REGISTERED CHARITY NUMBER: 1196226
REGISTERED COMPANY LIMITED BY GUARANTEE: 13089258

PARKINSON'S AFRICA

Report of the Trustees and Unaudited Financial Statements
for the Year Ended 31 December 2022

PARKINSON'S AFRICA
Company Number:13089258

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for the Year Ended December 31, 2022

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PARKINSON'S AFRICA
Company Number:13089258

REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

The Trustees, who are also directors for the purposes of Companies House, present their report with the financial statements of the charity for the year ended 31 December 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Reference and Administrative details

Registered charity number: 1196226
Company registration number: 13089258
Registered office: International House, 12 Constance Street, London, E16 2DQ

Trustee Directors (as of 31/12/2022):

Name	Role	Date of appointment
Omotola Thomas	Chair	18-Dec-20
Dugald Young	Treasurer	12-Sep-22
Ferdinard Odey Okwor	Trustee	01-Oct-21
Nwanyieke Adaego Oluwayemi	Trustee	01-Feb-21

Staff
Tania Park – Chief Executive Officer, UK
Rachel Agwu – Admin and Operations Coordinator, Nigeria

Independent examiner
Jaclyn Bennett ACMA
7 Church Hill
Little Waltham
Chelmsford
CM3 3LR

PARKINSON'S AFRICA
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REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Structure, Governance and Management

Description of the Charity's Trusts
The organisation is a Charitable Company Limited by Guarantee. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association.

Recruitment and Appointment of the Trustee Board
The charity's Articles of Association specify that there should be a minimum of three, and unless otherwise determined by ordinary resolution, there shall not be a maximum number of trustees. The charity's trustees are also company directors for the purposes of the Companies Act. Members of the Board of Trustees are elected for a three-year term, after which they may be re-elected for a maximum of two terms, unless extended by special resolution. All trustee directors volunteer their time and receive no compensation from the charity.
The Trustee Board is made up of four dynamic individuals and it consists of a diverse and relevant range of skills and experience. To ensure that the right mix of Trustees is maintained, the Trustee Directors will periodically list, record, and assess their skills and experience to determine if certain strategic or operational talents are required. The Trustee board is resolved to attract individuals with the necessary skills and experience. This will be done with either open advertising or personal recommendations. All prospective Trustee Directors are interviewed by at least two Trustee board members, including the Chair.

All Trustee Directors receive a thorough induction to the organisation's activities and their responsibilities, which includes meetings with employees and a reference pack.

Organisational Structure and Trustee Responsibilities

There are four Trustee Directors who are accountable for overseeing the strategic direction of the charity, ensuring its alignment with its vision and mission, and ensuring that its stated fundamental values are reflected in the conduct of its employees. They are accountable for ensuring that the organisation is compliant with charity and company law. The charity's operations are delegated to the Chief Executive Officer, who is responsible for ensuring that the charity follows through on its agreed-upon strategy, supervises and leads the team and ensures that all its people, across the organisation, continue to develop their skills and behaviours in accordance with best practise, demonstrating the core values in their actions.

Company law requires the Trustee Directors to prepare financial statements for each financial year that provide a true and fair picture of the state of the affairs of the charitable company as at the balance sheet date, as well as its incoming resources and application of resources, including income and expenditure, for the financial year. The Trustee Directors are responsible for maintaining accurate accounting records that always show the charitable company's financial position with reasonable accuracy and allow them to ensure that the financial statements conform with the Companies Act 1985. The Trustee Directors are also responsible for protecting the assets for the charitable company.

PARKINSON'S AFRICA
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REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Objectives and Activities

Our vision
We envision an empowered African Parkinson's disease society. By that, we mean communities across Africa where those diagnosed with Parkinson's disease, their families, carers, and other loved ones, have the information, tools, and resources they need to make informed decisions and take control of the management of their condition.

Our mission
To transform the Parkinson's disease landscape across Africa, community by community, into societies where those affected have equitable access to quality healthcare, research, support, information, and educational resources.

