

# DANCE CREATIVE

England & Wales · Charity number 1196309

## Details

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Status	Registered
Legal form	Charitable company
Company number	<a href="#">12677777</a>
Registered	2021-10-28
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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**Address** 149 Ravencroft  
Bicester  
Oxfordshire  
Ox26 6yf  
OX26 6YF

**Phone** 07815120727

**Email** [info@dance-creative.co.uk](mailto:info@dance-creative.co.uk)

## Activities

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**Objects:** TO ADVANCE THE ARTS FOR THE PUBLIC BENEFIT BY THE PROMOTION IN PARTICULAR, BUT NOT EXCLUSIVELY, OF THE ART OF DANCE

**Activities:** Deliver creative, innovative dance projects, classes and productions that connect people and communities in and around Oxfordshire. Enhance health and well being, care for physical and emotional needs. Specializing with older people and those living with, or caring for people with specific conditions.

## Classification

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- **How:** Provides Services
- **What:** Arts/culture/heritage/science
- **Who:** The General Public/mankind

## Geography

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- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£66,085	£52,795	-	-
2023-08-31	£23,549	£26,966	-	-
2022-08-31	£32,961	£31,338	-	-

## Trustees

Name	Role	Appointed
David Taylor		2026-02-16
Donna Newton		2021-05-30
Kristin Emery		2026-02-16
Paula Har		2021-05-28
Victoria Andrews		2024-06-19

**DANCE CREATIVE**

England & Wales - Charity number 1196309

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# Accounts

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# Trustees' annual report for the period



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

Period start date 

01	09	2	0	2	3
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 Period end date 

31	08	2	0	2	4
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Charity name 

Dance Creative
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 Charity No (if any) 

1	1	9	6	3	0	9
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## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance the arts for the public benefit by the promotion in particular, but not exclusively, of the art of dance.</p> <p>Our <b>vision</b> is to:</p> <p>Change lives through dance, for people living across Oxfordshire and beyond</p> <p>Our <b>mission</b> is to:</p> <p>Deliver dance projects, classes and productions that:</p> <ul style="list-style-type: none"> <li>● are creative, innovative, and best practice</li> <li>● enhance people's health and well-being</li> <li>● care for people's physical and emotional needs</li> <li>● connect people and communities</li> <li>● raise awareness of issues</li> </ul> <p>In order to achieve our vision and mission, we <b>aim</b> to:</p> <ul style="list-style-type: none"> <li>● Create opportunities for everyone to experience the benefits of dance</li> <li>● Specialise in working with older people, developing and sharing our expertise with others</li> <li>● Offer opportunities for everyone to improve health and well-being through dance, including others with health needs such</li> </ul>

		<p>as dementia, Parkinson’s disease, long-term health conditions, and mental health issues</p> <ul style="list-style-type: none"> <li>● Be a voice for individuals and communities who may feel less visible to society, raising awareness of issues which need bringing to the forefront of people’s recognition and understanding, and championing and celebrating the people who are affected by them</li> <li>● Offer a creative and empowering approach to dance which draws on people’s individual stories, building and nurturing relationships and social confidence, reducing social isolation and loneliness, supporting family connections, and creating opportunities for people of all ages to dance together</li> <li>● Bring dance to people who may ordinarily be prevented from participating because of financial, social, age or physical and emotional barriers, including those living in care homes and supported living</li> <li>● Place the people we work with at the heart of everything we do, listening to their expertise, advice and experience, and working in close collaboration with other organizations and individuals so that our work is fully embedded in local communities and agendas</li> </ul>
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p><b>Our aims for 2023-24 were to:</b></p> <ol style="list-style-type: none"> <li>1) Develop our organization</li> <li>2) Increase participation in dance across Oxfordshire, especially amongst older adults aged 65+, including those from at risk or vulnerable groups.</li> </ol> <p>We delivered these aims through the following activities:</p> <p><b>1) Organizational Development</b></p> <p><b>A) Capacity Building</b></p> <p><b>i. Growing and developing our team</b> – we recruited 3 new Assistant Dance Artists and supported 1 Assistant Artist to step up to the role of Lead Artist for our online and Witney groups. This means we have almost doubled our team of artists, assistant artists and volunteers delivering and supporting our Dance for</p>

