

Registered Charity No: 1196232

COMMUNITIES FOOD & WELLBEING HUB
(A Charitable Incorporated Organisation)

Annual Report and Financial Statements

For the year ended

31 October 2024

**COMMUNITIES FOOD
& WELLBEING**



COMMUNITIES FOOD & WELLBEING HUB
TRUSTEE'S ANNUAL REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

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COMMUNITIES FOOD & WELLBEING HUB
TRUSTEE'S ANNUAL REPORT
FOR THE YEAR ENDED 31 OCTOBER 2024

The Trustees of Communities Food & Wellbeing Hub present their report and financial statements for the year ended 31 October 2024.

Reference and Administrative Information

Charity name:	Communities Food & Wellbeing Hub		
Charity registration no:	1196232		
Principal address:	Fearon Hall Community Association Fearon Hall Rectory Road Loughborough Leicestershire LE11 1PL		
Board of Trustees:	Annette Kenningham Orlando Cole Vincent Halliday Derek Rawle Diana Esho Maureen Bromwell		
			Resigned 22/01/2025 Appointed 05/02/2025
Independent Examiner:	Beeston-Clarke Accountants 92 Gladstone Street Winsford Cheshire CW7 4AZ		
Bankers:	Barclays Bank plc 1 Churchill Place Canary Wharf London E14 5HP		

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Structure, Governance, and Management

Communities Food & Wellbeing Hub is a Charitable Incorporated Organisation, and was registered on 21st October 2021 with the Charity Commission under the number 1196232.

The trustees of the charity are set out on page 2. They meet on a regular basis and have ultimate control over the affairs of the charity.

Objectives and Activities, Achievements and Performance

Charitable objects

The objects of the CIO, which are for the public benefit and to be carried out in Leicester and such other parts of the east midlands and the UK as the trustees shall determine, are:

(1) the prevention or relief of poverty through the operation of foodbank(s) offering food, essential items and linked support, services and advice to individuals and families in financial need.

(2) the preservation and protection of good health and wellbeing through the provision of seminars, workshops and literature regarding, in particular but not exclusively, covid-19 and hygiene awareness, physical and mental fitness, healthy eating and nutrition.

The Board of Trustees' Report for the year ended 31st October 2024

On behalf of Communities Food and Wellbeing Hub CIO, the Board of Trustees would like to take this opportunity to express their sincere thanks to each and every one of our founders, families, individuals, volunteers, health and various professionals, sponsors, grant donors, institutions, centres and communities that have encouraged, grown and supported Communities Food and Wellbeing Hub CIO throughout its first few years of operation.

The feedback from the communities we serve continues to be extremely appreciative and positive. We continue to support vulnerable school families, serving 3 additional schools, Leicestershire Partnership Trust, the over 65s, individuals struggling with the impacts that the cost of living challenge, redundancies, chronic diseases has on food security, emotional wellbeing and inequalities in health through 2024.

Below is a sample of some of impact responses to our school holiday hunger & wellbeing packages, food-health-wellbeing programmes, over 65s socials, Walk with GP Talks, One-Stop Health & Wellbeing events, Tai Chi and allotment socials through this year:

Ash Field Academy

The food parcel offer at Ash Field is growing from strength to strength, supporting our whole community during difficult financial times. The accommodation of different types of food parcels is valuable for our diverse community and the consideration of toiletries is a lovely added item in the parcel.

I encourage any funders or donators to continue to do so as each and every one of our parcels is needed and gratefully received.

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New College

On behalf of myself and everyone at New College Leicester, thank you so very much for the vast amount of food parcels and warm gifts that arrived to us this afternoon.

You have no idea how much your kindness will mean to so many of our children and their families this Christmas.

Rushey Mead Academy

Thank you so much for your kind generosity, our students will be so grateful.

Avenue Primary School

The food packages have been very well received and much appreciated by many members of our community. One parent said to me ' you do not understand how grateful I am and how much this helps.'

