

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO**

(Registered Charity number 1196193)

**FINANCIAL STATEMENTS**

**YEAR ENDED 31 March 2024**

## **CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO**

(Registered Charity number 1196193)

### **CHARITY DETAILS**

#### **YEAR ENDED 31 March 2024**

Trustees:	Lazarus Mungure (Chair) Rev. Christopher Howard Adela Senkubuge John Thornhill Tyrone Allee David Christie-Davies
Patrons:	Rt. Revd. Christopher Chessun, Bishop of Southwark (CofE) Most Rev. Timothy Radcliffe OP Robert Calderisi David and Rachel Christie-Davies Most Revd. John Wilson, Archbishop of Southwark (RC)
Bankers:	HSBC 102 Brompton Road London SW3 1JJ
Postal address:	4 Thring House Stockwell Road London SW9 9EU
Email address:	<a href="mailto:secretary@caps-uk.org">secretary@caps-uk.org</a>
Websites:	<a href="https://www.positivefaith.org.uk/about-positivefaith">https://www.positivefaith.org.uk/about-positivefaith</a>

# **CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO**

## **ANNUAL REPORT**

### **YEAR ENDED 31 March 2024**

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#### **Introduction**

The trustees present their annual report and financial statements for the year ended 31 March 2024.

#### **Objectives and activities**

The objects of the charity are:

- to promote education and prevention, treatment, care and relevant pastoral ministry for all those living with and affected by HIV/AIDS, particularly but not exclusively in the UK and Ireland;
- to promote the practical, financial, emotional, spiritual, sacramental and pastoral needs of people living with or affected by HIV/AIDS and to develop appropriate responses;
- to promote continuing reflection on all aspects of ethical, theological, and other challenges raised by HIV/AIDS, not least issues of social justice, through publications, seminars, and other relevant means.

Catholics for AIDS Prevention and Support (CAPS) CIO achieves this through a combination of educational and awareness-raising activities, and the pastoral support which we make available to individuals or families directly affected by HIV.

CAPS Education consists of talks and presentations often but not exclusively in faith community settings (churches, schools, conferences etc.). These serve to raise awareness about HIV, providing accurate information and enhancing public health. They also reduce HIV-related stigma and increase understanding of people who are living with HIV (PLWH) in the UK and around the world.

CAPS works in partnership with NHS and Local Authority bodies which allows us to signpost people in need of specialist HIV support or medical intervention effectively. Our partnerships and the expertise we bring assists colleagues in the secular agencies to develop their understanding of the 'intersection' between issues of Christian faith generally and HIV, enabling them to respond more effectively and sensitively in regard to both patient/client care and matters of public health education, including promoting access to HIV testing in faith communities.

CAPS Pastoral Support is offered through Peer Support Groups in London, Manchester and Cambridgeshire for PLWH, and the respite weekends ('retreats') available nationally for families affected by HIV directly. Our volunteers support individuals, especially during times of sickness or other crisis and/or in the months following diagnosis through befriending activities. Our web-based resources and telephone help-line provide additional support.

Our Pastoral support is available for PLWH from every background and ethnicity, of all Christian denominations, of any faith and for those who have no religious identity. Our members (aka 'service-users') reflect this diversity and participate in groups that are appropriate to their needs.

Taken together these services provide all the benefits of 'social support' including: reducing isolation; supporting individuals who often have complex needs and are marginalized in additional ways such as immigration status, unemployment, or mental health difficulties; supporting those who may otherwise feel unable to access mainstream services; providing accurate information; reducing the effects of internalized stigma; helping people to consider issues around HIV disclosure; encouraging access and adherence to treatment; supporting PLWH to remain in or access employment; and contributing towards family cohesion.

In administering the charity, the trustees have complied with the duty under section 17(5), Charities Act 2011, to have regard to the public benefit guidance issued by the Charity Commission.

