

DANCE BODY WISDOM

England & Wales · Charity number 1196289

Details

Status Registered

Legal form CIO

Registered 2021-10-27

Register [View on the Charity Commission register](#)

Contact

Address 6 Kings Lane
Sutton
SM1 4PG

Phone 07786961523

Email dancebodywisdom@gmail.com

Activities

Objects: 1. TO PRESERVE AND PROTECT GOOD HEALTH BY PROVIDING OPPORTUNITIES TO PARTICIPATE IN BIODANZA, A FORM OF DANCE CAPABLE OF HAVING A BENEFICIAL IMPACT UPON PHYSICAL AND MENTAL HEALTH AND WELLBEING. 2. TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTEREST OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION, INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE, IN PARTICULAR OF DANCE KNOWN AS BIODANZA.

Activities: Dance, movement with music for mental health

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31		£0	£229	-
2024-05-31	£1,023		£428	-
2023-05-31	£0		£0	-
2022-05-31	£0		£0	-

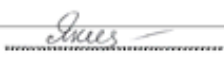

Trustees

Name	Role	Appointed
Paul Fielding	Chair	2021-10-21
Larisa Yakimova		2021-10-21
Theresa Jones		2021-10-21

DANCE BODY WISDOM

England & Wales - Charity number 1196289

Accounts

Dance Body Wisdom			Charity Number		1196289
Receipts and Payment Account					
For the Year ended 31st May					
	Unrestricted		Restricted	Total	Total
	Funds		Funds	Funds	Funds
	£		£	£	£
Income					
Grant Income		0.00	0.00	0.00	0
Membership Fees		0.00	0.00	0.00	270
Fundraising		0.00	0.00	0.00	753
Other Donations		0.00	0.00	0.00	0
Bank Interest		0.00	0.00	0.00	0
Total Income		0.00	0.00	0.00	1,023
Expenditure					
Project delivery		229.00	0.00	229.00	370
Hall Hire		70.00	0.00	70.00	45
Resources		0.00	0.00	0.00	0
Equipment		0.00	0.00	0.00	0
Volunteer Expenses		0.00	0.00	0.00	65
Administration		0.00	0.00	0.00	51
Printing & Publicity		0.00	0.00	0.00	64
Other		0.50	0.00	0.50	0
Total Expenses		299.50	0.00	299.50	595
Surplus / (Deficit) for the year		-299.50	0.00	-299.50	428
		=====	=====	=====	=====
Fund Brought Forward	2024	428.30	0.00	428.30	0
Transfer to Unrestricted		0.00	0.00	0.00	0
Fund Carried Forward	2025	128.80	0.00	128.80	428
		=====	=====	=====	=====
Balances					
			Funds		
			Balances on Restricted Funds		
Balance Brought Forward			Grant funds		0.00
Funds in Bank		428.30			
Total Brought forward		428.30	Total Restricted C/F		0.00
Surplus / (Deficit) for the year					
		-299.50	Free reserves Carried Fwd		128.80
Balance Carried Forward		128.80	Balance Carried Forward		128.80
Approved by the Trustees on27 March 2026.....					
and signed on behalf of Dance Body Wisdom					
	Signature		Management Committee member	Trustee	
	Signature		Management Committee member	Trustee	

DANCE BODY WISDOM

England & Wales - Charity number 1196289

Accounts

Dance Body Wisdom

Charity Number 1196289

Receipts and Payment Account For the Year ended 31st May

	2024		2023	
	Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Income				
Grant Income	0.00	0.00	0.00	0
Membership Fees	270.00	0.00	270.00	0
Fundraising	753.00	0.00	753.00	0
Other Donations	0.00	0.00	0.00	0
Bank Interest	0.00	0.00	0.00	0
Total Income	1,023.00	0.00	1,023.00	0
Expenditure				
Project delivery	370.00	0.00	370.00	0
Hall Hire	45.00	0.00	45.00	0
Resources	0.00	0.00	0.00	0
Equipment	0.00	0.00	0.00	0
Volunteer Expenses	65.00	0.00	65.00	0
Administration	51.00	0.00	51.00	0
Printing & Publicity	64.00	0.00	64.00	0
Other	0.00	0.00	0.00	0
Total Expenses	595.00	0.00	595.00	0
Surplus / (Deficit) for the year	428.00	0.00	428.00	-
Fund Brought Forward 2022	0.00	0.00	0.00	0
Transfer to Unrestricted	0.00	0.00	0.00	
Fund Carried Forward 2023	428.00	0.00	428.00	0