As always, the communication from Andy is superb! The parcels are delivered on time and are well organised and various dietary requirements are easily identifiable.

Our school is truly grateful for the support from Communities Food and Wellbeing Hub and we hope to continue to work together.

Ellesmere College

Thanks for organising this. It's such a lovely thought to be able to direct to which families would benefit at school.

Thank you so much for doing something meaningful.

On behalf of Ellesmere College: everyone was so grateful and very thankful.

Parent feedback

Thanks so much for all the help particularly during these difficult times

These food parcels are a godsend - really appreciated. Many thanks

Thank you for your donation. The ongoing price increases have made getting the basic food items even harder. We are very grateful.

Thank you all so much, I appreciate all the help and am so very grateful in these difficult times.

Many thanks for your kindness and generosity

Love and gratitude. This will make life so much easier over the holidays. Thank you so much... The world can be a better place with kindness.

Feedback for Social Health & Wellbeing programmes, Loughborough

Creating and delivering our GP-developed inclusive neighbourhood health & wellbeing themed events is proving extremely popular, with in-person audiences up to 200.

Communities Food and Wellbeing Hub will continue to seek sponsorship and partnership to extend this programme's impact.

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We are extremely aware of heightening requests for our One-Stop events, Health and Wellbeing programme content and nutrition-wellbeing support packages, having been approached to deliver our services in Leeds, across multiple areas of high deprivation index across Leicestershire by Neighbourhood Mental Health Leads, School Safeguarding, Family and Welfare Leads and Primary Care Network Peer Support Worker (Leicester) in addition to Fearon Hall (Loughborough).

Communities Food and Wellbeing Hub is passionate in extending inclusive access to life saving health and wellbeing education, indoors and in nature. We have stepped up to improving access to health inclusive education and in partnership with Heartwise and match-funding from London Hearts, we have fitted 3 new external wall Automated External Defibrillators (AEDs) in communities of high deprivation index and together trained 186 individuals in Cardiopulmonary Resuscitation and using AEDs across Leicester and Loughborough. This is what are guest have feedback:

'The sessions are incredibly beneficial, offering valuable insights & techniques for enhancing both physical & mental wellbeing. The goodie bags were a delightful surprise & testament to your attention to detail. Each item included was not only useful but also reflective of care & thoughtfulness put into creating them. The sessions have made a significant impact on my overall wellbeing. I am truly thankful. It is evident that you are dedicated in promoting wellness & creative supportive environment.'

'I think today was very thought provoking. Good advice was given'

'The talks and discussions were very useful and helped us to think about important matters'

'I enjoyed the group, learn many things, excellent experience and social'

'Very good explanation. Good speaker. Understand stress a lot more. Understand anxiety a lot more. Talked about relaxation methods, will do next time and record session'

'I enjoyed the session and discussion; it was very understandable and helpful. I think it was excellent.'

'Very organised. Good understanding of stress'

Feedback from Art4Wellbeing programmes Loughborough

'Takes your mind off the worries and stresses'

'Enjoyed the art and social side too'

'Loved helping with the food and doing the art'

'A great distraction from problems and friendly group'

'Therapeutic and restful'

'Great to be a part of the group. Enjoying helping with it as well as the art.'

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Feedback from Digital Wellbeing programmes Leicester

Communities Food and Wellbeing Hub recognises the transformative potential of possessing digital skills to maintain independence, access information and navigate systems. We continue to work in partnerships such as with JustAsk, Digital Health, Leicester Adult Education, to provide our volunteers with the skills to safely support guests in their first steps towards digital inclusion relating to health and wellbeing. This is a sample of guest feedback:

'Excellent. We went through the installation and use of the NHS App with ease.'

'I found this session a great help and look forward to 'having a go'. Thank you.'

