

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

England & Wales · Charity number 1196193

Details

Other names	POSITITVE CATHOLICS
Status	Registered
Legal form	CIO
Registered	2021-10-18
Register	View on the Charity Commission register

Contact

Address	4 Thring House Stockwell Road London SW9 9EU
Phone	07505608655
Email	info@caps-uk.org
Website	https://www.positivefaith.org.uk/about-positivefaith

Activities

Objects: THE OBJECTS OF THE CIO ARE:* TO RELIEVE SICKNESS AND DISTRESS AMONGST THOSE SUFFERING AS A RESULT OF HIV/AIDS, * TO PRESERVE AND PROTECT HUMAN HEALTH BY PROVIDING INFORMATION ON HIV/AIDS, AND * TO ADVANCE THE CHRISTIAN FAITH IN ACCORDANCE WITH THE ROMAN CATHOLIC CHURCH, CONSISTENT WITH ITS LIVING TRADITIONS, INCLUDING SACRED SCRIPTURE AND THE DEVELOPMENT OF DOCTRINE OF THE SAME CHURCH.

Activities: Support for PLWH primarily in the UK. HIV Education, awareness and support for Faith communities and HIV sector organisations

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Religious Activities
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Ireland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£105,604	£94,245	-	-
2024-03-31	£126,243	£101,505	-	-
2023-03-31	£62,904	£87,616	-	-

Trustees

Name	Role	Appointed
LAZARUS MUNGURE	Chair	2021-10-18
Adela Butetsi Senkubuge		2021-10-18
David Christie-Davies		2021-10-18
JOHN THORNHILL		2021-10-18
MARIAM YUSUF		2025-02-18
Matilda Makombe MA		2024-09-13
Shiellah Mushunje		2024-09-13
Tyrone Allee		2021-10-18

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

England & Wales - Charity number 1196193

Accounts

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

FINANCIAL STATEMENTS

YEAR ENDED 31 March 2025

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

CHARITY DETAILS

YEAR ENDED 31 March 2025

Trustees:	Lazarus Mungure (Chair) Rev Christopher Howard (resigned Sept. 2024) Adela Senkubuge John Thornhill Tyrone Allee David Christie-Davies Victoria Morris (Appointed Sept. 2024) Matilda Makombe (Appointed Sept. 2024) Sheillah Mushunje (Appointed Sept. 2024) Mariam Yusuf (Appointed Feb. 2025)
Patrons:	Rt. Revd. Christopher Chessun, Bishop of Southwark (CofE) Most Rev. Cardinal Timothy Radcliffe OP Most Rev. John Wilson, Archbishop of Southwark (RC) Robert Calderisi David and Rachel Christie-Davies
Bankers:	HSBC 102 Brompton Road London SW3 1JJ
Postal address:	4 Thring House Stockwell Road London SW9 9EU
Email address:	secretary@caps-uk.org
Websites:	https://www.positivefaith.org.uk/about-positivefaith

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

ANNUAL REPORT

YEAR ENDED 31 March 2025

Introduction

The trustees present their annual report and financial statements for the year ended 31 March 2025.

Objectives and activities

The objects of the charity are:

- to promote education and prevention, treatment, care and relevant pastoral ministry for all those living with and affected by HIV/AIDS, particularly but not exclusively in the UK and Ireland;
- to promote the practical, financial, emotional, spiritual, sacramental and pastoral needs of people living with or affected by HIV/AIDS and to develop appropriate responses;
- to promote continuing reflection on all aspects of ethical, theological, and other challenges raised by HIV/AIDS, not least issues of social justice, through publications, seminars, and other relevant means.

Catholics for AIDS Prevention and Support (CAPS) CIO achieves this through a combination of educational and awareness-raising activities, and the pastoral support which we make available to individuals or families directly affected by HIV.

CAPS Education consists of talks and presentations often but not exclusively in faith community settings (churches, schools, conferences etc.). These serve to raise awareness about HIV, providing accurate information and enhancing public health. They also reduce HIV-related stigma and increase understanding of people who are living with HIV (PLWH) in the UK and around the world.

CAPS works in partnership with NHS and Local Authority bodies which allows us to signpost people in need of specialist HIV support or medical intervention effectively. Our partnerships and the expertise we bring assists colleagues in the secular agencies to develop their understanding of the 'intersection' between issues of Christian faith generally and HIV, enabling them to respond more effectively and sensitively in regard to both patient/client care and matters of public health education, including promoting access to HIV testing in faith communities.

CAPS Pastoral Support is offered through Peer Support Groups in London, Manchester and Cambridgeshire for PLWH, and the respite weekends ('retreats') available nationally for families affected by HIV directly. Our volunteers support individuals, especially during times of sickness or other crisis and/or in the months following diagnosis through befriending activities. Our web-based resources and telephone help-line provide additional support.

Taken together these services provide all the benefits of 'social support' including: reducing isolation; supporting individuals who often have complex needs and are marginalized in additional ways such as immigration status, unemployment, or mental health difficulties; supporting those who may otherwise feel unable to access mainstream services; providing accurate information; reducing the effects of internalized stigma; helping people to consider issues around HIV disclosure; encouraging access and adherence to treatment; supporting PLWH to remain in or access employment; and contributing towards family cohesion.

In administering the charity, the trustees have complied with the duty under section 17(5), Charities Act 2011, to have regard to the public benefit guidance issued by the Charity Commission.

Achievements and performance

Structure, governance and management

Catholics for AIDS Prevention and Support (CAPS) is a Charitable Incorporated Organisation (C.I.O.) formed by Constitution, registered with the Charity Commission on 18th October 2021 under number 1196193. (Formerly registered as CAPS Foundation Trust since 2003).

Constitutionally CAPS requires a minimum of 3 trustees and allows a maximum of 9. In addition, the trustees invite others to assist and advise as appropriate according to areas of expertise, as co-opted members of the Board. Trustees are often previously co-opted members who agree to formal appointment and have demonstrated a commitment to and understanding of CAPS aims and objectives.

We appoint trustees who have a good understanding of HIV and its effects on individuals and in society. We seek a wide distribution of skills and experience with the Board. A majority of trustees are also PLWH with Christian faith. We are committed to the internationally-agreed principle of the meaningful involvement of PLWH (MIPA) in all aspects of services decision-making and delivery.

Diversity, inclusion, representation in Decision Making.

Since formation in 2003 CAPS Trustees group has always included PLWH. A core value of CAPS is that a diverse group of people who are also representative of the communities we seek to serve be meaningfully involved in the decision making of our charity, at every level. Since 2010 the representation of PLWH as Trustees has been above 50% in every year. Currently CAPS Trustees group consists of 78% PLWH; 78% from Black African or Black British background and 22% gay people. Our Trustee Board including co-opted advisors is 45% male 55% female; 70% PLWH; 60% Black African or Black British; 30% gay.

We welcomed Victoria Morris, Matilda Makombe, Sheillah Mushunje and Mariam Yusuf, all of whom have been co-opted Trustee Board advisory members as formally appointed Trustees this year.

Peer support provision and pastoral support for PLWH.

5 groups in the UK with 6 regular meetings per month and additional meetings of varied frequency. Most peer-support meetings take place face to face and a Positive Faith group also meets online once a month.

Our regular in-person peer support groups have continued to meet in London. The South West London Fellowship Group (SWLF) meet twice monthly and the Positive Faith Peer Support (PF London) group once monthly. Typical attendance at each SWLF meeting is 28 people and 26 people at PF London.

Our Positive Faith Manchester group (PF Manchester) has met once a month, typical attendance 18 people.

Positive Faith East (Cambridgeshire) members have met each month with fewer members due to the known challenges of convening peer-support groups in the region.

Our London based group for Gay men living with HIV continues to meet once a month with typical attendance of 12 each meeting.

Bus fares for those who need this. Throughout the year approx. 140 PLWH received direct support from attendance at a peer-support group.

CAPS' has delivered 90 Peer Support Group meetings & 3 Residential weekends for PLWH this year. The ministry has brought together approx. 160 unique members, activists, and volunteers. During meetings, members pray together, share a healthy meal, and provide mutual support and encouragement.

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Residential Weekends

Two residential weekends took place at The Briery Centre & Douai Abbey for a total of 39 adults. Three mothers were enabled to bring their children to enjoy a short break. Fr Martin Newell CP accompanied members for our annual summer weekend at Douai. Fr Peter Kinsella accompanied members for our Spring weekend at The Briery. 16 Trustee Board members met for a strategy and planning w/end at Douai. (see CAPS Strategy below)

Members (service-users) feedback.

Members met on several occasions, in Manchester and London, to discuss the benefits of belonging to our peer support groups and suggest improvements in the services delivered. Approximately 45 members were involved in consultation and high levels of satisfaction with the support provided was expressed. Members especially valued the 'sense of family', friendship and mutual support.

Individual case-work & support.

Individuals often need more support than can be provided from within our community of peer support volunteers. For example, members undergoing a mental health crisis or in extreme poverty or facing immigration or legal issues. In these cases, or where more expert help and advice is needed our team assist members to access the advice and/or support they need. This often includes some intensive support from our workers to accompany and advocate for individuals where we this support is needed and can be effective.

For example:

A family have received intensive and sustained support with managing debt following a period of ill-health. This involved twice monthly support sessions over six months, help to understand letters and assistance contacting debt collection agencies. Importantly, support relieved the anxiety caused by constant demands which often feel overwhelming. Knowing that they were not alone undoubtedly contributed to improved mental health and family relationships. Creating a plan to address the debts with the parents and completing a sustainable household budget empowered them for the future. Concretely 2 debts were written off and we negotiated a payment plan with the Energy supply company which achieved a positive balance on the account over an eight-month period.

