring as necessary. They assisted with form filling for housing, school placements, transport applications, benefits, grants such as Family Fund applications, upskilling parents to get into paid work or move into studying, EHCP's, accessing food & clothing banks, emergency supplies due to struggles of having no recourse to public funds, household items and immigration applications, resettling following domestic violence plus many other issues parents were dealing with daily

Support with EHCP Assessments, securing nursery placements and those children going on to full time settings in terms of transition, continued to be a high demand for our families.





Parent carer evenings

Parent carers were able to meet during the sessions, events and activities for befriending.

These gatherings offered an opportunity to meet regularly with the opportunity to socialise, encouraging and strengthening friendships between parents and carers, who are often very much isolated. The evenings are varied, sometimes having a speaker and other times a meal out with fun activities.

‘You have helped me as a parent carer to have a knowledge of carers needs, providing various activities for our little ones and kindness’

‘It has allowed me to interact with other people in a situation similar to mine. In the past I was isolated and did not have support from people that understand what I was going through. You indeed have helped me to start having a life again’

‘Helped me meeting up parents, the events always very good and amazing atmosphere.’



‘It has helped me meet new people and get some me time for the first time.’



Counselling

Mental health and wellbeing, remains a top priority at Ealing Anchor Foundation. Research indicates that supporting parents and carers by recognising their health and wellbeing is paramount to keeping families together.



We supported a number of families in crisis with parents and carers reporting high levels of stress and anxiety, feelings of stress, frustration, anger, guilt, shame and loneliness. These feelings can sometimes lead to mental health problems like depression or anxiety, that need medical help.

Our counsellors engaged with parents and carers worried and anxious about their family members. Regular attendance helped to develop their own plan of action, to move forward, leading to improved relationships between family members, to achieve emotional stability and social well-being,



‘It helps me a lot every time you ask for support. I feel it is my family.’

Legal Advice

Our legal advice workshop was busy as usual this year and parent carers were referred to ongoing support where relevant. The workshop provided a private 20 minute space to discuss any legal issues.



Advice with immigration, domestic violence, benefit claims and housing increased with many who were not only dealing with the daily tasks of caring for a child with disabilities but were also struggling with the pressures that these additional demands placed on them.

‘It is very good and my son and I really enjoyed. Your staff is very friendly and very friendly atmosphere.’



Encouraging Children's Development Through The Early Years

Early Intervention

The benefits of early intervention are widely recognised and research indicates it can dramatically improve and make a huge difference in a child's outcomes.

Many families struggle to get early support at the right time. This can mean problems become worse unnecessarily over time.

We know how important it is to support a child with communication, language, social skills and motor skills at an early age.

The service and activities provided at are at the heart of early intervention, identifying and laying the foundations for effective early support to children aged 0-5 years, living in the London Borough of Ealing. We are preparing children for adulthood to improve their long-term outcomes.

Play & Support Sessions

Our three times per week play & support sessions introduced children to multi-sensory and messy play activities. Toys were carefully chosen for each child attending, according to their needs, to help them learn and develop their social & communication skills.

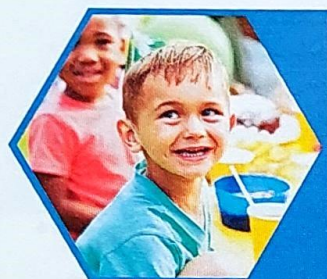
Visitors to the play & support sessions included the Early Start team, play therapists, counsellors, speech and language therapists, health promotion advisors and the Early Start SEND Inclusion Team.

We introduced an additional play & support session, exclusively for children excluded from their placements or on reduced school hours. Working with the Early Start SEND Inclusion Team, these groups were run jointly to help prepare children who found school more challenging. These structured groups have a maximum of 6 children at any one session and children are assisted with specific tasks or learning objectives via the activities set out individually for them.





Music therapy / Sing Sign & Play



Music Therapy provided the ideal opportunity for children to develop their communication, social skills, improve concentration and attention. Attending the play & support sessions gave families space to befriend, share and provide support to each other.