'Very helpful thank you, it's not as hard as I thought '

'Thank you for Lydia's help to log on the NHS APP. I am sure it will be beneficial for the future'

'Learnt a lot. Thank you'

Feedback from Medical Student Attachment with Communities Food and Wellbeing Hub

In alignment with the vision of The King's Fund and the NHS 10 Year Plan, Communities Food and Wellbeing Hub, firmly believes in the benefits of integrated, neighbourhood collaboration in delivering access to preventative lifestyle medicine to all who may benefit. In this regard, we host medical students to broaden their formative medical education and are keen to provide future opportunities with forward solution delivery partners. Impact feedback has been very positive and below is an example:

'Thank you for hosting Zack and me this month. You are an inspiring doctor... care for the community and go above and beyond for other people.'

'I had such a good time this month and have learned so much. There is such a huge difference between learning from lectures about health versus seeing and interacting with real life patients.'

'I'm really excited to get started with my fourth year ... but these Thursday afternoons were truly the highlight of my academic year and will be tough to beat...' - Third Year Medical Student.

Thank you sponsors and funders:

Communities Food and Wellbeing Hub CIO is extremely thankful to have been awarded restricted grants and unrestricted funding by community donors, Getting Help Into Neighbourhoods Grant, Leicestershire Partnership NHS Trust Mental Health Winter Pressures Grant, Reaching People Grant, Charnwood Council, Severn Trent, Leicestershire Rutland Community Foundation, London Hearts, Charnwood Community Grant, Neighbourhood Mental Health Prevention & Resilience Grant, SHIRE Community Grant, Utilita Giving, Growing Communities Grant Scheme, The Albert Hunt Trust, Screwfix Foundation, National Grid Community Matters Fund (completed by October 24), McCarthy Stone Foundation, St James Place Foundation, Rotary Club of Leicester, Tesco, East Midlands Cancer Alliance, Advancing Cancer Equity Fund, Barclays Bank, Mattioli Woods,

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ASDA Foundation, Leicestershire Rutland Community Foundation Environmental Community Grant and Samworth Brothers Community Foundation.

We are extremely appreciative of being invited to continue these sessions supported by the GHIN 25-26 team for the next 2 years.

We are absolutely thrilled to have received funding in and work alongside Samworth Brothers Community Fund to develop phase one of our youth supporting, nature based educational nutrition & wellbeing hub. Planning has started and we look forward to delivering this resource to help many more members of this city community.

The range of individuals being helped and attending sessions now include carers, those with dementia, struggling financially, worried about the range of life challenges, young carers and chronic health issues. Your funding and support enables us to continue delivering programmes and develop environments of support to address inequalities of food, health and wellbeing security, social and wellbeing programmes for the over 65s population, youngsters, to create wellbeing allotments and work in partnership with Bridge Street Medical Practice, JustAsk, Active Charnwood, Vita Health, RVS and more in the provision of community digital, social, health and wellbeing resources. Thank you so much for all your generosity.

Awards

Communities Food and Wellbeing Hub received the Best Holistic Charity in Midlands Award, 2024 Acquisitions International, reflecting the work of the charity as a model for working together as part of an integrated approach to improve outcomes for vulnerable and disadvantaged individuals/families in Loughborough and Leicester, Midlands, UK. Communities Food and Wellbeing Hub Nominated & Finalist for The Severn Trent Water NeighbourGOOD Scheme, 2024:

https://www.stwater.co.uk/content/dam/stw/about_us/community-fund/st-community-fund-annual-review-2024-25.pdf

Communities Food and Wellbeing Hub was nominated for Community Organisation of the Year, Furnley House Community Champions Award 2023.

Communities Food and Wellbeing Hub CIO received a certificate of appreciation and thanks, which was presented by Lord Mayor of Leicester Councillor Deepak Bajaj in March 2022.

Co-Founder, GP, CORE20PLUS5 Ambassador, Midlands and community social health & wellbeing programmes' developer, Dr Annette Kenningham (nee Durant) received: the High Sheriff of Leicestershire Award in recognition of great and valuable services to the community 2021/22; winner of University Hospitals of Leicester, Leicestershire & Rutland, Positive Impact Award - General Practitioner 2024 and Joe Humphries Memorial Trust Special Recognition Runner-Up 2024 Award.