Ten individuals seeking asylum have been accompanied to find proper legal-advice and case-work support from specialist agencies. Again, each person received intensive one-one support to understand the steps in legal processes & help with the costs of travel. After careful consultation with each person, we have worked closely with legal teams and have submitted detailed supporting evidence in each case.

36 individuals received one-to-one casework support of whom: 83% are Black African & 14% White – 72% Heterosexual & 28% LGBT women and men – 70% unemployed & 33% with no recourse to public funds – 7% Homeless & 12.5% in Hostel accommodation. Service-user survey data feedback: 89% reported support was 'Extremely Helpful' & 8.3% 'Somewhat Helpful'.

"Another door has opened for me. Thank you so much for all your support"

"You are the only person I talk to about all of this"

"You have been like family to me. You have helped us with everything. Like Father, like mother"

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Asylum Seekers

CAPS continues to provide social and emotional support for a significant number of PLWH who are asylum seekers, failed asylum seekers, or have no recourse to public funds.

Hardship Grants

Hardship grants of £2,500 were distributed to individuals during the year (2024: £2,100).

Social media and communications.

Regular Social-media posts to inform & educate continue bi-monthly.

We have published a new course designed specifically for schools, parishes, and congregations – freely available on our website. This new resource, based on the existing Positive-Faith film series, is part of our ongoing efforts to support faith communities in understanding the impact of HIV and how to better include and support people living with HIV. The course provides practical guidance and can be used in classroom settings or group discussions within churches. We have also revamped our sections for people living with HIV (PLWH), offering a new, easy to consume presentation of the two series: Living with HIV and Faith and HIV. This new ‘course-like’ presentation allows individuals to follow the content at their own pace and save their progress for future sessions.

A Christian presence in society and the HIV sector – Education, Awareness & Advocacy

CAPS continues to receive referrals from NHS HIV clinics (inc. St. Georges and Guys & St. Thomas NHS Trusts) for individual support for those PLWH who are especially isolated.

We continue to work in partnership with the Metro and African Advocacy Foundation (AAF) HIV agencies as part of the South London Positive People’s Network.

We collaborated with local NHS Community services to provide additional support ‘in-the community’ in particularly complex cases for very vulnerable PLWH. (see case work above)

‘ONE VOICE’ Network

Our Pastoral Support worker has attended meetings of a collaborative of agencies whose aim is to advocate and provide leadership for Black communities affected by HIV and health inequalities. Many Positive Faith members report experiences of prejudice & discrimination in the Health Sector and elsewhere. As a majority of our Positive Faith members are Black PLWH our experience will be a valuable contribution to the One Voice network.

CHIVA Conference – Birmingham

CAPS Trustee John Thornhill & Pastoral Support Worker Abigail Chakanyuka attended the Children’s HIV charity CHIVA Conference in Birmingham, March 15th. Our display prompted much interest from the delegates attending.

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New South London support services for PLWH – ‘BRIDGES’

CAPS trustee Tyrone Allee gave a presentation at the launch in Kennington of the re-structured ‘Bridges’ support services for PLWH. Under contract from the boroughs of Lambeth, Southwark & Lewisham (LSL) CAPS is one of the providers along with partner agencies African Advocacy Foundation (AAF), METRO & Positively UK. A number of the Positive Faith members attended. <http://bridgeslondon.org.uk/>

POSITIVELY UK Bi-Annual Conference

Two delegates represented CAPS at the Positively UK Conference in central London, in June.

Positive Faith members support the local community

The Positive Faith Gay Men’s Group, South West London Fellowship and Positive Faith London peer-support meet at The Old Laundry Community Centre in Stockwell. CAPS volunteers led the catering team providing a meal for sixty senior citizens living locally, in collaboration with the Stockwell Residents Association & The Young People Matter team, who are also based at the Centre.

Work-Experience placement

A Secondary school student was placed with CAPS’ Pastoral Worker for one week to undertake work-experience. The student wrote a short reflective piece for CAPS NEWS in which she spoke about how much she enjoyed her experience. She learned about our work and issues related to HIV in general. She gave a presentation in her school on her placement.

CAPS Trustee Tyrone Allee receives Award for services to the Black community

Tyrone Allee was given a special Metropolitan Police Award for services to the community. The award 'celebrates an individual or group, who has actively worked to empower and uplift the community, striving for positive change by helping to break down barriers between the Metropolitan Police Service and the Black Community.' Amongst one of his many roles of service for others Tyrone has been a Notting Hill Carnival Ambassador for the past 15 years.

Positive Faith members and CAPS Activists - PATCHWORK QUILT Project

Members & activists have begun a project to create a new patchwork display that visualises some of our stories. It is hoped that the eventual quilt will be available for public display.

A voice in the Church for people living with HIV - Collaboration and HIV Education in religious settings

CAPS has continued to strengthen our partnership with the Congregation of the Passion (Religious Order). We are hopeful that continued collaboration will lead to plans for a more sustainable and secure future for the CAPS ministry. Several members attended various meetings with both the Congregation (clergy) and the Community of the Passion which includes clergy and lay people who have a serious commitment to action for social justice in the world. CAPS delegates attended the annual Passionist Partners gathering at Minsteracres Conference Centre in September, where the future of social-justice charities supported by The Passionists was discussed ahead of the Congregation’s upcoming 2025 Chapter.

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CAPS Chair & activists meet for tea with Fr. Timothy Radcliffe OP

CAPS Chair Lazarus Mungure led a small delegation of CAPS activists to join Fr Timothy Radcliffe OP at Blackfriars, Oxford, for tea and cake in April. Timothy has been a Patron of CAPS for over a decade. The group were able to update him on the challenges that the members of Positive Faith face. Increasingly, refugee and migrant PLWH have joined our Positive Faith community. We discussed the accumulated trauma(s) of those fleeing war or seeking asylum because of harsh anti-gay legislation in their home countries, and the ways in which CAPS offers support. Although Fr Timothy was unable to attend our 2023 Symposium(s) on Faith & HIV in person, Lazarus was able to thank him for the video message that he sent and his emphasis on friendship & inclusion which delegates appreciated. The Vatican-led Global Consultation process – the ‘Synod on Synodality’ - was a topic for discussion and the group were able to thank Timothy for mentioning the significance of the AIDS pandemic at the first Synod gathering in Rome, October 2023.

CAPS Patron elevated to Cardinal

CAPS trustees and Positive Faith members are proud and delighted that Pope Francis elevated Fr Timothy Radcliffe OP to the College of Cardinals at a consistory on December 8th 2024. This is very well-deserved recognition of Timothy’s sensitive teaching and wise prophetic leadership in the Church over a lifetime. Cardinal Timothy has been a vocal advocate for the needs of PLWH: “The challenge for the Church is to bring back people with HIV as full members of the community — not only for what they can receive, but for what they can give. God will not desert them.”

Conference on 25 years of LGBT Ministry in the Catholic Church in England

This year, 2024, marks the 25th anniversary of LGBT+ Catholics Westminster – a ministry and outreach for LGBT people provided by the Catholic Diocese of Westminster. CAPS Director Vincent Manning is a founding member and former Pastoral Council member. The ministry was formed in response to the 1999 ‘Admiral Duncan’ Pub bombing by a far-right activist. CAPS members attended a Conference in May at the Jesuit Centre in Farm Street. (See full report in CAPS News 2024)

CAPS Strategy & Planning Weekend – Douai Abbey – September 2024

The Chair & Trustees Board were delighted to welcome Passionist priest, Fr. John Friel CP for their planning weekend meeting also at Douai Abbey in September. In his feedback Fr John was impressed by the commitment and dedication of CAPS activists. Hearing the accounts of PLWH with complex needs who have been supported by CAPS he remarked that the Positive Faith ministry should be more widely known. Strategic planning will continue throughout 2025 but trustees have agreed to prioritise pastoral support for PLWH who are most disadvantaged especially Asylum-seekers and Refugees.

Global Consultation Process in the RC Church – The Synod on Synodality - CAPS report on HIV & Faith studied at Vatican Synod

CAPS submitted a detailed report on the issues for PLWH in preparation for the Second Synod on Synodality Session at the Vatican in October 2024 *POSITIVE FAITH - PEER SUPPORT FOR PEOPLE LIVING WITH HIV: Being a synodal church with a mission to be Good News for others* was submitted via CARITAS INTERNATIONALIS and will be available for the study groups in preparation for the main gathering. It is the only substantial

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contribution from anywhere in the world that raises the issues at the intersection of HIV and faith. It suggests the Positive Faith ministry is a prophetic model of what a truly inclusive and listening church might be.

As a further contribution to the synodal process, Dr Vincent Manning was invited by the European Forum of LGBTI+ Christian Groups in collaboration with Global Network of Rainbow Catholics to give a virtual presentation on the topic of 'Understanding LGBTI+ Vulnerabilities' as part of their Synodal Process webinar series. Vincent described some of the challenges faced by PLWH and argued that the LGBT Christian community has a special responsibility to include PLWH in their efforts for reform in the Church.
https://www.youtube.com/watch?v=D9ocWx_TIYE&t=1536s

CAPS Director contributes to book on Catholic lay-ministry in Britain in the 20th Century.

The history of how the Catholic Church responded to the AIDS crisis is not well documented. Vincent Manning makes an important contribution documenting some aspects of the Catholic AIDS Link (CAL) ministry from 1988-1999. Following the first national Catholic Conference on HIV at the Dominican Spode House in 1986 Manning describes why the Bishops Conference of England & Wales found it difficult to offer the national leadership that was needed at a time of crisis. Instead, lay people took leadership roles and became effectively, the Catholic voice for PLWH in this country. CAL is the predecessor charity of CAPS & in his postscript the author describes the closure of CAL and the founding of CAPS & the Positive Faith HIV peer-support ministry. Manning, V. HIV AND AIDS IN ENGLAND AND WALES: HOW LAY PEOPLE LED THE CATHOLIC RESPONSE. In: Power, M & J. Bush (eds) 2025. Lay Catholic Societies in Twentieth-Century Britain. Catholic Record Society Publications. The Boydell Press.