Portage Group Sessions

running weekly every Friday, led by the Ealing Early Start SEND Inclusion team's Portage Worker, enabled parents and carers to learn new ways to build and expand on a child's abilities and strengths, rather than focusing on their difficulties.



Sensory room

Children were also able to benefit from the sensory room which provided the perfect environment for sensory stimulation.

Door to door Transport

Door to door transport was provided to play sessions and events for those in need.



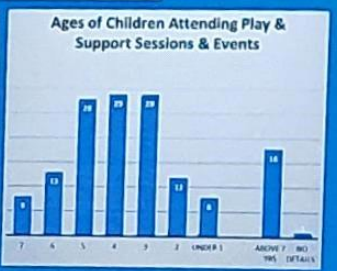
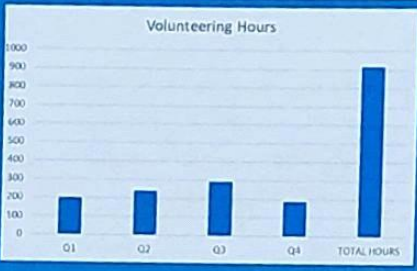
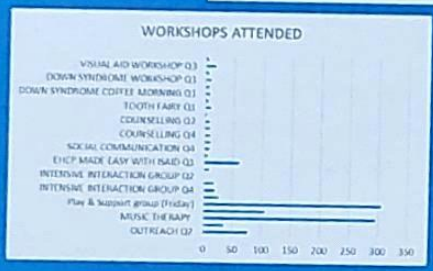
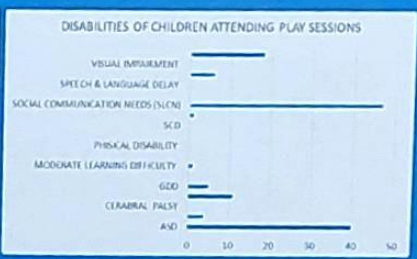
Toy Library

Toys are expensive and children quickly become bored with a toy once its play value has been exhausted.

Our quality toys are carefully chosen to enhance a child's cognitive development during the most important years of their lives, by encouraging creativity and imagination. It gives parents and carers the opportunity to try different toys and select items, they may not be able to afford.



The Year in View



STAFF & VOLUNTEERS LANGUAGES SPOKEN - 17



New referrals 133





Volunteering

Our charity relies heavily on the help of volunteers, without whom our work would not be possible. Every member of the team plays a vital role in the charity's work, and their contribution makes a huge difference to the functionality of the charity. They are highly valued for the work they do and typically reflect the diversity of the community we support.

We are focussed on training our volunteers to a high standard and ensuring they feel valued for the excellent contribution they make to the charity.

Volunteering opportunities, included language support, toy library, admin & play work at sessions and events. We provided work placement opportunities to differently abled young people and university students interested in working with vulnerable families.

Workforce development to reduce inequalities

Increasing the availability of early support to meet the needs of families, staff and volunteers are trained with the right skills and expertise to help in supporting children to improve communication, social and emotional and motor skills.

We work closely with local services and professionals in order to give parents and carers a much better chance of sustaining their overall wellbeing both physically and mentally, which in turn enables them to better support their child.

Trustees

We are proud to be an organisation that assists parents to reduce their isolation and increase their self-esteem by encouraging them to become volunteers or management committee members and just as it was back then, the charity is led by parents of differently abled children, the majority of whom have direct experience of raising a child with a disability or additional need.

Our team of trustees and senior management met regularly throughout the year, to review and plan services, whilst listening and responding to the views of our service users, the professionals we work with, as well as the staff and volunteers, all of whom all have an important role to play in developing and sustaining the charity.

Trustees are appointed based on their skills, experience and knowledge, who have a clear, balanced approach to equality, diversity and inclusion. We thank them all for their unyielding dedication to the charity.



Social events



Our supported family events were a highlight for many families throughout the year.

We ran a number of activities which included a swim and farm trip, arts & craft activities, soft play outings, a trip to see the Christmas Lights and a Christmas party.

We joined with the Ealing HIVI Team and Windmill Children's Centre to host a Petting Zoo for children with visual and hearing impairments

'Thank you so much for this opportunity to get out as a family and meet other families like us.'