## **Achievements and performance**

### ***Celebrating 20 years of CAPS & the POSITIVE FAITH HIV peer support ministry – Symposiums***

A great deal of time and resources has been devoted to marking our 20<sup>th</sup> anniversary year. In addition to our ongoing pastoral support of PLWH – which remains our priority – we held two special symposiums. The first ***The Power of Peer Support*** was held at The Old Laundry Community Centre in Stockwell, central London on June 15<sup>th</sup>. Attended by 100 people including Positive Faith members, HIV clinicians and HIV sector workers, the event was organized and hosted by Positive Faith members. Keynote speakers included Drs Stuart Flanagan & Laura Waters (HIV Consultants) – Prof. Jim McManus (Director of Public Health) – CAPS Chairperson Lazarus Mungure, Pastoral support Worker Abigail Chakanyuka and CAPS Director Dr Vincent Manning. The Rev. Timothy Radcliffe addressed the conference in a pre-recorded video message. The emphasis of this symposium was on the value of peer support in enabling PLWH to live well. Data presented and personal stories from Positive Faith members addressed the social benefits of peer support generally & the particular benefits of faith-sensitive HIV peer support. The symposium concluded with a nutritious meal, prepared by Positive Faith members and serving a range of cultural foods and diets. The welcome provided to delegates by Positive Faith members and the shared meal modelled aspects of our Positive Faith peer support meetings enabling people to have an experience of meaningful conversation, mutual learning and fellowship in a safe environment.

Our second symposium ***Making Faith Sense of HIV***, Douai Abbey, September 9th focused more explicitly on issues at the intersection of HIV and Christian faith. Presentations covered the historical context and faith-based responses in the UK and Africa. The event was attended by 28 people including clinicians, faith-sector activists and the Chief Exec of THT Richard Angell. The Rev. Timothy Radcliffe addressed the conference in a pre-recorded video message. (For more extensive reporting of these two symposiums see CAPS NEWS 2023).

Participant feedback collected indicates the Symposiums as Helping participants learn a lot: about HIV 72%; about peer support 77%; Understand Faith communities 66.5% & overcome self-stigma/stigma 55.5%. The talks & presentations were rated as excellent by 55.5% of participants.

Participant comments include:

- The event was very organised and the volunteers were very supportive and nice.
- It is important to provide an opportunity to be a totally accepting space like this for everyone.
- Peer support is critical for our mental health and self-acceptance
- lovely tasty fresh healthy food thank you - I enjoyed meeting some new people
- Wonderful sense of community
- The guest speakers were exceptional and communicated with intentional approach to understanding our individual situations. I loved it all.
- The potential of faith to heal, yet the obstacles created by faith-settings (stays with me)
- Once again, I am left with a huge respect for the work of CAPS and the safety and intelligence of their events. It was good to see some old friends I'd not expected to see. Over-all a reminder of the steady path CAPS has taken through history - congratulations. Feel proud to have been part of it, thanks for including me
- The feeling of community, being with other Christians who also live with HIV and, above all, peace (stays with me)
- The sheer care for each other, the welcome and the atmosphere (stays with me)

***Diversity, inclusion, representation in Decision Making.***

Since formation in 2003 CAPS Trustees group has always included PLWH. A core value of CAPS is that a diverse group of people who are also representative of the communities we seek to serve be meaningfully involved in the decision making of our charity, at every level. Since 2010 the representation of people diagnosed with HIV as Trustees has been above 50% in every year. Formally appointed Trustees are currently 67% Black people; 50% gay & heterosexual. The Trustees involve co-opted Board members in all Trustee meetings and decisions are taken collaboratively with the wider Board membership. Currently CAPS Trustees Board consists of 100% people diagnosed with or directly affected by HIV; 60% from Black African or Black British background and 37% gay people. Our Trustee Board including co-opted members is 50% male 50% female.

**PEER SUPPORT**

***Peer support provision and pastoral support for PLWH.***

There are a total of five groups in the UK with 6 regular meetings per month and additional meetings of varied frequency. Most meetings take place face to face. The Positive Faith London group also facilitates an online monthly meeting attended by members from across the UK and internationally.

Our regular in-person peer support groups have continued to meet in London. The South West London Fellowship Group (SWLF) meet twice monthly. The Positive Faith Peer Support (PF London) meet monthly. The Gay Men's group meet monthly. Average attendance at each SWLF meeting is 16 people; 18 people at PF London & 12 people at the Gay Men's group.

The re-establishment of monthly meetings for the Positive Faith Manchester group (PF Manchester) & the Positive Faith East group (PFE) has been successfully completed this year. Average attendance being 14 & 2 PLWH respectively. (The PFE group involves around 6 PLWH in total but regular attendance at monthly meetings is infrequent).