	<p>Life project, from 5 in December 2024 to a total of 9. This has enabled us to have greater capacity to sustain and develop the county-wide program and has freed up the Artistic Director to oversee and manage the program, develop the organisation and fundraise. We have also planned regular team training/planning days for 2024-25, where we will be able to share ideas and develop practice.</p> <p><b>ii. Developing the Board of Trustees</b> – we recruited a new Chair of the Board of Trustees who will be officially appointed in September 2024 after a period of mentoring with Oxfordshire Mentors. The Chair’s first priority will be to expand our existing Board by assessing skills/knowledge gaps and recruiting additional members, including a new Treasurer.</p> <p><b>B) Developing partnerships and infrastructure</b></p> <p>We consolidated strong working relationships with Dance Oxford (Oxford City Council), Mumo Creative and The Mill Arts Centre through establishing regular cross-county Celebrating Age through Dance network meetings, with a focus on a funding application to Arts Council England for a cross-county showcase and professional development project for artists and volunteers.</p> <p><b>C) Fundraising</b></p> <p>In addition to Year 2 grant funding from the Reaching Communities program (The Community Fund), we received grants from Oxfordshire Community Foundation to enable us to support the Oxford based group Silver Shakers and incorporate it into our Dance for Life program me, and from Bicester Village to support the Bicester and online Dance for Life groups. We also planned fundraising activities for Year 3 of the Reaching Communities program, including submitting applications to Arts Council England (see above), and Sport England to support the Dance for Life program.</p> <p><b>2) Artistic Programmed</b></p> <p><b>i) Dance for Life Oxfordshire</b></p> <p>We expanded our flagship, county-wide program me of Creative Dance Hubs (weekly dance class followed by social time with refreshments) across the county, with the Silver Shakers group in Wood Farm, Oxford, run initially as a joint pilot</p>
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	<p>project with Oxford City Council, becoming part of our regular Dance for Life programme. This means that we now have 5 regular hubs serving each local authority district within the county – South and Vale (Abingdon), West (Witney), Oxford (Wood Farm), and Cherwell (Bicester). We also developed our relationship with Age UK Oxfordshire and county-wide local authorities, participating in a number of local events in Didcot, Abingdon and Bicester, and working with local social prescribing teams to introduce more isolated and vulnerable older communities to the Dance for Life programme. This was particularly successful in Bicester and led to a growth in participant numbers; we aim to develop these partnerships further, in other local authority areas in 24-25. We also continued to distribute our Home Dance packs as a way of encouraging more isolated/housebound adults to engage in dance within their own homes.</p> <p><b>ii) Dance Projects</b></p> <p><b>a) Outreach sessions</b> - we ran a number of dance taster and information sessions at a number of locations across the county, including: Abingdon Health Fest (September 2023); Langford Village Community Association, Bicester (March 2024); Age UK Mental Health and Well-being Market, Bicester (April 2024); Museum of Oxford workshop, Botley (June 2024); Clean Slate project in Bicester (July 2024); Didcot Garden Party (August 2024).</p> <p><b>b) Abingdon Community Hospital project</b> (February – March 2024) – we received additional funding from the Vale of White Horse District Council to run a 6-week dance project for older residents in Abingdon Community Hospital, as part of their rehabilitation programme. We also distributed our home packs to project participants and other residents at the hospital as part of their discharge packages.</p> <p><b>c) Waterside Court Care Home, Wallingford</b> (January – July 2024) – we delivered regular sessions for residents of Waterside Court,</p>
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		<p>supported by care home staff. Participants included those living with dementia, and we used the multi-sensory props from our home dance packs as a way of engaging with residents who found verbal communication a challenge.</p> <p><b>d) Situating Ecologies project, Oxford</b> (July – August 2024) – in partnership with Modern Art Oxford, participants from our Silver Shakers project in Oxford took part in a number of summer workshops, public showcase and intergenerational workshop, exploring the themes of seen/unseen, storytelling and ageism through dance.</p> <p><b>e) Swan Lake trip, Oxford</b> (February 2024) – 50 older adult participants from across our county-wide Dance for Life programme took part in a group outing to see Swan Lake at the New Theatre in Oxford. Themes and ideas from the ballet were explored with all our participants in classes during Spring 24.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees regularly review the guidance.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	The Dance for Life program is strengthened and enhanced by our regular volunteers who have been supporting groups across the county since the program's inception in 2016. The volunteer's role is to provide one to one support for vulnerable participants e.g. adapting movements for people with mobility issues, or acting as a 'buddy' for people with confidence/anxiety challenges. They also coordinate the social/refreshment time following class - a vital part of the project for developing peer support/friendships. Our volunteers perform this role with unwavering

	<p>patience, kindness and good humor and have created a strong bond of trust with the participants - as peers, they often share issues/ideas with volunteers which are fed back to management, championing their needs. Our volunteer in for the Bicester Dance for Life group also organizes additional cultural/social activities, e.g. cinema trips/afternoon tea parties, attending events as group representative, and is constantly seeking ways to offer both the participants and the company further support, attending meetings, offering ideas and working with the Artistic Director during a period of Board development. She is the glue which holds the Bicester group together and her kind, positive and committed presence has made a huge impact on the way participants feel included, welcomed and heard – crucial in a society where ageism is prevalent and older communities’ voices are often unheard. She says, “Every class is doing each person so much good, both physically and mentally. We have seen participants return after breaks from class, for different reasons in their lives, but they say that the desire to feel their bodies moving creatively with increasing stability and strength again, remains a goal. They also appreciate the laughter, fun and company of others in this joyful activity. The Dance Creative teachers plan and evaluate their classes together and this year the volunteers have taken part in meetings with the team when planning overall strategies, they are developing, such as a large intergroup presentation. This means we hear the direction and activities they are hoping to achieve and being included in the preparation and being well informed makes this role even more stimulating. I feel lucky to be part of this group as well as a helpful member of society in this role.”</p>
Other	<p><b>Our new Assistant Dance Artist in Bicester and Abingdon explains what her new role means for her:</b></p> <p>“Following my first full term with Dance Creative I have thoroughly enjoyed working with both the staff and participants. The preparation and choreography keep my creative brain active and allows me to incorporate my passion for arts for health in to my career. The highlights are seeing how fulfilled the participants are and how much joy they get out of these sessions. The social aspect both in the dance work and the cup of tea after is</p>

		<p>incredibly valuable. Many a time I have had a participant come up to me and say that they weren't sure if they wanted to come to class today but they feel great having done it. One participant has booked a taxi in advance for their sessions because they can be inclined to stay in bed but they know how good they will feel once they have done the class. It's an honor to be part of it.”</p>
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Measuring against our objectives and impact indicators for 2023-4 (see Para 1.41 below), our key achievements were:</p> <ol style="list-style-type: none"> <li>1. Increased participation in dance for older adults (aged 65+) across Oxfordshire – 6% increase in regular participation during the year.</li> <li>2. Increased the total number of older adults from vulnerable and at-risk groups engaging in dance in Oxfordshire – 57% of regular participants have a disability or long-term health condition; 21% live in areas of income deprivation.</li> <li>3. Developed a cross-county network of organizations which deliver dance for older adults.</li> <li>4. Artist and participant feedback has evidenced that the project is meeting participant need, improving physical and mental wellbeing, and building community.</li> </ol> <p><b>Our Lead Dance Artist for the Silver Shakers group in Oxford, explains what difference the project has made to the lives of participants:</b></p> <p>“The Silver Shakers class has positively impacted the lives of its participants in myriad ways. Firstly, members have enjoyed the immense physical benefits that dancing brings. Regularly dancing and engaging in movement practice builds core strength, balance, flexibility and cardiovascular endurance. The proven benefits that dancing has in the areas of posture, mobility and coordination go a long way towards building and maintaining physical confidence. Furthermore, the Silver Shakers dance classes are completely accessible,</p>