Aim
Through our collaboration with local organisations in Cameroon, Ethiopia, Ghana, Kenya, Nigeria, South Africa, and Uganda, we help deliver existing activities and implement new ones to ensure that our beneficiaries receive the information and support resources needed to lead empowered lives. We accomplish this by providing high-quality educational resources about Parkinson's disease that have been translated into 11 African languages, assisting in the formation of support groups for people with Parkinson's disease, their caregivers, and health professionals, and engaging in other forms of community engagement and involvement activities. We assist local partners in developing the knowledge, skills, and resources needed to deliver activities and initiatives to the intended recipients to ensure sustainability. We assist partner organisations in conducting awareness campaigns to increase global knowledge of the disease and facilitate access to medication and clinical care, whenever possible, through the networks we've established.

Objectives
The charity's primary objectives are exclusively focused on alleviating the impact of Parkinson's disease in Africa. These objectives encompass raising awareness and educating the public about the disease, promoting, and supporting research into its causes, prevention, treatment, and cure (with a special emphasis on engaging the African community), improving healthcare and treatment options across Africa, providing social support to individuals and their networks affected by Parkinson's disease, and facilitating any other charitable initiatives that benefit Africans impacted by Parkinson's disease.

We began developing monitoring and evaluation tools, processes, and systems to enable us to demonstrate that Africans impacted by Parkinson's disease who participate in our projects will achieve the following outcomes:

- Increased knowledge and understanding of critical information related to Parkinson's disease.
- Growth in positive attitudes, as well as reduced stigma associated with Parkinson's disease.
- An increase in reported and observed positive behaviour associated with Parkinson's disease.
- Improved access to health care and opportunities, including access to medication, clinical trials and further research opportunities.

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REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Summary of activities undertaken for public benefit
Our activities, which are directly related to the public benefit we deliver, include:

1. Partnerships and capacity building
We have diligently cultivated valuable partnerships with local organizations in the seven African nations outlined below. We have initiated the foundational steps towards enhancing the capabilities of these organizations and collaborative partners.

Cameroon - Parkinson Cameroun and Neurorehab
Ghana - Anidaso Parkinson's Disease Foundation
Ethiopia – Parkinson's Patient Support Organisation Ethiopia
Kenya – Africa Parkinson's Disease Foundation and Parkinson's Support Groups in Nairobi, Kisumu, and Mombasa.
Nigeria - Adewunmi Desalu Parkinson's Foundation (ADPF), based in Lagos, is a newly founded foundation with a purpose-built centre focused on providing support and care to people impacted by Parkinson's disease. We have also established strong links with the Lagos University Teaching Hospital
South Africa – Parkinson's ZA
Uganda - Parkinson's Si Buko, an organisation focused on dispelling the myths of Parkinson's disease and its negative association of being a witchcraft.

Furthermore, to build and increase partner capacity in Uganda, we transitioned the country director of Parkinson's Si Buko, Uganda to a short-term contracted paid post within Parkinson's Africa. His task was to plan and oversee an initiative aimed at training village health workers in Kisoro and Mukono (two additional districts in addition to those where they already work).

2. Development and distribution of Parkinson's disease related educational materials
In partnership with the IPDGC-Africa, we organised S.E.E. Parkinson's, a Parkinson's disease health literacy initiative designed to support, educate, and empower Africans impacted by Parkinson's disease. As part of this initiative, we produced an Introductory Guide to Parkinson's booklet and audio podcasts. These resources are available in English and 11 other African languages.

Quote from a Neurologist in Nigeria one some of the educational materials we have developed, and the response form the beneficiary.

"I shared the video (Igbo version) with a new Parkinson's disease patient I evaluated today. Watched her watch it. In addition to the content, I realized having it in her own language brought it home to a point where she felt she wasn't alone. She said to me she is very relieved after watching it. Despite the reality and balance in the message of what to expect in the future, the video gives hope and encouragement."