Balances


Balance Brought Forward	
Funds in Bank	0.00
Total Brought forward	0.00
Surplus / (Deficit) for the year	428.00
Balance Carried Forward	428.00

Funds

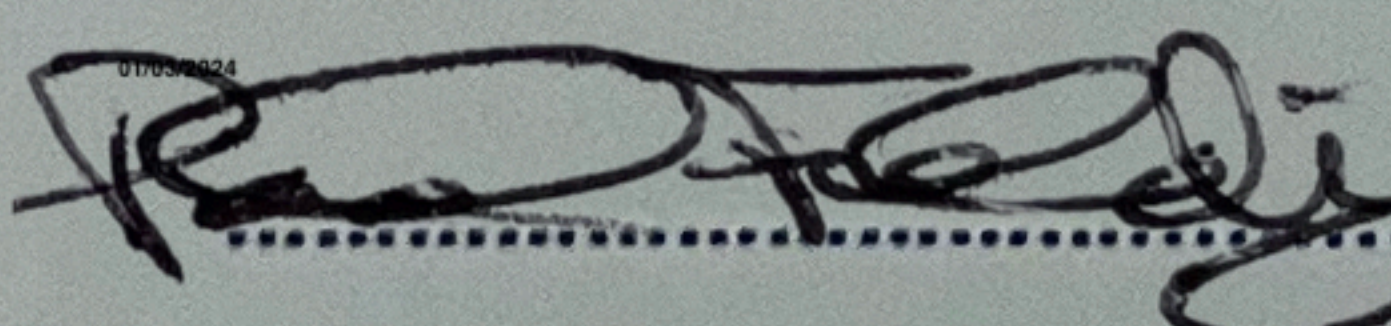
Balances on Restricted Funds

Grant funds	0.00
Total Restricted C/F	0.00
Free reserves Carried Fwd	428.00
Balance Carried Forward	428.00

Approved by the Trustees on 01/03/2024
and signed on behalf of Dance Body Wisdom

 Signature

Management Committee member Trustee

 Signature

Management Committee member Chair

DANCE BODY WISDOM

England & Wales - Charity number 1196289

Accounts

Receipts and Payment Account
For the Year ended 31st May

		2023	2022
	Unrestricted Funds £	Restricted Funds £	Total Funds £
Income			
Grant Income	0.00	0.00	0.00
Fundraising	0.00	0.00	0.00
Other Donations	0.00	0.00	0.00
Bank Interest	0.00	0.00	0.00
Total Income	0.00	0.00	0.00
Expenditure			
Project delivery	0.00	0.00	0.00
Insurance	0.00	0.00	0.00
Resources	0.00	0.00	0.00
Equipment	0.00	0.00	0.00
Volunteer Expenses	0.00	0.00	0.00
Administration	0.00	0.00	0.00
Printing & Publicity	0.00	0.00	0.00
Other	0.00	0.00	0.00
Total Expenses	0.00	0.00	0.00
Surplus / (Deficit) for the year	0.00	0.00	0.00
Fund Brought Forward 2022	0.00	0.00	0.00
Transfer to Unrestricted	0.00	0.00	0.00
Fund Carried Forward 2023	0.00	0.00	0.00