	<p>and my specialism in inclusive practice means they are geared towards members of every physicality (disabled and non-disabled), abilities and fitness levels. All movement can be done within an individual's range of motion and at their own pace, while seated or standing.</p> <p>Alongside the physical benefits, Silver Shakers has provided a healthy and rewarding mental workout for the participants. Continuing to learn, prioritising different types of brain use and engaging in creative activities all promote healthy brain function for people over 50. Silver Shakers provides a creative outlet, in which participants have space to engage in abstract thought and respond in individual ways. Creative endeavours such as this engage cognitive stimulation, and have proven benefits towards mental agility, sharpness and focus.</p> <p>Another major positive aspect to come out of the dance classes is the social interaction and sense of being part of a community. For example, over the past year, two members of the group have experienced bereavement of their lifelong spouses. I was moved to see the extent to which the group supported both these individuals emotionally as they processed this profound loss. Certain members emerged as uniquely placed to offer support, as they had experienced similar bereavements themselves in previous years, and therefore had informed approaches in supporting those experiencing bereavement. Silver Shakers also has six members who have serious long-term illnesses, for whom the group serves as a contact point and social support hub. They regularly receive peer support throughout their health journeys,</p>
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	<p>with Silver Shakers remaining inclusive and accessible to them at all times.</p> <p>The Silver Shakers dance classes have also had a tangible positive effect on the wider community. We had the privilege of being the first group to use the Bullingdon Community Association since it reopened in January 2023. Since then, our members have gone on to frequent other clubs that use the space and some have gone on to spread the word about what these groups are doing. Representatives from other organisations such as Age UK and Modern Art Oxford have also come in to speak with our members, demonstrating the potential the shared space has for cross pollination of projects and ideas.”</p> <p>A regular participant of the Silver Shakers group says:</p> <p>“I have been a member of Silver Shakers since early 2023, enjoying the regular meetings and trips, and making friends within this friendly, sociable group. I originally came to the class to stay as active as I could and to try out a local dance group.</p> <p>The class helped me to stay active, but after a year I became seriously ill and that’s when some of its additional benefits became even more apparent. The gentle warm up exercise that Jane had taught me became invaluable, helping me to start moving each day and giving me the motivation to keep active. And as I struggled with muscle weakness, I was able to use the exercises Jane taught me to regain my strength and rebuild muscle tone. Although my initial aim had been to keep active, I hadn’t realised how important and beneficial that would become. I was able to use the gentle warm-up exercises to help get me moving at</p>
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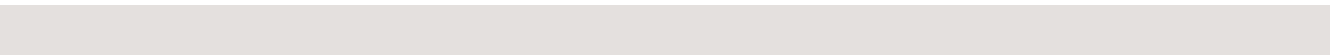
	<p>home and to regain my strength. I was able to rebuild muscle tone through simple and familiar movement and use the resistance bands we'd been gifted to gradually regain normal mobility. It's an area of my life where I could regain control and was instrumental in rebuilding my confidence too.</p> <p>I've really enjoyed learning how an older, less active person can participate in creative movement, both in the class and through visits to other performances which have been arranged for us. I wish we could share that message with more people. I've also found the social support the group has given me very important, especially during my prolonged illness.</p> <p>During my long illness the group has continued to give wonderful support. When I feel well enough, I call into the sessions and enjoy the chat, warmth and kindness of the group, and I love being part of it despite my absences. It's become a very important part of my support network and gives me the motivation to get well enough to re-join the group as a regular attendee. "</p> <p>Participants from across all the Dance for Life groups highlight the positive impact on their mental health, with 52% of respondents to the annual evaluation questionnaire saying that the classes improved their mood, stating that they felt 'happier', 'exhilarated', 'energized' and 'better' after coming to class:</p> <p>"It's fun here - with all the girls. Gets us out to meet more people. Thank you all",</p> <p>"Enjoy every session – laughter good for us"</p> <p>"I have enjoyed the camaraderie of the class"</p> <p>"Friendship and chat important afterwards", and</p>
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	<p>“It has been a great way to make friends”.</p> <p>When asked the question, ‘What has changed for you since taking part in the project?’, as well as improvements in physical strength, balance, and mobility, there was a noticeable number of responses about improved mood and increased happiness, with participants stating that they:</p> <p>“Always feel happier after”,</p> <p>“Always feel good, energized after class”,</p> <p>“Feel better when I come to class”,</p> <p>“Improved mood - gave me a reason to get up and out”,</p> <p>“I feel much happier and exhilarated”, and</p> <p>“Attending these classes always loosens me up and brightens the day”.</p> <p>Many people commented on the ‘balance’ between dance, creativity and exercise, saying that the project is</p> <p>“Chance to do exercise in a fun way”,</p> <p>“Different from just fitness class”, and that they enjoyed</p> <p>“The variation of the music, dances and exercises”.</p> <p><b>100%</b> of responding participants said that the project was meeting their needs, whether they were physical or mental health, creative or social needs.</p>
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**Additional information (optional)**

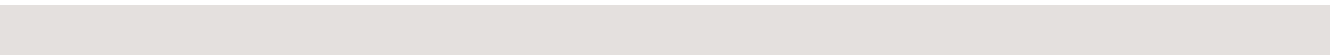
You may choose to include further statements where relevant about:

