

Registered Charity No: 1154552

COMMUNITIES FOOD & WELLBEING HUB
(A Charitable Incorporated Organisation)

Annual Report and Financial Statements

For the year ended

31 October 2023

**COMMUNITIES FOOD
& WELLBEING**



COMMUNITIES FOOD & WELLBEING HUB
TRUSTEE'S ANNUAL REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

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COMMUNITIES FOOD & WELLBEING HUB
TRUSTEE'S ANNUAL REPORT
FOR THE YEAR ENDED 31 OCTOBER 2023

The Trustees of Communities Food & Wellbeing Hub present their report and financial statements for the year ended 31 March 2023.

Reference and Administrative Information

Charity name:	Communities Food & Wellbeing Hub		
Charity registration no:	1196232		
Principal address:	Fearon Hall Community Association Fearon Hall Rectory Road Loughborough Leicestershire LE11 1PL		
Board of Trustees:	Annette Kenningham		
	Orlando Cole		
	Vincent Halliday		
	Derek Rawle		
	Diana Esho	Appointed 10/03/2023	
	Max Williams	Resigned 01/04/2023	
Independent Examiner:	Beeston-Clarke Accountants 242 Leicester Road Markfield LE67 9RG		
Bankers:	Barclays Bank plc 1 Churchill Place Canary Wharf London E14 5HP		

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Structure, Governance, and Management

Communities Food & Wellbeing Hub is a Charitable Incorporated Organisation, and was registered on 21st October 2021 with the Charity Commission under the number 1196232.

The trustees of the charity are set out on page 2. They meet on a regular basis and have ultimate control over the affairs of the charity.

Objectives and Activities, Achievements and Performance

Charitable objects

The objects of the CIO, which are for the public benefit and to be carried out in Leicester and such other parts of the east midlands and the UK as the trustees shall determine, are:

- (1) the prevention or relief of poverty through the operation of foodbank(s) offering food, essential items and linked support, services and advice to individuals and families in financial need.
- (2) the preservation and protection of good health and wellbeing through the provision of seminars, workshops and literature regarding, in particular but not exclusively, covid-19 and hygiene awareness, physical and mental fitness, healthy eating and nutrition.

The Board of Trustees' Report for the year ended 31st October 2023

On behalf of Communities Food and Wellbeing Hub CIO, the Board of Trustees would like to take this opportunity to express their sincere thanks to each and every one of our founders, families, individuals, volunteers, health and various professionals, sponsors, grant donors, institutions, centres and communities that have encouraged, grown and supported Communities Food and Wellbeing Hub CIO throughout its first years of operation.

The feedback from the community has been incredibly positive and we will continue to support school families, the over 65s, individuals struggling with the impacts that the cost of living challenge has on food security, emotional wellbeing and inequalities health through 2023.

Below is a sample of some of impact responses to our school holiday hunger packages, food-health-wellbeing programmes, over 65s socials and allotment socials through this year:

‘Across all areas covered over the programs, all participants expressed that they had valued and appreciated access to professionally facilitated food, nutrition, health and wellbeing up-skilling.’

‘100% felt that the program had given them more knowledge about finance, budgeting and affordable food’

‘100% felt that they had learnt something new from their health-check and knew more about how to do more to improve their health’

‘I felt more equipped to take action to improve and manage my own emotional wellbeing’

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'Diabetes, Menopause, Asthma, recipes on internet, nicer activities without devices for children'

New College

'On behalf of myself and everyone at New College Leicester, thank you so very much for the vast amount of food parcels and warm gifts that arrived to us this afternoon.

You have no idea how much your kindness will mean to so many of our children and their families this Christmas. On behalf of everyone at New College, Leicester we wish you and your colleagues a very peaceful and happy Christmas and all the very best for 2024.'

Ashfield School

The food packages have been very well received and much appreciated by many members of our community. One parent said to me ' you do not understand how grateful I am and how much this helps.

As always, the communication from Andy is superb! The parcels are delivered on time and are well organised and various dietary requirements are easily identifiable.' – Danni, (School Wellbeing Lead).

Nether Hall School

'Our pupils are very aware when the bags arrive and get really excited to see what's in them. We hear from parents that they appreciate them so much as they make a huge difference to their lives. One of our pupils will ask repeatedly if he's having his bag that day and has the biggest smile when he sees it ready for him.