World AIDS Day Mass

We sponsored the annual World AIDS Day Mass with the theme "Journeying Together for an HIV-free World" on Tuesday, 26 November 2024. Fr. Brendan Callaghan SJ presided at The Church of the Immaculate conception, Farm Street, Mayfair, London. An estimated 100 people attended. CAPS Banners and a display were created to raise awareness & located in the church for a week.

Publications

Our annual report and magazine 'CAPS News 2024' has been distributed to approx. 1,500 people in the UK and abroad.

Financial review and reserves policy

Total income of £105,604 was raised during the year (2024: £126,243). Generous and timely funding from trusts, foundations, and religious orders enabled CAPS to support PLWH at risk with modest but vital sums of money and to continue supporting paid staff. Full details are set out in the notes to the accounts. The result for the year was a surplus of £11,358 (2024: deficit of £24,737).

The charity needs to hold reserves to ensure resilience against unexpected costs or income shortfalls. The Trustees estimate that twelve months would be needed to secure adequate replacement funding or, in the worst case, to allow for a planned withdrawal of services, which, if not managed carefully and sensitively, could significantly impact the most vulnerable people living with HIV whom we presently serve. The Trustees have therefore determined that unrestricted funds of not less than twelve months' operating costs should be held in reserve, based on the budget for the forthcoming year. At 31 March 2025, this target amounted to £110,000, and actual unrestricted reserves amounted to £181,291.

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Future Plans

Maintaining pastoral support

As a small grass-roots charity, principally run on a voluntary basis, CAPS is committed to the pastoral support aspects of our work before all else. Enabling PLWH to come together in order to benefit from the social support that they give and receive from each other, on a peer-to-peer basis, remains our first priority.

CAPS' most vulnerable members with the most complex needs and situations are falling between the 'gaps' in mainstream provision. Many who attend our groups can be described as having complex needs. We are also seeing a population of PLWH over 50 and growing into old age, when health issues generally and the risks of isolation can become more acute. CAPS Trustees recognize that many members, at times, require more support than can be provided for on a volunteer peer to peer basis.

In addition to beneficial social support, evidence suggests that compassionate service for others upon which our model relies, may have survival benefits for PLWH.

See also *CAPS Strategy & Planning Weekend* above

Strategic planning and sustainability

We intend to continue to develop CAPS C.I.O. as a Charity so that we are sustainable for the longer term. This may mean recruiting additional members of staff to our small team so that we can more adequately meet the needs of PLWH.

By order of the board



Lazarus Mungure

Chair

December 20th 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
INDEPENDENT EXAMINER'S REPORT
YEAR ENDED 31 March 2025**

I report to the trustees on my examination of the accounts of Catholics for AIDS Prevention and Support ('the charity') for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tyrone Henry, Certified Public Accountant

12B St. Saviour's Road

London SW2 5HD

December 16th 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
RECEIPTS AND PAYMENTS ACCOUNT
YEAR ENDED 31 March 2025**

	Note	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Receipts							
Grants and donations	2	-	55,207	55,207	11,000	70,192	81,192
Advice and services	3	-	43,267	43,267	-	38,890	38,890
Retreat fees	4	-	1,330	1,330	-	1,211	1,211
Interest income	5	-	5,800	5,800	-	4,949	4,949
		-	105,604	105,604	11,000	115,243	126,243
Payments							
Direct charitable expenditure	6	581	89,393	89,974	11,232	88,904	100,136
Governance costs	7	-	4,271	4,271	-	1,370	1,370
		581	93,664	94,245	11,232	90,273	101,505
Net surplus/(deficit) for the year		(581)	11,939	11,358	(232)	24,969	24,737
Funds at start of year		581	169,351	169,933	813	144,382	145,195
Funds at end of year		-	181,291	181,291	581	169,352	169,933

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
STATEMENT OF ASSETS AND LIABILITIES
YEAR ENDED 31 March 2025**

	Note	2025 £	2024 £
Current Assets			
Cash at bank and in hand		181,291	169,933
Net assets		<u>181,291</u>	<u>169,933</u>
 Funds of the charity			
Restricted funds	7	-	581
Unrestricted funds		181,291	169,352
Total Funds		<u>181,291</u>	<u>169,933</u>

Approved by the trustees and signed on their behalf by



Lazarus Mungure
Chair
20th December 2025

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2025

1. Basis of preparation

The trustees have elected to adopt the receipts and payments basis of accounting, rather than the accruals basis, as permitted for charities with an annual income below £250,000. A Receipts and Payments Account and a Statement of Assets and Liabilities have been prepared in accordance with section 133, Charities Act 2011.

Restricted funds comprise monies contributed by donors for specific purposes or subject to specific conditions.

Unrestricted funds represent those monies that are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

2. Grants and donations

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Congregation of the Passion	-	50,000	50,000	-	70,000	70,000
Sisters of St Joseph	-	5,000	5,000	-	-	-
Individuals and church groups	-	207	207	-	192	192
London Community foundation	-	-	-	10,000	-	10,000
Gay Mens Group Grant	-	-	-	1,000	-	1,000
	-	55,207	55,207	11,000	70,192	81,192

Details of restricted funds are set out in note 8 below.

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NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2025

3. Advice and services

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Provision of faith-based support	-	24,989	24,989	-	24,989	24,989
Advice and services	-	18,278	18,278	-	13,901	13,901
	-	43,267	43,267	-	38,890	38,890

4. Retreat fees

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Stockwell Gardens West Residents Association	-	300	300	-	500	500
Individuals and parishes	-	1,030	1,030	-	711	711
	-	1,330	1,330	-	1,211	1,211

5. Interest income

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Interest income	-	5,800	5,800	-	4,949	4,949
	-	5,800	5,800	-	4,949	4,949

Represents interest income earned on cash deposits held in COIF Charity Deposit Fund.

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NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2025

6. Direct charitable expenditure

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Salaries and pensions	-	57,344	57,344	5,949	51,395	57,344
Caps Education & Outreach	-	110	110	-	1,580	1,580
Training	-	405	405	-	-	-
Quilt project	-	1,222	1,222	-	-	-
Hardship grants	-	2,500	2,500	2,100	-	2,100
Volunteer expenses	581	323	904	419	-	419
Pastoral care	-	62	62	-	1,910	1,910
Volunteer expenses	-	874	874	-	482	482
Support group meetings	-	3,910	3,910	1,951	2,011	3,962
Retreat expenses	-	7,056	7,056	-	5,981	5,981
Conferences and events	-	1,741	1,741	-	10,094	10,094
Travel and hospitality	-	2,514	2,514	-	1,073	1,073
Caps News, Printing & Postage	-	3,214	3,214	-	4,002	4,002
Books and library resources	-	359	359	-	564	564
IT and communications	-	5,662	5,662	-	8,555	8,555
Office supplies	-	321	321	-	57	57
Memberships and subscriptions	-	564	564	-	555	555
PF East & Manchester	-	1,150	1,150	813	577	1,390
Bank charges	-	61	61	-	70	70
	581	89,393	89,974	11,232	88,904	100,136

7. Governance costs

	Rest- ricted £	Unrest- ricted £	2025 Total £	Rest- ricted £	Unrest- ricted £	2024 Total £
Trustees' Meetings:						
Travel and provisions	-	3,212	3,212	-	320	320
Payroll bureau	-	654	654	-	659	659
Insurance	-	406	406	-	390	390
	-	4,271	4,271	-	1,370	1,370

No remuneration was paid to any trustee in that capacity during the year (2024: £nil).

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2025

8. Restricted funds

Year ended 31 March 2025	Opening balance	Income	Expend- iture	Closing balance
	£	£	£	£
<i>Hardship grants & pastoral support</i>				
Gay Mens Group	581	-	(581)	-
Total	581	-	(581)	-

Year ended 31 March 2024	Opening balance	Income	Expend- iture	Closing balance
	£	£	£	£
<i>Hardship grants & pastoral support</i>				
Gay Mens Group	-	1,000	(419)	581
London Community Foundation	-	4,051	(4,051)	-
<i>Staff employment costs</i>				
London Community Foundation	-	5,949	(5,949)	-
<i>Regional Group costs</i>				
Charles Platter Trust	813	-	(813)	-
Total	813	11,000	(11,232)	-

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

England & Wales - Charity number 1196193

Accounts

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

FINANCIAL STATEMENTS

YEAR ENDED 31 March 2024

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

CHARITY DETAILS

YEAR ENDED 31 March 2024

Trustees: Lazarus Mungure (Chair)
Rev. Christopher Howard
Adela Senkubuge
John Thornhill
Tyrone Allee
David Christie-Davies

Patrons: Rt. Revd. Christopher Chessun, Bishop of Southwark (CofE)
Most Rev. Timothy Radcliffe OP
Robert Calderisi
David and Rachel Christie-Davies
Most Revd. John Wilson, Archbishop of Southwark (RC)

Bankers: HSBC
102 Brompton Road
London SW3 1JJ

Postal address: 4 Thring House
Stockwell Road
London SW9 9EU

Email address: secretary@caps-uk.org

Websites: <https://www.positivefaith.org.uk/about-positivefaith>

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

ANNUAL REPORT

YEAR ENDED 31 March 2024

Introduction

The trustees present their annual report and financial statements for the year ended 31 March 2024.