Most of these trips were organised through the Ealing HAF Programme, whilst others were funded from other sources.

The aim was for families to enjoy a typical outing, spending quality time with each other and reduce their isolation as a family. Children gained more independence and were able to access mainstream social activities fully supported, with their families.

'Thank you for the wonderful events. They are always enjoyed by the children.'



'We have been new in this country, Ealing Anchor Foundation has provided lots of help and guided us through lots of knowledge. It has been very helpful. Also helped us to interact with lots of parents.'



WORKING IN THE COMMUNITY TO CREATE ENGAGING OPPORTUNITIES FOR PARTICIPATION

Our strategy has teamwork at its heart and we are working with London Borough of Ealing, the local community organisations, parents & carers, professionals as well as staff & volunteers, to help bring about change for families of children who are differently abled, to help shape and improve services for their families.

Ealing Anchor Foundation continue to play an effective role in promoting local democracy and helping to develop community services, by representing parents and carers on local forums and events, on the issues they face, by outlining the key changes that parents and carers say they need.



We are influencing change by reaching some of the most isolated and vulnerable members of our community, contributing to shaping policy to plan and develop children's and community services.

We provide a highly specialist service to families of children who are differently abled and being part of Ealing's Local Offer, has allowed us to build very good relationships with many services in the local community, who refer to Ealing Anchor Foundation regularly.

Being members of the Ealing Advice Service (EAS); a consortium of 10 local organisations led by Ealing Mencap, we work with local partnerships who align with our ethos and collaborate with others regularly throughout the year.

We are working with both statutory and voluntary services to assist in providing the best and most relevant services in London Borough of Ealing, for families of children who are differently abled, which is truly inspiring.

We strengthened our services for parents and carers by introducing additional therapies and training workshops, which provided a platform for many to develop awareness of their own interactive style to support their child's communication, psychological and emotional development.



The Future-Ambitions & Long Term Goals

Although we are living in unprecedented times, Ealing Anchor Foundation will always put the well-being of parent carers and their families first.

By continuing to work with our partners in the local community, signposting and referring to each other, we can give our families the support they need.

Working closely with the London borough of Ealing's local statutory and community services, local community organisations, we are striving to remove barriers to key health and educational services, that result in so much isolation amongst families of differently abled children.

We will continue working towards reaching families when they need us the most, campaigning to identifying gaps in services and maintaining our mission to put disability at the forefront of decision makers' minds.

To make an even bigger leap forward and subject to funding, we will continue to review and deliver a service that is unique and personal, second to none, with qualified, experienced staff and volunteers.

Thanks

Sincere thanks and appreciation to all the individuals, organisations and the amazing Friends of Ealing Anchor Foundation who have been working hard to support the charity in so many ways by giving their time, skills, expertise, dedication, help with administration, fundraising, donations, or by providing venues for the charity during the year.

Special recognition and our gratitude goes to the following organisations who chose Ealing Anchor Foundation as their nominated charity during the year: Grand Duo Trust, Ealing's Early Help & ESCAN and Ealing Synagogue.

'You have all been so supportive and caring. Thank you so much.'

Finally, we are grateful for the continued support of The London Borough of Ealing, Reaching Communities and John Lyon's Charity, who funded our service and activities throughout the year.



The Team

TRUSTEES

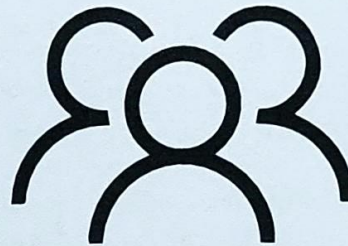
Chair to the Trustees
Treasurer
Secretary
Trustee
Trustee
Trustee

Aisha Tabani Chowdhry
Dennis Frederick Burley
Nadiya Shvets
Beckie Shuttleworth
Katerina Pupovic
Lynne Kaufmann

STAFF

Project Manager
Outreach Worker
SPL/Early Years Coordinator
Senior Play Worker
Administrative Worker