It is difficult to write a case study as most of our pupils travel to and from school on local authority transport, so we don't see many parents when the bags are handed over.

There have been many parents who have told us that the bags have made a real difference to them and has provided much needed food security.

Thank you from all of us at Nether Hall School for your continued support and generosity!' - Joanne (Wellbeing Officer).

Parent feedback

'These food parcels are a godsend - really appreciated. Many thanks'

'What a wonderful gift and provided at a really timely moment in the school year.'

'Thanks so much for all the help particularly during these difficult times'

'Many thanks - these food parcels are much needed, particularly at this time - Many Many thanks'

Feedback for Social Health & Wellbeing programmes, Loughborough

'This training session has been very useful. It has given me such a wealth of information to put in use. Thank you so much.'

'Great to be better informed about the issues - being direct, a good listener, looking for signs. Need to know local agencies etc to refer people'

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'Absolutely, friendly, relatable, empathetic'

'It did make me think and gave me more insight into spending'

'Learnt lots of new stuff'

'Useful to learn from others'

'It's nice to see the same people every week as it feels friendly'

'This training has been very useful. It has made me aware and to notice the signs of possible suicide. To listen, offer empathy and help to those in need. Everyone needs to be made aware of this training. Thank you.'

'This training has given me hope that suicide /S preventable. Everyone needs to know about suicide prevention. I would love to ask the head of operations of the company where I work at to be able to collaborate with the ZSP and the CFWHub to provide resources to our customers that we meet every day and ensure staff are trained in suicide prevention. Thank you for this!'

Extending and delivering our GP-facilitated health inequalities themed events has proven extremely popular, with in-person audiences of up to 100. Communities Food and Wellbeing Hub will continue to seek sponsorship to extend this programme's reach, having been approached to delivery at 3 more venues across Leicestershire by Leicester South Foodbank (South Wigston), Neighbourhood Mental Health Lead (Leicester) in addition to Fearon Hall (Loughborough).

Feedback from Art4Wellbeing programmes Loughborough

'Friendly group'

'Good fun and nice to paint again.'

'Enjoyed making friends and learning to paint.'

'A high spot to the week.'

'Great fun and friendly'

'Therapeutic and look forward to art session all week'

Feedback from Digital Wellbeing programmes Loughborough

'Excellent. Not too deep for me to understand. Very pleasant teacher. The proof will be when I try to use it.'

'This very helpful the teacher was very helpful we got through all the points on the app and all fixed so I don't have to look for passwords all the time I would recommend to others many thanks.'

'Message concerning digital hub. 5 out of 5 for all aspects. Very helpful. Thank you.'

'A really useful session where I learned a lot about what is available on the NHS app. It was appreciated that at no time was I rushed, and time was allowed for me to work through the screens at my own pace. Thank you.'

'Excellent tutorial very informative answered all my questions lovely personality.'

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Communities Food and Wellbeing Hub's first digital wellness hub was completed, becoming operational in upskilling adult individuals, weighted towards the over 65 years. 68 individuals were trained in using NHS App, email and mobile devices resulting in increased confidence and 98% feedback of 5/5 positive impact.

As a result, CFWHub has received further funding that has enabled employment of a Digital Facilitator 2023/24 with over 100 additional guests have gaining digital access, knowledge and proficiency upskilling. The oldest individual of 95 years stating 'I wish I had done this earlier'.

Thank you sponsors and funders:

Communities Food and Wellbeing Hub CIO is extremely thankful to have been awarded restricted grants by Getting Help Into Neighbourhoods Grant, Neighbourhood Mental Health Prevention and Resilience Grant, Reaching People Grant, SHIRE grant, National Gardening Scheme, Rotary Club of Leicester, Barchester Foundation grant, Gay & Peter Hartley's Hillards Charitable Trust and Groundworks grant to continue delivering programmes to address inequalities of food, health and wellbeing security, social and wellbeing programmes for the over 65s population, create a wellbeing allotment and work in partnership with Bridge Street Medical Practice in the provision of a community digital health and wellbeing resource.

Awards

Communities Food and Wellbeing Hub received the Best Holistic Charity in Midlands Award, 2024 Acquisitions International, reflecting the work of the charity as a model for working together as part of an integrated approach to improve outcomes for vulnerable and disadvantaged individuals/families in Loughborough and Leicester, Midlands, UK.