Objectives and activities

The objects of the charity are:

- to promote education and prevention, treatment, care and relevant pastoral ministry for all those living with and affected by HIV/AIDS, particularly but not exclusively in the UK and Ireland;
- to promote the practical, financial, emotional, spiritual, sacramental and pastoral needs of people living with or affected by HIV/AIDS and to develop appropriate responses;
- to promote continuing reflection on all aspects of ethical, theological, and other challenges raised by HIV/AIDS, not least issues of social justice, through publications, seminars, and other relevant means.

Catholics for AIDS Prevention and Support (CAPS) CIO achieves this through a combination of educational and awareness-raising activities, and the pastoral support which we make available to individuals or families directly affected by HIV.

CAPS Education consists of talks and presentations often but not exclusively in faith community settings (churches, schools, conferences etc.). These serve to raise awareness about HIV, providing accurate information and enhancing public health. They also reduce HIV-related stigma and increase understanding of people who are living with HIV (PLWH) in the UK and around the world.

CAPS works in partnership with NHS and Local Authority bodies which allows us to signpost people in need of specialist HIV support or medical intervention effectively. Our partnerships and the expertise we bring assists colleagues in the secular agencies to develop their understanding of the 'intersection' between issues of Christian faith generally and HIV, enabling them to respond more effectively and sensitively in regard to both patient/client care and matters of public health education, including promoting access to HIV testing in faith communities.

CAPS Pastoral Support is offered through Peer Support Groups in London, Manchester and Cambridgeshire for PLWH, and the respite weekends ('retreats') available nationally for families affected by HIV directly. Our volunteers support individuals, especially during times of sickness or other crisis and/or in the months following diagnosis through befriending activities. Our web-based resources and telephone help-line provide additional support.

Our Pastoral support is available for PLWH from every background and ethnicity, of all Christian denominations, of any faith and for those who have no religious identity. Our members (aka 'service-users') reflect this diversity and participate in groups that are appropriate to their needs.

Taken together these services provide all the benefits of 'social support' including: reducing isolation; supporting individuals who often have complex needs and are marginalized in additional ways such as immigration status, unemployment, or mental health difficulties; supporting those who may otherwise feel unable to access mainstream services; providing accurate information; reducing the effects of internalized stigma; helping people to consider issues around HIV disclosure; encouraging access and adherence to treatment; supporting PLWH to remain in or access employment; and contributing towards family cohesion.

In administering the charity, the trustees have complied with the duty under section 17(5), Charities Act 2011, to have regard to the public benefit guidance issued by the Charity Commission.

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2024**

Achievements and performance

Celebrating 20 years of CAPS & the POSITIVE FAITH HIV peer support ministry – Symposiums

A great deal of time and resources has been devoted to marking our 20th anniversary year. In addition to our ongoing pastoral support of PLWH – which remains our priority – we held two special symposiums. The first ***The Power of Peer Support*** was held at The Old Laundry Community Centre in Stockwell, central London on June 15th. Attended by 100 people including Positive Faith members, HIV clinicians and HIV sector workers, the event was organized and hosted by Positive Faith members. Keynote speakers included Drs Stuart Flanagan & Laura Waters (HIV Consultants) – Prof. Jim McManus (Director of Public Health) – CAPS Chairperson Lazarus Mungure, Pastoral support Worker Abigail Chakanyuka and CAPS Director Dr Vincent Manning. The Rev. Timothy Radcliffe addressed the conference in a pre-recorded video message. The emphasis of this symposium was on the value of peer support in enabling PLWH to live well. Data presented and personal stories from Positive Faith members addressed the social benefits of peer support generally & the particular benefits of faith-sensitive HIV peer support. The symposium concluded with a nutritious meal, prepared by Positive Faith members and serving a range of cultural foods and diets. The welcome provided to delegates by Positive Faith members and the shared meal modelled aspects of our Positive Faith peer support meetings enabling people to have an experience of meaningful conversation, mutual learning and fellowship in a safe environment.

Our second symposium ***Making Faith Sense of HIV***, Douai Abbey, September 9th focused more explicitly on issues at the intersection of HIV and Christian faith. Presentations covered the historical context and faith-based responses in the UK and Africa. The event was attended by 28 people including clinicians, faith-sector activists and the Chief Exec of THT Richard Angell. The Rev. Timothy Radcliffe addressed the conference in a pre-recorded video message. (For more extensive reporting of these two symposiums see CAPS NEWS 2023).

Participant feedback collected indicates the Symposiums as Helping participants learn a lot: about HIV 72%; about peer support 77%; Understand Faith communities 66.5% & overcome self-stigma/stigma 55.5%. The talks & presentations were rated as excellent by 55.5% of participants.

Participant comments include:

- The event was very organised and the volunteers were very supportive and nice.
- It is important to provide an opportunity to be a totally accepting space like this for everyone.
- Peer support is critical for our mental health and self-acceptance
- lovely tasty fresh healthy food thank you - I enjoyed meeting some new people
- Wonderful sense of community
- The guest speakers were exceptional and communicated with intentional approach to understanding our individual situations. I loved it all.
- The potential of faith to heal, yet the obstacles created by faith-settings (stays with me)
- Once again, I am left with a huge respect for the work of CAPS and the safety and intelligence of their events. It was good to see some old friends I'd not expected to see. Over-all a reminder of the steady path CAPS has taken through history - congratulations. Feel proud to have been part of it, thanks for including me
- The feeling of community, being with other Christians who also live with HIV and, above all, peace (stays with me)
- The sheer care for each other, the welcome and the atmosphere (stays with me)

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

ANNUAL REPORT

YEAR ENDED 31 March 2024

Diversity, inclusion, representation in Decision Making.

Since formation in 2003 CAPS Trustees group has always included PLWH. A core value of CAPS is that a diverse group of people who are also representative of the communities we seek to serve be meaningfully involved in the decision making of our charity, at every level. Since 2010 the representation of people diagnosed with HIV as Trustees has been above 50% in every year. Formally appointed Trustees are currently 67% Black people; 50% gay & heterosexual. The Trustees involve co-opted Board members in all Trustee meetings and decisions are taken collaboratively with the wider Board membership. Currently CAPS Trustees Board consists of 100% people diagnosed with or directly affected by HIV; 60% from Black African or Black British background and 37% gay people. Our Trustee Board including co-opted members is 50% male 50% female.

PEER SUPPORT

Peer support provision and pastoral support for PLWH.

There are a total of five groups in the UK with 6 regular meetings per month and additional meetings of varied frequency. Most meetings take place face to face. The Positive Faith London group also facilitates an online monthly meeting attended by members from across the UK and internationally.

Our regular in-person peer support groups have continued to meet in London. The South West London Fellowship Group (SWLF) meet twice monthly. The Positive Faith Peer Support (PF London) meet monthly. The Gay Men's group meet monthly. Average attendance at each SWLF meeting is 16 people; 18 people at PF London & 12 people at the Gay Men's group.

The re-establishment of monthly meetings for the Positive Faith Manchester group (PF Manchester) & the Positive Faith East group (PFE) has been successfully completed this year. Average attendance being 14 & 2 PLWH respectively. (The PFE group involves around 6 PLWH in total but regular attendance at monthly meetings is infrequent).

At every peer support group meeting a healthy meal is shared by the members. Bus fares for those who need this help to attend is provided for members attending the PF East, PF Manchester and PF London meetings. Throughout the year approx. 150 people living with HIV received direct support.

Two Retreat weekends for PLWH were held. The members of PFM and PFE gathered at Mellor House near Manchester in April & the members from across the UK attended the summer retreat at Douai Abbey in July. 36 PLWH benefited from these weekends of fellowship and respite.

In total an estimated 160 adults of diverse ethnicity and sexual orientation who are PLWH, of any faith and none, have accessed individual or peer support through attendance at our support groups and our retreat weekends.

Members (service-users) feedback.

Members met on several occasions to discuss the benefits of belonging to our peer support groups and suggest improvements in the services delivered. Approximately 45 members were involved in consultation and high levels of satisfaction with the support provided was expressed. Members especially valued the 'sense of family', friendship and mutual support.

Individual case-work & support.

Individuals often need more support than can be provided from within our community of peer support volunteers. For example, members undergoing a mental health crisis or in extreme poverty or facing

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2024**

immigration or legal issues. In these cases, or where more expert help and advice is needed our team signpost and assist members to access the advice and/or support they need. This may include some intensive support from our workers to accompany and advocate for individuals where we feel that this support is needed and can be effective. Approx. 30 PLWH have received some form of individual one-to-one support this year.

“We accompany each person according to their need. For some that means a listening ear, others require much more intensive time and attention to navigate this or that particular problem. In these cases, we work flexibly with them to access the more expert advice or service that they need. We don’t abandon them”
Abigail Chakanyuka – CAPS Pastoral Support Worker.

For example:

During the year 1 family have received intensive and sustained mental health support including pastoral visits at home and assistance to manage access to welfare benefits and manage household bills. The family were also enabled to access counselling.

Migrants and asylum seekers living with HIV have received assistance to access specialist advice. CAPS has submitted nine letters of support for asylum seeking PLWH outlining the particular needs of PLWH.

An elderly man with HIV and dementia has received pastoral visits at home and support to access appropriate health-care.

A Catholic woman who was referred to us through an NHS clinic has received mental-health support. She has been a victim of domestic violence and has also been re-housed due to threats from neighbours. She has been frightened to venture outside her home and has also expressed a need for help in clearing the vast amount of clutter and rubbish that has accumulated in her home. She has serious concerns for her two young-adult children. She has received weekly telephone calls and has been encouraged to attend peer-support group meetings to reduce isolation. Engagement is ongoing.