Balances

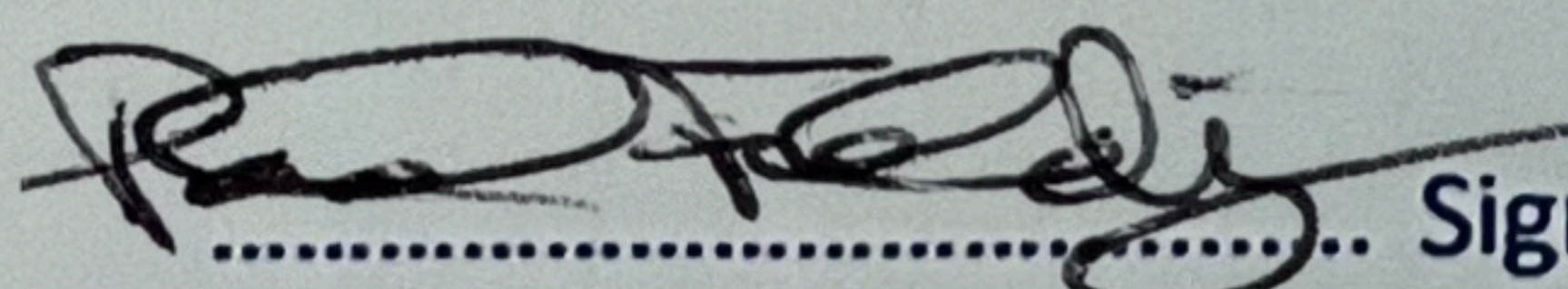
Balance Brought Forward	
Funds in Bank	0.00
Total Brought forward	0.00
Surplus / (Deficit) for the year	0.00
Balance Carried Forward	0.00

Funds

Balances on Restricted Funds

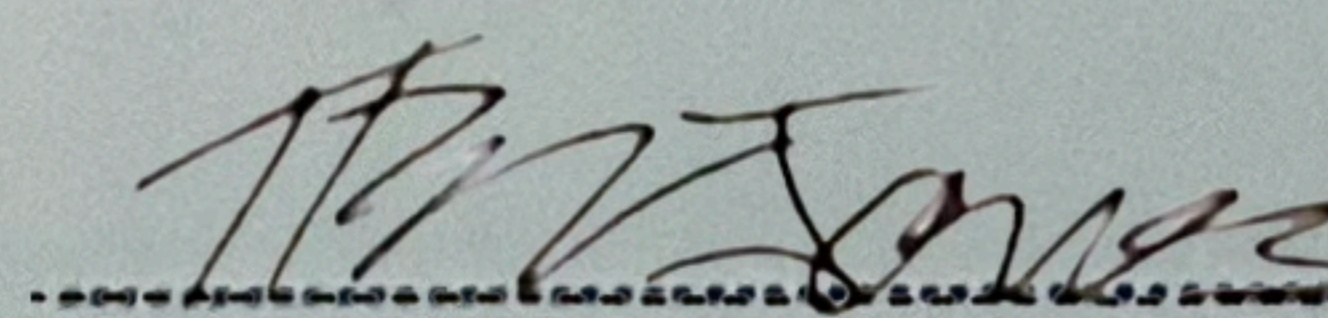
Grant funds	0.00
Total Restricted C/F	0.00
Free reserves Carried Fwd	0.00
Balance Carried Forward	0.00

Approved by the Trustees on 06/03/2023
and signed on behalf of Dance Body Wisdom

 Signature

Management Committee member

Chair

 Signature

Management Committee member

Trustee

DANCE BODY WISDOM

England & Wales - Charity number 1196289

Accounts

Receipts and Payment Account

for the Period from 27th October 2021 to 31st of May 2022

2022

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Income			
Grant Income	0.00	0.00	0.00
Other	0.00	0.00	0.00
Total Income	0.00	0.00	0.00
Expenditure			
Other	0.00	0.00	0.00
Total Expenses	0.00	0.00	0.00
Surplus / (Deficit)	0.00 =====	0.00 =====	0.00 =====
Fund Brought Forward	2021 0.00	0.00	0.00
Transfer from Unrestricted	0.00	0.00	0.00
Fund Carried Forward	2022 0.00 =====	0.00 =====	0.00 =====

Balances

Funds

Balance Brought Forward		Restricted Funds	
Funds in Bank	0.00	Grant funds	0.00
Total Brought forward	0.00	Total Restricted C/F	<u>0.00</u>
Excess expenditure for the Year	<u>0.00</u>	Free reserves C/F	<u>0.00</u>
Balance Carried Forward	<u><u>0.00</u></u>	Balance C/Forward	<u><u>0.00</u></u>

This is the first period for this Charity, there was no activity, no income or expenditure.


Approved by the Trustees on 31 March 2023

 and signed on behalf of Dance Body Wisdom

 Signature

Management Committee member

Paul Fielding (Chair)

 Signature

Management Committee member

Larisa Yakimova (Treasure)