Communities Food and Wellbeing Hub was nominated for Community Organisation of the Year, Furnley House Community Champions Award 2023.

Communities Food and Wellbeing Hub CIO received a certificate of appreciation and thanks, which was presented by Lord Mayor of Leicester Councillor Deepak Bajaj in March 2022.

Co-Founder, GP, CORE20PLUS5 Ambassador, Midlands and community social health & wellbeing programmes' developer, Dr Annette Kenningham (nee Durant) received the High Sheriff of Leicestershire Award in recognition of great and valuable services to the community 2021/22.

These and the positive impact articulated by our guests, volunteers and communities of what they have learnt, skills developed and their passion to contribute to the positive experience of their wider community, is what has demonstrated that Communities Food and Wellbeing Hub is adding value.

Future Plans

Moving into 2023-2024, Communities Food and Wellbeing Hub is focusing on integrated, collaborative partnerships, communities' steered programmes aiming to reduce digital, health and wellbeing inequalities associated with flexible access. CFWHub is a Community Wellbeing Champion, part of the Better Mental health for All Network, VCSE Alliance, Charnwood Food Poverty Group, Leicester's Emergency Food Group and The Health Equity Network.

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Communities Food and Wellbeing Hub collaborates directly with social prescribers, school wellbeing officers, GPs, consultants, NHS teams, Public Health, Active Together, volunteers from affected backgrounds, local charities such as Age UK, Diabetes UK, Rotary Club of Leicester and businesses across Leicester, Loughborough and Leicestershire to optimise our connection with vulnerable communities.

Partnered with The David Cock Foundation and De Montfort University MSc Architecture and Sustainability programme and supported by B&Q, Totalmobile and volunteers progress of the communities' wellbeing allotment continues.

Communities Food and Wellbeing Hub hugely appreciates the continued generosity of awards of restricted grants totalling over £75000 to date by Getting Help Into Neighbourhoods Grant, National Grid, SHIRE, Reaching People Grant, Growing Communities Grant, Charnwood Community Grant, Leicestershire Rutland Community Foundation Environmental Community Grant, Rotary Club of Leicester, B&Q Neighbourly, ScrewFix, McCarthy Stone Foundation, Public Health, Utilita Energy, Totalmobile and The Albert Hunt Trust, to continue and create innovative programmes for nutrition, social health and wellbeing security, over 65s socials and work in partnerships including Bridge Street Medical Practice in the provision of a community digital health and wellbeing resource.

Thank you once again to all our stakeholders, volunteers, employees, donors and individual contributors for your continued support.

PROJECTS & OUTCOMES 2023

Project	Funder	Location	Impact/Feedback
Community Wellbeing Allotment development	National Garden Scheme £4,906	Leicester	Ongoing 2023-2024 Fund equipment, plants and materials towards creating allotment
	Localgiving – Magic Little Grants £500		Ongoing towards creating greenspace disability access – work started March 2024 reflecting need for further funding which secured in partnership with The David Cock Foundation 2024
*Over 65s Warm Wellbeing Socials	Reaching People (£20,100), Barchester (£1,000), Gay & Peter Hartley's Hillards (£1,000) and McCarthy Stone Foundation (£1,000) Grants Collaboration with Age UK, RVS, Warm & Wise	Leicester, 1 st Friday of the Month ACC	2023: >700 individuals Music, Lunch, Arts, Crafts, Games & series of professional health, digital & wellbeing support for vulnerable, isolated people 5/5 for positive impact on their wellbeing feedback
Menopause Awareness & Wellbeing	Collaboration Menopause Awareness & in-kind mental wellness GP facilitation	Leicester & Loughborough	>60 individuals attended 3 interactive workshops. Request for further in 2024