An elderly isolated man with HIV related dementia has been referred to social services and his now receiving home-support from care-workers.

We continue to support, encourage and reduce the isolation of a number of PLWH who have arrived in the UK through legal visa systems including worker visas. We anticipate that there will be an increased need to offer support to meet the needs of PLWH migrant workers in this country, especially those in precarious or exploitative employment situations.

Hardship Grants

Hardship grants of £2,100 were distributed to individuals during the year (2023: Nil).

Social media and communications.

We have engaged a team who communicate news on a regular basis, to raise awareness, promote HIV education and reduce stigma, through various platforms. We have received several new inquiries via social media outreach & via our website.

Asylum Seekers

CAPS continues to provide social and emotional support for a significant number of PLWH who are asylum seekers, failed asylum seekers, or have no recourse to public funds. (see also individual case-work above).

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2024**

A CHRISTIAN PRESENCE & VOICE in THE HIV SECTOR

Collaboration with HIV sector agencies, Local Authorities & NHS

CAPS continues to receive referrals from NHS HIV clinics (inc. St. Georges and Guys & St. Thomas NHS Trusts) for individual support for those PLWH who are especially isolated. We continue to work in partnership with the Metro and African Advocacy Foundation (AAF) HIV agencies as part of the South London Positive People's Network. We collaborated with local NHS Community services to provide additional support 'in-the community' in particularly complex cases for very vulnerable PLWH. (see also Case Work & Symposiums above)

The first public meeting to address the emergence of AIDS in the UK took place 40 years ago on 21st May 1983. To mark this anniversary, the THT gathered some of the same activists from the original meeting to speak at *Silence = Death: 40 Years of Speaking Out about HIV*, also at Conway Hall, the original meeting venue, in May this year. As a 'trip down memory lane', the event attracted over 100 attendees who recalled the immense struggles faced by the first AIDS activists and pioneers in the face of hostility and prejudice in wider society. In questions from the floor CAPS' members contributed to a lively discussion which included recollections of the sometimes helpful and more-often unhelpful role of religious leaders in the earliest years of the pandemic.

After a consultation period of 12 months, CAPS has renegotiated our role in a partnership to deliver support for PLWH across London. With funding from the boroughs of Lambeth, Southwark and Lewisham a new three-year services contract commenced in October 2023. The partnership includes the METRO, African Advocacy Foundation and Positively UK HIV voluntary sector organisations. CAPS contribution will be the provision of faith-sensitive pastoral support and the provision of a monthly support group for Gay men LWH in London.

Pastoral Support Worker Abigail Chakanyuka, provided outreach and information sessions about Positive Faith in person with a large group of patients at the NHS Caldecot HIV Clinic at Kings Hospital, London and via a webinar 'in conversation' with peer support worker Fernando Monteiro for the Bloomsbury Network, part of the peer support service at the Mortimer Market Sexual Health Clinic, London. Typical of the feedback from participants, Joe and Clara said that the sessions were "wonderfully informative and well-pitched."

CHIVA Conference – Birmingham

CAPS Trustee John Thornhill & Pastoral Support Worker Abigail Chakanyuka attended the Children's HIV charity CHIVA Conference in Birmingham, March 15th. Our display prompted much interest from the delegates attending. As always, some are surprised to see us there. Abigail recalls one conversation with an HIV practitioner who asked "Aren't you Christians the problem? Some of my patients are uncertain about taking their medication because of what they hear in church about being cured!" Abigail described how our members understand healing in Christian perspective. Some PLWH cling to expectations of being cured miraculously because they have internalized the judgments they heard within their church. Frightened, their hope is to be rid of HIV. It is a sign that they have yet to accept their HIV & understand it within the context of faith. Abigail was able to explain that we help our members to understand that God's healing is offered through modern medicine. Our members come to distinguish between false ideas of being cured and experience instead, the more profound healing, not least from the wounds of stigma, that is God's answer to our prayers.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO ANNUAL REPORT YEAR ENDED 31 March 2024

A VOICE in THE CHURCHES for PEOPLE WITH HIV

Collaboration and HIV education with religious organizations

CAPS has continued to strengthen our partnership with the Congregation of the Passion (Religious Order). We are hopeful that continued collaboration will lead to plans for a more sustainable and secure future for the CAPS ministry. Several members attended various meetings with both the Congregation (clergy) and the Community of the Passion which includes clergy and lay people who have a serious commitment to action for social justice in the world.

Activist-volunteers Charity and Alice represented CAPS and the Positive Faith Manchester community at the annual gathering of Passionist partners charities, Sept. 11th-13th, at Minsteracres Retreat Centre, Northumberland. Director Vincent Manning was CAPS delegate at the Passionist symposium, 'Contemplating the Passion' also at Minsteracres, attended by Passionist clergy and laity from across Europe, September 25th – 29th. By their attendance, our activists inform members of the Congregation, strengthen links with other partner charities, and educate other Christians attending these gatherings.

CAPS trustees and staff met with CAPS Patron & Archbishop of Southwark Most Rev. John Wilson. The Chairperson Lazarus Mungure and colleagues were able to inform the Archbishop of the situation, large number and needs of PLWH in the archdiocese he oversees.

Pastoral Support Worker Abigail Chakanyuka and CAPS Chairperson, Lazarus Mungure promoted Positive Faith at the Spirit Unbounded Conference in Bristol in October. Organised by the lay-led Root & Branch movement, the conference which also had linked sessions running in Rome, coincided with the official Church opening Vatican session of the Synod on Synodality.

Synod on Synodality – Vatican led worldwide Catholic Consultation

CAPS' Patron, Rev. Timothy Radcliffe OP has been invited by Pope Francis to lead the retreat for delegates at the 2023 October Synod on Synodality at the Vatican. This synod will seek to address pressing pastoral issues for the church globally. Amongst the consultation documents submitted to the Vatican from around the world, as part of the Synodal process, there is no substantial mention of HIV in any of the published pre-synod Continental reports. Dr Manning wrote a letter highlighting this omission, to the editor of the international Catholic periodical *The Tablet*. Subsequently a report addressing HIV and AIDS noting this omission & an account of CAPS' *Making Faith Sense of HIV* symposium, was published (Sept. 23rd 2023).

Participants at the Making Faith Sense of HIV symposium (see above) suggested that CAPS submit a formal report on the theological issues raised and the pastoral needs of PLWH, to the Vatican, ahead of the upcoming October Synod on Synodality. CAPS director Dr Vincent Manning is compiling a report which will be submitted for consideration as part of this global consultation process.

Research & History of Christian responses to HIV.

CAPS Director, Dr Vincent Manning has submitted a Chapter for publication on the history of Catholic responses to the AIDS pandemic in the UK. This will be one of very few published accounts of the history Catholic or Christian HIV activism in the UK. It recalls more positive Christian responses to AIDS not documented elsewhere, making an important contribution to this neglected area of research. The chapter 'HIV and AIDS in England and Wales: How lay people led the Catholic response' In: *Lay Catholic Societies in Twentieth Century Britain* - Edited by Maria Power and Jonathan Bush. Is scheduled for publication in November 2024.

Vincent Manning was consulted and with other CAPS activists, contributed to the research into HIV & AIDS activism in the 20th century undertaken by Dr George Severs. A substantial chapter on faith-based activism is expected in his upcoming publication *Radical Acts: HIV/AIDS Activism in late Twentieth-Century England*

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

ANNUAL REPORT

YEAR ENDED 31 March 2024

Publications

Our annual report and magazine 'CAPS News 2021' has been distributed to approx. 1,500 people in the UK and abroad.

Financial review and reserves policy

Total income of £126,243 was raised during the year (2023: £62,904). Generous and timely funding from trusts, foundations, and religious orders enabled CAPS to support PLWH at risk with modest but vital sums of money and to continue supporting paid staff. Full details are set out in the notes to the accounts. The result for the year was a surplus of £24,737 (2023: deficit of £24,712).

The charity needs to hold reserves to ensure resilience against unexpected costs or income shortfalls. The Trustees estimate that twelve months would be needed to secure adequate replacement funding or, in the worst case, to allow for a planned withdrawal of services, which, if not managed carefully and sensitively, could significantly impact the most vulnerable people living with HIV whom we presently serve. The Trustees have therefore determined that unrestricted funds of not less than twelve months' operating costs should be held in reserve, based on the budget for the forthcoming year. At 31 March 2024, this target amounted to £110,000, and actual unrestricted reserves amounted to £169,351.

Structure, governance and management

Catholics for AIDS Prevention and Support (CAPS) is a Charitable Incorporated Organisation (C.I.O.) formed by Constitution, registered with the Charity Commission on 18th October 2021 under number 1196193.

Constitutionally CAPS requires a minimum of 3 trustees and allows a maximum of 9. In addition, the trustees invite others to assist and advise as appropriate according to areas of expertise, as co-opted members of the Board. Trustees are often previously co-opted members who agree to formal appointment and have demonstrated a commitment to and understanding of CAPS aims and objectives.

We appoint trustees who have a good understanding of HIV and its effects on individuals and in society, and seek a wide distribution of skills and experience with the Board. The majority of current trustees are also people with Christian faith although this is not a specific requirement. CAPS ensures that PLWH are also represented at Board level, to maintain CAPS commitment to the internationally-agreed principle of the meaningful involvement of PLWH (MIPA) in all aspects of services decision-making and delivery.

Future Plans

Maintaining pastoral support

As a small grass-roots charity, principally run on a voluntary basis, CAPS is committed to the pastoral support aspects of our work before all else. Enabling PLWH to come together in order to benefit from the social support that they give and receive from each other, on a peer-to-peer basis, remains our first priority.