At every peer support group meeting a healthy meal is shared by the members. Bus fares for those who need this help to attend is provided for members attending the PF East, PF Manchester and PF London meetings. Throughout the year approx. 150 people living with HIV received direct support.

Two Retreat weekends for PLWH were held. The members of PFM and PFE gathered at Mellor House near Manchester in April & the members from across the UK attended the summer retreat at Douai Abbey in July. 36 PLWH benefited from these weekends of fellowship and respite.

In total an estimated 160 adults of diverse ethnicity and sexual orientation who are PLWH, of any faith and none, have accessed individual or peer support through attendance at our support groups and our retreat weekends.

***Members (service-users) feedback.***

Members met on several occasions to discuss the benefits of belonging to our peer support groups and suggest improvements in the services delivered. Approximately 45 members were involved in consultation and high levels of satisfaction with the support provided was expressed. Members especially valued the 'sense of family', friendship and mutual support.

***Individual case-work & support.***

Individuals often need more support than can be provided from within our community of peer support volunteers. For example, members undergoing a mental health crisis or in extreme poverty or facing

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immigration or legal issues. In these cases, or where more expert help and advice is needed our team signpost and assist members to access the advice and/or support they need. This may include some intensive support from our workers to accompany and advocate for individuals where we feel that this support is needed and can be effective. Approx. 30 PLWH have received some form of individual one-to-one support this year.

“We accompany each person according to their need. For some that means a listening ear, others require much more intensive time and attention to navigate this or that particular problem. In these cases, we work flexibly with them to access the more expert advice or service that they need. We don’t abandon them”  
Abigail Chakanyuka – CAPS Pastoral Support Worker.

For example:

During the year 1 family have received intensive and sustained mental health support including pastoral visits at home and assistance to manage access to welfare benefits and manage household bills. The family were also enabled to access counselling.

Migrants and asylum seekers living with HIV have received assistance to access specialist advice. CAPS has submitted nine letters of support for asylum seeking PLWH outlining the particular needs of PLWH.

An elderly man with HIV and dementia has received pastoral visits at home and support to access appropriate health-care.

A Catholic woman who was referred to us through an NHS clinic has received mental-health support. She has been a victim of domestic violence and has also been re-housed due to threats from neighbours. She has been frightened to venture outside her home and has also expressed a need for help in clearing the vast amount of clutter and rubbish that has accumulated in her home. She has serious concerns for her two young-adult children. She has received weekly telephone calls and has been encouraged to attend peer-support group meetings to reduce isolation. Engagement is ongoing.

An elderly isolated man with HIV related dementia has been referred to social services and his now receiving home-support from care-workers.

We continue to support, encourage and reduce the isolation of a number of PLWH who have arrived in the UK through legal visa systems including worker visas. We anticipate that there will be an increased need to offer support to meet the needs of PLWH migrant workers in this country, especially those in precarious or exploitative employment situations.

### ***Hardship Grants***

Hardship grants of £2,100 were distributed to individuals during the year (2023: Nil).

### ***Social media and communications.***

We have engaged a team who communicate news on a regular basis, to raise awareness, promote HIV education and reduce stigma, through various platforms. We have received several new inquiries via social media outreach & via our website.

### ***Asylum Seekers***

CAPS continues to provide social and emotional support for a significant number of PLWH who are asylum seekers, failed asylum seekers, or have no recourse to public funds. (see also individual case-work above).

## **A CHRISTIAN PRESENCE & VOICE in THE HIV SECTOR**

### ***Collaboration with HIV sector agencies, Local Authorities & NHS***

CAPS continues to receive referrals from NHS HIV clinics (inc. St. Georges and Guys & St. Thomas NHS Trusts) for individual support for those PLWH who are especially isolated. We continue to work in partnership with the Metro and African Advocacy Foundation (AAF) HIV agencies as part of the South London Positive People's Network. We collaborated with local NHS Community services to provide additional support 'in-the community' in particularly complex cases for very vulnerable PLWH. (see also Case Work & Symposiums above)

**The first public meeting to address the emergence of AIDS in the UK** took place 40 years ago on 21<sup>st</sup> May 1983. To mark this anniversary, the THT gathered some of the same activists from the original meeting to speak at *Silence = Death: 40 Years of Speaking Out about HIV*, also at Conway Hall, the original meeting venue, in May this year. As a 'trip down memory lane', the event attracted over 100 attendees who recalled the immense struggles faced by the first AIDS activists and pioneers in the face of hostility and prejudice in wider society. In questions from the floor CAPS' members contributed to a lively discussion which included recollections of the sometimes helpful and more-often unhelpful role of religious leaders in the earliest years of the pandemic.