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<p>*GP created health and wellbeing on a budget programmes alongside Art 4 Wellbeing sessions</p>	<p>Getting Help in Neighbourhoods Grant, £20,000 Groundworks (£500)</p> <p>SHIRE Grants (£10,000)</p>	<p>Loughborough</p>	<p>Weekly >50 individuals all positive wellbeing impact</p> <p>CFWH GP & Artist-led group sessions to improve to mental wellbeing linked to social inequality factors, inadequate food access and isolation. Health-informed food packages were provided to disadvantaged individuals</p> <p>An example of impact was an unemployed 40 year old man, who was self-harming and at risk of becoming homeless. After 5 weeks in our small group sessions, he became a volunteer, had help to improve his housing, food security and needed less GP appointments.</p>
<p>*Healthy Eating and Wellbeing on a Budget Community Expos.</p>	<p>EMSHA Public Involvement Research Grant</p> <p>Winner Public Fund £2,000</p>	<p>Loughborough & Leicester</p>	<p>>30 individuals</p> <p>Public consultation groups to optimise healthy, culturally informed eating on a low budget for disadvantaged, vulnerable and financially disadvantaged individuals over 18years</p>
<p>*Community Digital Wellbeing Hub created Bridge Street Medical Practice to support underserved digital inclusion & access</p> <p>Weekly GP facilitated group sessions to improve mental wellbeing linked to social inequality factors, inadequate food access and isolation</p>	<p>Neighbourhood Mental health Prevention & Resilience grant, £115,000</p>	<p>Loughborough</p> <p>(in partnership with Bridge Street Medical Practice)</p>	<p>2023-24 ongoing</p> <p>Community Digital Health Hub created to support digital inclusion completion</p> <p>>800 individuals</p> <p>'It was an absolute delight to have met and been part of the on-going sessions with this doctor. Feel very valued, listened to and reassured confidentiality will be of no concern. A very warm, welcoming and appreciable person.'</p> <p>'Brilliant doctor'</p> <p>'Importance of people, coming out, variety of food support services to eat healthier, child support provisions for holidays, benefits tools, social prescriber'</p>

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			<p>'...Eyesight not good and see double on screen so group together much better to explain.'</p> <p>'Very useful to meet other people and share information'</p> <p>'I so loved this course & would definitely attend another one. Thank you, I have learned so much and met such lovely people'</p> <p>'Group has been very good. I prefer to information on a computer as too much and hard to understand. Like having GP here to answer and understand.'</p> <p>Developed partnership working sessions with Vita Health and Active Charnwood throughout 2024</p>
Digital Access Coordinator staff cost	SHIRE grant, £5,000	Loughborough	2023- ongoing
Family Learning and Wellbeing sessions	In partnership with Leicester Adult Education	Leicester, Wednesday sessions Family First Aid, Mental Wellbeing,	>40 upskilled
*School Food and Wellbeing Hunger Packages	Reaching People £3,600 Plus In kind support National Grid Community Matters grants	Leicester & Loughborough schools, referrals from school wellbeing officers for holiday support to families in need	<p>>4000 individuals provided with culturally appropriate food packages, wellbeing activities & warm packages</p> <p>'an enormous thank you for the incredible food bags that came... a number of children were keen to show me what was in their bags... your act of kindness will be of great benefit to those families over the coming weeks', Headteacher</p>
Bespoke GP facilitated staff & volunteer wellbeing workshops	Supported by CMA Money Management	Loughborough & Leicester	<p>Suicide prevention, family nutrition on a budget, mental health & wellness, budgeting money and more</p> <p>>60 School teaching staff, >15 volunteers, >30 NHS staff,</p> <p>'This training has given me hope that suicide IS preventable. Everyone</p>

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			<p>needs to know about suicide prevention. I would love to ask the head of operations of the company where I work at to be able to collaborate the ZSP and the CFWHub to provide resources to our customers that we meet everyday and ensure staff are trained in suicide prevention. Thank you for this!</p> <p>'This training has been very useful... to notice the signs of possible suicide. To listen, offer empathy & help to those in need. Everyone needs to be made aware of this training. Thank you.'</p> <p>'This training session has been very useful...Thank you so much.'</p> <p>'Excellent...'</p> <p>'Great to be better informed about the issues... local agencies etc to refer people'</p> <p>'I chose Health Leadership in Primary Care ... as a third-year Leicester medical student... I worked with the Communities Food and Wellbeing Hub to deliver an interactive public-facing workshop entitled 'Healthy Eating on a Budget'...my creativity flourished ...demonstrate my leadership skills... grateful for the opportunity to implement an initiative that ... raises awareness of low-cost healthy eating through patient education. Thank you again...'</p>
Asthma Winter Wellbeing workshop, 2023	Integrated partnership working with Public Health, GP Network Ltd, UHL specialist consultants & nursing team, social prescribers, Active Charnwood, Warm Homes & VitaHealth		<p>>30 holistic one stop workshop addressing asthma, housing conditions, budgeting, mental wellbeing</p> <p>Request for further collaborative workshop 2024</p>

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Financial Review

The accounts for the year are shown in this annual report. Trustees resolved to move to a receipts and payments basis of accounting from 2023 instead of accounting on an accruals basis. The prior year comparatives have been restated on a like-for-like basis.