CAPS' most vulnerable members with the most complex needs and situations are falling between the 'gaps' in mainstream provision. Many who attend our groups can be described as having complex needs. We are also seeing a population of PLWH over 50 and growing into old age, when health issues generally and the risks of isolation can become more acute. CAPS Trustees recognize that many members, at times, require more support than can be provided for on a volunteer peer to peer basis.

In addition to beneficial social support, evidence suggests that compassionate service for others upon which our model relies, may have survival benefits for PLWH.

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2024**

Strategic planning and sustainability

We intend to continue to develop CAPS C.I.O. as a Charity so that we are sustainable for the longer term. This may mean recruiting additional members of staff to our small team so that we can more adequately meet the needs of PLWH. A strategic review will be undertaken with trustees and Positive faith members in 2024-2025.

By order of the board



Lazarus Mungure

Chair

21st January 2025

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
INDEPENDENT EXAMINER'S REPORT
YEAR ENDED 31 March 2024**

I report to the trustees on my examination of the accounts of Catholics for AIDS Prevention and Support ('the charity') for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tyrone Henry, Certified Public Accountant
12B St. Saviour's Road
London SW2 5HD

21st January 2025

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
RECEIPTS AND PAYMENTS ACCOUNT
YEAR ENDED 31 March 2024

	Note	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Receipts							
Grants and donations	2	11,000	70,192	81,192	-	51,062	51,062
Advice and services	3	-	38,890	38,890	-	10,500	10,500
Retreat fees	4	-	1,211	1,211	-	220	220
Interest income	5	-	4,949	4,949	-	1,122	1,122
		11,000	115,243	126,243	-	62,904	62,904
Payments							
Direct charitable expenditure	6	11,232	88,904	100,136	3,672	80,886	84,558
Governance costs	7	-	1,370	1,370	-	3,058	3,058
		11,232	90,273	101,505	3,672	83,944	87,616
Net surplus/(deficit) for the year		(232)	24,969	24,737	(3,672)	(21,040)	(24,712)
Funds at start of year		813	144,382	145,195	4,485	165,423	169,908
Funds at end of year		581	169,352	169,933	813	144,382	145,195

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
STATEMENT OF ASSETS AND LIABILITIES
YEAR ENDED 31 March 2024**

	Note	2024 £	2023 £
Current Assets			
Cash at bank and in hand		169,933	145,195
Net assets		<u>169,933</u>	<u>145,195</u>
Funds of the charity			
Restricted funds	7		-
Unrestricted funds		169,933	145,195
Total Funds		<u>169,933</u>	<u>145,195</u>

Approved by the trustees and signed on their behalf by



Lazarus Mungure
Chair
January 21st 2025

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2024

1. Basis of preparation

The trustees have elected to adopt the receipts and payments basis of accounting, rather than the accruals basis, as permitted for charities with an annual income below £250,000. A Receipts and Payments Account and a Statement of Assets and Liabilities have been prepared in accordance with section 133, Charities Act 2011.

Restricted funds comprise monies contributed by donors for specific purposes or subject to specific conditions.

Unrestricted funds represent those monies that are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

2. Grants and donations

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Congregation of the Passion	-	70,000	70,000	-	50,470	50,470
London Community Foundation	10,000	-	10,000	-	-	-
Gay Mens Group Grant	1,000	-	1,000	-	-	-
Individuals and church groups	-	192	192	-	592	592
	11,000	70,192	81,192	-	51,062	51,062

Details of restricted funds are set out in note 8 below.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2024

3. Advice and services

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Provision of faith-based support	-	24,989	24,989	-	10,500	10,500
Advice and services	-	13,901	13,901	-	-	-
	-	38,890	38,890	-	10,500	10,500

4. Retreat fees

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Stockwell Gardens West Residents Association	-	500	500	-	-	-
Individuals and parishes	-	711	711	-	220	-
	-	1,211	1,211	-	220	-

5. Interest income

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Interest income	-	4,949	4,949	-	1,122	1,122
	-	4,949	4,949	-	1,122	1,122

Represents interest income earned on cash deposits held in COIF Charity Deposit Fund.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2024

6. Direct charitable expenditure

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Salaries and pensions	5,949	51,395	57,344	-	56,185	56,185
Caps Education & Outreach	-	1,580	1,580	-	649	649
Training	-	-	-	-	450	450
Hardship grants	2,100	-	2,100	-	-	-
Grants Gay Men Group	419	-	419	-	357	357
Pastoral care	-	1,910	1,910	-	1,100	1,100
Volunteer expenses	-	482	482	-	160	160
Support group meetings	1,951	2,011	3,962	-	3,687	3,687
Retreat expenses	-	5,981	5,981	51	600	651
Conferences and events	-	10,094	10,094	57	4,965	5,022
Travel and hospitality	-	1,073	1,073	50	1,251	1,301
Caps News, Printing & Postage	-	4,002	4,002	-	7	7
Books and library resources	-	564	564	-	380	380
IT and communications	-	8,555	8,555	-	10,431	10,431
Office supplies	-	57	57	-	-	-
Memberships and subscriptions	-	555	555	124	595	719
PF East & Manchester	813	577	1,390	3,391	-	3,391
Bank charges	-	70	70	-	69	69
	11,232	88,904	100,136	3,672	80,886	84,558

7. Governance costs

	Rest- ricted £	Unrest- ricted £	2024 Total £	Rest- ricted £	Unrest- ricted £	2023 Total £
Trustees' Meetings:						
Travel and provisions	-	320	320	-	177	177
Payroll bureau	-	659	659	-	661	661
Insurance	-	390	390	-	384	384
Legal fees	-	-	-	-	1,836	1,836
	-	1,370	1,370	-	3,058	3,058

No remuneration was paid to any trustee in that capacity during the year (2023: £nil). Legal fees incurred in the prior year were related to the change in charitable status.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2024

8. Restricted funds

Year ended 31 March 2024	Opening balance £	Income £	Expend- iture £	Closing balance £
<i>Hardship grants & pastoral support</i>				
Gay Mens Group	-	1,000	(419)	581
London Community Foundation	-	4,051	(4,051)	-
<i>Staff employment costs</i>				
London Community Foundation	-	5,949	(5,949)	-
<i>Regional Group costs</i>				
Charles Platter Trust	813	-	(813)	4,485
Total	813	11,000	(11,232)	5,066

Year ended 31 March 2023	Opening balance £	Income £	Expend- iture £	Closing balance £
<i>Regional Group costs</i>				
Charles Platter Trust	4,485	-	(3,672)	813
	4,485	-	(3,672)	813

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

England & Wales - Charity number 1196193

Accounts

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

FINANCIAL STATEMENTS

YEAR ENDED 31 March 2023

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

(Registered Charity number 1196193)

CHARITY DETAILS

YEAR ENDED 31 March 2023

Trustees: Lazarus Mungure (Chair)
Rev. Christopher Howard
Adela Senkubuge
John Thornhill
Tyrone Allee
David Christie-Davies

Patrons: Rt. Revd. Christopher Chessun, Bishop of Southwark (CofE)
Most Rev. Timothy Radcliffe OP
Robert Calderisi
David and Rachel Christie-Davies

Bankers: HSBC
102 Brompton Road
London SW3 1JJ

Postal address: 4 Thring House
Stockwell Road
London SW9 9EU

Email address: secretary@caps-uk.org

Websites: <https://www.positivefaith.org.uk/about-positivefaith>

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

ANNUAL REPORT

YEAR ENDED 31 March 2023

Introduction

The trustees present their annual report and financial statements for the year ended 31 March 2023.

Objectives and activities

The objects of the charity are:

- to promote education and prevention, treatment, care and relevant pastoral ministry for all those living with and affected by HIV/AIDS, particularly but not exclusively in the UK and Ireland;
- to promote the practical, financial, emotional, spiritual, sacramental and pastoral needs of people living with or affected by HIV/AIDS and to develop appropriate responses;
- to promote continuing reflection on all aspects of ethical, theological, and other challenges raised by HIV/AIDS, not least issues of social justice, through publications, seminars, and other relevant means.

Catholics for AIDS Prevention and Support (CAPS) CIO achieves this through a combination of educational and awareness-raising activities, and the pastoral support which we make available to individuals or families directly affected by HIV.

CAPS Education consists of talks and presentations often but not exclusively in faith community settings (churches, schools, conferences etc.). These serve to raise awareness about HIV, providing accurate information and enhancing public health. They also reduce HIV-related stigma and increase understanding of people who are living with HIV (PLWH) in the UK and around the world.

CAPS works in partnership with NHS and Local Authority bodies which allows us to signpost people in need of specialist HIV support or medical intervention effectively. Our partnerships and the expertise we bring assists colleagues in the secular agencies to develop their understanding of the 'intersection' between issues of Christian faith generally and HIV, enabling them to respond more effectively and sensitively in regard to both patient/client care and matters of public health education, including promoting access to HIV testing in faith communities.

CAPS Pastoral Support is offered through Peer Support Groups in London, Manchester and Cambridgeshire for PLWH, and the respite weekends ('retreats') available nationally for families affected by HIV directly. Our volunteers support individuals, especially during times of sickness or other crisis and/or in the months following diagnosis through befriending activities. Our web-based resources and telephone help-line provide additional support.

Taken together these services provide all the benefits of 'social support' including: reducing isolation; supporting individuals who often have complex needs and are marginalized in additional ways such as immigration status, unemployment, or mental health difficulties; supporting those who may otherwise feel unable to access mainstream services; providing accurate information; reducing the effects of internalized stigma; helping people to consider issues around HIV disclosure; encouraging access and adherence to treatment; supporting PLWH to remain in or access employment; and contributing towards family cohesion.

In administering the charity, the trustees have complied with the duty under section 17(5), Charities Act 2011, to have regard to the public benefit guidance issued by the Charity Commission.