**After a consultation period of 12 months, CAPS has renegotiated** our role in a partnership to deliver support for PLWH across London. With funding from the boroughs of Lambeth, Southwark and Lewisham a new three-year services contract commenced in October 2023. The partnership includes the METRO, African Advocacy Foundation and Positively UK HIV voluntary sector organisations. CAPS contribution will be the provision of faith-sensitive pastoral support and the provision of a monthly support group for Gay men LWH in London.

**Pastoral Support Worker Abigail Chakanyuka, provided outreach and information sessions** about Positive Faith in person with a large group of patients at the NHS Caldecot HIV Clinic at Kings Hospital, London and via a webinar 'in conversation' with peer support worker Fernando Monteiro for the Bloomsbury Network, part of the peer support service at the Mortimer Market Sexual Health Clinic, London. Typical of the feedback from participants, Joe and Clara said that the sessions were "wonderfully informative and well-pitched."

### **CHIVA Conference – Birmingham**

CAPS Trustee John Thornhill & Pastoral Support Worker Abigail Chakanyuka attended the Children's HIV charity CHIVA Conference in Birmingham, March 15th. Our display prompted much interest from the delegates attending. As always, some are surprised to see us there. Abigail recalls one conversation with an HIV practitioner who asked "Aren't you Christians the problem? Some of my patients are uncertain about taking their medication because of what they hear in church about being cured!" Abigail described how our members understand healing in Christian perspective. Some PLWH cling to expectations of being cured miraculously because they have internalized the judgments they heard within their church. Frightened, their hope is to be rid of HIV. It is a sign that they have yet to accept their HIV & understand it within the context of faith. Abigail was able to explain that we help our members to understand that God's healing is offered through modern medicine. Our members come to distinguish between false ideas of being cured and experience instead, the more profound healing, not least from the wounds of stigma, that is God's answer to our prayers.

## **A VOICE in THE CHURCHES for PEOPLE WITH HIV**

### ***Collaboration and HIV education with religious organizations***

CAPS has continued to strengthen our partnership with the Congregation of the Passion (Religious Order). We are hopeful that continued collaboration will lead to plans for a more sustainable and secure future for the CAPS ministry. Several members attended various meetings with both the Congregation (clergy) and the Community of the Passion which includes clergy and lay people who have a serious commitment to action for social justice in the world.

Activist-volunteers Charity and Alice represented CAPS and the Positive Faith Manchester community at the annual gathering of Passionist partners charities, Sept. 11th-13th, at Minsteracres Retreat Centre, Northumberland. Director Vincent Manning was CAPS delegate at the Passionist symposium, 'Contemplating the Passion' also at Minsteracres, attended by Passionist clergy and laity from across Europe, September 25th – 29th. By their attendance, our activists inform members of the Congregation, strengthen links with other partner charities, and educate other Christians attending these gatherings.

CAPS trustees and staff met with CAPS Patron & Archbishop of Southwark Most Rev. John Wilson. The Chairperson Lazarus Mungure and colleagues were able to inform the Archbishop of the situation, large number and needs of PLWH in the archdiocese he oversees.

Pastoral Support Worker Abigail Chakanyuka and CAPS Chairperson, Lazarus Mungure promoted Positive Faith at the Spirit Unbounded Conference in Bristol in October. Organised by the lay-led Root & Branch movement, the conference which also had linked sessions running in Rome, coincided with the official Church opening Vatican session of the Synod on Synodality.