	<p>SORP reference</p>	
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Achievements against objectives set	Para 1.41	<p><b>Measuring the above impact against our objectives and performance indicators for 2023-4, we surpassed our targets in each key area:</b></p> <p>1) Increase the total number of older adults (aged 65+) engaging in regular dance activity by 5% year on year, with a target of <b>100</b> participants in Year 1, and engage <b>50</b> additional people in dance each year either as audiences or home pack recipients</p> <ul style="list-style-type: none"> <li>➤ <b>36% annual increase</b> in participation in our regular Dance for Life program from 2022-23</li> <li>➤ <b>110</b> participants in the regular Dance for Life program, with an additional 71 participants taking part in other workshops and projects, bringing the total number to 181 participants during the year</li> <li>➤ <b>150 Dance Home packs</b> were distributed</li> <li>➤ <b>94%</b> of Dance for Life participants are <b>aged 65+</b></li> <li>➤ <b>208 regular sessions</b> were held during the year, and we delivered an additional <b>15 sessions</b> for projects, workshops and taster sessions across the county</li> <li>➤ <b>50 participants</b> from all our Dance for Life groups attended a performance to see Swan Lake in Oxford in February 2024.</li> <li>➤ <b>36 participants aged 65+</b> from Oxford took part in the Situating Ecologies project in Summer 2024, run in partnership with Modern Art Oxford.</li> </ul> <p>2) Increase the total number of older adults from vulnerable and at-risk groups engaging in dance activities by 5% year on year, with a target of <b>15</b> adults from these groups in Year 1. Vulnerable or at-risk groups include those who:</p> <p>i) live with a disability, impairment or long-term health condition</p>
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		<p>ii) are socially isolated or lonely, and/or</p> <p>iii) live in areas of income deprivation</p> <ul style="list-style-type: none"> <li>➤ <b>57%</b> of regular participants in the Dance for Life program me have a disability, impairment and/or a long-term health condition</li> <li>➤ <b>21%</b> of regular participants live in areas of income deprivation (e.g. the Wood Farm estate in Oxford and West Bicester)</li> <li>➤ 26% of people who responded to the annual evaluation questionnaire said that their main aim for joining the classes was to meet more people and make new friends. <b>1</b> participant stated that their main reason for taking part was '<b>loneliness</b>'</li> </ul> <p>3) Develop of a cross-county network of organisations and individuals who support dance for older adults, with a target of 3 organisations within the network in Year 1, aiming to meet at least twice per year for networking meetings.</p> <ul style="list-style-type: none"> <li>• We ran <b>4 network meetings</b> for older adults' dance across Oxfordshire with 3 partners - Dancing Oxford (Oxford City Council), MuMo Creative, and The Mill Arts Centre, Banbury</li> <li>• We worked on a <b>funding application to Arts Council England</b> to co-ordinate a cross-county showcase of older adults' dance as part of the Dancing Oxford Festival (with the theme of Celebrating Age), offer training and mentoring to local artists and volunteers, and expand the network into a county-wide steering group to include participant representatives and other organisations.</li> </ul>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>The charity continues to achieve the activities it sets out to do in accordance to the objectives set.</p>



Investment performance against objectives	Para 1.41	The charity invests in accordance with its mission statement.
Other		



## Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	As per the filed accounts. Dance Creative has met its financial obligations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Holding a reserve, ensuring running costs can be met and all other funds are ring fenced and allocated to spend on the charitable activities.
Amount of reserves held	Para 1.22	£11,497
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	Grants and donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Limited by Guarantee
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by board vote

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organizational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	DANCE CREATIVE
Other name the charity uses	
Registered charity number	119309
Charity's principal address	DANCE CREATIVE 149 RAVENCROFT BICESTER OXON OX266YF

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	D L Newton			
2	Paula Har			
3	Victoria Andrews			
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## Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		
Donna Newton		
Paula Har		
Victoria Andrews		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how these falls within the custodian charity's objects	n/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	n/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) V. Andrews

Full name(s) VICTORIA ANDREWS

Position (e.g. Secretary,  
Chair, etc.) CHAIR

Date 24/6/2025

**DANICE CREATIVE****INCOME AND EXPENDITURE ACCOUNT FOR YEAR ENDED 31ST AUGUST 2024**

<b>INCOME</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Fees and Donations	11,676	9,662
Gift Aid	81	530
Grants	<u>54,328</u>	<u>13,357</u>
	<b>66,085</b>	<b>23,549</b>
<b>EXPENDITURE</b>		
Artists Fees	46,411	19,209
Filming	-	-
Training	-	-
Administration and Management Costs	2,110	3,687
Venue Hire	2,512	2,700
Insurance	524	370
Music Licence	312	277
Bank Charges	101	77
Travel	256	95
Sundries	<u>569</u>	<u>551</u>
	<b>52,795</b>	<b>26,966</b>
NET SURPLUS/(DEFICIT) OF INCOME OVER EXPENDITURE	<u><b>13,290</b></u>	<u><b>(3,417)</b></u>
TOTAL FUNDS CARRIED FORWARD	<u><b>11,497</b></u>	<u><b>(1,793)</b></u>

## **Independent Examiner's Report to the Trustees/Members of Dance Creative**

I report on the accounts of the Trust for the year ended 31st August 2024, which are set out on pages 1 to 2.

### **Respective responsibilities of the trustees and members**

As trustees of Dance Creative you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the trustees and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view", and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Daniel Ottaway FMAAT

4 Woodruff Close, Bicester, OX26 3ZL

13<sup>th</sup> May 2025

**DANCE CREATIVE**

England & Wales - Charity number 1196309

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# Accounts

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# Trustees' annual report for the period



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Period start date       Period end date

Charity name

Charity No (if any)         
1196309

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance the arts for the public benefit by the promotion in particular, but not exclusively, of the art of dance.</p> <p>Our <b>vision</b> is to:</p> <p>Change lives through dance, for people living across Oxfordshire and beyond</p> <p>Our <b>mission</b> is to:</p> <p>Deliver dance projects, classes and productions that:</p> <ul style="list-style-type: none"> <li>● are creative, innovative, and best practice</li> <li>● enhance people's health and well-being</li> <li>● care for people's physical and emotional needs</li> <li>● connect people and communities</li> <li>● raise awareness of issues</li> </ul> <p>In order to achieve our vision and mission, we <b>aim</b> to:</p> <ul style="list-style-type: none"> <li>● Create opportunities for everyone to experience the benefits of dance</li> <li>● Specialise in working with older people, developing and sharing our expertise with others</li> <li>● Offer opportunities for everyone to improve health and well-being through dance, including others with health</li> </ul>