3. Awareness campaigns

Thanks to the generous contributions of our benefactors, we were able to sponsor awareness campaigns in four distinct African nations: Cameroon, Ethiopia, Ghana, and Uganda. Furthermore, we engaged in a collaborative effort to produce an awareness campaign video titled "Faces of Parkinson's - Africa," and jointly supported a community health walk in Uganda. Both the video production and the community walk were strategic endeavours aimed at augmenting awareness of Parkinson's disease within the African context during Parkinson's Awareness Month in April 2022.

4. Providing access to support for Africans impacted by Parkinson's disease.

We initiated the design of a comprehensive website and commissioned the creation of culturally appropriate, high-quality information and health articles about Parkinson's disease to provide Africans affected by Parkinson's disease with access to valuable support. We also began planning virtual support sessions which went live in 2023, with the goal of providing virtual support to Africans with Parkinson's disease. A plan was also devised for the launch of a support phone line project that would provide, through telephone access, information, assistance, and support to Africans affected by Parkinson's disease.

5. Facilitating access to clinical services

We facilitated, through the financial support of Farah Foundation and World Parkinson's Programme, the purchase and distribution of free Parkinson's medication to over 300 patients (200 patients in Nigeria, 75 patients in Ghana, 30 patients in Uganda, and 10 patients in Cameroon).

Ensuring public benefit is delivered in line with our vision and mission.

Every year, we review our aims, objectives, and activities. This review examines what we accomplished and the results of our work during the last 12 months. The review examines the success of each main action as well as the advantages it has brought to the groups of individuals we seek to serve. The review also ensures that our aims, objectives, and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and planning our future activities. The Trustee Directors examine how planned activities will contribute to the aims and objectives they have defined.

PARKINSON'S AFRICA
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REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Achievements and Performance

Our primary activities and the individuals we seek to assist are outlined above. All our charitable activities are centred on equipping Africans affected by Parkinson's disease with the knowledge, understanding, opportunities, and resources necessary to make informed decisions about the options that enable them to live empowered and dignified lives and effectively manage their condition.

Achievements and Performance to date

Together with healthcare professionals, partner organisations, volunteers, pro bono supporters, and a broader network of support, we have accomplished the following in 2022:

- Quality partnerships with local organisation in 7 African countries.
- 25 educational materials developed (some in paper format, some digital).
- 1000 educational materials distributed.
- 5 awareness campaigns funded that reached over 500 people.
- 10 social media and other campaigns aimed at raising awareness about Parkinson's disease.
- 5 high quality videos have been developed.
- Parkinson's Africa facilitated access to free medication for 300 Africans living with Parkinson's disease.
- 20 high quality health articles were developed and published on our web site.

In addition to the accomplishments, and as result of the legacy funding we received in 2022, Parkinson's Africa hired its Chief Executive Officer on a 3-year contract, an Administration coordinator based in Nigeria, and a Programme coordinator based in Uganda. This was an incredible achievement in terms of the organization's position, growth, and capacity.

Another notable achievement and milestone were the award of a four-year research grant funded by the NIHR, which was led by academic and medical professionals from Newcastle University. As part of this project, Parkinson's Africa will co-lead the development of the Community Engagement and Involvement work package over the next four years.

How our activities deliver public benefit against objectives set

Despite being a young organisation, our organisation has high aims and ambitions, and has made great advances towards ensuring that public benefit is delivered in accordance with the objectives defined. Our strengths lie in our position to be able to equip and support local organisations to make the desired impact on beneficiaries through working collaboratively to access the resources required to assist Africans impacted by Parkinson's disease lead empowered and dignified lives. This, we believe, was established in the preceding sections on activities, achievement, and performance.

Performance of fundraising activities against objectives set.

To date, crowd funding, or the public collection of small amounts of funds, has served its purpose. The organisation has attracted significant funders in 2022, including legacy donors and educational trusts. In anticipation of a more robust fundraising plan and campaign in 2023, Parkinson's Africa has registered with HMRC to claim Gift Aid on donations.