### **Synod on Synodality – Vatican led worldwide Catholic Consultation**

CAPS' Patron, Rev. Timothy Radcliffe OP has been invited by Pope Francis to lead the retreat for delegates at the 2023 October Synod on Synodality at the Vatican. This synod will seek to address pressing pastoral issues for the church globally. Amongst the consultation documents submitted to the Vatican from around the world, as part of the Synodal process, there is no substantial mention of HIV in any of the published pre-synod Continental reports. Dr Manning wrote a letter highlighting this omission, to the editor of the international Catholic periodical *The Tablet*. Subsequently a report addressing HIV and AIDS noting this omission & an account of CAPS' *Making Faith Sense of HIV* symposium, was published (Sept. 23<sup>rd</sup> 2023).

Participants at the Making Faith Sense of HIV symposium (see above) suggested that CAPS submit a formal report on the theological issues raised and the pastoral needs of PLWH, to the Vatican, ahead of the upcoming October Synod on Synodality. CAPS director Dr Vincent Manning is compiling a report which will be submitted for consideration as part of this global consultation process.

### ***Research & History of Christian responses to HIV.***

CAPS Director, Dr Vincent Manning has submitted a Chapter for publication on the history of Catholic responses to the AIDS pandemic in the UK. This will be one of very few published accounts of the history Catholic or Christian HIV activism in the UK. It recalls more positive Christian responses to AIDS not documented elsewhere, making an important contribution to this neglected area of research. The chapter 'HIV and AIDS in England and Wales: How lay people led the Catholic response' In: *Lay Catholic Societies in Twentieth Century Britain* - Edited by Maria Power and Jonathan Bush. Is scheduled for publication in November 2024.

Vincent Manning was consulted and with other CAPS activists, contributed to the research into HIV & AIDS activism in the 20<sup>th</sup> century undertaken by Dr George Severs. A substantial chapter on faith-based activism is expected in his upcoming publication *Radical Acts: HIV/AIDS Activism in late Twentieth-Century England*



# **CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO**

## **ANNUAL REPORT**

### **YEAR ENDED 31 March 2024**

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#### ***Publications***

Our annual report and magazine 'CAPS News 2021' has been distributed to approx. 1,500 people in the UK and abroad.

#### ***Financial review and reserves policy***

Total income of £126,243 was raised during the year (2023: £62,904). Generous and timely funding from trusts, foundations, and religious orders enabled CAPS to support PLWH at risk with modest but vital sums of money and to continue supporting paid staff. Full details are set out in the notes to the accounts. The result for the year was a surplus of £24,737 (2023: deficit of £24,712).

The charity needs to hold reserves to ensure resilience against unexpected costs or income shortfalls. The Trustees estimate that twelve months would be needed to secure adequate replacement funding or, in the worst case, to allow for a planned withdrawal of services, which, if not managed carefully and sensitively, could significantly impact the most vulnerable people living with HIV whom we presently serve. The Trustees have therefore determined that unrestricted funds of not less than twelve months' operating costs should be held in reserve, based on the budget for the forthcoming year. At 31 March 2024, this target amounted to £110,000, and actual unrestricted reserves amounted to £169,351.

#### ***Structure, governance and management***

Catholics for AIDS Prevention and Support (CAPS) is a Charitable Incorporated Organisation (C.I.O.) formed by Constitution, registered with the Charity Commission on 18th October 2021 under number 1196193.

Constitutionally CAPS requires a minimum of 3 trustees and allows a maximum of 9. In addition, the trustees invite others to assist and advise as appropriate according to areas of expertise, as co-opted members of the Board. Trustees are often previously co-opted members who agree to formal appointment and have demonstrated a commitment to and understanding of CAPS aims and objectives.

We appoint trustees who have a good understanding of HIV and its effects on individuals and in society, and seek a wide distribution of skills and experience with the Board. The majority of current trustees are also people with Christian faith although this is not a specific requirement. CAPS ensures that PLWH are also represented at Board level, to maintain CAPS commitment to the internationally-agreed principle of the meaningful involvement of PLWH (MIPA) in all aspects of services decision-making and delivery.

#### **Future Plans**

##### ***Maintaining pastoral support***

As a small grass-roots charity, principally run on a voluntary basis, CAPS is committed to the pastoral support aspects of our work before all else. Enabling PLWH to come together in order to benefit from the social support that they give and receive from each other, on a peer-to-peer basis, remains our first priority.