		<p>needs such as dementia, parkinson's disease, long-term health conditions, and mental health issues</p> <ul style="list-style-type: none"> <li>● Be a voice for individuals and communities who may feel less visible to society, raising awareness of issues which need bringing to the forefront of people's recognition and understanding, and championing and celebrating the people who are affected by them</li> <li>● Offer a creative and empowering approach to dance which draws on people's individual stories, building and nurturing relationships and social confidence, reducing social isolation and loneliness, supporting family connections, and creating opportunities for people of all ages to dance together</li> <li>● Bring dance to people who may ordinarily be prevented from participating because of financial, social, age or physical and emotional barriers, including those living in care homes and supported living</li> <li>● Place the people we work with at the heart of everything we do, listening to their expertise, advice and experience, and working in close collaboration with other organisations and individuals so that our work is fully embedded in local communities and agendas</li> </ul>
<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p><b>The main activities were divided into 2 areas of focus – artistic development and organisational development:</b></p> <p><b>A) Artistic Development</b></p> <ul style="list-style-type: none"> <li>● To develop regular &amp; sustainable opportunities for people to dance together</li> <li>● To grow our reach &amp; widen our participant and audience base</li> <li>● To challenge our creativity and develop our artistic vision</li> </ul> <p><b>B) Organisational Development</b></p> <ul style="list-style-type: none"> <li>● To diversify our income streams and seek more sustainable, long-term funding</li> </ul>

- To build capacity for delivering our work

This activity was delivered through the following programmes of work:

### **1. You Can Dance!**

You Can Dance! was part of Active Oxfordshire's county-wide Active Reach programme, funded by Sport England. It was designed to be a flexible and creative way of encouraging older people (aged 60+) to engage in dance as a way of improving their mental and physical health. The project aimed to target older people who had been particularly adversely affected by the pandemic. This included those living with long term health conditions or those who had become isolated, vulnerable or fragile as a result of shielding, deterioration of health or confidence, or other related issues. In addition, the project had a primary focus on the area of West Bicester in Cherwell District as an area of deprivation.

The project's specific objectives were to:

- Provide access to dance opportunities for older people who are currently experiencing high levels of isolation, vulnerability, and deprivation
- Expand our marketing strategy – develop the website, grow our social media presence, develop new ways to reach more isolated and vulnerable people including those who are without internet access
- Build long-term links with Active Oxfordshire, the NHS and Social Prescribing Schemes

The project offered different access points to dance which included:

- **Free Home Dance packs** – individual resource packs which contained a variety of multi-sensory props (theraband, gel ball, wrist bells, coloured scarf, pom pom and bean bag), a Home Dance booklet, and a link to an

		<p>online tutorial which explained how to use the props and booklet</p> <ul style="list-style-type: none"> <li>● <b>Follow up support</b> – we offered people individual support through follow up phonecalls to provide assistance with using the packs, accessing the online tutorials and help with attending live classes if people wanted to extend their experience</li> <li>● <b>Free introductory dance classes</b> – we offered people a free introductory programme of dance classes via Zoom, or 6 free face to face classes in our regular Bicester dance group</li> </ul> <p>‘You Can Dance!’ was initially intended to be delivered through local social prescribing partnerships, with older people from the target group being referred to the project. However, a lack of social prescribing in Cherwell led to us looking for other local delivery partners and expanding the reach of the project to other areas of the county.</p> <p><b>Outcomes</b></p> <ul style="list-style-type: none"> <li>● 124 Home Dance packs distributed across the county.</li> <li>● 90% of people who received the packs were from the target group.</li> <li>● Created a comprehensive Home Dance booklet in 6 different sections - Dance for Fitness, Dance for Strength, Dance for Balance and Dance for the Mind, as well as a Warm up and Cooldown – which can be used as a future resource.</li> <li>● Recorded an online tutorial to accompany the booklet, available through YouTube and our website, which can also be used as a future resource. This can be viewed at: <a href="https://dance-creative.co.uk/videos/">https://dance-creative.co.uk/videos/</a>.</li> <li>● Delivered an 11 week programme of introductory dance classes online via Zoom, which were attended by a total of 10 new participants.</li> <li>● The project also attracted 8 new participants to our regular Bicester ‘Dance for Life’ class.</li> <li>● An additional 60 home packs were commissioned by Vale of White Horse District Council and South</li> </ul>
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Oxfordshire District Councils to be distributed across South Oxfordshire, and we delivered an additional programme of taster sessions to accompany the packs in Berinsfield Community Centre.

An additional outcome of the project was the development of several new partnerships including:

- Oxfordshire Health's Creating with Care team, who helped to distribute the Home Dance packs to older patients from Witney, Wallingford and Bicester Community Hospitals as part of their discharge packages. These patients have typically been recovering from falls, Covid, or hip replacements through long term stays in hospital, and on their return home are often physically frail, isolated, and suffering from a loss of confidence. The packs and link to on-going online or face to face classes offer the opportunity for gentle and creative rehabilitation while connecting with others and receiving individual support and follow up from us.
- Healthy Bicester and Cherwell District Council, who helped to promote the Home Dance packs and classes by arranging for us to have a community market stall in Bicester, articles in local papers including The Garth Gazette and Cherwell Link, and posts on social media.
- Oxford City Council, who are key partners in plans to roll out the packs to areas of social deprivation within the city, supported by The Community Fund (see below).
- Bicester Village, who have funded us to produce and distribute an additional 20 packs to older people in Bicester and the surrounding areas.

#### **Participant and Partner Quotes**

'Loved the enthusiasm and style of the instructor, she is a real breath of fresh air and very welcoming, encouraging and motivating'.

'The packs are such a great resource – really professional and high quality.'