PARKINSON'S AFRICA
Company Number:13089258

REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Financial Review

Financial Position Overview
The Trustee Directors have reviewed the overall finances of the charity and are satisfied with the current financial position in line with the charity's financial policies. Quarterly, the Trustee Board examines the charity's finances to monitor the organisation's financial health and identify any necessary actions.

Parkinson's Africa increased its net cash position from £ 8,348 at the start of 2022 to over £ 72,655 by the end of the year. In 2022, the annual turnover was £90,280, with expenditure of £ 25,973, leaving us with a balance of £ 72,655 going to 2023 (this excludes the TraPCAf/NIHR grant income of £22,000 expected in 2023). Salaries were the most expensive cost category in 2022, accounting for 37% of total expenditures. The great majority of 2022 revenue comes from restricted grants. Income in 2023 is expected to come from a variety of sources, with a focus on continued and agreed upon legacy funding support, grants income, and developing the unrestricted fundraising strategy and donations. Project costs are expected to be the largest cost category in 2023, with administrative expenses accounting for less than 6% of total expenditures. As a result, the Trustee Directors do not anticipate any financial challenges that might hinder the organisation's success in 2023 and beyond at this time.

Reserves:
After considering the following factors, the Trustees Directors have determined that, currently, the organisation doesn't need to retain unrestricted reserves.

Stable Funding Source: Since July 2022, we have been fortunate to receive an annual grant of £40,000 from the Janet Owens Legacy Fund, specifically allocated for staff costs. We also received a one-time grant (from the Janet Owens Legacy Fund) of £30,000 to use for our activities and programs. This grant has consistently covered our operational needs, ensuring the sustainability of our organization.

Limited Operating Costs: We have minimal overhead costs beyond salaries. Additionally, all project expenses are covered by restricted grants, which means that our financial obligations are well-managed and covered.

Immediate Financial Security: Given our financial situation, there is no immediate concern that we will be unable to meet our financial commitments or maintain our essential operations. We have maintained a strong financial footing thanks to the consistent funding we receive.

Future Planning: While we do not have reserves in place currently, our Board of Trustees is aligned on the need to establish a reserves policy to ensure the long-term security of the organisation, particularly as the Janet Owens Legacy funding is set to expire in a little under two years. We will start building our reserves, starting in 2023. Our goal is to build it up to a level that ensures our financial sustainability beyond the grant period, maintains an uninterrupted flow of our activities, and safeguards the long-term security of our organisation. There are no funds materially in deficit.

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REPORT OF THE TRUSTEES
for the Year Ended December 31, 2022

Funding

Parkinson's Africa has received a substantial percentage of its income through legacy funding and grants from trusts and foundations totalling £88, 092. Furthermore, Parkinson's Africa has benefited from donations totalling £2,188 from individuals and smaller organisations and a starting net financial position at from previous years of £8,348.

Restricted funding

- Janet Owen Fund
- Laura Russell
- Vitol Foundation
- UCL

Unrestricted funding

- Regular donations and other income

ON BEHALF OF THE BOARD:

Omotola Thomas, Chair of the Trustees

Date: 2023 - 09 - 25

PARKINSON'S AFRICA
Company Number:13089258

INDEPENDENT EXAMINER'S REPORT
for the Year Ended December 31, 2022

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report
As the charity's trustees of the Company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act: or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Jaclyn Bennett ACMA
7 Church Hill
Little Waltham
Chelmsford
CM3 3LR

Date: 26 Sept 2023

PARKINSON'S AFRICA
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STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT
For the Year Ended 31 December 2022