Our main source of income this year was £133,956 received in restricted grants.

Total income for the year was £134,907 (2022: £49,950).

Total expenditure for the year was £128,279 (2022: £20,398).

The unrestricted fund is in a deficit of £34,571 at 31 October 2023 (2022: £450) as the charity awaits transfer of the second part of pre-secured NMHPR grant. This was received in 2023/24 accounting year (circa £40k) pending submission of the interim 6-month report. This second funding part was received 2023/24 as expected to rebalanced apparent unrestricted shortfall.

Restricted funds held at 31 October 2023 which are to be used for the specific projects they were provided for were £70,751 (2022: £29,552).

Reserves Policy

The purpose of the reserve policy is to ensure the stability of the mission, programs, employment, and ongoing operations of the organisation. Unrestricted or free reserves are intended to provide an internal source of funds for situations such as a sudden increase in expenses, one-time unbudgeted expenses, unanticipated loss in funding, or uninsured losses. These reserves may also be used for one-time, nonrecurring expenses that will build long-term capacity, such as staff development, research and development, or investment in infrastructure. Reserves are not intended to replace a permanent loss of funds or eliminate an ongoing budget gap. It is the intention of The CFHW Foodbank for reserves to be used and replenished within a reasonably short period of time. This policy will be implemented in concert with the other governance and financial policies of The CFHW Foodbank and is intended to support the goals and strategies contained in these related policies and in strategic and operational plans.

Trustee Fees/Expenses - Nil

During the year Bridge Street Medical Practice was paid £27,100 (2022: £nil) for the provision of mental wellbeing support sessions and project co-ordination - trustee Annette Kenningham is a GP at Bridge Street Medical Practice.

£8,900 (2022: £nil) was paid to Easy Internet Services for the development & design of the Wellness Bridge Website - trustee Diana Esho is a director of Easy Internet.

Trustees were reimbursed £86 during the year for expenses incurred (2022: £nil)

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Trustees' responsibilities in relation to the Financial Statements

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:


- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature	 _____
Full name	Derek Rawle
Position	Treasurer
Date	31/08/2024 _____

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**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF COMMUNITIES FOOD &
WELLBEING HUB**

FOR YEAR ENDED 31 OCTOBER 2023

I report to the trustees on my examination of the accounts of Communities Food & Wellbeing Hub for the year ended 31 October 2023, which are set out on pages 14 to 17.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- (2) that accounts do not accord with those records; or
- (3) that accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephanie Beeston-Clarke FCCA
Beeston-Clarke Accountants
Chartered Certified Accountants
242 Leicester Road
Markfield
Leicester
LE67 9RG



Communities Food & Wellbeing Hub

Receipts & Payments Account
for the year ended
31 October 2023

RECEIPTS	Note	2023			Restated 2022		
		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	1	£	£	£	£	£	£
Donations		800	-	800	450	-	450
Grants		-	133,956	133,956	-	49,500	49,500
Fundraising Income		151	-	151	-	-	-
Total receipts		951	133,956	134,907	450	49,500	49,950
PAYMENTS	1						
Direct Costs		12,728	86,920	99,648	-	13,945	13,945
Overheads		8,738	19,760	28,498	-	6,452	6,452
Governance		-	133	133	-	-	-
Total payments		21,466	106,813	128,279	-	20,398	20,398
Net receipts/(payments)		(20,515)	27,143	6,627	450	29,102	29,552
Transfers between funds		(14,506)	14,506	-	-	-	-
Cash funds @ 31.10.2022		450	29,102	29,552	-	-	-
Cash funds @ 31.10.2023	2	(34,571)	70,751	36,179	450	29,102	29,552