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
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YEAR ENDED 31 March 2023**

Achievements and performance

Temporary relocation of peer support venue in London

The social landlord Hyde Housing owns the building – ‘The Old Laundry’ - in which our peer support groups in London meet. The building is also used by other community groups and the local Residents Association. Due to the need to remove asbestos the building was closed during 2022 for a complete refurbishment, including extending the space available for community use by approx. 50% due to reclaiming / bringing back into use derelict offices and rooms in the building.

As an active community organizer in the local area (Stockwell, London) CAPS Director Vincent Manning has been highly involved in negotiations with the HYDE C.E.O. and other stakeholders, to ensure the temporary relocation and continued operation of community groups, including CAPS peer Support groups, in an alternative meeting space. He has also met regularly with the C.E.O and the local Residents Association to monitor the ongoing works and negotiate layout, design etc... of the new Old Laundry Community Centre. This has been time consuming but worthwhile. The venue used is in good central location and available to CAPS groups at minimal cost, represents a significant in-kind donation to our charity from Hyde Housing.

It is anticipated that the newly refurbished and expanded Old Laundry Community Centre will reopen and CAPS Peer Support groups will return to the much-improved venue in the spring of 2023.

Diversity, inclusion, representation in Decision Making.

Since formation in 2003 CAPS Trustees group has always included PLWH. A core value of CAPS is that a diverse group of people who are also representative of the communities we seek to serve be meaningfully involved in the decision making of our charity, at every level. Since 2010 the representation of PLWH as Trustees has been above 50% in every year. Currently CAPS Trustees group consists of 66% PLWH; 66% from Black African or Black British background and 50% gay people. Our Trustee Board including co-opted advisors is 50% male 50% female; 66% PLWH; 66% Black African or Black British; 25% gay.

We welcomed the Archbishop of Southwark the Most Reverend John Wilson as a new Patron and Dr. Stuart Flanagan, Consultant HIV and BBV, Central and North West London NHS Foundation Trust was appointed to CAPS' Advisory Board.

Trustees approved financial and in-kind support (1 day per week) to enable our pastoral support Worker Abigail Chakanyuka to continue with accredited Counselling training to Level III.

Peer support provision and pastoral support for PLWH.

There are a total of five groups in the UK with 6 regular meetings per month and additional meetings of varied frequency. Most meetings take place face to face, but the Positive Faith London group also meets online once a month.

Our regular in-person peer support groups have continued to meet in London. The South West London Fellowship Group (SWLF) meet twice monthly and the Positive Faith Peer Support (PF London) group once monthly. Average attendance at the SWLF each meeting is 14 people and 14 people at PF London.

Plans to support and reconvene our positive Faith Manchester group (PF Manchester) have continued to be implemented. CAPS Director travelled to Manchester to attend a group meeting of members (December 2022). 19 PLWH attended from 12pm – 6pm at Brunswick Parish Church. The meeting began with a welcome

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2023**

and prayer from our PF Manchester founding member Adela. There was time for members (aka service-users) to 'catch up' with each other after the period of separation. We shared a meal and because we were able to be joined by Fr Peter Kinsella, who is known to the group, we celebrated the Eucharist. The members expressed their desire to reconvene on a monthly basis. A further retreat weekend was planned for March 2023 to engage members in further planning. Unfortunately, due to electrical failures the venue cancelled and the residential was rescheduled and held in April 2023. It is anticipated that monthly group meetings will recommence at a new venue in Manchester from May 2023.

Following on from the previous year plans, two women volunteers in April 2022 have now started a new Positive Faith Peer support group for PLWH in the East of England (PFE). There is very little provision in the East of England and the region is so geographically wide PLWH often experience isolation. The group meets on the first Saturday of the month and is welcoming of any person living with HIV.

Also as a consequence of consultation with PLWH and prior planning, A new group for Gay men living with HIV started in June in London, attracting 13 members at the first meeting. The group is our response to the needs expressed by Gay men for inclusive and accepting social support. The members have met monthly and are devising the format for group meetings which always include a chance to share their experience in a non-judgmental environment and a shared meal.

At every peer support group meeting a healthy meal is shared by the members. Bus fares for those who need this help to attend is provided for members attending the PF East, PF Manchester and PF London meetings. Throughout the year approx. 150 people living with HIV received direct support.

Members (service-users) feedback.

Members met on several occasions, in Manchester (as described above) and in London, to discuss the benefits of belonging to our peer support groups and suggest improvements in the services delivered. Approximately 45 members were involved in consultation and high levels of satisfaction with the support provided was expressed. Members especially valued the 'sense of family', friendship and mutual support.

Individual case-work & support.

Individuals often need more support than can be provided from within our community of peer support volunteers. For example, members undergoing a mental health crisis or in extreme poverty or facing immigration or legal issues. In these cases, or where more expert help and advice is needed our team signpost and assist members to access the advice and/or support they need. This may include some intensive support from our workers to accompany and advocate for individuals where we feel that this support is needed and can be effective.

For example:

During the year 1 person received intensive and sustained support with mental health including weekly pastoral visits and advocacy to access Local Authority emergency housing after a three-month in-patient stay in hospital following a suicide attempt. (we are pleased to report the person is settled and doing very well now).

One woman received support to apply for settled status in the UK after 20 years of living here.

One refugee received support to apply for a spousal visa for his wife to join him in the UK.

For a 4 month period, an elderly man with HIV and dementia has received weekly pastoral visits at home and visits in hospital, and support to access appropriate health-care, during a prolonged period of sickness (pneumonia).

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
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CAPS worker, Abigail Chakanyuka has accompanied four immigrant worker PLWH from Africa to enrol in clinical care this year. In one case the migrant worker reported that their new employer retained their passport. We anticipate that there will be an increased need to offer support to meet the needs of PLWH migrant workers in this country, especially those in precarious or exploitative employment situations.

(see also Abigail Chakanyuka presentation at BASSH Conference below)

Hardship Grants

We have not distributed hardship grants to individuals in 2022.

Social media and communications.

Building upon work started last year, we have continued to expand our social media and online presence. We have engaged a team who communicate news on a regular basis, to raise awareness, promote HIV education and reduce stigma, through various platforms including Facebook, Twitter and Tic-Toc. We have also redesigned our existing website(s) and launched a new more interactive website. We have several new inquiries via this social media outreach innovation.

Asylum Seekers

CAPS continues to provide social and emotional support for a significant number of PLWH who are asylum seekers, failed asylum seekers, or have no recourse to public funds.

A Christian presence in the HIV sector - Collaboration with HIV sector agencies, Local Authorities & NHS

CAPS continues to receive referrals from NHS HIV clinics (inc. St. Georges and Guys & St. Thomas NHS Trusts) for individual support for those PLWH who are especially isolated.

We continue to work in partnership with the Metro and African Advocacy Foundation (AAF) HIV agencies as part of the South London Positive People's Network.

We collaborated with local NHS Community services to provide additional support 'in-the community' in particularly complex cases for very vulnerable PLWH. (see case work above)

CAPS has been represented on and contributed to the Community Advisory Group as part of the London Fast-Track cities NHS & local government planning to devise and deliver more efficient city-wide HIV services

CAPS Pastoral Support Worker Abigail Chakanyuka was invited to speak at this year's British Association for Sexual Health and HIV (BASHH) Conference. Doctors, Nurses and practitioners from across the country gathered in Sheffield for this annual conference. In her presentation Abigail spoke about CAPS' person-centred approach to the work of pastoral care for PLWH. Abigail said "We accompany each person according to their need. For some that means a listening ear, others require much more intensive time and attention to navigate this or that particular problem. In these cases, we work flexibly with them to access the more expert advice or service that they need. We don't abandon them"

CAPS Trustee Tyrone Allee attended the launch of the Candi Network. The service provided by Camden & Islington intends to provide a range of support services for PLWH in North London.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO

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YEAR ENDED 31 March 2023

A voice in the Church for people living with HIV - Collaboration and HIV education with religious organisations

CAPS has continued to strengthen our partnership with the Congregation of the Passion (Religious Order). We are hopeful that continued collaboration will lead to plans for a more sustainable and secure future for the CAPS ministry. Several members attended various meetings with both the Congregation (clergy) and the Community of the Passion which clergy and lay people who have a serious commitment to action for social justice in the world.

CAPS Director, Dr Vincent Manning gave a presentation on listening to PLWH to twenty scholars, clergy and practitioners, from across the UK, Ireland and the US. Other topics included listening to survivors of sexual abuse, women, young adults and transgender persons. The symposium was the first such event of the Centre for Ecclesial Ethics at the Margaret Beaufort Institute, Cambridge. In view of the ongoing Synodal Process within the Roman Catholic Church the aim was to reflect upon the ecclesiological and ethical implications of attentive listening for a vigilant and vulnerable Church.

Publications

Our annual report and magazine 'CAPS News 2022' has been distributed to approx. 1,500 people in the UK and abroad.

Financial review and reserves policy

Total income of £62,904 was raised during the year (2022: £101,017). Generous and timely funding from trusts, foundations and religious orders has enabled CAPS to support PLWH at risk with modest but vital sums of money, and to continue to support paid staff. Full details are set out in the notes to the accounts. The result for the year was a deficit of £24,712 (2022: surplus of £601).

The charity needs to hold reserves in order to ensure a measure of resilience against unexpected costs or income shortfalls. The Trustees estimate that twelve months would be needed to secure adequate replacement funding, or (in the worst case) to allow for a planned withdrawal of services which, if not managed carefully and sensitively, would otherwise have a significant negative impact on the most vulnerable people living with HIV whom we presently serve. The Trustees have therefore determined that unrestricted funds of not less than twelve months' operating costs should be held in reserve, based on the budget for the forthcoming year. At 31 March 2023 this target amounted to £110,000, and actual unrestricted reserves amounted to £145,195. Additional unrestricted reserves enable CAPS to plan for the future with some security including the possible expansion of our small staff team in the next 18-24 months in line with pastoral need and our managerial capacity to do so.