CAPS' most vulnerable members with the most complex needs and situations are falling between the 'gaps' in mainstream provision. Many who attend our groups can be described as having complex needs. We are also seeing a population of PLWH over 50 and growing into old age, when health issues generally and the risks of isolation can become more acute. CAPS Trustees recognize that many members, at times, require more support than can be provided for on a volunteer peer to peer basis.

In addition to beneficial social support, evidence suggests that compassionate service for others upon which our model relies, may have survival benefits for PLWH.

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***Strategic planning and sustainability***

We intend to continue to develop CAPS C.I.O. as a Charity so that we are sustainable for the longer term. This may mean recruiting additional members of staff to our small team so that we can more adequately meet the needs of PLWH. A strategic review will be undertaken with trustees and Positive faith members in 2024-2025.

By order of the board



Lazarus Mungure

Chair

21st January 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT  
INDEPENDENT EXAMINER'S REPORT  
YEAR ENDED 31 March 2024**

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I report to the trustees on my examination of the accounts of Catholics for AIDS Prevention and Support ('the charity') for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tyrone Henry, Certified Public Accountant  
12B St. Saviour's Road  
London SW2 5HD

21<sup>st</sup> January 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**RECEIPTS AND PAYMENTS ACCOUNT**  
**YEAR ENDED 31 March 2024**

	Note	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
<b>Receipts</b>							
Grants and donations	2	11,000	70,192	81,192	-	51,062	51,062
Advice and services	3	-	38,890	38,890	-	10,500	10,500
Retreat fees	4	-	1,211	1,211	-	220	220
Interest income	5	-	4,949	4,949	-	1,122	1,122
		<b>11,000</b>	<b>115,243</b>	<b>126,243</b>	<b>-</b>	<b>62,904</b>	<b>62,904</b>
<b>Payments</b>							
Direct charitable expenditure	6	11,232	88,904	100,136	3,672	80,886	84,558
Governance costs	7	-	1,370	1,370	-	3,058	3,058
		<b>11,232</b>	<b>90,273</b>	<b>101,505</b>	<b>3,672</b>	<b>83,944</b>	<b>87,616</b>
<b>Net surplus/(deficit) for the year</b>		<b>(232)</b>	<b>24,969</b>	<b>24,737</b>	<b>(3,672)</b>	<b>(21,040)</b>	<b>(24,712)</b>
Funds at start of year		813	144,382	145,195	4,485	165,423	169,908
<b>Funds at end of year</b>		<b>581</b>	<b>169,352</b>	<b>169,933</b>	<b>813</b>	<b>144,382</b>	<b>145,195</b>

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**STATEMENT OF ASSETS AND LIABILITIES**  
**YEAR ENDED 31 March 2024**

	Note	2024 £	2023 £
<b>Current Assets</b>			
Cash at bank and in hand		169,933	145,195
<b>Net assets</b>		<b>169,933</b>	<b>145,195</b>
<b>Funds of the charity</b>			
Restricted funds	7	-	-
Unrestricted funds		169,933	145,195
<b>Total Funds</b>		<b>169,933</b>	<b>145,195</b>

Approved by the trustees and signed on their behalf by



Lazarus Mungure  
Chair  
January 21<sup>st</sup> 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**NOTES TO THE ACCOUNTS (continued)**  
**YEAR ENDED 31 March 2024**

**1. Basis of preparation**

The trustees have elected to adopt the receipts and payments basis of accounting, rather than the accruals basis, as permitted for charities with an annual income below £250,000. A Receipts and Payments Account and a Statement of Assets and Liabilities have been prepared in accordance with section 133, Charities Act 2011.

Restricted funds comprise monies contributed by donors for specific purposes or subject to specific conditions.

Unrestricted funds represent those monies that are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

**2. Grants and donations**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Congregation of the Passion	-	70,000	70,000	-	50,470	50,470
London Community Foundation	10,000	-	10,000	-	-	-
Gay Mens Group Grant	1,000	-	1,000	-	-	-
Individuals and church groups	-	192	192	-	592	592
	<b>11,000</b>	<b>70,192</b>	<b>81,192</b>	<b>-</b>	<b>51,062</b>	<b>51,062</b>

Details of restricted funds are set out in note 8 below.