Communities Food & Wellbeing Hub

Statement of Assets and Liabilities
as at 31 October 2023

	<u>2023</u>			<u>Restated 2022</u>		
	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	£	£	£	£	£	£
CASH FUNDS						
Bank & Cash	(34,571)	70,750	36,179	450	29,102	29,552
Total Cash funds	(34,571)	70,750	36,179	450	29,102	29,552
ASSETS						
Office Equipment	-	909	909	-	909	909
Computer Equipment	986	-	986	986	-	986
Total Funds	(33,585)	71,659	38,075	1,436	30,011	31,448
LIABILITIES						
Accountancy & Independent Examination	1,440	-	1,440	-	-	-
Total Liabilities	1,440	-	1,440	-	-	-

The receipts & payments accounts were approved by the Trustees on 31/08/2024
and were signed on their behalf by:


Derek Kawle
Treasurer & Trustee

Communities Food & Wellbeing Hub

Notes to the Receipts & Payments Accounts
for the year ended
31 October 2023

1. Detailed Receipts & Payments Account

	<u>2023</u>			<u>Restated 2022</u>		
	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
RECEIPTS	£	£	£	£	£	£
Income						
Donations	800	-	800	450	-	450
Grant income	-	133,956	133,956	-	49,500	49,500
Fundraising income	151	-	151	-	-	-
Total receipts	951	133,956	134,907	450	49,500	49,950
PAYMENTS						
Direct Costs						
Salaries	8,187	8,883	17,070	-	2,568	2,568
Contractor Fees	1,781	2,121	3,902	-	-	-
Purchases - Catering	504	3,537	4,041	-	10,645	10,645
Purchases - Food Supplies	1,959	16,391	18,350	-	-	-
Website Development	-	7,100	7,100	-	-	-
Redecoration Works	-	19,883	19,883	-	-	-
Consumables	15	1,275	1,290	-	-	-
Event Entertainment/Classes	283	27,730	28,013	-	732	732
	12,728	86,920	99,648	-	13,945	13,945
Overheads						
Staff Training	114	181	295	-	444	444
Subscriptions	351	1,330	1,681	-	261	261
Telephone & Internet	223	294	517	-	190	190
Travel	466	1,641	2,108	-	277	277
Equipment	512	586	1,098	-	2,779	2,779
IT Equipment	-	3,317	3,317	-	-	-
Advertising & Marketing	3,033	570	3,603	-	168	168
Audit & Accountancy Fees	700	-	700	-	-	-
Bank Fees	-	0	0	-	-	-
Disclosure & Barring service	150	272	422	-	246	246
General Expenses	52	213	265	-	60	60
Insurance	386	448	834	-	179	179
Subsistence	15	243	257	-	-	-
Printing & Stationery	234	1,174	1,407	-	67	67
IT Software and Consumables	218	361	580	-	483	483
Rent & Room Hire	1,922	7,418	9,340	-	1,043	1,043
Bookkeeping	363	1,712	2,075	-	255	255
Trustee Meeting Expenses	-	133	133	-	-	-
	8,738	19,893	28,631	-	6,452	6,452
Total payments	21,466	106,813	128,279	-	20,398	20,398
Net receipts/(payments)	(20,515)	27,143	6,627	450	29,102	29,552

Communities Food & Wellbeing Hub

Notes to the Receipts & Payments Accounts
for the year ended
31 October 2023

2. Funds analysis

	B/fwd 1 November 2022	Income	Expenditure	Transfers	C/fwd 31 October 2023
Restricted funds					
Bridge Street Medical Practice	26,102	-	40,073	(13,971)	-
Awards 4 All	-	-	535	(535)	-
Sir George Earle	3,000	-	3,000		0
NHS Leicester, Leicestershire & Rutland	-	20,000	20,000		-
East Midlands AHSN	-	2,000	2,000		-
National Garden Scheme	-	4,906	1,134		3,772
Reaching People	-	20,100	16,252		3,849
Leicestershire County Council	-	5,000	5,000		-
Leicestershire County Council	-	5,000	-		5,000
Barchester Care Home	-	450	450		-
Tesco	-	500	500		-
Leicestershire County Council	-	75,000	17,247		57,753
Hillards Charitable Trust	-	1,000	623		377
	29,102	133,956	106,813	(14,506)	70,750
Unrestricted funds					
Unrestricted Funds	450	651	21,466	14,506	(34,871)
Rotary Club	-	300	-	-	300
	450	951	21,466	14,506	(34,571)
Total funds	29,552	134,907	128,279	-	36,179