At the beginning of the financial year, CAPS 1095756 was de-registered and all assets and funds were transferred to CAPS C.I.O. no. 1196193. The financial statements for 2023 represent the new CAPS C.I.O. with the former charity being included in the comparative.

Structure, governance and management

Catholics for AIDS Prevention and Support (CAPS) is a Charitable Incorporated Organisation (C.I.O.) formed by Constitution, registered with the Charity Commission on 18th October 2021 under number 1196193.

Constitutionally CAPS requires a minimum of 3 trustees and allows a maximum of 9. In addition, the trustees invite others to assist and advise as appropriate according to areas of expertise, as co-opted members of the Board. Trustees are often previously co-opted members who agree to formal appointment and have demonstrated a commitment to and understanding of CAPS aims and objectives.

We appoint trustees who have a good understanding of HIV and its effects on individuals and in society, and seek a wide distribution of skills and experience with the Board. The majority of current trustees are also

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT (CAPS) CIO
ANNUAL REPORT
YEAR ENDED 31 March 2023**

people with Christian faith although this is not a specific requirement. CAPS ensures that PLWH are also represented at Board level, to maintain CAPS commitment to the internationally-agreed principle of the meaningful involvement of PLWH (MIPA) in all aspects of services decision-making and delivery.

Future Plans

Maintaining pastoral support

As a small grass-roots charity, principally run on a voluntary basis, CAPS is committed to the pastoral support aspects of our work before all else. Enabling PLWH to come together in order to benefit from the social support that they give and receive from each other, on a peer-to-peer basis, remains our first priority.

CAPS' most vulnerable members with the most complex needs and situations are falling between the 'gaps' in mainstream provision. Many who attend our groups can be described as having complex needs. We are also seeing a population of PLWH over 50 and growing into old age, when health issues generally and the risks of isolation can become more acute. CAPS Trustees recognize that many members, at times, require more support than can be provided for on a volunteer peer to peer basis.

In addition to beneficial social support, evidence suggests that compassionate service for others upon which our model relies, may have survival benefits for PLWH.

Strategic planning and sustainability

We intend to continue to develop CAPS C.I.O. as a Charity so that we are sustainable for the longer term. This may mean recruiting additional members of staff to our small team so that we can more adequately meet the needs of PLWH.

By order of the board



Lazarus Mungure

Chair

24th January 2024

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
INDEPENDENT EXAMINER'S REPORT
YEAR ENDED 31 March 2023**

I report to the trustees on my examination of the accounts of Catholics for AIDS Prevention and Support ('the charity') for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Tyrone Henry, Certified Public Accountant

12B St. Saviour's Road

London SW2 5HD

20th January 2024

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
RECEIPTS AND PAYMENTS ACCOUNT
YEAR ENDED 31 March 2023

	Note	Rest- ricted £	Unrest- ricted £	2023 Total £	Rest- ricted £	Unrest- ricted £	2022 Total £
Receipts							
Grants and donations	2	-	51,062	51,062	10,400	78,997	89,397
Advice and services	3	-	10,500	10,500	-	11,620	11,620
Retreat fees	4	-	220	220	-	-	-
Interest income	5	-	1,122	1,122	-	-	-
		-	62,904	62,904	10,400	90,617	101,017
Payments							
Direct charitable expenditure	5	3,672	80,886	84,558	12,370	76,005	88,375
Governance costs	6	-	3,058	3,058	-	12,041	12,041
		3,672	83,944	87,616	12,370	88,046	100,416
Net surplus/(deficit) for the year		(3,672)	(21,040)	(24,712)	(1,970)	2,571	601
Funds at start of year		4,485	165,423	169,908	6,455	162,852	169,307
Funds at end of year		813	144,382	145,195	4,485	165,423	169,908

**CATHOLICS FOR AIDS PREVENTION AND SUPPORT
STATEMENT OF ASSETS AND LIABILITIES
YEAR ENDED 31 March 2023**

	Note	2023 £	2022 £
Current Assets			
Cash at bank and in hand		145,195	169,907
Net assets		<u>145,195</u>	<u>169,907</u>
Funds of the charity			
Restricted funds	7	-	4,485
Unrestricted funds		145,195	165,422
Total Funds		<u>145,195</u>	<u>169,907</u>

Approved by the trustees and signed on their behalf by



Lazarus Mungure
Chair
January 24th 2024

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2023

1. Basis of preparation

The trustees have elected to adopt the receipts and payments basis of accounting, rather than the accruals basis, as permitted for charities with an annual income below £250,000. A Receipts and Payments Account and a Statement of Assets and Liabilities have been prepared in accordance with section 133, Charities Act 2011.

Restricted funds comprise monies contributed by donors for specific purposes or subject to specific conditions.

Unrestricted funds represent those monies that are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

2. Grants and donations

	Rest- ricted £	Unrest- ricted £	2023 Total £	Rest- ricted £	Unrest- ricted £	2022 Total £
Congregation of the Passion	-	50,470	50,470	-	50,900	50,900
Harold Hood Trust	-	-	-	-	1,000	1,000
Stichting Benevolent	-	-	-	-	25,000	25,000
Individuals and church groups	-	592	592	250	967	1,217
Big Give campaign	-	-	-	-	1,130	1,130
Charles Plater Trust	-	-	-	5,000	-	5,000
Africa Advocacy	-	-	-	5,150	-	5,150
	-	51,062	51,062	10,400	78,997	89,397

Details of restricted funds are set out in note 8 below.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2023

3. Advice and services

	Rest- ricted £	Unrest- ricted £	2023 Total £	Rest- ricted £	Unrest- ricted £	2022 Total £
Provision of faith-based support	-	10,500	10,500	-	11,620	11,620
	-	10,500	10,500	-	11,620	11,620

4. Retreat fees

	Rest- ricted £	Unrest- ricted £	2023 Total £	Rest- ricted £	Unrest- ricted £	2022 Total £
Individuals and parishes	-	220	-	-	-	-
	-	220	-	-	-	-

5. Interest income

	Rest- ricted £	Unrest- ricted £	2023 Total £	Rest- ricted £	Unrest- ricted £	2022 Total £
Interest income	-	1,122	1,122	-	-	-
	-	1,122	1,122	-	-	-

Represents interest income earned on cash deposits held in COIF Charity Deposit Fund.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2023

6. Direct charitable expenditure

	Rest- stricted £	Unrest- stricted £	2023 Total £	Rest- stricted £	Unrest- stricted £	2022 Total £
Salaries and pensions	-	56,185	56,185	7,462	48,940	56,404
Consultants	-	-	-	-	3,875	3,875
Caps Education & Outreach	-	649	649	-	898	898
Training	-	450	450	-	1,049	1,049
Hardship grants	-	-	-	1,180	-	1,180
Grants Gay Men Group	-	357	357	-	-	-
Pastoral care	-	1,100	1,100	73	1,730	1,803
Volunteer expenses	-	160	160	-	-	-
Support group meetings	-	3,687	3,687	2,692	475	3,167
Retreat expenses	51	600	651	-	4,487	4,487
Conferences and events	57	4,965	5,022	-	1,919	1,919
Travel and hospitality	50	1,251	1,301	-	630	630
Caps News, Printing & Postage	-	7	7	-	1,767	1,767
Advertising and publicity	-	-	-	-	650	650
Books and library resources	-	380	380	-	303	303
Research costs	-	-	-	250	-	250
IT and communications	-	10,431	10,431	198	8,447	8,644
Office supplies	-	-	-	-	92	92
Memberships and subscriptions	124	595	719	-	741	741
PF East & Manchester	3,391	-	3,391	515	-	515
Bank charges	-	69	69	-	-	-
	3,672	80,886	84,558	12,370	76,005	88,375

7. Governance costs

	Rest- stricted £	Unrest- stricted £	2023 Total £	Rest- stricted £	Unrest- stricted £	2022 Total £
Trustees' Meetings:						
Travel and provisions	-	177	177	-	399	399
Payroll bureau	-	661	661	-	661	661
Insurance	-	384	384	-	379	379
Legal fees	-	1,836	1,836	-	10,602	10,602
	-	3,058	3,058	-	12,041	12,041

No remuneration was paid to any trustee in that capacity during the year (2022: £nil). Legal fees incurred in the current year and prior year were related to the change in charitable status, with the majority of the expenses being incurred in the prior year.

CATHOLICS FOR AIDS PREVENTION AND SUPPORT
NOTES TO THE ACCOUNTS (continued)
YEAR ENDED 31 March 2023

8. Restricted funds

Year ended 31 March 2023	Opening balance	Income	Expend- iture	Closing balance
	£	£	£	£
Regional Group costs				
Charles Platter Trust	4,485	-	(3,672)	813
	4,485	-	(3,672)	813

Year ended 31 March 2022	Opening balance	Income	Expend- iture	Closing balance
	£	£	£	£
Hardship grants & pastoral support				
Congregation of the Passion	771	-	(771)	-
Albert Gubay Trust	684	-	(684)	-
Staff employment costs				
Africa Advocacy	-	5,150	(5,150)	-
Support for BAME led charity				
African Health Policy Network	5,000	-	(5,000)	-
Regional Group costs				
Charles Platter Trust	-	5,000	(515)	4,485
Research costs				
Stockwell Gardens West Residents' Association	-	250	(250)	-
	6,455	10,400	(12,370)	4,485