	Notes	**Unrestricted Fund £**	**Restricted Funds £**	**2022 Total Funds £**	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Income from							
Donations & Legacies	3	**2,188**	**12,092**	**14,280**	7,836	-	7,836
Charitable Activities	4	**-**	**76,000**	**76,000**	-	18,922	18,922
Total Income		**2,188**	**88,092**	**90,280**	7,836	18,922	26,758
Expenditure on							
Raising Funds		**44**	**-**	**44**	-	-	-
Charitable Activities	5	**2,363**	**23,566**	**25,929**	1,974	16,436	18,410
Total Expenditure		**2,407**	**23,566**	**25,973**	1,974	16,436	18,410
Net Income		**(219)**	**64,526**	**64,307**	5,862	2,486	8,348
Transfers Between Funds	10	**-**	**-**	**-**	(15)	15	-
Net Movement in Funds		**(219)**	**64,526**	**64,307**	5,847	2,501	8,348
Reconciliation of Funds							
Total Funds Brought Forward	10	**5,847**	**2,501**	**8,348**	-	-	-
Total Funds Carried Forward	10	**5,628**	**67,027**	**72,655**	5,847	2,501	8,348

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure is derived from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

PARKINSON'S AFRICA
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BALANCE SHEET
As at 31 December 2022

	Notes	Unrestricted Fund £	Restricted Funds £	2022 Total Funds £	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Current assets							
Cash at bank and in hand		5,628	67,466	73,094	6,206	2,501	8,707
		5,628	67,466	73,094	6,206	2,501	8,707
Creditors							
Amounts falling due within one year	9	-	(439)	(439)	(359)	-	(359)
Net assets		5,628	67,027	72,655	5,847	2,501	8,348
Funds							
Unrestricted				5,628			5,847
Restricted	10			67,027			2,501
				72,655			8,348

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 ofthe Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 ofthe Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and were signed on its behalf by:

Omotola Thomas - Chair of the Trustees

2023-09-25
Date

NOTES TO THE FINANCIAL STATEMENTS
For the Year Ended 31 December 2022

1. Statutory Information

Parkinson's Africa is a private company limited by guarantee. The charity's registered company number, registered charity number, registered office and the nature of it's activities can be found in the Trustees Report.

The presentation currency of the financial statements is Pounds Sterling (£)

2. Accounting policies

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Critical accounting judgements and key sources of estimation uncertainty

No critical accounting judgements have been made in the process of applying the accounting policies below.
There are no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grants

Government grants are recognised under the performance model. The grant income is recognised upon performance conditions being satisfied (and should it be received in advance of satisfying the performance, recognition of the income is deferred as a liability) and where there are no specific future performance-related conditions then grants are recognised when proceeds are received or receivable.

Donations

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they

Trading activities

Income from trading activities includes income earned from trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Charitable Activities

The charity receives corporate grants in respect of agreed projects. Income from grants is recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the

2. Accounting policies - continued

Allocation and apportionment of costs
Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs and governance costs. They are incurred directly in support of expenditure on the objects of the charity and include project management. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources.

Taxation
The charity is exempt from corporation tax on its charitabe activities.

Fund Accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. The cost of raising and administering such funds are charged against the specific fund.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors and creditors
Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

3. Donations & Legacies

	Unrestricted Fund £	**Restricted Funds £**	**2022 Total Funds £**	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Donations	**2,188**	**12,092**	**14,280**	7,836	-	7,836

4. Income from Charitable Activities

	Unrestricted Fund £	**Restricted Funds £**	**2022 Total Funds £**	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Grants	**-**	**76,000**	**76,000**	-	18,922	18,922

5. Expenditure on Charitable Activities

	Unrestricted Fund £	**Restricted Funds £**	**2022 Total Funds £**	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Staff costs	**-**	**10,550**	**10,550**	-	1,820	1,820
Other direct costs	**-**	**13,016**	**13,016**	-	14,616	14,616
	-	**23,566**	**23,566**	-	16,436	16,436
Share of support costs (see note 6)	**2,363**	**-**	**2,363**	1,580	-	1,580
Share of governance costs (see note 6)	**-**	**-**	**-**	394	-	394
	2,363	**23,566**	**25,929**	1,974	16,436	18,410