These and the positive impact articulated by our guests, volunteers, partners and communities of what they have learnt, skills developed and their passion to contribute to the positive experience of their wider community, is what continues to demonstrate that Communities Food and Wellbeing Hub is adding value.

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Future Plans

Moving into 2024-2025, Communities Food and Wellbeing Hub is focusing on strengthening neighbourhood, integrated and collaborative partnerships of community steered programmes aiming to improve digital, social, health and wellbeing inclusion associated with flexible, professional access. CFWHub is a Community Wellbeing Champion, part of the Better Mental health for All Network, VCSE Alliance, Charnwood Food Poverty Group, Leicester's Emergency Food Group and The Health Equity Network.

Communities Food and Wellbeing Hub collaborates directly with social prescribers, school wellbeing officers, welfare leads, GPs, consultants, NHS teams, Public Health, Active Together, volunteers from affected backgrounds, local charities such as Age UK, RVS, Reaching People, Rotary Club of Leicester, Samworth Brothers Community Foundation, NEA, schools and businesses across Leicester, Loughborough and Leicestershire are working with us to optimise our connection with vulnerable communities.

Incredibly sponsored by Samworth Brothers Community Fund over the next 3 years, and supported by Leicester City Council, B&Q, Totalmobile, Barclays and volunteers, we will progress of the communities' wellbeing allotment project and with our immense thanks to Samworth Brothers Community Foundation, we are now embarking on the development of a youth nature focused health and wellbeing allotment education hub.

We are extremely appreciative of being invited to continue GP facilitated group consultation sessions supported by the GHIN 25-26 team for the next 2 years. The range of individuals attending sessions are now including carers, those with dementia, struggling financially, worried about the range of life challenges and chronic health issues.

Communities Food and Wellbeing Hub hugely appreciates the continued generosity of awards of restricted grants totalling over £169,000 for 2024/25's budget by Getting Help Into Neighbourhoods Grant (£22,540), Reaching People Grant (£7,500), East Midlands Cancer Alliance (£10,000), St James Place Foundation (£2,500), ASDA Foundation (£1,000), Leicestershire Rutland Community Foundation (LRCF) Randal Charitable Foundation (£3,000), ScrewFix Foundation (£451 carried into 2024/25), Barclays (£500), Severn Trent Core Grant (£20,000), Leicestershire Partnership Trust Mental Health Winter Pressures Grant (£4,000), Community Foundation's ICB Public Engagement Fund (£2,000), Rotary Club of Leicester, B&Q Neighbourly, Charnwood Borough Council, Totalmobile, The Albert Hunt Trust (£1,584 carried into 2024/25), Sports England (£15,000), Samworth Brothers Community Fund (£75,000) to deliver innovative programmes for nutrition, social health and wellbeing security, over 65s wellbeing socials, create phase 1 of youth nature based education hub, GP facilitated Art4Wellbeing sessions and develop a community health and wellbeing resource.

Thank you once again to all our stakeholders, volunteers, employees, donors and individual contributors for your continued support.

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PROJECTS & OUTCOMES 2024

Project	Funder	Location	Impact/Feedback
Community Wellbeing Allotment development & Youth Nature Based Allotment Education Hub	Localgiving – Magic Little Grants £500 LRCF Environmental Community Grant, £3,000 The David Cock Foundation £7,500 Barclays £500 Samworth Brothers Community Foundation 2025 £75,000 awarded over 3 years	Leicester	Ongoing 2024-2025 Fund equipment, plants and materials towards creating allotment Created greenspace disability access and growing spaces with volunteers travelling from across the UK, including from Northern Ireland, Cornwall and Yorkshire New youth focussed community allotment and plans to develop nature based educational hub in unusable area of allotment – work started May 2025
*Over 65s Warm Wellbeing Socials	Reaching People (£33,050) Gay & Peter Hartley's Hillards (£1,000) and McCarthy Stone Foundation (£1,000) Grants Collaboration with Age UK, RVS, Warm & Wise, Parkinsons UK, NEA	Leicester, 1 st Friday of the Month ACC	2024: >700 individuals Music, Lunch, Arts, Crafts, Games & series of professional health, digital & wellbeing support for vulnerable, isolated people 5/5 for positive impact on their wellbeing feedback
Movement for Mental Health & Wellbeing	Collaboration With Active Charnwood, Fearon Hall, RVS, Tai Chi & Lifestyle Medicine GP Facilitators Sports England £15,000 awarded	Leicester & Loughborough	>450 individuals to date participated in weekly Walk and Talk with GP and professionals, Tai Chi and Chat, Seated Exercise with over 65s and active allotment mental health promoting sessions. Continues in 2025 Joe Humphries Memorial Trust Special Recognition Runner-Up 2024 Awarded to Co-Founder