Joy Barton
Natalie Stone
Magdalena Rutkowska
Gladys Bennett
Erica Giles

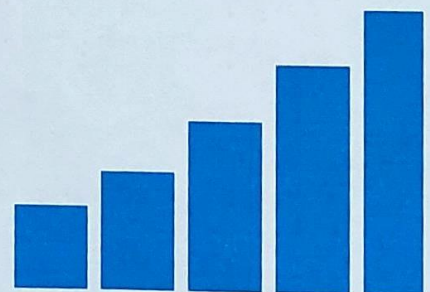


VOLUNTEERS

Priya O'Leary
Grace Raw
Meera Dasani
Jai Janki
Nakisa Malahmir
Abha Aryal
Maya
Dorothy Osuji
Amal Sara
Hafsa
Rahima

Ashakiran Thirumalai
Leila Malahmir
Mikaela Banbury
Hanaa Mohammed
Rania
Manija
Krishna Dasani
Richard Burton
Aneesa
Iman

Ruwaida Abdelrahman
Raifeh Hussein
Reem Hussein
Fiona & Tracey
Anila Kadici
Mariam Razzaq
Cathy Coleman
Neda Malahmir
Aleeya
Ikram



EALING ANCHOR FOUNDATION



Supporting Parents & Carers in Ealing

Telephone | 020 8571 9954
Web | www.ealinganchor.org.uk

Correspondence Address:
Office 3, 1st Floor, Grove House,
77 North Road, Southall UB1 2JL

Registered Address:
Windmill Children's Centre, 135 Windmill
Lane, Greenford, Middx UB6 9DZ

Registered Charity No: 1196311



EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2022

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2022

			<u>2022</u>		<u>2021</u>	
	Unrestricted	Restricted	£	£	£	£
			Total			
Opening Balance				£ 94,056.50	£ 93,823.88	
INCOME						
LBE/MENCAP		27737.00	27737.00		£34,671.25	
GRANT			0.00		£11,636.00	
John Lyons		25000.00	25000.00		0.00	
Nat Lottery		25061.00	25061.00		£12,217.00	
Tesco			0.00		£ 1,500.00	
Fundraising	1676.65		1676.65		£ 258.22	
Donations			0.00		£ 244.01	
Membership/Subscriptions	1275.77		1275.77		£ 40.90	
City of London			0.00		£ 3,360.00	
Fin&Eoin O'Donnell			0.00		£ 1,000.00	
Asda	500.00		500.00		0.00	
Co-op		1646.47	1646.47		0.00	
Grand Duo Trust			0.00		£ 4,000.00	
LB Ealing		4682.20	4682.20		£0.00	
Interest	8.54		8.54		£0.00	
	£ 3,460.96	£ 84,126.67	£ 87,587.63	£ 87,587.63	£ 68,927.38	
Total Income						
		51696.78	51696.78		£47,659.75	
EXPENDITURE						
		37.20	37.20		£ 72.91	
Salaries and Taxes		2480.49	2480.49		£ 1,895.42	
Volunteers expenses	1000.00	6550.13	7550.13		£ 3,566.44	
Transport					£ 676.44	
Toys & Equipments		679.91	679.91		£ 3,401.80	
Social, Parties & Outings		1387.8	1387.80		£ 618.81	
Covid Response		1577.89	1577.89		£ 1,022.26	
Admin/Misc.		2213.2	2213.20		£ 1,661.99	
Telephone		7098.71	7098.71		£ 932.49	
Heating/Lighting office cost	5201.09		5201.09		£ 6,439.95	
Stationary, Publicity & Postage		255.04	255.04		£ -	
Training		500.00	500.00		£ 246.50	
Profession/Marketing					£ 500.00	
Legal/Subs/Insurance	£ 6,201.09	£ 76,680.02	£ 82,881.11	£ 82,881.11	£ 68,694.76	
Accounts & Bookeeping fee						
Total Expenditure	-£ 2,740.13	£ 7,446.65		£ 4,706.52	£ 232.62	
Surplus/(Deficit) for the 12 Months						
Closing Funds				£ 98,763.02	£ 94,056.50	

EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2022

	Notes	<u>2022</u>	<u>2021</u>
		£	£
Assets:			
Bank Balance 31/03/2022			
Petty Cash			£ -
Barclays Current account	1	£ 8,714.00	£ 29,744.83
Barclays Savings account	2	£ 90,549.02	£ 65,040.48
		<u>£ 99,263.02</u>	<u>£ 94,785.31</u>
Liabilities:			
Creditors		£ 500.00	£ 728.81
		<u>£ 98,763.02</u>	<u>£ 94,056.50</u>
Financed by:			
Private Fund Account:			
Restricted Funds		£69,386.24	£ 61,939.59
Unrestricted Funds		£29,376.78	£ 32,116.91
		<u>£ 98,763.02</u>	<u>£ 94,056.50</u>

**EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2022**

We have examined Income and Expenditure Account and the supporting information from the records.

In our opinion the financial statements give a true and fair view of the state of affairs of the private fund of Ealing Anchor Foundation as at 31 March 2022, and of its surplus for the year ended on that date.

A handwritten signature in black ink, consisting of the letters 'B', 'L', and 'C' with a stylized flourish connecting them, followed by a small '2' and another 'C'.

Bhanot & Co.
Chartered Accountants

Date: 20 September 2022
First Floor
126-128 Uxbridge Road
London W13 8QS

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2023

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2023

			<u>2023</u>	<u>2022</u>
	Unrestricted	Restricted	£ Total	£
Opening Balance			<u>£98,763.02</u>	<u>£ 94,056.50</u>
INCOME				
LBE/MENCAP		20802.75	20802.75	£ 27,737.00
John Lyons Charity		30000.00	30000.00	25000.00
Reaching Communities		26142.5	26142.50	£ 25,061.00
LB Ealing HAF Programme		8391.72	8391.72	£4,682.20
Screwfix Foundation		5000.00	5000.00	£0.00
Grand Duo Charitable Trust	4000.00		4000.00	£0.00
LB Ealing HIVI Project	825.00		825.00	£0.00
Refund/Credit	239.62	41.65	281.27	0.00
Fundraising	143.10		143.10	£ 1,676.65
Donations	1700.00		1700.00	0.00
Membership/Subscriptions	1291.17		1291.17	£ 1,275.77
Yorkshire Building Society	1000.00		1000.00	0.00
Asda			0.00	500.00
Co-op			0.00	1646.47
Interest	197.51		197.51	£8.54
Total Income	£ 9,396.40	£ 90,378.62	£ 99,775.02	£ 87,587.63
EXPENDITURE				
Salaries and Taxes	903.19	58728.21	59631.40	£ 51,696.78
Volunteer expenses		152.19	152.19	£ 37.20
Transport	1304.8	3607.18	4911.98	£ 2,480.49
Toys & Equipment	10205.45	5981.98	16187.43	£ 2,202.87
Social, Parties & Outings	590.00	727.92	1317.92	£ 7,550.13
Staff Training		374.3	374.30	£ -
Admin/Misc.		311.53	311.53	£ 679.91
Telephone		971.86	971.86	£ 1,387.80
Heating/Lighting/Office cost		1418.04	1418.04	£ 1,577.89
Stationary, Publicity & Postage		878.25	878.25	£ 2,213.20
Training	480.00	9269.4	9749.40	£ 7,098.71
HAF Programme		8391.72	8391.72	£ 5,201.09
Legal/Subs/Insurance		938.79	938.79	£ 255.04
Accounts & Bookkeeping fee		1440.00	1440.00	£ 500.00
Total Expenditure	£ 13,483.44	£ 93,191.37	£ 106,674.81	£ 82,881.11
Surplus/(Deficit) for the 12 Months	-£ 4,087.04	-£ 2,812.75	-£ 6,899.79	£ 4,706.52
Closing Funds			£ 91,863.23	£ 98,763.02

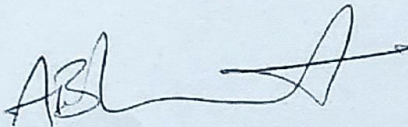
EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2023