	<p>'A big thank you for the dance package... Lovely surprise beautiful gifts and it made us smile and we got stuck in with all the things. [My husband] used the squeeze ball and it helped take the pain away from his arthritic little finger, he was most impressed'.</p> <p>'I just want to say I think the team do a great job. Thank you'.</p> <p>'We hope that [our feedback] will help you to secure further funding and possibly aid the development of this important work'.</p> <p><b>2. Creative Conversations</b></p> <p>'Creative Conversations' was a digital dance project funded by Arts Council England, which was devised during the pandemic as a way of recording, expressing, and processing people's experiences of lockdown through dance.</p> <p>We invited people to submit snippets of conversations they had had during the early stages of the pandemic. These included stories, memories, general chat and responses to life in lockdown, which were then fused into a poem commissioned from a local professional poet.</p> <p>The aims were to:</p> <ul style="list-style-type: none"> <li>• Provide an outlet of creative expression for older people's thoughts/feelings, particularly around the pandemic</li> <li>• Encourage more opportunities for older people to connect with others/reduce feelings of isolation/loneliness</li> <li>• Enable people to challenge themselves creatively/develop their own ideas as dancers, learn new choreographic skills/ideas</li> </ul>
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	<ul style="list-style-type: none"> <li>• Nurture a sense of pride, celebration &amp; community spirit, giving hope &amp; new possibilities for the future as we emerge from the pandemic into a new world</li> <li>• Engage with creative dance in a safe/non-threatening way, working creatively with new people online or in person.</li> </ul> <p><b>Outcomes</b></p> <ul style="list-style-type: none"> <li>• The film premiered at The Mill Arts Centre, Banbury on Monday 20th September 2021, to an invited audience consisting of participants, family and friends and industry supporters. The event combined live performance, a screening of the film, and a question and answer session with participants and artists facilitated by the Arts Development Officer for Oxford City Council.</li> <li>• 28 audience members attended the film premiere.</li> <li>• 25 participants contributed to the project, with stories, memories and movement contributions. 22 of these participants were also captured performing in the film, offering their own creative dance/movement interpretation in response to the poem and conversations.</li> <li>• 41 participants received phone calls during the first lock down where their stories and conversations were either incorporated into Creative Conversations or were the original inspiration for the project.</li> <li>• One of the phone calls led to a participant creating their own poem which is woven in to the film.</li> <li>• 14 participants took part in a total of 3 creative dance workshops on Zoom, where the project was introduced in the first workshop and, in a further two workshops, footage was captured for the film.</li> <li>• 3 participants were visited by Dance Creative, who captured film footage of poetry and movement/dance responses in their own homes and a further 6 other participants were visited and filmed in their local park.</li> <li>• The film was also screened by Oxford Playhouse in partnership with Age UK's Age of Creativity on 21<sup>st</sup> May 2022. The online screening was attended by 32</li> </ul>
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		<p>participants and accompanied by a question and answer session. Some of the audience were participants in Oxford Playhouse’s Tea Talks project, which was also set up during the pandemic to provide support and creativity for isolated older adults.</p> <ul style="list-style-type: none"> <li>• The project led to Dance Creative leading an additional face to face workshop for Tea Talks participants in October 2022, which was attended by 8 older adults.</li> </ul> <p><b>Audience Quotes</b></p> <p>‘what an incredible piece of humanity’</p> <p>‘History in the making and recorded forever.... This will be really significant in 10 years’ time, when we can really look back and reflect’.</p> <p><b>3. Dance for Life Oxfordshire</b></p> <p>Our Dance for Life programme of creative dance hubs in Abingdon, Bicester, Witney and online aims to :</p> <ul style="list-style-type: none"> <li>• Improve physical and mental health/well-being, and</li> <li>• Reduce social isolation/loneliness, by:</li> </ul> <p>providing regular, accessible and affordable opportunities for people across the county to dance and socialise together.</p> <p>Delivered by professionally trained dance artists and supported by assistants and volunteers, the hubs offered weekly creative dance classes followed by social time and refreshments.</p> <p>The objectives for Dance for Life Oxfordshire were to:</p> <ul style="list-style-type: none"> <li>• Build Dance for Life Oxfordshire into a robust and sustainable programme of dance/participatory activity.</li> <li>• Increase participation in regular dance activity for people across the county, including older people (aged 65+).</li> <li>• Develop new partnerships and address gaps in provision across the county.</li> </ul>
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	<p><b>Outcomes</b></p> <ul style="list-style-type: none"> <li>● 92 live sessions delivered across a wide geographical spread - Abingdon (South), Oxford (Central), Bicester (North), and Witney (West).</li> <li>● 43 live online sessions delivered via Zoom for those unable to attend face to face activities, including 9 sessions for all participants in January 2022 .</li> <li>● 67 regular participants attended live and online sessions.</li> <li>● Increased regular participation by 34% between September 2021 and July 2022.</li> <li>● Confirmed successful 3 year funding bid to The Community Fund to support the development and expansion of the programme from January 2023.</li> </ul> <p><b>Participant Quotes</b></p> <p>‘I feel so much more alive’</p> <p>‘a breath of fresh air’</p> <p><b>Organisational Development</b></p> <p>One of the major aims of our Business Plan is to develop our organisation so that we can:</p> <ul style="list-style-type: none"> <li>● meet increasing demand</li> <li>● prepare for future growth</li> <li>● develop leadership</li> <li>● assure quality, and</li> <li>● share best practice.</li> </ul> <p>Our organisational development objectives from 2021-24 were to:</p> <p>1) Diversify our income streams and seek more sustainable, long-term funding by:</p> <ul style="list-style-type: none"> <li>● applying for a three year funding agreement with The Community Fund</li> </ul>
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	<ul style="list-style-type: none"> <li>● consolidating new relationships with the NHS so that we are linked more robustly to health funding schemes and Social Prescribing</li> <li>● identify appropriate Trusts, Foundations, public funding bodies and private donors to apply to for support for the artistic programme, and core funding.</li> </ul> <p>2) Build capacity for delivering our work by:</p> <ul style="list-style-type: none"> <li>● strengthening our operational systems, including accounting, administration, and marketing</li> <li>● recruiting, training, and mentoring a pool of local Dance Artists and volunteers who are able to work with our Specialist Market – later section against objectives</li> <li>● building diversity in our pool of Dance Artists, volunteers, and our Board of Trustees</li> </ul> <p><b>Outcomes</b></p> <ul style="list-style-type: none"> <li>● Confirmed three year funding agreement with The Community Fund, totalling £118,000 to develop and expand our artistic programme, and develop our organisation, from January 2023.</li> <li>● Confirmed match funding from Bicester Village and the Vale of White Horse DC to support the Community Fund grant, totalling £2,730.</li> <li>● Attended the first Social Prescribing and Cultural Providers conference in July 2022, organised by the University of Oxford, and delivered a taster workshop for delegates including local Social Prescribing link workers from across the county. Joined the Social Prescribing network co-ordinated by the University of Oxford.</li> <li>● Developed a partnership funding application with Oxford City Council to Arts Council England, to train and mentor a pool of local Dance Artists and volunteers and deliver a local outreach programme.</li> <li>● Supported a disabled participant representative to attend quarterly Board meetings as a major channel of communication to connect the Board, Artistic Directors, and participants.</li> </ul>
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Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the guidance issued by the CC on public benefit
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## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>The 'Dance for Life Oxfordshire' programme and the Active Reach project were supported by a total of 3 volunteers aged between 40-72, who offered support to more vulnerable participants within sessions, including people with a range of different needs eg disabilities/health conditions/social &amp; other anxiety. Volunteers provided tailored individual support, which included:</p> <ul style="list-style-type: none"> <li>● Adaptive movement for people with balance and strength issues, as a result of strokes/falls/hospital stays/greater physical fragility.</li> <li>● Diverse communication strategies for people with conditions such as Dementia.</li> <li>● Social support before and after sessions, including phonecalls and 'buddying'.</li> <li>● Technical assistance for online classes.</li> </ul>
Other		