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**NOTES TO THE ACCOUNTS (continued)**  
**YEAR ENDED 31 March 2024**

**3. Advice and services**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Provision of faith-based support	-	24,989	24,989	-	10,500	10,500
Advice and services	-	13,901	13,901	-	-	-
	<b>-</b>	<b>38,890</b>	<b>38,890</b>	<b>-</b>	<b>10,500</b>	<b>10,500</b>

**4. Retreat fees**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Stockwell Gardens West Residents Association	-	500	500	-	-	-
Individuals and parishes	-	711	711	-	220	-
	<b>-</b>	<b>1,211</b>	<b>1,211</b>	<b>-</b>	<b>220</b>	<b>-</b>

**5. Interest income**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Interest income	-	4,949	4,949	-	1,122	1,122
	<b>-</b>	<b>4,949</b>	<b>4,949</b>	<b>-</b>	<b>1,122</b>	<b>1,122</b>

Represents interest income earned on cash deposits held in COIF Charity Deposit Fund.

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**NOTES TO THE ACCOUNTS (continued)**  
**YEAR ENDED 31 March 2024**

**6. Direct charitable expenditure**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Salaries and pensions	5,949	51,395	57,344	-	56,185	56,185
Caps Education & Outreach	-	1,580	1,580	-	649	649
Training	-	-	-	-	450	450
Hardship grants	2,100	-	2,100	-	-	-
Grants Gay Men Group	419	-	419	-	357	357
Pastoral care	-	1,910	1,910	-	1,100	1,100
Volunteer expenses	-	482	482	-	160	160
Support group meetings	1,951	2,011	3,962	-	3,687	3,687
Retreat expenses	-	5,981	5,981	51	600	651
Conferences and events	-	10,094	10,094	57	4,965	5,022
Travel and hospitality	-	1,073	1,073	50	1,251	1,301
Caps News, Printing & Postage	-	4,002	4,002	-	7	7
Books and library resources	-	564	564	-	380	380
IT and communications	-	8,555	8,555	-	10,431	10,431
Office supplies	-	57	57	-	-	-
Memberships and subscriptions	-	555	555	124	595	719
PF East & Manchester	813	577	1,390	3,391	-	3,391
Bank charges	-	70	70	-	69	69
	<b>11,232</b>	<b>88,904</b>	<b>100,136</b>	<b>3,672</b>	<b>80,886</b>	<b>84,558</b>

**7. Governance costs**

	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2024 Total £</b>	<b>Rest- ricted £</b>	<b>Unrest- ricted £</b>	<b>2023 Total £</b>
Trustees' Meetings:	-	320	320	-	177	177
Travel and provisions	-	659	659	-	661	661
Payroll bureau	-	390	390	-	384	384
Insurance	-	-	-	-	1,836	1,836
Legal fees	-	-	-	-	3,058	3,058
	<b>-</b>	<b>1,370</b>	<b>1,370</b>	<b>-</b>	<b>3,058</b>	<b>3,058</b>

No remuneration was paid to any trustee in that capacity during the year (2023: £nil). Legal fees incurred in the prior year were related to the change in charitable status.



**CATHOLICS FOR AIDS PREVENTION AND SUPPORT**  
**NOTES TO THE ACCOUNTS (continued)**  
**YEAR ENDED 31 March 2024**

**8. Restricted funds**

<b>Year ended 31 March 2024</b>	<b>Opening balance £</b>	<b>Income £</b>	<b>Expend- iture £</b>	<b>Closing balance £</b>
<b><i>Hardship grants &amp; pastoral support</i></b>				
Gay Mens Group	-	1,000	(419)	581
London Community Foundation	-	4,051	(4,051)	-
<b><i>Staff employment costs</i></b>				
London Community Foundation	-	5,949	(5,949)	-
<b><i>Regional Group costs</i></b>				
Charles Platter Trust	813	-	(813)	4,485
<b>Total</b>	<b>813</b>	<b>11,000</b>	<b>(11,232)</b>	<b>5,066</b>

<b>Year ended 31 March 2023</b>	<b>Opening balance £</b>	<b>Income £</b>	<b>Expend- iture £</b>	<b>Closing balance £</b>
<b><i>Regional Group costs</i></b>				
Charles Platter Trust	4,485	-	(3,672)	813
	<b>4,485</b>	<b>-</b>	<b>(3,672)</b>	<b>813</b>