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<p>GP facilitated series of social, health and wellbeing group programmes alongside Art 4 Wellbeing sessions</p>	<p>Getting Help in Neighbourhoods Grant, £20,000</p> <p>Severn Trent Core Grant £20,000</p> <p>SHIRE Grants £5,000</p> <p>Leicestershire Partnership NHS Trust Mental Health Winter Pressures Grant £4,000</p> <p>Partnerships with mental health boosting organisations have grown eg Vita Health, PCL health checks, GPs, enabling struggling guests direct access to reduce barriers of access and knowledge of services for communities also.</p>	<p>Loughborough</p>	<p>Weekly, >500 individuals all positive wellbeing impact</p> <p>CFWH GP & Artist-led group sessions to improve to mental wellbeing linked to social inequality factors, inadequate food access and isolation. Health-informed food packages were provided to disadvantaged individuals</p> <p>Feedback from guests included:</p> <p>'Such a friendly group Enjoyed it'</p> <p>'Really getting into it and improving'</p> <p>'A real tonic. Lifts the spirits'</p> <p>'Very organised. Good understanding of stress'</p> <p>'Very good explanation. Good speaker. Understand stress a lot more. Understand anxiety a lot more. Talked about relaxation methods, will do next time and record session'</p> <p>'I have enjoyed the group with Sheela, her talk was very good, doctor and Ian. The people are very nice, I like coming here on Thursday with art group'</p> <p>'I enjoyed the session and discussion, it was very understandable and helpful. I think it was excellent.'</p> <p>'Helping anxiety & COPD'</p> <p>'Help anxiety, diabetes'</p> <p>'Love coming to this group, learning lots and less lonely'</p> <p>'Easy to understand, friendly, safe environment, learnt such a lot'</p> <p>'The sessions are incredibly beneficial, offering valuable insights & techniques for enhancing both physical & mental wellbeing. The goodie bags were a delightful surprise & testament to your attention to detail. Each item included was not only</p>
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			<p>useful but also reflective of care & thoughtfulness put into creating them. The sessions have made a significant impact on my overall wellbeing. I am truly thankful. It is evident that you are dedicated in promoting wellness & creative supportive environment.'</p> <p>'I think today was very thought provoking. Good advice was given'</p> <p>'The talks and discussions were very useful and helped us to think about important matters'</p> <p>'I enjoyed the group, learn many things, excellent experience and social'</p> <p>'It was nice to realise how much I have in common with people, felt less alone.'</p>
One Stop Community Expos and Nutrition Series.	Charnwood County Council	Loughborough	<p>>150 individuals</p> <p>Community groups to optimise healthy, culturally informed eating on a low budget for disadvantaged, vulnerable and financially disadvantaged individuals over 18years</p> <p>One stop health & wellbeing workshops covering asthma, diabetes, mental health, menopause, digital access, Parkinson's disease, health screening and more</p>
<p>Community Digital Wellbeing Hub created</p> <p>Bridge Street Medical Practice to support underserved digital inclusion & access</p> <p>Weekly GP facilitated group sessions to improve mental wellbeing linked to social inequality factors, inadequate food access and isolation</p>	<p>Neighbourhood Mental health Prevention & Resilience grant, £115,000</p> <p>Charnwood Community Grant, £1,128</p> <p>SHIRE grant, £5,000</p>	<p>Loughborough</p> <p>(in partnership with Bridge Street Medical Practice)</p>	<p>Community Digital Health Hub created to support digital inclusion completed</p> <p>>900 individuals</p> <p>Developed partnership working sessions with Vita Health and Active Charnwood throughout 2024</p>