6. Support Costs

	Support Costs £	**Governance Costs £**	**2022 Total Funds £**	Support Costs £	Governance Costs £	2021 Total Funds £
Expenses, training & recuitment	**503**	**-**	**503**	582	-	582
IT software & communictaion	**1,726**	**-**	**1,726**	937	-	937
Insurance	**134**	**-**	**134**	61	-	61
Other governance costs	**-**	**-**	**-**	-	394	394
	2,363	**-**	**2,363**	1,580	394	1,974

7. Trustees

One trustee, Omotola Thomas, had expenses of £862 reimbursed in the year ending 31 December 2022. These related to direct programme and support costs incurred on the organisations behalf (2021: £1,218).
No other trustees (or any persons connected with them) received remuneration or benefits from the charity during the year.

8. Staff Costs

	2022	2021
	£	£
Salaries	**10,034**	1,681
Social security costs	**186**	73
Pension costs	**330**	66
	10,550	1,820

The average monthly number of employees during the year was as follows:

	2022	2021
Charitable Activities	**2**	1
	2	1

During the year Key Management Personnel (defined as the Chief Executive Officer), received remuneration (including additional employment costs such as employers national insurance and pension contributions), of £6,391 (2021 £0).

9. Creditors: amounts falling due within one year

	Unrestricted Fund £	**Restricted Funds £**	**2022 Total Funds £**	Unrestricted Fund £	Restricted Funds £	2021 Total Funds £
Social security and other taxes	**-**	**330**	**330**	-	-	-
Accruals and deferred income	**-**	**109**	**109**	359	-	359
	-	**439**	**439**	359	-	359

10. Movement In Funds 2022

	Funds Brought Forward £	Income £	Expenditure £	Transfers £	Funds Carried Forward £
Janet Owen Salary	-	40,000	(12,278)	-	27,722
Janet Owen General	-	30,000	(8,371)	-	21,629
UCL Educational Project	2,501	6,005	(2,917)	-	5,589
Walking Football	-	8,934	-	-	8,934
Women with Parkinsons	-	3,153	-	-	3,153
Restricted Funds	**2,501**	**88,092**	**(23,566)**	**-**	**67,027**
Unrestricted	**5,847**	**2,188**	**(2,407)**	**-**	**5,628**
Total Funds	**8,348**	**90,280**	**(25,973)**	**-**	**72,655**

Janet Owens Salary: Legacy funding from the Janet Owens fund that was donated to Parkinson's Africa to fund the salary of a CEO for 3 years.
Janet Owens General: Legacy funding from the Janet Owens fund that was donated to Parkinson's Africa to support PA in its work, activities and programs; and to enable it to move on to the next stage of its development.
UCL Educational Project: Removing Language Barriers to Empower Patients and Public Engagement in Africa: A campaign focusing on Parkinson's
Walking Football: Vitol Foundation funded project that involved the development of a comprehensive educational manual and support program that provided knowledge and education about PD.
Women with Parkinsons: a project focused on empowering women with Parkinson's disease and aiding them in acquiring critical skills that will enable them to sustain themselves in the long run.

11. Movement in funds Prior Year - 2021

	Funds Brought Forward £	Income £	Expenditure £	Transfers £	Funds Carried Forward £
Farah Foundation	-	8,926	(8,941)	15	-
UCL Educational Project	-	9,996	(7,495)	-	2,501
Restricted Funds	**-**	**18,922**	**(16,436)**	**15**	**2,501**
Unrestricted	-	7,836	(1,974)	(15)	5,847
Total Funds	-	26,758	(18,410)	-	8,348

UCL Educational Project: Removing Language Barriers to Empower Patients and Public Engagement in Africa: A campaign focusing on Parkinson's
Farah Foundation: Donated for the purchase of PD medication for approximately 100 Nigerians who, ordinarily, would not have been able to afford it.