	Notes	<u>2023</u> £	<u>2022</u> £
Assets:			
Bank Balance 31/03/2023			£ -
Petty Cash			£ 8,714.00
Barclays Current account	1	£ 7,116.70	£ 90,549.02
Barclays Savings account	2	£ 84,746.53	
		<u>£ 91,863.23</u>	<u>£ 99,263.02</u>
Liabilities:			
Creditors			£ 500.00
		<u>£ 91,863.23</u>	<u>£ 98,763.02</u>
Financed by:			
Private Fund Account:			
Restricted Funds		£64,083.32	£ 69,386.24
Unrestricted Funds		£27,779.91	£ 29,376.78
		<u>£91,863.23</u>	<u>£98,763.02</u>

**EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2023**

We have examined Income and Expenditure Account and the supporting information from the records.

In our opinion the financial statements give a true and fair view of the state of affairs of the private fund of Ealing Anchor Foundation as at 31 March 2023, and of its surplus for the year ended on that date.



Anil Bhanot
Bhanot & Co.
Chartered Accountants

Date: 8 December 2023
First Floor
126-128 Uxbridge Road
London W13 8QS

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2022

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2022

			<u>2022</u>		<u>2021</u>	
	Unrestricted	Restricted	£	£	£	£
			Total			
Opening Balance				£ 94,056.50	£ 93,823.88	
INCOME						
LBE/MENCAP		27737.00	27737.00		£34,671.25	
GRANT			0.00		£11,636.00	
John Lyons		25000.00	25000.00		0.00	
Nat Lottery		25061.00	25061.00		£12,217.00	
Tesco			0.00		£ 1,500.00	
Fundraising	1676.65		1676.65		£ 258.22	
Donations			0.00		£ 244.01	
Membership/Subscriptions	1275.77		1275.77		£ 40.90	
City of London			0.00		£ 3,360.00	
Fin&Eoin O'Donnell			0.00		£ 1,000.00	
Asda	500.00		500.00		0.00	
Co-op		1646.47	1646.47		0.00	
Grand Duo Trust			0.00		£ 4,000.00	
LB Ealing		4682.20	4682.20		£0.00	
Interest	8.54		8.54		£0.00	
	£ 3,460.96	£ 84,126.67	£ 87,587.63	£ 87,587.63	£ 68,927.38	
Total Income						
		51696.78	51696.78		£47,659.75	
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Stationary, Publicity & Postage		255.04	255.04		£ -	
Training		500.00	500.00		£ 246.50	
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Total Expenditure	-£ 2,740.13	£ 7,446.65		£ 4,706.52	£ 232.62	
Surplus/(Deficit) for the 12 Months						
Closing Funds				£ 98,763.02	£ 94,056.50	

EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2022

	Notes	<u>2022</u>	<u>2021</u>
		£	£
Assets:			
Bank Balance 31/03/2022			
Petty Cash			£ -
Barclays Current account	1	£ 8,714.00	£ 29,744.83
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Liabilities:			
Creditors		£ 500.00	£ 728.81
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Private Fund Account:			
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**EALING ANCHOR FOUNDATION
Independent Examiner Report
Accounts for year to 31 March 2022**

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Bhanot & Co.
Chartered Accountants

Date: 20 September 2022
First Floor
126-128 Uxbridge Road
London W13 8QS

EALING ANCHOR FOUNDATION

ACCOUNTS

YEAR ENDED 31 MARCH 2023

Reg. Charity No. 1196311

EALING ANCHOR FOUNDATION
Income & Expenditure Accounts
for the year ended 31 March 2023

			<u>2023</u>	<u>2022</u>
	Unrestricted	Restricted	£ Total	£
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LB Ealing HIVI Project	825.00		825.00	£0.00
Refund/Credit	239.62	41.65	281.27	0.00
Fundraising	143.10		143.10	£ 1,676.65
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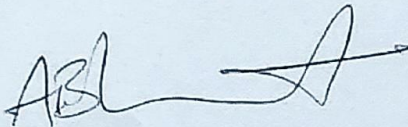
EALING ANCHOR FOUNDATION
Balance Sheet
Year Ended 31 March 2023

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Assets:			
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Independent Examiner Report
Accounts for year to 31 March 2023**

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Anil Bhanot
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Chartered Accountants

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