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Digital Access Coordinator staff cost	SHIRE grant, £5,000	Loughborough	Completed
Family Learning and Wellbeing sessions	In partnership with Leicester Adult Education	Leicester, Wednesday sessions CPR & AED, Mental Wellbeing	>90 upskilled
School Food and Wellbeing Hunger Packages	<p>Reaching People £33,050</p> <p>National Grid Community Matters grant £10,000</p> <p>Utilita Giving £1,750</p> <p>Mattioli Woods £300</p> <p>Rotary Club of Leicester £100</p> <p>Leicester South Foodbank plus In kind support</p>	Leicester & Loughborough schools, referrals from school wellbeing & welfare officers for holiday support to families in need	<p>>4,500 individuals provided with culturally appropriate food packages, wellbeing activities & warm packages</p> <p>'These food parcels are a godsend - really appreciated. Many thanks</p> <p>Thank you for your donation. The ongoing price increases have made getting the basic food items even harder. We are very grateful.</p> <p>Thank you all so much, I appreciate all the help and am so very grateful in these difficult times.</p> <p>Many thanks for your kindness and generosity'</p>
Bespoke GP facilitated community & volunteer AED and CPR workshops	<p>Supported by Heartwise</p> <p>London Hearts</p>	Loughborough & Leicester	<p>3 new external wall Automated External Defibrillators (AEDs) in communities of high deprivation index</p> <p>186 individuals trained in Cardiopulmonary Resuscitation and using AEDs across Leicester and Loughborough. This is what are guest have feedback:</p> <p>'The sessions are incredibly beneficial, offering valuable insights & techniques for enhancing both physical & mental wellbeing. The goodie bags were a delightful surprise & testament to your attention to detail. Each item included was not only useful but also reflective of care & thoughtfulness put into creating them. The sessions</p>

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			have made a significant impact on my overall wellbeing. I am truly thankful. It is evident that you are dedicated in promoting wellness & creative supportive environment.'
Asthma Wellbeing workshop,	Integrated working with GPs, social prescribers, Active Charnwood, Warm Homes & VitaHealth	Loughborough	>40 holistic one stop workshop addressing asthma, housing conditions, budgeting, inhalers, mental wellbeing Request for further collaborative workshop 2025
Winter Warm Packs	Sponsored by National Grid Community Matters Fund £10,000	Leicester & Loughborough	Over 250 warm packs for winter, helping individuals and families to stay warm delivered in 2024 Household Support Fund referrals & Energy Advise sessions delivered with NEA Energy Awareness Training completed by 2 members of the team

Financial Review

The accounts for the year are shown in this annual report.

Our main source of income this year was £138,278 (2023: £133,956) received in restricted grants.

Total income for the year was £150,770 (2023: £134,907).

Total expenditure for the year was £156,328 (2023: £128,279).

Restricted funds held at 31 October 2024 which are to be used for the specific projects they were provided for were £8,644 (2023: £70,751). Unrestricted funds held at 31 October 2024 were £21,977 (2023: deficit of £34,571)

Reserves Policy

The purpose of the reserve policy is to ensure the stability of the mission, programs, employment, and ongoing operations of the organisation. Unrestricted or free reserves are intended to provide an internal source of funds for situations such as a sudden increase in expenses, one-time unbudgeted expenses, unanticipated loss in funding, or uninsured losses. These reserves may also be used for one-time, nonrecurring expenses that will build long-term capacity, such as staff development, research and development, or investment in infrastructure. Reserves are not intended to replace a permanent loss of funds or eliminate

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an ongoing budget gap. It is the intention of The CFHW Foodbank for reserves to be used and replenished within a reasonably short period of time. This policy will be implemented in concert with the other governance and financial policies of The CFHW Foodbank and is intended to support the goals and strategies contained in these related policies and in strategic and operational plans.