## Achievements and Performance

	SORP reference	
<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>Our main achievements have been:</p> <ul style="list-style-type: none"> <li>● <b>To secure three year funding</b> for our artistic programme and organisational development from The Community Fund. This will enable us to build secure and sustainable foundations for future growth, so that we can meet increasing demand for our work and expand our services to more people in need across the county.</li> <li>● <b>To reach new participants and audiences</b> through a diverse range of projects, including our digital work, Creative Conversations, and outreach to more vulnerable/fragile people following the pandemic through new classes and home packs, to encourage people to participate in regular exercise and re-engage with their local communities.</li> <li>● <b>To grow our regular participant</b> base through our Dance for Life programme, with a 34% increase in participation over the year.</li> <li>● <b>To reach a total number of 141</b> participants (classes, outreach workshops and home packs) and <b>60</b> audience members throughout the year.</li> <li>● <b>To build a number of new partnerships</b> to help promote our work, expand our reach and prepare for sustainable growth over the coming 3 years. Key partnerships developed during the year include Oxford City Council (Arts Development), The</li> </ul>

		<p>University of Oxford (Social Prescribing Network and The Brain Health Clinic), Bicester Village and Oxfordshire Health.</p> <p><b>These achievements have allowed us to make the following difference both to participants and the wider community this year:</b></p> <ul style="list-style-type: none"> <li>• Our work is uniquely positioned to deliver the health benefits of physical exercise through a creative artform, acting as an early health intervention which can reduce many physical and mental health risks and encourage older adults to live fuller, longer and more independent lives. Dance is strongly evidenced to be an extremely effective way to improve many different aspects of physical and mental health for older adults for an ageing population, reducing the risk of falls, high blood pressure, obesity, anxiety and depression amongst others. Our Dance for Life participants regularly reported the many benefits for both their physical and mental health, including being physically fitter/able to do more physical activity – eg gardening/walking/other forms of exercise, feeling more confident and less sad, saying, 'I don't think you realize how the group picked me up at a sad time in my life'. One participant also continued to report decreased levels of visceral fat and increased muscle tissue which she solely attributed to attending our classes.</li> <li>• The pandemic continued to impact the lives of many of our older or more vulnerable participants, especially those whose health had deteriorated, or those who were living</li> </ul>
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		<p>with considerably higher levels of anxiety, stress and fear than before the pandemic. Many of our participants were, and still are, shielding or anxious about returning to face to face activities and most had become extremely isolated during the lockdowns and social restrictions which continued to dominate for the first half of the year. Participants therefore relied heavily on the regular Dance for Life classes, not only to maintain/improve their physical strength, fitness and mobility, but also to provide a necessary social interaction. We continued to provide an online alternative for those too vulnerable or unable to return to face to face classes, choose the interfacing platform of Zoom so that we were able to continue to offer both a creative and social approach to dance – using functions such as spotlighting, pinning, and breakout groups so that participants could work together as they would in a face-to-face class. We also provided social time at the end of both face to face and online classes so that participants can build relationships and peer support networks, even hosting an online Christmas lunch. Participants called these interventions ‘a lifeline’. They showed us that social connection is as valuable as physical activity for the communities we support, and so we are committed to providing social opportunities as part of all our work, and to use dance to create connections between people, even in very simple ways such as getting people to smile at someone across the room from them as part of a warm-up. For more vulnerable or isolated participants, these</p>
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		<p>activities were the only time they met others during the week - one participant called her Dance for Life group 'my family'.</p> <ul style="list-style-type: none"> <li>● Covid-19 also gave us a greater than ever awareness of people's differing needs in the wider community, and this call for flexible and varied responses to those needs actually became stronger as we slowly tried to emerge from the pandemic. As a large proportion of the population 'moved on' from Covid, many vulnerable and older people were still affected and trapped within a need to protect themselves – a fact exacerbated by the lifting of restrictions such as face coverings and social distancing. Many were anxious about leaving their homes and being in face-to-face situations. This led to us developing a flexible and responsive provision model which we piloted through our You Can Dance! project and which we will develop with support from The Community Fund, offering a range of access points (beginning with a home dance programme), progression routes for people at different stages tailored, individual support, and a continued hybrid model of online/face-to-face provision. We have needed to increase our support for people to be able to engage in our regular classes, and respond to needs in more varied ways. This has ranged from welfare checks, to pre-class phone calls to reassure/check in with more nervous participants, to increasing individual support within a session to accommodate a greater range of physical or emotional needs. One regular participant said, 'Your encouragement and enthusiasm</li> </ul>
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		<p>makes us all believe we can do it all every time’.</p> <ul style="list-style-type: none"> <li>● Our work has also created a positive ripple effect into the wider community. Our regular participants reported that the increased social confidence and greater physical strength they gained from attending our classes has motivated them to engage with their local communities, by attending other activities, helping others, or contributing to other projects. For example, participants in our Abingdon Dance for Life group spontaneously visited another participant who had missed a number of sessions due to illness, leading them through some of the ideas we had been working on in class, and encouraging them to create their own responses through movement, which were then incorporated into the group’s work in the following session. Many of our participants volunteered to become actively involved in distributing our You Can Dance! packs to more vulnerable and isolated older adults in their local community.</li> <li>● Our work benefited the wider community in other ways, including reducing pressure/costs for the NHS and other services. One of our Dance for Life participants said “I get more benefit than I ever got from physiotherapy... I really feel projects like this save the NHS money as it is so good to older people and those recovering from some illnesses”. Our classes and projects also provided choices and opportunities for care-givers – for some participants who attended classes with their caregiver, our work offered the opportunity to spend creative time together led by</li> </ul>
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		<p>someone else, allowing them the freedom to re-connect and re-discover aspects of their relationship which have maybe been lost in the everyday setting of life. For other participants, our work offered respite time for the caregiver either by attending the class themselves or having free time while their partner attends.</p> <ul style="list-style-type: none"> <li>• Our work also benefited participants and the wider community by communicating important social messages. As well as being a creative way to connect people suffering from isolation and loneliness, this was part of the impetus behind our digital lockdown project, Creative Conversations. We wanted to show the experiences of extreme isolation, fear and loneliness being lived by older and vulnerable communities, which weren't being widely reported in the media at the time.</li> </ul>
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### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Achievements against objectives set	Para 1.41	<p><b>A) Artistic Development Objectives</b></p> <p><b>1) Develop regular &amp; sustainable opportunities for people to dance together –</b> a total of 146 regular dance sessions across the county were delivered during the year through our Dance for Life and You Can Dance! programmes.</p> <p><b>2) Grow our reach &amp; widen our participant and audience base –</b> we reached a total of 47 new participants through the Dance for Life,</p>