Trustee Fees/Expenses - Nil

During the year Bridge Street Medical Practice was paid £31,210 (2023: £27,100) for the provision of mental wellbeing support sessions and project co-ordination - trustee Annette Kenningham is a GP at Bridge Street Medical Practice.

£0 (2023: £8,900) was paid to Easy Internet Services for the development & design of the Wellness Bridge Website - trustee Diana Esho is a director of Easy Internet.

Trustees were reimbursed £0 during the year for expenses incurred (2023: £86)

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Trustees' responsibilities in relation to the Financial Statements

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature



Full name Derek Rawle

Position Treasurer

Date 22 August 2025

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF COMMUNITIES FOOD &
WELLBEING HUB**

FOR YEAR ENDED 31 OCTOBER 2024

I report to the trustees on my examination of the accounts of Communities Food & Wellbeing Hub for the year ended 31 October 2024, which are set out on pages 17 to 20.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) that accounts do not accord with those records; or
- (3) that accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephanie Beeston-Clarke FCCA
Beeston-Clarke Accountants
Chartered Certified Accountants
92 Gladstone Street
Winsford
Cheshire
CW7 4AZ



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26 August 2025

Communities Food & Wellbeing Hub

Receipts & Payments Account
for the year ended
31 October 2024

RECEIPTS	Note	<u>2024</u>			<u>2023</u>		
		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
		£	£	£	£	£	£
Donations		3,594	-	3,594	800	-	800
Grants		20,000	118,278	138,278	-	133,956	133,956
Fundraising Income		-	-	-	151	-	151
Sales		8,898	-	8,898	-	-	-
Total receipts		32,492	118,278	150,770	951	133,956	134,907
PAYMENTS	1						
		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
		£	£	£	£	£	£
Direct Costs		5,908	91,737	97,644	12,728	86,920	99,648
Overheads		8,639	50,045	58,684	8,738	19,760	28,498
Governance		-	-	-	-	133	133
Total payments		14,547	141,782	156,329	21,466	106,813	128,279
Net receipts/(payments)		17,945	(23,504)	(5,558)	(20,515)	27,143	6,627
Transfers between funds		38,603	(38,603)	-	(14,506)	14,506	-
Cash funds @ 31.10.2023		(34,571)	70,751	36,179	450	29,102	29,552
Cash funds @ 31.10.2024	2	21,978	8,644	30,621	(34,571)	70,751	36,179

Communities Food & Wellbeing Hub

Statement of Assets and Liabilities
as at 31 October 2024

	<u>2023</u>			<u>Restated 2022</u>		
	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	£	£	£	£	£	£
CASH FUNDS						
Bank & Cash	21,977	8,644	30,621	(34,571)	70,750	36,179
Total Cash funds	21,977	8,644	30,621	(34,571)	70,750	36,179
ASSETS						
Office Equipment	-	909	909	-	909	909
Computer Equipment	986	-	986	986	-	986
Total Funds	22,963	9,553	32,516	(33,585)	71,659	38,074
LIABILITIES						
Accountancy & Independent Examination	1,584	-	1,584	1,440	-	1,440
Total Liabilities	1,584	-	1,584	1,440	-	1,440

The receipts & payments accounts were approved by the Trustees on 22 August 2025
and were signed on their behalf by:



Derek Rawle
Treasurer & Trustee

Communities Food & Wellbeing Hub

Notes to the Receipts & Payments Accounts
for the year ended
31 October 2024

1. Detailed Receipts & Payments Account

	<u>2024</u>			<u>2023</u>		
RECEIPTS	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	£	£	£	£	£	£
Income						
Donations	3,594	-	3,594	800	-	800
Grant income	20,000	118,278	138,278	-	133,956	133,956
Fundraising income	-	-	-	151	-	151
Sales	8,898	-	8,898	-	-	-
Total receipts	32,492	118,278	150,770	951	133,956	134,907
PAYMENTS						
Direct Costs						
Salaries	-	4,981	4,981	8,187	8,883	17,070
Contractor Fees	3,462	13,763	17,225	1,781	2,121	3,902
Purchases - Catering	10	6,199	6,209	504	3,537	4,041
Purchases - Food Supplies	1,241	29,366	30,607	1,959	16,391	18,350
Website Development	-	516	516	-	7,100	7,100
Redecoration Works	-	-	-	-	19,883	19,883
Consumables	800	4,547	5,347	15	1,275	1,290
Event Entertainment/Classes	395	32,365	32,760	283	27,730	28,013
	5,908	91,737	97,644	12,728	86,920	99,648
Overheads						
Staff Training	(26)	272	246	114	181	295
Subscriptions	214	356	570	351	1,330	1,681
Telephone & Internet	221	950	1,171	223	294	517
Travel	(148)	3,152	3,004	466	1,641	2,108
Repairs & Maintenance	5,470	9,452	14,922	-	-	-
Equipment	514	13,295	13,809	512	586	1,098
IT Equipment	-	4,285	4,285	-	3,317	3,317
Advertising & Marketing	988	523	1,511	3,033	570	3,603
Audit & Accountancy Fees	-	1,440	1,440	700	-	700
Bank Fees	4	-	4	-	0	0
Disclosure & Barring service	-	580	580	150	272	422
General Expenses	-	218	218	52	213	265
Insurance	-	919	919	386	448	834
Subsistence	-	-	-	15	243	257
Printing & Stationery	-	83	83	234	1,174	1,407
Postage	-	1,768	1,768	-	-	-
IT Software and Consumables	-	300	300	218	361	580
Rent & Room Hire	1,281	10,519	11,800	1,922	7,418	9,340
Bookkeeping	122	1,933	2,055	363	1,712	2,075
Trustee Meeting Expenses	-	-	-	-	133	133
	8,639	50,045	58,684	8,738	19,893	28,631
Total payments	14,547	141,782	156,329	21,466	106,813	128,279
Net receipts/(payments)	17,945	(23,504)	(5,558)	(20,515)	27,143	6,627

Communities Food & Wellbeing Hub

**Notes to the Receipts & Payments Accounts
for the year ended
31 October 2024**

2. Funds analysis

	B/fwd 1 November 2023	Income	Expenditure	Transfers	C/fwd 31 October 2024
Restricted funds					
NHS Leicester, Leicestershire & Rutland	-	20,000	18,312		1,688
National Garden Scheme	3,771	-	3,771		-
Reaching People	3,849	27,650	31,432		67
Leicestershire County Council	5,000	-	4,981	19	(0)
Leicestershire County Council	57,753	40,000	59,157	38,596	-
Hillards Charitable Trust	377	-	377		-
Albert Trust	-	3,000	1,425		1,575
Charnwood Borough Council	-	1,128	1,128		-
The David Cock Foundation	-	7,500	7,050		450
National Grid	-	10,000	9,684		316
McCarthy Stone Foundation	-	1,000	1,031	(31)	0
ScrewFix Foundation	-	5,000	451		4,549
Leicestershire & Rutland Community Foundation	-	3,000	2,981	19	-
	70,751	118,278	141,782	38,603	8,644
Unrestricted funds					
Unrestricted Funds	(34,571)	32,492	14,548	(38,603)	21,977
	(34,571)	32,492	14,548	(38,603)	21,977
Total funds	36,180	150,770	156,329	-	30,621

During the year it came to light that expenditure allocated to unrestricted funds in the previous year should have been classified as restricted and were in relation to funds spent on the Neighbourhood Mental Health Prevention Grant from Leicestershire County Council. This has now been corrected in the current year as a transfer of funds and the grant fully spent.