		<p>You Can Dance! and Tea Talks projects, distributed a total of 124 home packs across the county, and showed our lockdown film, Creative Conversations to a total of 60 people (live and 32 online audiences).</p> <p><b>3) Challenge our creativity and develop our artistic vision</b> – we worked with a poet, film maker and participants to create and show the digital dance work Creative Conversations. This is the first time we have collaborated with participants and artists from other disciplines.</p> <p><b>B) Organisational Development Objectives</b></p> <p><b>1) Diversify our income streams and seek more sustainable, long-term funding</b> – we successfully applied for 3 year funding from the Community Fund totalling £188,000, with £2,730 in match funding from Bicester Village and the Vale of White Horse District Council, for artistic programmes and organisational development beginning in January 2023.</p> <p><b>2) Build capacity for delivering our work</b> – we worked in partnership with Oxford City Council to develop a training and mentoring application to Arts Council England, to be submitted in December 2022.</p>
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

	SORP reference	
Review of the charity's financial position at the end of the period	Para 1.21	Just becoming a charity Dance Creative has met its financial objectives for the year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Holding a small reserve, ensuring running costs can be met and all other funds are allocated to spend on charitable activities.
Amount of reserves held	Para 1.22	£1,624.00
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
The charity's principal sources of funds (including any fundraising)	Para 1.47	Dance Creative charitable funding is received through public funded grants, trusts and foundations. In addition funds have been raised through earned income and donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:	SORP reference	
Type of governing document (trust deed, royal charter)	Para 1.25	Articles of Association
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Limited by Guarantee
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Elected by board vote

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	DANCE CREATIVE
Other name the charity uses	
Registered charity number	119309
Charity's principal address	DANCE CREATIVE 149 RAVENCROFT BICESTER OX266YF

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ANGELA CONLAN			
2	CAROLE SCOTT		28/11/2022	
3	DONNA NEWTON			
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## Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information

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# Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Donna Newton

Full name(s) DONNA LOUISE NEWTON

Position (eg Secretary, Chair, etc) TRUSTEE

Date 25/3/2023

**DANCE CREATIVE****INCOME AND EXPENDITURE ACCOUNT FOR YEAR ENDED 31 AUGUST 2022**

		<b>2022</b>
		£
<b>INCOME</b>		
Fees and Donations		12,739
Grants		20,223
<b>TOTAL INCOME</b>		<b><u>32,961</u></b>
<b>EXPENDITURE</b>		
Artists Fees	23,492	
Filming	3,210	
Training	167	
Administration and Management	1,189	
Venue Hire	1,675	
Insurance	291	
Music Licence	319	
Bank Charges	46	
Sundries	949	
	<u>          </u>	
		<u>31,338</u>
<b>NET (DEFICIT)/SURPLUS OF INCOME OVER EXPENDITURE</b>		<b><u>1,624</u></b>
TOTAL FUNDS CARRIED FORWARD		<b><u><u>1,624</u></u></b>

# DANCE CREATIVE

## BALANCE SHEET AS AT 31 AUGUST 2022

	2022
	£
<b>CURRENT ASSETS</b>	
Cash at Bank	<u>6,689</u>
<b>CURRENT LIABILITIES</b>	
Deferred Income	<u>5,065</u>
<b>NET CURRENT ASSETS</b>	<u><u>1,624</u></u>
<b>REPRESENTED BY</b>	
Designated Funds	<u><u>1,624</u></u>

## **Independent Examiner's Report to the Trustees/Members of Dance Creative**

I report on the accounts of the Trust for the year ended 31st August 2022, which are set out on pages 1 to 2.

### **Respective responsibilities of the trustees and members.**

As trustees of Dance Creative you are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the trustees and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs Sarah Cooper, ACMA

8 Priestwell Court, East Haddon, Northants. NN6 8BT.

14<sup>th</sup> December 2022